

B

The Breeze

TAKE A STAND

Having mutual respect in all relationships
NEWS | 3



Also inside:

OPINION
6

OUT OF CONTROL
Opium epidemic is alarming

LIFE
7

COMPLETE DUMMIES
CHBS gets robotic

Vol. 95, No. 8

Thursday, October 13, 2016

breezejmu.org

DOGGONE DELICIOUS

Blue Ridge Dog brings healthy treats to furry friends
LIFE | 7



Not just a day job

Alumna travels country with FEMA, helps disaster victims

By **KATE FORMELLER**
The Breeze

Water begins to seep through the floorboards. Within hours, you're standing ankle-deep in the middle of the living room. Fear floods your body as the rushing water floods the only place you have to call home.

"You always see on TV these kinds of disasters, or you see and hear about what the government's doing, but then when you're actually in the middle of it, it's a completely different story," Dina Manco, Federal Emergency Management Agency Corps member and media representative, said.

FEMA Corps members have both their day jobs and roles within their team. Manco's the sole media representative for her team. She's the photographer, blogger and handles press releases. Additionally, she and her roommate coordinate workout routines to do with the rest of her team.

Manco graduated last May with a bachelor's degree in writing, rhetoric and technical communication. By August, she was deployed in Baton Rouge, Louisiana, to respond to the flooding. FEMA Corps members must endure a 10-month-long program that will send Manco and her team to three unknown, disaster-inflicted areas.

"I feel like the program really helps me understand what I want to do," Manco said. "Because before I came here I wasn't sure if I wanted to go into journalism or go into some nonprofit service work and it helped me see they merge."

Due to Hurricane Matthew, Manco has left Louisiana and is in the "staging period," eagerly waiting to hear where she'll be deployed next. However, last week she was still in Baton Rouge. She doesn't know where she'll be deployed until the day of and even that may change. So, one must be adaptable.

The lodging situations are never the same. When Manco and her team first got to Baton Rouge, she had to share a room with 30 other girls.

These sleeping arrangements weren't ideal but it brought them closer together, according to Manco.

"You have to accept that you are not going to have that much privacy as you used to have when you go into this program," Manco said. "Because, one, you share a room with people but then two, you eat, sleep and breathe with your team. You do everything together. You become a family."

see **FEMA**, page 7



COURTESY OF DINA MANCO

Manco's team mucked and gutted a hurricane victim's home in Sept.

Love notes

Marching band members get engaged after big game

By **PETER CAGNO**
The Breeze

While serving a year-long U.S. Army Reserve deployment at Guantanamo Bay detention camp in Cuba, sophomore trombone player Brandon Stone of the Marching Royal Dukes had a lot of time to think about his future, a future in which he wanted to be the husband of bandmate Sophia Lederman.

And what started as a dream while miles away from his beloved girlfriend of five years, became a reality two weeks ago when Stone proposed to Lederman during the postgame routine the MRDs perform after every home game. During the routine, the MRDs perform the song "Get it On" by Chase for the contingent of any students and parents left in the stands. After they finish, band director Scott Ridders asks the MRDs if they have any announcements. Little did the fans in attendance know that there would be one special announcement that would change two Dukes' lives forever.

It was there, in front of all of his friends and family, that he asked Lederman to be his lawfully wedded wife. She said yes.

"It was very exhilarating," Stone said. "It was like we were on a cloud. It was the best I've felt in forever."

After rising from his knee in front of his newly betrothed fiancé, Stone then called on the MRDs to help venerate the couple's special moment by playing Pavel Chesnokov's "Salvation is Created."

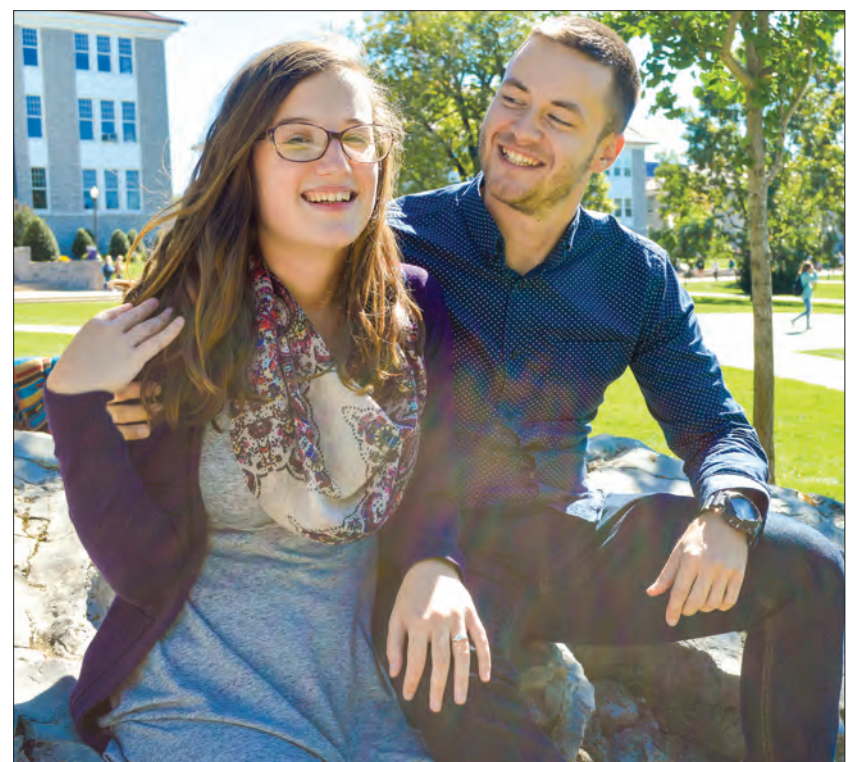
"'Salvation is Created' is a very important and emotional piece to the band," Stone said. "I thought that if I asked the band to play it to commemorate our engagement it would be very meaningful."

As you can see, marching band has a great deal of significance to the couple, who met long before they were donning purple and gold with the Marching Royal Dukes.

Stone, 21, and Lederman, 19, both attended Strasburg High School in Strasburg, Virginia, where they first met as members of the marching band. Little did they know that a platonic friendship would evolve into a romantic relationship.

With the annual homecoming dance looming in the future, Stone thought he'd take a shot in the dark by asking Lederman.

see **MRDS**, page 10



LAUREN SAMPSON / THE BREEZE

MRDs Sophia Lederman and Brandon Stone go from high school sweethearts to spouses-to-be.

From tray to table

New program donates leftover campus food to shelters



LAURA VANDERMARK / THE BREEZE

Lucy Hall is the president of JMU Campus Kitchen.

By **MATTHEW SASSER**
The Breeze

JMU has been recognized for its fantastic food, whether it's D-Hub, Festival or E-Hall. Thousands of students visit these facilities every day, so JMU has been committed to sustainable, eco-friendly practices for all of their dining locations.

As part of their sustainability initiative, JMU has been composting since 2013 with Black Bear Composting, located in Crimora, Virginia, about 25 miles south of Harrisonburg. Black Bear collects the food scraps and compostable silverware from JMU Dining Services then takes it back to their facility for processing.

"It takes about six months of processing before it's ready to be used as finished compost. The compost goes to small farms, gardeners, landscapers and some goes back to JMU as well," Eric Walter, Black Bear's owner, said.

Black Bear is slated to stop receiving materials from JMU at the end of year. Even though their facility will still be used, their involvement with JMU was no longer commercially viable for their facility. However, this doesn't spell the end for composting at JMU.

"I hope everything will continue and keep the compostable materials flowing, just with another facility," Walter said.

The closure of the facility will not deter JMU's commitment to compost.

"Moving forward, we understand the importance of diverting organic waste from landfills and currently are exploring the best options for JMU and our community. We are working with staff from JMU and representatives from waste management to ensure the best course of action is taken," Charlie Leventry, the sustainability coordinator for JMU Dining Services, said in an email.

see **FOOD**, page 3



Get up to \$75 when you bank with Commonwealth One!*

Hit a Home Run today! Visit TeamUpandWin.org or our branch in Madison Union.

*For more details visit cofcu.org. All Virginia, Maryland, and D.C. residents can bank with us. Membership eligibility required. Federally Insured by NCUA. Equal Opportunity Lender.



Thursday, October 13

- Open Jam Night @ Dave's Taverna, 7-10 p.m.
- Live Music @ The Golden Pony, 9 p.m.
- Throwback Thursday @ The Artful Dodger Coffeehouse & Cocktail Lounge, 9 p.m.

Friday, October 14

- Local Jazz Band @ Wolf Street Brewing Co., 7 p.m.
- Live Music @ Clementine Cafe, 9-11 p.m.
- Salsaburg @ The Artful Dodger Coffeehouse & Cocktail lounge, 9 p.m. to 2 a.m.

Saturday, October 15

- Harrisonburg Farmer's Market @ Turner Pavilion, 8 a.m. to 1 p.m.
- Bend and Brews @ Three Notch'd Brewing Co., 10-11:30 a.m.
- Zombie Run for Brains @ Fear Forest, 11 a.m. to 2 p.m.

Sunday, October 16

- Fall Colors Horse Drawn Carriages @ Edith J. Carrier Arboretum, 2-5 p.m.
- AT Hiker "Preservation - Not Pipelines" @ Pale Fire Tap Room, 7-8 p.m.
- Little Shop of Horrors @ Court Square Theater, 3 p.m.

Monday, October 17

- Bluestone Wine Tasting @ Friendly City Food Co-op, 4-7 p.m.
- Shenandoah Valley Watercolor Society Annual Member's Art Show @ VMRC's Park Gables Facility, 2-4 p.m.
- Little Shop of Horrors @ Court Square Theater, 5 p.m.

Tuesday, October 18

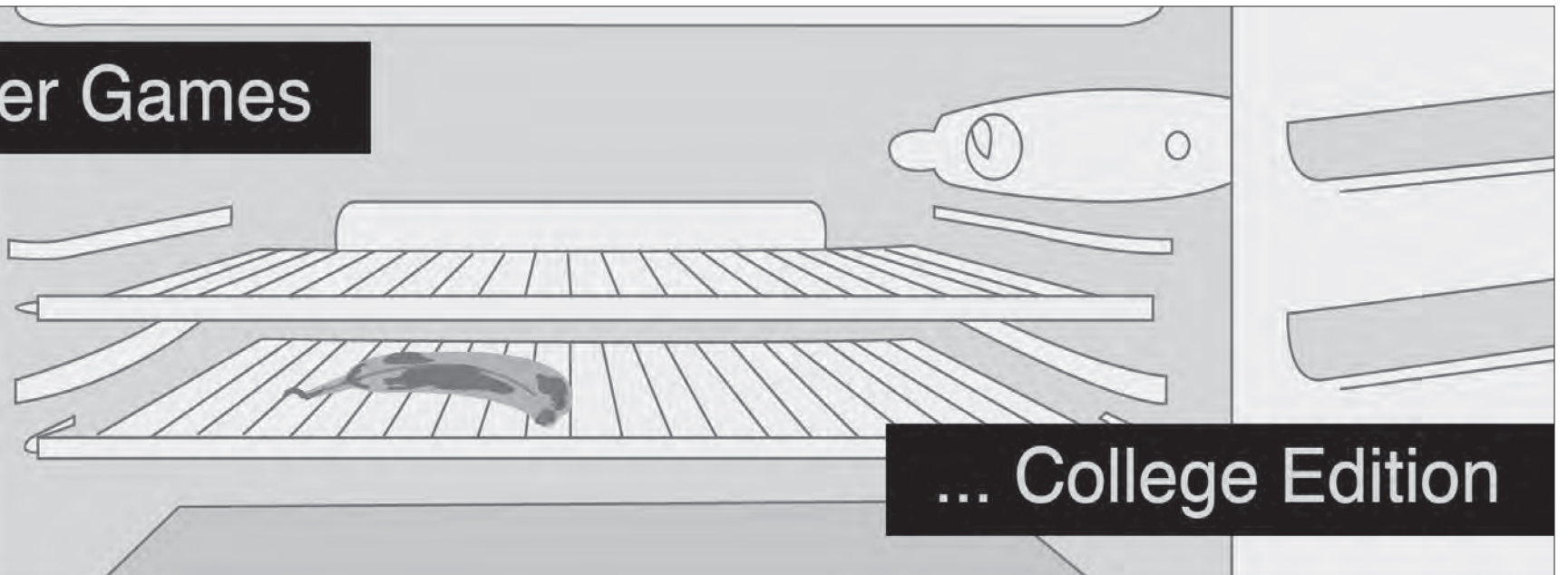
- Harrisonburg Farmer's Market @ Turner Pavilion, 8 a.m. to 1 p.m.
- Garden Bros. Circus @ Rockingham County Fairgrounds, 4:30 and 7:30 p.m.
- Trivia Night @ 810 Port Republic Road, 7:30-9:30 p.m.

