

The Breeze

JMU'S AWARD-WINNING NEWSPAPER SINCE 1922

SEPTEMBER 23, 2021 VOL. 100 NO.06 BREEZEJMU.ORG

So long,
Quad Cats

Famous felines leave JMU

By **KYLEE TOLAND**
The Breeze

When walking past Burruss Hall, Dukes might catch a glimpse of two familiar black furballs with green eyes hiding in the bushes, peering at students as they walk to and from classes — and, if they're lucky, students may get in a pet or two before heading off to class.

However, people have begun to notice the famous felines on campus less and less — and now, they're gone for good.

The College of Arts and Letters announced Wednesday that Dolley and Jimmy have left campus.

"I understand how important they are to the community, and they were important to me as well," Becca Evans, communications and marketing specialist for the College of Arts and Letters, said. "It's time for them to be rehomed."

For 11 years, Dolley and Jimmy have been affectionately known by the JMU community as the "Quad Cats." Pictures and videos capturing them have been shared across the internet, and many students try to interact with them. Some students even consider it good luck for exams if

they come across the cats and pet them.

While this may come as a shock to the JMU community, Evans said this decision to rehome the cats was made for their own wellbeing. Evans said that after the spring 2021 commencement ceremonies, both cats disappeared at different times in the span of a few weeks. This could've been because the Burruss Hall bushes, where Dolley and Jimmy resided, were chopped down by facilities management.

Evans said Dolley disappeared first, coming back to campus a week or two later with a minor injury, but she was able to heal on her own. Jimmy then disappeared for several weeks over the course of the summer and came back with a severe injury to his leg.

After taking both cats to a veterinarian, it was determined that Jimmy and Dolley could no longer live outdoors on their own. Laura Wisman, administrative assistant in the dean's office in the College of Arts and Letters and one of the cats' on-campus caretakers, decided to adopt the cats as her own.

see **QUAD CATS**, page 14

University names new police chief

By **ASHLYN CAMPBELL**
The Breeze

When Anthony Matos first stepped foot on JMU's campus in fall of 1991, he was a "bright-eyed" freshman ready to receive an education. Now, 30 years later, Matos is returning as the newest chief of JMU police.

Matos, who replaced Interim Chief of Police Kevin Lanoue on Sept. 13, said "it's a dream come true" to be back in the JMU community.

"The four years of my life that I spent at JMU were transformative," Matos said. "I am proud and honored to be part of this community once again."

Prior to being chosen as the JMU police chief, Matos was the director of Campus Public Safety Institute for the Consortium of Universities of the Washington Metropolitan Area in Washington, D.C., according to a JMU announcement. He's also a graduate of the 141st Session of the Southern Police Institute's Administrative

Officers Course and a retired major from the Fairfax County Police Department.

Charlie King, senior vice president of administration and finance, said he chose Matos because of his experience in both campus and regular policing, and because he's an alumnus of JMU.

"He understands how we want our police to treat students, and he understands the campus," King said. "Campus police work is different than regular police work, and [Matos] brought that expertise to the job."

Matos said that in his policing experience, he's learned that everyone wants to succeed, and no one's trying to deliberately hurt others. If a crime does happen, Matos said, the police want to know about it to bring closure to those involved.

"Everyone has a different idea of what closure looks like," Matos said, "but everybody has the same idea of an ideal to success ... and we're here to make that possible."

see **NEW CHIEF**, page 8

Check out our special edition on *off-campus life* inside this issue

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Letter from the editor

How The Breeze covers traumatic events



One of the questions we often face as journalists — and one of the questions we often get asked — is where we draw our line in ethically gray situations, especially with stories involving injury, death or violence. How do we cover a student's suicide? How do we cover a sexual assault? What do we do in the situation of a school shooting? It's often a hard question to answer.

We faced one of those scenarios last week. A 21-year-old sent a threat to a JMU student and then, as the student was speaking with police officers, the individual drove by and fired several bullets at the student and officers. Luckily, no one was injured. The 21-year-old committed suicide shortly after.

The situation is terrible — hard stop. As journalists, we never seek to do harm to those involved in traumatic experiences, but we also have to do our jobs to cover traumatic events and inform the public of what's happened. It often happens that we talk to people on the worst day of their life. I want to address where we draw our ethics

and our lines.

There's no easy answer. The line, such that it may be, varies with every story and every situation. No situation or trauma is ever the same, which means we have to make fresh choices and evaluations every time. However, there are a few baseline principles we try to operate by.

First, we seek to do no harm to those who've been through traumatic experiences. We don't hound those individuals, we don't chase them down and attempt to photograph them in their worst moments or force them to painfully recount those traumatic moments for us. As an editor, I have a one-message policy. After something happens, if we identify an individual involved, my policy is for the staff of The Breeze to send out one message offering to talk. That's not always a perfect policy, miscommunications happen — but, that's the goal. I have no interest in intensely pressing individuals who've lived through traumatic experiences.

Secondly, we in the newsroom have extensive conversations about how we write

about and photograph these events. We talk about the angles we write from, who we talk to, what sources we rely on and other factors in covering these kinds of events. In this case, while the incident was occurring and directly after, we had a clear goal: Inform the public of the facts. A 21-year-old shot at a student and police officers; no one was injured; the area was secured by police; following the all-clear, students living in Charleston Townes were safe. Our job as a news organization is to do just that — do our best to inform the public and provide them with truthful, factual information.

There's a way to do that involves as little retraumatizing as possible. The best way may not always be entirely without hard conversations and sensitive topics, but sometimes, that's part of our job. Sometimes there's not a perfect solution, and so we do the best we can to both do our jobs and respect the people we write about and treat them with compassion.

Point is, it's complicated, and we do our best to navigate it. But, it's also important that we won't always get it right. I was the reporter

at the scene of the shooting that night.

I stand by that picture I took of the officer framed in the window of the residence of the individual who'd been shot at, but we've decided to blur the partially visible house address and the license plate of the car in front of the house. Blurring those two details doesn't change the story and doesn't take away from the photos. If those two details were crucial to the story, they would stay. But in the interest of doing as little harm as possible, we've decided to blur those details out based on a request from those involved. That's a request we want to respect.

Ethics are hard; covering traumatic events is hard. We won't always get it right, and we're open to critique. Our job as journalists often means hard conversations, hard moments and hard situations, and our job is to provide the story and the facts of what's happened. But, we'll always do our best to minimize our impact and any possible harm.

For us, that's our baseline policy, and I stand by that.

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The Breeze, the student-run newspaper of James Madison University, serves student, faculty and staff readership by reporting news involving the campus and local community. The Breeze strives to be impartial and fair in its reporting and firmly believes in First Amendment rights.

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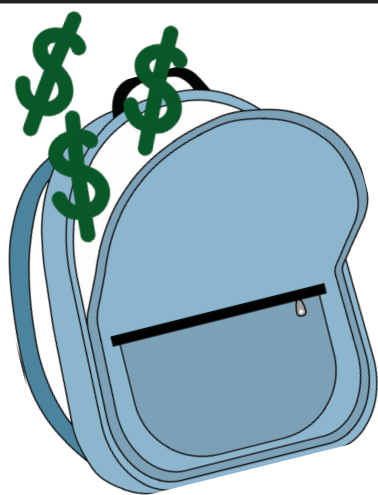
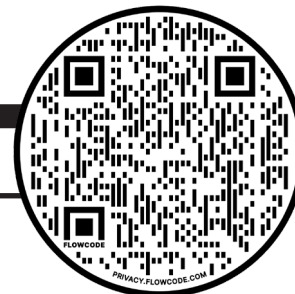


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Childcare access granted

JMU receives grant to help bring sustainability to preschool centers

By **OZIEL VALDEZ**
contributing writer

When Maryam Sharifian, a JMU assistant professor in early childhood education and the director of Early Childhood Initiatives, and her grant-coordinating team heard that a grant was available to work with childcare centers, they immediately knew JMU had to be a part of it.

After Sharifian and her team submitted their letter of request in May, the team put their heads together and prepared their final proposal, which included information regarding what opportunities this grant could provide to specific local preschool centers.

On July 1, the Virginia Early Childhood Foundation (VECF) awarded a \$3.6 million mixed-delivery grant — a grant that provides private and community childcare centers with any assistance they need using private and public funding and social service programs — to JMU. Sharifian currently directs the grant and works alongside her two grant coordinators, Stacey Bosserman and Yvonne Frazier, and their grant-coordinating team.

“I think seeing that there was this opportunity was inspiring for us, and that was the main reason [we applied for the grant],” Sharifian said. “We are not just talking; we are not just theorizing — we are practicing.”

Sharifian has previously worked in the

U.N. and in other international educational programs focused on bringing education to lower income families. She said she carried her experience from those programs to her outreach in the U.S. alongside this grant. The grant will provide funding for childcare centers, Sharifian said, that’ll be accessible to families of lower financial status. In addition to this, she said, the grant will help families with diverse backgrounds — such as second-language speakers, children with special needs and other backgrounds.

Sharifian said her goal and passion has always been helping and supporting children and their families. She specifically cites closing the gaps between access in an equitable way as a main focus of hers.

“I hear that faculty don’t have childcare access, so they have to bring their kids to work, or I see families who are working two or three jobs where there is no after-school or before-school care,” Sharifian said. “These are not supposed to be problems in the First World.”

One of the biggest hopes Sharifian has with the mixed-delivery grant is to provide sustainability to childcare centers throughout the year; specifically, if a child leaves a childcare center before their term is over, the childcare center wouldn’t lose that money.

“When you have a child who comes and then leaves, you lose the amount of money the providers give,” Sharifian said. “This is not a sustainable way for [centers].”

Sharifian said the grant helps bring sustainability to the childcare system, allowing providers to worry less and have a secure amount of money to increase the quality of their programs.

The mixed-delivery grant funds admissions for these qualifying families throughout the areas of Harrisonburg, Rockingham, Shenandoah, Rappahannock, Paige, Winchester, Staunton, Augusta and Waynesboro. In total, there are 23 childcare centers that the grant will fund admissions for. The Harrisonburg-Rockingham Child Day Care Center (HRCDDC), directed by Delores Jameson, will be one of 23 childcare centers participating in the grant.

“It was a huge, huge blessing to our program and to families that are using our program,” Jameson said. “It truly felt like Christmas day when I was able to go to several parents and say, ‘Verify your income for me, and this is what I have to offer you.’ It just felt like I was giving them a huge present.”

In addition to providing access to local childcare centers for low-income families, the grant covers other aspects of the childcare system.

Pamela Houck opened the Shenandoah Valley Child Development Center (SVDCDC) 33 years ago for her six-month-old daughter. Now, with Houck as the center’s director and her daughter as its owner, she said one of the biggest problems they’ve run into, alongside other centers, is staffing —

especially after COVID-19.

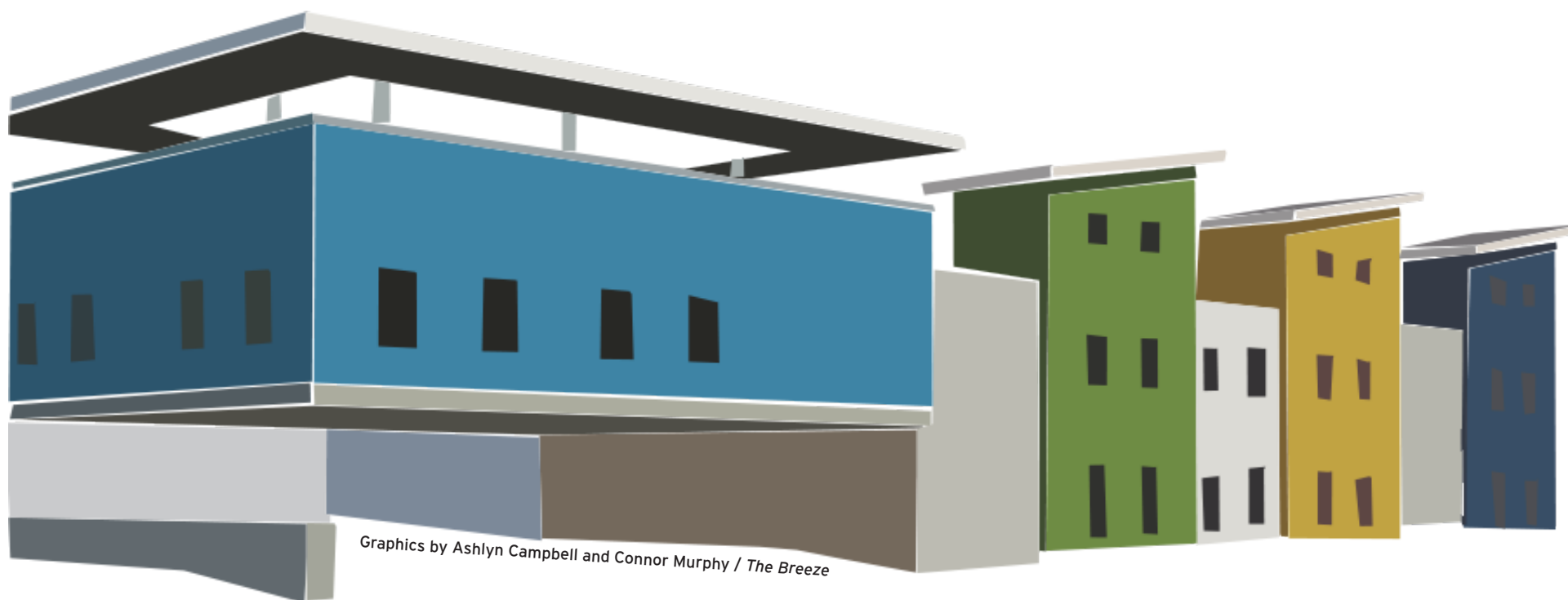
Houck said SVDCDC and other centers needed to create a substitute pool, similar to public school systems, to be able to accommodate the shortage of staffing. In addition to this, she said, they’ve had to cut back facility hours, get multiple donations from food banks and other grants and cut back their population of students. Houck said she hopes this grant provides sustainability to her business, especially after recovering from these challenges.

“We can’t put America back to work without childcare,” Houck said. “We also can’t put America back to work with childcare centers only running at 50% capacity. Something needs to happen, and it needs to happen on a bigger scale nationwide.”

Houck said she believes the mixed-delivery grant can be a part of the solution to that. In addition, she also said she thinks that by increasing the childcare teacher wages, the quality of teaching they’re providing will improve.

“It takes somebody with a heart for ministry to be able to work in the center because it’s hard, long hours,” Houck said. “If this grant continues, it’s a win-win — not only for the state of Virginia, but across the nation.”

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Graphics by Ashlyn Campbell and Connor Murphy / The Breeze



The Starships have been delivering food to students at JMU since 2020, but they first launched at George Mason University in 2019. Megan Bradshaw / The Breeze

JMU's food delivery robots are now the targets of vandals

By KINGSTON THOMAS
contributing writer

Aliza Eloise, a junior psychology major and Resident Advisor (RA) at Paul Jennings Hall, got back to her dorm room one night after hanging out with friends. She happened to glance outside her window and noticed a troubling sight.

"I got to my room and saw a Starship coming," Eloise said. "Two guys picked it up, walked maybe 50 feet then stopped, took it into the grass and rolled it around before flipping it over and letting it go."

On Sept. 11, Eloise recorded the vandalism incident involving two JMU students and a Starship robot. Eloise said she was unable to interfere during the incident due to her being on the fifth floor. Instead, she said she recorded it and sent the video in an RA group chat that she's a part of.

"When I sent the video in the RA group chat, my hall director suggested reporting it for vandalism," Eloise said. "I would have, but I don't think I had the proper information to do that."

Eloise said she believes it's hard to say something in the moment, and it's often hard to catch people vandalizing.

JMU's Starship food delivery robots have been delivering food to students on campus since last year. Starships first made their debut at George Mason University in 2019, then arrived at JMU in 2020.

Brenna Gannon, a senior biology major, said she enjoys the robots' presence at JMU. Gannon is a campus tour guide, and she said the most questions she receives on tours are about the robots, such as why they're here, what they do and the most prevalent comment, "Why are they so cute?"

