

The Breeze

James Madison University

Thursday, July 26, 1984

Vol. 61

No. 55

Post office gets new look

Mailboxes moved to campus center

By Beth Fink
staff writer

Students will no longer have to make the often out-of-the-way trip to Chandler Hall for their mail.

By the beginning of the fall semester, all student mailboxes will be located in the lobby of the campus center.

According to Robert M. Campbell, physical plant superintendent, work on a new look for the JMU post office is going smoothly, and will be completed when students return this fall.

Campbell said the move will make things easier for students: "Chandler Hall is too far away."

Although moving student mailboxes had been considered before, this is the opportune time, Campbell said. Chandler Hall is now being remodeled, and fewer students are on campus during the summer.

To make room for the new boxes, the post office window will be extended to the lobby. A wall adjacent to the game room has been removed, but Campbell said the game room will not be affected.

Although the move will provide more convenience for students collecting their mail, it will put an end to a variety of sales in the campus center lobby.

According to Suzanne Straub, director of student activities, the new boxes and continued sales would bring too many students into the lobby, which would violate local fire ordinances. Also, large crowds would leave no room for sales tables.

The sales will probably be moved to the patio, Straub said, but a decision on location has not yet been made.



A construction worker places a beam in what will be the post office window. The extension of the window into the lobby will make room for additional mailboxes.

(Photo by Steve Emerson)

Minority transition program made more rigorous

By Becky Sandridge
staff writer

A program launched here last summer to increase minority student enrollment has been made more rigorous this summer.

Experience from last year's Summer Minority Transition Program enabled coordinators to plan this year's program more to students' needs, said Forrest Parker, a JMU admissions counselor who works with the program.

"The program was made a little tougher," Parker said.

Last summer 51 participants took a reading and writing skills lab, a math and computer class, and received credit for Communication 226, an oral communications course.

This summer 47 participants took English 101 and Math 125 or Probability 145. "We wanted to challenge them more," Parker said. "So we put those courses in the program."

Each student can earn as many as six credit hours, but if he drops a course he must stay in the class and audit it.

"Feedback from the students last year was that the work was not difficult," Parker said. It had been assumed that all the students were on the same level. But that was not so, he said.

Some students might have weaknesses in particular academic areas, or have low SAT scores, but not all are the same, Parker said.

Participants this year were given

two basic general studies courses because of concern for verbal and math skills.

"The students come with different levels and backgrounds," Parker said. Last year the students were given practice in math study skills but they got no credit. Now there is credit given for courses taken and an incentive to work.

This year transition students came from the Richmond, Northern Virginia, Tidewater and Roanoke areas. There are a few more females than males.

The program began June 23 and will end Aug. 3. Parker said he hopes it will continue to be available to any student wanting to build foundations.

Participants in the program this

year are looking at it as an opportunity to build foundations, Parker said. Feedback from the students has been very positive.

"Those in the program had all the credentials to get into JMU. These students showed promise from an admissions viewpoint," he said. Admission to the program was very selective.

"Being selective, we wanted to build foundations," Parker said. "Through the review committee, we decided which students to give the opportunity to, then notified them by letter."

Forty was the target number of students set by the committee, but response was so overwhelming that

See Program page 2 ►

Program

► (Continued from page 1)

all students who responded to the letter were accepted, he said.

Schools with transition programs similar to the one here are Virginia Tech, University of Virginia, George Mason University, the College of William and Mary, Radford University, Longwood College, and Mary Washington College.

Funding comes through the State Council for Higher Education in Virginia, said Dr. Elizabeth Finlayson, director of the orientation program.

The program was instituted in the state because the U.S. Office of Civil Rights said the number of black students in white institutions in Virginia was not sufficient.

Last year's students fared statistically well compared with other JMU students, Finlayson said.

Admission into the program is no different for transition students than for any other JMU freshmen with high school work, SAT scores, and grades, she said. The program strives for diversity with minority students.

Deadrich Nelson, 18, is a participant in the program.

"It's great," Nelson said. "It's the best thing that could have happened. You're really able to get a feel for what college can be like."