Wednesday, October 19

- African Drumming Class @ Our Community Place, 1-3 p.m.
- Weekly Bingo @ Wolfe Street Brewing Co., 8-10 p.m.
- Third Presidential Debate Watch Party @ Pale Fire Tap Room, 9-10:30 p.m.

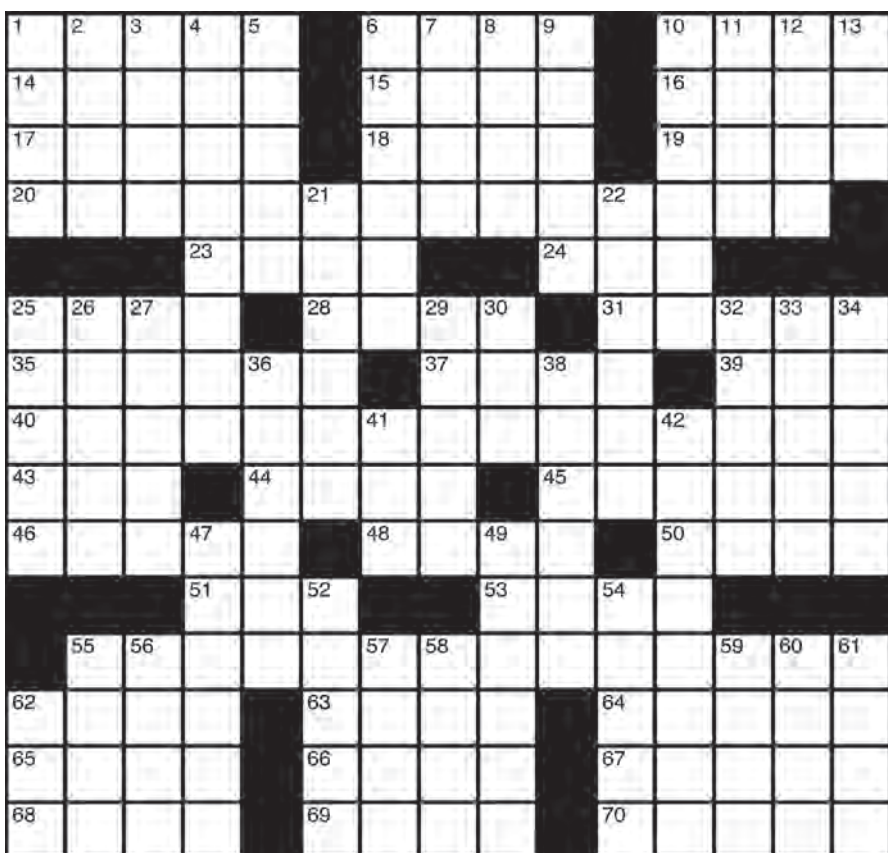
Event Calendar

The Hunger Games



... College Edition

CHELSEA CROUCH / THE BREEZE



Los Angeles Times Daily Crossword Puzzle

Edited by Rich Norris and Joyce Lewis

- Across
- 1 "Secretary": CBS drama
 - 6 Tense period?
 - 10 Studio payment
 - 14 Anaheim's Honda Center, e.g.
 - 15 West Coast sch.
 - 16 Harbinger
 - 17 Woody Woodpecker's creator
 - 18 Commuter option
 - 19 Skip over
 - 20 Circus barker turned hurler known for brushbacks?
 - 23 Auditorium
 - 24 Sound sometimes choked back
 - 25 Harvest-ready
 - 28 Wooded valley
 - 31 Olympics volleyball great Kerri __ Jennings
 - 35 Like fans after a tough win, probably
 - 37 Pro words
 - 39 29-Down's rock gp.
 - 40 Circus emcee turned fry cook?
 - 43 Reason to wear earplugs
 - 44 A, in many orgs.
 - 45 Saws
 - 46 Emmy contender
 - 48 French cathedral city
 - 50 "Not gonna happen"
 - 51 With 27-Down, sign on a damp bench
 - 53 Party leader
 - 55 Circus performer turned gardener?
 - 62 Disturbs
 - 63 Button on some remotes
 - 64 Family name in a 1936 classic
- Down
- 1 West African country
 - 2 Ireland's __ Islands
 - 3 Lairs
 - 4 Film noir protagonist
 - 5 Miata maker
 - 6 Prince's " __ Rain"
 - 7 Berry at health food stores
 - 8 Narrow cut
 - 9 Soft minerals
 - 10 Disc-shaped robotic vacuum
 - 11 Austen classic
 - 12 Nuremberg no
 - 13 Blasted stuff
 - 21 Respected tribe members
 - 22 Tearful words
 - 25 Sitcom with a 1974 wedding episode
 - 26 Greek column style
 - 27 See 51-Across
 - 29 Jeff of 39-Across
 - 30 Chair part
 - 32 Release
 - 33 "To __: perchance to dream": Hamlet
 - 34 Epsom Downs racer
 - 36 Caught
 - 38 __ Prime
- 41 Ideology
- 42 Red-and-white topper
 - 47 Admits (to)
 - 49 Yet
 - 52 Estimates on weather maps
 - 54 Dots on a subway map
 - 55 Excel input
 - 56 Graphic __
 - 57 General Organa in "Star Wars: The Force Awakens"
 - 58 Days and Holiday
 - 59 Permission-seeking phrase
 - 60 "The Very Hungry Caterpillar" writer Carle
 - 61 Military status
 - 62 Hanukkah celebrator

By Jeff Stillman

10/13/16

Find the answers online at: breezejmu.org/site/crossword_answers

The Breeze

Serving James Madison University Since 1922

1598 S. Main Street
Harrisonburg, VA 22801
PHONE: 540-568-6127
FAX: 540-568-7889

MISSION

The Breeze, the student-run newspaper of James Madison University, serves student, faculty and staff readership by reporting news involving the campus and local community. The Breeze strives to be impartial and fair in its reporting and firmly believes in First Amendment rights.

Published on Thursday mornings, The Breeze is distributed throughout James Madison University and the local Harrisonburg community. Single copies of The Breeze are distributed free of charge. Additional copies are available for 50 cents by contacting our business office. Comments and complaints should be addressed to Robyn Smith, editor.

Editorial Staff

- EDITOR-IN-CHIEF
ROBYN SMITH
breezeditor@gmail.com
- MANAGING EDITOR- PRINT
MIKE DOLZER
breezypress@gmail.com
- MANAGING EDITOR- ONLINE
RICHIE BOZEK
thebreezeweb@gmail.com
- NEWS EDITORS
ALYSSA MILLER & CAROLINE JANSEN
breezenews@gmail.com
- LIFE EDITORS
EMMY FREEDMAN & JULIA NELSON
breezearts@gmail.com
- SPORTS EDITORS
BENNETT CONLIN & MATT WEYRICH
breezesports@gmail.com
- OPINION EDITOR
RACHEL PETTY
breezeopinion@gmail.com
- COPY EDITORS
MATT DANGELO, BRIANA ELLISON & JO TROMBADORE
breezecopy@gmail.com
- PHOTO EDITORS
JAMES ALLEN & LOREN PROBISH
breezephoto@gmail.com
- VIDEO EDITOR
MEGAN RZEPKA
breezevideo@gmail.com
- ART DIRECTOR
RACHEL OWENS
breezeartdirector@gmail.com
- GRAPHICS EDITOR
CHELSEA CROUCH
thebreezgraphics@gmail.com

Advertising Staff

- CREATIVE DIRECTOR
CAROLINE DAVIS
- ACCOUNT EXECUTIVES
ANNA EIRING
HALEY YATES
- AD DESIGNER
ISABELLA CIANO

"To the press alone, chequered as it is with abuses, the world is indebted for all the triumphs which have been gained by reason and humanity over error and oppression."
— JAMES MADISON, 1800



Check out our website at breezejmu.org



[/TheBreezeJMU](https://www.facebook.com/TheBreezeJMU)



[@TheBreezeJMU](https://twitter.com/TheBreezeJMU)
[@BreezeNewsJMU](https://twitter.com/BreezeNewsJMU)
[@BreezeLifeJMU](https://twitter.com/BreezeLifeJMU)



[@breezejmu](https://www.instagram.com/breezejmu)



[youtube.com/breezevideo](https://www.youtube.com/breezevideo)

10 years standing tall

JMU's Red Flag Campaign continues to educate students on domestic violence



ABBIE BLOUCH / THE BREEZE

The Red Flag Campaign, which takes place during the month of October, is designed to address "red flags," or warning signs in relationships. Students who have experienced any form of violence can access a variety of confidential sources through JMU. These include the Campus Assault ResponseE hotline, which is open 24/7.

By JULIA SMITH
The Breeze

JMU has partnered with the Virginia Sexual and Domestic Violence Action Alliance for the Red Flag Campaign's 10th year at the university. It focuses on bystander intervention for sexual violence, dating violence and stalking. Throughout October, the campaign has events to address "red flags," which are warning signs that could indicate a toxic or

unhealthy relationship.

"The purpose of all of these events is to educate, provide awareness and to show support to our survivors on campus and around the world," Chani Fordyce, the Sexual Violence Prevention graduate assistant, said. "We want to show that JMU is vocal about their support."

Alexandra Weathersby, a senior media arts and design major, has been involved with sexual assault prevention groups since her freshman year. She's

been involved with Campus Assault ResponseE, or CARE, for four years and with the Red Flag Campaign for three years. This is her second year as the student assistant for Sexual Violence Prevention and she has hopes for the campaign when she graduates.

Weathersby wants the Red Flag Campaign to be a program in which all students can find their

see RED FLAG, page 4

Great strides

Alpha Phi remembers Alison Parker with 5K for women's heart health

By GRACE THOMPSON
The Breeze

The sisters of the Alpha Phi fraternity came together last Sunday for "Move your Phi't 5K" to commemorate their fellow sister, Alison Parker, and the positive energy she radiated throughout her life. The event started off with a speech from a sister of Alpha Phi discussing the fraternity's history and how Parker emulated the beliefs the founding sisters stood for.

Morgan McKusker, a JMU alumna class of '15 and member of Alpha Phi, met Parker her freshman year through the sorority. Parker was her sorority "aunt." McKusker remembers Parker for her quirky and outgoing personality.

"She used to let me come to the sorority house and sleep with her because I didn't want to sleep in my dorm," McKusker said. "It was really great having to share a twin-sized bed."

