

>> Check out the winter issue of Port & Main in racks now.

**Cloudy** 42°/ 27°

chance of precipitation: 0%

The Breeze









Thursday, February 7, 2013

Vol. 91, No. 36

A rundown of QB Michael Birdsong's new wide receiving

corps, Page B1 >>

# Giant GenEds

Once intimate English classes double in size due to tight staff, enrollment

By MARGIE CURRIER The Breeze

Both professors and students are griping about a dramatic increase in English class sizes — the result of a larger departmental issue.

One section of General English 236 caps at 169 students this semester. In the HHS lecture hall, students are lost in the masses and barely participate.

Mark Parker, the English department head and GENG 236 professor, attributed the cause of the large class sections to the undergraduate enrollment growth. The department has hired more adjunct and part-time faculty to compensate.

Adjunct professors "were always underpaid, [had] no benefits, no predictable schedule from year to year, no guarantee of employment from year to year. It's an institution that is scandalous, not just at JMU but around the around the country."

**Richard Gaughran** English professor

"While JMU has grown swiftly from 12,000 to its current size of 19,000, the size of our department has not," Parker said. The size of the staff was "26 more than 15 years ago, and we are 26 now."

At the end of the last academic year, the department had to let adjunct professors go in order to keep a smaller part-time staff with higher compensation. Many "mega" classes now have both an adjunct professor, who does the grading for the course, as well as another professor, who is responsible for lectures.

Richard Gaughran, an English professor, thinks the treatment of adjunct professors has been a serious problem

"One of the motivations for these mega-sections was that the thought that [having part-time professors] is a form of exploitation," Gaughran said. "Their pay was very low, just because there wasn't enough money to adequately compensate all the adjuncts,

Gaughran said some adjuncts were paid as low as \$2,500 per course, and he believes this is a national problem.

"They were always underpaid, [had] no benefits, no predictable schedule from year to year, no guarantee of employment from year to year," Gaughran said. "It's an institution that is scandalous, not just at JMU, but around the around the country."

Parker said there wasn't enough funding to keep up with the growing number of undergraduate students.

"We had reached the point at which 70 percent of our GENG classes were taught by adjuncts," Parker said.

In the 2011-2012 school year, JMU

see CLASSES, page A4

### **INSIDE**

Filming with a cause

Four students win an MTV contest to work against human trafficking in the U.S.

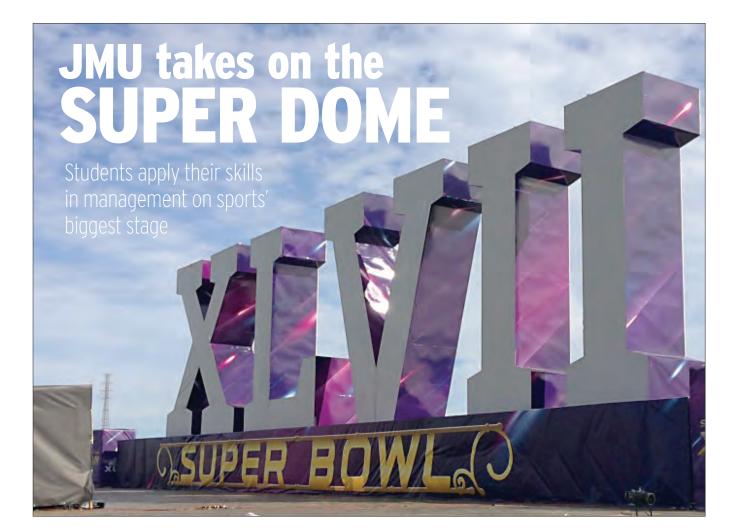
**OPINION** Tipped off

Applebee's incident shows servers aren't getting the money they deserve.

**SPORTS** Back to the top Women's lacrosse will try to get its third CAA title in four years this season.

LIFE Makeshift major Students looking to enter the gaming industry make do without a

dedicated program.



By DYLAN GARNER

The Breeze

Eleven students recently found themselves eating dinner only a couple of tables away from Ravens' star quarterback Joe Flacco during Super Bowl weekend.

It was only one of the many rewarding experiences that the group of volunteers had during their time in New Orleans.

"It proves our hard work paid off," said junior Jordan Underwood. "We didn't expect to be rewarded. We were doing it purely for volunteer services, but we got that reward."

Every year, students from colleges across the United States volunteer to test their education at the Super Bowl. Josh Pate, a sport and recreation management professor, knew professors that had taken students from their schools on this trip in the past, and thought it would work perfectly for students at JMU.

After advertising the opportunity, 11 students in total volunteered — 10 sport and recreation management majors and one hospitality management major.

The group was eating at Drago's Se Restaurant when they encountered Flacco and his teammates. Underwood said it was a humbling moment, especially after witnessing the quarterback get "bombarded" by fans at dinner.

"He couldn't enjoy his dinner, they had to put security on him," Underwood said. "It was mindblowing to me ... it was so humbling. At that moment it didn't matter that he was an NFL quarterback that was going to the Super Bowl, so that was huge for me."

Senior sport and recreation management major Bryce Cocke wanted to use the trip to prepare for his plans after graduation.

"I actually have an internship lined up with the Redskins this summer, so I wanted to gain as much NFL and pro experience as I can so I can perform to the best of my abilities," Cocke said.



COURTESY OF BRITTNEY JACKS AND JORDAN UNDERWOOD

TOP New Orleans was decked out in preparation for the game featuring the Baltimore Ravens and the San Francisco 49ers. BOTTOM Students from the School of Hospitality, Sport and Recreation Management visit the headquarters of the Southeastern Conference in Birmingham, Ala.

The 15-hour journey south started on Jan. 29 with a stop in Birmingham, Ala. The next day, they visited the official headquarters of the Southeastern Conference to learn the operations and management of the largest conference in college football.

They then made their way to Picayune, Miss., where they would be staying each night. They made the hour-long drive back to Picayune after every day of volunteering.

Thursday was their first experience on site at the Super Dome. They assisted in running the NFL Experience, which features a variety of football games and activities for kids and families to compete in. Underwood, a sport and recreation management major, helped run a station that let fans run through NFL-

"A lot of little kids did it — they'd race each

other, race their parents," she said. "It was crazy that people were having an amazing time no matter how old they were."

On Saturday, they worked at the Celebrity Beach Bowl, a flag football game featuring celebrities and former athletes. They then planned on spending the rest of the day enjoying the legendary Bourbon Street.

In the middle of the festivities, they received an email from DirecTV, the sponsor of the Beach Bowl, telling them they all got tickets to an exclusive after-party and concert featuring Justin Timberlake.

We had no idea what we were walking into," Underwood said. "We get there, and volunteer at this [party], and we were wearing khakis and white polos with oversized jackets

see SUPER BOWL, page A4

# At Bikram Yoga, some like it hot

New Harrisonburg studio combines traditional exercises with intense heat for added benefits

By EMILY WINTERS

The Breeze

Just as soon as you lie down on your mat in the newly opened Bikram Yoga studio, sweat begins to form on your

By the time the class is over, you'll have sweat in places you didn't even know where possible. But instead of feeling grimy, you'll feel refreshed and ready for the rest of your day.

On Saturday, Bikram Yoga Harrisonburg opened on North Main Street. With three free classes available on opening day, students and locals were eager to try out this type of practice, known as "hot yoga."

One of the main draws to Bikram, compared to other yoga forms, is the heat. The room is heated to 105 degrees, with about 40 percent humidity. This helps loosen up muscles and further improve flexibility. Co-owners Anita Yoder, 60, and Kendall Wondergem, 32, say that people at all levels of their yoga practice are welcome to Bikram, and there are plenty of modifications whether you are a beginner or advanced.

"We've seen it heal injuries and give people a good quality of life," said Wondergem, the studio manager who also leads the classes. "We wanted to

### **Bikram Yoga Harrisonburg**

Where 90 N. Main St., Suite 101 Cost \$12-\$15; membership packages available for various

Website bikramyogaharrisonburg.

Phone 540-434-3632

share that with the community."

A Bikram class begins with Pranayama, a standing breathing exercise in which you take deep breaths in and out to expand your lungs and prepare yourself for the session.

"We did exercises to make us breathe through our nose in order to help our lungs," said Tara Willging, a senior public health education major. "They also reduced any panic that we might get from the heat."

After this warm-up, Wondergem talks you through 26 different postures, each of which you do twice. The first hour of class is spent doing standing poses, like chair sits or tree stand, and the last half hour consists of seated poses, like seated spinal twist and bow pose. They do each move twice so that you get a second chance if you don't quite get it the first time. Or for



MATT SCHMACHTENBERG / THE BREEZE

Kendall Wondergem, co-owner and studio manager of Bikram Yoga Harrisonburg, leads her 4 p.m. Wednesday class through warm-up stretches in 105-degree heat.

those who already have the moves mastered, the second time provides the opportunity to further deepen the move and increase your strength.

The way Wondergem guides you through these moves at Bikram Yoga Harrisonburg is different from other studios. It's fast-paced, with a constant

dialogue encouraging you to breathe and stretch deeper before releasing

"It was different than any other yoga class I've been to," said Karen Kappert, a senior public health

see **YOGA**, page B4

Dylan Garner EMAIL breezecopy@gmail.com **EDITORS** Anne Elsea &

Thursday, February 7, 2013

### The Breeze

G1 Anthony-Seeger Hall, MSC 6805 James Madison University Harrisonburg, Va. 22807 PHONE: 540-568-6127 FAX: 540-568-6736

### MISSION

The Breeze, the student-run newspaper of James Madison University, serves student, faculty and staff readership by reporting news involving the campus and local community. *The Breeze* strives to be impartial and fair in its reporting

and firmly believes in First Amendmen rights. Published Monday and Thursday mornings, *The Breeze* is distributed throughout James Madison University and the local Harrisonburg community Comments and complaints should be addressed to Torie Foster, editor.

> FDITOR-IN-CHIFF TORIF FOSTER breezeeditor@gmail.com

**NEWS DESK** 

breezenews@gmail.com LIFE DESK

breezearts@gmail.com

SPORTS DESK breezesports@gmail.com

OPINION DESK breezeopinion@gmail.com

COPY DESK

breezecopy@gmail.com

PHOTO/GRAPHICS breezephotography@gmail.com breezegraphics@gmail.com

> VIDEO breezevideo1@gmail.com

ADVERTISING DEPARTMENT 540-568-6127

ADS MANAGER

Brandon Lawlor ASST. ADS MANAGER Will Bungarden

CREATIVE DIRECTOR Anthony Frederick

ASST. CREATIVE DIRECTOR

Zack Owen AD EXECUTIVES

Caleb Dessalane Rachel Ferrell Mat Lesiv Matt Malinowski Ethan Miller Brianna Therkelsen Michael Wallace

MARKETING & CIRCUI ATION COORDINATOR Laura Russo

AD DESIGNERS Catherine Barsanti

Sydney McKenney Elizabeth Paterson



Download our mobile app at



www.facebook.com/ TheBreezeJMU



@TheBreezeJMU @Breeze\_sports



IF YOU WERE BORN TODAY: Enjoy the social whirlwind and romantic sparks until a project captivates. April promotions generate lasting results. Be cautious with investments after that, and keep providing great service for a steady rise in status. Love pays fine dividends.



Problems may still arise. Ask for money anyway. Circumstances dictate the direction.



in an alien environment. Get the facts by asking detailed questions. Choose love over hate it's that time of year.



**ARIES** (March 21-April 19) There could be

mechanical problems. Delegate to someone who'll do the job better than you. Exceed expectations.





Respectfully move quickly with more work. Emotions direct your activities, and your destination calls. Be empathetic.



CANCER (June 21-July 22) Get farther than

expected, despite conflicting orders. More money is coming in. Friends help you around a difficult situation.



**LEO** (July 23-Aug. 22) Plug a financial leak, and guard

against reckless spending. Save money by consuming less and conserving energy.







(Oct. 23-Nov. 21) Reaffirm a commitment. romantic or otherwise. You're attractive. The wallet's getting fuller. Add glitter.



(Nov. 22-Dec. 21) Household matters demand attention. There's more money flowing in, luckily. You're very magnetic now.

**SAGITTARIUS** 



(Dec. 22-Jan. 19) Don't worry about things you can't change. Old formulas don't fit:

new procedures glitch. But it all comes together.

Keep your eye on the prize.