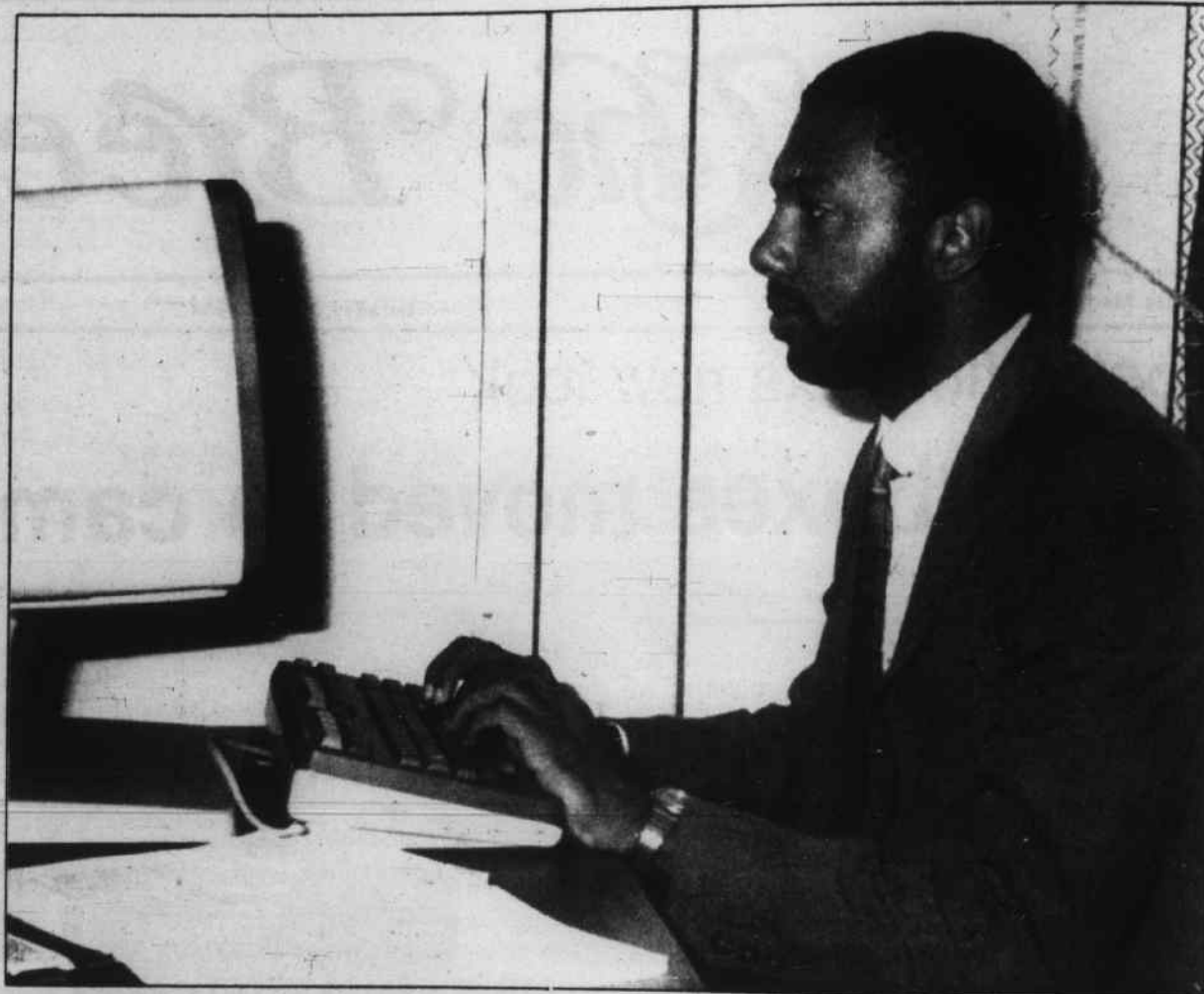
Nelson said he has a weak foundation in math, and through the program he has been able to get some early help, before the regular semester gets under way.

The summer program has helped Mark Holmes "to adjust." The 18-year-old freshman from Vienna said the extra classes he is taking will enable him to take fewer classes spring semester. Holmes is taking English 101 and Math 145.