Stephanie Smith, a senior media arts and design and communication studies double major and vice

see PHI'T, page 4

Civic duty

Organization encourages student engagement in 2016 election

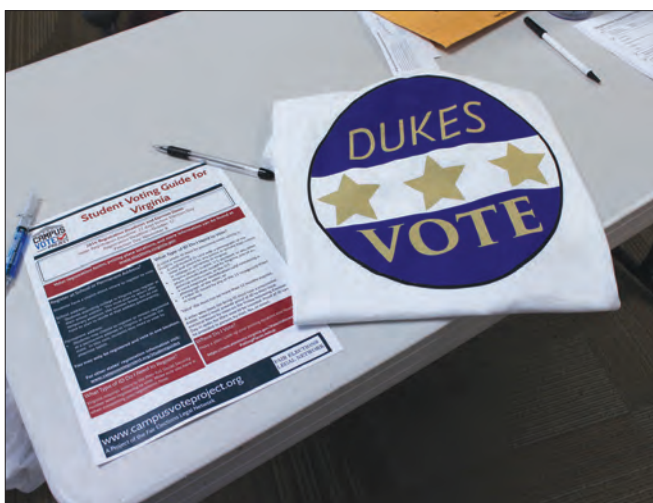
By MADISSON HAYNES
contributing writer

The importance of voter registration is being spread on JMU's campus, and DukesVote is one of the reasons behind it. DukesVote is an organization on campus urging students to vote and aiming to make the process easier.

The initiative involves the Student Government Association, Virginia21, College Democrats and College Republicans. DukesVote's outreach includes setting up in central locations on campus, having volunteers actually register students to vote and providing resources for students to register on their own.

Renzo Olivari, a senior political science and history double major, believes DukesVote have a large impact on campus due to its joint organization effort.

"DukesVote is a coalition of the administration of student organizations and SGA to promote an increase of civic engagements on campus," Olivari



ALEXIS MILLER / THE BREEZE

DukesVote will be registering students to vote in various buildings throughout campus until Oct. 17, the last day to register to vote in Va.

said. "DukesVote is trying to open it up to any organization who wants to have a 'civic engagement kind of impact' on campus."

Olivari, who's also the chair of SGA's Legislative Actions Committee, said the Office of Residence Life allowed

DukesVote to register students by going into residence halls for the first time. Students were registered to vote either at the JMU Convocation Center or at an off-campus voting

see VOTING, page 4

FOOD | Program aims to educate students on using food more effectively

from front

The beginning of a new chapter of Campus Kitchen has introduced another way for students to be more engaged in food and waste management at JMU.

Campus Kitchen is a national organization that works to unite dining services and student leaders to build a sustainable approach to food across college campuses. According to their website, over 6 million pounds of food have been recovered.

"Campus Kitchen is another great example of our existing and growing student engagement," Leventry said.

This was started after Adrienne Griggs, an administrative assistant in the Learning Center, worked in the Capital Area Food Bank in Washington, D.C. One of her coworkers had experience with a Campus Kitchen in Pennsylvania. Griggs, a JMU graduate, saw the potential for one in Harrisonburg.

"We will be taking food that would be otherwise wasted from D-Hub and repurposing it for organizations around Harrisonburg that help feed the hungry," said Lucy Call, a senior dietetics major and president of JMU Campus Kitchen.

They aren't collecting food scraps that are left on people's plates, but rather unserved food that would otherwise go to waste.

They're currently working with RISE, a local faith community, and the Harrisonburg Salvation Army.

Griggs, who's been serving as staff adviser for JMU Campus Kitchen, and Call have been working since January 2015 on the club's planning.

So far they've gone apple gleaning and helped gather excess food from a local farmer's market and transported it to the Salvation Army.

Starting the first week of November, they'll begin picking up food from D-Hub.

JMU's Campus Kitchen is also in the process of getting a startup grant of \$5,000 from the national Campus Kitchen Project in order to expand the message they're putting out.

"We've had a really great response, people are really interested when they hear about it," Call said.

They're also in the process of making a video that will help them achieve this goal and spread their message. Voting for the video will occur between Nov. 7 and Nov. 14.

Beyond just helping the community, they're also focused on contributing to education about food and how to use it most effectively.

"Another one of the things we want to do is educate people so once we start rolling we want to have more educational programs about composting and being able to use food more effectively," Call said.

Even though JMU Campus Kitchen is just starting out, it's looking to make a serious impact in our local community.

"It's a great way for students to meet a need for the community," Griggs said. "You don't have to leave campus in order to do service for the community; it can happen here. We have the potential to make a big impact."

CONTACT Matthew Sasser at sasserma@dukes.jmu.edu.

POLITICS IN BRIEF

Every week until the election, The Breeze will highlight an important story from the Trump and Clinton campaigns. Virginia residents can register to vote until Monday at vote.elections.virginia.gov. The third presidential debate will take place Wednesday at 9 p.m. EDT.

TRUMP

GOP leaders rescind support for Trump following lewd video

Donald Trump insulted the GOP via Twitter on Tuesday after many party leaders pulled support due to lewd comments the Republican presidential nominee made about women in 2005. Footage in which he described making sexual advances on married women and grabbing them because, "when you're a star, they let you do it," was released in an article by The Washington Post on Friday.

In a series of tweets, the first of which was made Tuesday at 7 a.m., Trump denounced the GOP, writing, "It is so nice that the shackles have been taken off me and I can now fight for America the way I want to." He went on to say Democrats have been more loyal to their party than the GOP, and said disloyal Republicans are, "far more difficult than Crooked Hillary."

The list of GOP members who have denounced Trump since Friday continues to grow, although some have rescinded their comments. Current Republican leaders who have pulled support include: Sen. John McCain (R-Ariz.); Former Secretary of State Condoleezza Rice; Sen. Susan Collins (R-Maine); and Rep. Jason Chaffetz (R-Utah), who was the first sitting Republican Congressman to pull support after Friday according to CNN. House Speaker Paul Ryan said he won't campaign with the GOP nominee, but hasn't pulled support.

CLINTON

Lawsuit brings Clinton emails back into national spotlight

Democratic presidential nominee Hillary Clinton is set to answer 25 detailed questions regarding a private email server she used during her time as secretary of state. Judicial Watch, a nonprofit organization, is requesting Clinton answer the questions via written testimony by Thursday, despite the FBI closing the investigation into her private email server three months prior.

Judicial Watch is one of Clinton's original antagonists. The organization filed its first lawsuit against Clinton in 1994, with 20 subsequent suits following. Proving Clinton's alleged untrustworthiness appears to be the organization's ultimate objective.

Judicial Watch has filed several Freedom of Information Act lawsuits, many of which have been dismissed; however, the organization declared a small victory last year when Clinton's private email server sparked the reopening of two cases involving her time as secretary of state. This in turn led to the release of hundreds of emails, which would have been otherwise kept from the public.

In her testimony, Clinton will need to explain her reasoning behind using a private email server and respond to concerns over her causing a potential security breach.



PHI'T | 'She will live on through those who knew her'



COURTESY OF BARBARA PARKER

Alison Parker planned Alpha Phi's Red Dress Gala and was the sorority's vice president of marketing while she was at JMU. The sorority held a 5K fundraiser called "Move Your Phi't" to honor Parker's memory on Sunday.

from page 3
president of marketing for Alpha Phi, shared her memories of Parker.
"I remember her coming out to breakfast with my whole family

in the sorority," Smith said. "We had just had this really great ceremony for Alpha Phi and I just remember hearing her talk and looking up to her ... She was such a kind soul and a sweet person." Smith said she strives to be like

Parker, who was killed on Aug. 26, 2015, during a live report for WDBJ-TV in Roanoke, Virginia. Smith wants to follow in Parker's footsteps and be just as involved in the JMU community and as kind to others as Parker was.

"She definitely was such a role model to me as one of the first people that I met in the sorority," Smith said. "She just kind of resembled everything that I ultimately wanted to be."

Like Smith, Parker was the vice president of marketing for Alpha Phi and helped to organize events such as the Red Dress Gala, which raised thousands of dollars for Rockingham Memorial Hospital's women's heart health department. Barbara and Andy Parker, Parker's parents — who were also in attendance at the 5K — went on to say via email that their daughter, while beautiful, wanted to be known for her determination and brains.

"She never wanted to be known as just the pretty blonde reporter, but as a journalist," Barbara said. "She learned so much as a SMAD major at JMU and news editor of The Breeze."
Barbara and Andy were pleased at the turnout at the 5K and especially enjoyed seeing all of Parker's sorority sisters come together to support their family.

"We are so proud of JMU's commitment to her memory, and the Alpha Phi 'Move Your Phi't 5K' memorial to Alison means so much to us," Barbara and Andy said in an email. "Our goal is to remember Alison for the way she lived, and not the way she died. She will live on through those who knew her, and future generations who learn about her legacy."

CONTACT Grace Thompson at thompsgc@dukes.jmu.edu.

VOTING | Group set up in UREC, classrooms, dorms

from page 3
precinct.

According to Olivari, the registration numbers were as expected.

DukesVote also set up in UREC and academic buildings, and spoke to classes in order to increase awareness and encourage students to register.

"We believe that with any election, we want students to be civically involved, and that's why we came to be, because we found it very crucial for students to have a say and participate in the political process," Olivari said.

Meg Mulrooney is the associate vice provost of the University Programming Board and has been the co-chair of the university's civic engagement steering committee for a number of years.

DukesVote was formed by Mulrooney, alumnus Thomas Humphries and Kristen Muncey, the associate director of the University Unions for Student Activities and Involvement. The organization is made up of faculty, staff and students from different organizations.

"It's an unusual organization because it's not a student organization precisely," Mulrooney said. "We're there alongside the chairs or presidents of the student's organizations partly to just provide community and administrative support as we think out building this out bigger

and bigger each year."

With efforts of civic engagement expanding, DukesVote has increased their coverage from the general student population to include other clubs and student organizations, to simply get others involved.

Mulrooney emphasized the initiatives desire to work with other groups on campus.

"We've been hopeful to reach out to other student organizations whether they are political organizations, or other kinds of organizations," Mulrooney said. "DukesVote is really just an umbrella, if that makes sense, to try and coordinate all the different kinds of student groups that are interested in promoting voter registration and voter education on a campus named for James Madison, father of the Constitution."

Joshua Roesch, a junior political science major, is the president of College Democrats and the administrative director for Virginia21.

"DukesVote is an organization built to make it clear that not only does the community care about civic engagement, but President Alger cares about it, and everyone on JMU's campus should care about it also," Roesch said.

He believes DukesVote will not only have a major impact on JMU's community, but also have a significant impact on Harrisonburg's community by providing a means for students to vote on issues facing the Harrisonburg

community without leaving the borders of campus. DukesVote has pushed registration and involvement, and will continue to encourage the community to get involved through the election. Olivari and Mulrooney are hopeful that this program will increase the number of students voting in the upcoming election.

"It impacts the community by giving students the opportunity to impact their community," Roesch said. "We are the only university, that I know of, that has an institutionalized voter's registration program like this, in this fashion, which shows just how important civic engagement is to both the university and the Harrisonburg community."

JMU has supported DukesVote by making the organization's efforts come to life. JMU has allowed them to interact with the student body and take initiative approaching the election, causing civic engagement across campus.

Roesch has big ambitions for DukesVote. "I want DukesVote to make [civic engagement] a part of the JMU community as much as holding the door open for the person behind you or singing the Fight Song," Roesch said.

CONTACT Julia Smith at smit28jm@dukes.jmu.edu.

RED FLAG | Participants hope to remain inclusive to those most at risk for domestic violence

from page 3
place. She aims to do so by ensuring the events and workshops connect with all members, regardless of race, ethnicity, gender identity, gender expression or sexual orientation.

