



10-24-1971

The Fixer, October 24, 1971

Madison College Press (Free)

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DORM HASSLES

A dorm is about as strange a place to live as anyone could imagine, and ours is no exception. People move into a dorm with the idea that anything goes, not considering the fact that they are infringing upon someone else's rights and privileges.

I'd like to know why-in-the-hell anyone would want to rip-off the phone in the lobby of Eagle so that dates, parents, friends, etc. have no way of contacting you. Whoever you are, I hope all your phone calls are wrong numbers. Another blatant act of vandalism was the breaking of the phone in the basement of Eagle, rendering it useless also. Why would anyone want to take the faucet controls off the lavatories on eight floor and throw them away? How would you like to have to turn on the water with a pair of pliers? Children must play, but quit doing it at someone else's expense. I hope you realize that all this comes out of our pockets eventually.

Another matter I wish to voice my opinions on is the use of the elevators. They were placed there for our convenience, not as play-things to be constantly toyed with. You might get your rocks off by pressing all the buttons and getting off, but I sure as hell don't want to go to every floor, before getting to min. Also, the art of using the Emergency

Stop to by-pass a floor is not very amusing either. You are going to get caught by the wrong person one day and you're going to get your face rearranged. Too many people on the elevator do not help either, especially when it puts one out of order or messes up the door. Also, that alarm bell wasn't put there for you to ring the damn thing any time you feel like it. It is annoying as hell to hear, especially when you are trying to study or sleep. I hope you get caught on the elevator one day and have to use the alarm and no one comes because you've cried wolf too many times. If you don't know how to use an elevator properly, maybe we could arrange some classes for you at the Anthony-seeger Campus School.

Occasionally it is necessary for an announcement to be made over our P.A. system and it never fails that some asshole will press the call button on his wing and talk, shout, or make noises that render the announcements inaudible. It seems that some of you have absolutely no concern for others who may wish to hear what is being said. This is something else I would advise you not to get caught doing.

Since we don't have study lounge yet, try to remember to keep the noise level down in your wings during quiet hours and especially after eleven o'clock.

The cheapness and stupidity of some of our residents is obvious. They'll do \$25 damage to a sandwich machine to get a 25¢ sandwich. The cigarette machine also receives much abuse from our mental midgets. If they are vandalized any more within the next 3 weeks, they come out. So the next time you lose money in a machine, find something else to vent your anger on OR you'll find yourself being the (cont. p 2)

9 OUNCES OF PREVENTION! THIS IS DEMOCRACY ?? HELPS !

A janitor found 9 ounces of dope Friday, taped under a sink in a bathroom in Eagle Dorm. Police are now combing the area for more dope.

William Rehnquist, Nixon's nominee for the Supreme Court Justice (whom Nixon termed "fantastic") is quoted as saying: "law and order will be preserved at whatever cost in individual liberties and rights."

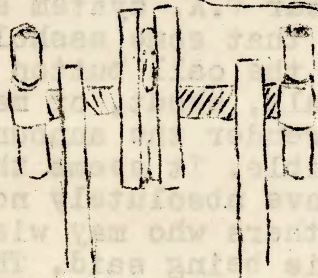
cause of us losing our machines, not to mention what you lose if you are caught screwing up a machine. If a machine doesn't work properly, use a little common sense. Put an out-of-order sign on it and report it to the dorm office.

Those of you that are guilty of any of the above are only screwing yourselves in the long run by infringing upon other people's privileges. Sometime you might want to use the phone, ride the elevator, hear an announcement, study, or go to sleep and you won't be able to because someone else won't give a damn about either.

These problems also arise in other dorms also, so all who read take heed. Be a little bit more considerate of your fellow man from now on, we do have to live together for awhile. And a word for some of you, grow up or move out.

