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The Fixer, November 21, 1971

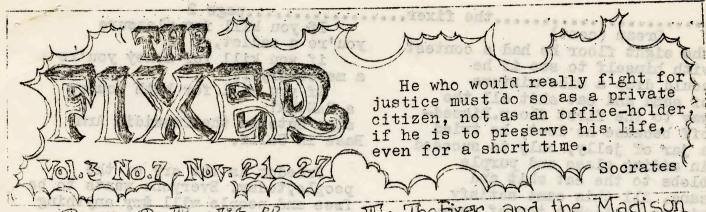
Madison College Press (Free)

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IDIOCATING IKEATING

I awoke early one morning of a weekend not too long ago, to the sound of a tin can dropping outside my door. Quickly arising to ee what all the noise was about, I opened my door just in time to eatch a glimse of a figure passing out our wing door. Stubbing my toe on the can and slipping on the banana peel carefully placed on the floor, I followed after him. His next stop was our bathroom where he turned on a shower and ran water all over the floor. I thought maybe I should get my rubber ducks and bubble bath but he didn't look to be in a play-ing mood. He then did a #2 in a toilet and put in a towel and a roll of ass-wipes so it would be stopped up and smell real good. You know--it worked! Slipping out of the bathroom, he began taking items from his bag and depositing them in the halls. This guy really had a good variety of garbage; for he left all kinds of nice cigarette butts, coke cans, assorted food wrappers, apple cores and gooey boogers all over the place. I started picking some of it up cause I didn't have any neat stuff like that in my room, but then I figured someone else might want some so I left most of it.

Wow, do you know what he did next? Nothing less than taking a few fire extinguishers and squirting all their water in the halls so the next time we have a fire, we won't be able to put it out and it would burn up all the neat garbage he left us. Progressing to another floor, via our elevator (again leaving behind many of his wares) he produced cans of shaving cream and deodorant. Before I could say "Holy Right Guard" he had the place looking like the inside of a cloud and smelling like a well protected armpit. He then attacked another bathroom, put hair in all the lavatories; toothpaste on the mirrors; threw about assorted soap and shampoo containers -- and then he departed.

The stairs were his next victims and he did his job well indeed. From

(Cont. on page 2)

and the Madison Student body

BOYCOTT "THE IN"! The manager is a rednecked moneygrubber!

Friday night Karleen and I and our dates went to "THE IN", where "Stonemaze" was performing. We each had to pay a dollar to get into the place. After waiting for a table for about 30 minutes, we finally found a place to sit. Right away the waitress scampered over to our table and stood around waiting for us to order something. So we obliged and ordered a couple of very watered-down beers at a very unwatered-down price. The music of "Stonemaze" really gets to ya so we started dancing for a while and then tried to come back to our table which was now occupied by another couple. We looked around for another place to sit, but the joint was pretty well packed by then and a chair, even to sit yer tired ass in was hard to come by. So we stood near the wall for a few minutes only to have the dear sweet manager come over to us and command us to order something or else leave. "Well, if you aren't going to order anything then you have to leave because there are about 20 people waiting for tables!" were his exact words. Charming huh? It pissed me enough to be hassled after wasting too much bread to just get in, but to be told that I had to spend more just to stay made me a raving ... but folks, being a well behaved Madisonian that I am I made no scenes and was not a nuisance... I left and vow never to go there again ... neither will my friends...and I urge all others to BOYCOTT "THE IN" until the manager decides to change his business attitudes and stop hassling good customers. So keep yer money in yer pockets fellow Madisonians and go elsewhere for your entertainment...we can force people like Mr. In Owner to be a little more respectful

Kathy Uhler

of our rights. DON'T GO TO "THE IN"!!!!

^{- 0 -}"...scholarships and loans put the student under administration control." Beyond Berkeley

Dream (cont)

the eight floor he had a contest with himself to see if he could drop a nice mixture of sand and cat shit all the way to the first floor. Pissed—off because he lost, he tried a jar of jelly, only to succeed in adding glass and purple blobs to the cat shit and sand. All this cant satisfy him so he took a ton of gar—bage (just snapped his finger and ZAP there it was) and placed it neatly around the trash can in the stairway.