### Los Angeles Times Daily Crossword Puzzle

Edited by Rich Norris and Joyce Lewis

18

### **ACROSS** 1 Former "Idol"

- judge, to fans 4 Head of Slytherin House, in Potter
- books 9 "The Hobbit"
- dragon 14 Rower's tool
- 15 Fax ancestor 16 Gdansk dance
- 17 A, in Acapulco
- 18 Instruction for this
- puzzle 20 Food fish
- 22 Iris family flowers
- 23 Leg bone 24 Inamorato
- 25 Goes out to sea
- 29 Bygone dagger 31 Coke competitor
- 33 "Really?" responses 35 Spanish custard
- 38 Curved 39 Small, numbered 60-Acrosses
- 42 Five-0 detective. familiarly
- 43 Poet Pound 44 Bill's adventurous partner 45 Swellhead
- 47 Caesar's "I came' 49 "Jeopardy!"
- creator Griffin 50 See from afar
- 53 Set of eight Sketch: toy 59 Pretender
- 60 What you'll draw in this grid if you 18-Across with six straight lines
- Lanka 65 Reprimander's slapping spot?
- 66 Guitarist Eddy 67 Actress Ullmann 68 Caravan
- stopovers 69 Lustful deity 70 High card

### **DOWN**

- 1 Knight game 2 Hawaii's Pineapple Island
- 3 Dental brand 4 Title subject of a
- G.B. Shaw play 5 Broadway light

### By Mike Buckley

- 6 Baba who outwitted thieves 7 Shilling's five
- 8 Soldier in a war film, e.g. 9 What freelancers
- may work on? 10 Star givers, often
- 11 Stout relative 12 "My dog has
- fleas" instrument 13 \_\_ guzzler
- 19 Appointment time 21 International contest with a
- cosmic name 24 Prove otherwise 26 Italian bowling
- game 27 Kun, as colors
- 28 Like Eeyore 30 Pair in Éanff?
- 32 Bounder 33 Old enough
- \_\_ among

37 Brazen

- thieves 36 Wood carver
- 40 Children's author Asquith Daniel Kim: "Hawaii Five-0"

NATION

### Monday's puzzle solved

2/7/13



- 42 BHO, but not **GWB**
- 46 MIT's newspaper, with "The" 48 Tryst at twelve
- 51 Gets rid of 52 St. Anthony's
- home 54 Magnetic
- induction unit 55 Apt first name of Fleming's Goldfinger
- 56 Automatic transmission gear
- 58 Škin pictures, briefly 59 Doodle's ride
- 60 Not quite a crowd, so they 61 Swing or jazz
- follower 62 "Tain't" rebuttal 63 Squealer

**AP style savvy? Apply for copy editor.** Email breezeeditor@gmail.com.

### JMU Faculty & Staff:

Let your voice be heard! The Madison Future Commission is hosting Town Hall meetings to gather your comments and ideas for the university's next strategic plan. You can lend your support simply by expressing your opinion on improvements or new ideas that may impact you professionally, personally, or as a citizen. You can

> Town Halls are scheduled for: Thursday, February 7, 2-3PM Grafton-Stovall

also help by letting the MFC know how you see the

future of JMU and what is important to you about JMU

Monday, February 11, 10-11AM, Festival - Highlands Room

Your contributions can be made via silent ballots

(which will be collected at the door)

or you can speak during the open forum. Your participation is enthusiastically welcomed and strongly encouraged!

### **Obama picks REI chief** to lead Interior

McClatchy Newspapers

WASHINGTON — Sally Jewell, a conservation advocate who's the head of the outdoor gear and clothing retailer Recreational Equipment Inc., is President Barack Obama's choice to be the secretary of the interior.

Jewell, if she's confirmed by the Senate, would oversee 500 million acres of public land and have vast responsibilities that include oil and gas development, endangered species, national parks and Native American affairs. She'll be thrown into emotional battles over offshore drilling in the Atlantic and Arctic oceans, and the controversial process of hydraulic fracturing for natural gas and

oil, known as fracking. The job of interior secretary usually goes to a public official from the West, someone with government experience and a record of making decisions on public lands and environmental issues. Jewell lives in the West, with a home in Sumner, Wash., near REI's headquarters in Kent. But she comes from the world of business, and some members of the Senate said they needed to learn more about her policy views before deciding whether to back her confirmation.

Iewell is an outdoor enthusiast with a conservation background. But she has a mechanical engineering degree and worked for Mobil Oil now Exxon Mobil, in Oklahoma and Colorado for three years after college. She also spent 19 years in the commercial banking industry before she became an executive for REI.

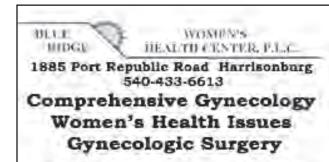
Environmental groups are enthusiastic about the choice. Jewell is vice chairwoman of the National Parks Conservation Association, an advocacy group, and she won the 2009 Rachel Carson award from the Audubon Society for work furthering environmental efforts. Jewell also is a board member of the Mountains to Sound Greenway Trust, which works to conserve green and

open spaces in Washington state. The Sierra Club said she'd shown a commitment to preserving public lands for recreation,

adventure and enjoyment. "We look forward to working closely with her to preserve more of those benefits and more of our natural heritage by designating new national monuments, protecting America's Arctic from risky drilling, and keeping dirty and dangerous fracking out of our public lands," Sierra Club Exec-

utive Director Michael Brune said in a statement. Drilling advocates in Congress said they wanted to know more. Jewell will face intensive questioning during her confirmation hearings from Republicans who argue that Obama hasn't done enough for drilling on federal lands.

# We Dig the Dukes!



www.brwhc.yourmd.com

this space could be yours

www.breezejmu.org/site/advertise/





Sharonamckean@gmail.com





www.breezejmu.org/site/advertise/

Thursday, February 7, 2013 A3



COURTESY OF JAKE URBANSKI

Dancers from the Ailey II dance company worked with mtvU to develop a series of videos which seek to promote awareness of human trafficking. This is a screenshot of one of the videos, which tells the story of a 15-year-old girl whose boyfriend coerces her into becoming a sex slave.

# Clearing the confusion

Study finds Division-I schools investing more in athletics than academics; JMU officials say otherwise

### By ERIC GRAVES The Breeze

Several officials want to dispel what they see as a myth that JMU favors athletics over academics.

Many public universities spend three-to-six times more money on their athletes than non-athletic students, according to the American Institutes of Research.

Charles King, senior vice president of administration and finance, believes the report encourages the belief that athletics is treated better than the academic departments.

"At the same time we built that stadium, we built the new chemistry building, the Forbes Center, Rose Library, the biology building and Constitution Hall," King said. "It's really frustrating to me that people

seem to forget that." Some students at JMU believe that the athletic department receives higher preference than academics in terms of funding from outside

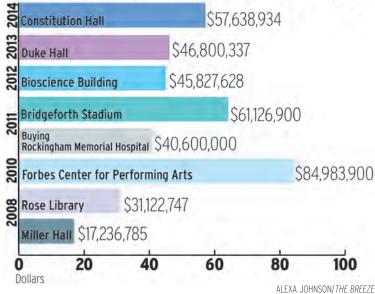
"I think more parents believe that sports are better uses for their money," said Leah Poulliot, a freshman media arts and design and finance double major. "They see sports as an American pastime and there's a bigger push there for money and donations."

Rose Library, Miller Hall, The Forbes Center for the Performing Arts, acquiring Rockingham Memorial Hospital, Bioscience Building, Duke Hall and Constitution Hall cost a total of \$324 million to build in the last decade. King says that this outweighs the cost of the stadium.

'There's just no comparison to a \$70-million stadium versus all of these other projects the university is undergoing," King said. "For people to say that athletics is treated better than academics, that's just completely untrue."

Bourne said that it was also

## **RECENT CONSTRUCTION PROJECTS**



JMU has been steadily buying and building properties for academics according to Charles King, senior vice president of administration and finance.

important to reiterate that they received no

money from the state to complete the project. The athletic department had to raise the money to pay for Bridgeforth's renovations and is still paying off the debt.

The athletic department is paying off debt for the renovation of Bridgeforth Stadium, the Athletic Performance Center, the softball/ baseball complex and additional athletic expansions, totalling around \$68

million. These debts are budgeted to last until at least 2030. JMU was included in the analysis of the Football Championship Subdivision. Out of the 77 universities in the

subdivision, an average difference of \$25,000 for athletes was reported.

Other schools included in the study were Alabama State University, ODU, William & Mary, Appalachian

tary Institute. The average amount of money reported was based on the increase in funding each year.

'We can give you a per student cost apples, 19,000 students against 436 ferent results.'

of money funded from the state, stustudent and public services and aca-

demic support. Diane Stamp, assistant vice

State University and Virginia Mili-

based on our Education and General budget and it won't be equal," King said. "When you compare apples to athletes is going to give you very dif-JMU's budget is divided into two

separate sections: Education and General and Auxiliary. E&G consists dent tuition and miscellaneous fees that go toward areas like instruction,

president of the office of budget management, said a majority of the academic buildings were paid for by

Auxiliary funding includes residence life, dining, parking and a section known as "comprehensive fee," which includes athletics. This comprehensive fee is separate from tuition payments but is included with enrollment dues at the beginning of the semester.

Jeff Souder, director of athletic business operations, also thinks the Delta Cost Project report is misleading because colleges differ in their budgets from state to state.

"How Virginia does something and how North Carolina do things are completely different setups," Souder said. "If they collected the data the same way, such as where the funding comes from, North Carolina might include athletics in its E&G budget."

King said the College of William & Mary has a Convocation Center that's very similar to JMU's. He said the school treats it as a non-athletic building. Though their athletic offices are inside, the building isn't included in their athletic budget, whereas JMU's is included.

"When you look at comparative figures spent on student athletes it depends on the university," said Jeff Bourne, director of athletics. "You compare us to George Mason or VCU, you'll see a big difference in the amount spent on student athletes because they don't have very big FCS football programs."

Additional fees are collected for athletics through ticket sales, donations, Duke Club contributions, concessions and other sources.

Last year the athletic department received almost \$30 million from student fees and ticket sales alone, according to financial reports. The average home football game brought in around \$192,000 each, though it depends on the size of the crowd, according to Stamp.

see ATHLETICS, page A4

## House near campus robbed

### Victims' home located near Hillside dorms, off-campus housing

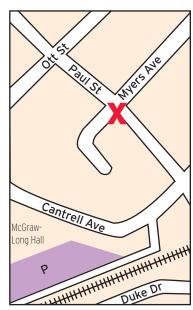
A Harrisonburg house was robbed early Tuesday morning.

Around 3:30 a.m., officers responded to the 500 block of Myers Avenue. Officers determined that an unknown man broke into the house. When the suspect encountered a resident, he displayed a gun and robbed the occupants of the house. He then fled the scene with miscellaneous belongings.

The suspect was last seen wearing dark colors and baggy clothing with some form of head cover on. He appeared to be of medium build and between five-foot-eight-inches and five-feet-10-inches tall.

Lt. Chris Rush with the Harrisonburg police encourages anyone with information to contact his division of the police department at 540-437-2640.

- staff report



An unknown armed male robbed a house on Myers Avenue early Tuesday morning.

## Suspects in credit card thefts hit Walmarts



COURTESY OF HARRISONBURG POLICE

One of the suspects was caught on a Walmart security camera purchasing items with a stolen credit card.

The Harrisonburg police are currently investigating several credit card thefts that occurred in October of 2012.

Two men reportedly broke into several vehicles in Harrisonburg and stole items, including credit cards.

The suspects used the stolen cards to purchase items at Walmart on Burgess Road and at the Walmart located in Rockingham County on John Wayland Highway.

The first suspect is described as a white man in his mid-to-late 20s with a close-cut or shaved haircut. He was seen wearing a black zip-up hoodie with light colored designs across the front. He was later seen wearing a dark hoodie sweatshirt.

The second suspect is a white man who's 30-to-40 years old, with medium-length dark hair, a dark beard and glasses. He was wearing a dark colored zip-up jacket and baseball hat. He was also seen at a later time wearing a light colored long-sleeve shirt, blue jeans and a baseball hat.

They have been seen driving a silver or gray vehicle while shopping at Walmart.

Police ask anyone with information to contact them or Crime Solvers at 540-574-5050.

- staff report

Thursday, February 7, 2013 breezejmu.org NEWS



f

III AN AMERICAN CAMPUS COMMUNITY . &

limited time only, while supplies last, rates, fees, deadlines and utilities included are subject to change

## **CLASSES** Size discourages student participation and interaction

from front

endured a net reduction of \$24 million in state funding, according to Madison Magazine. JMU has also suffered a pay freeze for all professors for five years.

'To offer small courses in General Education, we'd have to hire eight-to-10 new faculty. Of course, we'd welcome that," Parker said. "But the state has cut its per-student contribution to JMU by half since 2000, and there is no way to fund this kind of expansion."

Students also have negative feelings toward the large classes and wish they could have more opportunities to discuss readings.

"The large class takes away from the student-teacher relationships," said Jason Parker, a junior mathematics major in the GENG 236 class. "He hasn't fully engaged the class; the class has no open dialogue. He only had an open discussion once, which I thought was very helpful for the whole class."

Erica Bleeg, an English professor who teaches introductory workshops in fiction, poetry and nonfiction, said the creative writing classes

of 30 students per class. The ideal number is 15 students per class.

"I try as best as I can to establish trust, an interest in the subject and each other in both the introductory and advanced workshops and that often — but not always," Bleeg said. "I find it easier to establish that good will in a smaller

David Kobola, a senior English major, was in one of the large English classes in the Miller Hall auditorium last semester and noticed a lack of class participation.

"I would have participated more, but my voice kind of got lost in the masses," Kobola said.

Kabola thinks the larger English classes are hindering student involvement and interest in the subject.