Gannon said the vandalism of Starships upsets her, and she said she hopes the perpetrators stop because JMU is one of the first schools to have this service on campus.

"I'd ask them to stop because we're very lucky to have [the robots] here," Gannon said. "Not very many universities have them, and they may get taken away if we keep abusing them."

In an email, JMU Dining Services Executive Director Brent Beringer said dining doesn't directly operate the Starship robots. Upon checking with Starship Technologies, Beringer reported that "they haven't seen a level of vandalism that gives any concern."

In an article by The Business Journals, Nick Handrick, Starship Technologies' head of operations in Washington, D.C., said the robots are equipped with a number of anti-theft and anti-vandalism

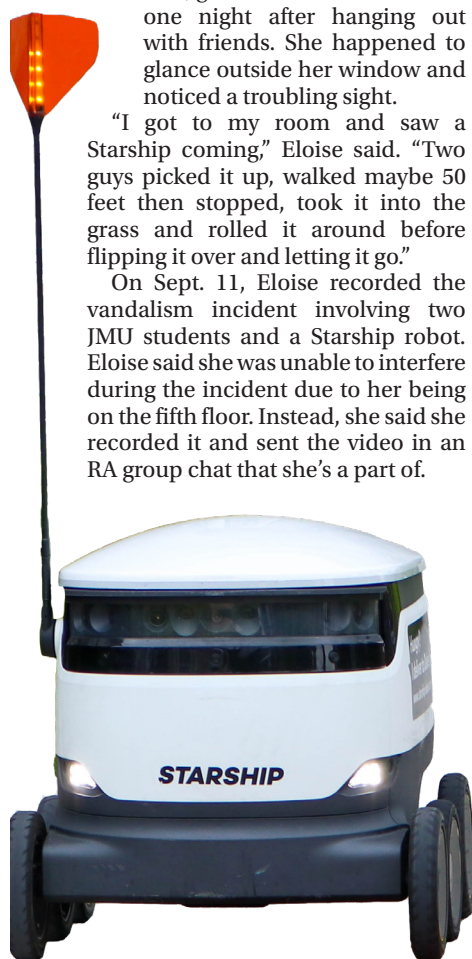
measures. He explained that if someone tried to steal the robot or the food inside it, the Starships have many GPS units inside, as well as nine cameras and many sensors to track each individual robot.

If someone were to mess with any of the Starships, Handrick said, the robot could simply take a picture or video of their face.

Some students, like Gannon and Eloise, hope the unfair treatment of the Starships is stopped soon.

"I don't understand," Eloise said. "What did they do to you?"

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"I'd ask them to stop because we're very lucky to have [the robots] here. Not very many universities have them, and they may get taken away if we keep abusing them."

Brenna Gannon
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So far this year, the Rockingham-Harrisonburg SPCA has recorded 934 total adoptions. Emma Connolly / The Breeze

Pandemic pets

Local animal adoption rates remain steady through COVID-19

By **ADAIRE ADAMS**
contributing writer

As the Harrisonburg and JMU communities carry on throughout the pandemic, a number of changes in lifestyle have emerged — one is an increase in pet ownership.

Tiffany Corbin, JMU alumna and marketing and fundraising manager for the Rockingham-Harrisonburg Society for the Prevention of Cruelty to Animals (SPCA), said the center saw an estimated 20% increase in adoptions and 400% increase in use of the foster program in 2020.

Corbin confirmed that these numbers have been consistent through this year ever since the vaccine has been introduced, and businesses, schools and other institutions have begun to open back up. She said the center recorded its highest number of monthly adoptions ever at about 200 animals. The center's seen a "really steady flow of adoptions going into this year," she said, recording 934 total adoptions so far.

Corbin said although the SPCA doesn't keep track of the demographics of people adopting animals, the staff

assumes that more of the adoptions are coming from older locals rather than JMU students. Whether this increase in pet ownership is reflective of the JMU community in particular is still unclear.

For students living on campus, pets are prohibited. Even though owning a pet on campus goes against university rules, some students sneak pets into the dorms. Carolina Kirkpatrick, a sophomore media arts and design (SMAD) major who lived in the dorms last year, said she secretly bought a hamster for \$10 from a friend who could no longer give the hamster the attention they thought he deserved. Her roommate last year, Tegan Lee, a sophomore elementary education major, co-owned the hamster with Kirkpatrick.

Kirkpatrick said their hamster is "very loud and loves his wheel," while Lee referred to the hamster as a "serotonin booster," especially in the midst of living on campus during a pandemic.

With 30% of students residing in a variety of off-campus housing, some complex's leases allow opportunities to have pets. Junior engineering major Zach Neal owns a dog in his off-

campus apartment. Neal bought his dog from a local breeder in Roanoke, Virginia, in April during the pandemic. He said that balancing school work, extracurriculars and being a pet owner is difficult, but he has help from his girlfriend and friends.

"It's definitely hard," Neal said, "but I've got a lot of friends that love to walk her."

Corbin encouraged local individuals to adopt community cats — the "stray outdoor cats that don't belong to anyone."

Corbin said the SPCA's "highest intake of stray animals is outdoor cats," adding up to 952 cats this year.

Corbin encouraged adoptions, fostering and donations. To adopt, Corbin said people should go to the SPCA to meet the animals and take the necessary steps from there.

"We definitely always need more fosters and adopters," Corbin said.

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Dukes on patrol

New JMU police chief discusses priorities

see **NEW CHIEF**, from page 1

Matos said he's a "huge believer" in crime prevention and cited the history of policing as focusing on control rather than prevention. In teaching police departments around the world, Matos said he's seen that police departments aren't taking time to engage with their communities.

"Something I want to do and make sure with the JMU police department is ... meet our community that we are engaging," Matos said. "Without discussion and dialogue, then we're just beating the drums of our own ideologies, and we're not listening."

As for policing JMU students, Matos said one of his biggest challenges is helping the community understand that the JMU police want students to be as successful as possible. Matos said he's prioritizing getting reacclimated to the JMU environment and connecting to the community.

"We don't wake up and say, 'I want to arrest somebody today;' we wake up and we say, 'We want to prevent a crime today,'" Matos said. "But, the only way we can prevent crime is to gain that public trust; and the only way, I believe, to gain public trust is to become

engaged with our community."

King said Matos will have the opportunity to lead and make changes to improve the JMU police department. King said they've gone through retirements, and Matos will be able to hire new and effective campus police officers.

"I look forward to working with [Matos] to take the campus police department here at JMU to another level," King said.

Jessani Collier, president of student government association (SGA), said over text that she doesn't know much about the new chief, but said she hoped the new chief chooses to enforce "equitable and fair rule of law" in Harrisonburg.

"I sincerely hope that they're a positive influence in the community in a medium that uplifts marginalized communities and brings peace to the Harrisonburg community," Collier said.

Matos said issues like underage drinking and marijuana use are challenges for college campuses and that he doesn't stand by anyone under the age of 21 drinking alcohol. Matos said education is important to preventing underage drinking and issues related to it. He also said he wants to work with the student body to slow down alcohol consumption.



On Sept. 13, Matos swore in and replaced Interim Chief of Police Kevin Lanoue.

Photo courtesy of JMU

"Alcohol is there — it's part of the American society," Matos said. "I get it, but it's also necessary for young adults to understand that our choices have consequences."

With simple marijuana possession being legalized for adults over 21, Matos cited the JMU code of conduct and said drug use isn't permitted on campus.

According to the JMU Student Handbook, JMU will "continue to address possession, use, or distribution of cannabis on its property or as part of any of its programs or activities in accordance with federal law, regardless of changing state or local laws."

The student handbook also says JMU won't apply the drug policy to student use or possession of one ounce or less for students 21 or older if it isn't a part of JMU activities or on its property.

Matos urged students who use marijuana to stop or to seek help if they can't. Matos said he believes in the mental health and wellness of students and encouraged students to seek mental health treatment rather than using drugs.

"It's okay to go call a counselor, a clergy person, somebody who has that specific training because we have a lot of pressures

and a lot of stresses in our society today," Matos said. "I don't think turning to any drug, whether it be alcohol, whether it be narcotics, whether it be tobacco ... is okay."

King said Matos cares about the university and hopes the JMU community will reach out and involve him many different parts of campus.

The new chief said students will see him across campus, whether that be at sporting events or on his five-mile run every other day. Matos said he wants to be a part of keeping the university safe and ensuring the safety of JMU students so they can make a difference in the world.

"We live in such a divisive time, and when I walk across this campus, I don't see it," Matos said. "I see one JMU family, and if we can instill that type of spark, to go into this world and heal the wounds of the past and prevent the possible wounds of the future — that is what I'm looking forward to."

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Underage drinking and marijuana use, Matos said, are challenges for college campuses, and issues like these can be prevented through education. Matt Young / The Breeze

JUST THE SNAPSHOTS:

Recent pictures in news



Jake Conley / The Breeze

Police gathered at the scene of the shooting last week in Charleston Townes.



Emma Connelly / The Breeze

The JMU food pantry provides free food for students on and off campus.



Christine Brady / The Breeze

The Rockingham Circuit Courthouse is where The Breeze lost its lawsuit.

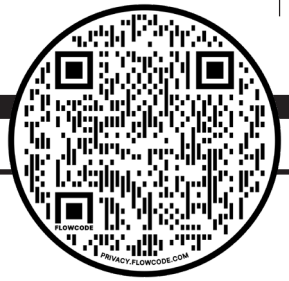
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From a Madison College graduate, Class of '71.

A **"clean-up-after-yourself"** dart to JMU students who forget about the numerous trash cans on campus.

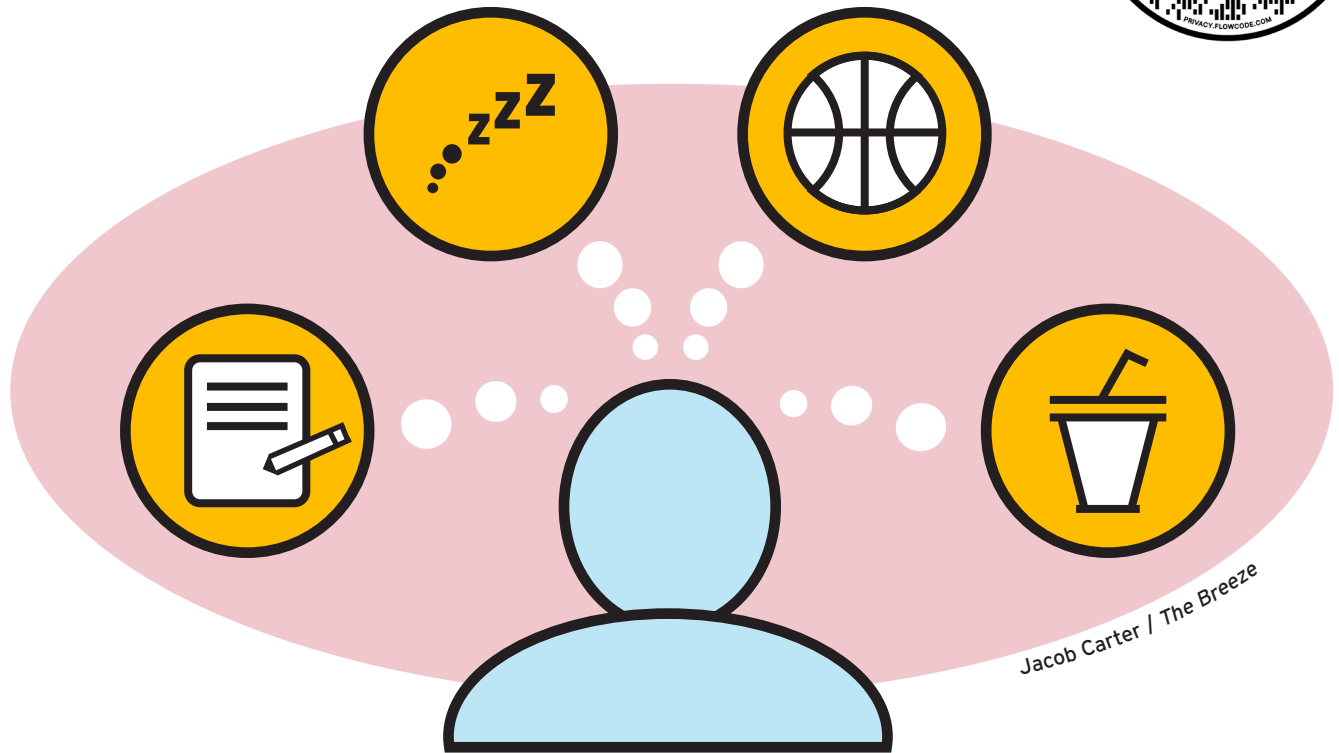
From someone who noticed the amount of masks littered around campus.

A **"thanks-for-the-help"** dart to all the people who witnessed me carrying twice my body weight in equipment and didn't offer to help.

From a SMAD student who's made one too many trips to the rental room.

A **"yeehaw"** pat to the two people drag-racing tractors down West Market.

From a very confused delivery driver.



Jacob Carter / The Breeze

MENTAL HEALTH FIRST

Mental health days should be prioritized, not stigmatized



MARGARET WILCOX | contributing writer

The concept of taking a mental health day may have seemed unneeded in the past. It may have even felt lazy. However, after almost two years of COVID-19, individuals have gone through the wringer to try to keep themselves together. It hasn't been easy for anyone.

Mental health is just as important as physical health. If someone was physically sick, they wouldn't force themselves to go to school or work. So, what's the difference if someone is mentally struggling? There isn't one, other than the fact that one can be visible.

Ryan Parkhurst, media arts and design (SMAD) professor at JMU, voiced his feelings on the matter.

"I think it's important that we all understand that it's OK to not be alright sometimes," he said. "It's OK to say, 'I just can't do it today.'"

While the idea of saying "I can't" may seem scary for some people, saying those words is one step in the right direction.

It can feel difficult to even begin to acknowledge a struggle. With

the idea of school always being the No. 1 priority, pushing a class to the backburner can feel unfamiliar. However, if taking a few days to recollect mentally is going to ultimately help, it's something that must be done. Mental health should always come before class or a job. If you're unable to be 100% there, it's hard to get anything out of it.

"We have this stigmatization of mental health issues in this country where it's kind of like a dirty word," Parkhurst said, "like it needs to be kept a secret."

The significance this statement holds is overwhelming. It can make people feel worse about themselves when they admit they have a mental illness. They don't want to feel weak or be pitied. According to the National Institute of Mental Health, an estimated one in four adults has a diagnosable mental illness.

In an article by the American Psychological Association, Bernice Pescosolido, a stigma researcher at Indiana University, stated, "[There's] about 76 million Americans who live with the fear that others may find out about their disorder and think less of

them or even keep them from getting jobs or promotions." While not only struggling with their disorder, individuals also have to struggle with the fear that they may not succeed in what they want to do because of it. This cycle is heartbreaking and defeating.

For Parkhurst, COVID-19 changed the way he views his job.

"I need to make sure that students get a good journalism education," he said, "but I need to be aware of the whole person, not just the student part."

The truth is, students aren't just students. They're people with lives that oftentimes have complications and struggles. It's unfair to let a 50-minute class period decide someone's worth and value. If a student feels they can't perform to the best of their ability, it's not worth showing up to class.

"By making you better, it will make your education better," Parkhurst said.

CONTACT Margaret atwillcomr@dukes.jmu.edu. Margaret Willcox is a media arts and design major.

Texas Heartbeat Act marks grim step back from Roe v. Wade

Jan. 22, 1973, is a day marked in history that gave women across the U.S. the right to choose. Pregnant women were given fundamental protection over their right to terminate or maintain a pregnancy. Roe v. Wade marked a crack in the glass ceiling dividing the rights and liberties of men and women.

May 19, 2021, is the day the Texas Heartbeat Act was enacted to ban abortions after the first six weeks of pregnancy, 18 weeks earlier than the mark that Roe v. Wade implemented. In addition, this act creates a system by which members of society can file a civil lawsuit against anyone they suspect of performing an abortion after the six-week mark. According to the Guttmacher Institute, in 2017, 55,440 abortions were performed in Texas.