"It's different from high school. We have a quiz every day in the math class, and there are more papers to write in the English class," he said. He said the extra work may be partly due to the condensed session of the course.

Each participant is given \$200 for books and supplies.

"It's different from home," Holmes said. "Here I have to learn to budget my time. I'm able to be here and get used to it before other students."



Forrest Parker assists in minority recruitment at JMU.

(Photo by Steve Emerson)

Film and video conference begins Friday

The 38th annual conference of the University Film and Video Association will begin here tomorrow. The conference runs through Aug. 4.

The theme of the conference will be "Producing Film and Video: Institutions and Independence." Two hundred persons are expected to attend the conference, which will feature speakers and panelists from the United States, South Africa, Great Britain, Norway and Canada.

The conferences will cover such areas of interest as independent commercial film and video production; federal, corporate, non-profit and educational media production; relations between institutional sponsors and independent producers

and between producers and consumers; and activities of state agencies in supporting film and video.

A special session will be held on video and film activities in Virginia. Several film and video screenings are planned, featuring Academy of Motion Pictures Arts and Sciences films "Reuben, Reuben" (1983) and "Hot Talk" (1984).

The keynote address Monday will be presented by Walter Shenson, producer of "Reuben, Reuben."

Persons may register for the conference upon arrival at JMU. For additional information, contact Dr. David Holridge at 433-6388, or after July 30 at 433-6907.



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Students find variety of jobs at JMU

By Al Winter
staff writer

They can be found serving food, typing forms, painting rooms, or running errands. But though they perform different tasks, they all have one thing in common. They have found summer employment at JMU.

"I work here during the school year," said sophomore Nathan Griggs, a communication arts major from Virginia Beach who is working at Gibbons Hall this summer.

"I was doing a play during May session," Griggs said. "I figured when it was done, there was not much chance of finding a job at the beach, so I decided to stay here and work at D-hall."

The financial aid office provided about 135 students with jobs through either the federally funded College Work Study program or the JMU-supported 10-hour per week program this summer, said Lee Phillips, financial aid assistant and coordinator of employment on campus.

Students fill clerical positions in administrative and academic offices. Others work in the library or for recreational activities in Godwin

Hall as lifeguards and weightroom attendants, Phillips said.

At least 100 employment applications were submitted to the buildings and grounds department this summer. About 45 students have been hired on an as-needed basis to work with paint crews, grounds, utilities, garage crews, and at Godwin Hall. Temporary employees work about 30 hours per week.

About 15 students are working this summer in food preparation and services at Gibbons Hall. Dining hall employees receive \$3.60 per hour.

Other on-campus student jobs pay minimum wage, which is \$3.35 per hour.

Students apply through special summer employment applications and work during May and summer school sessions. Individual work schedules are arranged within each department.

Sophomore Steve Brock, a Harrisonburg native, works with the buildings and grounds paint crew. "I've done this for the past two summers. It's not bad," he said. "I like paint work."

Senior Allen West works in the record office. "It's fine. I like the atmosphere," he said. "I started working for the records office in fall

1983. They've requested that I return each semester because of a generally good work relationship we have. Plus I know something of the job around here."

In previous summers, work pro-

grams have extended to offer campus employment with non-profit organizations such as the Chamber of Commerce, Phillips said. But the program is still under development and not in operation this summer.

Tech center planned

A new center at JMU to keep students and faculty abreast of scientific and technological developments in industry is in the planning stages.

"The program will be in the planning stage for one full year," said Dr. Harold McGee, JMU vice president for administrative affairs. "Time is needed to properly plan for the future."

A task force will be formed to research and make recommendations for the new science and technology center.

Today's sixth and seventh graders are way ahead of those of just a few years ago, McGee said. Eleventh and 12th graders are now being taught the most updated methods in technology.

"We have to be ready for these students," he said. "Is a research lab needed? We don't know. Do we need more space for classes, computers and equipment? We need to find these things out. We need to do what is appropriate for a small comprehensive university such as JMU."