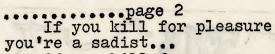
I knew this guy was sick, but he really overwhelmed me when he suddenly rushed to another bathroom and almost making a toilet, he re-circulated his supper onto the floor, did a few dryheaves just for fun and then ditty-bopped out of the batho from like nothing had happened. Man, what a juice freak. I knew he had to be a townie kid because no one living here would ever do this stuff. He proved me right when he despoited a usrd disposable diaper on my head, as Tesat contemplating the mess our dorm was in, and made his escape in his Preambulator.

Damn, whata mess! I wondered what our girl-friends and parents would think when they came to see us. No doubt they would think we lived like a bunch of pigs and no one would ever believe my story of the juice freak kid with the dirty diapers. After getting all the nice brown stuff out of my hair, I webt back to bed, hoping all the time that I had experience

a bad dream.

Dennis G. McAdams Eagle A404

no deposit -- no return



if you kill for money you're a mercenary...

if you kill for both you re a RANGER! sign outsise the Presidio Army Base in Calif.

Freedom is the cry of the people, today. Everyone wants to be free and people will try anything to gain this thing called inner peace anf freedom. A lot of people seem to think money and material wealth will free them from their sorrow. They work their lives away to meet payments on the things they gain no real satisfaction from. So many end up real frustrated and alone and wonder where did my life go?

There are young people who think drugs, sex and rock festivals are freedom. They want freedom but still feel trapped. These people blame the establishment for suppressing their ways and for taking their freedom.

But what do we all share? The desire to be free. Everyone in the whole world wants freedom, though they all think of it as different things. But who is really free?

In John 8:31-36 Christ tells the Jews who believed in him that if they continued in his world they would know the truth and the truth would make them free. They answered him, "Mare descendents of Abraham, and have never been in bondage to anyone. How is it you say you will be

Jesus answerd them, Truly, Truly
I S.Y, everyone that commits sin is
a slave to sin. The slave doesn't
continue in the house forever; the
Son continues forever. So if the Son
makes you free, you will be free in-

deed.

What is this thruth that Chri st, the only begotten son of the living God died for you, and your sins? As he is alive now, those who believe in him are given new life free from sin. So if you are looking freedom, look to the one who gave his life that you may be free. Printed by the Jesus People...from ICHTHUS. Write I.O. Box 204 if you like to know more about Christ's freedom.

"Problem" by John Ishee

As anyone seen my problem?
I'm sure
set it here a moment ago.
You on't mistake whose it is,
ou see, it's mine

do hope
Do one has t ken it,
'd feel so strange
Without one.



Protein Protein

Frotein is needed for the maintenance and growth of all the cells in the body and for long-lasting energy. Protein is really 22 amino acids, which are found in different combinations in many foods. The body can make many of these acids, but cannot make 8 of them, and so we have to put these 8 im or we ro in trouble. When the 8 amino acids are all in one food, that food has COMPLETE protein; when only some of the 8 are in one food, that food has INCOMPLETE protein. We need complete protein, and we can get it by eating food with complete protein or by eating foods that have incomplete protein but which will give complete protein when eaten together. When eaten together, for example, beans and grain will usually give us all 8 of the amino acids; so will nuts, seeds and leafy vegestables in combination; corn and sweet potatoes; or peanut butter and corn bread. A vegetarian meal that has ALL parts of the plant will almost always supply complete pro: the leaves (spinich or lettuce); roots (carrots or turnips); seeds(beans or corn or sesame seeds) and fruit. Some people say that we have to get all 8 amino acids at the same meal or the body won't use the the incomplete protein it does get very well.

Once upon a time meat, fish and fowl were an excellent source of protein. Now they are also excellent sources of poisons. Sex hormone pellets, called stibesterol, are implanted so there will bo nore meat to sell. Stibesterol is known to cause cancer, and the cow it makes grow has more fat, and that fat is a poor quality that looks funny-wonder why. Chickens are fed speed so they'll lay more.. All the animals get antibotics in their feed and the feed gets well sprayed with pesticides. What they are putting into our oceans, they are putting into our fish.

The fats in meats are saturated, the kind of fat that makes for cholesterol deposits and hardening of the arteries. One reason for so many heart attacks in Amerika might be because we eat so much meat. Cold meats and meat products require additional chemical treat (cont. top of page)

ments in the way of preservatives, curing agents, anti-oxidants, fla voring materials, coloring materials and bleaching agents. Sodium nitrate and nitrite are added to fix and accentuate the color of "white" meat, a deceptive pratice injurious of health. So we are finding it better to look to other foods for the nutrients we have learned come from animals. Or we can get organic eggs and chickens, and for a rare splurge expensive organic beef.