"Back in the day, when you had smaller English classes, you could facilitate a conversation much better and you could really bounce your ideas off of other people as opposed to just saying something to the professor and having her respond to it," he said. "I think that was a downside."

Kobola thinks having large

now have to offer sections English classes negatively affects students' interest in the subject.

"I think especially for people who are not particularly strong in English or they just don't find it very interesting and they become disenchanted with it so much more quickly," Kobola said. "If this wasn't my major, say this was some random history class, I wouldn't have gone to like half the classes and I'm sure my grade would have been lower than it would have been in a smaller class."

Parker said the department is working to remedy the

"It's a big, big issue that's a long way from being addressed," Parker said. "This department is trying to get away from that."

Within the last few minutes of GENG 236, the students became restless. Rustling coats, flipping pages and zippers drowned out Parker's final remarks. In a small classroom, packing up before the end of class might have been reprimanded, but with so many students to control, it was allowed.

**CONTACT** Margie Currier at curriemr@dukes.jmu.edu.

## **SUPER BOWL** | Students meet sports celebrities at event after-party

from front

... It was like unlike anything I had ever seen. We felt so out of place."

She described the atmosphere of the room — low lights, burlesque dancers, open bars and people "dressed to the tee" in formal wear and gowns. The after-party gave Cocke a chance to meet another major celebrity in the sports world — Mark Cuban, owner of the Dallas Mavericks.

"Just hanging out with him and talking to him was awesome," he said. "I was like, 'I think I'm talking to probably one of the top five richest guys in the world right now."

Junior sport and recreation management major Jen Nelson had her own celebrity encounter during the week,

meeting Ravens offensive lineman Michael Oher. He was the subject for the popular book and movie adaptation "The Blind Side.'

"I love that movie and being able to see him in public and get a picture with him was pretty cool," Nelson said.

On game day, an error getting their credentials put them in a three-hour line around the Super Dome. Once inside, they took their positions managing the various pre-game and tailgating festivities. 'That was when I felt most

thanked and thought I made the most difference," Underwood said. "I didn't even care we didn't get to go to the game because it was such a reward-

Seeing some of the players with their own eyes influenced their opinion of the game itself. "Seeing all the Baltimore

Ravens, seeing Joe Flacco, I couldn't not root for them," Cocke said. They all agreed that volun-

teering for the Super Bowl was invaluable for their education. Nelson hopes that the school will provide this same opportunity for her and her peers in the future.

"We were kind of the guinea pigs of the sport management major to do that," Nelson said. "I think we all had such a great experience doing that and we all want to do it again with the Super Bowl in New Jersey, and I really think it will pick up in the future as other students will hear about our experience."

**CONTACT** Dylan Garner at breezecopy@gmail.com.

## TRAFFICKING Winners to donate back to anti-slavery cause

from page A3

The videos, according to MTV's Communications Manager Jake Urbanski, was developed in partnership with dancers from the Ailey II dance company and musical artist Kenna and rapper Talib Kweli.

Dancers from Ailey II play out the victims' stories while Kweli narrates their stories. The videos went live last Thursday on mtvU's website and feature the stories of both sex and labor trafficking victims.

"It visually and audibly illustrates the lives of many people who are trapped in slavery here in the United States," Jones said. "People are able to hear, see, understand, and connect with the reality of today's slavery, birthing a heart of compassion and drive to take a step in helping."

Now, according to Noopur Agarwal, vice president of MTV public affairs, "The Backstory" will be viewable to nearly 9 million other college students spread out over 750 college campuses.

MtvU launched the 'Against Our Will Challenge" last January, according to Agarwal. The contest called on college students to invent and submit a proposal for a digital method that promotes the awareness and action against human trafficking.

The JMU group received \$10,000 as well as the opportunity to see their original proposal work with mtvU to develop into a real project, viewable by mtvU's 9 million users.

"I never thought that we would win this competition and it's crazy to see that we are actually making a difference," Hotz said. "It will be important to see the success of this project, and hopefully it can make a difference in this world and successfully spread awareness about the severity of sex trafficking in the United States."

The challenge was a part of mtvU's "Against Our Will Campaign," in which mtvU partnered with other antihuman trafficking groups such as The Polaris Project and Free the Slaves raise awareness among college students about human trafficking. The campaign was launched in September 2011.

Ramirez said they plan to donate part of their prize to the cause, and she's now involved with the Shenandoah Valley Justice Initiative, a local anti-human trafficking advocacy group.

Although Agarwal couldn't reveal the exact number of entries submitted, she said the winning group's work was innovative in that it was made relatable to students. Agarwal said telling the victims' backstories is an effective way to convince students to join the cause.

"We were especially impressed by how their concept incorporated social media in innovative ways, allowing for users to easily share the experience with their friends and

classmates," Agarwal said.
"The Backstory," Agarwal said, will be continued to be promoted and spotlighted on mtvU and the Campaign's website.

"It's easy to become numb to statistics, but when you watch an individual's story and are able to interact with it, I think it makes the issue much more real," McLean said. "The more awareness we have for this issue, the more we can to do prevent it and to protect the victims of it."

**CONTACT** IJ Chan at breezenews@gmail.com.

## **ATHLETICS** | Students pay 85 percent of JMU's athletic budget

from page A3

The athletic budget's money is divided up into paying for athletic scholarships, wages, facilities, debt and other expenses.

"A percentage of that money goes into retiring debt on the renovations of the stadium,"

King said. "Then what money is left over from basketball and football ticket sales goes back into the athletic budget. All the money from the various programs goes back into the same

collective pot." King said students pay 85 percent of JMU's athletic budget out of comprehensive fees not included in tuition. These comprehensive fees also pay for facilities such as the University Health Center and UREC

"I doubt very many people know the span of what the auxiliary fee consists of," he said.

CONTACT Eric Graves at gravesem@dukes.jmu.edu.

### **MATT PHILLIPPI**

contributing columnist

### The real Boy Scout mission

### The BSA will accept homosexual leaders

After reading Chase Kiddy's opinion piece titled "One scout speaks out," I found myself nodding a little in agreement with a few parts, but there was some misinformation as well as some things that I wanted to respond to.

Like Chase, I spent several years in scouting as a youth and a leader, more than 15 in all. While his description of the "social experiment" is apt in many units, it shouldn't be. A scout is kind: the sixth point of the scout law. Young men involved in scouting will not be sheltered from different types of people in the world, and the mission of the Boy Scouts of America is "to prepare young people to make ethical and moral choices over their lifetimes" by living by the scout law and oath. Making membership more inclusive will only help them to strengthen those ideals we are supposed to be instilling into the youth.

Young men involved in scouting will not be sheltered from different types of people in the world, and the mission of the Boy Scouts of America is 'to prepare young people to make ethical and moral choices over their lifetimes' by living by the scout law and oath.

The misinformation I wanted to clear up is that Chase referred to the BSA as a "Christian-based organization" that openly preaches heing morally straight. The stance of the BSA is that as long as one believes in a higher power, there is no problem. The BSA has members of all faiths in its ranks. The BSA follows no particular religion, and not all religions consider being gay and being morally straight to be mutually exclusive.

I know that there are many in the scouting community here that are against these changes. I just feel that those scouts, leaders and alumni of the program should take a look at the scout oath and law and realize these obstacles are internal. not external. If you live up to those ideals, then the problems disappear.

Matt Philippi is an employee of the JMU Business Office. Contact Matt at phill2mr@imu.edu.

**CAROLINE KELLY** The Breeze

# Applebee's tip controversy reveals larger issue

Inconsiderate customers skip tipping, leaving servers flustered and without a proper paycheck

Every job has one group of people who are going to make the employees' day harder. Cashiers groan when they get an elderly



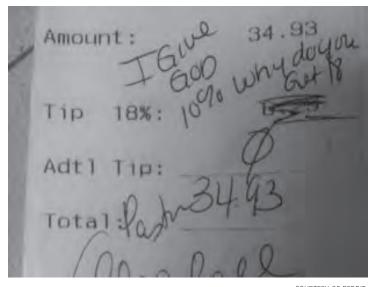
customer who holds up the line writing a check. Bank tellers wince when a parent comes in trailing unruly kids with too much

energy to wait quietly in line. And waiters would rather work any day but Sunday when the church crowd comes in.

Nobody likes stereotypes, but some people are determined to live up to them. A waitress at Applebee's recently posted a picture of a receipt on Reddit. A group of 20 had been eating there, and so the restaurant added an automatic 18 percent gratuity charge to the receipt.

Nothing surprising; I've never been in a restaurant that didn't add one for large parties. But apparently some people think they're exempt from it, since the picture showed the gratuity scribbled out, and a big zero in the tip line, with the words "I give God 10%, why do you get 18?" written next to it. The rude diner also felt the need to justify their actions by signing "pastor" above their

The receipt immediately gained hundreds of comments on the Reddit atheism page. Stiffing your hard working waiter is bad enough,



COURTESY OF REDDIT

Chelsea Welch, an employee of Applebee's in St. Louis, MO., was fired after posting this photo of an insulting receipt on the public forum, Reddit.com.

but trying to justify it with religion is just low.

Now, I'm not a Christian, so I'm not going to talk about how a pastor ought to behave. But what I do feel qualified to talk about is basic human decency. And a big part of that is not stiffing people out of money they earned because you're cheap and have the temporal comprehension of a goldfish.

The tip is not a surprise, people! It does not wait lurking and leap onto your innocent receipt when no one's looking. You should be calculating the tip and adding it to the cost of your meal from the beginning if you're worried that the combined

check is going to be too big. This is something we need to watch out for too, since college students also have a reputation as poor tippers. I know we're all spending most of our money on textbooks and coffee, but try to be generous. An extra dollar won't make much of a difference to the price of your meal, but it might mean a lot more to your waiter.

Tips aren't just a cherry on top of their usual paycheck, fistfuls of cash that waiters and waitresses pocket with glee. They're that person's paycheck. Minimum wage in the U.S. is \$7.25 an hour (\$7.35 in Missouri, where the incident occurred), but waiters can get paid half of that.

my paychecks are less than pocket change because I have to pay taxes on the tips I make," said Chelsea Welch, the woman who posted the receipt, in an interview with The Consumerist. Imagine trying to pay the rent on that.

They don't get to keep all their tips either, but often have to share them out with hosts, bussers and bartenders. Waiting tables is hard work. You're on your feet for hours at a time, balancing heavy trays of food, and keeping up a cheerful and polite attitude, even to the most difficult of customers. My dad used to tell stories about his time as a waiter when men would come in on dates, and if he didn't "Sir" them to the moon and back, or so much as looked at their date, he knew he wasn't getting a tip. The job is hard enough without people looking for excuses to not pay them as well.

We're all students. Plenty of you have probably waited tables yourselves or some other retail or service position. We all know how much it sucks to have to smile at customers who think they're so special they deserve to be exempt from the rules. If you can't afford to tip, don't eat out. It's that simple. If you're one of those people, might I suggest the fine cuisine at McDonald's instead? I hear they have a dollar menu.

Caroline Kelly is a senior English major. Contact Caroline at kellyce@dukes.jmu.edu.

JESSICA WILLIAMS | in plain English

## Sealing the envelope on weekend mail circulation

The USPS pushes to end Saturday mail delivery, which will save it time and money in the long run

It's a bittersweet time for the U.S. Postal Service. In fact, if you listen carefully, you can hear them softly



singing, "If I lay here, if I just lav here, would you lie with me and just forget the world?'

As of summer 2013, first-class

mail will no longer be delivered on Saturdays, limiting mail services to Monday through Friday.

But, despite the outcry, the change isn't drastic for the average mail recipient or mail carriers. "Saturday has the week's lowest daily volume and more than a third of U.S. businesses are closed Saturday," the USPS told USA Today. In fact,

suspending Saturday service will money, allowing them to dedicate their efforts to more relevant things like package delivery.

The cold truth is that the art of letter writing is dead — dead with a capital "D." The only paper mail anyone receives anymore are bills, junk mail and creepy "Apply here!" letters from colleges like Strayer University — and even those few things are moving to the online world. Stationary and envelopes have already been commandeered by hipsters so you know no one is using them anymore. With email at our disposal, "ain't nobody got time" to write a real letter and it's unrealistic to think we'll go back to it.

According to CBS News, "The Postal Service has lost \$41 billion during the past six years as more private shippers, email and online

Why should they cater to the few people who still depend on snail mail when there is a golden opportunity for them to get back on their feet and start making money again? Americans can survive without their pre-approved credit card and Disney cruise advertisements for one day.

My grandma, Susan Schaffer, worked for the post office in Tall Timbers, Md. for 25 years.

"They've been talking about doing this for years," she told me. "Why not quit Saturday delivery? I say shut it down. It's time. Most of the Saturday employees are part-time, anyway. Everything needs to start moving with the times and losing jobs is just

the name of the game."

The USPS is a business, and if we want it to stay around, at all, it's going to have to adapt to the times and learn how it can thrive in an increasingly tech-oriented era.

"Meeting and discussing local news at the post office is sure to become a thing of the past," my grandma added. "It's time to move

Suspending Saturday service is a welcomed change for the agency that will save their business in the

long run. All they need now is America's stamp of approval.