Members of the task force will be kept busy throughout the next year determining what new courses should be added to the curriculum and what majors might need to be added, McGee said.

One possibility for the center is a faculty-industry exchange. This would permit professors to spend time in the local workforce and allow people from local industry to come to JMU to teach classes in their related fields.

Concerning this possibility, the task force will have to consider release-time for faculty and extra costs that might be involved in an exchange.

The task force also will look into other ways the university can cooperate with industry, especially in science and technology.

"Chemistry, biology and agriculture are important to this region," McGee said. One of the largest plants in the area is Merck and Co. in Elkton which manufactures pharmaceuticals. Dairy and poultry farms also are prevalent in the Harrisonburg area.

JMU graduate named to board

A JMU graduate is among three new members named to the university's board of visitors.

H.D. "Dan" O'Donnell II of Harrisonburg has been named along with Kirby L. Cramer of Vienna and Penelope Ward Kyle of Richmond to serve on the James Madison University Board of Visitors.

The three were appointed by Gov. Charles S. Robb to four-year terms on the board, which serves as the university's governing body. The board has 11 members and is headed by Rector James H. Taylor of Lynchburg.

O'Donnell received a business administration degree from JMU in 1960 and currently serves as the first vice president of the school's alumni board as well as on the school's athletics committee. He also is the chairman of the fund drive for the JMU Foundation, Inc.

He has served on several special JMU committees such as the Member Planning and Development Commission and the Army ROTC Advisory Committee.

O'Donnell, an associate of the Shomo and Limeweaver Insurance Agency in Harrisonburg, also has

two daughters attending JMU. Sheila is a rising senior majoring in English education, and Erin is a rising junior majoring in computer science.

Cramer is chairman and chief executive officer of Hazleton Laboratories Corp., the world's largest independent contract biological and chemical research laboratory.

He was a speaker at JMU's May graduation ceremony. His son, Kirby L. Cramer Jr., was a member of the graduating class.

Cramer is a graduate of Northwestern University, holds a master's in business administration from the University of Washington and is a graduate of Harvard Business School's advanced management program.

Kyle is an attorney with the CSX Corp. in Richmond and formerly was associated with the Richmond law firm of McGuire, Woods and Battle. She is a graduate of Guilford College in North Carolina and received her law degree from the University of Virginia.

The three new board members succeed Robert W. Carlson, Bonnie L. Paul and Inez G. Roop.