"I really hope that our campaign continues to be inclusive of students who are most at risk such as LGBT students, students who are disabled or have medical or physical disabilities and students who occupy marginalized groups," Weathersby said.

While this is the 10th year for the Red Flag Campaign at JMU, there are still ways in which the staff looks to improve the program for the following years. Liz Howley, assistant director for Sexual Violence Prevention and Advocacy, recognizes that many other programs, such as JMTruth, Haven and Dukes Step Up, are in place for first year students, but not upperclassmen. She would like to expand sexual violence prevention programming to more students, regardless of their year.

JMU offers both confidential and nonconfidential recourses for people who've experienced any form of violence. Confidential resources give students support without having to file a report. Some of these resources include the CARE 24/7 helpline, the University Health Center, the Well and the Counseling Center. Nonconfidential resources are options based in civil rights and criminal law. A nonconfidential resource includes the Office of Title IX.

"Navigating resources can be a stressful and taxing process for survivors, so we encourage students to reach out to CARE if they ever need help understanding any resources on campus," Jessica Garcia, a senior media arts and design major and president of CARE, said in an email.

Red Flag Campaign staff not only want their community members and JMU students to recognize and identify the red flags of a relationship, but also be able to step in and intervene.

"We're hoping that our programming is not just programming and we're not just lecturing, but we hope to see action and see our community and our students step up for each other and for themselves," Fordyce said.



ABBIE BLOUCH / THE BREEZE

The Red Flag Campaign aims not only to educate students and the community on recognizing signs of domestic violence, but how to intervene safely and effectively when they see those signs.

CONTACT Julia Smith at smit28jm@dukes.jmu.edu.

PIZZA BY THE SLICE!

TUTTI GUSTI

PIZZA ~ SUBS ~ PASTA

1326 HILLSIDE AVENUE
HARRISONBURG, VA 22801
Off Port Republic Rd, Next To Starbucks

CATERING AVAILABLE FOR ALL OCCASIONS

Ordering Online Available

540.434.6177
FAX: 540.434.6188

WWW.TUTTIGUSTI.US
Free Delivery **LATE NIGHT DELIVERY**
SUN - WED TIL 2:00AM | THUR - SAT TIL 3:00AM



USE COUPONS BELOW!

\$2.50 OFF Any Purchase of \$25 or More
Valid with coupon only. Cannot be combined with any other offer. One coupon per customer. Valid for dine-in, carry out or delivery. Limited time only.

FREE Bag of Chips with the purchase of any sub
Valid with coupon only. Cannot be combined with any other offer. One coupon per customer. Valid for dine-in, carry out or delivery. Limited time only.

FREE TOPPING On Any Large Pizza
Valid with coupon only. Cannot be combined with any other offer. One coupon per customer. Valid for dine-in, carry out or delivery. Limited time only.

\$3.00 OFF Any 2 Large Pizzas
Valid with coupon only. Cannot be combined with any other offer. One coupon per customer. Valid for dine-in, carry out or delivery. Limited time only.

ARMIN HARACIC | armchair anecdotes

Behind in your classes?

It's OK to put schoolwork off for mental health



KASIA BURNS / THE BREEZE



I have mad respect for people who get straight A's. Balancing the mastery of quantum physics, organic chemistry, microeconomics, contemporary political theory and Introduction to Theatre takes a certain level of skill and willpower not often present with those on the quest for a bachelor's degree.

Sometimes straight-A students end up being in tremendous athletic shape, at which point you start to question whether they are, in fact, humans or Androids designed by Google. I'm not a straight-A student. Like most, I wish I was, but like Ted Cruz getting a sponge bath in the White House Bathtub, some things are not meant to be.

There's a tendency for college students to feel a sense of despair should we fail to systematically balance all of our collegiate duties. Much of this is embodied via the rate in which we complete our school assignments, with many of us finding ourselves one, two, sometimes even six chapters behind in both our Cultural Anthropology and Middle-Eastern Politics classes. Suddenly we start to think that since we're faltering now, it's only going to lead to further dissemination of our grade point average, but that's only if we let it.

The hard truth is that not all of us can be straight-A students. Simply put, some individuals can better absorb information, in addition to having a keen focus honed through years of disciplined studying. Yet it is still possible for the rest of us to avoid complete academic

catastrophe and attain some level of homeostasis as long as we understand our needs and limitations.

The wonderful thing about most college courses is that the professors allow us to work at our own pace as long as we hit the assignment/test deadlines. Considering the breadth and complexity of most readings that professors impel us to do in limited amounts of time, it's likely that a good deal of us will fail to read 60 pages of Immanuel Kant's "Critique of Pure Reason" in one sitting, especially considering it won't be the only 60 pages we have to read for the day.

Attempting to consistently complete our sweeping workload day after day will surely lead us to internal combustion and cause us to feel disenchanting about our work, social life and most importantly, our happiness.

Some might be able read all collective 360 pages in times between student government, sorority meetings and rugby practices, but again, they're exceptions to the rule.

So the key is to prioritize the deadlines that are closest and most pertinent to us given the context of everything else we are dealing

with. If we have an accounting test on Tuesday, maybe we'll forgo our advanced physics studying for the moment and focus on understanding current assets and tax deductibles. Yes, we will fall behind in physics but should we attempt to give equal weight to both it and accounting in a limited time, it's likely we'll be burnt out from trying to learn such magnitudes of information.

Forbes describes such moments of burn-out as multiple, continuous chronic stressors over time, leaving us drained and not performing at our best. Attempting to consistently complete our sweeping workload day after day will surely lead us to internal combustion and cause us to feel disenchanting about our work, social life and most importantly, our happiness. I'd like to believe most professors understand this, which is why they prioritize us meeting specific deadlines over impelling us to deliver packets and index cards class after class like they did in most of the AP classes I took in high school.

Falling behind in some classes and having days with decreased productivity is absolutely necessary for those of us trying to achieve sustainable academic success without completely melting into the floor. Some days we'll have to swallow the guilt and avoid that macroeconomic reading for the sake of getting in some exercise or relaxing with a 1950s Japanese movie. Doing so will allow us to have greater energy and less stress for future classes.

Armin Haracic is a senior political science major. Contact Armin at haracix@dukes.jmu.edu.

JAZMINE OTEY | contributing columnist

Title IX and institutional cover-ups

Trigger warning: rape, sexual assault

"I can't sleep alone at night without having a light on, like a 5 year old, because I have nightmares of being touched where I cannot wake up, I did this thing where I waited until the sun came up and I felt safe enough to sleep. For three months, I went to bed at six o'clock in the morning."

This was spoken valiantly by a sexual assault survivor who'd been violated by former athlete Brock Turner in a letter published by BuzzFeed. Turner served only three months in jail for sexually assaulting the woman behind a dumpster while she was unconscious. He represents one of many who continue to get away with sexual assault during their college careers.

Reports of sexual harassment have been on the rise within the U.S. In fact, statistics claim that nearly one in five women will be raped within their college career.

Nonetheless, nearly 95 percent of rape victims won't report that they've been assaulted. But only a fourth of those who are able to push past the residual trauma and fear of being sexually assaulted will be heard by universities. Furthermore, nearly 25 percent of reported perpetrators will continue to attend classes without any legal consequences. Driving the entire nation to anger, Turner's three month sentence put into perspective how often perpetrators get away with sexual assault.

However, while many were indignant that Turner spent only 3 months in the slammer, studies show that three months actually exceeds the average jail-time of 97 percent of convicted rapists in the U.S. Sexual assaults on campus grounds have become ubiquitous within the U.S. and in order for there to be a prodigious change, universities within our country need to be held more accountable for fully abiding by sexual harassment laws.

On the surface, many colleges encourage students to report sexual harassment cases and assure legal action. Nevertheless, countless universities fail to take appropriate action, fearing that students will view

With universities seemingly failing to be strict on sexual assaulters, how will future assaults be prevented if assaulters are given leeway?

their school in a negative light. Universities' apathy toward sexual assault reports are clear violations of Title IX. The law states that a school must take immediate action to ensure a victim can continue their education free of sexual harassment or sexual violence. This year, Vassar College student Margot Mayer claimed that her school didn't discipline a student she accused of sexual assault for his violations of a no-contact order. "I did not feel safe, and Vassar did not care," she told the Huffington Post.

With universities seemingly failing to be strict on sexual assaulters, how will future assaults be prevented if assaulters are given leeway? The Huffington Post states that nearly 315 colleges and over 40 school districts are under investigation for sexual assault cases. Harvard University is currently under a federal investigation for 12 allegedly mishandled sexual violence cases.

Universities are continuously sacrificing the mental health and overall well-being of their students for a higher reputational value. All the while, alleged unpunished predators are permitted to continue their college careers unaffected. Moreover, additional reasons for unpunished sexual assaulters could potentially be due to the fact that more than 50 percent of them are athletes, according to Medical Daily.

In a democracy that claims to enforce equality under the civil law, no one should be treated differently due to their social standpoint. Ultimately, it's time that citizens come together and fight for the civil rights that they're guaranteed under a democracy. Only 25 percent of sexual assault reports lead to an arrest.

Every university should be willing to listen to the cries of its students while putting in its best efforts to enhance the safety of its respective college community.

Jazmine Otey is a freshman writing, rhetoric and technical communication major. Contact Jazmine at oteyj@dukes.jmu.edu.

DARTS & PATS

Darts & Pats are anonymously submitted and printed on a space-available basis. Submissions creatively depict a given situation, person or event and do not necessarily reflect the truth. Submit Darts & Pats at breezejmu.org

A "your-efforts-did-not-go-unnoticed" pat to the UREC housekeeping staff, who went the extra mile to make UREC sparkle ever so brightly for the 20th Anniversary and Grand Re-Opening Celebration. From a UREC regular who appreciates how clean the building always is.

A "step-in-the-right-direction" pat to those calling for actual change and "fixes" at JMU in response to the SGA's "JMU Fix It" initiative. From an LGBTQ student who was driven from her church by "love the sinner, not the sin" and thinks the list made a lot of sense.

A "thank-you" pat to whomever distributed the list of "phrases to avoid" to student orientation leaders that encouraged reflection of prejudice/bias and how language can reflect that. From an alum who'd be willing to donate to a school that is actually "being the change."

A "that's-literally-why-bikes-are-painted-on-the-pavement" dart to student cyclists biking on the sidewalks and not in the streets. From an annoyed pedestrian tired of jumping out of your way.

A "just-trying-to-graduate-sane" dart to the biology department for giving us no information about grad applications and never updating course requirements online. From a senior who's tired of being left in the dark.

A "bikes-are-great" pat to my Trek bike. From a lonely senior who can spend a little more time at home in between classes.

Editorial Policies

The Breeze 1598 S. Main Street Harrisonburg, VA 22801

The Breeze welcomes and encourages readers to voice their opinions through letters and guest columns. Letters must be no longer than 250 words. Guest columns must be no more than 650 words.

The Breeze reserves the right to edit submissions for length, grammar and if material is libelous, factually inaccurate or unclear. The Breeze assumes the rights to any published work. Opinions expressed in this page, with the exception of editorials, are not necessarily those of The Breeze or its staff.

Letters and guest columns should be submitted in print or via e-mail and must include name, phone number, major/year if author is a current student (or year of graduation), professional title (if applicable) and place of residence if author is not a JMU student.

SPENCER MUNSON | organized ramblings

How far is too far?

Opioid addiction is a preventable problem



In 2014, the number of people who died as a result of a lethal drug overdose rose to 47,055, making it the highest cause of accident related deaths in the U.S., according to the American Society of Addiction Medicine. Over 62 percent of that number has died as a result of heroin or prescription pain relievers according to ASAM.