What Gov. Greg Abbott (R-Tx.) and the entirety of the state legislature neglects to address is what happens next. In a perfect world, their plan may be executed to perfection. Abortions are only performed before the six-week mark. In this world, one would hope that

a woman is aware of her pregnancy and has the choice to terminate it before this time. However, The American Pregnancy Association estimates that most women will discover their pregnancy between the fifth and seventh week.

So what happens then in this Texas-made world when a woman discovers too late and doesn't have the financial means to take care of the baby? What happens when these 55,440 abortions halt? According to the Kids Count Data Center, a project that assesses children's well-being in the U.S., as of 2020 in Texas alone, there are 47,913 children in foster care.

Another national non-profit dedicated to helping children in foster care called iFoster states, "Within four years of aging out, 50% have no earnings and those who do make an average annual income of 7,500." This begs the question of how the Heartbeat Act fulfills its purpose. Yes, the Heartbeat Act ensures the life of an embryo, but all care and support for that heartbeat are lost after birth.

If Texas was as concerned as it pretends, there

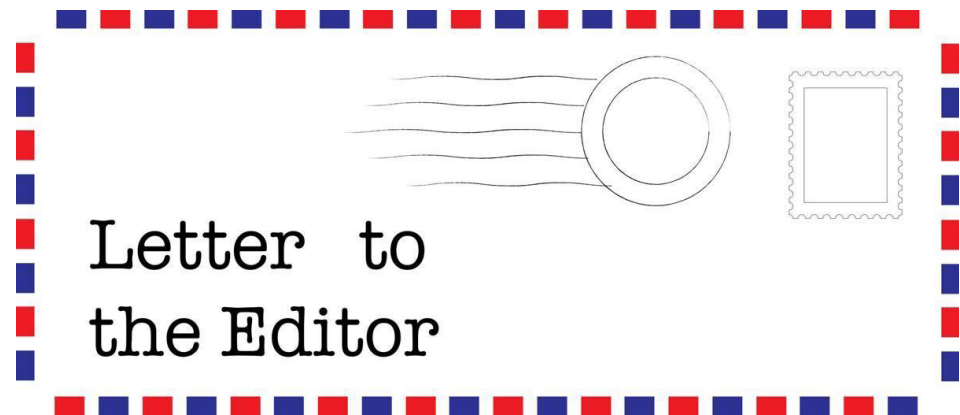
would be an assumed consistency with their deep-seated care for the human heartbeat. So why then would Texas be the state with the staggeringly highest number of death penalties since 1982? According to the Death Penalty Information Center, since then, Texas has executed 572 people.

This is hundreds above any other state. The monetary cost of a death penalty case is exponentially higher than that of imprisoning someone in a maximum-security prison for their life sentence. Texas prioritizes so much of its spending to end these heartbeats, so how much does a heartbeat really mean to its leaders?

If even a portion of the funds for death penalty cases could go towards pregnancy prevention programs, adequate foster care screening and programs to help children through foster care, then maybe the Texas-made-perfect world could exist. But, unfortunately, Texas remains set in its contradictory and hypocritical ways of claiming to care for the heartbeat, but in reality, just caring for control.

When the government can provide the financial means, housing, a supportive family, valuable education and the other necessities to raise the child, this law could hold a shred of reason. But, until that time, the government was ludicrous and inadequate in its rationale for its decision. Henceforth, Roe v. Wade was as important in 1973 as it is now.

Roe v. Wade's verdict needs to be upheld for the autonomy and liberty of the American woman to be maintained. Texas legislators need to wake up and re-evaluate their supposed care for the heartbeat because currently, the "care" dies after the first nine months.



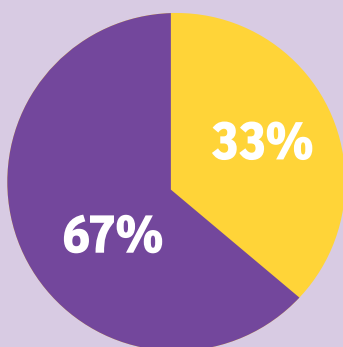
Letter to the Editor

Sincerely,
Gabrielle Christie

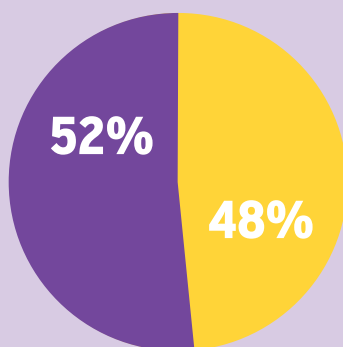
A STUDENT BODY DIVIDED

We asked, you answered: What do Dukes think?

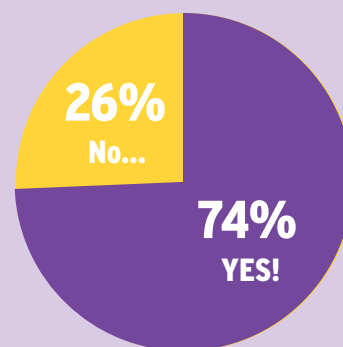
Chick-fil-A
or
Panera Bread?



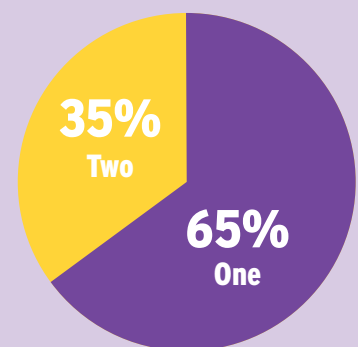
Thanksgiving
or
Halloween?



Is water wet?



How many holes does a straw have?





JMU clubs provide relief from social isolation caused by COVID-19



MIA HAZELDINE-ROSS | contributing writer

COVID-19 has shown the value of social interaction during stressful times, and now that school is finally

back in person, it's time to make the most of what JMU's extracurriculars have to offer. Clubs are an important part of the college experience. They provide a source of social support and entertainment while students work hard to earn their degree — but that's not all they offer.

Research conducted by Education Research and Reviews showed students who partake in college extracurriculars, even when studying the same amount, have a higher GPA and attendance record than those who don't. A similar study by The Aquila Digital Community found a correlation between extracurricular participation and higher SAT scores in high school students. These students were also shown to have a greater interest in pursuing higher education than those who weren't involved in any clubs. The National Association of Student Personnel Administrators (NASPA) conducted interviews with students in the first week of their freshman and senior years and discovered a consistent trend in developmental success in those who participated in extracurricular activities.

Clearly, joining clubs can have a positive effect on both social and academic development. Clubs by nature are a social experience, as they normally consist of at least two members contributing to some sort of mutual goal. The academic benefits of clubs are less obvious but no less important. Working together to achieve a

goal, even if that goal is just to enjoy oneself, requires logical thinking, time management and communication — all valuable skills in an academic environment.

Joining a club doesn't need to be academic in nature for a student to reap its benefits either. After all, it's best to balance work and leisure. Purposefully dedicating time to a fun activity helps lower stress and gives someone something to look forward to throughout the week. Clubs are an easy and often free source of entertainment for those who don't have a car or are low on cash.

"The benefits of joining clubs are the communities and interests you get to explore," Cole Davies, secretary of the Anime Club, said. "I feel that the later benefits of this club are brought through the connections made."

JMU offers a variety of different clubs that anyone can join, but it's best to consider what you hope to get out of it. If you'd like to meet people, consider the Antisocial Social Club, which offers a low-pressure environment for anyone who might not want to fit into the mainstream. If you'd like to bolster your resume, volunteering with Give Volunteers, which volunteer and promote sustainability around Harrisonburg, or Dukes 4 Dogs, a club dedicated to volunteering at animal shelters, might be exactly what you're looking for. If you want to avoid the "freshman 15," the Walking Club is a great place for routine, low-intensity workouts.

Whether you want to meet people, learn or just have fun, extracurriculars are a great way to enhance your college experience and find your own family right here at JMU.

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Members of the JMU Kinetix club perform an impressive routine in front of Wilson Hall.

Photos by Matt Young / *The Breeze*



Sigma Iota Alpha members Sam Mostajo, Daniela Coronado, and Jackelyn Segura pose in front of their Student Org Night display board.



Eta Sigma Delta member Cat Cunningham stands ready to share information about her organization.



New struggles have arose in the trucking industry as COVID-19 has impacted the daily lives of those in the industry. Courtesy of Tribune News Service

Eyes on the road

The path toward post-pandemic trucking

By **FILIP DE MOTT**
The Breeze

Last Saturday concluded National Truck Driver Appreciation Week, an opportunity to uplift an often overlooked group of essential workers.

Prior to the pandemic, trucking was an already established backbone of U.S. shipping and transportation. According to American Trucking Associations, the industry's value amounted to \$791.7 billion in 2019, or just over 80% of national freight costs.

Reinforced by 3.5 million drivers, trucking businesses were on a continuous rise following the Great Recession. But with the COVID-19 outbreak, the streak ended, and many drivers were left without a job.

Though this isn't to say the trucking's economic fallout was evenly spread. One local carrier was able to avoid many of the pandemic's difficulties.

Surplus now, demand later

Rick Blizzard, the owner of Harrisonburg's Blizzard Transportation LLC, said he knew he wanted to be working with trucks since he was a kid.

"If my parents were sitting here today ... they'd tell you the first word out of my mouth was 'truck,'" Blizzard said. "There was never any doubt in my mind that that's what I wanted to do."

Alongside his father, they bought their first truck in 1985, "learned some lessons the hard way" and proceeded to set up their own business in 1992. The business has only grown since then, and it describes itself as a refrigerated carrier that serves the local poultry industry. With 17 trucks and 10 operators, it now serves clients from Texas to Mexico.

It was their niche that allowed the Blizzards to keep drivers on the road. Shandi Blizzard, Rick's daughter in charge

of company operations, put it in simple terms, laughing: "People still gotta eat."

No lockdown would change that, but other companies faced a different fate.

The nation's sudden closure, characterized by shuttered businesses and consumers' unwillingness to spend, meant there was a surplus of truck operators. In April 2020, around the time the pandemic started, 88,300 truckers lost their jobs.

The realities for those who remained behind the wheel weren't encouraging either. Apart from the real risk of infection, they've faced issues of closed truck stops and restaurants, leading to longer hours of sleep deprivation and hunger. Even showers weren't always an option, Shandi said.

"It was very hard to obtain parts for anything," she said, referring to how difficult truck repairs became.

Now, in an ironic twist, the trucking industry reels from a lack of drivers.

In the year following the pandemic's flare-up as the economy began its ascend out of lockdown, truck companies were met with a demand they couldn't keep up with.

"We have seen a 120% increase in clients on the job board in the last 12 months," Oliver Feakins, president of All Truck Jobs, said.

Unfortunately, rehiring previous operators isn't as simple as it seems. Many are finding an unwillingness to jump back in and are

weighing their options. As reported by The Wall Street Journal, other reasons for the trucer shortage include the fear of infection, prior dissatisfaction and the effect of stimulus checks.

According to the Journal, "Three-quarters of carriers responding to a Cowen survey in the first quarter of this year said they believe they will have to increase driver pay this year, compared with 50% in the same period in 2020."

Many companies are now offering payment bonuses and financial incentives in their search for new workers. It could work.

"Because of our pay and benefits package, we've been very blessed," Blizzard said, and when asked about losing drivers, he said, "We haven't lost anyone."

According to American Trucker, another potential solution has been the reintroduction of the DRIVE-Safe Act, a piece of legislation that would allow truck drivers under 21 to cross state lines.

Apart from safety concerns, some people in the industry feel that it fails to solve the underlying reasons due to which drivers quit. These include the difficulty of the job, long hours away from home and mediocre pay — the average salary was \$41,050 as of May 2020.

Quoted by The Wall Street Journal, President of the Owner-Operator Independent Drivers Association Todd Spencer put it another way: "If you've got

holes in the bucket, no matter how much water you put in the top ... you haven't really resolved that issue."

The route forward

But some have found that COVID-19 has added improvements to trucking operations.

According to U.S. Risk, an insurance group, there have been industry-wide improvements on a technological front, such as the adoption of electronic payments and transactions.

Meanwhile, some business processes have become more efficient, such as allowing for orientation sessions for new drivers to occur online — saving on time and money. Future outlooks may be promising.

Then, there's the unfolding legislative debate surrounding infrastructure overhaul. The \$1.2 trillion deal — a hot topic of debate on Capitol Hill — has an unclear future for now, yet one thing remains certain:

"I've trucked from Virginia to California to Florida to New York City," Blizzard said. "I will tell you that the infrastructure of the United States is terrible. It needs work."

While Blizzard emphasizes the need for change, he doesn't support the current deal.

Still, if renewal efforts were to occur, benefits wouldn't only affect those behind the wheel. Clients could too see changes, such as more adept delivery.

"[Freights] can move more efficiently with less congestion," David Heller, Truckload Carriers Association vice president of government affairs, said to American Trucker. "Getting more dollars to create better freight delivery networks certainly would prove that."

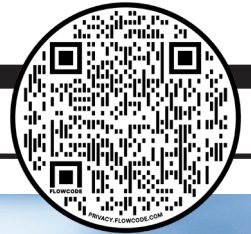
Whatever the future holds, the mission stays the same: Hands on the wheel, and eyes on the road.

"I will tell you that the infrastructure of the United States is terrible. It needs work."

Rick Blizzard

Owner of Blizzard Transportation LLC

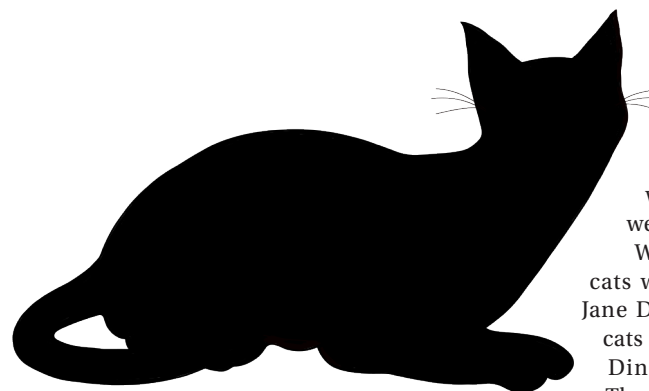
CONTACT Filip De Mott at demottfs@dukes.jmuedu. Filip is a senior media arts and design and international affairs major.



END OF AN ERA

The Quad Cats have been rehomed after a vet determined it was no longer in their best interest to live outdoors. They now live with one of their caretakers, Laura Wisman. Photo courtesy of JMU Creative Media

JMU bids farewell to beloved Quad Cats



from **QUAD CATS**, page 1

around, but it's unknown where the third cat went.

"Obviously they felt safe enough here," Wisman said. "I think they got used to people being around and liked it, and in the summertime, when most of the students were gone, they got lonely."

Wisman was introduced to the cats when one of her colleagues, Jane Dinsmore, began feeding the cats outside of Burruss Hall. After Dinsmore was interviewed by The Breeze in 2011 and asked for help feeding the cats, Wisman got

in touch with Dinsmore and got involved in caring for Dolley and Jimmy.

When the decision was made to get rid of the bushes at Burruss Hall, Wisman and the other caretakers tried to get the cats adjusted in different places around campus, such as near Keezell Hall. Wisman said facilities management did everything they could to help move the cats and even put up cameras when Jimmy went missing.

"I don't want to put any kind of negative light on [facilities management]," Wisman said. "When we couldn't find Jimmy, they were concerned, and they're just like, 'What can we do to help?'"

Although Dolley went missing first, Jimmy's disappearance after Dolley's return caused

many to worry about what happened to him. Wisman said she received texts from people claiming they'd seen him in different places. Both cats had injuries when returning from their disappearances, Wisman said, but Jimmy's injury required one of his legs to be amputated. Wisman suspected he may have gotten hit due to the severity of his broken leg.

"Once we realized how bad Jimmy's injury was, it was just like, 'We gotta do something,'" Wisman said. "It's just not safe for him to be out [on campus]."