Dennis G. McAdams
Eagle AE04

THE WAY I LOOK
AT IT, FOR WHAT I
LOSE IN FREEDOM
I GAIN IN SECURITY

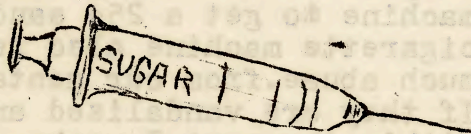


BERKELEY TRIBE

THE FOOD WE EAT

(This is the first in a series on food.)

Don't take a fix, or not too often. Fixes are SUGAR, CAFFEINE and NICOTINE.



For many of us, sweets are out favorite foods. We've grown up eating them for dessert and for snacks and we rely on them when we're down. So they've come to represent comfort to us. Sugar's in almost all packaged or canned foods, from baby food to cake mixes.

Out of a possible 50 different nutrients, sugar has one. Not a good record. And it harms our bod- (continued next column)

ies, causing cavities, poor bone formation, heart attacks and low blood sugar--after the initial high. It robs B vitamins from the body, too, during digestion. "Raw" sugar and brown sugar are similar to white sugar and cause the same problems. Recently the industry has been "enriching" sugar foods like sugared cer and Hostess Twinkies with a few of the cheaper vitamins, but this small improvement doesn't make up for the loss. It's better to get the vitamins from natural and safe sources.

The food industry used sugars as a ploy to sell their products. Sugar-coated cereals go for 1/3 more than the regular cereals (which already have a 15 percent margins.) Any-thing that will sell better sweetened. Because of these policies and because of the good old Amerikan way, we eat about a teaspoon of sugar each hour, 24 hours a day, 365 days a year. Sugar was once a rare flavoring agent only the royalty could afford. Let's give them back their luxury!

What to do? Substitute honey for sugar; it has healing properties and vitamins and minerals. In recipes use 2/3 as much honey as sugar and cut down a bit on the liquids. Fruit is another good sugar supply, natural and unconcentrated, with vitamins and minerals to go with it. Use sunflower seeds and raisins for snacks. Make popsicles for kids by putting juice into ice-cube trays and inserting handles. Check cookbooks for nutritional desserts, sweetened naturally and made with whole-grain flours, wheat germ, brewers yeast, soy flour, etc. You'll find that when you're eating right, your desire for sweets will be less. Sugar addiction happens when blood sugar is chronically low, and stops when we have a steady amount of sugar entering the bloodstream slowly with protein, from natural, unconcentrated sources.

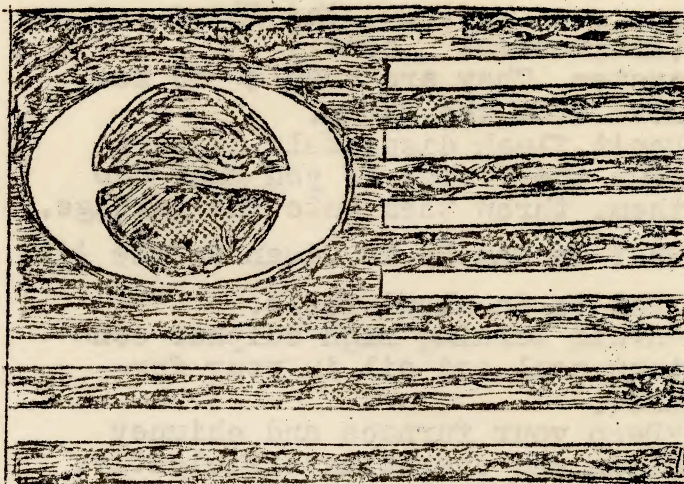
by the Women's Health Collective
Berkeley Tribe

MADISON SOCIAL NOTES

What well known Lord and Lady dined in M adison's famous "D Hall Four" last Wednesday night? Attended by their own Maitre D, Wine Steward, and Waiter, they dined to soft music and candle light. Unnerved by autograph seekers and bomb threats, they were able to enjoy the excellent cuisine before being whisked away in their chauffeur driven limousine.

NEWSWEEK'S POLL OF NEW VOTERS

The following poll was conducted by NEWSWEEK (Oct. 25, 1971) to determine the direction of the "...17-to 19-year-olds enfranchised for the first time by the 26th Amendment and the larger group of 20-to 23-year-olds who would normally be casting their first Presidential ballot next year."