It's no secret that drug abuse and drug overdose is an epidemic in the U.S. As of 2011, the U.S. consumed almost 80 percent of the world's opioid supply despite only making up five percent of the world's population, according to ASAM. This epidemic could've been avoided altogether or at least handled many years ago, but sadly it has taken a death toll of almost 50,000 people per year for policy leaders and health experts to admit there's a serious issue.

To understand this epidemic, one must first understand the history and emergence of opioid use in America and the key players who perpetuated the use, because the government isn't solely to blame. For decades leading up to this epidemic, the largest producers of pharmaceutical opioid prescription painkillers lied to the FDA about the risks of addiction to their manufactured drugs. Three top executives for Purdue Pharma actually pleaded guilty to criminal charges. The company went so far as to state that the drug could be discontinued without any symptoms of withdrawal.

Instances of big businesses lying to the American public are hardly surprising, but in this instance, it contributed to the emergence of a health crisis that few could've predicted. The source of this misinformation can actually be traced even further back to a single person, Dr. Russel Portenoy, who conducted an opioid study in 1986 on a miniscule sample of 38 patients, as reported by CNN in June. Based upon his brief observations and inadequate sample size, Portenoy stated that the use of opioids as a painkiller wasn't only safe, but could be a long-term treatment which had little risk of withdrawal and almost no chance of fatal overdose.

This foundation of misinformation, formed by so-called experts and major pharmaceutical corporations, created a springboard for an epidemic that would eventually kill hundreds of thousands of people.

According to the CDC, one of the most significant contributors to the issue was the rise of "pill mills." Pill mills are offices where the doctors see an unusually high number of patients, write excessive

prescriptions, require minimal medical examinations and usually accept only cash payments. Prescription pain medication sales quadrupled from 1999 to 2010, according to ASAM. During the same time frame, the overdose death rate also quadrupled, an eerie parallel which paints a strong picture of the root of the overdose issue.

Corrupt misinformation campaigns fueled by big pharmaceutical companies and the unethical practices of doctors in pill mills are surely to blame but the government must also be held accountable for its complete ignorance of safer, more effective methods. Opioids such as oxycodone are listed as a Schedule II drug by the DEA, which denotes a drug that has a high potential for abuse and physical dependence. Meanwhile, cannabis is listed as a Schedule I drug, meaning it has no accepted medical use and has a high potential for abuse.

Medical marijuana has been used safely and effectively in other countries for years as a treatment for pain, specifically for the treatment of chronic neuropathic pain, which has been cited as one of the hardest to treat. Medical marijuana's listing as a Schedule I drug not only makes it nearly impossible to prescribe as a treatment for pain, but it makes it incredibly difficult to legally study, depriving American doctors from ever learning the potential benefits of the drug.

The government has also failed to allow for the widespread use of drugs like methadone and buprenorphine, which have proved to reduce opioid addiction fatalities by 50 percent, according to VICE News. The Obama administration went so far as to place a cap on the prescription of buprenorphine and has made it extremely difficult for doctors to even obtain the required training to prescribe the drug.

On top of these ignored alternatives, the surgeon general has requested that doctors now cut the supply of the prescribed opioid painkillers, a prohibition-style policy that many fear will only drive opioid users to more dangerous, illegal alternatives.

While the government continues to employ flawed tactics in response to the opioid addiction epidemic, people will continue to become addicted and people will continue to die. This issue stretches across all geographic regions and socioeconomic classes. We need to demand more proactive and effective responses from our government so that more people don't die as a result of ignorance and poor policy.

Spencer Munson is a senior management major. Contact Spencer at munsonsc@dukes.jmu.edu.

DANIEL MCGANN-BARTLEMAN | contributing columnist

If you're a bystander, you're a racist

I'm a racist.

I ask you not to hate me immediately, though that only makes me hypocritical because I've perpetuated hatred my entire life. However, I still ask you to bear with me.

I'm a racist because I'm white.

Again, bear with me.

I can tell you that I've never treated someone differently because of the color of their skin. I'm more than willing to get to know a person regardless of their ethnic background.

So then how am I a racist?

Author, educator and activist Jane Elliott once held a seminar, as portrayed in the documentary "Blue-Eyed," in which she instructed the white people present to stand if they would be happy to be treated the way blacks are treated by our society in general. When nobody stood, she said that they must not have understood the instructions and repeated the command. Again, no one stood. She then explained, "That says very plainly that you know what's happening. You know you don't want it for you. I want to know why you're so willing to accept it or to allow it to happen for others." This reminded me a famous Albert Einstein quote: "The world will not be destroyed by those who do evil, but by those who watch them without doing anything."

I've come to believe that it's not enough to not be racist. If a nonracist sees racist behavior taking place and doesn't intervene, then they're accepting, and in turn, perpetuating racism. They'd be happier knowing that the victim has been discriminated against than they would be if they'd put themselves out there, risking judgment and tried to

stop it. So while they, and I, would never treat someone poorly based on race, our allowing it to happen makes us no better than a blatant bigot.

So what causes racism? Some would say hatred, but hatred is practically the definition of racism. Instead, Jane Elliott says that it's ignorance, and she isn't the only one; Nathan Rutstein, author of "Healing Racism in America," said, "Prejudice is an emotional commitment to ignorance."

I've come to believe that it's not enough to not be racist. If a nonracist sees racist behavior taking place and doesn't intervene, then they're accepting, and in turn, perpetuating racism.

The ignorance they're talking about is the ignorance of how it feels to be discriminated against based on your race. White people are simply unable to comprehend this discrimination. And not only that, white people even have the power to choose to remain ignorant. That's racism.

Now, a lot of white people will be upset with this assertion. Many will claim that they've experienced discrimination worse than those

who face racism. However, most of the time, white people face escapable discrimination. People of color are exposed to racism, however subtle, nonstop. It can come in the form of a hateful, racial slur or a cashier checking and double checking their money for counterfeit. They can't even escape it in their own homes if they pay attention to any type of media.

The biggest issue remaining is how to remedy this discriminatory attitude running rampant through our society. The first reaction someone has to another person or situation is the way he or she has been conditioned or taught to think. The person's thoughts that immediately follow are the way he or she is now choosing to think. Counteracting ignorance isn't easy, but it's possible through the constant pursuit of understanding — putting yourself in other people's shoes.

Contrary to what many believe, the war on racism isn't over. This country will never escape racism until all people realize that while varying ethnicities, identities and cultures are extremely important, we all still belong to the same human race. Don't get me wrong, our differences in skin color, eye color, heritage and so on are beautiful and should be celebrated. We should never be colorblind. However, we must also never allow something such as skin color to divide us.

The time for equality is long overdue, and it's everyone's job to bring it about.

Daniel McGann-Bartleman is a freshman political science major. Contact Daniel at mcganndk@dukes.jmu.edu.



GLENS FAIR PRICE STORE
THE BEST HALLOWEEN STORE IN TOWN

227 N. Main St.
 Downtown Harrisonburg, VA 22802
 540-434-8272
 Mon-Fri: 11a-6p | Sat: 11a-5p | Sun: Closed

Over 2,000 costumes
 To rent or buy

Everything you need for Halloween and much more!

glensfairprice.com 



Start Your Career In Education. *Today.*

Exciting substitute opportunities available each day throughout Roanoke City and Staunton City Schools.

Substitute Positions Available:
 Teachers | Instructional Assistants | Clerical Personnel

Source4Teachers Advantages:
 Flexibility | Training & Support | Competitive Benefits

Apply Now! Visit us at Source4Teachers.com or call 540-278-1990 to get started.

SOURCE4TEACHERS
 Educational Managed Solutions
 Source4Teachers is an Equal Opportunity Employer (EOE).

Want to go for a walk?

New downtown business Blue Ridge Dog provides healthy habitat for hounds



PHOTOS BY SAM TAYLOR / THE BREEZE

TOP Blue Ridge Dog is located in downtown Harrisonburg on Newman Ave. Its mission is to help educate the community on keeping our furry friends fit, similar to Cat's Cradle. **RIGHT** The owners used their own pets as taste testers and used the three basic flavors of peanut butter, cinnamon and pumpkin as a jumping off point for a whole array of healthy and custom-made treats.

By **TERESA CUMMINGS AND YAITZA LOPEZ**
The Breeze

Paws go pitter-patter as canines of all shapes and sizes enter through the door. Tiny bones decorate the storefront. Located in downtown Harrisonburg, Blue Ridge Dog is a locally owned and operated small business on Newman Avenue. Neighbors with local favorite Cat's Cradle, Blue Ridge Dog sells homemade dog treats, toys and pet care.

"We care about what we put into our dog's food, our biscuits and into our dogs and shelves," Amy Cerelli, co-owner of Blue Ridge Dog, said.

Owners Cerelli and Matt Wray began Blue Ridge Dog's journey in their own homes using their pets as taste testers. Starting with three basic recipes: pumpkin, peanut butter and cinnamon, Blue Ridge Dog's menu has become a rainbow of flavors.

"You always know that whatever you buy, they are going to be good quality," customer Emily Hiter said. "They really care about our dogs and are really active in the rescue community as well."

Besides being known for their abundance of chewable toys, leashes and hiking gear, Blue Ridge Dog has attracted customers with the shop's homemade biscuits. Each biscuit is personally decorated and some are made organically without any salt, sugar or preservatives.

"A lot of products we have were from people who came in and told us about them," Cerelli said. "My dog really liked this' and we would research about them and say yeah, that's a good product to have in here and then we will bring it in. So it's kind of a community of dog owners filling up our shelves."

In addition to being a full-time business, Blue Ridge Dog also hosts a variety of service events and is an advocate for local rescue animal organizations. Like Cat's Cradle, their mission statement focuses on the health and well-being of neighborhood furry friends.

"You always know that whatever you buy, they are going to be good quality."

Emily Hiter
Customer

"For me, as a pet owner, it leaves me feeling good about myself knowing that I am giving my dog the best that the community has to offer to them," Charlotte Jones, a JMU alumna ('07) and customer, said.

By using compostable bags for their treats, they strive to be environmentally friendly. Wray and Cerelli use all American-made and based products in order to support other small businesses.

"There's lots of brands out there that my partner and I being educated about it," Cerelli said. "We also try to educate our customers as well. Obviously the best part of the job is meeting the dogs."

Not every person who enters the storefront goes to buy products. Blue Ridge Dog also hosts various dog socializing events where owners and dogs alike share their favorite treats. A few popular dog treats from their bakery are "The JMU Squirrel," a canine cookie-cutter treat shaped like JMU's bushy tailed squirrels, and "The Canine Cannoli," a specialty of Italian owner Cerelli's made of filling and "dog chocolate" made of yogurt, sugar and antioxidants like carob.

"Everyone loves the bakery treats but our favorite favorite treat from there is the buffalo bones that they have," Hiter said. "They last a long time and even if you have an aggressive chewer and they don't have an odor."

Blue Ridge Dog will only be at its current location for a few more months before relocating. Due to changes with Matchbox Realty & Management Services Inc., Blue Ridge Dog will announce their new location soon.

"A lot of people don't know about us because we are small," Cerelli said. "But we love having new people coming in everyday and meeting new dogs."

CONTACT Teresa Cummings and Yaitza Lopez at breezearts@gmail.com.



Patients for dummies

Lab director Lauren Mullen explains human patient simulator uses for nursing students

By **KATE FORMELLER**
The Breeze

The patient's heart rate is erratic, they have shortness of breath, their chest starts to tighten, suddenly they start to code. They're experiencing a heart attack and it's up to the nursing students to save the patient's life – a life that belongs to a human patient simulator, a manikin that functions just like a living, breathing human being.

