of original nature are given but little prominence. The book therefore, except for the features noted above, is in the main another effort to put interestingly and briefly the main problems of the field of psychology and as such is so often a strange admixture of the older "consciousness" psychology and the newer "behavior" psychology. By far its best contribution to the teacher, student, and general reader is a chapter on Mental Hygiene and Mental Efficiency which abounds in good advice.


Teachers who have been feeling the need of a standard general text in psychology of the quality of the work of Angell and James, but bringing the study up to date through the utilization of the researches of the last two decades, are welcoming and will welcome this work. Professor Hunter has been unusually successful in working over the psychological discoveries of both American and foreign writers. The result is a text admirably suited, when used with parallel readings and a laboratory manual, for use with college students in the general course in psychology. It will be considered by most authorities too difficult for high school or first year normal school students.

The book falls into two parts. Part 1, comprising about one-third of the book, deals with the following fields of psychology: animal, abnormal, individual, social and racial, and applied. This is done in order to give the beginner a notion of the possibilities of the science. Part II treats the typical larger problems of normal human adult psychology, such as attention, the nervous system, reflex action and instinct, emotion, thinking, and so forth. Some readers will be disappointed in the small amount of space given to instinct, habit and the learning process in general as well as the problem of individual differences. The stress rather falls on the problems of pure psychology and sensation, but affection and imagination are given correspondingly exhaustive treatment. The author unlike the majority of recent writers does not follow the behavioristic point of view avowedly, but writes in the preface as follows: "From the theoretical standpoint our position is one of a combination of behaviorism and structuralism. I see no need of forcing the subject-matter into one or the other mold. Neither is large enough alone." Presumably this marks a beginning of an effort among psychologists to harmonize these two schools of thought. In the matter of workmanship the book is all that could well be desired. It is rich in illustrations both of the physiology of the nervous system and the experimental apparatus being used in psychology today.


A book of twenty-four hundred sentences, grouped in exercises, for drill work in twenty types of grammatical construction. It is claimed for these sentences that they exclude the commonplace and the trivial and are valuable to thoughtful readers (no small accomplishment in itself), and that the use of this book will save teachers hours of labor in preparing sentences for analysis and study.

**SCHOOL ACTIVITIES**

Announcement has been made by President Duke of the appointment to the faculty of Mrs. S. H. Blalock, who for the last five years has taught instrumental music at Meredith College, Raleigh, North Carolina. The music department at Harrisonburg now consists of five members, three for piano music, one for voice, and one for violin instruction.

Thanksgiving Eve was appropriately chosen for the opening cotillion of the year, and a merry crowd of dancers filled the floor of the auditorium in Harrison Hall. The success of the occasion was in part owing to the careful arrangements that had been made by the recently elected officers of the Blue-Stone Cotillion Club.

Blanche Ridenour is president; Ethel Parrott, vice-president; Mary Stephens, secretary; Penelope Morgan, treasurer.

At his home on the Port Republic Road, just a short distance south of the Normal School, Dr. J. W. Wayland was host to the men of the faculty November 18. Both before and after the feast there was good talk; afterwards, it could not have been otherwise, for the table had almost groaned with good things and the centerpiece of pumpkin and fruits made one aware of the harvest season.
Better Health Week was celebrated November 29 to December 4 with some very profitable and instructive entertainments. Monday, Thursday, and Friday mornings in the auditorium playlets were presented which drove home the lessons of health. These had all been written and were acted by students, with the Athletic council exercising an oversight over the entire "week."

Members of the Athletic Council themselves presented a play Monday to show the benefits of gymnastics. The playlet showed girls on their entrance to school, and again at the end of a year when they had gained strength and poise from the exercises which had put them in such good physical tone. Participating in the play were June Steele, Ethel Parrott, Edith Ward, Ruth Ferguson, Grace Heyl, Rosa Payne Heidelberg, Blanche Ridenour, Mary Charlotte Stephens, and Marie Kilby.

The benefits of a community nurse was the theme of the playlet presented Thursday. The scene was a home of poverty and squalor, and the coming of a community nurse to the house resulted in bringing to the family a new conception of what health and cleanliness means. The comedy part was well taken by the two rag-tag children, acted by Gertrude and Dolly Smith, and by their mother, played by Susie Bourdon, Rosa Payne Heidelberg and Mary Phillips were the nurses and Ellen Nock was the sick grandmother.