"MATCHING NIXON AGAINST THE FEILD") Fist of three installments.....

ALL VOTERS	42%	40%	9%
NEW VOTERS	28%	59%	6%
	NIXON	KENNEDY	WALLACE

ALL VOTERS	42%	38%	11%
NEW VOTERS	38%	42%	10%
	NIXON	HUMPHREY	WALLACE

ALL VOTERS	41%	37%	10%
NEW VOTERS	35%	48%	9%
	NIXON	MISKIE	WALLACE

ALL VOTERS	45%	29%	15%
NEW VOTERS	40%	40%	9%
	NIXON	LINDSEY	WALLACE

Undecided .ommitted

"...the Gallup survey indicates that up to 65 per cent of the newcomers (25 plus million) will have been duly registered in time for the major elections next year."

SONNET 3
Kevin Coyle

How many are there?
How many will I meet,
Fighting for air,
Not ready for defeat.

I do not want to fight,
Only do what I need.
I only want to write,
So that my soul you may read.

My voice will not carry long,
I'll do no brilliant deed,
But my pen is strong,
And, you can read!

Please hear me, heed my cry,
So like the rest, I won't die . . .

WHAT YOU CAN DO ABOUT YOUR ENVIRONMENT

Installment I

Put bricks in the commode to cut down on toilet water.

Don't flush the toilet every time; it really isn't necessary.

Take fewer baths and showers--take a bath in a bucket or washtub instead.

When you take a bath or shower, keep water volume down. Shower with a friend.

Clothes don't need washing after one wearing.

Use low phosphate detergents or soap flakes and washing soda, whether you do your laundry in a coin machine or in a stream. A list of low phosphate detergents should be posted or available at your local grocery store. If you do not know the phosphate content of a product, phone the manufacturer to find out. If they won't tell you, don't use it. Remember, it doesn't take high phosphate content to give you a clean wash. Phosphates fertilize our lakes causing algae to form, ruining them for swimming and fishing.

If you live on a farm, be careful not to pollute your water supply by doing your laundry too near the well or stream that provides your water.

Give up plumbing altogether if you can. Dig a well; bathe in the nearest fresh water. Soap and rinse on the shore (soap that doesn't break down will pollute the water.)

Make it your duty to find out about our Municipal Sewage Facilities. If it is substandard or has built in overflow systems whereby, under certain conditions, raw sewage is dumped into lakes and rivers, write to your representative to make him aware of this problem and demand action. Don't put paper or other bulky substances into the sewage system.

Don't pour cooking fat and toxic

(Continued on Page 9)

..... the fixer page 4

(Environment cont.)

system. They are costly to remove from the water.

Don't flush disposable diapers down the drain. If you must use them, throw them into the garbage.

What We Can Do To Clean Up The Air:

What to do about fuels:

*Avoid burning high sulphur content coal and oil in your furnace.

*Keep your furnace and chimney clean and operating efficiently.

about transportation:

*Drive your car as little as possible. Remember the automobile generates over half of the air pollution in our cities today.

If you drive (because of distance to job or because you need a car

for your job), organize carpools.

*Take the bus if you can afford it, or bike in preference to hitchhiking, both so bus service will increase and because hitchhiking necessitates (and in some cases justifies) people continuing to use cars.

*If you must own a car, stick to small cars--some big cars have good exhaust controls now, but they consume far more fuel, and oil is a fast-depleting resource. Keep your car tuned and running properly and use lead free gas if possible.

*Make sure your car is equipped with an emission control device and have it checked often

Don't let your car idle needlessly. When idling, car burns fuel least efficiently and discharges high volumes of toxic gases.

*If you are thinking about buying a second car, think seriously before you do. A second car for any family shouldn't be necessary.