Jessica Williams is a junior English and writing, rhetoric and technical communication double major. Contact Jessica at



Darts & Pats are anonymously submitted and printed on a space-available basis. Submissions creatively depict a given situation, person or event and do not necessarily reflect the truth.

Submit Darts & Pats at breezejmu.org

A "love-of-my-life" pat to the football player who's secretly been making my day from across the room for the past four years.

From a woman who will work up the courage to talk to you one

A "watch-out-Adele" pat to the brunette in the Alethia band who steals the show every Sunday. From a loyal fan who knows

you're going to make it big.

A "keep-it-in-your-pants" dart to the two students practically making out during class.

From a senior who would like to start keeping her breakfast down every Tuesday and Thursday morning.

A "thanks-for-always-beingso-upbeat" pat to the manager at Starbucks.

From a coffee addict who finds herself favoring the Carrier Library

A "the-dictionary-is-yourfriend" dart to the group of people in the SILENT study lounge discussing class material at the top of their lungs while there were open group study rooms available. From a graduate student who just wanted to study in peace.

A "my-GPA-thanks-you" pat to

the Route 16 bus driver who took me to East Campus so I could take From a grateful senior who

knows a missed exam would have severely screwed up her GPA.

A "false-start" dart to the two rude JMU football players who cut everyone waiting in line for their free pancakes on Tuesday night.

From a group of women who were waiting patiently before you and were appalled by your manners.

An "I-don't-mind-being-late" pat to the bus driver who pulled over just to give a homeless man some food.

From a student who loves seeing all the people of JMU pay it forward.

MANAG

NFWS

LIFE ED

A "you-wok!" pat to the freshman who waited with me in the cold to get my keys and her Chinese food retrieved from inside

my locked car. From a flustered but incredibly grateful delivery driver.

A "you-are-the-only-good-inthe-world" pat to Pringles for not selling containers that are half empty.

From a woman who is tired of paying for a bag of Utz with two chips and a lot of air.

A "there's-hope" pat to the well-dressed tall guy in E-Hall on Sunday morning.

From a woman who's 5 feet 11 inches tall and can't seem to find a man taller than her.

A "that's-s---ty" dart to dog owners in Squire Hill who don't pick up after their pets. From a fellow dog owner who

knows it's not that hard to pick up a bag and do your duty.

breezeopinion@gmail.com.

A "like-what's-the-deal-Scooby-Doo?" dart to the ghost in my dorm room who turns the lights on and off.

From a freaked out sophomore who has enough to worry about without having to deal with kindred spirits.

An "I-will-find-you" dart to the person who stole from my roommate's locker in UREC.

From a Liam Neeson fan who doesn't appreciate when his friends' things are taken.

A "my-stomach-and-I-areeternally-grateful" pat to the Market One lady that let me eat and then pay her the next day.

From a student who forgot his JAC card and wouldn't have made it through his work shift without your kindness.

# Editorial

MSC 6805 G1 Anthony-Seeger Hall

Harrisonburg, VA 22807

The Breeze welcomes and encourages readers to voice their opinions through letters and guest columns. Letters must be no longer than 250 words. Guest columns must be no more than 650 words.

The Breeze reserves the right to edit submissions for length, grammar and if material is libelous, factually inaccurate or unclear. *The Breeze* assumes the rights to any published work. Opinions expressed in this page, with the exception of editorials, are not necessarily those of The Breeze or its staff.

Letters and guest columns should be submitted in print or via e-mail and must include name, phone number, major/year if author is a current student (or year of graduation), professional title (if applicable) and place of residence if author is not a JMU student.



"To the press alone, chequered as it is with abuses, the world is indebted for all the triumphs which have been gained by reason and humanity over error and oppression."

— JAMES MADISON, 1800

R-IN-CHIEF	TORIE FOSTER	SPORTS EDITOR	CHASE KIDDY
GING EDITOR	JEFF WADE	SPORTS EDITOR	WAYNE EPPS JR.
EDITOR	IJ CHAN	COPY EDITOR	ANNE ELSEA
ON EDITOR	JESSICA WILLIAMS	COPY EDITOR	DYLAN GARNER
DITOR	GREER DRUMMOND	PHOTO EDITOR	SEAN CASSIDY
DITOR	LAKEN SMITH	PHOTO EDITOR MATT :	SCHMACHTENBERG

ORTS EDITOR	KIDDY
ORTS EDITOR WAYNE EF	PPS JR.
PY EDITOR ANNE	ELSEA
PY EDITOR DYLAN G	ARNER
OTO EDITOR SEAN C	ASSIDY
OTO EDITOR MATT SCHMACHTE	NBERG

DESIGN EDITOR MARGIE CURRIER
VIDEO EDITOR BRADFORD AMBROSE
MULTIMEDIA DIRECTOR MADELYN WIGLE KAITLYN HAMMACK ONLINE EDITOR.....



Students with JAC card receive 10% off purchase!\*

### Weekly Specials

Visit Our Website to View Our Full Weekly Ad! (Prices Valid Through 1.29.12)



\$3.99
Panera Bread
Soups to Go

16oz

16<sub>0</sub>z



**\$2.99**LaYogurt

5.3-6oz





**\$1.00** 

Fuze or Gold Peak Tea 18oz



\$1.00 Nissin Cup Noodles 2.25oz



\$1.00
Essential
Everyday Waffles

\*Valid 2012-2013 School Year. Excludes Special Orders, Catering, Delivery Orders and Gift Cards







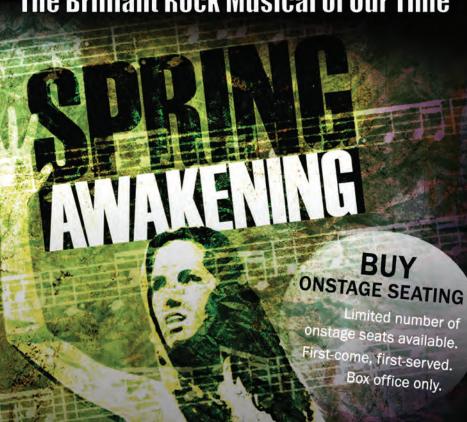
**REDFRONT.COM** | 540-434-0850

677 Chicago Ave, Harrisonburg, VA 22802 Monday-Saturday 7am-9pm & Sunday 12 noon-6pm

# FOR THE DEPLOPMENT ARTS

YOUR DESTINATION FOR FIRST-CLASS ENTERTAINMENT

'The Brilliant Rock Musical of Our Time"



Tuesday-Friday,

February 19–22 @ 8 p.m.

Saturday, February 23 @ 3 p.m. and 8 p.m.

Sunday, February 24 @ 2 p.m.

MAINSTAGE THEATRE

Book and lyrics by Steven Sater
Music by Duncan Sheik
Based on the play by Frank Wedekind

Presented by special arrangement with Music Theatre International.

Audience discretion advised: Mature language, sexual content and violence.

TICKETS: jmu.edu/JMUarts OR 540.568.7000

Box Office: 147 Warsaw Avenue JAMES MADISON UNIVERSITY.

FREE parking right next door ARTWORK BY RICHARD HILLIARD

### FLU SHOTS NOW AVAILABLE

DON'T LET ILLNESS AFFECT YOUR COLLEGE EXPERIENCE



**EmergiCare** 

755A Cantrell Ave. Harrisonburg, VA (Next to Hardee's) 540-432-9996

Serving JMU Students Since 1991

Prompt Medical Attention \* No Appointment Necessary

\* Minor Injury & Illness Treatment \* X-ray \* Flu Shots \* 
\* Physicals \* STD Testing \* Laceration Repair \*

OPEN 7 DAYS A WEEK: Mon-Fri 9-8 \* Sat 10-4 \* Sun 1-6

# **SAVE \$150**



# WITH ZERO DEPOSIT

SPACES GOING FAST

APPLY TODAY @ STONEGATEHOUSING.COM

LEATHER-STYLE FURNITURE + INDIVIDUAL LEASES + PRIVATE BATHROOMS

CLOSE TO CAMPUS + ON CITY BUS ROUTE + PET FRIENDLY





# STONE GATE A P A R T M E N T S

STONEGATEHOUSING.COM • 540.442.4496 • 1820 PUTTER COURT

111 AN AMERICAN CAMPUS COMMUNITY 🔍 🖒 LIMITED TIME ONLY | RATES, FEES, DEADLINES & UTILITIES SUBJECT TO CHANGE

THE SURE FIRE WAY TO MAKE SURE THAT

COLLEGE is the BEST time of Your Life!

with leases starting at

gat \$435

Rooms are going fast.
So stop by today!

New accepting 2013-2014 applications!

888.472.7404
1941 Sunchase Drive www.Sunchase.net/mobile



LANE FILLER | Newsday

# My Molboro reds or my life? Let me think about it.

So just how long do I want to live, anyway? It's a question I've been pondering this past week, since I read a study explaining when smokers can expect to check out,

based on when they quit. I've been trying to stop since the first of the year. Some days, I've smoked few or no cigarettes. On other days, though, the effort has involved smoking quite a bit but being filled with robust self-loathing. That, along with the furious glances and unexpected kidney punches I authorized my 11-yearold daughter to deliver in the hopes it would help me stop, make smoking more expensive and painful than not smoking, but not much more fun.

According to the study by the Center for Global Health Research in Toronto, most people who smoke till they die will lose about 10 years of life expectancy, and are unlikely to see 80. Just 38 percent of female smokers and 26 percent of male smokers who never kicked the Camel managed eight decades, while 70 percent of women and 61 percent of men who never

lit up did. But I'm not sure I'm shooting for my 80s. I'm out of touch and uncool at 42, even when I don my parachute pants and Vanilla Ice concert T-shirt. By 83, I'll be the guy at the Stop & Shop who doesn't take out his checkbook until all his groceries are bagged, demands a price check on stewed prunes, and tells the cashier about each of his bunions while the line behind him runs out the

Puffers who put down the Pall Malls between By 83, I'll be the guy at the Stop & Shop who doesn't take out his checkbook until all his groceries are bagged, demands a price check on stewed prunes, and tells the cashier about each of his bunions while the line behind him runs out the building.

the ages of 55 and 64 lose about six years of life expectancy, while those who quit between 45 and 54 forfeit four. And anyone who manages to swear off the Salems between 35 and 44 sacrifices just about one year, on average.

To know exactly what this means for me, I'd have to know how long I would live had I never smoked at all. This is tough to say, because as far as I know, I don't have any forebears who never smoked. If you found a prehistoric painting of the Fillers on a cave wall, they'd all be chugging fermented taro and tonics, playing gin rummy with painted rocks and smoking something.

My mother died at 65. She smoked like wet wood on a campfire and considered vegetables a delivery system for butter, cheese and dressing. Her only exercise consisted of exercising her right to point out the shortcomings of her children, admittedly a strenuous and lengthy process. My dad died at 55, but health wise, he made my mom look like Jillian Michaels from "The Biggest Loser."

So I'm in a sweet spot for quitting. If I kick today, I'll only have lost one year of life.

The problem is, I don't know just how awesome the tail end of my story will be. Does my huge investment in carpet-lint-powered automobiles pan out? Will there be Social Security? How about Medicare? Old doesn't look fun in general, but "old, broke and lacking medical treatment" might actually lose out to "dead" on my list.

And what about music? In theory, the tunes in 40 years will be so bad that we will scream, "That's not music, turn it off" at our grandkids when they play their stuff. My generation came up on NWA and Rage Against the Machine. What could possibly be worse than what we listened to? Loud tracks of screaming giraffes being run over by cars pulling steel trash cans? I don't think I need to hear that

But I would like to meet those grandchildren. I'd like to dance at my daughter's wedding, or at least pop wheelies on my Rascal scooter.

The idea that if I do it now I won't lose too many years, and if I don't, I will, feels very cut and dried. It makes it seem, and rightfully so, that my premature death might well be optional. That's what it seemed like in the case of my parents, and I wouldn't want my daughter to feel about my choices the way I felt about theirs.

### Start Your Career in Accounting.



# The D'Amore-McKim MS in Accounting/MBA for non-accounting majors:

- Earn two degrees in just 15 months.
- Complete a 3-month paid residency at a leading accounting firm.
- History of 100% job placement.