The simulators, which live in the lab of the new College of Health and Behavioral Studies building, can have cardiac arrest, a stomach virus or even die, all in the same week. Lauren Mullen is the lab director for the School of Nursing at JMU. The simulation lab she oversees is located in the CHBS building on the third floor. Mullen received both her bachelor's and master's degrees in nursing from JMU and she's a Certified Healthcare Simulation Educator.

How did you get this job?

I did my graduate work and my focus was in simulation and that was back in 2008. So it kind of was full circle because I was doing that so early on before sim really took off. I mean simulation has been around since forever ... It really started to enter the nursing stage more heavily in the mid-2000s. So I had that interest and I like technology and so that was my first dabble with simulation. I wasn't working here yet. I was working at another school as the director of the nursing program and I came here and started as a full time instructional faculty [member] and because of my specialization and expertise, this position was created within the School of Nursing and it was a really perfect fit for me.

What are the animatronics?

They are human patient simulators and they are high fidelity, meaning they're high functioning, high realism simulators that mimic human processes such as breathing, heartbeats, pulses, sounds and things like that. They can bleed.

How exactly do the human patient simulators work?

So, for the ones we use – the very high, high fidelity ones – they have a laptop that connects to them wirelessly. We can control everything happening in that simulator from the laptop. So, say we want to run a case – we call them scenarios or cases – about asthma. We have cases for a lot of different things. We have cases for heart attacks, diabetes and those kinds of things. So they start as a healthy patient and we can trigger an event, such as a heart attack. We can change the heart rate, blood pressure and all of those things from here and as we apply those changes and it happens on the simulator.

Do you know how much they cost?

The very most basic manikin that we use to develop basic skills like person care, start around \$2-3,000 and go up to \$100,000. It's a wide range and it ranges by company too.

Do you have a favorite story? Have there been any mishaps or funny moments?

There are always some funny things, it's usually when students do something completely outside the expectation. In the interest of realism, we had a scenario where we sprayed a lot of fecal spray and when the students walked in the room ... Yeah, that was pretty classic.

What do JMU students typically learn or gain by using the human patient simulators and how can these skills be applied in the real world?

Well, they are learning critical judgment and critical decision making, we are helping them establish prioritization and competence with nursing skills. They gain confidence in their practice as new nurses because believe [me] the first time they have a patient that codes in the real world they are going to remember that and they are going to go back to it. So this is expanding their knowledge of care and safety.

CONTACT Kate Formeller at forme2ka@dukes.jmu.edu.



ALEXIS MILLER / THE BREEZE

Nursing faculty member Lauren Mullen manipulates the human patient simulators to teach students how to treat patients suffering from a variety of ailments, like coughing, bleeding or irregular heartbeats.

50 YEARS
THE GREAT PUMPKIN

IT'S THE GREAT MAZE, CHARLIE BROWN
Farm Opens on Aug. 27th through Oct. 31st.

Find us on **Facebook**

2915 Willow Run Road
Just off 42N.
of Harrisonburg
540-442-6493
www.Backhome-onthefarm.com

BACK HOME ON the FARM

On the importance of Young Thug

Defying gender roles in the rap industry

By **MATTHEW CALLAHAN**
The Breeze

Young Thug is the most important rapper in the game right now. If you aren't listening to him then you're missing out, and if you don't accept him then you're irrelevant.

Thug, born Jeffery Lamar Williams, is a rapper and singer from Atlanta, Georgia. He grew up in housing projects, and is open about his allegiance to the street gang the Bloods. But what separates Young Thug from the scores of other rappers with a similar resume is his refusal — nearing inability — to conform to the industry standard of what a rapper is, in and out of the studio.

Working with some of the industry's biggest producers like Metro Boomin and Mike WILL Made-It, the beats on his projects are nothing foreign. But he uses these beats as a canvas to paint with his off-the-wall personality. Rapping bleeds into singing, singing bleeds into screaming, sprinkled throughout with whines, moans and mumbles, coated with a liberal dose of autotune. Heavily influenced by Lil Wayne, Young Thug's definitely in the same style of Southern Styrofoam-sipping songwriters, but continues to forge his own sound.

And Thug isn't just some weirdo on the periphery of the scene, he has relations

with big names. Recently, Thug was on the cover of hip-hop magazine XXL's fall 2016 issue with industry behemoth Gucci Mane, for an article titled "The Protégé and the Professor." The two have been close for years, have collaborated multiple times since Gucci's release from prison in May and Thug was signed to Gucci's record label for a time. Thug has also had past dealings with Cash Money mogul Birdman, a more behind-the-scenes but equally influential member of the rap world. Thug has recently collaborated with industry heavy-hitters Migos, Travis Scott and Chance the Rapper. This is all to say that even if you're not into Young Thug, the people you're into are into Young Thug.

What's most important about Thug is that, despite his mainstream acceptance, he's the antithesis of what people think a rapper is. The rap world has traditional views on masculinity, and yet here walks in someone with a septum piercing, wearing a child's dress as a shirt. He even wore a ball gown on the cover of his last album. Thug breaks the mold in all the right ways.

Not that he cares if people don't accept him. In a February interview with GQ, Thug was asked what question he wished an interviewer would ask him: he wanted to be asked if he cared. Upon being asked whether or not he cared, Young Thug

replied, "No. I don't give a f---," and I believe him. Everyone talks about "being yourself," but Thug bares himself for all to see (which includes posing naked on the cover of his second album).

In a recent advertisement for Calvin Klein, Thug said, "I feel like there is no such thing as gender." Young Thug: Atlanta trap rapper, Blood member, gender fluid. Whereas rap traditionally has been filled with misogyny and homophobia, Thug's creating a more inclusive side. With acceptance of Young Thug's music comes acceptance of who he is and what he represents, making people more open-minded without even realizing it.

The first line of Young Thug's mixtape "Slime Season 3," after a mere five seconds of intro, is, "F--- all that, let's get to it," a sentiment that seems to be ubiquitous in Thug's brand. Young Thug is an artist who says, no waiting, let's make music, I'm not changing for others. So let's make what I want and most importantly forget any expectations — let's make a legend.

CONTACT Matthew Callahan is a junior media arts and design and writing, rhetoric and technical communication double major. Contact Matthew at callahmx@dukes.jmu.edu.



STEPHANIE MORALES / THE BREEZE

FEMA | '16 Alumna will soon be sent to help Hurricane Matthew victims

from front

Her team members enjoy Manco's enthusiasm and companionship. "I think Dina is very bubbly," Brittany North, Project Outreach liaison, said. "She is very understanding and cooperative to work with. Personality-wise, she is very nice and always makes me smile. I love her because we both graduated from Southwest Virginia so I think we are representing that area really well."

North isn't the only one who thinks highly of her.

"I think she has a lot of courage taking this job that causes her to move to different locations every couple of months or weeks," Anna Koch, JMU graduate student and friend to Manco, said. "There is

always something new happening, there is always an adjustment that has to be made and that takes a really special kind of person."

Before deployment, Manco endured a month long training program in Mississippi. During the last week, she graduated from FEMA Academy, where she learned the skills needed for her position in external and intergovernmental affairs.

"I feel like a lot of times people think the government has a lot of control over these things, like just navigating the different rules and policies," Manco said. "But they are really just regular people trying to help people who have been affected by this flood as much as they can."

AmeriCorps, a sponsor of FEMA Corps, has national days of service

throughout the year where all the employees and volunteers are required to do volunteer service. On Sept. 11, all of the FEMA and National Civilian Community Corps teams that were in Louisiana gutted homes that were damaged by the flood.

"It was really a different experience," Manco said. "Because I hear the stories of these people over the phone or on these conference calls or when I read the FAQ sheets and see the numbers, it is completely different from when you are actually going there and you are seeing the damage in a person's home. It just felt kind of empowering to actually get in there and pull out floorboards."

CONTACT Kate Formeller at forme2ka@dukes.jmu.edu.

You'll ♥ our Weekday Classic

Now just \$4.99! Weekdays 6a-10p through 10/21/16!

IHOP®



Offer good only at the IHOP located at 109 University Blvd., Harrisonburg. Not good with any other discounts or promotions. Tax Extra. See store for details. © 2016 IHOP Restaurants LLC

SCOREBOARD

MEN'S SOCCER



CONNOR WOISARD / THE BREEZE

(1-8-3, 1-2-2 CAA)

LAST WEEK

PPD at UNC-Wilmington

THIS WEEK

WIN vs. Delaware 2-1
Oct. 15 vs. Northeastern

WOMEN'S SOCCER



CONNOR WOISARD / THE BREEZE

(6-8-0, 3-2-0 CAA)

LAST WEEK

WIN vs. Delaware 3-1
WIN at Towson 2-1

THIS WEEK

Oct. 14 vs C of C

FIELD HOCKEY



CONNOR WOISARD / THE BREEZE

(9-3, 3-1 CAA)

LAST WEEK

WIN vs. Towson 12-0
WIN 3-2 at Northeastern

THIS WEEK

WIN at Drexel 5-2
Oct. 14 vs. Richmond

VOLLEYBALL



CONNOR WOISARD / THE BREEZE

(11-8, 3-3 CAA)

LAST WEEK

LOSS at Northeastern 3-1
WIN vs. UNC-Wilmington 3-1

THIS WEEK

LOSS vs. C of C 3-1
Oct. 14 at Towson

FOOTBALL



CONNOR WOISARD / THE BREEZE

(5-1, 3-0 CAA)

LAST WEEK

WIN vs. William & Mary 31-24

NEXT GAMES

Oct. 15 at New Hampshire
Oct. 29 vs. Rhode Island

Finding the net

Allie Bunner works to rediscover her success from last season after scoring her first goal of the year

By **MATT TYSON**
The Breeze

This past Saturday, senior midfielder Allie Bunner for the JMU women's soccer team. She scored the game-winning goal in double overtime to give the Dukes the win 2-1 over Towson University. Not only was this a crucial goal in the game, but it was also her first of the season.

"It was a long time coming," Bunner said. "I was finding shots and nothing seemed to be working but I finally got the opportunity and I put it away."

This was a moment that Bunner had been waiting for all season. She had a breakout junior year, scoring a career-best eight goals and earning a selection to the Second Team All-Colonial Athletic Association squad. This year she'd been named a preseason All-CAA player as well. Despite the preseason honors, however, the new season has proved to be a more difficult challenge for her offensively. Before the Towson game, Bunner had taken 11 shots but was unable to reach the net. She'd also recorded only one assist the whole season.

Bunner had been finding it difficult to deal with the fact that she was having trouble scoring. After a successful junior season, she had higher expectations for herself.

"It was a hard pill to swallow," Bunner said. "To come 14 games in and I hadn't gotten one I thought it was about time to get one."

One of the reasons for Bunner's goal drought was her shift from forward to midfielder during the offseason. In her new position, Bunner has been helping

get the ball downfield and setting up her teammates for success rather than taking the final shot.

"Bunner's been doing a really good job contributing to every goal that we've had," senior forward Sydney Braun-McLeod said. "She's doing just as good as contributing to the team as any other year."

Over the last several weeks, Bunner's practiced taking more shots as opposed to passing for assists. She was striving to get the ball in the net with the hopes of it translating into better success during games. Despite her hard work, the lack of scoring was still getting to her.

"I think she was pushing a little bit and because of that it got her a little bit more frustrated," head coach Dave Lombardo said. "But the last four or five games she calmed down and just started playing her game."

Even without the goal numbers from last season, Bunner's still an important asset for her teammates and coaches.

"Bunner's great at being a leader by example," Braun-McLeod said. "She works hard every practice. She's a fire in the midfield."

Bunner's offensive contributions have been a big help to the team setting up goals. Now that she's gotten a goal of her own, she hopes to continue this momentum through the rest of the season.