*If you already have two cars, investigate the possibility of giving one up. A second car for trips to the grocery store or driving the kids three blocks to school is hardly worth the additional damage to the environment. Or, better still, no cars. Feet are good for two miles, bicycles for ten in non-hilly areas. Get a bike or, in the country, a horse. Longer distances can be hitchhiked, bussed, or planned if necessary. Stay in one place for awhile and watch things grow.

Madison students who are concerned about the fate of the free world can take comfort in some information which has been recently revealed about that guardian of our national security--the CIA.

There have been some rumors lately (no doubt instigated by Communist subversives) that the CIA

has not been functioning up to scratch as a super-spy agency. However, a column written by Washington reporter Jack Anderson last month shows that the CIA has been functioning with splendid finesse and dispatch.

The exploit which Anderson described in his column has been dubbed "The Great Bathroom Caper" by Washington insiders. It is indicative of the great ingenuity and skill exercised by our foremost national intelligence agency.

The assignment which the CIA was given was to steal some of Nikita Khrushchev's feces while he was in the U.S. on his 1959 state visit. CIA doctors wanted to analyze the feces for clues on the state of Khrushchev's health, a big political issue at the time.

Undaunted by the obvious risks of the assignment, CIA agents saw their duty and did it. They somehow managed to snatch a couple of samples before Khrushchev flushed them down the toilet.

How this was done is the subject of much speculation. One theory has it that perhaps the CIA installed a specially designed toilet in Khrushchev's VIP suite to do the dirty work for them.

Whatever their method it is comforting to know that the CIA is on the job and that no assignment is too tough for them to tackle.

G.B.

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SHOOT "THE BREEZE"

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WANTED: CANADIAN DOPE SMOKERS

CALGARY, Canada (LNS)-- The University of Calgary in Alberta, Canada has issued a plea for volunteers who are willing to risk life, limb, and possibly sanity by indulging in the forbidden fruits of marijuana.

To compensate for possible physical impairment, the university is offering such volunteers \$50 each.

The offer, open to anyone over the age of 21, is part of a study program being conducted to exa-

(cont. page 7)

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"Man is the only animal that laughs and weeps, for he is the only animal that is struck by the difference between what things are and what they ought to be."

William Hazlitt

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Well ya know, it's a shame and a pity

If you are raised up in the city
And never know nothin' 'bout
country ways.

Country Joe McDonald

..... the fixer
(desegregation, continued FROM PAGE 6)
dents segregated with it. Lunch-
rooms in particular are rigidly
segregated as well as shower and
gym facilities.

Black students have been barred from extra-curricular activities in stunning variety of ways. Dances and proms are cancelled altogether at "desegregated" schools, or held in private, white "community" centers, such as country clubs. Black students are almost universally kept out of cheerleading, band, honor society, and other activities--everything but sports.

Student governments are virtually all white. In Stuttgart, Ark. a "standing vote" was instituted this year for the first time to discourage white students who might vote for black candidates. School boards have also begun to require run-offs or majority votes instead of a plurality, because black students tended to "bloc vote."

The Justice Department has consistently filed to appeal cases of rank discrimination in schools which are receiving federal funds, the "Desegregation, 1970" report shows. One example: In Caddo Parish, La. the Department brought a desegregation suit while educational experts from HEW prepared a desegregation plan for the area which would have produced a biracial student body in each school.

The Justice Department refused to support the HEW experts and told them to redraw the plan so as to eliminate most of the busing. At the same time, the local school board drew up a plan which left most of the schools segregated.

A local court accepted the plan and no appeal was taken by the government. Most of the schools in the area are now segregated.

In short, as both reports make clear, the Nixon administration has not adopted a plan for integration, but, as one black educator describes, "disintegration."

Southern Patriot

Women Lawyers

WOMEN: BECOME A LAWYER. For information on women in law, becoming a lawyer (you don't need a B.A. in Calif.) applying to law schools's admissions standards and environment for women students, write to the Boalt Hall Women's Association, U.C. School of Law, Berkeley, Calif. 94720

..... page 5

I kill myself without committing suicide.