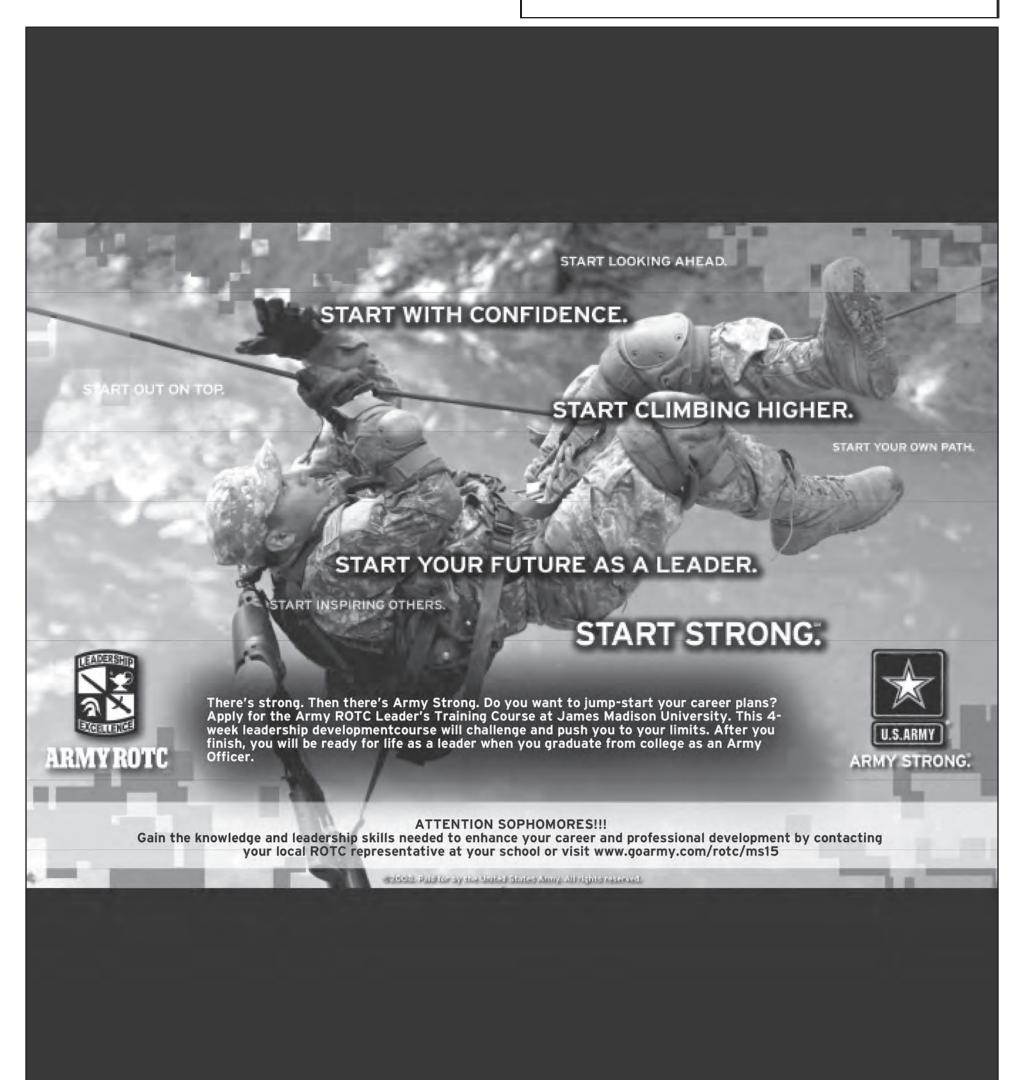
### Take the first step.

Visit us online or at an information session near you. Learn more about the program and upcoming events at msamba.northeastern.edu

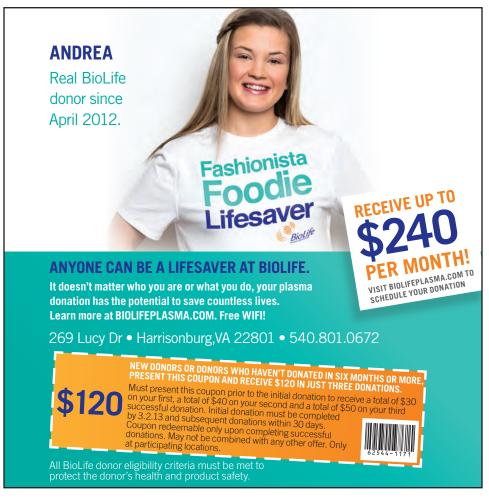


Become our fan on Facebook. facebook.com/northeasternuniversitymsamba

msamba.northeastern.edu 617.373.3244 gspa@neu.edu D'Amore-McKim
Northeastern University



A8 Thursday, February 7, 2013 — breezejmu.org











# live life at the top!



Need an **alternative** from overcrowded, loud apartments?

Come check out our 2 bedroom units, and find a place to call home next year!

540.442.8885

www.865east.com

865 Port Republic Road, Harrisonburg VA

Sports Chase Kirdy & Wayne Engs

EDITORS Chase Kiddy & Wayne Epps Jr. EMAIL breezesports@gmail.com —

- Thursday, February 7, 2013

### **CHASE KIDDY**

fanatic and proud

# A fall from grace

CAA basketball no longer the national scene it once was

Colonial Athletic Association basketball is a little bit like Katherine Heigl. Does that one need an explanation? Come on, give me a chance here.



The CAA is a little bit like Katherine Heigl. Her breakout hit, "Knocked Up" came out in theaters six years ago, and everyone was like "Woah! Who's

this sexy blonde chick I've never heard of? I want to see more of her! This movie is great!"

Five years later, Heigl has had a great run. But now she's a has-been, reserved for movies that would be too terrible for mass consumption if Netflix didn't exist to amuse drunk college students at 3 a.m.

And the CAA is a little bit like that. Starting with George Mason's Final Four run several years ago, the CAA's rise to national prominence has been enjoyable and fun to watch.

But now, with the departure of Old Dominion and Virginia Commonwealth and the general mediocrity of the league, it's just gotten kind of sad.

Any conversation about the downfall of the CAA has to start with the defectors, those no-good expats that are running off to help Russia win the space race. Except in this case, "Russia" is the Atlantic 10/Conference USA and "the space race" is an equally vain exercise in raising the profiles of mid-major conferences not named the Colonial Athletic Association.

First, there's Virginia Commonwealth University. VCU is a little bit like that friend we all have who doesn't go out a lot on the weekends. When he does, he's kind of reserved, a bit of a wallflower. All of a sudden, you turn around and hey! There's your friend VCU, making time with some hot sorority girl. A month from now, VCU is hooking up with her again, and pretty soon VCU thinks he's the coolest kid in any room he might walk into.

Since when was VCU such a hot commodity? And why doesn't he want to go out to bars with you anymore?

There's a certain amount of this cold shoulder treatment the CAA can expect from VCU. Given the unprecedented success the Rams have enjoyed over the past six years and the perceived instability of CAA football, VCU (a non-football school subjugated by a football-first conference) took its ball and went home, because evidently our living room wasn't big enough to play in. That's fine; we wanted to play board games, anyway.

Then there's ODU. Different road traveled, yet same result. In keeping with that-guy-you-know metaphors, ODU is that new kid in your school that sits at your lunch table for two weeks before realizing he can hang out with more popular kids than you. You're really nice to him because you know how hard it is to be a new guy. So you help him with his chemistry homework - ODU isn't very smart - and you hook him up with one of your mozzarella sticks during lunch. You leave for a long, three-day weekend, and by the time you get back, ODU is in with the cool kids and you're stuck eating lunch with that smelly kid from your fifth period math class.

After three years of success in the Football Championship Subdivision, ODU is taking its talents to the irrelevant mediocrity of Conference USA. This season is the school's last hoorah in the CAA. Good riddance. I never liked Norfolk, anyway.

It's fun to hate on VCU and ODU, but the fact is that the CAA's rise to prominence in the last three years was directly tied to the consistent success of these two programs. The only other high-profile CAA team is George Mason, and it doesn't look like the Patriots are primed for any big runs any time soon. As a good friend put it, George Mason head coach Paul Hewitt didn't get fired from Georgia Tech so he could build a champion in Fairfax.

All of that is prologue to this year's CAA, which is so shockingly average that barely any team escaped out-of-conference play with a .500 record. Northeastern leads the league by a comfortable 2.5 games, and if you called that in November, then snaps for you. I sure as hell didn't, and since the Huskies were picked to finish fifth in the league this year, I'm guessing

# RETURN TO GLORY



LAUREN GORDON / THE BREEZE

TOP Junior midfielder Abby Hendrix (middle) evades senior defender Nicole Stiles (right) while carrying the ball. BOTTOM Sophomore defender Lexi Cross (right) sprints past redshirt senior Casey Ancarrow. Stiles and Ancarrow are two of only five seniors

Despite losing 11 seniors, JMU lacrosse shoots for third conference title in four seasons



By WAYNE EPPS JR.

The Breeze

Sometimes no matter what a team does, circumstances that can't be controlled throw its goals awry.

Last season, lacrosse suffered injuries to critical players late and came up just short of a third straight Colonial Athletic Association title. This season, they want it back.

Despite being picked to finish second in the CAA this season and having four preseason all-conference players on their roster (including CAA preseason player of the year, senior attacker Casey Ancarrow) the Dukes may face an uphill battle for a third conference title in four years. The team lost 11 seniors from last year's squad and will be fielding a lineup that lacks game experience.

"We're going to be having a lot of inexperienced players on the field, whether they're underclassmen or upperclassmen that just haven't had their opportunity," said head coach Shelley Klaes-Bawcombe. "We're going to have to use some of our early games, non-conference games,

to get them to have the confidence that we're going to need them to play with to win a championship again."

The Dukes did get the chance to give the inexperienced players some time on the field throughout the fall. JMU played in six exhibition tournaments in October and another on Sunday. The team was able to hang with some of the top teams in the country in the exhibitions. JMU beat the University of Virginia and lost by one goal to Syracuse University and the University of North Carolina-Chapel Hill.

Klaes-Bawcombe was surprised by how well the team came out of the gate in October.

"After the competition this past fall, right away we got rid of that mentality of it being a growing year, because we had so many underclassmen step up for us," she said. "And it allowed us to compete at a level that I don't think we were necessarily expecting. We thought they were going to be some learning curves, and we didn't experience that because of the intensity."

see **LACROSSE**, page B2

# Dukes reload for 2013

Receivers, linemen highlight new JMU recruiting class



BRIAN PRESCOTT / THE BREEZE

Head coach Mickey Matthews offers his thoughts on a new crop of signees on Wednesday. The Dukes signed 16 recruits, including 11 players from Virginia, to the recruiting class of 2013.

**By DYLAN GARNER** The Breeze

If the JMU recruiting class of 2013 is any indication, the Dukes might be airing it out in the near future.

Head coach Mickey Matthews addressed the program's 16 newest recruits Wednesday afternoon, discussing the positives and negatives of the Dukes' potential future stars. The most striking part of this year's recruitment list is the number of wide receivers joining the squad. Including Jordan Brown, who is listed at both wide receiver and defensive back, the Dukes are adding five wide receivers.

adding five wide receivers.

Brandon Ravenel of Stafford leads this new class of offensive weapons. Matthews said that Ravenel, a Rivals three-star recruit, was enthralled with JMU and its campus, securing his spot with the Dukes over top Division I programs like West Virginia University and Boston College.

"He can catch the ball, [and] he does a lot with it," Matthews said. "I watched him play basketball, he's just a skilled player."

The influx of receivers may be due to the whispers of Hal Mumme being added as offensive coordinator. Mumme, who just stepped down as head coach at McMurry University, helped invent the "Air Raid" offense alongside Mike Leach, former head coach of Texas Tech University. The scheme involves a passing attack with four wide receivers, a stark contrast to JMU's recent conservative playcalling. Mumme has yet to be introduced as coordinator.

Matthews said his focus for this recruiting class was finding imposing, powerful players on both sides of the line.

"God did not make many big guys that are athletic and [are] students and can change directions and have good flexibility," he said. "I don't care if you're here or at

see **RECRUITMENT**, page B2



BRIAN PRESCOTT / THE BREEZE

### Back on track

After seeing a CAA-best four-game winning streak snapped on Saturday, JMU's late season push for a regular season title began Wednesday evening against visiting William & Mary. The Tribe played the Dukes even in the first half, resulting in a 30-30 tie after a put-back dunk ended the first half. But JMU (14-11, 8-4 CAA) sprinted past William & Mary in the second half, winning the game 81-71.

>> Read the full recap at breezejmu.org.

see **CAA**, page B2

# UK's Calipari sweating through 2012-13 season

By JOHN CLAY Lexington Herald-Leader

You may have noticed, Kentucky coach John Calipari has stopped wearing a necktie.

The last few games, including the Cats' 77-55 win over visiting South Carolina on Tuesday night, Calipari has gone to the open-collar look with his trademark dark suit.

And you may have noticed South Carolina coach Frank Martin has stopped coaching.

 $\hbox{``We did a good job of putting'}\\$ the fans to sleep," Martin said after his team took its fifth loss in its last six games.

Or at least the Gamecocks have put Martin to sleep. For much of the game in Rupp Arena, the first-year Gamecocks coach stared off into space. Or he looked at the floor. Or he looked the other

At one point, a Rupp Arena patron yelled out, "Hey Martin, get off your [posterior] and coach!"

"I don't coach when we aren't doing what we're supposed to do," Martin said. "I'm not going to stand up there and clap so people say, 'Look at him up there still coaching."

Accustomed to winning at Kansas State, Martin's team is 2-7 in conference play. It scored 10 points in the first half at Florida. It scored six points in the final 10 minutes of the first half against Kentucky.

"We just got out of the way and let them practice their dunking," Martin said.

Kentucky did outscore South Carolina 28-6 over the final 10 minutes of the first half. The Cats shot 68.2 percent the first 20 minutes. They built their biggest intermission lead since being up 52-25 on South Carolina last year in Columbia.