The Food& Nutrition Board of the National Research Council recormends 40 grams of protein for toddlers; frpm 50-70 grams for kids; 80-100 grams for adolescents; 60 for women; 70 for men; 85 for preg nancy; and 100 during periods of brest-feeding. The more energetic you are, the more protein you use. People in other parts of the world, how ever, seem to live well with less. In part, you can judge when hou'ur getting enough by how you feel, the condition of you hair and skin and muscle tone, and your energy level. If you feel run-down try more protein.

GLUG GLUG

FEW TURN OUT FOR D.C. :EVICT NIXON ACTION

ney were

E Ali

Steve Chase
WASHINGTON, D.C., Oct. 26- Over
300 antiwar activists were arrested
today as they attempted to serve an
"Eviction Notice" on President Nixon
climaxing seversl days of antiwar
activites sponsored by the People's
colition for Peace and Justice.

Denied a permit to surround the White house, they were stopped by police on Pennsylvania Avenue as they marched from a rally at the Sylvan Theater attended by around 800 people.

Speakers at the rally included Father James Groppi, Dick Gregory, Rennie Davis, and George Smith, a former prisoner of war.

The tenor of the rally was set by Groppi, who said: "We must vote in 1972 to get that madman (Nixon) out of the White House."

Davis, who did not call for direct support to the Democratic candidate in 1972 as he has in local campus meetings, outlined a program of intervening in presidential primaries to prevent Nixon's re-election. Calling the rally "the most important meeting in the last 25 years." (cont. p. 3)

PURE SCIENCE.—Jack Crawford was fired as a human guinea pig in a NASA nutrition experiment for the astronaut program. Dismissal came after he refused to sign a no sex oath demanded of substitute astronauts after NASA learned they were engaging in homework during twice weekly visiting hours. Crawford filed a back-pay suit. NASA lawvers responded that the experiments involved measuring waste and energy output and sex constituted an "unauthorized energy output." At least they didn't consider it a waste.

The Militant

. . the fixer . .

(Few for D.C., cont. from p.3) he projected a demonstration of one million at the Republican national convention in San Diego in August.

The rally also heard by transtlantic telephone from the Paris representatives of the Provisional Revolutionary Government of South Vietnam, who explained the PRG's

seven-point peace proposal. The Nixon Eviction Notice had een drawn up by the People's anel: a grand jury investigation of citizens' grievances held in ashington on Oct. 22-25. After earing testimony from a wide ange of witnesses on oppression in a capitalist society, the panel concluded "that you (Nixon) and your administration have consciously deceived the American people and deprived them of their rights. "

It was projected that the Nixon Eviction Notice be sorved wherever

Vixon campaigns.

The hearings were held in a church where supporters of the ashington Area Peace Action Coalition were not allowed to distrioute materials building the Nov. o antiwar demonstration. They were told that the ban on their distribution was "for your own protection." None of the national heads of the People's Coalition for Peace and Justice would intervene for the right to distribute literature for an action that they themselves endorsed.

The Militant

And the Lord said to NASA: build ye a craft one each to attend the orbits of the nine planets that they may be preserved in keeping for the coming of peace and thought* confuses and perplexes the earth. Enter into this craft your wife's genes and your brother's and sister's. And of all living creatures that crawl the earth. Place these mechanisms into the craft and allow them the instructions for their recovery -- and your own station will remain on the third planet to save it as the thoughts suggest to you, and as I command that you do. And NASA did all these things for he knew not whether his ed at by superstrength was capable to bring forth imposing the U his kind through the torture of and the S of ignorance on his planet earth. And United States. the prophecy remained this way. And the craft was raised up. All

to orbit the sun, nine ships took their cargoes of uncertain future into the brilliance of the next time. After doing these things commanded, NASA went to rebuild the earth-he and his sisters and brothers knew that it might continue in the face of whatever was to come of their work.

> Edward Szofran Philadelphia Whole Earth Catalog

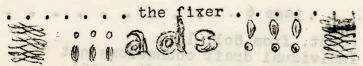
*whilst the absence of gentle thought



Ann Rand says the dollar sign insignia was arriv-Means US.



