

1915

## Student Handbook, 1915

State Normal School for Women at Harrisonburg

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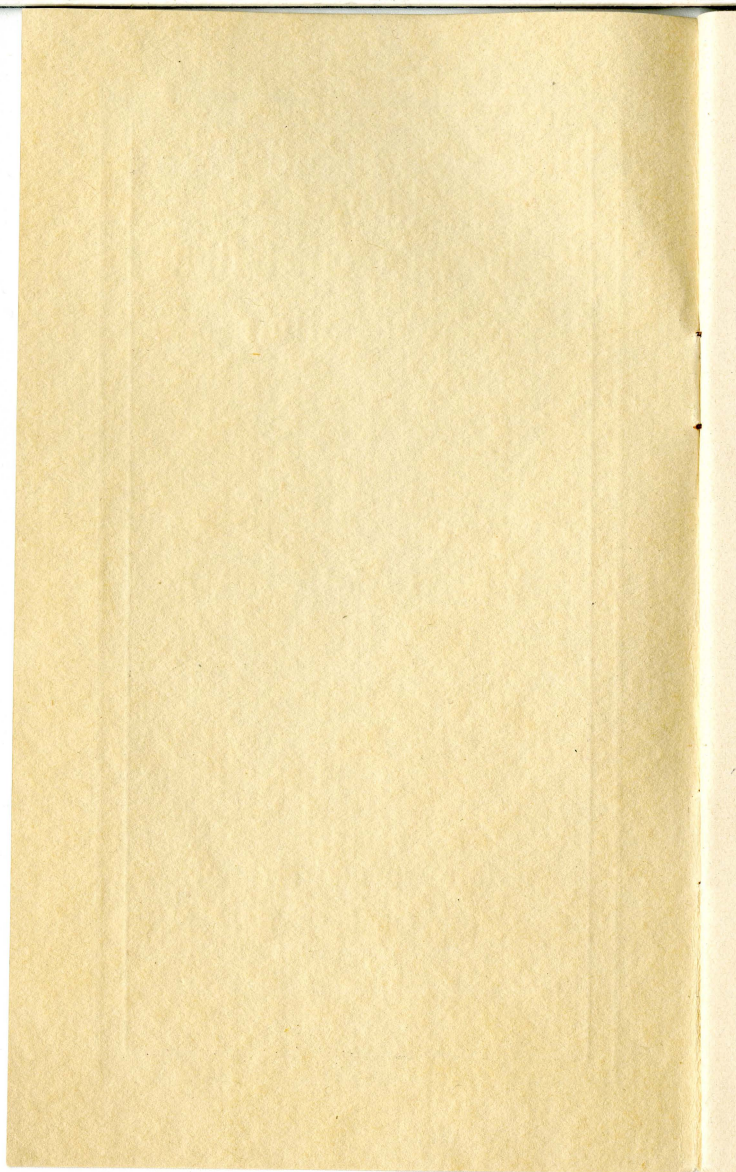
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Agnes Stiedling

Young  
Women's Christian  
Association

1915-16

State Normal School  
Harrisonburg, Va.



# Student's Hand Book

Presented to

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by

Young Women's Christian Association

## ASSOCIATION MOTTO

"Not by might nor by power, but by my spirit,  
saith the Lord of Hosts."

## PURPOSE OF THE ASSOCIATION

“The purpose of the Association shall be to unite the women of the institution in loyalty to Jesus Christ, to lead them to accept him as their personal Savior, to build them up in the knowledge of Christ, especially through Bible study and Christian service, that their character and conduct may be consonant with their belief. It shall thus associate them with the students of the world for the advancement of the Kingdom of God. It shall further seek to enlist their devotion to the Christian Church and to the religious work of the institution.”

—*Constitution*, Art. II.

*“As we have therefore opportunity, let us do good unto all men.”*

## GREETING

We are very glad that you are coming to be with us, and we are sending to you this little hand book that it may bring to each of you our greeting and a cordial welcome as you come to enter our school. We hope that you will have many happy days here made beautiful by friendship and work. The Association gives us opportunities for deepening our religious life, for service to others, and for closer relationship with them.