Then, as this team has a tendency to do, UK took its foot off the gas. The second half was sloppy. South Carolina ended up with seven turnovers. Kentucky turned it over 17 times.

"And they didn't press," lamented Calipari.

Which brings us back to Calipari's new open-collar look. Could this be because he doesn't want anything else around his neck, except maybe his own hands? Might he be afraid that, watching his young team game after game,



Kentucky Wildcats head coach John Calipari and assistant coach John Robic question a first-half call during an NCAA basketball game against South Carolina at Rupp Arena in Lexington, Ky. on Tuesday.

he might use the tie for hanging purposes?

No," said Calipari, smiling. "Part of it is, again, I got aggressive in the second half, I got a little mean in the second half and I don't want to coach this team this way because if they don't want to bring it, then that's on them, and I'm

just going to coach basketball,"

he continued. "I don't want to coach emotion. I don't want to coach intensity. I don't want to coach toughness. If you have no toughness, I'm not going to get it out of you. Then I'm just going to coach strategy. Part of it is I wanted to kick back a little bit. Plus, I was running out of ties. I was sweating through ties."

This team will make a coach sweat. Every time it appears they are about to figure it out, it takes a step or two in the opposite direction.

UK had a 21-point halftime lead against one of the worst teams in the league. The Cats won by 22.

"We're just not that kind of team," Calipari said.

It's obvious Martin has no use for his team. When he did bother to watch, the coach

looked like a man who had been chewing light bulbs. There are five assistant coaches or staff members between Martin's seat on the bench and his nearest player. Given his usual outbursts, there is probably good reason for that.

"We didn't do a single thing we talked about doing in two days of practice," Martin said. 'Maybe some guys are good at standing up and playing the part I try to be the part. If my guys aren't playing, I don't see any reason I should be losing my mind there."

Calipari may have sported a casual attire, but he is willing to lose his mind if that's what it takes. He wants more out of this team and he's trying everything he can think of to get more out of this team.

"I want [our players] to have the joy my other teams have had," he said. "That's why I get frustrated at times."

And, besides, there's avery good reason for losing the tie. "My wife said she liked it,"

Calipari said. "Other people said they don't but I don't really care. I care about my wife more than anybody else. She said she liked it.'

# **RECRUITMENT** | QB prospect chooses Tribe because of Birdsong

from page B1

Alabama, the guys you have to have to win with are difficult to find and that's why our emphasis in many regards this year was finding some big guys."

There were no quarterbacks signed in this year's class. Matthews said that their target recruit at the position, Jhalil Mosley, decommitted from JMU less than a month ago.

"I think with Jhalil, the Birdsong thing really hung big in his decision," Matthews

Birdsong, who enters the year as a sophomore, is expected to be the starter for the next three years, assuming there are no injury or performance issues. Had he stayed with JMU, Mosley would've most likely sat behind Birdsong unless he outperformed him early on. William & Mary suffered from shuffling quarterbacks throughout the 2012 season, giving Mosley a more direct shot at playing as soon as possible.

Matthews said JMU still has two scholarships available for this year's class, so his focus will be finding possible quarterbacks through transfers. He said that developing the quarterbacks he has now, such as redshirt sophomore Lafonte Thourogood, will be key even if they find a player at another school.

When it comes to linebacker prospect Kyre Hawkins, Matthews explained how his staff exploits the built-in inefficiences of the recruiting process.

"So much of the big-time recruiting is done prior to a kid's senior year," he said. "A kid can have a great senior year, like Kyre, and he's still not going to get recruited because there's no room for him. It's almost an unfair sys-

tem right now." Mattews explained that the majority of the process could be finished as early as September, which is only a couple of weeks into most recruits' senior years.

"I'm seeing more mistakes made than I've probably seen in 35 years because of all the early commits," Matthews said. "You don't get to watch them enough ... and you don't get to know the kids as well as you did in the old days."

Matthews and the rest of the Dukes will have time to evaluate the new recruits as they start camp this summer before fall practice.

**CONTACT** Dylan Garner at breezecopy@gmail.com.

### **JMU RECRUITING CLASS OF 2013**

NAME	POSITION	НТ	WT	HOMETOWN/HIGH SCHOOL
Nick Edwards	TE/DE	6-4	225	Virginia Beach/Kellam
Simeyon Robinson	<b>n</b> DL	6-2	265	Virginia Beach/First Colonial
Raven Greene	DB	6-0	185	Virginia Beach/First Colonial
Khalid Abdullah	RB	5-10	195	Newport News/Heritage
Brad Szoka	WR	5-11	180	Leesburg/Loudoun County
<b>Rashard Davis</b>	WR	5-9	180	Charlottesville/Charlottesville
<b>Cardon Johnson</b>	RB	5-9	180	Newport News/Warwick
<b>Brandon Brown</b>	TE	6-4	240	Chester, Va./Matoaca
<b>Aaron Stinnie</b>	OL/DL	6-5	260	Troy, Va./St. Anne's-Belfield
Cody Hendrickson	DL	6-3	250	Senford, Va./York
<b>Brandon Ravenel</b>	WR	5-10	180	Stafford/North Stafford
Jordan Brown	WR/DB	6-1	190	Cranberry Township, Pa./Seneca Valley
Andrew Ankrah	DE	6-4	220	Gaithersburg, Md./Quince Orchard
Blaine Stewart	WR	6-2	190	Morgantown, W.Va./Morgantown
Evans Osuji	DE	6-4	235	Maplewood, N.J./West Orange
Kyre Hawkins	LB	6-2	200	Baltimore/Dunbar

MARGIF CURRIER / THE BREEZE

## **LACROSSE** | Four Dukes on preseason all-CAA team



Shelley Klaes-Bawcombe instructs her team during practice on Tuesday. Klaes-Bawcombe is entering her seventh year as the head coach of JMU's lacrosse program. She has led her alma mater to the CAA championship game for three consecutive seasons, winning in 2010 and 2011.

from page B1

Part of that intensity is speed. Klaes-Bawcombe highlights the quickness of the team as its main strongpoint. According to Ancarrow, the freshmen have been the main factor in helping the team upgrade its speed.

Tactically, quickness will help the Dukes in multiple

ways.
"It's going to help all over the field," said senior defender Amanda Mathews. "It'll help in transition, as we've been working on ... and getting the ball back and being able to get those last-minute goals at the end of games."

A personnel problem that the Dukes are dealing with is a lack of depth at goalkeeper. Starting goalkeeper sophomore Schylar Healy returns, but the pickings are slim beyond that. The Dukes brought in freshman Courtney Didlake, who originally was going to play softball at JMU, to be the backup. Still, Didlake is recovering from injury, so she's

not fully in the mix.

Klaes-Bawcombe even brought in a goalie from the men's club lacrosse team to help out in practice. She's open to testing the waters in search of another goalkeeper.

"We may still need to find some help from somebody on this campus to help support that position," she said.

Beyond the lack of depth at goalie, JMU was recently recognized as having some of the best players in the conference.

Ancarrow, Mathews, Healy and junior midfielder Amy Roguski were named to the preseason all-CAA team. The Dukes were also picked to finish second in the conference this year behind Towson University.

Towson proved to be the only blemish on JMU's conference schedule last season. The Dukes were 6-0 in the CAA before losing 10-9 to Towson in double overtime in last season's regular season finale on April 22. A week later, the Tigers beat

JMU 8-7 in the CAA championship game to deny the team another conference title and NCAA tournament berth.

JMU was also playing without Ancarrow and graduate Annie Brophy — both captains — in those final games of the season because of injuries.

The Dukes would like to avenge those losses to Towson, but they also recognize that Towson isn't the only CAA team that they need to worry about this year.

"The problem with our conference is you that can't put your eyes on one person," Klaes-Bawcombe said. "You got to take it one game at a time. Because it's really competitive and it's really physical, and if you relax on one opponent, they can get you at any

one point." Drexel University is another team Klaes-Bawcombe recognizes as a top threat in the conference. The Dragons return all of their offensive players from last season.

With a winning reputation, JMU has multiple goals for this season. But the team doesn't want to get too far ahead of

"I think we're going to take it step bystep, the first one being to win the CAA's again since we didn't do that last year," Ancarrow said. "And then from there, we'll focus on the tournament and getting back far into the tournament, into the Final

If the Dukes can avoid injury and play to their potential, they could find themselves deep in the NCAA tournament in May.

"I feel that this team is a team that's going to really come together," Klaes-Bawcombe said. "I think it's going to be a team that's going to evolve as the season progresses. We just got to push them. I don't exactly know if they realize how good they actually are yet."

**CONTACT** Wayne Epps Jr. at breezesports@ gmail.com.

### CAA | JMU among six second-tier contenders

from page B1

a whole lot of people didn>t see that one coming either.

The hallmark of this year's CAA is an unintelligible mash-up of contending teams battling for recognition. Among them are our JMU Dukes (7-4 CAA record), who really started clicking in December but can never seem to escape the wrath of the aforementioned Patriots (7-4 CAA).

Mason guard Sherrod Wright is a scoring machine, but his team doesn't give him enough offensive support, hence the four losses. Delaware (6-3 CAA) and Towson (7-4 CAA) fit in here somewhere and don't sleep on Georgia State (6-4 CAA), which blew JMU out of the water as a opening act on Jan. 5 before really turning up the heat over the last few weeks. I suppose I should also

mention Bruiser Flint's Drexel squad (5-5 CAA), the preseason favorite to win the conference that was temporarily derailed because of injuries. And if this is all starting to sound like a 19thcentury romance novel, then fill out the paperwork, sign on the dotted line and join the Jane Austen book club.

CAA basketball was really starting to resemble something special before this season. Now, it just looks like another wasted automatic bid.

The CAA used to be that guy you knew. Do you recognize him now?

**CONTACT** Chase Kiddy at breezesports@ gmail.com.

IT'S NEXT ONE UP.

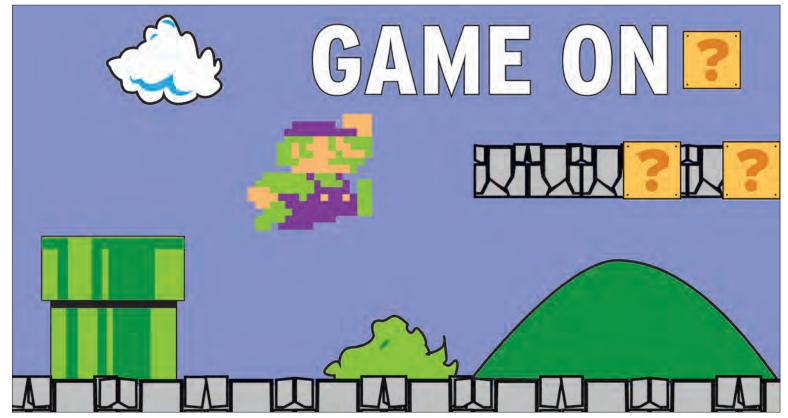
**BE THE NEW SPORTS** EDITOR.

BREEZEEDITOR @GMAIL.COM



**EDITORS** Greer Drummond & Laken Smith **EMAIL** breezearts@gmail.com —

- Thursday, February 7, 2013



MARGIE CURRIER/ THE BREEZE

Despite no official video game development major, JMU still offers ways to make play your work

### By MARY KATE WHITE

contributing writer

For a lover of video games, the most challenging quest of all can be the one into employment.

Amid shouts of "get a job!" from concerned parents, most gamers learn to separate the ideas of video games and a lucrative career. Things are changing though. More people are entering the gaming world not just as consumers, but as

JMU doesn't have a specific major related to the field, but courses offered in computer science, graphic design and school of media arts and design can cultivate skills that video game development requires.

Chris Fox, a computer science professor, believes that the computer science program is the closest thing to a game development major. Computer science majors do a lot of the big work in making sure a game actually runs.

"People who graduate as computer scientists are going to have the resources necessary to make games," Fox said. "Maybe we don't offer game-specific classes, but the whole major is relevant to the industry."

With major dedicated to gaming, students have to decide what specific parts they're interested in.

Junior Daryl Cunningham has taken a rigorous curriculum of computer programming and design classes paired with years of self-teaching. He has sought out industry-standard programs like Auto-CAD and 3ds Max on his own since high school and teaches himself with books he orders online.

Cunningham is now pursuing his bachelors of business in computer information systems and graphic design with a minor in interior design. He's also committing to an extra year of school at JMU just to ensure that he gets all the training he needs.

"I can use those skills to design and render houses and towns in games," he said. "The two industries use fairly similar programs."

Alumnus Jeff Ward has now been working in the industry for nearly a decade, working for companies like Bethesda Game Studios on "Elder Scrolls: Oblivion" and "Fallout 3." He advises that students hoping to impress potential employers in the field start simple — really simple.

"My advice is just make a clone," he said. "Make something that you know will work, like 'Tetris' or 'Pacman.' Just make something that works, and then you go through and make it complete. It helps you pair down what's possible. To understand game development, you have to make a game. It's seriously that easy."