Wisman said Jimmy was taken from campus before Dolley to recover from his surgery, and he needed to be in a crate before getting his stitches removed. This allowed Jimmy to adjust to being an indoor cat on his own — it also allowed Dolley to say goodbye to campus before she was taken to Wisman's home Sept. 14. Dolley was recently diagnosed with feline immunodeficiency virus, which is treatable and manageable if the cat is kept indoors, Wisman said, but both cats are doing well.

"They're still getting used to being indoor kitties," Wisman said. "I'm hoping to be able to share stories and pictures about them as soon as they get kind of settled in and acclimated."

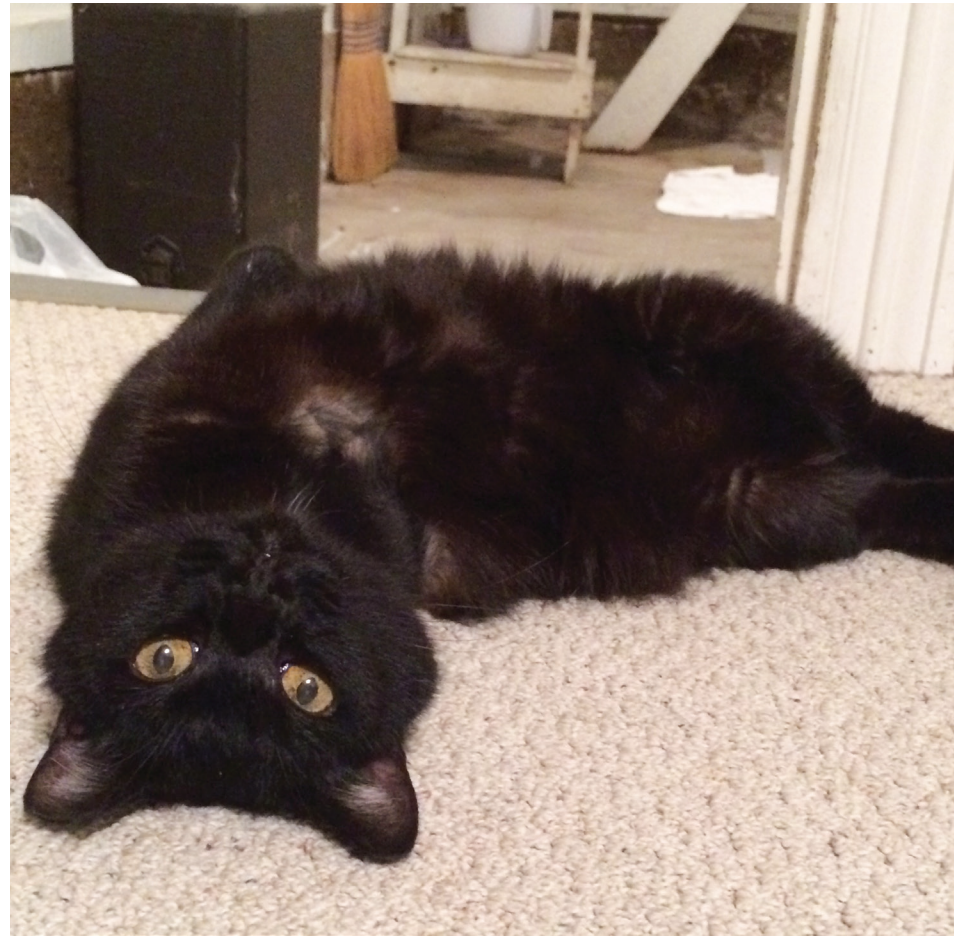
Wisman said she was unsure of how students would react to the news of the cats' removal on campus, especially since she received messages from people saying how worried they were about the cats when Jimmy disappeared.

"Obviously they felt safe enough here. I think they got used to people being around and liked it, and in the summertime, when most of the students were gone, they got lonely."

Laura Wisman
Quad Cats caretaker

"All of the other caretakers had other cats," Wisman said. "It just so happened that I didn't have any cats, so I was like, 'I'll take them.'"

Although it's unknown exactly how the Quad Cats made their way to campus, Wisman said she's heard that Dolley and Jimmy were part of a litter of kittens a student may have owned on or off campus. Wisman said that when summer came around, rumor had it that the cats were left behind and made their way to campus. Wisman said Cat's Cradle, a local animal protection organization, found three cats searching for food on campus and took them in to be fixed. After returning Dolley and Jimmy to campus, the cats stuck



Jimmy went missing for a few weeks over the summer and returned with an injury that resulted in the loss of his right leg. Wisman suspects he may have been hit by a car. Photo courtesy of Laura Wisman

Dolley was relocated to Wisman's home Sept. 14 after recently being diagnosed with feline immunodeficiency virus. Photo courtesy of Laura Wisman

She said she knows how much the cats meant to them.

One student shared a story with Wisman about how she interacted with one of the cats by giving them some of her sandwich and said it was the "best day ever."

"People were coming up to me asking about [Jimmy] and saying, 'You know, everybody loves these cats,'" Wisman said. "These are JMU cats."

The reaction from students about the re-homing of the cats has been one of sadness, with many sharing fond memories and interactions with Dolley and Jimmy. Casey Williams, a freshman biology major, said she was excited to make friends with them while attending JMU.

"I bought a whole little container of cat treats that I carry with me in my backpack," Williams said. "This makes me so sad."

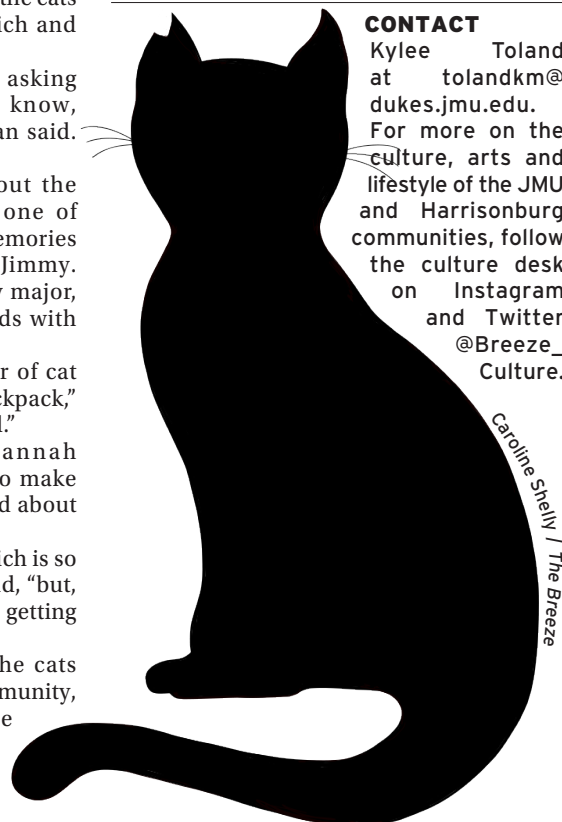
Freshman biology major Hannah Beauchamp said she also wanted to make friends with the cats and was worried about them upon hearing the news.

"They were getting used to me, which is so sad that they're going," Beauchamp said, "but, I mean, if it's for the best, and they're getting a new home..."

When asked why she believed the cats have such an impact on the JMU community, Wisman said the Quad Cats' presence over the past 11 years gave students a sense of comfort — a reminder of their own pets at home.

"When [students] are away

from home, they miss their pets," Wisman said. "And to see Dolley and Jimmy around campus, I think it's comforting."



CONTACT

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Caroline Shelly | The Breeze



"I bought a whole little container of cat treats that I carry with me in my backpack. This makes me so sad."

Casey Williams

Freshman biology major



The Quad Cats are local legends on campus, and many students considered an interaction with the cats to be good luck for exams. Courtesy of @jmucl on Instagram

From 'Cats' to campus



Stergion said Brent is "a bubbly guy" and always makes an effort to connect with his students, both in the classroom and throughout the halls of the Forbes Center. Logan Hale / The Breeze

Professor shares Broadway experience with students

By **GRACE FEUCHTER**
contributing writer

"Boom bah boom bah pah pah boom bah." Assistant professor Jacob Brent yelled to his musical theatre styles class. They pirouetted, clapped and slid to the beat as Brent stood in the front of the classroom, observing. Brent, a former Broadway and West End performer, is the musical theatre coordinator at JMU.

Brent's success story isn't a traditional one. "It happened lightning fast for me," he explained. "I was in the right place at the right time, and I could fit the costume."

At 20 years old, Brent was cast as Mr. Mistoffelees in "Cats" within a week of moving to New York City, and he ended up staying at the show for a decade. Brent's ballet background helped him get the part, but other than starring in a production of Starlight Express in Las Vegas, he had little musical theater experience.

"The universe sort of lined up, and I was there, and I was ready and prepared, and they needed a slot and it just happened," Brent said. "It sounds kinda magical, and it was, but it was also a lot of hard work."

Although he'd done one show in the past, Brent was new to Broadway and sought to learn from his fellow cast members, some of whom were Broadway veterans.

"I was aware enough just to keep your mouth shut and listen and watch and learn from these people," Brent said.

Brent jokes that he had "an undergraduate

and master's degree in 'Cats' and a residency." He said it "really was my schooling."

As Brent himself became a veteran performer, he said he gained confidence in his skills and abilities, which he now shares with his students. He became a professor wanting to make a change in the musical theater education industry, he said, and one of the ways he does that is by teaching in a different way than how he was taught.

"It's a different world with different students," Brent said. "How do we make it better?"

Brent has personal connections with many students. Brent can't walk more than a minute through the Forbes Center for the Performing Arts without a student stopping to say, "Hello." He addresses each student and makes an effort to help them in any way he can.

"He's definitely just, like, a bubbly guy, and he definitely makes an effort to know everyone's name," Makenna Stergion, a senior musical theatre major and one of Brent's students, said. "Even if you're not a musical theatre major in the class, he definitely still engages with you and makes a connection with you."

In class, Brent takes time to joke with his students. They all laugh and joke back to him while waiting for the music to start. Then, all Brent has to do was count, "five, six, seven, eight," and the class begins to dance.

The students work on a black Marley dance mat in a large dance studio. The studio, their classroom, is located in a back corner of the Forbes Center for the Performing Arts, down

large halls with dressing rooms and prop shops. The classroom entrance leads to the stage, with rows of students facing the mirror and eager to learn. Past the large red curtains is a wood floor where the audience could sit if the room was used for a performance. The ceilings are high, but the wings of the stage are small. Brent stands in the front of the classroom, wearing black sweatpants and a black T-Shirt that says, "You can't fight the jazz." His hair is silver, and his voice is loud as he projects to class.

At one point, he asks Stergion to demonstrate her favorite move for the musical theater styles class. The whole class bursts into laughter and cheers as she dances.

Stergion later explained how she'd taken this class in the past and knew the dance combination he was teaching. She said she's taken multiple classes with Brent and has been in two musicals he's directed and choreographed: Twelfth Night, a musical adaptation, and Side Show, a musical about conjoined twins looking for fame and acceptance in the vaudeville era.

"In, like, every class I've been in with him, he'll bring in his Broadway friends," Stergion said. "It's honestly been really helpful to get so many connections from him and also learn firsthand from him how to prepare to go into the real world of the theater industry."

Senior musical theatre major Colie Vancura said she's thankful to be taught by a Broadway performer.

"His firsthand knowledge and experiences

are so helpful," Vancura said. "It doesn't seem unattainable."

Vancura explained how Brent "doesn't sugar coat it" when talking about his experiences, and he tells stories about the good and the bad to fully prepare his students.

Brent's class focuses on moving chronologically through the theater world, starting with classic styles and moving toward contemporary. Brent also adds some of his own musical theater history knowledge to the class, exploring topics like dance anthropology and the African roots dance comes from. Sam Sinnott, a senior musical theater student of Brent's, said dance and musical theater have a complex history, and he's thankful Brent takes the time in class to address those issues.

"It's important that people that are training to be in that field to know, kind of, like, our history," Sinnott said.

Sinnott said his Tuesdays and Thursdays are busy, but he enjoys starting the day with Brent's class. Not only does Sinnott enjoy dancing, but he said he enjoys the energy Brent brings to class every day.

Sinnott said Brent is constantly cheering on his students.

"If you hit a triple pirouette, he's screaming your name across the studio," Sinnott said.

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Tastes like home



Scotty's Homemade Italian Ice provides Harrisonburg with frozen favorites

By GRACIE BROGOWSKI
The Breeze

Thanks to a local family, Harrisonburg residents have the opportunity to cool off with a homemade Italian treat.

In 2019, the Mathusek family opened Scotty's Homemade Italian Ice. What started as an at-home activity with a small stand has blossomed into a full-fledged business: a small truck on South Main Street next to Grilled Cheese Mania.

"We didn't used to have this bigger trailer," owner Scott Mathusek said. "We used to have a small cart and ... we just didn't have enough time to make the product."

Mathusek grew up in New Jersey and said he loved getting Italian ice with his dad. When he moved to Harrisonburg, this was one of the things he said he missed about home.

"After my little league games, my dad and I, a lot of times, [would] go and get some pizza," Mathusek said. "And the pizza places in New Jersey, they sold Italian ice."

Noticing the lack of authentic Italian ice that he enjoyed growing up in New Jersey, Mathusek decided to take matters into his own hands.

"Finally, four years ago about, here I was," Mathusek said. "I thought, 'Oh, I'll look on Google to see, how do I make Italian ice?'"

After testing several online recipes with his blender, he decided to purchase a professional machine to use at home with his family — that is, until his kids tried the ice.

"We were just making it for our kids at home, and they tasted it, and they were like, 'This is so delicious; we have to make a business out of it,'" Monica Mathusek, Scott's wife, said.

Scott began looking for the right spot to set up shop. He chose the parking lot next to Grilled Cheese Mania. He thought it was perfect since it doesn't sell any dessert and the two places are

complementary — the owner of Grilled Cheese Mania is from New Jersey as well.

Monica said owning a family business was always a dream of hers. She said she loved working for the floor installment business that was run by Scott's dad back in New Jersey, so they decided to bring the idea of working together back to Harrisonburg.

"We love being together and working together, so we thought it would be fun to do that with our kids," Monica said.

The Mathuseks said their kids made a big impact on the creation of their business. Scott said it's a way to teach them the importance of working by making a family activity out of it.

The process of making Italian ice is similar to how people make ice cream, Scott said. They put ice, sugar and flavoring together and place it in a batch freezer.

The truck offers a small variety of flavors like classic lemon, cherry and blue raspberry, along with some of Scott's childhood favorites like chocolate and rainbow — which consist of a mix of all three flavors. Although it's not 100%, the owners said they try to use more natural flavors for their ice. Scott said they use products like fresh and frozen fruit, dairy-free chocolate sauce and Oreos in the process for their cookies and cream.

"I definitely love [that they use more natural flavors]," junior science communication and disorders major Annaliese Tamek said. "I think that's really cool, and I think their choice to do that really shows in their flavors."

Read the full story at breezejmu.org.

CONTACT Gracie Brogowski at brogowsx@dukes.jmu.edu. For more on the culture, arts and lifestyle of the JMU and Harrisonburg communities, follow the culture desk on Twitter and Instagram @Breeze_Culture.



Scott said he got the idea for his Italian ice business from a childhood memory — after his little league games, his father would take him for pizza and Italian ice. Christine Brady / The Breeze



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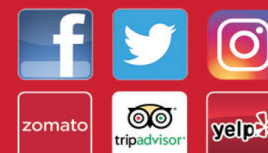
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FOLLOW THE MANIA





Forward Ginger Deel fights for the ball against ECU. Trevor Cockburn / The Breeze

'A leader by example'

JMU women's soccer's Ginger Deel has developed as a top player during her career

By **CRAIG MATHIAS**
The Breeze

In her fifth year with JMU women's soccer, Ginger Deel has transformed from a last-minute recruit to a household name for the Dukes. Her growth both as a player and person is present in all facets of her game and as a role model to underclassmen, head coach Joshua Walters said.