As you come into our midst, it is our desire to help you in every way and we need you to help us. We ask for your enthusiastic co-operation in the various activities of our school life and, especially, in our Christian Association work, in order that we may all strive together to reveal the touch of the living personality of Jesus Christ in our lives.

We are more than glad to share with you the pleasures and responsibilities that come through loyal membership in the Christian Association, and again we welcome you to all that is noblest and best in the school life that awaits you.

You are cordially invited to  
attend the  
Annual Reception  
given by the  
Young Women's Christian  
Association  
in the  
Gymnasium  
on  
Friday Evening, October First  
Nineteen hundred and fifteen

## GENERAL ASSOCIATION WORK

The Young Women's Christian Association represents our spiritual life here. Our Thursday evening meetings, our Morning Watch, our Bible classes, our mission classes, and our social life bring us closer together; through them we learn of our Master, and hope to become more like him.

For our work outside of the Association, we have pledged ourselves for the partial support and education of a mountain girl, who is ambitious to be a "First Grade" teacher. "Noontide," for that is her name, is getting along nicely, and we are proud of her. She graduated from a foundation school, last year, at the head of her classes. This year she is at Berea College, Berea, Kentucky. During the summer months she works, so that she may help with her education.

We pay five dollars annually for the maintenance of a cot in a hospital in Laichow-Fu, China; this was endowed last year.

Another, but not the least part of our work, is the sending of delegates to Association conferences. The most important one is the ten-days' meeting at Black Mountain, every June. When our delegates leave, we are almost as enthusiastic as they. They catch the spirit and fire of this great Christian gathering, and come back to us in the fall ready to touch us with this fire of enthusiasm and kindle us to better things. Thus we try to have a part in the great world-wide work, and at the same time to strengthen our own Association by keeping in touch with others interested in the same work.

In order to do our outside work, we have



a plan of systematic giving. In this way each girl has a chance to give whatever she can, in a definite way, for a definite purpose.

### **The Cabinet**

*“And for their sakes I sanctified myself that they also might be sanctified through the truth.”*

The Cabinet, which consists of the President, Vice-President, Secretary, Treasurer, and Chairmen of the Committees, represents every line of work carried on by the Association. It meets regularly once a week for careful and definite consideration of the Association work.

It is in the cabinet meeting that work of the various committees is discussed, school problems carefully considered, and suggestions and plans for future work are made. The cabinet would be grateful for any help or suggestions given to it by any one interested in the Association work.

### **Purpose of the Membership Committee**

Our desire is to make our lives true and noble, thus making better and happier the life of those with whom we come in contact. To serve Christ acceptably at all times is our purpose, and we wish to make it the purpose of those around us. We want to know the girls and to help bring them into closer companionship and to enrich their lives to the fullest extent.

## Requirements for Membership

1. The active membership shall consist of any women connected with this institution who are members of Protestant evangelical churches and who have been elected by a majority vote of the members present. Only active members shall have the right to vote and to hold office.

2. Any woman in the school may become an associate member by a majority vote of the members present at any meeting.

3. The membership fee shall be fifty cents a year.

4. It shall be the duty of each member to co-operate heartily in carrying out the object of the Association as indicated above.

## Why be a Member?

1. Because it is Christ's work in which you may have a share.

2. Because it is a means of keeping you in closer touch with the Master.

3. Because the Association needs you and you need the Association.

## A Model Association Member

1. Should be a consistent member.
2. Should spend some time daily in devotional exercises.
3. Should be a busy member.
4. Should attend all the meetings.
5. Should be happy and so make others happy.

## Bible Study Committee

*"And this is life eternal that they might know thee, the only true God, and Jesus Christ whom thou hast sent."*

The Association through this committee affords an opportunity for more definite and more intelligent study of the Bible. This year we have planned for special Bible classes conducted by members of the faculty and girls who have taken special courses in the work at the Blue Ridge Conference.

We see that each new girl has some old girl to take her to her own church where special Sunday School classes are arranged.

Each girl is encouraged to follow some systematic daily Bible reading throughout the term.

### Missionary Department

*"Sing forth the honor of his name, make his praise glorious."*

The aims of the committee of the Missionary Department are:

1. To bring to each student of the school the realization of the importance of missions and of her responsibility in this work, and to bring her into such close touch with the work that she may take an active part in it.