"I just felt like it might not have been my season to score," Bunner said. "I feel like that was my breakthrough and hopefully there will be more to come."

CONTACT Matt Tyson at tysonme@dukes.jmu.edu.



SAM TAYLOR / THE BREEZE

Senior forward and preseason All-CAA player Allie Bunner tracks down the ball.

DOUBLE TAKE

ARE THE MINNESOTA VIKINGS CONTENDERS?

By **HARRY HOLTZCLAW**
The Breeze

The Minnesota Vikings won the NFC North division last year, marking the first time in five years that quarterback Aaron Rodgers and the Green Bay Packers hadn't owned that title. Coming into the 2016 season, it seemed as though the Packers would regain their NFC North crown and the Vikings' one-year reign wouldn't be remembered. Think again.

The Vikings have stormed to a 5-0 start this year, which includes a win over the Packers and a win on the road against a Carolina Panthers team that went 15-1 last season. If someone had been told during the preseason that such a start would occur, they would've probably assumed running back Adrian Peterson was on track to rush for 2,000 yards again. Or maybe quarterback Teddy Bridgewater was finally resembling his University of Louisville form.

Thanks to some frightening injuries, neither of those scenarios have played out. Bridgewater hasn't taken a single snap this season, and Peterson tore his meniscus and will be out for the year. That's right, quarterback Sam Bradford and running back Matt Asiata are the faces of the Vikings' 5-0 offense. But are

those two the reason they are the only undefeated team in the NFL? Absolutely not. Minnesota averages 70 yards per game on the ground, which is the worst in the league, and they aren't a top 20 team in passing yards per game either.

Despite their shortcomings on the offensive side of the ball, this Minnesota team has proven it's the real deal with its defense. They haven't allowed a 300-yard passer, nor have they allowed over 17 points in a game. Four defensive touchdowns in five games sounds like they have two offenses. Their plus-11 turnover ratio leads the NFL and their 19 sacks have them in a tie for the league lead.

These are the exact reasons that the Vikings are the real deal. For proof that a lackluster offense and a stupendous defense can carry a team to the Super Bowl, look no further than last year's Denver Broncos.

This Vikings offense may be banged up, but the next man up is getting the job done well enough. And when your defense is holding opponents to 13 points per game, "well enough" will work just fine.

CONTACT Harry Holtzclaw at holtzchw@dukes.jmu.edu.

By **JACK FITZPATRICK**
The Breeze

The Minnesota Vikings sit atop the NFL as the only undefeated team, causing many to believe that their early success is no fluke.

After a few crushing season-ending injuries to quarterback Teddy Bridgewater and running back Adrian Peterson early in the year, the Vikings traded for journeyman quarterback Sam Bradford and have rallied behind him to a perfect record of 5-0. As it heads into its bye week, Minnesota finds itself being discussed as one of the best teams in the league.

But let's pump the brakes. Despite their victories so far this season, the Vikings are a flawed team that shouldn't be trusted to finish as Super Bowl champions.

First off, they've had a fairly weak schedule through the first five weeks. While they did face both the Green Bay Packers and Houston Texans, neither team has shown that they're serious playoff contenders just yet.

Once Minnesota comes off its bye, the schedule will be much tougher. Key matchups with the Philadelphia Eagles and Dallas Cowboys will make

or break their season.

The Vikings' defense has been incredible so far this season and is the backbone of their success. While an amazing offense isn't needed to win games, contenders require at least a mediocre one to get them by.

The Vikings, according to NFL.com, are ranked 14th in points per game, 30th in yards per game, 23rd in passing yards per game, and 32nd in rushing yards per game. This shows their offense is being completely carried by their defense having a plus-11 turnover ratio and only allowing 12.6 points per game.

While their tough defensive unit may have been able to keep them afloat through this first stretch of games, their days atop the NFC North division are numbered. If opponents begin to find any cracks in the defense, the dominos will start to fall.

No matter how they finish out this season, they performed a whole lot better than what was expected of them. However, their defense will only be able to carry them so far, and it's only a matter of time before they start to show their true colors.

CONTACT Jack Fitzpatrick at fitzpajg@dukes.jmu.edu.



Read more stories
online at
breezejmu.org/sports

DARKWOOD MANOR

VIRGINIA'S PREMIER HAUNTED HOUSE

PRESENTS

DEMON ESTATE

OPENING NIGHT
SEPTEMBER 30TH

OCTOBER 2016			
DATE	TIME	TICKETS	PRICE
2			30 1
9			7 8
16			14 15
23			21 22
30			28 29
31			

7PM-11PM FRI. & SAT. NIGHTS
7PM-10PM SUNDAY NIGHTS & HALLOWEEN NIGHT

VOTED THE SCARIEST HAUNTED HOUSE IN VIRGINIA ON HAUNTWORLD.COM 2013-2016

SEE OUR WEB SITE FOR TICKET INFO, SPECIAL OFFERS, AND EVENTS

DARKWOOD.INFO

Dukes battle for first place in CAA



CONNOR WOISARD / THE BREEZE

Redshirt seniors offensive lineman Mitchell Kirsch (left) and cornerback Taylor Reynolds lead the charge as the Dukes take the field at Bridgeforth Stadium before the team's game against CAA rival the College of William & Mary.

By **KEVIN HASWELL**
The Breeze

The No. 7 JMU Dukes (5-1 overall, 3-0 Colonial Athletic Conference) won a close game last weekend with a 31-24 win over the College of William & Mary (2-4 overall, 0-3 CAA). They will look to continue their success in their next matchup as they travel to Durham, New Hampshire, to face the University of New Hampshire (4-2 overall, 3-0 CAA) on Saturday. The Wildcats are riding high after a 13-10 win last week against Elon University.

1. Stop the Wildcat run

The Dukes have been somewhat successful this year at stopping the running game. They currently rank fifth in the CAA in rushing defense, allowing only 152.8 yards per game. They'll have quite the test this week, however, as they face one of the top rushing attacks in the CAA, led by senior running back Dalton Crossan.

"The biggest thing we have to do is play fundamental, gap sound, physical defense," JMU head coach Mike Houston said. "They are a good running football team; [Crossan] is solid."

New Hampshire has been almost as good as the Dukes on the ground this year, averaging 202.2 yards per game. However, that doesn't mean the defensive unit lacks any confidence. For the Dukes, it's just another game.

"We come out here every week with a mindset to stop the run," redshirt junior defensive lineman Andrew Ankrah said.

Crossan has had an outstanding season with the Wildcats so far. He's fourth in the CAA in individual rushing with 103.2 yards per game. He's averaging 5.1 yards per carry, which is above and beyond what the Wildcats were hoping for this season. Those numbers would scare most defenses, but the Dukes have been good at stopping the run game and have shown resilience against other top rushing attacks. JMU will have to make it a priority to stop the run this week if it wants to prevent an upset in Durham.

2. Put the game out of reach early

One of JMU's most successful aspects this year has been their ability to put points on the scoreboard in a hurry. The Dukes have outscored opponents 94-17 in the first quarter so far this season, helping them gain separation early and establish a dominant run game.

"We have to come out and execute on all cylinders this week; they are very similar to a team we played earlier, this team in Maine," senior running back Khalid Abdullah said.

The Wildcat offense isn't even close to being as potent as the Dukes'. They're only averaging 22.2 points per game, which puts them at seventh in the CAA. If the JMU offense can put the game out

of reach in the first half, the Wildcats will have little hope in putting together a comeback. New Hampshire's passing attack hasn't been impressive this season, only averaging 164.3 yards per game. So if the Dukes get up big early, the Wildcats offense will be forced to rely on their shaky passing game.

3. Get to the quarterback

JMU's had a great season this year in most aspects of the game. One facet they've struggled with, however, is putting pressure on the quarterback. The Dukes are tied for last place in the CAA in sacks this season with only eight. The lack of pressure in the backfield hasn't done the Dukes' passing defense any favors. JMU is currently eighth in the CAA in passing defense, allowing 210.7 yards per game.

"No. 1 is stopping the run in order to get yourself in a position to get to the quarterback like third-and-long," Ankrah said.

This week it'll be very important to put pressure on the quarterback. Producing a sack will push the Wildcat offense into difficult situations, forcing them to throw the ball rather than go with their strength of running the ball.

4. Win the battle up front

The JMU offense has been tremendous this season. It wouldn't be where it is today, however, if it weren't for their nationally recognized rushing attack. The Dukes are currently the second best rushing offense in the entire Football Championship Series, only behind The Citadel, The Military College of South Carolina, which averages 339.8 yards per game on 6.29 yards per carry.

Such a potent rushing attack would be difficult for any team to stop, but New Hampshire may just be up for the challenge. It currently ranks 33rd in the FCS in stopping the run, allowing only 128.5 yards per game. The Wildcats won't make it easy for the Dukes to run the ball up and down the field this week. Holding their ground up front will be the most difficult battle the Dukes have endured all season.

The Dukes have also had an issue with penalties this season. They currently rank last in the CAA, averaging 65.7 penalty yards against them this season. The offensive line needs to be disciplined this week while opening up holes for the running backs to take advantage of.

"We just have to be focused on the team and not stopping ourselves from doing what we want to do," redshirt senior offensive lineman Matt Frank said.

The Dukes and the Wildcats will kick off at noon on Saturday. For those looking to catch the game on TV, it can be found on the American Sports Network.

CONTACT Kevin Haswell at haswelkr@dukes.jmu.edu.

MRDS | Band member proposes to girlfriend following JMU football game

from front

"I met her at some point in band in high school, and I needed a date to homecoming," Stone said. "A friend of mine came up to me and said, 'Hey, Sophia likes you, you should ask her out — she'd say yes.'"

Lederman recalled a particular fondness she had for Stone long before he popped the homecoming question. Luckily for Lederman, her friends were catalysts for the whole thing.

"I had liked him for like, a year, and I thought he was really cute," Lederman said. "My friend was really sick of hearing me talk about how much I liked him so she went up to him and told him to ask me to homecoming."

Fast forward a year and high school graduation is looming for Stone. He had made the decision to continue his education at JMU, but also decided he wanted to serve his country in the U.S. Army Reserve. Stone enlisted the day before graduation.

Their love was put to the test for the first time when Stone was shipped off for basic training at Fort Leonard Wood in Missouri.

"Our relationship really started getting stronger after I graduated high school," Stone said. "I made the decision to join the Army reserves and she stayed with me through it all."

Long distance relationships come with a slew of obstacles, most notably, the lack of communication and face-to-face contact. For Stone and Lederman, this continued for 16 weeks of Basic Training.

"Hands down the hardest thing was not talking to each other as much," Stone said. "We went to high school together and we saw each other every day, and then all of a sudden I'm gone. Everything was different and it was very hard."

Stone was without a cellphone and internet for a majority of his 16-week training, with the exception of Sundays where he'd have phone access for about three hours.

"I felt so guilty," Lederman said. "Sometimes I felt guilty because I wasn't always available when he was."

The couple began to write each other letters as often as possible as an alternative medium of communication. Lederman says there were about 20 letters exchanged.

Following the completion of basic training, Stone enrolled at JMU and joined the Marching Royal Dukes as a trombone player. Then, about halfway into his first semester, the call came for him to deploy to Guantanamo Bay detention camp in Cuba for a year. It was in Cuba that Stone's idea to marry Lederman was conceptualized.

"I really started thinking about asking Sophia to marry me about halfway through the deployment," Stone said. "At that point I realized it was really something special because she is my best friend and has supported me through it all."

Stone returned from his deployment on Christmas Eve in 2015, which was during winter break of Lederman's freshman year at JMU. Stone accompanied Lederman and her mother to drop her back off at school following the break. It was on the trip back to Strasburg that Stone asked for Lederman's mother's blessing.