I don't know what to be . . .
I look around to know who I'm beside,
There is no one to see.

I keep getting stuck in the ruts,
almost being killed under the wheel, I run away
They all sit and yell and call
for blood and guts,
This no place to live or stay.

They never really wanted to grow up,
They were afraid,
They would never drink from the cup,
Waiting for the raid.

All in the deep corners of the city
They would not go near,
All in their time, they could not face their reality,
They made like they couldn't hear.

Maybe it's because they have no time
Maybe that is why,
Their reasons look a lot like mine
That is, we soon might die.

K. Kevin Coyle

From HIP POCRATES
by Eugene Schoenfeld, MD

Last summer I met a German inventor who has patented a method of removing nicotine from tobacco. He couldn't find one manufacturer interested in the process. Why? Nicotine is apparently necessary to cause addiction to cigarettes and the tobacco industry wants to keep its customers hooked.

Filters on cigarettes may turn out to be nothing but a gimmick. A study in the BRITISH MEDICAL JOURNAL of Sept. 19, 1970 reported observations of 36 cigarette smokers. Some used "high retention" filters and some "low retention" filters. Those using "high retention" filters puffed their cigarettes more frequently and thus received nearly the same amount of nicotine as those using "low retention" filters.

Dr. Schoenfeld welcomes your letters. Write him at 2010 Seventh St. Berkley, Calif. 94710

DEAR HIP POCRATES is a collection of letters and answers published by Grove Press at 95 ¢ paperback.

... the fixer ...
AFTER 400 YEARS OF PATIENCE
DESEGREGATION OR DISINTEGRATION?
(LNS)--The Nixon administration's
"desegregation" policies in the
South have resulted in mass fir-
ings and demotions of black teach-
ers and principals, increased dis-
crimination against black students
and the closing of black schools
on a large scale, two recently re-
leased studies show.

One study was undertaken by the
Race Relations Information Cen-
ter (RRIC) in Nashville. The
other, entitled "The Status of
School Desegregation in the South,
1970," was a joint project of the
American Friends Service Committee,
Delta Ministry, Lawyers Committee
for Civil Rights Under Law, NCAAP
Legal Defense and Education Funds,
and the Washington Research Pro-
ject.

Both studies show that lack of
enforcement of civil-rights guide-
lines and the actions of reaction-
ary school boards have worked to-
gether to make "desegregation" a
nightmare for Southern black stu-
dents and educators.

According to the RRIC survey,
hundreds of black teachers, princi-
pals, counselors, and other autho-
rity figures have been fired, de-
moted, or have not had their con-
tracts renewed. Black principals,
one of the chief targets of South-
ern racists in the last few years,
are being threatened with "extinc-
tion." At the same time, more and
more white teachers and principals
are being hired.

In the last two or three years,
it is estimated that the number of
black principals has fallen from
250 to 40 or 50 in Alabama, while
Mississippi has lost more than 250.
In North Carolina the number of
black principals has dropped from
620 to about 170.

The RRIC study quoted a six-
state survey carried out by the
Office of Civil Rights of the U.S.
Department of Health, Education
and Welfare (HEW) in Atlanta--
which found that in the last two
years the total number of teachers
rose by 615 while the number of
black teachers fell by 923.

According to the "Desegregation,
1970" report, many black teachers
are being forced to teach classes
for which they have had no training.
The report listed examples of gym
teachers forced to teach biology,
and English teachers forced to
teach gym. In many cases, these
teachers were soon fired for "in-
competency."

The tool of black coaches, band
directors and counselors has been
nearly as severe.

The study also revealed that
the first teachers to be displaced
are often those who have been in

... page 6 ...
the forefront of civil-rights
activities.

The "Desegregation, 1970" study
said that government statistics
about the progress of desegregation
are misleading. The report ex-
plains that for the 1970-1 year,
HEW measured desegregation by the
percentage of black children at-
tending desegregated schools. This
year, the government has arrived
at a success figure by measuring
the number of black children at-
tending desegregated, or "unitary,"
school systems.