Last month children of the kindergarten entertained assembly one morning with their games and songs, and as a part of Better Health Week children of the sixth grade of the training school had arranged and gave a play entitled "The Health Clown." Mamie Jackson used her wit to good purpose when she conceived and developed the "stunt" that was given by the children. Agnes Christian assisted.

One other feature of the week was the poster contest in which members of the different classes entered their designs. The corridors of Harrison Hall were decorated with these posters, all of which presented ideals and rules of good health.

Speaking before a citizen’s mass meeting arranged by the Harrisonburg Chamber of Commerce Nov. 22, Dean W. "Welcome J. Gifford presented some of to Our City" the facts concerning the relationship existing between the City of Harrisonburg and the State Normal School here. He pointed out that in excess of $120,000 is spent annually in Harrisonburg by the school and by its students and faculty. He mentioned the social courtesies which the citizens of the city are continually paying those connected with the school, and said he had never seen anywhere less of the cleavage between "town and gown."

The publicity which Harrisonburg receives through THE VIRGINIA TEACHER, through the weekly news letter from the school which appears in all city papers of the state, and through the enthusiastic accounts of Harrisonburg spread by girls of Virginia who have been students here and have come to imbibe the "Harrisonburg spirit,"—all these mediums of publicity make the State Normal School an asset to the community.

A gracious gift recently made to the State Normal School by John W. Taliaferro, of Harrisonburg, was the Will It Rain $125 stormograph, which has now been installed in the science laboratory of the school.

This instrument is similar to the type used in weather bureaus, and will foretell weather conditions twenty-four to forty-eight hours in advance.

Meeting with unexpected opposition when their hockey team met the team representing the Junior Class, the Look Out Seniors were tied by a score of for "Junior-Senior Week" game Thanksgiving morning. "Junior- 6 to 6 in the annual hockey Senior Week" game Thanksgiving morning. There was some talk of playing off the tie, but the nearness of examinations made it seem desirable to put off until the annual basketball game in February the final settlement of the two classes’ relative athletic prowess. The teams were composed of the following students:

Seniors—Louise Houston, goal keeper; Zadie Davis, center forward; Grace Heyl, left forward; Anne Gilliam, right forward;
Marian Hodges, right halfback; Edith Ward, center halfback; Agnes Christian, left halfback; Dolly Smith, left wing; Eu- nice Lambert, right wing; Margaret Martin, left fullback; Alberta Rodes, right fullback.

Juniors—Maude Evans, goal keeper; Catherine Kemp, center forward; Louise Palmer, left forward; Mary Caroline Harris, right forward; Grace Tilman, right halfback; Mary Drinkwater, center halfback; Marion W. Glassell, left fullback; Virginia Segar, left wing; Josephine Painter, right wing; Inus Hickam, left fullback; Clotilde Rodes, right fullback.

In addition to the part taken by members of the Harrisonburg faculty in the affairs of the Educational Conference in Richmond, November 23-27, there have been occasions for extension work in the immediate neighborhood.

December 4 saw Miss Katherine M. Anthony, director of the training school, and Miss Mary Louise Seeger, director of the kindergarten, both at Mt. Jackson, where they spoke before groups of teachers on professional matters. On the same day Dr. Henry A. Converse, Registrar, attended a meeting of teachers at Warrenton, Fauquier county, where he spoke on "Mathematics in the Rural School."

Following an offer for her services from the State Board of Health, Miss Mary I. Bell has gone to Richmond on leave of absence from the Harrisonburg State Normal School. As librarian and as an instructor in hygiene, Miss Bell has been connected with the Harrisonburg institution since its foundation in 1909; and in the work at Richmond Miss Bell will be occupied in conducting a correspondence course in hygiene.

This course is to be offered to enable teachers to comply with the requirements of the West Law recently passed which requires that all teachers shall have a course in health education.

In the library at Harrisonburg, Miss Virginia Harnsberger, an honor graduate of Randolph-Macon Woman's College, is temporarily filling Miss Bell's position.

President S. P. Duke was re-elected a member of the board of directors of the State Teachers Association, and Elections in Richmond was also chairman of the committee on resolutions at the recent meeting. Superintendent John C. Myers, of Rockingham county, was elected vice-president of District G, which comprises most of the Valley counties.