Ward, who now works independently, was extremely involved in game development throughout his time at JMU, attending the annual Game Developers Conference in San Francisco every spring and even starting a game developers club

see GAMING, page B4

**EMILY WINTERS** | foodie on a dime

# For a stronger beat

### Easy ways to improve your heart health by eating instead of hitting the gym

The month of February isn't just about showering your Valentine



with heartshaped cookies and candy; it's also American Heart Month. Each year, more than 500,000

Americans die from heart disease. It's the leading cause of death in the United States, partly because of the rising prevalence of obesity

and diabetes. One easy way to improve heart health is by adding hearthealthy foods to your regular diet. These foods are high in phytonutrients, antioxidants and fiber. "Phyto" is Greek for "plant," so phytonutrients are mainly found in plant-based foods. A general rule of thumb is that the less processed a food is, the better it will be for your heart.

Each of these foods listed below contain nutrients that are great for your heart and are easy to find in any grocery store.

### Salmon

Salmon is great as its own meal or with pasta or a salad. Salmon has one of the highest concentrations of omega-3 fatty acids that you can find in a food. These are known to increase cardiovascular health, which is key to a healthy heart.

### Walnuts

You can chop up walnuts and add them to your cereal, yogurt or oatmeal for a heart-healthy kick. Walnuts are the best nut for heart health because they are high in antioxidants, which protect your body from free radicals. Free radicals cause tissue damage, so eating antioxidants to counteract the effects will protect your heart.

### **Flaxseed** Whether ground up or whole,

flax can be added to cereal, yogurt and smoothies or even as a topping on a salad. Flaxseed is another food that contains omega-3 fatty acids, and their versatility makes them easier to eat on a regular basis than

### Dark chocolate

Dark chocolate has been shown to reduce levels of cortisol, a stress-causing hormone, in the body. Dark chocolate is also known to reduce your blood pressure, which is directly related to your heart health.

>>> See Emily's recipe for walnut-crusted salmon and edamame at breezejmu.org.

### **Beans**

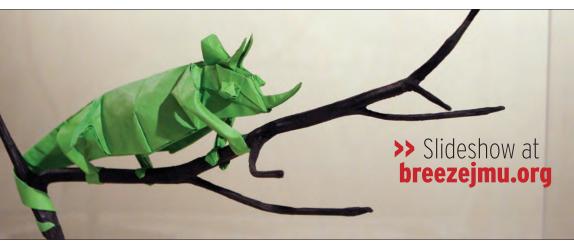
Black beans, pinto beans and garbanzo beans are whole foods that are high in fiber. Fiber helps lower cholesterol levels and it also keeps you full for longer, making it easier to maintain a healthy weight, so they are great for your heart. There are many different ways to use beans, but the most common way to use them is adding them to a vegetable stir-fry to get some protein without eating meat or tofu.

Eating right, in conjunction with a regular exercise routine, will keep your heart healthy. It's important to do so because it regulates so many other parts of your body. By pumping nutrients to body tissues and keeping your circulation level, your heart is in control of giving you the energy to need to remain focused and live a long, healthy life.

Emily Winters is a senior media arts and design and sociology double major. Contact Emily at winterer@dukes.jmu.edu.

# Beauty in numbers

'Outside the Golden Rectangle' exhibit highlights overlapping principles in math and art



TRIXIE HADDON / CONTRIBUTING PHOTOGRAPHER

"Jackson's Chameleon" by Robert Lang is one of many origami sculptures featured in the Institute for Visual Studies art exhibition that opened on Tuesday in Roop Hall. The show also features Patti Parsons' paintings and Carrie Spencer's ceramics.

By LUCY PLANT contributing writer

The closest most math students come to art is the doodles in their notebook. But a new campus exhibition brings the two majors together.

JMU's Institute for Visual Studies hosted an art show Tuesday in Roop 208 called "Outside the Golden Rectangle."

The art included in the exhibition examines a variety of ways in which mathematical and artistic principles interconnect. Detailed flowers and complex geometric designs hang on the walls and colorful, intricate origami animals are displayed in cases around the room.

"There's beauty and grace in mathematics," said participating artist Susan Happersett, who was at the exhibit's opening. "I hope that people will get a sense of the aesthetics of mathematics."

Some of Happersett's works are based on the Fibonacci sequence, an infinite series of numbers that occur

frequently in nature. Happersett created colorful geometric patterns and flowerlike drawings by following the "Chaos-the Movie," a work by Happersett in the exhibition, can be viewed on a Mac computer in the stop-motion film, she creates a

line drawing based on chaos theory.

Viewers can watch how much work

and attention to detail go into Hap-

persett's drawings.

Happersett said she studied mathematics at Drew University in Madison, N.J., and couldn't understand why

people didn't like math. "It became my mission to find a way to show them mathematics in a visual way so that people could see the beauty of mathematics," Happersett said.

Happersett was the only artist present at the IVS exhibition's opening reception, but three other artists also have pieces on display. Robert Lang, an origami artist, works with geometric shapes and patterns to create artfully realistic paper sculptures. Patti Parsons is a painter and JMU alumna of '84. Carrie Spencer earned her Master of Fine Arts in ceramics from JMU in 2012 and does wallpaper tilings.

IVS is using this exhibition to complement its current studio seminar class "Art and Mathematics Through the Lens of Photography.'

There are currently about 12 students enrolled in the IVS seminar;

the cap is around 16. "It's the intersection of art and mathematics in ways that people might be familiar with, but might not know the mathematic undercurrents

of," said Daniel Robinson, assistant director of IVS. He hoped the exhibition would complement the IVS seminar, be used

as a resource for students in that class and be of interest to the university at

There's been a great general

interest," Robinson said. "The opening reception was full of students and faculty who were all excited to see the

Kelsey Michalak, a junior interior design major, came to see the art at the request of her interior design professor.

Michalak was working at the exhibition's interactive station learning how to make a Mobius band out of paper. The Mobius band is an intriguing geometrical shape that has only one side and one boundary component.

Attendees of the opening reception could also make their own origami dragonfly with a crease pattern designed by featured artist Robert Lang.

To make the projects, attendees had to develop a basic understanding of the geometric and physical properties that go into them.

Michalak said she enjoyed the interactive parts because she liked being involved with the same principles that the artists used in their own

"I found it interesting that by looking at them you can't tell that numbers were involved," Michalak said. "I would recommend other people to come just so they can see that art is more than throwing something on a piece of paper."

"Outside the Golden Rectangle" will be open to the public through Mar. 29.

**CONTACT** Lucy Plant at plantic@dukes.jmu.edu.







ASHLEY GRISHAM / THE BREEZE

### Two paws up

"Sylvia" is a comedy that tells the story of middle-aged couple Greg (played by Chris Bailey) and Kate (played by Rachel Novie) going through a marriage crisis. To cope with frustrations at work and home, Greg brings home Sylvia, a dog he found on a walk through the park. Sylvia, (played by Catherine Kyle) brings more tension to the marriage as Kate is jealous of Greg's new pal, and the couple must learn to compromise.

"Sylvia" runs through Saturday with performances at 8 p.m in the Studio Theatre at the Forbes Center for the Performing Arts. A special matinee is on Saturday at 2 p.m. also in the Studio Theatre. Tickets are \$6 with JACard.

ALBUM REVIEW

# My Bloody Valentine's new record a long overdue love letter



COURTESY OF BIG MOUTH PUBLICITY

My Bloody Valentine leader, Kevin Shields, shocked the world with the surprise release of their first new material in 22 years on Saturday.

By JACK KNETEMANN
The Breeze

It may have taken 22 years, but My Bloody Valentine's new album "m b v" makes up for a lifetime of waiting.

The world is littered with sequels and prequels released years after the original that do nothing but disappoint: The "Star Wars" prequels, "Indiana Jones" with Shia LaBeouf and "Chinese Democracy" are only a sampling. At some point, the creative process turns in on itself or the expectation grows unattainable.

Attempting to follow up a classic seemingly paralyzed My Bloody Valentine's guitarist, singer and mastermind Kevin Shields. The band's 1991 album "Loveless" is one of indie rock's most beloved albums, mostly due to Shields' guitar, which fuses an incalculable amount of takes into one

My Bloody Valentine

Released Feb. 2

massive swarm of noise. The sound of his guitar can be most closely related to getting the spins after one too many shots: Everything is in motion, you can't differentiate where one object starts and another begins and your mind oscillates between ecstasy

and nausea.

Creating his masterpiece took so much time and effort, that Shields nearly bankrupted his record label in the process.

Creating a comparable work to "Loveless" seemed impossible, and Shields spent the next 20 years writing, recording and discarding album after album while his fans achingly waited.

On Saturday at 11:58 p.m. in Dublin (6 p.m. here), My Bloody Valentine posted a new album named "m b v" on its website, without warning or a press release to announce it.

The resulting chaos caused the website to almost immediately crash, forcing the band to post the album on YouTube to unclog its server.

The first three tracks of "m b v" feature everything My Bloody Valentine fans had been waiting for: Shields' guitar is as fidgety and ethereal as ever on opener "She Found Now." This new approach to the electric guitar may be perplexing to new listeners: To enjoy "m b v" requires giving up the wish for sound to go where you want it to. It's not neat or tidy by any means, so a wish for some sort of salience will go unfulfilled. For the record to begin to congeal, you have to allow it to develop on its own

Patiently met, "m b v" is just as gorgeous and distinct

as "Loveless." The last three tracks might be the best place for a new listener to

"In Another Way" is the most vocal-driven of the bunch, which gives the song a more recognizable development. The last two songs, "Nothing Is" and "Wonder 2," work together to produce what could be the greatest tribute to the Beatles classic freak-out "Tomorrow Never Knows," complete with drums that grow so massive they begin to phase together. It's a thrilling ending that makes

"m b v" well worth the wait.
Whether it comes across
as an alien abduction or
a simulation of being put
through a dryer, "m b v" is
unlike any music you've
heard before. It also might
be better.

CONTACT Jack Knetemann at knetemjw@ dukes.jmu.edu.

## **YOGA** Burns 700-1,000 calories per class

from front

education major and yoga instructor at UREC. "The format was a different flow, it was a lot more intense and there was a constant stream of directions."

For first-time attendees, Wondergem encouraged them to come back as soon as possible so they can continue to improve and become acclimated to the heat. The heat, in combination with constant body movements and twisting, makes the class more challenging for those who aren't used to it.

These "heated twists" are why Bikram is known to be more detoxifying than other forms of yoga. You'll sweat more than you ever have, but this is your body's way of purifying itself and ridding excess toxins from your body. During the 90-minute sessions, you can burn between 700-1,000 calories.

According to Wondergem, the heat and humidity give your body "instant flexibility" that opens up capillaries and works your cardio-vascular system with no impact on your joints. Because of this, even beginners with limited flexibility can get into poses more easily than during a regular yoga class.

To avoid dehydration, there are different points during the class where the instructor breaks and everyone takes a quick sip of water. Keeping this in mind, it's encouraged that yogis stay for the entire 90-minute class session. Even if this means sitting cross-legged while everyone else continues through the class, your body will still be adjusting to the heat, making it easier in the future.

"I tried to hydrate a lot before because I didn't want to pass out," said Sara Smith, a senior elementary education major. "Every time I thought I was too hot, I imagined myself lying on the beach and it helped." "Every time I thought I was too hot, I imagined myself lying on the beach and it helped."

Sara Smith senior

The class concludes with a second, faster-paced breathing exercise followed by savasana, or final relaxation. At this point, the instructor comes around with a cold washcloth soaked in lavender to place over your eyes. The lavender has a calming effect, and after enduring 90 minutes of 105-degree heat, the cooling sensation is much needed.

"It was a great treat after an amazing workout," said Jill Wasson, senior communication sciences and disorder major.

For those who missed the opening day specials, your first class is free no matter when you take it. After that, classes are \$12 for a student drop-in rate, or you can buy a package ranging from \$20 to \$1,000 depending on which one you choose.

To prepare for a Bikram class, Wondergem recommends drinking water as soon as you wake up and then continuously throughout the day until the session. After class, replenishing your electrolytes is key, and she suggests drinking coconut water and eating bananas or other fresh fruits to reboot your body.

As for what you should wear, less is more, so shorts and tank tops are preferred. Also, dress in activewear as opposed to cotton-based clothes because cotton absorbs your sweat while activewear is designed to remove moisture.

**CONTACT** Emily Winters at winterer@ dukes.jmu.edu.

# **GAMING** | Jobs go beyond programming

from page B3

on campus. He stresses the importance of extracurricular involvement in any career field before graduation.

"When you're looking to get a job in the industry, something I want to see on the résumé is you doing something cool outside of school," he said. "Even if you're not at a game school, I want to see you make games."

There are jobs that go beyond just programing though. Major companies like Bethesda, Rockstar and Blizzard need to fill the same positions you would find at any other major corporation, ranging from everything from game design to technical services and marketing.

Valve — a major game developer of titles like "Half-Life" and "Counter-Strike" and industry leader thanks to their Steam storefront — had similar postings, but with the addition of the opportunity to pitch your own job.

Tom Giardino, 24, worked for Valve throughout his college years. After graduating from the University of Washington with a business degree and two years working with Teach for America, he returned to Valve with

those key elements of experience and expertise.