Whole Earth Catalog



THAT'S WHY THE RULING CLASS RULES

The struggle in this country has taken so many twists and bends that many people (people who should know better) have concluded that it's going around in circles. That's one reason why the ruling cla-

ss still rules. · The lessons of the past have indicated that commitment and action must be coupled with a profound awareness and clear analysis of the real issues at hand. Rather than trying to piece together an accurate picture of the movement both nationally and internationally by reading bourgeois press why not try the Guardian, an independent radical newsweekly with an independent line. The Guardian's long-standing dedication to people's struggles and opposition to ruling class exploitation have made it the largest (some consider it the best) movement weakly in the country. STOP READING BETWEEN THE LINES.

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10 for regular 1 year sub.

READ THE GUARDIAN!

\$5 for a 1 year student sub. \$1 for a 10 week trail sub.

\$1 for a 1 year G.I. or prisoner sub.

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KITTENS - Loving, 6 weeks, boxed trained, part Siamese, Plus 4 othersplay, "attention must be paid", ready to leave in a week or two. This is the central problem of Will bring kitten to you. They reallyndustrial societies, whatever need good homes, Call Tina, 896-6602. Please become good company to one of our kittens.

For Sale - 2 snow tires to fit small car - Renault, Toyota, Datsun - only one winter's use. For information, call - 4953

se * o esven year olds, Personal ad ---Thanks, Mike, for the extended prac-Patty tice in typing.

Title United Statement of Theorem RIDE NEEDED to D.C. area for Thanks- No, Someone Else, No One Else, Call Randy 4416.

"We must oppose all oppression of blems with them. children including oppression of children by their parents." -Amilcar Cabral, Secretary General, VIIG HAPPY THANASGIVING HAPPY THA

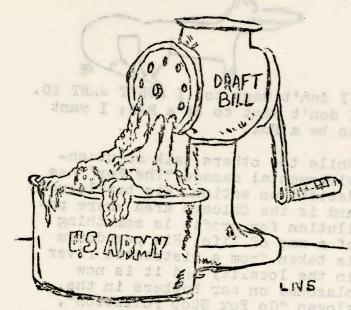
"I don't want to. I DON'T WANT TO. I don't want to be a MAN; I want to be a Fox.

While the others talk about environmental damage, "The Fox" has decided on action. His battleground is the Chicago area where pollution for profit is something of a way of life. His pseudonym is taken from a mistreated river in the locality and it is now blazoned on car bumbers in the slogan "Go Fox Stop Pollution". The police are looking for him, but not too hard, since so far he hasn't broken any law and anyhow many of the officers sympathize. Students call him an ecological Che Guevara. He started by blocking the effluent pipe of an Illinois factory and another factory had its chimney mysteriously capped. On the doorsteps of industrialists whose plants offend, dead skunks are dumped. The most recent stunt happened two months ago, when a middle-aged man in working clothes and dark glasses carried a 50-1b. can of raw sewage into the waiting room of one of the Fox River plants. He handed the receptionist his card ("The Fox") and walked out before she could stop him. What our hero is demonstrating, of course, is not that there is a lot of pollution about and precious little done about it. He is saying that he feels small and helpless in the face of big industry and even bigger government and in the words of Arthur Miller's most famous shape the protest takes. Whole Earth Catalog

TRUTH-GONSEQUENCE ANSWERS?

We have had numerous complaints about not printing the answers to our Truth-Consequences quotes last week, so for those of you who couldn't figure them out, here are some good answers: YES, I think so, maybe, FALSE, It depends, Could Be, True, Far Out, Sucks, No Way, and Damn Right. Hope this helped those of you who had pro-

HAPPY THANKSGIVING HAPFY TLANKSGI



DRAFT COUNSELING ORGANIZATIONS IN VIRGINIA

Arlington Draft Counseling Center 4444 Arlington Boulevard Arlington, 22203; 522-0022

Celebrate Life, Draft Information Services 2607 Mt. Vernon Avenue Alexandria, 22301; 836-7616

Charlottesville Draft Counseling Group

Newcomb Hall, Main Desk
University of Va., C'ville 222903

SACRED INDIAN GRAVES ROBBED IN WASHINGTON STATE

University of Richmond Draft Counseling Service P.O. Box 729 University of Richmond, 23173

Richmond Praft Counseling Center 16 N. Laurel St., Sat. 10-12 Richmond, 23220; 649-9353