Originally committed to the University of San Diego, JMU wasn't even a thought for Deel. That was until the coach for the Toreros was let go, after which Deel reopened her recruitment. With her parents being from Charlottesville, Virginia, the Deels looked to U. Va. first; however, the Cavaliers didn't have a spot. Next, Deel went to a camp at JMU, received an offer from then head coach David Lombardo, and joined the Dukes that fall.

"[Committing to JMU] was the best thing that ever happened to me," Deel said. "[David Lombardo] saw me only at a one-day camp, and he just gave me that chance ... I'm forever grateful for him doing that."

Finding a home at JMU required a tough adjustment from the West Coast, Deel said — a rough preseason shook her confidence as she started her college career.

"I remember walking into preseason, and I hated it," Deel said. "I just remember [sitting] on the dorm steps thinking I was the worst player on the team. All my confidence was gone, and [Lombardo] kind of saw something in me that I didn't see. He would bring me into his office and remind me why I'm here."

Deel went on to earn CAA All-Rookie team honors her freshman year, netting four goals — three of which game-winners — and an assist in eight starts. Walters took over the team in 2018 — Deel's sophomore season — and attested to her all-around improvement as a forward.

"When I first got here ... she was a player that was good at getting into the center of the box to score [while] someone else would make the game for her," Walters said. "She's now a complete player — she can do it herself. She can beat people off the dribble; she can hit shots from range, and now, she can create so much on her own."

The ability to expand her skillset has been vital to Deel's rise to a contributing starter for JMU, Walters said. Deel has garnered All-CAA honors in the past three seasons, earning first team in 2018, third team in 2019 and second team in 2020-21.

Another person who's been able to watch Deel broaden her skillset is athletic trainer Leah Schoen. This past summer, Schoen said

Deel chose to remain in Harrisonburg to train for the season.

"[Deel's] always the first person at practice and the last one to leave," Schoen said. "She stayed the whole summer and trained with our strength coach just to make sure she was fit enough and strong enough for this season."

On top of the improvement on the field, Schoen noticed Deel's growth as a teammate. She said she's observed how Deel came to JMU as a reserved individual and is now someone the freshmen can learn from this fall.

"As a freshman, she was a little shy," Schoen said. "Now [as] a fifth-year senior, she's more of a role model for the younger girls on the team. As she's grown, she's become more confident, [and she's] someone all the girls look up to."

Deel is aware of how her confidence has grown over these five years. She said this confidence doesn't win her games or score goals for her, but despite being older than most players, every matchup requires the same mindset.

"I feel like I have a lot more confidence now from when I was a freshman," Deel said. "Now that I'm a fifth-year [player], I'm older than a lot of the players I'm going up against,

[but] they put their shorts on the same way I do."

Schoen said all of Deel's accolades are matched with her kindness toward coaches and teammates. This includes Schoen, who said she sees Deel as someone who's always looking to help out.

"She's a tremendous person [and] an awesome role model," Schoen said. "As an athletic trainer, if I ever need help with anything, she's always there to help me with my [athletic training] bag, and she's looking out for the freshmen."

Walters also attested to Deel's selflessness and how he views her as one of the Dukes' leaders. In the four years he's coached, Deel's changed from just a forward to one of the main voices in the locker room he said.

"She is a leader by example," Walters said. "She's gone from someone who kind of focused on herself ... now I can see her standing beside a player and impacting the younger players especially."

As JMU begins CAA play, Deel said she hopes to continue to set an example for the underclassmen in hopes that a new player will assume her role next year once she graduates.

CONTACT Craig Mathias @mathiack@dukes.jmu.edu. For more women's soccer coverage, follow the sports desk on twitter @TheBreezeSports.

Just a plane trip away

International players headline men's golf's roster this fall

By GRANT JOHNSON
The Breeze

JMU men's golf completed its first two fall tournaments Sept. 13-14 and Sept. 20 without the familiar face of two-time team captain Walker Cress. In the absence of the North Carolina native, players from around the world have taken over the team's leadership role and spotlight, JMU men's golf head coach Carter Cheves said.

The Dukes' 10-man roster now consists of six international players — led by three of four who are seniors from outside the U.S. This phenomenon is largely due to international players unable to combine school with athletics at universities outside of the U.S., senior England native George Heath and redshirt junior Switzerland native Nick Schlickenreider both said, but JMU's not specifically targeting this demographic.

"Our whole goal is to find the best players we can possibly find to fit here at JMU and to make us a better program," Cheves said. "They just happen to be international guys at this stage."

Cheves and previous head coach Jeff Forbes aren't strangers to bringing international talent to Harrisonburg. England native Jack Floydd (2014-18) and Thailand native Poom Pattaropong (2013-17) were JMU products who established the foundation for this current myriad of international players landing in JMU's golf program. Heath said he thought he'd be in "good hands" in purple and gold, witnessing this talent improve in his early years at JMU.

With a multitude of collegiate golf programs to choose from, Heath said beyond the already-successful international talent, JMU's practice structure made it stand out above the rest of his options. Other programs may give wide freedom to their players in regards to practicing individually, but that makes it "hard to hold yourself accountable," he said.

"I'm someone that likes to be told, sort of, what to do ... [to] know that I have to go to work out by a certain time, and if I don't abide by those rules, punishments are in place," Heath said. "Having those guidelines in place help sort of really get the most out of your game and realize what your potential could be."

For Schlickenreider, who learned English in sixth grade, he said it was the team aspect he picked up from Floydd and co. that put JMU at the top of his list — and he "didn't really get that feeling from other schools." As someone who had previously lived nowhere other than Switzerland, Schlickenreider said after his initial visit he "felt like home here," and every player was open and welcoming from the beginning.

This accommodation to foreign athletes is what makes JMU unique, Cheves said, as its international department helps make their transitions to the U.S. "about as smooth as you can make it." Even with the influx of international players, Cheves said the language barrier isn't as steep as one may think because most Europeans have English-speaking backgrounds, and players from elsewhere — like JMU redshirt sophomore and India native Yuvraj Joshi — have to show English proficiency on the SAT or the Test of English as a Foreign Language (TOEFL).

However, that doesn't mean the adjustment is completely seamless — Cheves said his international players' acclimatization to the

"American culture" is larger than language or communication. For example, he said he has to adjust his international players' yardage books from the imperial system's measurement of feet to the metric system's use of meters on the course so they can properly read it.

"It's almost like we're all thrown in the deep end," Heath said. "But I think in terms of team dynamic ... we're all away from friends that we had in high school and stuff; we're all so close because we're all experiencing the same kind of thing."

In JMU's end of the pool, finding quality international players is less like college recruiting and more like the process a company employer goes through. While Cheves said the process of finding players from lands far away is "not quite as difficult as it sounds," thanks to the advent of ranking systems like the World-Amateur Golf Ranking and the European Golf Ranking, golf recruiting has a quirk.

Cheves said prospective recruits will often send coaching staff emails that consist of pseudo "cover letters" consisting of what they're looking to accomplish, what their credentials are and a resume. If interested, Cheves said his staff will reply with a request for a swing video or more tournament results.

"It's almost like a job application," Cheves said. "We're just taking all of them and looking through them and scouring through all the ones we get and just seeing, 'Okay, what stands out? Does it look like somebody that could come here and help us?'"

Another aid in landing international talent? Cheves said that lies in the hands of previous team members like Floydd and Pattaropong going back to their home countries to help amateur players learn the recruiting system and how to get noticed. Low and behold, JMU has landed additional recruits from both their home lands — Heath and Warathon Zeng, who was a freshman on the 2017-18 team — but Pattaropong wasn't involved in Zeng's recruitment, Cheves said. Players on the 2021 squad are also visiting teammates' home countries, further developing JMU golf as a melting pot of different cultures, Cheves said. Among other trips, he said the team is planning a visit to see sophomore Siggi Blumenstein in his native country of Iceland.

"[The different backgrounds have] kind of opened up the world to all of our guys, even the ones that are already international," Cheves said. "They're still getting access to different areas that they may have never gotten without their teammates ... I think it's made for a more well-rounded experience within our team as a whole."

Despite coming from different backgrounds, Schlickenreider said the golfers have bonds spanning the team — domestic and international players alike — and Heath said each player ascended to Harrisonburg to represent purple and gold to achieve the same goal: "to be as good at golf as we can be."

"[I tell recruits], 'Come here if you want to get to the next level,'" Cheves said. "That's what we're trying to get guys to come here and do — to get in the program, develop year to year, use what we have in place to help them get to the highest level: [to] go play professional golf."

CONTACT Grant Johnson at breezecopy@gmail.com. For more men's golf coverage, follow the sports desk on Twitter @TheBreezeSports.

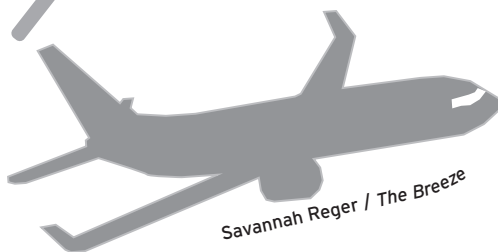
Thursday, September 23, 2021



Courtesy of JMU Athletics



Courtesy of JMU Athletics



Savannah Reger / The Breeze



Christine Brady / The Breeze

Trevor Cockburn / The Breeze

The Next

10

Graphic by Madison Root / The Breeze



Breeze file photos

Opinion | Who are the top 10 future JMU Athletics Hall of Fame inductees?

By **JOSHUA GINGRICH**
The Breeze

JMU Athletics has seen elite talent on its teams throughout the decades, and some of that talent's been elected into the JMU Athletics Hall of Fame. With the 2020 hall of fame class' induction ceremony Sept. 10, discussions about who might be in future hall of fame classes are coming up.

Here are the top 10 players who should be inducted; only past Dukes and teams will be on this list. The list is in chronological order, from the last year the player or team competed.

Dawn Evans (women's basketball, 2007-11)

The women's basketball guard is one of the best offensive performers — across all sports — in JMU history. She scored the most points in program history and also holds the program record for field goals and free throws made. The Dukes appeared in two NCAA Tournaments during her time in Harrisonburg, with eliminations in the first round in both 2010 and 2011.

Jake Lowery (baseball, 2009-11)

Jake Lowery spent two seasons as a solid catcher for the Dukes, and he was elevated to star status his junior year. That season, he inserted himself into the top 10 of several single-season categories. He won the CAA Player of the Year, was named an All-

American and won the Johnny Bench

Award — given to the best catcher in the nation. Lowery was drafted in the fourth round of the MLB draft by the Cleveland Indians and played professionally in the minor leagues for nine years. He was hired as manager of the Gulf Coast Nationals — a minor league affiliate of the Washington Nationals — in February 2021.

Jailyn Ford (softball, 2013-16)

Before Jailyn Ford stepped on the field for JMU, the Dukes hadn't made the NCAA Tournament since 2009. In her four years in Harrisonburg, JMU made the NCAA Tournament each year and won two CAA Championships. In the circle, Ford pitched a 1.51 ERA and struck out 815 batters in 706.1 innings. At bat, she hit .338 with 46 home runs and 155 RBIs.

Bryan Schor (football, 2014-17)

Schor was the starting quarterback on the 2016 national championship squad. During his four years at JMU, he set the program record for career passing yards, completions and touchdowns. Schor passed three touchdowns in a game three times — a feat that's only been accomplished twice in program history. He's the only Duke to have at least 8,000 career yards of total offense.

2018 lacrosse team

Entering the 2018 season, JMU lacrosse was coming off three consecutive NCAA Tournament appearances. But in 2018,

JMU went 16-1 in the regular season and won twice in the CAA Tournament to win the championship. The Dukes then rattled off four consecutive wins over ranked opponents, including No. 3 UNC and No. 4 Boston College, to win the first national championship in program history.

Jimmy Moreland (football, 2014-18)

Like Schor, Moreland was a key piece of the 2016 national championship team. He holds the program record for five career interceptions with 18 and interceptions returned for touchdowns. Moreland has since gone on to the NFL, drafted in the seventh round by the Washington Football Team, and now plays for the Houston Texans this season.

Megan Good (softball, 2015-19)

Good is one of the best two-way players in JMU softball history. In the circle, she finished with a career ERA of 1.03; in her sophomore and junior seasons, her ERA was sub-one. She holds the program records for wins, shutouts and strikeouts. As a hitter, she finished with a .351 batting average, 45 home runs and 188 RBIs.

TJ Bush (men's soccer, 2017-21)

For four seasons, men's soccer goalkeeper TJ Bush was a leader on JMU's defense. In his sophomore, junior and senior years, Bush and the Dukes yielded only 39 goals in 53 matches. In 2018, he was the starter on the JMU team that came a game away from making the College Cup. In the shortened

spring 2021 season, Bush was the CAA Defender of the Year as the Dukes allowed four goals in nine matches. He holds the JMU record for shutouts in a season with 13 in 2018 and in a career with 30.

Matt Lewis (men's basketball, 2017-21)

Men's basketball guard Matt Lewis was a crucial piece of the Dukes for four years. After making the CAA All-Rookie Team as a freshman, he made Third Team All-CAA as a sophomore, Second Team All-CAA as a junior and as a senior he made First Team All-CAA and was the CAA Player of the Year. Lewis ended his career first in JMU history for made free throws, third in points and 3-pointers and eighth in assists.

2021 softball team

For three weeks from late May to early June, JMU softball was one of the most popular teams in the country, and redshirt senior pitcher Odicci Alexander was one of the biggest celebrities in the sports world. The Dukes went 34-1 (17-1 CAA) in the regular season and CAA Tournament, then rattled off five victories in six games to make the Women's College World Series (WCWS) for the first time in program history. The Dukes defeated No. 1 Oklahoma and No. 5 Oklahoma State before falling twice to the Sooners.

CONTACT Joshua Gingrich at gingrih@dukes.jmu.edu. For more sports coverage, follow the sports desk on Twitter @TheBreezeSports.



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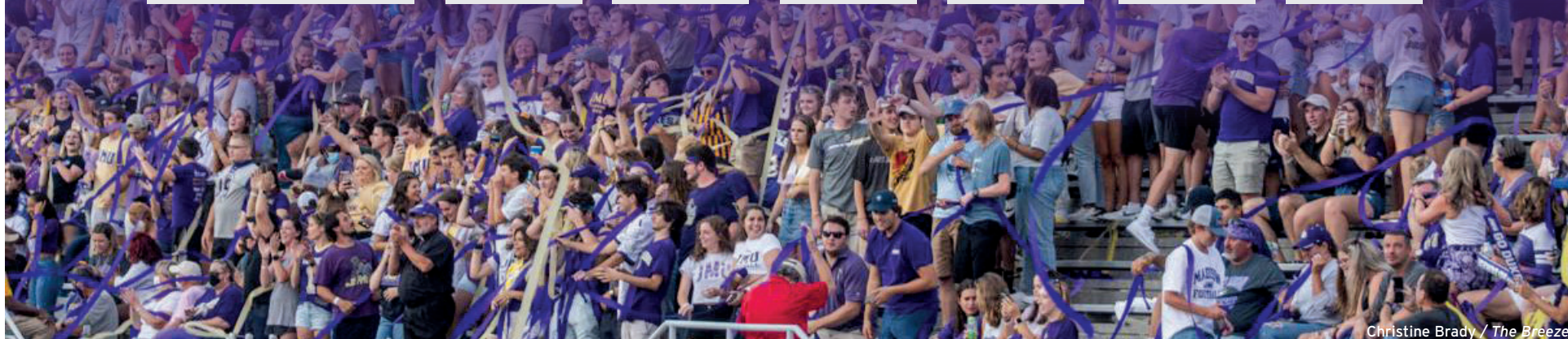


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SDSU vs. Indiana State	SDSU	SDSU	SDSU	SDSU	SDSU	Indiana State
W&M vs. Elon	W&M	W&M	Elon	W&M	W&M	W&M
Sam Houston vs. Central AR	Sam Houston	Sam Houston	Sam Houston	Sam Houston	Sam Houston	Sam Houston
UC Davis vs. Weber State	Weber State	Weber State	Weber State	Weber State	Weber State	Weber State
Notre Dame vs. Wisconsin	Notre Dame	Notre Dame	Wisconsin	Wisconsin	Notre Dame	Notre Dame
UNC vs. Georgia Tech	UNC	UNC	UNC	UNC	Georgia Tech	Georgia Tech



Christine Brady / The Breeze



JMU men's soccer celebrates the game-winner. Matt Young / The Breeze

Double overtime chaos

By **CRAIG MATHAIS**
The Breeze

After a stalemate for 108 minutes, redshirt junior defender Melker Anshelm delivered the first win in 41 years over U. Va for JMU men's soccer. It took 23 shots and a ninth corner kick, but redshirt sophomore midfielder Clay Obara found Anshelm in the middle of the box for the game-winner and a 1-0 win for the Dukes.