"What do I do now?' Well, that's a hard question for anyone at Valve to answer," he said.

After Valve's employee handbook surfaced last year, Business Week wrote an article declaring Valve "the best office ever." The company's "flat" structure means there's essentially no management, no bosses, no one deciding who does what. Employees are free to contribute to whatever projects they choose, allowing Giardino to apply his skills in any area.

Giardino also works within Valve's human resources department, setting up interviews for potential new hires. His advice for those hoping to be noticed in today's sea of gamers-gone-professional is to do the work.

"The most valuable thing is the work that you've already done," he said. "We're not going to not hire you because of your GPA. Start making things. Make a game or a mod or something. Even if it's not that good, it's something."

**CONTACT** Mary Kate White at white8mk@dukes.jmu.edu.

WHAT'S HAPPENING THIS WEEK THURS.-SUN.

### **THURSDAY**

- Guest speakers Peter Menzel and Faith D'Aluisio, authors of "The Hungry Planet," present "42 Years of Freelance Photojournalism: After Time, Life and National Geographic" | 12:30-1:30 p.m. | Taylor Hall
- UREC salsa lessons | Four-week program to learn basic salsa steps and turns; partner not required for sign up | 6:45-7:45 p.m. | UREC | \$20 FLEX only for single sign up; \$30 FLEX only for couples.
- Senior dance concert | Senior dance majors showcase original choreography; runs through Saturday | 8 p.m. | Earlynn J. Miller Dance Theatre | \$6 with JACard.

### FRIDAY

- Guest speaker Sahar Akhtar from the University of Virginia presents "A Right to Migrate and Way of Life Freedom" as part of the College of Business Economics Lecture Series | 3:30 p.m. | Showker Hall 105 | Free.
- Fifth annual local art show featuring 31 local artists | 6 p.m. | Artful Dodger Lounge | Free.
  - "Miss Representation" screening | Film explores how mainstream media contributes to the underrepresentation of women in positions of power in America | 8 p.m. | Court Square Theater

### **SATURDAY**

- "Female Fitness: Debunking Myths to Weight Training" | UREC fitness instructors outline the reasons why weight training is an important part of both women's and men's workouts | 10-11 a.m. | UREC | Free, register online at least 24 hours before the program.
- White Grass ski trip | Learn to ski Nordic style; rentals and trail pass included in ticket | 9 a.m.- 7 p.m. | Meet in UREC lobby | \$45
- FLEX only; register online by 11 p.m. Thursday.

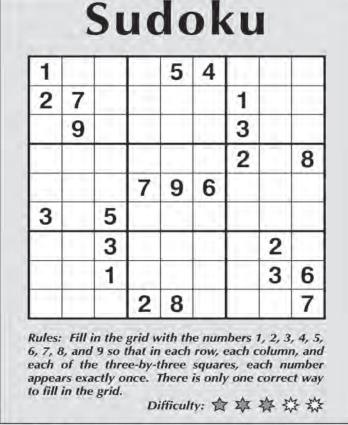
  Quimby Mountain Band (funk, blues, southern rock)
  and The Judy Chops (western swing, rock-a-billy,
  blues) concert | 9 p.m.-12 a.m. | Clementine Cafe | \$6

### SUNDAY

- Valentine chocolate painting workshop | Chocolate "paint" and decorating pattern provided, Shawn the Baker will demonstrate techniques and give guidance; light refreshments provided | 1-2 p.m. | New Leaf Pastry Kitchen | \$25/person, call 540-432-8942 for required reservations.
- Valentine's Day horse-drawn carriage rides through the Arboretum; advanced reservations required | 1-4 p.m. | Edith J. Carrier Arboretum | \$10/person; \$58 for a private carriage with six seats; call 540-568-3194 for reservations.
- Sit and Splash canvas painting class | Sip wine, spark creativity and socialize with friends; all supplies and a glass of wine are included with ticket | 1-4 p.m. | Cross Keys Vineyard at 6011 E. Timber Ridge Rd,. Mt. Crawford | \$30/person, call 540-234-0505 for required reservations

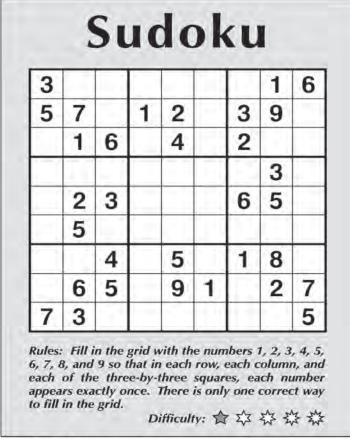
<< What's happening? Send us your club or organization's events for our calendars every Monday and Thursday. Email us at breezearts@gmail.com. >>





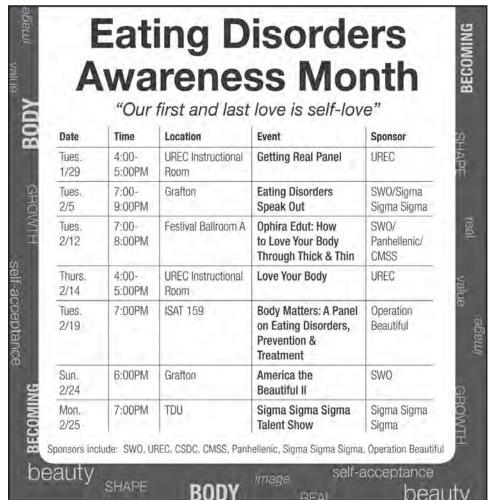
© 2007 Philip Riley and Laura Taalman

brainfreezepuzzles.com



© 2007 Philip Riley and Laura Taalman

brainfreezepuzzles.com



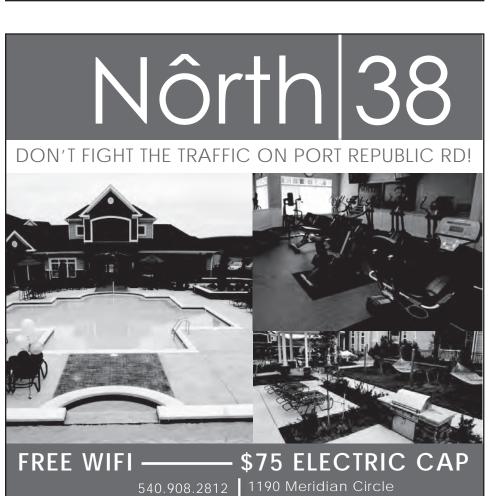
41 \_\_ Grissom; role on "CSI" 42 Country in which "Evita" is set:

of "Elementary"

abbr.

43 Lucy

p.)2012Til bure Hiedle Services, Inc. All Physics Reserved.



Harrisonburg, VA

NORTH38APTS.COM

# Responding to John Foxe's Illustrated Book



### Brown Bag Lunch

Carrier Library, Room 301 Thursday, February 7th Noon to 1pm Sponsored by the Special Collections of James Madison University Libraries

Dr. Mark Rankin, Assistant Professor of English and Coordinator of the Medieval & Renaissance Studies Minor at JMU, will discuss the *Book of Martyrs* from 1563 and the impact of Foxe's work on English culture.

**B6** Thursday, February 7, 2013

breezejmu.org





4 & 5 Bedrooms still available. It's really time to sign a lease before these popular floor plans are gone.

#ITSREAL | MYASPENHEIGHTS.COM | 888.606.6924

# Classitieds



Once logged in, select "place new ad"

Fill out the online form

Select "click here to submit your ad" for payment & review

**PAYMENT OPTIONS** 

## FOR RENT

### TWO STUDENT FRIENDLY houses for rent for 2013-2014 academic year. Close to campus. One year lease. Call 810-3631 for details.

7-BEDROOM HOUSE, pet friendly hard wood floors,. We do the mowing & maintenance. Lots of living space, 540-564-2659 http://www. castleproperty.com/current\_ listings.htm

### **GREAT HOUSE FOR RENT** for 2013-2014 4 Bedrooms 2 bath S. High St. Close to campus. Good Parking. Rent is \$1200/month. 540-478-3234

## **LOST & FOUND**

FOUND-SILVER bracelet with special memorial message. Contact malabamh@

## Misc.

show your student ID and save 10% on the shirt that can earn you a free burrito! Visit www.RicksCantina.com

LOSE WEIGHT for spring break! Safe, easy and fast! Check it out. Great energy increase. http:// kimi1470.herbalhub.com. 1-888-762-2073

YOU'VE GOT IT MAID **CLEANING SERIVCES** providing you quality service and customer satisfaction. 540-784-3163 One call does it all!

**COMPUTER STUDENT** needed to teach a beginner, \$10/hour apx. 5-10 hours. 2 days a week for 5 weeks. Please call 540-271-1115.'

LOOKING FOR A seasonal job in Kitty Hawk, NC or Virginia Beach? Please visit www.rentbeachequipment. com for job opportunities

### **RESPONSIVE MANAGEMENT**

(www.responsivemanagement.com), a wildlife/natural resource research firm is hiring professional, reliable employees to conduct telephone research surveys (NO SALES). Part or full-time. open 7 days, evening hours (except Saturdays). Schedules vary based on project needs. Must work alternate weekends. Apply at 130 Franklin Street. EOE.

WANTED: Education major to care for 3 children in Westend of Richmond from May 5-10. Children are ages 1,4,& 6. Contact Natalie at natalieenelson@gmail.com"

**CAREGIVERS NEEDED** to supervise groups of little dancers during their concert rehearsal week in Wilson Hall Auditorium, May 20-24. Must be able to work all dates and times, 2-3 hours per day between the hours of 3:45-8:45 pm Mon-Thurs of week specified and 6-10 pm Sat. May 25, 2-6 pm Sun, May 26. References required. Call 540-810-3631.

DANCE ACADEMY NOW interviewing for part-time dance instructors for fall 2012-spring 2014. Must have car and be willing to stay through May 2014. Numerous dance forms taught. Experience preferred. Call 540-810-3631.

## EASY, BREEZY, BEAUTIFUL

# THE BREEZE.

APPLY TO BE AN EDITOR FOR THE 2013-2014 SCHOOL YEAR.

EMAIL BREEZEEDITOR@GMAIL.COM.

## **COME TO JIFFY LUBE FOR YOUR NEXT OIL CHANGE**

\$7.00 OFF

Jiffy Lube Signature Service® Oil Change (with JACard)

Bring in this coupon and get \$7.00 off your next oil change at you nearest participating Jiffy Lube.

'This coupon is only redeemable at the Jiffy lube at 1870 East market St. Harrisonburg, VA

Jiffy Lube Signature Service® Oil Change

\$38.99 - \$7.00

\$31.99 (with JACard)

are registered trademarks © 2004 All Rights reserved

1870 E. Market Street across from the Valley Mall

No Appointment necessary.

National database keeps a

Free top off on your way home

history of your Jiffy Lube services

Harrisonburg, VA 22801 540-433-8599



... AND IN THE MEAN TIME SHOULD TOTALLY WRITE FOR US.

**EMAIL BREEZE EDITOR**@ **GMAIL.** COM.

### JMU Faculty & Staff:

### Let your voice be heard!

The Madison Future Commission is hosting Town Hall meetings to gather your comments and ideas for the university's next strategic plan. You can lend your support simply by expressing your opinion on improvements or new ideas that may impact you professionally, personally, or as a citizen. You can also help by letting the MFC know how you see the future of JMU and what is important to you about JMU.

> Town Halls are scheduled for: Thursday, February 7, 2-3PM Grafton-Stovall Monday, February 11, 10-11AM, Festival - Highlands Room

Your contributions can be made via silent ballots (which will be collected at the door) or you can speak during the open forum.

Your participation is enthusiastically welcomed and strongly encouraged!



Chinese Business/Asian Studies Minors (11 weeks) from May 24 to August 9 (Program supplemental fee of \$6950).

Chinese Cultural Studies (5 weeks) from July 8 to August 9 (Program supplemental fee of \$3200).

For more details, please visit

http://cob.jmu.edu/China

**Study Abroad in China Takes Applications** 

"... One of the best times of my life and a great learning and humbling experience." --- Matt Speights (2012)

"An adventure of learning, exploring and personal growth in one of the world's richest cultures that is worth every penny." --- Steven Pugh (2012)

"... But I would also want to say that China itself? Is lovely. As simple and complex as the morning dew on a rose- or in this instance, a plum flower. A heartfelt and beautiful history, a landscape that explores the imagination, and a time when all of our perceptions of China are changingand to be part of that at the forefront. To see how modern China is, while still preserving the character of its history. China is... China. I'm not really sure what else to say. It fascinates, mystifies, and brings together 'feeling'; as if the complexity of China is the same as the complexity of emotion one feels when in love. So.... "- Sarah Babcock (2012)

"... Now that I'm five years removed from college, I can look back and say definitively that the Study Abroad China Program was the most enlightening experience of my college career" --- Wayne Tu (2006)

For more information, please visit JMU Study in China Program website at http://cob.jmu.edu/China or http://www.jmu.edu/international or contact Dr. Ping Wang at wangpx@jmu.edu or 540.568.3055

B8 Thursday, February 7, 2013 — breezejmu.org