Union Draft Counseling Service Virginia Union University, SGA Office Richmond, 23220; 359-9331

Williamsburg Draft Counseling Center Wm. & Mary College, 109-C Rogers Hall Wmsburg, 23185; Mon. & Tues. 1-5

Peninsula Draft Counseling Service 525 E. Queen St., Tues. 7-9, and Sat. 11-3
Hampton, 23369; 723-2505

Tidewater Draft Counseling Service 902 Gravdon Avenue Norfolk, 23507; 627-5371

Bristol-Washington Co. Draft Info Service Route 2, Box 15 Glade Spring, 24330

(cont.on col.2)

(cont. from Gol. 1)
Individual draft counselors not affiliated with a draft organization can be found throughout Virginia. Call ACLUVA (355-3021) or Virginia Research Project (837-7616) for the mame of a draft counselor in other areas of the state.

. page 6 . . .

<u>Civil Liberties in Virginia</u> <u>American Civil Liberties Union</u> of Virginia

SOLDIER APPHALS!

An Army medic who refused to remove a peace medallion from his was court-martialed Sept. 24 at Ft. Riley, Kan. Emil Schaeffer was fined \$100 and the following day was discharged. His attorney, Irving Achtenberg, says he will appeal. As for the peace medallion, Achtenberg says that Schaeffer is still wearing it.

SACRED INDIAN GRAVES ROBBED IN

TACOMA, Washington (LNS) -Sacred Indian graves are being robbed in Washington State not only of their gold and jewels, but of the bones of the dead as well.

The going price for an Indian skull ashtray is \$75 in California. The father of Chief Joseph, one of the most brilliant of all Indian chiefs, was buried in the mid-1880's. His skull is now being used as an ashtray by a Washington denist.

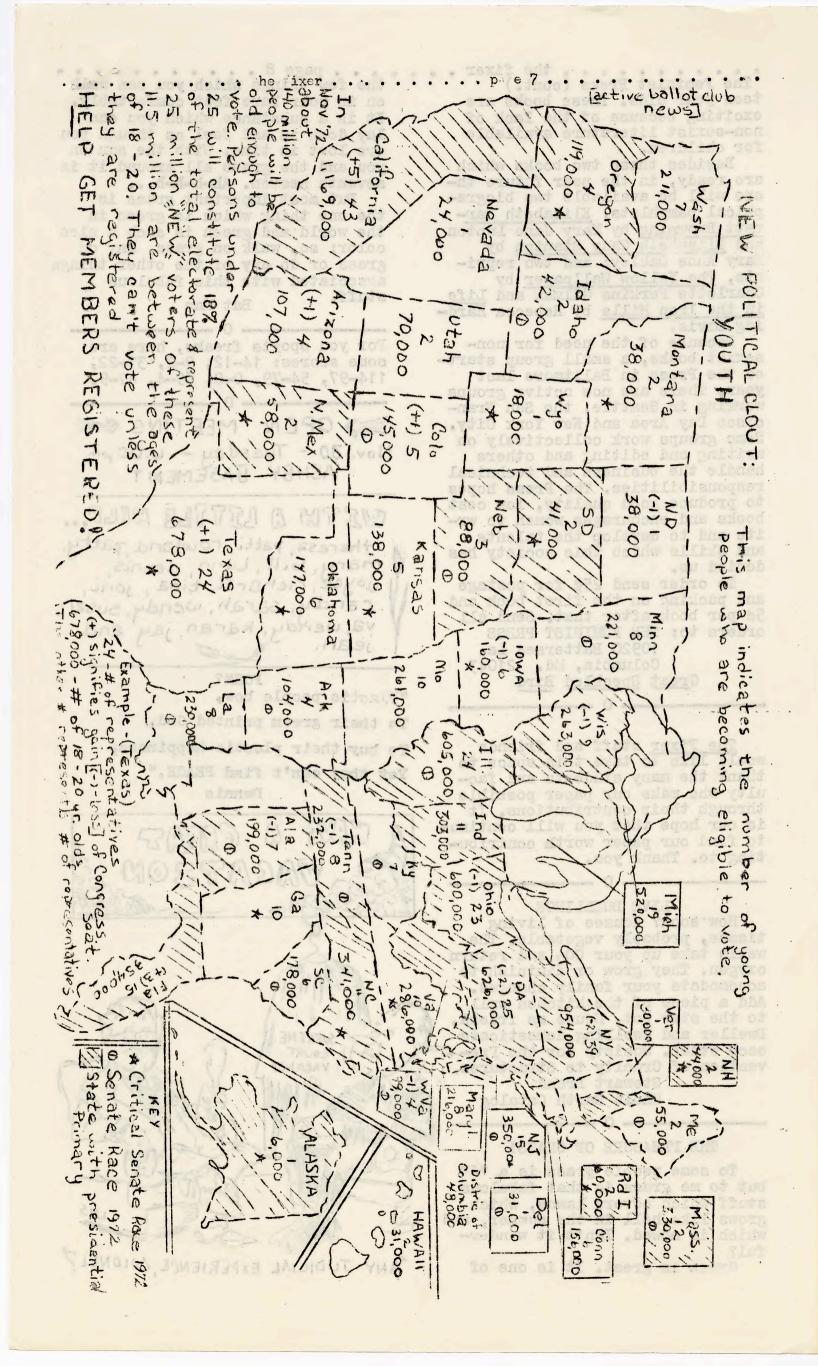
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The Feminist Press