"The ball just popped out, and first I looked at the goal and I thought I could shoot," Obara said. "But I saw [Anshelm] in a better position, so I slotted it to him and fortunately, he found the back of the net."

In terms of possession, it was a tale of two halves, with JMU keeping the ball in U. Va.'s half of the field for most of the first half, while the Cavaliers created more chances in the latter, doubling their first half shot total to four. Despite 18 shots from the Dukes and six from U. Va., the contest couldn't be settled in 90 minutes, pushing it to overtime.

"I think it was a little bit of an up-and-down game in terms of transitional moments," head coach Paul Zazenski said. "With that, the game gets stretched and legs get tired, and that's probably a little bit [of why there was] a lack of possession. But we still created a ton of chances ... and we were lucky to bury one in the last minutes of overtime."

After neither team could find the breakthrough in the first overtime, double overtime followed suit. At 108', Obara squared the ball toward the middle of the box for Anshelm to find the back of the net and win it for the Dukes.

"What a feeling," Anshelm said. "I feel like we dominated for almost 110 minutes ... against U. Va. who we haven't beaten in 41 years, so beating them this way is a pretty good feeling."

With the win, JMU moves to 6-2 and travels to Elon on Sep. 25 at 7 p.m. The Cavaliers fall to 2-4-1 and return to Charlottesville on Sep. 25 to face North Carolina at 4 p.m.

Read the full story at breezejmu.org.

CONTACT Craig Mathias at mathiack@dukes.jmu.edu. For more men's soccer coverage, follow the sports desk on twitter @TheBreezeSports.



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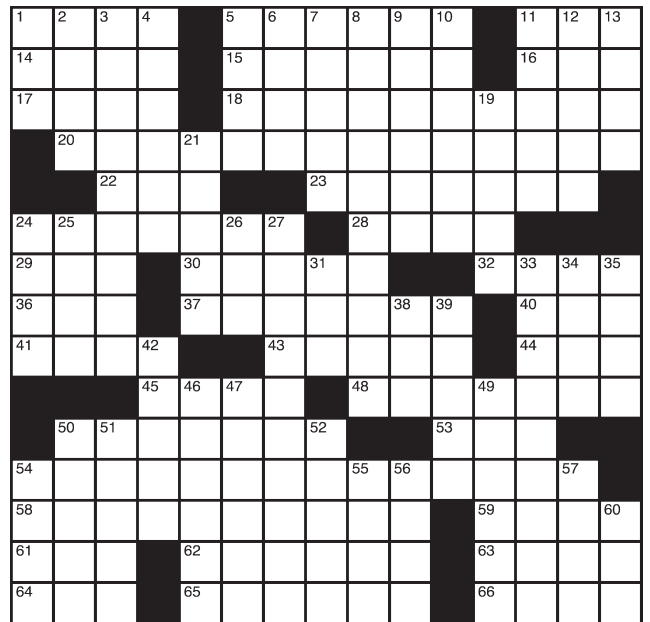
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Thursday, September 23, 2021

Los Angeles Times Daily Crossword Puzzle

Edited by Rich Norris and Joyce Lewis

- ACROSS**
- 1 "The Giving Tree" author Silverstein
 - 5 Gravelly voiced sort
 - 11 Top (out)
 - 14 Ritzy
 - 15 City on the Rio Grande
 - 16 Flamenco dancer's cry
 - 17 Org. mandating eyewash stations
 - 18 Canvassing technique
 - 20 Animals in a herd
 - 22 Face value
 - 23 Org. with 132 Pulitzer Prizes
 - 24 Initiation rite
 - 28 Tear up
 - 29 Batter's stat
 - 30 One hanging around in the forest?
 - 32 Give and take
 - 36 "And fly, ___ evil intercept thy flight": Milton
 - 37 Title teacher in a James Hilton novella
 - 40 Kipling's "Follow Me ___"
 - 41 Insect dating from the Jurassic era
 - 43 Board, as a bus
 - 44 Darling of baseball
 - 45 Daughter of Cronus and Rhea
 - 48 Becomes clear
 - 50 Digs
 - 53 Stadium shout
 - 54 Linked in a way illustrated by three pairs of puzzle answers
 - 58 Hardwood with an edible seed
 - 59 After
 - 61 '60s-'70s Pontiac
 - 62 Venetian Renaissance painter
 - 63 Mystery-solving Wolfe
 - 64 Virtual-city denizen
 - 65 Strips in the freezer
 - 66 Torah holders
- DOWN**
- 1 ___-mo
 - 2 Muzzle
 - 3 What some Woodstock attendees eventually became
 - 4 Seize eagerly
 - 5 Go over again
 - 6 Cockeyed
 - 7 Table setting item
 - 8 House disciplinarians
 - 9 Impressive spread
 - 10 One sharing quarters
 - 11 Bullwinkle's last name
 - 12 Sunburn applications
 - 13 Boomers' kids
 - 19 Breaks up with
 - 21 Feature of some eyeglasses
 - 24 Pub order
 - 25 Magician's opening
 - 26 Camera type, briefly
 - 27 Espresso-based coffee concoction
 - 31 However, in poetry
 - 33 Churchgoer, e.g.
 - 34 Mine, in Amiens
 - 35 "Mystic River" Oscar winner Sean
 - 38 Nanki-___
 - 39 Capture
 - 42 Graph lead-in
 - 46 Social functions
 - 47 "The front page of the internet" website
 - 49 Island big shot
 - 50 Chicago Symphony conductor with 31 Grammys
 - 51 Mouthed stadium greeting
 - 52 Narrow groove
 - 54 Benders
 - 55 Shipbuilding wood
 - 56 Toms' counterparts
 - 57 Questionable political spending
 - 60 Apt. IDs



By Ed Sessa

9/23/21

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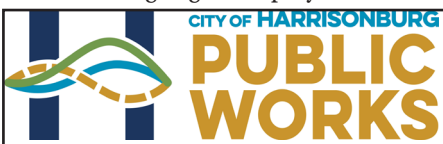
JOB

Crew Supervisor - Street Maintenance

Are you searching for a career opportunity in street maintenance that allows you to have the best of both worlds: leadership and field work? If so, apply to the Crew Supervisor - Street Maintenance position in the City of Harrisonburg's Public Works Department! Find out more/apply online at: <https://www.harrisonburgva.gov/employment>. EOE.

Crew Supervisor - Stormwater

Are you searching for a career opportunity in stormwater that allows you to have the best of both worlds: leadership and field work? If so, consider applying to the Crew Supervisor - Stormwater position in the City of Harrisonburg's Public Works Department! Find out more/apply online at: <https://www.harrisonburgva.gov/employment>. EOE.



Part-Time Job Opportunity - Travel Specialist

Do you want a fun part-time customer service position that allows you to interact with patrons visiting the Hardesty-Higgins House Visitor Center and local area? If so, the City of Harrisonburg's Tourism Department's Travel Specialist position may be the right job for you! Find out more/apply online at: <https://www.harrisonburgva.gov/employment>. EOE.

911 Emergency Communicator

Do you want to give back to your community and know your job has a direct impact in the local community? Have you ever thought about becoming a 911 Emergency Communicator? If so, apply to become part of the HRECC team! Find out more and apply online at: <https://www.harrisonburgva.gov/employment>. EOE.



Career Opportunity - Recreation Program Specialist II - Youth & Childcare Programs

Are you seeking a challenging yet rewarding career opportunity that allows you to utilize your knowledge/skills/abilities to oversee recreationally-based programs for children (grades K-5)? If so, apply to the Recreation Program Specialist II - Youth & Childcare Programs position with the City of Harrisonburg! Apply online at: <https://www.harrisonburgva.gov/employment>. EOE.

Part-Time Job Opportunity: Custodian Senior

Do you want a job with the City that helps project a friendly image to our citizens, employees and others? If so, the Custodian Senior position in the City's Parks and Recreation Department may be the right opportunity for you! Find out more and apply online at: <https://www.harrisonburgva.gov/employment>. EOE.

Field Trip Driver - Starting Pay: \$15.35-\$15.85/Hour

Do you want to utilize your driving skills for a part-time job that fits your flexible schedule? If so, the Field Trip Driver with the City of Harrisonburg Department of Public Transportation may be the right job for you! Starting pay: \$15.35-\$15.85/hour. Find out more/apply online at: <https://www.harrisonburgva.gov/employment>. EOE.



Career Opportunity - Transportation Administrative Support

Are you searching for a challenging yet rewarding administrative position that allows you the opportunity to interact with a diverse group of individuals? If so, consider applying for the City of Harrisonburg's Transportation Administrative Support (Program Support Specialist Senior) position! Find out more/apply online at: <https://www.harrisonburgva.gov/employment>. EOE.

Police Officer (Testing & Employment Opportunities)

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- ***\$6,000 HIRING INCENTIVE AVAILABLE TO NEW OFFICERS***
The City of Harrisonburg is currently accepting applications for individuals interested in joining HPD, which offers a rewarding career plus an excellent benefits package, including enhanced hazardous duty through the Virginia Retirement System. Find out more/apply online by 10/11 at 5pm: <https://www.harrisonburgva.gov/employment>. EOE.



Help Wanted

LASER MARBLE AND GRANITE OFFICE/SALES We are looking for someone to work in the office and help customers choose their granite, quartz, or marble tops. Call Diane in our Ashland office 804-798-0600 or Diana in our Lorton office 703-987-5150

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One Bedroom Apartment

Fully Furnished 1 Bed Room, Pots & Pans, Dishes, Silverware, Refrigerator, Electric Heat & AC included. High Speed Internet Available, Country Setting, 10 miles north of Harrisonburg on Rt. 1. \$1,000 per month/security deposit required. 540-432-1989

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2006 Mini Cooper, Excellent Condition, Manual transmission 5 speed, 172000 miles, Sun roof, two door, creamy white color, new tires, 42 miles per gallon. All service manuals, Hatch back with folding back seats for more space, 4 seats. Cell 540-421-4890



NOW HIRING SPORTS PHOTOGRAPHER



The JMU Athletics Communications Department is looking for a student to assist with photographing intercollegiate sports during the 2021-2022 school year. Students must be degree-seeking students, enrolled on at least a half-time basis (6 credits for undergraduate and 5 credits for graduate), and be willing to work nights and weekends.

For more information, qualifications, and to apply, please go to <https://joblink.jmu.edu/postings/9864> or visit joblink.jmu.edu and reference posting number "J1803."



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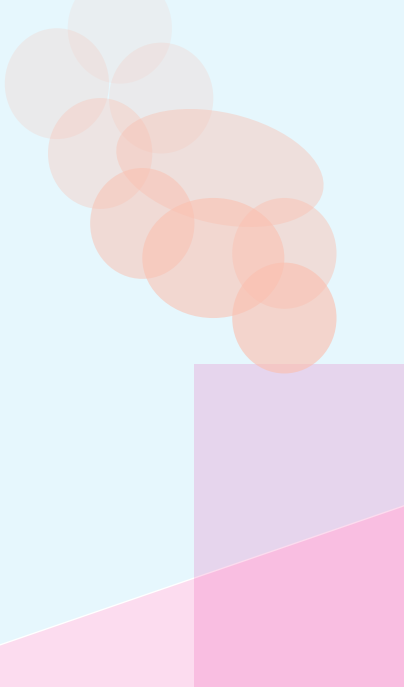
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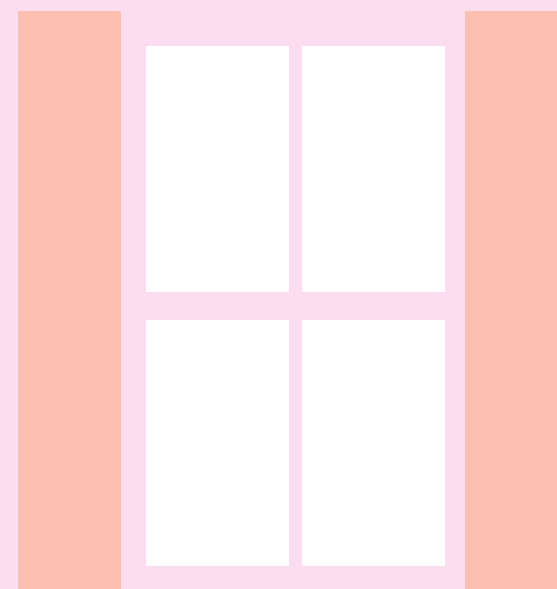
WHAT'S INSIDE

4 **Housing breakdown**

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The Breeze

JMU'S AWARD-WINNING NEWSPAPER SINCE 1922

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House hunting?

There are lots of housing options to choose from, so we summed them up for you

By **KAMRYN KOCH**

The Breeze

The Hills Northview

Rent: \$389 per room.

Size: 1,194 square feet; 4 bedrooms, 2 bathrooms.

Amenities: internet, in-unit laundry, furnished, fitness center, volleyball court, basketball court, pet-friendly and a computer lounge.

Distance from campus: 0.6 miles; three-minute drive, 14-minute walk.

Pheasant Run

Rent: \$420 per room.

Size: 1,400 square feet; 4 bedrooms, 2 bathrooms.

Amenities: in-unit laundry, internet and cable, furnished, basketball court and a volleyball court.

Distance from campus: 1.1 miles; three-minute drive, 22-minute walk.

The Mill

Rent: \$439 per room (average).

Size: 1,265 square feet; 4 bedrooms, 2 bathrooms.

Amenities: furnished, internet and cable, in-unit laundry, pet-friendly and an outdoor entertainment area.

Distance from campus: 0.6 miles; two-minute drive, 11-minute walk.

The Hills Southview

Rent: \$469 per room.

Size: 1,315 square feet; 4 bedrooms, 4 bathrooms.

Amenities: internet, in-unit laundry, furnished, fitness center, computer lounge, basketball courts, volleyball court and pet-friendly.

Distance from campus: 1.2 miles; three-minute drive, 25-minute walk.

The Hills Stonegate

Rent: \$484 per room.

Size: 1,315 square feet; 4 bedrooms, 4.5 bathrooms.

Amenities: internet, in-unit laundry, furnished, fitness center, computer lounge, basketball courts, volleyball court and pet-friendly.

Distance from campus: 0.9 miles; three-minute drive, 14-minute walk.

Foxhill

Rent: \$490 per room.

Size: 1,175 square feet; 4 bedrooms, 2 bathrooms.

Amenities: cable and internet, water, furnished, in-unit laundry, tanning booth, fitness center, sun deck and picnic areas with grills.

Distance from campus: 0.9 miles; four-minute drive, 22-minute walk.

Campus View

Rent: \$499 per room.

Size: 1,400 square feet; 4 bedrooms, 4 bathrooms.

Amenities: internet, in-unit laundry, fitness center, pool, hot tub, pets considered on a case-by-case basis, hammock lounge, basketball court and a volleyball court.

Distance from campus: 1.3 miles; four-minute drive, 27-minute walk.

The Harrison

Rent: \$529 per room (average).

Size: 1,133 square feet (average); 2 and 4 bedrooms, 2 and 4 bathrooms.

Amenities: furnished, in-unit laundry, pet-friendly, dog park, volleyball courts, basketball courts, picnic areas with grills, pool, fitness center, tanning bed, computer lounge and a TV and game room.

Distance from campus: 0.7 miles; three-minute drive, 15-minute walk.

The Pointe

Rent: \$555 per room.