2. To promote prayer for missions.

3. To encourage the students to give systematically and cheerfully to the support of missions.

### The Work of the Committee

Gifts consisting of clothes, toys, and other things are sent to mountain mission schools at Christmas.

Last year three barrels of apples were

sent to the children of Belgium. Five dollars was also sent to the "Khaki" Children's Fund. A contribution was sent to the teachers' fund of Irish Creek School.

Mission-study classes, led by members of the faculty or by the girls themselves, will be offered during the coming session. These classes will be short, but very interesting and instructive, lasting from five to eight weeks.

### Classes for First Quarter

The Present World Situation .....	Miss Annie Cleveland
Alaska .....	Miss Brooke
Japan .....	Caroline Eisenberg
India .....	Esther Hubbard

Mr. Burruss will also teach a class dealing with problems in rural communities.

### Association News Committee

*"They helped everyone his neighbor; and everyone said to his brother, Be of good courage."*

This committee keeps the Association supplied with State and American Committee publications; presents to the Association information collected in regard to the World's, American, and State work. It strives to get acquainted with the work that is being done by Associations in other schools by writing to the correspondence committee of other institutions. The Hand Book of the Association is published by this committee.

## Social Committee

*"Express in social life the great social teachings of Jesus."*

In trying to live up to this motto the Social Committee aims to promote friendly and social relations among the students; to become acquainted with each girl in school; to help the new girl adjust herself to her new home and surroundings.

The Social Committee stands for:

- Higher social standards.
- Higher ideals of friendship.
- Thrift and efficiency.
- Good mixing among students.

The Social Committee stands against:

- "Crushes."
- Studying on Sunday.
- Unkind remarks about students.
- Questionable conversations.

The work of the committee as a committee is the giving of a reception to the new girls at the beginning of the fall and of the spring quarters, and a birthday party every quarter. These are not the end, but rather the means toward this end, and it is through the personal work of the committee members that this end is made real.

The Social Committee extends to you a cordial welcome as you enter our school, and trusts that you will soon become one of us.

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Every fall the girls have a bazaar for the benefit of the Association. During vacation and at odd moments, make a little fancy article and bring it along for the bazaar. It will be greatly appreciated.

## Finance Committee

*"Not slothful in business, fervent in spirit, serving the Lord."*

This committee devises plans for raising the necessary fund and prepares a budget of estimated expenses for the year. The plan of systematic giving has been very successful. The girls are given cards on which to state how much money they are willing to give for Conferences and Missions. This is collected regularly by monitors on each hall.

The regular dues, fifty cents a year, are paid on pay-day. Be sure to bring some extra money for this purpose. **ONCE PAID ALWAYS OVER WITH.**

## Pay Day

It is truly **the** day, the day when we get rid of our change and incidentally all of the dues of the various organizations. Association, literary society and class dues together with other club dues are paid once and for all on this day. Come ready to do business with a full purse, and although you go away with it empty there will be a light heart and a glad smile to pay for the emptiness.



## Estimated Budget 1915-'16

### RECEIPTS

Membership dues .....	\$100
Special funds .....	72
Pledges .....	185
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Total .....	\$357

### EXPENDITURES

Membership Committee .....	\$ 10
Association News Committee .....	20
Social Committee .....	50
Religious Committee .....	25
Mission Committee .....	10
Bible Study Committee .....	5
Alumnæ Committee .....	3
Incidentals .....	5
Field .....	44

### MISSIONS

Home .....	60
Foreign .....	25
Blue Ridge .....	100
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Total .....	\$357

### The Religious Meetings Committee

*"By love serve one another."*

Our purpose is (1) to hold services at which the students have the opportunity of hearing men and women who are leaders in various forms of Christian activity, and of becoming better informed about Christian work carried on in this and in other lands; (2) to have some services at which the students, by taking part themselves, can have an opportunity for religious expression.

Our first Thursday evening meetings will be:

September 23—"We"

Mary Jasper

September 30—"Choose Ye "

Hope Davidson

October 7—"I Will be Square'

Jennie Loving

October 14—"Is Your Book Dusty?"