The The Feminist Press now has two children's books ready for distribution—The Dragon and the Doctor (\$1 per dopy) by Barbara Danish, a fantasy picture and story book for three to seven year olds, and Challenge to Become a Doctor; the Story of Elizabeth Blackwell (\$1.50 per copy) by Leah Heyn, A dramatic Biography of the first women doctor in the United States who pioneered in the sciences of hygiene and preventive medicine. For nine to thir-

college including correspon of

(cont. on page 8)



The Feminist Press (cont.) teen year olds. These books are exciting because of the lack of non-sexist literature available for children.

Besides these two books which are ready, in the near future there will be available two biographical pamphlets, Elizabeth Barrett Browning by Mary Jane Lupton and Elizabeth Cady Stanton by Mary Anne Cakley; and two reprints, The Yellow Wallpaper by Charlotte Perkins Gilman and Life in the Iron Hills by Rebecca Hard-

ing Davis, Because of the need for nonsexist books, a small group started the Press in Balitmore last year. There are now active groups working in Seattle, the San Francisco Bay Area and New York City. Some groups work collectively on writing and editing and others handle the business and technical responsibilities. The Press hopes to produce good quality, low cost books and encourages women to write and to develop the talents and skills which this society has denied us.

To order send 25¢ for postage and packing on the first book and 5¢ per book after that. Send all orders to: THE FEMINIST PRESS

> 10920 Battersea La. Columbia, Md. 21043 Great Speckled Bird

The Fixer staff and friends would like to take this space to thank the many students and faculty who make our paper possible through their contributions. It is our hope that you will continue to find our paper worth contributing to. Thank you.

LIVE DWELLINGS How'soon? Houses of living tissue, probably vegetable. The walls take up your CO2 and return oxygen. They grow or diminish to accomodate your family changes. Add a piece of the kitchen wall to the stew pot. House as friend. Dweller and dwelling domesticate each other. Society for the Fre- # vention of Cruelty to Structures. Stewart Brand

Whole Earth Catalog

THE PLEASURE OF GRASS!

To some people grass is a "J" but to me grass is that fabulous stuff which covers lawns, which grows like hell in the summer, and which is mowed. Isn't it wonder-

ful? Grass is great. It is one of

the few things which you can walk on in your bare feet comfortably. It is a substance which you can lay down in and feel as though you are lost in time. With the sun on you and the grass all around it is seventh heaven. Ah-h-h-h...

But most important grass is the one thing which is green in the world and green is such a nice color; so, walk on grass, lay on grass or do any of the other things associated with this fabulous stuff.

Bat Man

For you sports freaks, here are some scores: 14-12; 9-2, 37-22; 114-97, 54-79, 0-0, 69-4, 47-9.

>> OPEN MEETING Nov. 30 - Tuesday - 6:00 pm ASHBY BASEMENT

WETH A LETTLE MELP... theresa, patti, rowland, patty, mary, bill, Lynn, dennis, joyce, richard, tina, joni, randy, sarah, wendy, susan, va, werdy, karan, jay and rean.

POEM? "Plastic people bow, To their greem printed God, To buy their plastic happiness, Yet they can't find PEACE." Dennis

