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Connecting the Libraries and Athletics through Information Literacy Instruction to Strength and Conditioning Interns

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Connecting the Libraries and Athletics through Information Literacy Instruction to Strength and Conditioning Interns

Goal: To build a relationship between the libraries and athletics by connecting the Health Sciences Librarian and university athletics at James Madison University.

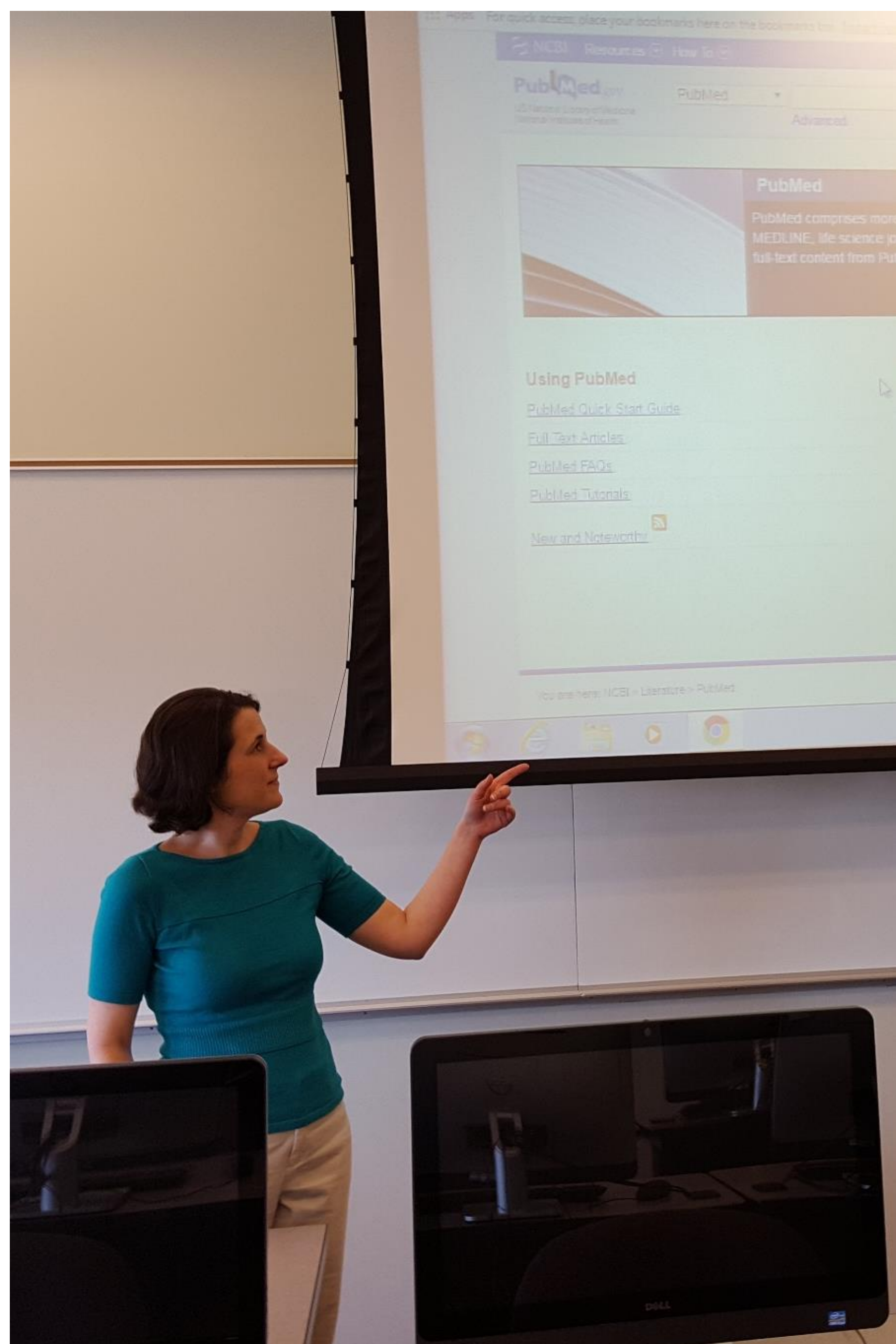
In the summer of 2015, the Associate Director of Strength and Conditioning approached the Health Sciences Librarian to discuss library support for their student interns.



A problem-based, information literacy instruction session was included in the didactic training of Strength and Conditioning interns. A collection of core journals and books was identified and developed. Access to these resources is facilitated through a guide tailored to the interdisciplinary nature of this population.

The methods closely parallel those used for traditional outreach to new academic programs, but were adapted to the unique setting in University Athletics.

A result of this collaboration was the development of new relationships with academic support personnel in athletics.



Instruction

- Evidence-based practice workshop for Strength and Conditioning interns
- Library orientation for football players during Freshman Academic Day
- Research basics session for football players

Extending library outreach to University Athletics is an opportunity to support student athletes both academically and “on the field”.

Acknowledgements

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Outreach

- Formation of a student athlete interest group
- Informational meeting with student athlete academic advisors
- Promotion of subject guide to Strength and Conditioning interns and coaches

Future goals of this project include broader involvement with freshman orientation activities and other academic support programs and creation of a subject guide for student athletes.

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