Mary Jordan

### The Alumnae Committee

*"Let the words of my mouth and the meditation of my heart be acceptable in thy sight, O Lord, my strength, and my redeemer."*

The work of our committee is to send to the South Atlantic Field Committee of the Young Women's Christian Association at Charlotte, North Carolina, a list of those girls going out from the Senior class of this school who are interested in the work of our Association. We also keep our alumnae in touch with the school by writing them "news" letters, at least once a year. Then our desire is to live up to, with loyalty and enthusiasm, the rules of our school and to help others to do this. We endeavor to carry out the policy of the Young Women's Christian Association: "To bring girls to Christ; to train them in Christ; to send them out for Christ."



## FROM MR. BURRUSS

Since the beginning of our school we have had a flourishing Young Women's Christian Association. No organization has had a greater part in shaping our student life. It has given a moral and spiritual tone to the school, which has had a most wholesome effect. Not narrowly sectarian, it has become an all-embracing sisterhood, while it has stood always for those high principles of conduct which the Master taught. Its Bible study and mission classes have been well-organized, its meetings have been well-planned, and numerous interesting speakers have been secured through its efforts.

The social side of the activities of the Association has been as enjoyable as the spiritual side has been valuable. It has helped the students to become acquainted with one another, with their teachers, and with the ministers and Sunday School officials of the town. It has assisted new students in becoming at home in our midst. It has provided from time to time happy gatherings for recreation and relief from the more serious side of school life. Its affiliation with the great international organization has broadened our perspective and widened our sympathy.

It would gladden my heart to see every student a member of this splendid organization for good and an active participator in its efforts for service.

JULIAN A. BURRUSS,  
*President.*

### Invitations from the Ministers

The ministers very cordially invite you to identify yourself with the church of your own faith while in Harrisonburg. They are glad to know you personally and to have you visit in their homes. It is a pleasure and a privilege for them to render you any personal service while here. The opportunity for personal friendships with members of your own and other churches, and for spiritual culture, should mean much in the regular worship and service, as well as the social life of the churches.

### Churches and their Pastors

Baptist .....	Rev. C. T. Hewitt
Church of Christ .....	
United Brethren in Christ	Rev. Wm. A. Wilt
Episcopal .....	Rev. H. S. Osburn
Hebrew .....	Dr. J. Schwanenfeld
Lutheran .....	Rev. E. L. Folk
Methodist .....	Rev. H. J. Wells
Presbyterian .....	Dr. B. F. Wilson
Reformed Church .....	Rev. J. S. Garrison
Roman Catholic .....	Father Crowe
Church of the Brethren	Rev. P. S. Thomas

### STUDENT GOVERNMENT

During the past year Student Government was inaugurated in our school; and now the pupils themselves regulate their own conduct. This is done through an Executive Board made up of the President, the Vice-president, the Secretary, and representatives from each of the class organizations aided by a system of monitors. There

is a special committee from the faculty to which the Executive Board may go at any time for advice and guidance.

Each student is responsible for her own conduct and is expected to do all in her power to uphold the constitution. Where there is great loyalty there will almost surely be great success in such an undertaking. We believe that by Student Government our girls will be better fitted for a noble, strong womanhood, more ready for their work and for their responsibility.

### THE CAMP FIRE GIRLS

The purpose of this organization is to make efficiency and happiness go hand in hand by creating a wholesome attitude toward the essential things of life. The watchwords are Work, Health, and Love; from which the mystic word Wohelo comes. In our school this organization has an especial place, for in it our students receive the training which enables them to teach to growing girls the meaning of the deeper things of life.

The laws of the Camp Fire are to seek beauty, give service, pursue knowledge, be trustworthy, hold on to health, glorify work and be happy.

In addition to the National rule the Camp Fire Girls of our Normal School have adopted certain other rules as the need for them was felt.

Membership is open to any girl in school who makes an average of 80 per cent on class work and signifies her desire to become a Camp Fire Girl and to comply with the laws of the Camp Fire.

There are at present two groups in

school: The Shenandoah Camp Fire with Miss Mackey as guardian; and The Massanutten Camp Fire with Miss Brooke as guardian. The chief guardian is Miss Scott. All guardians are appointed by the National Board.

### Literary Societies

In the school there are now three literary societies—the "Lee," the "Lanier," and the "Stratford." The last named was organized in the session of 1913-1914 by volunteers from the other two societies.