In the various section meetings, members of the Harrisonburg faculty took a part, and Miss Katherine M. Anthony was elected secretary of the grammar grade section. Dr. Henry A. Converse was elected a member of the executive committee of the Association of Colleges and Secondary Schools.

Miss Brinton's class in Demonstrational Cookery, composed of postgraduate and degree students, rounded out their quarter's work by serving students a formal dinner to twelve guests the evening of December 17.

The table decorations assumed an air of holiday festivity in their green and white color scheme with candles for light. A pot of Jerusalem cherries, placed upon a reflecting mirror, which was wreathed in smilax formed the centerpiece. Strands of smilax also extended from the center to each of the four corners of the table. Fluffy bows of green tulle upon each candlestick added an air of mystery to the semi-darkness of the room.

Rosa Payne Heidelberg and Dorothy Fosque, dressed in white, acted as waitresses and served the following six-course menu:

- **Canapé Lorenzo**
- **Consommé Borth**
- **Fish Cutlets**
- **Piquant Sauce**
- **Mâtre d'Hotel Potatoes**
- **Roast Chicken**
- **Dressing, Giblet Gravy**
- **Mashed Potatoes**
- **Cranberry Jelly**
- **Dinner Rolls**
- **Head Lettuce Salad**
- **Vinaigrette Sauce**
- **Meringue Panache**
- **Cafe Noir**
- **Mints**

The guests were President and Mrs.
Duke, Dean and Mrs. Gifford, Mr. and Mrs. Johnston, Superintendent of City Schools W. H. Kiester, Superintendent of County Schools John C. Myers, and Miss Brinton, Miss Day, Miss Wilson, and Mrs. Moody.

More than a hundred dollars was added to the funds of The Schoolma’am the evening of December 4, when the annual bazaar was held in the Bazaar gymnasium. Practically every student made a contribution of fancy work or wood work, and these articles were sold, as well as the usual refreshments.

The general management of the bazaar was in the capable hands of Elise Loewner. The Lee Literary Society, presenting “Declamation Day in Simpkins Hollow”, was awarded the prize for the best “stunt”.

The Devereux Players appeared at the New Virginia Theatre in Harrisonburg Friday and Saturday nights, Devereux December 10 and 11, presenting Ibsen’s Ghosts Friday Please night and A. E. Thomas’s comedy, Her Husband’s Wife, Saturday night. At a Saturday matinee the one-act Russian play by Anton Chekov, known both as The Bear and The Boor, was presented on a program with the kitchen scene from Twelfth Night and the screen scene from The School for Scandal.

TEACHERS TOO

If workers think first of pay and only second of work, they are servants of him who is the lord of pay, the most unerect fiend that fell. If they think first of the work and its results and only second of their pay, however important that may be, then they are servants of Him who is the Lord of Work.—John Ruskin.

During the five years, since 1915 the salaries of teachers have increased on the average 45 per cent, as compared with a 100 per cent, increase in the wages of laborers and artisans.—Russell Sage Foundation report.

NEWS AND VIEWS OF THE ALUMNAE

A Complete Directory

This is what we want, and this is what we are working for.

We, in this case, means especially the faculty committee on alumnae relations; more comprehensively, it means everybody at Blue-Stone Hill. More than 5000 students have been in attendance at our school, summer and winter, from the first session, 1909-1910, to the present, and an organized effort is now being made to locate them all and enroll them all in an up-to-date directory.

About November 1, the alumnae relations committee, in co-operation with President Duke and Dean Gifford, decided to mail a questionnaire to every person who has ever been enrolled at the school, in the effort to ascertain facts of interest and with the purpose of maintaining a bond of mutual helpfulness between the institution and all its daughters and sons. This questionnaire was dated November 15, but an unexpected storm of ice broke down our transmission of electric current and the resulting darkness caused a long delay. However, the committee and various helpers are faithfully at work, and the questionnaires are going out. Some will go across the seas, many will go into distant states, but most will go, we trust, to some friendly door in old Virginia; and soon we expect the post office clerks of Harrisonburg to be thrown into a panic by the size of incoming mail bags.

What we want, among other things, are these—Your present name and your present address; your former name, if Cupid has enrolled you on a marriage license; a statement of your work, your extras, and your honors; and also an indication of the way in which Alma Mater can be of best service to you in the sphere of your aspirations.

We not only desire information about yourself, but we crave your aid in locating others whose names and addresses may now be unknown to us.

Please Help.