The Justice Department and HEW
officials claim that more than 90
percent of Southern black students
attend these "unitary" systems. But
the report points out that "school
systems, under this administration's
view, can be 'unitary' and yet con-
sist of largely segregated schools."

"Desegregation, 1970" reports
that walkouts, boycotts, and resul-
tant jailing of black students in
the South have been widespread.

A major source of anger has been
the closing of large numbers of
black schools. Physically adequate
buildings have been made into ware-
houses and administration buildings,
or sold to private interests.
Black students from these schools
have been transferred to overcrowd-
ed, tense, and--in many cases--in-
ferior schools, which were previ-
ously all white.

Of the more than 400 areas moni-
tored, it was found that 163 school
districts closed a total of 235
black schools in 1970. Of the 188
closed schools whose age could be
determined, 57 percent were less
than 20 years old.

One effect of closing black
schools has been that black students
have had to be bussed across town,
with no corresponding burden on
white students.

At the same time, bussing has
been rigidly segregated, either
by seating arrangements or by the
use of separate buses altogether.
Many instances have been reported
where near-empty buses carry four
or five white children on the same
route as vehicles carrying over-
loads of black children.

Classrooms and facilities in
"desegregated" schools have been
rigidly segregated all over the
South. When a classroom in "inte-
grated," seating arrangements and
separate roll calls keep black stu-
(continued page 7.)

Due to consequences beyond our
control, this issue is screwed up
(the pages for example). Please
bear with it.

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FIXER OPEN MEETING TUESDAY 10/26
6:00 PM ASHBY BASEMENT-DO IT!

Dope (cont.)

mine the non-medical use of mariju-
ana.

Psychologist Steve Miller, one
of the four men heading up the pr-
ogram--which is financed by \$1,000-
000 in Canadian government reseach
grants--said the university was lo-
oking for about four hundred volun-
teers, both men and women.

The marijuana for the research
program was harvested recently from
the bumper crop at the government
experimental farm in Ottawa.

For safekeeping, the dope is cu-
rrently being held in a safe at the
University of Calgary medical sch-
ool.

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NEW PRIORITIES: HOW THE YOUNG WOULD LIKE TO SEE TAX MONEY SPENT

	Spend more	Spend less
Air, Water Pollu- tion	78%	2%
Job Training for the Unemployed	68%	3%
Organized Crime	56%	4%
Improved Schools	55%	4%
Street Crime	49%	3%
Medicare	48%	4%
Housing for the Poor	51%	11%
Increased Social Security	38%	6%
Public Transpor- tation	26%	14%
Building Highways	15%	25%
Military Defense	14%	33%
Economic Foreign Aid	8%	49%
Space Exploration	10%	68%
Military Foreign Aid	3%	64%

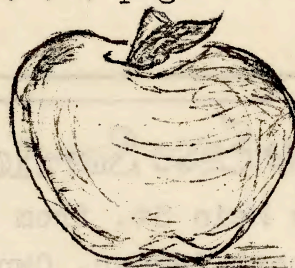
Newsweek Survey Oct. 25, '71

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"They seemed to ascribe all the troubles and difficulties they
saw in Brazil to what they called North American imperialism," the
Ambassador said. "I told them that reflected a colonial mentality
on their part."

U.S. Ambassador Elbrick, commenting on his experiences while in
the hands of his revolutionary captors.