Size: 2,400 square feet; 4 bedrooms, 4.5 bathrooms.

Amenities: internet and cable, in-unit laundry and furnished and unfurnished options.

Distance from campus: 0.5 miles; two-minute drive, 12-minute walk.

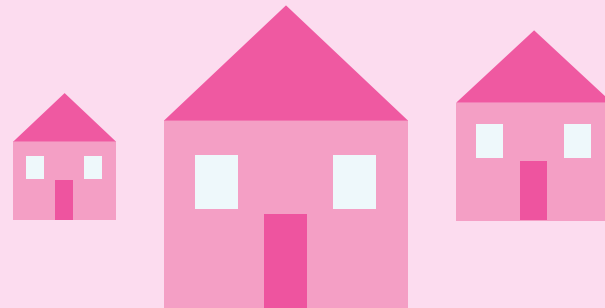
Sunchase

Rent: \$560 per room (average).

Size: 1,921 square feet (average); 4 bedrooms, 4 bathrooms.

Amenities: furnished, pet-friendly, internet and cable, in-unit laundry, water, pool, hot tub, computer lab, study center, fitness center, dog park, tanning beds, sundeck and a grilling area.

Distance from campus: 0.8 miles; three-minute drive, 14-minute walk.



Charleston Townes

Rent: \$565 per room.

Size: 2,200 square feet; 4 bedrooms, 4.5 bathrooms.

Amenities: internet, in-unit laundry, fitness center, pool, sun deck, volleyball court, basketball court, dog park and a furniture package available.

Distance from campus: 0.8 miles; three-minute drive, 17-minute walk.

North 38

Rent: \$577 per room (average).

Size: 1,290 square feet (average); 3-4 bedrooms, 3-4 bathrooms.

Amenities: internet and cable, in-unit laundry, furnished, private shuttle to JMU, computer lounge, fitness center, pool, pet park, car wash, outdoor lounge, volleyball court, tanning beds and pet-friendly.

Distance from campus: 2.4 miles; six-minute drive, 48-minute walk.

Squire Hill

Rent: \$659 per room (average).

Size: 1,004 square feet (average); 1-4 bedrooms, 1-4.5 bathrooms.

Amenities: furnished and unfurnished options, in-unit laundry, internet and cable, pool, hot tub, fitness center, dog park, picnic pavilion with grills, pet-friendly and a study area.

Distance from campus: 0.9 miles; four-minute drive, 19-minute walk.

Copper Beech

Rent: \$673 per room (average).

Size: 1,316 square feet; 1-4 bedrooms, 1-4 bathrooms.

Amenities: cable and internet, in-unit laundry, fitness center, two pools, computer lab, two basketball courts, volleyball court and tanning beds.

Distance from campus: 1.5 miles; four-minute drive, 34-minute walk.

The Cottages

Rent: \$693 per room (average).

Size: 1,840 square feet (average); 2-5 bedrooms, 2.5-5.5 bathrooms.

Amenities: fitness center, pool, hot tub, private shuttle to JMU, computer lounge, pet-friendly, volleyball court, movie theater, tanning beds and a gated community.

Distance from campus: 1.4 miles; three-minute drive, 30-minute walk.

865 East

Rent: \$695 per room (average).

Size: 1,142 square feet (average); 1-4 bedrooms, 1-4 bathrooms.

Amenities: water, cable and internet, furnished, in-unit laundry, fitness center, game room, computer lounge, tanning beds, rooftop terrace and restaurants.

Distance from campus: 0.5 miles; two-minute drive, 13-minute walk.

The Retreat

Rent: \$720 per room (average).

Size: 1,893 square feet (average); 2-5 bedrooms, 2.5-5.5 bathrooms.

Amenities: water, internet and cable, tanning booths, private study rooms, pool, fitness center, disc golf course and a computer lab.

Distance from campus: 1.5 miles; four-minute drive, 32-minute walk.

Urban Exchange

Rent: \$1,117 per room (average).

Size: 1,500-3,000 square feet; 1-3 bedrooms, 1-3 bathrooms.

Amenities: internet, in-unit laundry, fitness center, green roof courtyard and a meeting room.

Distance from campus: 0.6 miles; two-minute drive, 13-minute walk.

CONTACT Kamryn Koch at breezenews@gmail.com. For more coverage of JMU and Harrisonburg news, follow the news desk on Twitter @BreezeNewsJMU.

Take a look!



Northview



Pheasant Run



The Mill



Foxhill Townhomes



Southview



Stonegate



The Harrison



Campus View



Charleston Townes



Sunchase



North 38



The Pointe



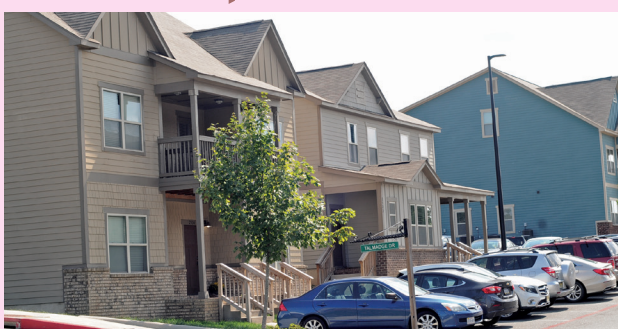
Squire Hill



The Cottages



Copper Beech



The Retreat



865 East



Urban Exchange



REUNITED AND IT TASTES SO GOOD



**FOCUS ON YOUR FRIENDS AND FAMILY.
▶ LEAVE THE FOOD TO US. ◀**

Fighting food insecurity

JMU food pantry provides products for students on and off campus

By **KENZIE WHITE**
contributing writer

In JMU's The Pantry, senior health sciences major Aliyyah Copeland can be found stocking goods like canned soup, cereal and potatoes. Always accepting donations, The Pantry provides items to students to use daily, including shelf-stable goods, hygiene products and fresh produce, according to its website.

Copeland said she works at The Pantry because she seeks to help the community. Copeland helps stock goods and monitor students who come into the pantry.

"I wanted to do this because I think it's a great resource to students, and I wanted to be a part of making it available towards students," Copeland said.

Copeland said she sees regulars; People come in almost every week because they've become accustomed to The Pantry's schedule. Many students know new supplies are delivered on Monday, Copeland said, so that's when there's the most gathering within the pantry.

The Pantry is completely free for students who live on and off campus. She also said there's a safe sex section sponsored by the University Health Center that provides self-cleaning packages and protective equipment. Every now and then, she said, there are school

supplies offered for students too.

This resource has been running for two years, providing basic needs to JMU students who may be economically disadvantaged. The Pantry started off as a pop-up stand within different areas of campus, including Festival Conference and Student Center and The Union, Copeland said. But when COVID-19 started, she said it was decided by Jeremy Hawkins, assistant director for Off-Campus Life and founder of The Pantry, that The Pantry needed a more central and permanent location. That's when Room 112 of Taylor Hall became the location for The Pantry, Copeland said.

Hawkins said he was inspired by Vice President for Student Affairs Tim Miller to begin the project. When Miller was working for George Mason University, he spoke at a conference at JMU about food insecurity among college students.

Hawkins said Miller brought light to the fact that food-insecure students in affluent universities have a difficult time feeling belonged. He said this is because the institutions typically don't contain resources that accommodate their financial needs.

"When I first took over Off-Campus Life, one of the things we were looking at was very much where the gaps in service [were]," Hawkins said. "What services should we be providing?"

Because part of our mission is helping our students thrive in an off campus community."

Hawkins explained how this concept reigns true for JMU students who may be paying for college on their own, working jobs or just trying to make that bridge from paycheck to paycheck. According to a survey of the campus population, 39% of the student body has mid-to-high-levels of food insecurity.

"That really bolstered the efforts behind getting [the pantry] started," Hawkins said.

None of this, however, would be possible without the partnership between the Blue Ridge Area Food Bank and JMU Dining Services, Hawkins said. Through working with these donors and alongside other individuals, he said, The Pantry is able to supply a sufficient number of diverse products to students with different needs. According to the website, The Pantry is currently accepting all donations, but The Pantry's workers are specifically requesting hygiene products and school supplies.

"This semester so far ... our first week of operation, we had almost 80 students come through," Hawkins said.

Gloria Rho, a senior health sciences major,

said she didn't know about The Pantry on campus until she saw a "Potty Mouth" poster, a poster that depicts information about the school that's plastered on the back of a bathroom stall. She said she knew of local food pantries downtown but never knew JMU had one. Rho said she thinks JMU should send emails to students and use social media to raise awareness for The Pantry.

"I was thinking I could have personally used [The Pantry]," Rho said. "Now I'm financially stable, but there were times I would spend less money on food just so I could save money."

Hawkins said The Pantry may host a variety of events throughout the year to amplify its purpose to all students. The Pantry is currently launching its social media and already has an Instagram account.

"We want to normalize The Pantry as a space that students can just come into," Hawkins said. "You don't necessarily have to be food insecure. You can just come in and have a chat with somebody who's working there or just enjoy the space."

CONTACT Kenzie White at white6mj@dukes.jmu.edu. For more coverage of JMU and Harrisonburg news, follow the news desk on Twitter @BreezeNewsJMU.



The Pantry is free for students who live both on and off campus.

Photos by Emma Connelly / The Breeze



Jeremy Hawkins, the founder of The Pantry, said this resource wouldn't be made possible without the Blue Ridge Area Food Bank and JMU Dining Services.

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Hours:
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Sunday- CLOSED

540-433-1116

Mental health in Harrisonburg

Free and low-cost mental health resources for off-campus JMU students

By **MCKINLEY MIHAIOFF**
contributing writer

Blue Ridge Free Clinic

- Payment types: Free.
- Address: 831 M.L.K. Jr. Way, Harrisonburg, Virginia, 22801.
- Hours of operation: Monday and Thursday (9 a.m.-12 p.m.), Tuesday (5-8 p.m.).
- Closest off-campus apartments: Reservoir Street & College Station Bus Stop, Oak Hill Apartments and Mountain View Heights.
- Offers: Mental health care.

Community Counseling Center

- Payment types: Self-payment, Medicaid, private insurance and sliding fee scales based on income.
- Address: 96 Campbell St., Harrisonburg, Virginia, 22801.
- Hours of operation: Monday-Friday (9 a.m.-5 p.m.).
- Closest off-campus apartments: Grace Street Apartments.
- Offers: Individual counseling, group services and couples counseling.

Adagio House

- Payment types: Accepts most major insurance, respective forms of Medicaid and a sliding fee scale.
- The House currently has a Compassion Fund that supports \$7,500/month in free and reduced session fees.
- Address: 1000 Chicago Ave., Harrisonburg, Virginia, 22802.
- Hours of operation: Monday-Friday (9 a.m.-5 p.m.).
- Closest off-campus apartments: Blue Sky Townhomes.
- Offers: Counseling, psychotherapy and group therapy.

Harrisonburg-Rockingham Community Services Board

- Payment types: Accepts cash or self-payment, Medicaid, Medicare, private health insurance and military insurance.
- Individuals can apply for a reduced or sliding fee scale based on access to insurance.
- Address: 1241 N. Main St., Harrisonburg, Virginia, 22802.
- Hours of operation: Monday-Friday (8 a.m.-5 p.m.).

- Closest off-campus apartments: Harris Gardens Apartments and Emerson Ln. Apartments
- Offers: Mental health supportive services, psychiatric services, behavioral health wellness and prevention, substance abuse services and 24/7 emergency services.

Health Connect America (Virginia Regional Office)

- Payment types: County or local government funds, Medicaid, military insurance, private health insurance, self-payment, state education agency funds and state corrections or juvenile justice funds.
- Address: 35 Southgate Court, Suite 101, Harrisonburg, Virginia, 22801.
- Hours of operation: Monday-Friday (8:30 a.m.-4:30 p.m.).
- Closest off-campus apartments: The Hills Southview, The Reserve at Stone Port and Altitude at Stone Port.
- Offers: Programs are designed to address issues such as trauma, grief management, anger management, family issues and substance abuse.

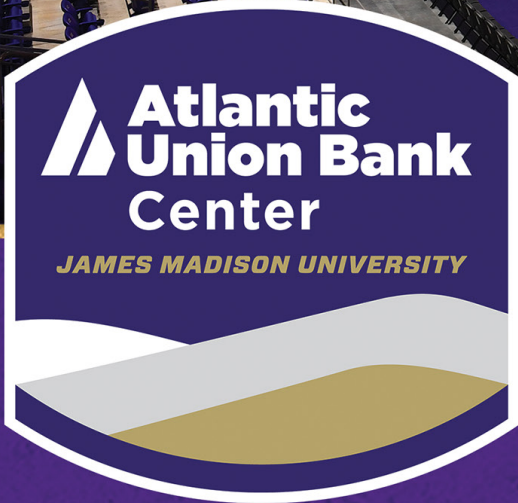
Therapy Assistance Online (TAO)

- Payment types: Free for JMU students.
- Address: Online.
- Hours of operation: 24/7 accessibility.
- Offers: Modules related to personal wellness, evaluating substance abuse and improving mood, personal logs to keep track of your symptoms and a mindfulness library with meditation and breathing practices.

MiResource

- Payment types: Free.
- Address: Online.
- Hours of operation: 24/7 accessibility.
- Offers: Personalized search results for a counseling office/mental health professional that meets an individual's specific needs. MiResource gives information on how to reach out for scheduling and cost.

CONTACT McKinley Mihailoff at mihailmx@dukes.jmu.edu. For more coverage of JMU and Harrisonburg news, follow the news desk on Twitter @BreezeNewsJMU.



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FB vs CAMPBELL 3:30PM
[HOMECOMING]



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Dukes Decide

THE BEST OF OFF-CAMPUS LIFE

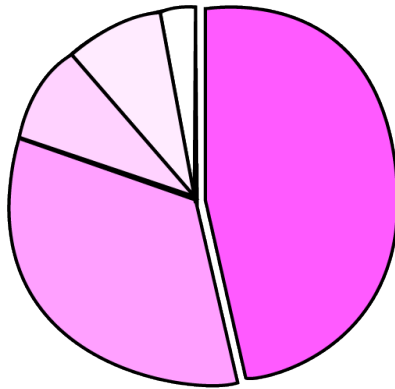
We asked, you answered. Here's what Dukes said about the best — and worst — of what Harrisonburg has to offer.

see **HELP WITH HOUSING**, page 12

BEST RESTAURANT:

Billy Jack's / Jack Brown's

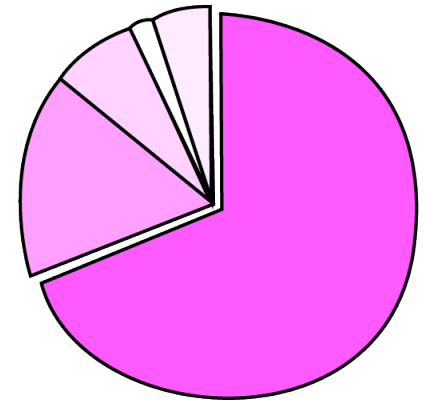
- Billy Jack's / Jack Brown's — 46.46%
- Clementine's & Ruby's — 34.34%
- Jimmy Madison's — 8.08%
- Benny Sorrentino's — 8.08%
- Dukes Bar & Grill — 3.03%



BEST DESSERT:

Kline's Dairy Bar

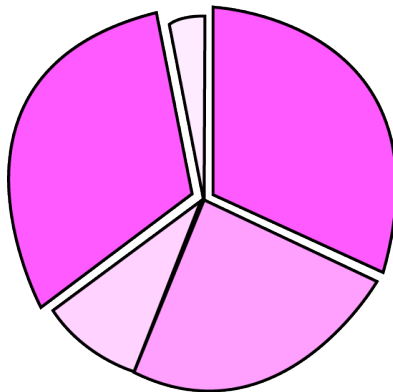
- Kline's Dairy Bar — 69%
- Bella Gelato — 17%
- Heritage Bakery & Cafe — 7%
- Cupcake Company — 5%
- Cinnamon Bear Bakery & Dely — 2%



BEST COFFEE:

Black Sheep Coffee & Greenberry's

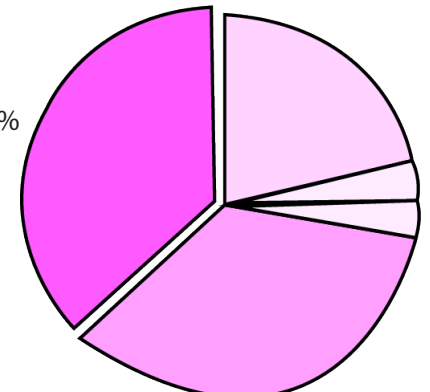
- Black Sheep Coffee — 31.91%
- Greenberry's — 31.91%
- Shenandoah Joe — 24.47%
- Broad Porch Coffee Co. — 8.51%
- Merge Coffee Co. — 3.19%



BEST ACTIVITY:

Blue Ridge Parkway

- Blue Ridge Parkway — 36.73%
- Downtown Farmers Market — 35.71%
- Shopping Downtown — 21.43%
- Back Home on the Farm — 3.06%
- Gap View Ranch & Kennel — 3.06%



BEST PARKING: Grace Street Parking Deck

- Grace Street Deck — 35.42%
- Warsaw Avenue Deck — 28.12%
- Champions Deck — 15.62%
- Chesapeake Avenue Deck — 11.46%
- Ballard Deck — 9.38%



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There are many ways to enter. The more entries you have, the better your odds.