"She was all for it right from the get-go," Stone said. "I started talking to her about buying a

wedding ring and she said that I didn't have to do that and that I could have Sophia's grandmother's ring."

At the age of 21, some would be reluctant to settle down and get married, but Stone thought it would be a big mistake if he didn't ask her to be his bride.

"She's been with me for so long and through so much I'd be stupid not to marry her," Stone said.

The idea to propose during Family Weekend was something Stone thought about for months in advance. He sought advice from his friends and family on the matter and they told him to go with his gut and do what feels right.

Since this semester was their first at JMU together, and their first semester doing marching band together since high school, it made perfect sense for Stone to pop the question on such a significant weekend.

"It was kind of symbolic because we were finally back together," Stone said.

Stone also sought the help of Rikkers and asked if he could propose during the postgame routine.

"One of the reasons I agreed to let Brandon do this is because he came to me a year ago — in tears — because he was joining us for the first time last year and said he couldn't complete the season because he was being deployed," Rikkers said in an email. "And I was scared for him, but I really appreciate that Brandon did what he needed to do and lived up to his obligation, and really served our country in a wonderful way at such a young age. So, I thought the least I could do is let him ask a question in front of our 500 people."

In the weeks since the engagement, Stone and Lederman still feel the resounding emotions from it all.

"It feels like we started dating all over again," Stone said.

With all of the fanfare and commotion behind them, the couple can finally enjoy some quality time together at JMU. Both Lederman and Stone note their excellent chemistry together.

"We also don't have to do anything super romantic or go on dates to have fun," Lederman said. "We can just sit on the couch and watch 'Family Guy' together and have fun."

Stone also noted that Lederman's faithfulness is one of the reasons he loves her so much. Infidelity is a serious concern amongst members of the military on deployment. Luckily for Stone, he has nothing to worry about back home.

"It's really amazing to me that Sophia only has eyes for me," Stone said. "She's enamored by me and I'm enamored by her, it's just a great strong relationship."

Lederman, a health sciences, pre-occupational therapy major, and Stone, a political science major, both hope to find jobs in the same area so they can begin thinking about purchasing a home together and starting a family.

While the rest of their future is up in the air, one thing is for certain: the wedding colors of lavender and gold will pay homage to the wonderful place that helped grow their relationship into something out of a fairy tale.

CONTACT Peter Cagno at cagnopx@dukes.jmu.edu.

THE POINTE

— ALL NEW LUXURY TOWNHOMES —

All new spacious and luxurious townhomes conveniently located minutes away from JMU. **Chesnut Ridge Dr. (across from Copper Beech)**

EARLY BONUS SPECIALS!

\$490

LIMITED TIME ONLY!

NOW LEASING FOR

FALL 2017

EXCELLENT AMENITIES:

Four large bedrooms each with private bath and walk in closet. Internet and cable TV included.

Pool • Club House • Media/Movie Room • Workout Facilities • Parking

CALL TODAY FOR YOUR NEW TOWNHOME AT THE POINTE

540.433.2279

INFO@THEPOINTEHARRISONBURG.COM

BENJAMIN WOLFIN | midnight on the porch

Staples showed respect

Rapper set a precedent for how we should treat others' opinions



It's never easy to respond respectfully to someone who's criticizing you. Such was the case for rapper Vince Staples when he recently responded to a mother's rant on his song "Norf Norf."

The mother doesn't identify herself by name, but criticizes Staples' lyrics by saying, "This rap song comes on. Guys, I could not believe what I was hearing ... This is on our local radio station? This crap is being played?" The rant continues with the mother saying, "I couldn't even believe the words I was listening to. As a mom, it infuriated me." This video goes on for almost 12 minutes and has acquired 1.3 million views on YouTube.

Staples apparently wrote the song to highlight his rough upbringing in Long Beach, California. Rapping the line, "I ain't never run from nothin' but the police." It's clear why many people would form their own opinions.

In a society that has had recent troubles with police violence, the line may seem a bit off-putting. The rant from the unnamed mother covers the chorus of the song and even makes her burst into tears.

On Oct. 6, Staples responded to the mother by tweeting, "No person needs to be attacked for their opinion on what they see to be appropriate for their children. This misunderstanding of our community

leads to miscommunication which we should convert into a progressive dialogue." As a person with a vast following online, Staples just demonstrated how to use the internet to be progressive.

Too often we've seen people as powerful as the presidential candidates tweeting at each other, bickering and fighting, causing division in this country. Staples could've responded with disgust and dismay for the woman's ignorance toward rap, but he didn't.

Staples is showing people that not everything online has to cause strife. People can disagree while still being respectful. It seems odd that a college student is getting more of an example from someone who writes music than from people who're campaigning to be president.

The response Staples provided is an example for young adults across the country that shows everyone has a voice and must use it properly. Progression is something that needs to be achieved now.

It's not going to happen by going after someone's opinion, but by showing people how they should act. A certain reality star with a large online presence who exercises attack politics, not to name names, can learn some lessons from the rapper.

Benjamin Wolfin is a junior writing, rhetoric and technical communication major. Contact Benjamin at wolfinbj@dukes.jmu.edu.

As a person with a vast following online, Staples just demonstrated how to use the internet to be progressive.

LOREN PROBISH | Lo_rants



Do you ever wish you could be the fastest human on the earth? Barry Allen, played by Grant Gustin, is The Flash. Based on DC Comics, "The Flash" is currently airing on The CW, while the past seasons can be watched (and rewatched) on Netflix with the second season recently released to the online streaming service.

The Flash is a personable and down-to-earth human, which is all that we can hope for a superhero to be. The series flashes (pun intended) back 14 years to Barry's life revealing that his father was convicted for his mother's murder. In the first episode, Barry becomes a "metahuman" with superhuman speed during the explosion caused by a particle accelerator, created by Dr. Harrison Wells. The first season follows the trials and tribulations of Barry figuring out how to become The Flash and how to deal with the other superhumans like him, who are seeking revenge on Central City, where the series is based. "Team Flash" is formed throughout the season and consists of Barry's best friends.

Unlike the other DC Comics-based shows, "The Flash" isn't dark or morbid, but instead provides much comic relief for the viewer. Barry, unlike characters in "Gotham" or "Arrow," doesn't kill the villains, but rather locks them in cells so they can do no more harm. "The Flash" adds light into the DC universe with such an agreeable and amiable hero, and it provides a good amount of humor to bring the fantasy back to reality.

CHELSEA CROUCH / THE BREEZE

SATIRICAL NEWS COLUMN

Guy online shopping during class finally buys khakis

By MATT MURPHY
The Breeze

An otherwise dull class period was subject to a rather exciting event yesterday. As the Gen-Ed English class hit the 50-minute mark, the droning lecture had forced many into lethargy and notebook doodling. But a few rows up toward the front, something interesting was happening.

Students in the upper rows of the lecture hall had their eyes glued to one student's computer screen as he browsed a trendy online shopping website. The site looked to be geared toward young business professionals, as the pictured male models brandished the latest in business fashion. Early on in browsing the site, the student found a nice pair of khakis in his size and placed them in the online shopping cart. But as he explored more and more items on the website, it grew questionable as to whether or not he would actually end up purchasing the pants.

"We didn't think he'd do it in all honesty," said one student who watched the whole thing unfold. "It seemed like he was constantly going back and forth on it. It was pretty nerve-wracking."

The student seemed to be tossing around the purchase in his mind, switching between the website and his fantasy football league. They really were just an average pair of khakis, priced around \$30. But despite all the other fashionable pieces of clothing on the site, those pants remained the only item in his cart.

That was when, with about 10 minutes left in class, the extraordinary took place: He purchased the pants.

Students erupted in silent cheers all throughout the upper rows of the lecture hall, all money that had been bet exchanged hands, and the debate was finally settled.

"Relief, I would say. I think I finally felt at peace," one student confided in us. Just knowing that guy would be sporting those khakis in five to seven business days was enough to brighten the mood of an entire room of students. There's no telling what sorts of opportunities those pants will bring in the future, but we can only hope that he may also buy a nice button-down to go with the khakis.

CONTACT Matt Murphy at murph4ma@dukes.jmu.edu.

write
for the opinion
section!



EMAIL
BREEZEOPINION@GMAIL.COM

Attention:

JMU Seniors, Grad Students, & Recent Grads*

*within one year of finishing an undergraduate or graduate degree at JMU

U.S. Department of State Fellowship Opportunity



The Frasure-Kruzel-Drew Memorial Fellowship is a two-year (2017-2019), paid assignment at the U.S. Department of State in Washington, D.C. The position offers excellent opportunities for career development.

The FKD fellow will help manage U.S. government programs that reduce threats posed by excess and poorly-secured conventional weapons, and protect civilian populations from landmines and other explosive remnants of war.

Possible opportunities for international travel and working with senior USG leaders are only a few of the many benefits.

Emma (Smith) Atkinson (JMU '10) in Afghanistan while serving as the FKD Fellow. Atkinson is now employed full-time by the U.S. Department of State. Photo courtesy of JMU's Center for International Stabilization and Recovery.



Visit the JMU/CISR website for more information and to apply:

<http://jmu.edu/CISR/other/fellowship.shtml>

or contact the fellowship coordinator at 540-568-5705 or cisr@jmu.edu.



Apply now!

applications due November 10th


NEW!
 UPDATED SALARY DATABASE

\$
 CURIOUS ABOUT YOUR PROFESSOR'S SALARY?

GO TO
[HTTP://WWW.BREEZEJMU.ORG/SALARY_DATABASE/](http://www.breezejmu.org/salary_database/)

INDIAN AMERICAN CAFE

(540) 433 - 1177
 Specializing in
 Non-Vegetarian/ Vegetarian
 Indian Cuisine



91 N. Main St., Harrisonburg, VA
 Serving the area since 1993

CLASSIFIEDS

Announcements

Download your Free App for dealing with Police at www.keeperapp.com. From Bob Keefer a lawyer with over 30 years experience.

Lost and Found

Lost: Charm bracelet. Sentimental value to the owner. Reward offered. (804) 432-1377.

Place your classified at
BreezeJMU.org/classifieds
 First 10 words for \$1

BRING YOUR ANICIRA ALUMNI FOR A GROUP WALK AT 11AM!

AT THE ROCKINGHAM COUNTY FAIRGROUNDS

11:00 AM UNTIL 5:30 PM

A WALK FOR THE ANIMALS WITH ANICIRA
 OCTOBER 15 2016

PET ZONE!
 "ASK A VET" BOOTH
 ACTIVITIES W/ PRIZES
 GAMES WITH DOGS
 + MUCH MORE!

FUN ZONE!
 FACE PAINTING!
 BOUNCE HOUSE!
 + MUCH MORE!

MUSIC ALL DAY!

DJ JAY ISELI 10AM-1PM
KELLY MAY BROWN 1-2:30PM
THE JUDY CHOPS 3-5PM

TICKETS \$15

BEER FROM BROTHERS CRAFT BREWING AND PALE FIRE BREWING

KIDS UNDER 8 FREE!

VENDORS FOOD TRUCKS

WWW.ANICIRA.ORG 910 N LIBERTY ST. HARRISONBURG, VA (540) 437-1980




CALL OR STOP BY TODAY FOR OUR 2017-2018 SPECIALS

FOXHILL TOWNHOMES

BASIC INTERNET * BASIC CABLE * WATER
 ELECTRIC W/CAP * GYM MEMBERSHIP INCLUDED
 1627 DEVON LANE * HARRISONBURG, VA 22801
 540-432-5525 * 540-432-5592 FAX * foxhill@umicommunities.com
www.umicommunities.com