The societies are conducted by the girls themselves and form an important part of school life. Each one stands for some definite thing; the Lee primarily for history, the Lanier for literature, and the Stratford for drama.

An open meeting of one of the societies is held every Saturday evening, the societies holding a joint meeting the fourth Saturday in each month. Invitations for membership are extended to the new girls.

### ATHLETIC ASSOCIATION

Every teacher and student of the school is a member of the Athletic Association. This organization has charge of all the athletic features of school life outside of the regular gymnasium class work. It is organized under a president and committee. The annual membership fee is fifteen cents.

There are two tennis clubs in school, the Pinquet and the Racket; also, three hockey teams, the Cherokee, the Shenandoah and the Apache. The girls who

play these games, those who wish to learn, and others who are interested usually join. The three tennis courts and the hockey field are open to all and especially to the members of the clubs and teams.

Once a year the tennis clubs choose their best players by playing off a ladder and have a tournament. The winning side receives the Loving Cup. The names of the winners are put on it, and the cup is kept by them for the ensuing year, and if kept three successive years is permanent.

Each of the classes, Seniors, Juniors, Sophomore, and Freshman, has its basket ball team and its volley ball team. These teams have many games during the session. In winter they play in the gymnasium, and in good weather they have outdoor games. The team winning the greatest numbers of match games is the champion team of the year.

This organization also has charge of the Field Day Exercises, which are a part of Commencement. It plans many interesting features and events for that day.

### Morning Watch

*"Like a morning bird my soul springs upward into the deeps of heaven."*

We invite you to spend each day, if possible, a fixed time alone with God before meeting man. It is the Morning Watch which "opens the soul's window skyward for each day."

The Master himself kept the Morning Watch. Long ago it was written of Him, that, "in the morning, rising a great while before day, He went out and departed into a solitary place and there prayed."

## A Day's Program

Rising Bell .....	6:30 A.M.
Morning Watch .....	7:30 A.M.
Breakfast .....	7:45 A.M.
First Class .....	8:30 A.M.
Second Class .....	9:20 A.M.
Chapel .....	10:10 A.M.
Third Class .....	10:45 A.M.
Fourth Class .....	11:35 A.M.
Dinner .....	12:25 P.M.
Fifth Class .....	1:30 P.M.
Sixth Class .....	2:20 P.M.
Seventh Class .....	3:10 P.M.
Eighth Class .....	4:00 P.M.
Supper .....	6:00 P.M.
Study Hour .....	7:00 P.M.
Warning Bell .....	10:00 P.M.
Lights Out .....	10:30 P.M.

## Your Room

Bring pictures, photographs, pennants, and other ornaments to give your room a home-like air. Bring picture hangers, but leave behind all tacks. Bring two pairs of curtains, or, if you have a corner room, three pairs. Bring bureau scarfs, table covers, and sofa pillows, if you have them. A blanket, a calendar, and a clock are useful. Bring all the dainty articles usually found on your dressing table. A glass and spoon and odd cups and plates will be found very useful for feasts. You may bring your chafing-dish to use later, as we are to have a fire-proof chafing-dish room in the new building—but leave your matches and candles at home. Bring several of your favorite books, and be sure to remember your Bible.

## The Mail

If you are taking your meals at the dormitories have your mail addressed to "Normal Station, Harrisonburg, Virginia." Mail is delivered every day after dinner and supper except on Sunday. If boarding in town you may have it sent either to your number or to the school.

## How to Begin

Begin with a purpose; keep the end in view. Be open and ready to receive new ideas and impressions but give each careful consideration before making it a part of you. Remember that each life has something which can mean something to you.

Be your real self. The school is looking to its incoming students for new personality but remember you are but one among many. Do not forget that there are perhaps many, more homesick than you. How would you like to try to cheer the little girl rooming with you?

## Choice of Friends

"Friendship supplies the place of everything to those who know how to make the right use of it; it makes your prosperity more happy, and it makes your adversity more easy."

Our friends will mean much to us at school and we will mean much to them, if we are the right kind of friend. We, the old girls, shall look out for you, but if you feel the blues coming on when there's no one around whom you know very well, won't you hunt up some other new blue

girl and be nice to her? She really needs somebody to find her out, somebody who will be her friend and make her forget herself. Would you like to know a little secret? When you have made this homesick, little new girl happy, because she feels that there is some one in school who really cares, you will be surprised to discover that all of your symptoms of blues have vanished, and you will then be learning the truest meaning of friendship.