Berkeley Tribe



AMERICAN FEDERATION OF TEACHERS PASSES NEW VIET NAM POLICY

The American Federation of
Teachers position on Viet Nam, as
moved by John E. Desmond, AFT vice
president and president of the Chi-
cago Teachers Union, AFT Local 1,
and then slightly amendr is as
follows:

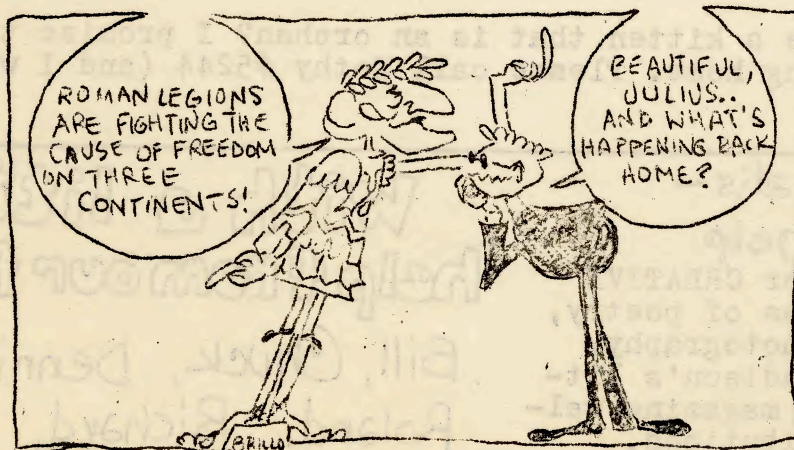
WHEREAS, the war in Indochina
continues despite Pres. Nixon's
promise of disengagement, and

WHEREAS, continuing U.S. mili-
tary and economic efforts in Scut-
heast Asia consume resources des-
perately needed to improve the
quality of life, and to achieve
social justice in the U.S. and th-
roughout the world, therefore be
it

RESOLVED, that the American Fed-
eration of Teachers support an im-
mediate withdrawal from Indochina
as soon as reasonable precautions
can be taken to insure the safety
of U.S. troops, and be it further

RESOLVED, that economic resour-
ces presently dedicated to the mi-
litary effort in Southeast Asia
be reassigned to improving educat-
ion, health, housing, and other u-
rgently needed social services.

Movin' Together
People's Coalition For Peace
and Justice



- BERKELEY TRIBE -

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MEDITATION LECTURE

Gain deep rest, clearer mind, increased energy. Learn about transcendental Meditation. It's easy, natural and practical for everyone. Come as guests of The International Meditation Society. The lecture will be held in the Warren Campus Center Ballroom, Thursday, October 28, at 7:30 PM. All interested students, faculty and staff are cordially invited.

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CLASSIFIED AD:

Does anybody have a kitten that is an orphan? I promise to give him or her a good, loving home. Please call Kathy #5244 (and I will really appreciate it!)

-The Chrysalis- a call for help

We are looking for CREATIVE STUDENTS in the areas of poetry, fiction, art, and photography.

The Chrysalis, Madison's literary and fine arts magazine welcomes student contributions.

Deadline is NOVEMBER 10.

Please submit all material to Suzanne Underwood, Box 2713.

Madison's Alternate Newspaper Needs You!

Madison's other newspaper receives \$24,000 a year to appear less than weekly. The Fixer depends entirely upon your help to keep going. Your contributions and articles make our paper more yours than ours. The Breeze (formerly The Genesis II) is paid for by you from fees collected by the college yet gives you little control over its contents. We aren't much on sports, in fact we still think the Colts won the Series, but we are interested in what you want printed in The Fixer. We believe wholeheartedly in freedom of speech and press, so if you have something to say, write about it and we'll print it. We want to become more student oriented, we need: article, poems, comics, ads, satire, anything to make our paper more "relevant" to you. (Here we go again,) No one likes to ask for money, but if everyone would donate a nickle each week, it sure would make our jobs a lot easier. We want our readers to become involved, concerned and voice their opinions about our campus, politics, the war, or whatever you feel strongly about. So please get off your apathy and GIVE A DAMN MADISON! Support The Fixer, or oppose it, do something. All articles and contributions may be sent to us

at Box 4255, Campus Mail or given to any staff member. Call 4061 or 4275 if you wish to talk to someone about the paper. Peace and Justice.

With a little help from our friends

Bill, Chuck, Dennis, Jay, Roland, Richard, Patty, Joni, Randy, Tina, Joyce, Sarah, Karan, Wendy, Jean, Susan, Va, John.