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- Give your CommonWealth One checking account some playing time²
- Score a low rate by getting a CommonWealth One loan³
- Huddle-up and meet with one of our representatives for a Financial Check Up⁴
- Stay in the zone by texting WIN to 833-798-0777 or scan the QR code⁵

Hurry, your chance to play to win ends **October 15!**

For complete details and rules for CommonWealth One's Punt, Pass and Kick Sweepstakes, please visit cofcu.org/win.

¹Membership eligibility required. Membership is open to residents of VA, MD, DC, NC, TN, KY and WV. ²Member must have an active CommonWealth One checking account with bill pay activity, direct deposit activity, or six debit card transactions in a month. ³Member must get a personal, car, home equity, or mortgage loan of \$5,000 or more with CommonWealth One during the promotion period. ⁴Member must meet with a CommonWealth One Certified Financial Counselor or meet with a CommonWealth One Financial Network Advisor for a Financial Check Up during the promotion period. ⁵No purchase necessary to enter or win. Must be a legal resident of the United States who is 18 years of age or older at the time of entry, except residents of Florida, Puerto Rico, New York, Rhode Island, and where otherwise prohibited by law. To enter without purchase, individuals can text "WIN" to 833-798-0777. Our mobile text messages are delivered via USA code 833-798-0777. Up to 6 messages per month. Reply STOP to cancel, HELP for help. Standard message and data rates may apply. Entries must be received by 11:59 pm, Friday, October 15, 2021. For complete terms and rules for CommonWealth One's Punt, Pass, and Kick Sweepstakes, please visit cofcu.org/win.



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MAKE IT A COMBO homemade cindy's sweet tea & rt 11 potato chips 3.25

Suzie Pepper

provolone, sauteed peppers, onions, & tomato slices grilled on a roll (V) 7.20

Port Ruby

sauteed mushrooms, sauerkraut & onions, swiss cheese, and 1000 island dressing grilled on multigrain bread (VL) 10.15

Casey Snowcap

roast beef and fresh mozzarella cheese grilled on a garlic butter baguette (L) 9.60

Larold

crisp bacon, cheddar cheese, lettuce, tomato, and mayo grilled on sourdough bread (L) 8.39

THE MANIAC

Our **DOUBLE DECKER** grilled cheese is more than a mouthful, it is built with layers of flavors and goodness that includes: provolone & cheddar, bacon, pepperoni, tomato, fried egg, sweet pickles, peppers & onions, honey bbq chips, & macaroni & cheese all piled up high and grilled with butter on 3 slices of hearty white bread 16.80

Triple Lindy

a creamy blend of cheddar, monterey jack, spinach, bacon, and butter grilled on sourdough bread 5.99 (bacon and/or spinach can not be removed from the blend)

Philipo's Pepperoni Strips

pepperoni and provolone grilled on flatbread, served with a shot of our tomato soup 7.20

Jersey Boy

taylor ham pork roll, fried egg, and american cheese, grilled on a roll (L) 7.20

Mama Mania

fresh mozzarella cheese, basil pesto, tomato, and a drizzle of sriracha hot chili sauce grilled on a roll (VG) 7.20

Classic Johnny

simple & delicious, just like my mom's grilled cheese, american cheese grilled on hearty white bread (sub cheddar upon request) (VG) 4.80

The Vegan Chao

chao cheese grilled with smart balance buttery spread on dave's killer bread (V) 5.99

V-vegetarian G-gluten free by request L-low carb platter by request

HOMEMADE DIPPING SAUCES

2 oz .55 each

Basil Pesto Sauce Tomato Soup Shot
Horseradish Sauce Sriracha Sauce

HOMEMADE DRINKS

16 oz 1.65 24 oz 2.49 gallon 7.65

Cindy's Sweet or Unsweet Tea

Lulu's Old-Fashioned Limeade

Rua Mix a mix of sweet tea & limeade

Coca Cola in glass bottle 2.50 Bottled Water 1.50

HOMEMADE SIDES

cup 2.75 pint 5.25 quart 8.75
Cole's Veggie Chili Becca's Tomato Soup
Mikeu's Mac & Cheese

Rosie's Chili Mac veggie chili topped with mac & cheese

Miss Tess Tomato Mac

tomato soup topped with mac & cheese

Venti Slaw a family coleslaw recipe

Uncle Doug's Cornbread Casserole

cornbread mix, sour cream, butter, & corn baked until golden brown per slice 3.50
add on cheddar cheese & veggie chili per slice 6.50

Route 11 Potato Chips lightly salted 1oz bag 1.25

SWEETS

Sweet Mucci

glazed donut grilled with cheddar cheese, bacon crumbles and a fried egg 5.99

Chocolate Chip Cookies freshly baked 1.65

Sweet Eliza homemade crispy rice treats 1.65

Old-Fashioned Bread Pudding

cinnamon & raisin 2.20

DAILY SPECIALS

MONDAY Slater-Douglas pepperoni, provolone, sauteed peppers & onions, & tomato slices grilled on a roll and served with a shot of tomato soup 7.69

TUESDAY B-Willy american cheese, taylor ham, & honey bbq chips, grilled with butter on hearty white bread 6.59

WEDNESDAY Hungry Lucas Melt smoked ham, pepperoni, and provolone grilled in a baguette and served with a shot of tomato soup 7.99

THURSDAY Smokey Chico smoked ham, smoked gouda, lettuce, tomato & honey mustard grilled with butter on multigrain bread 5.99

FRIDAY Trotta-Cado cheddar, avocado, tomato, & grilled mac & cheese tucked into a roll 7.69

SATURDAY Southern Sandra Jane pimento cheddar jalapeno spread & lettuce grilled with butter on multigrain bread 5.05

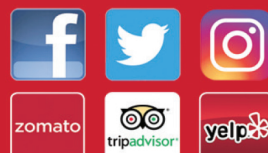
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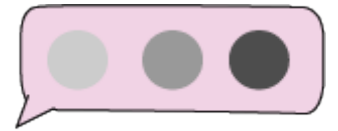
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FOLLOW THE MANIA



Help with housing



Here's what Dukes said about the best & worst off-campus apartments

from page 10

Pheasant Run, it's so well priced and you have so much space

Campus view because they actually care about your well being

Hunters Ridge - too old and rundown

Copper Beech for the amenities and the awesome setups of the apartments

The Mill because if you think the management at any other apartment complex is bad, The Mill's is 100% worse than that.

southview because utilities are included in rent

The Harrison. I've heard horror stories about how maintenance doesn't really help

your moms house

Retreat - terrible quality, houses are literally sinking

The cottages/Aspen! It has great amenities, a close-knit community of students

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Graphics by Amy Needham / *The Breeze*

Rockingham County residents share experiences commuting from home to JMU

By **LAUREN KUHNO**
The Breeze

Many on-campus students might think Dukers who grew up in Harrisonburg and commute to JMU know the ins and outs of the area — such as the best restaurants and the campus atmosphere — but commuters say they're figuring it out right alongside newcomers.

Rahel Askari, a senior health sciences major, grew up only a mile from Memorial Hall but said JMU "feels like its own little city."

She said she had to learn the campus culture with the other incoming students and that she continues to experience new things every day, just like people who live on campus.

Askari made the decision to commute because of her family. She said her parents were "pretty persistent" about her staying home since they have a close relationship, and for her, it's easy to live with them.

"I think that we have healthy boundaries, so I don't see any, like, pros or cons about it," Askari said. "It's pretty neutral."

Mary Tolentino Baez, a junior health sciences and Spanish double major who grew up five minutes from campus, decided to commute to JMU from her home for financial reasons and because she already lived close to school. Even after living in Harrisonburg for eight years, she said she looks at JMU much differently now that she's attending and commuting here.

"In high school, for example, I kind of looked at it more as, like, an outsider," Tolentino Baez said. "Now that I actually go there, it's kind of like, 'OK, I kind of have my own identity as a student here.'"

Tolentino Baez also pointed out how attending JMU allowed her to see the differences in the JMU and Harrisonburg communities.

"I kind of get to see both sides," Tolentino Baez said.

She said that being from Harrisonburg, she's used to being exposed to more diversity because of the large number of people that come from different countries, as well as the refugee community. Whereas at JMU, Tolentino Baez said there's much less diversity to be found.

"In high school, for example, I kind of looked at it more as, like, an outsider. Now that I actually go there, it's kind of like, 'OK, I kind of have my own identity as a student here.'"

Mary Tolentino Baez
Harrisonburg commuter

Jackie Mateo-Sanchez, a senior living at home just five minutes from Memorial Hall, also decided to commute because she lives close to campus. She said going from diverse schools in Harrisonburg for her middle and high school years and then coming to JMU, a majority white school, was a different experience.

"That was, like, a big culture shock," Mateo-Sanchez said. "Even though I knew that there were a lot of white people, just, like, in the first week, it hit me that this doesn't feel like Harrisonburg."

Commuting pros and cons

All three students shared similar pros and cons regarding the commuting experience. Tolentino Baez and Mateo-Sanchez both

said saving money was their No. 1 advantage for commuting. By commuting, Mateo-Sanchez said, she's able to save thousands of dollars.

Other than saving money, Askari and Tolentino Baez both mentioned that at home, they're in a welcoming environment with more comfort and support than other students may have on campus.

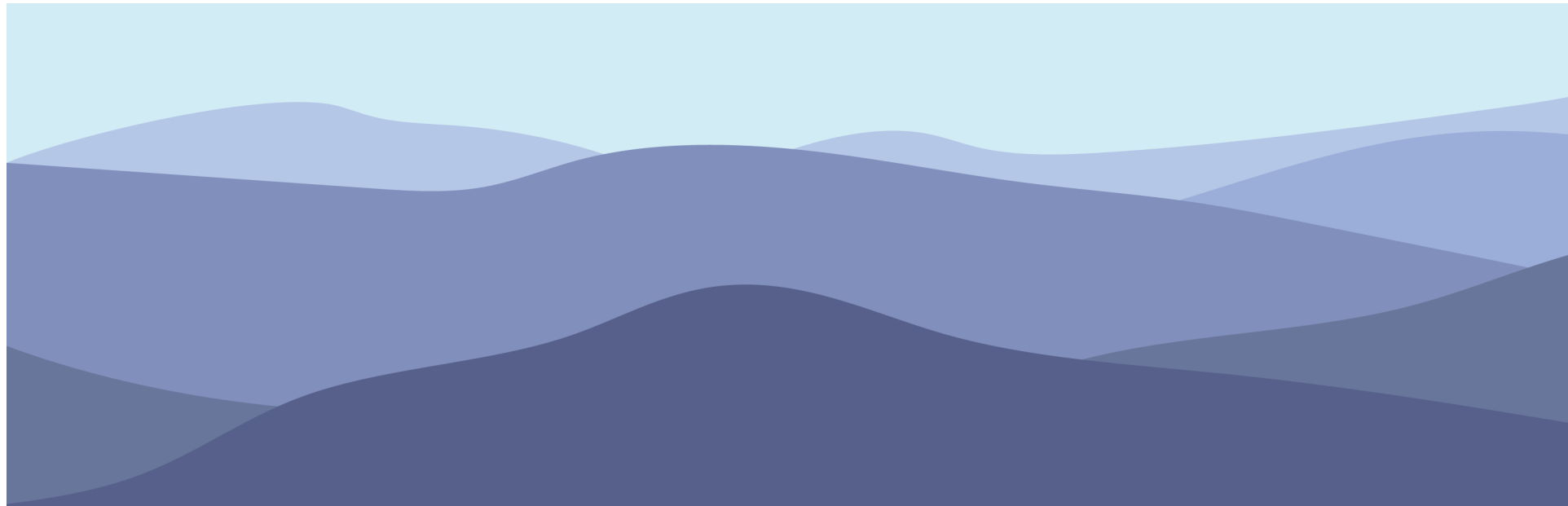
On the other hand, as Tolentino Baez pointed out, living at home while attending school can have its challenges. With comfort comes other responsibilities that she said on-campus college students get to leave behind for a few months.

She said that at home, not only does she have to help out with chores, but she has to help provide rides to family members who have different schedules. She said that at times, she's had to rearrange her schedule to make sure everybody gets to where they need to be.

"Whenever it's hectic for them, it also ends up being hectic for me, too," Tolentino Baez said.

Tolentino Baez and Askari also pointed out the downside of parking on campus and the frustration that comes with it — a struggle they share with many off-campus students.

"It's stressful and a hassle because it's something I have to think about beforehand and not, like, at the moment that I get there," Tolentino Baez said. "I'm already thinking, 'Ugh, what if I can't find parking?'"



The social aspect of commuting is another thing Tolentino Baez and Mateo-Sanchez mentioned that can, at times, be challenging.

"It's a lot easier for [on-campus students] to make friends compared to me, where I actually have to be the one to initiate it, whether it's in classes or clubs, and then they can just be friends with people in their dorms and all that," Mateo-Sanchez said.

Mateo-Sanchez said she's never invited someone from school over to her house — since she lives with her family, she feels it may make her friends uncomfortable. Normally, she said, she'll hang out with friends somewhere on campus or meet them downtown.

Mateo-Sanchez also offered a piece of advice for incoming commuter students: Join clubs and utilize JMU's services.

"I feel like the pandemic has played a major role," Mateo-Sanchez said. "Last year,

I told myself I wanted to be more involved, but since we couldn't be on campus, I joined a lot of clubs over Zoom. Even though I'm not physically there, I can still communicate with those in the club."

Tolentino Baez also discussed staying involved on campus. She works for the Center of Civic Engagement and the Center for Multicultural Student Services, which she said helps her to feel more included on campus.

"It gives me a way to be more involved on campus in ways that I probably would not have found if I was just solely going to class and then going home," Tolentino Baez said.

Mateo-Sanchez and Tolentino Baez both said that at times, they do regret their decision to commute. They said living on campus seems like an experience of its own, and Mateo-Sanchez said that as a senior, she sometimes wonders about all the friends she may have

made if she'd lived on campus.

Tolentino Baez said that regardless, she's just glad that she gets to go to a university in general.

Askari, on the other hand, expressed that she feels no regrets for her decision to commute.

"I love the support system, honestly," Askari said. "Being in a welcoming environment, not only being around friends that you've grown up with, but also, like, having the family that you love and cherish, I think that's really nice. On the days that I need to fall back on someone, they have me, and that's honestly all I could ask for."

CONTACT Lauren Kuhno at kuhno@mdukes.edu. For more on the culture, arts and lifestyle of the JMU and Harrisonburg communities, follow the culture desk on Instagram and Twitter @Breeze_Culture.

"It's a lot easier for [on-campus students] to make friends compared to me, where I actually have to initiate it ... "

Jackie Mateo-Sanchez
Harrisonburg commuter

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