### "If I Were You"

I should have at least one worthy ideal.

I should be careful of my criticisms of others.

I should be on time every time. If you are late somebody else will be kept waiting.

I should be quiet in chapel before the opening exercises begin.

I should remember that it is only the courtesy due to speakers to give them strict attention.

I should remember to moderate my voice while in the halls.

I should not disturb other people during study hour.

I should study regularly and not "cram" before examination.

I should never have a "crush." They are dangerous attachments.

I should not whisper in class.

I should not rustle papers in class.

### Pointers

Do not mind asking questions; anyone will be glad to answer them if she can.



Study your catalogue and know the course you wish to take before you go to the registration committee.

Watch the bulletin boards.

Be sure to join the Association. Decide at once what mission class or what Bible class you will join.

Take plenty of out-door exercise.

Be on the lookout for the best things in school; you'll find what you're looking for.

Never fail to be present at a Student Government meeting. The Association expects you to be there.

Never forget that the good name of the Student Government Association rests upon your response to its rules.

Don't take books from the library until you have had them registered at the librarian's desk.

Quiet must be maintained in the library.

Be sure to become interested in the work of the Christian Association, and try to attend regularly its Thursday evening meetings.

Don't talk during chapel services.

If you are troubled about your work, consult the Registrar. Be frank about your difficulties. Your career in school may depend upon the start you make.

Pay your organization dues on Pay Day.

Have a large circle of acquaintances, but go slowly in forming intimate friendships.

Learn at once the rules regarding chaperons and obey these rules implicitly in spirit as well as in letter. By your behavior the school is judged. If you are always courteous, dignified, and quietly dressed when you are in public places, you will represent your Alma Mater faithfully, and will make her proud of you.

Give generously, but don't pledge more than you can pay.

Repay or return what you borrow—and to the person from whom you borrowed it.

Don't repeat idle gossip. Be sure that your report of a conversation or of a conference is accurate.

Don't wear paths by walking on the campus grass.

Give precedence to the faculty and upper classmen on the walks.

Remember that the town is not the school campus. Don't walk arm-in-arm in groups on the streets, obliging those whom you meet to turn out for you. Remember that the courtesies of life demand that you consider the other person.

Keep this little "Hand-book" near to consult during the year.

## OFFICERS AND COMMITTEES

<i>President</i> .....	Mary Jasper Boston, Va.
<i>Vice-Pres't</i> .....	Hope Davidson, Wytheville, Va.
<i>Secretary</i> .....	Jennie Loving, Wilmington, Va.
<i>Treasurer</i> .....	Ellen Engleman, Lexington, Va.

### Membership

Hope Davidson, *Chairman.*

Hazel Cole	Irene Elderkin
Althea Cox	Gertrude Pierce
Marian Darling	Ruth Wallace

### Religious Meetings

Caroline Eisenberg, *Chairman.*

Madge Bryan	Penelope Jackson
Mary Constable	Lilly Massey
Garland Farrar	Annie Mullin

### Bible Study

Mary Jordan, *Chairman*

<del>Effie Goode</del>	Blanche Lowman
	Annie Ritchie

### Missionary

Ellen Bowman, *Chairman.*

Sarah Ferebee	Frances Rolston
Winifred Maurer	Hilda Warren

### Association News

Jennie Loving, *Chairman.*

Catherine Brown	Margaret Thompson
Sadie Dunlap	Emma Winn
Mary Johnson	Ruth Witt

### Social

Esther Hubbard, *Chairman*

Edna Anderton	Geneva Moore
Esther Buckley	Virginia Pugh
Lucy Gatling	May Rowbotham
Elizabeth Greaves	Ruth Vaiden

### Finance

Ellen Engleman, *Chairman.*

Stella Burns	Elizabeth Lam
Nancy Hufford	Rebecca Stubbs

### Alumnae

Virginia Ridenour, *Chairman.*

Floreid Bott	Mary Scott
	Ernestine Williams

### Advisory Members

Miss Natalie Lancaster  
Miss Annie Cleveland