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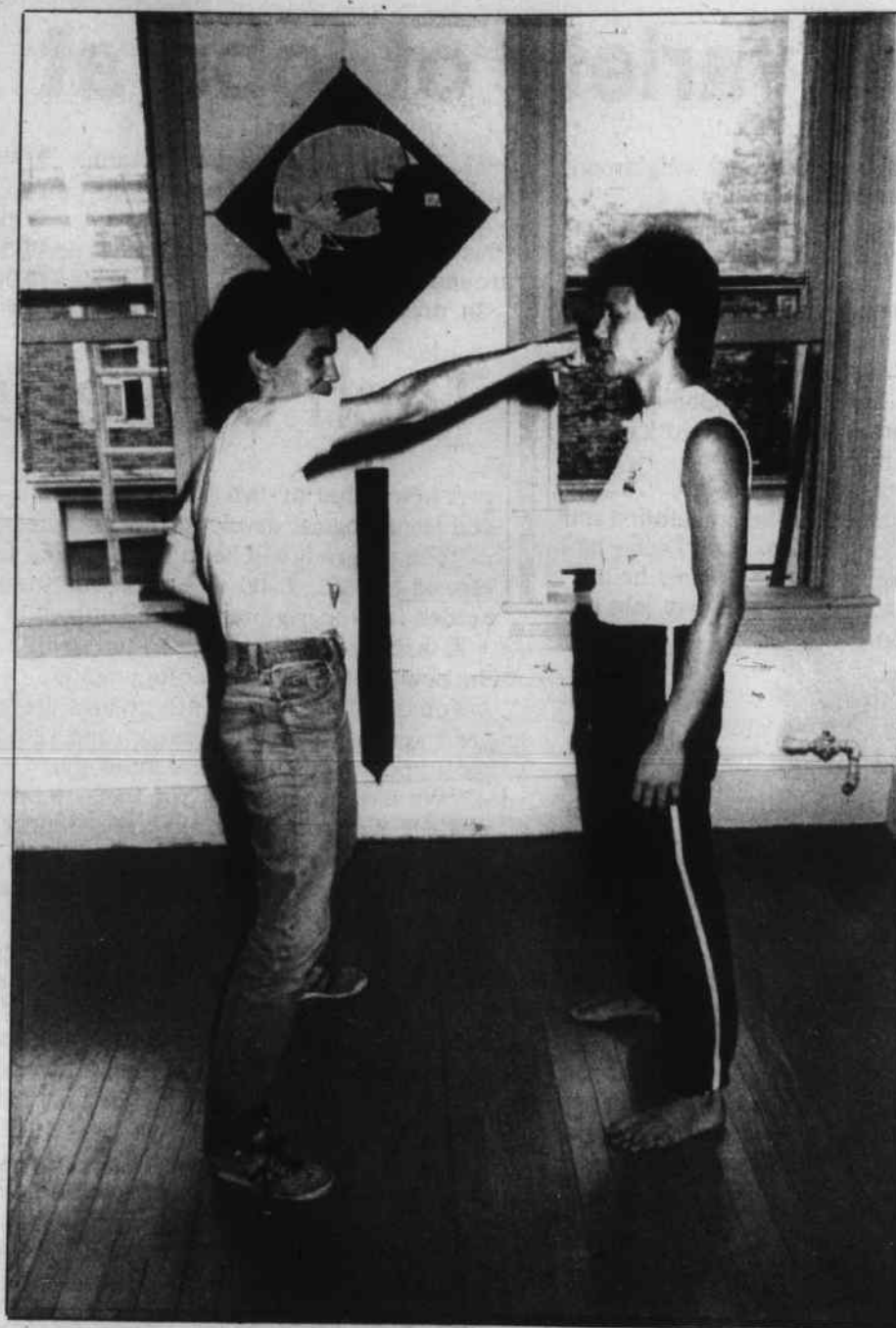
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Wen-Do

'The way of
an aid in s



Photos by
Steve Emerson

By Cay Fultz
summer editor

It can happen on the street. It can happen in a dark alley. It can happen at home. But wherever it happens, a physical assault on a woman can be an unnerving and often traumatic experience.

One woman is doing something about the harassment women may encounter, whether on the street, at social gatherings, at work, or even at home.

Sherrie Good, a Harrisonburg native, has begun offering basic classes in her hometown on Wen-Do, a type of self-defense designed specifically for women.

Wen-Do, which in Japanese means "the way of women," was developed in 1972 by a Canadian family of martial artists holding two black belts and three brown belts in two martial arts.

Borrowing moves from various forms of the martial arts, Ned Paige and his family developed a way to help women defend themselves in dangerous situations.

The Paiges developed Wen-Do because they realized other martial arts forms took a long time to learn to apply effectively and were not tailored for women in dangerous situations, according to Good.

Good discovered Wen-Do two years ago while visiting Canada and decided to bring what she learned back to Harrisonburg.

She spent two years in Canada taking classes and training to become eligible to teach.

"In Canada, it's really big," Good said. "It's just now filtering out to the United States."

"I wanted to offer it in this area because there has never been anything like it here before," she said.

Few women in the United States are qualified to teach Wen-Do, she said.

Wen-Do is different from other martial arts because it is taught mainly by women for women. Men can attend classes but Wen-Do places emphasis on women, their socialization and needs.

Girls are not likely to be taught how to defend themselves while growing up, Good said. "We don't know how to fight effectively."

Wen-Do tries to remedy that. Wen-Do in-

cludes many techniques of martial arts and is designed to meet women's needs.

It includes mental and physical conditioning, meditation and breathing exercises that teach how to counter aggression.

Participants discuss self-defense and the law, avoidance of aggression, and rape.

Good emphasizes avoidance of action in her classes. Women are aware of what kind of action they are in and how to avoid it.

Above two full-length mirrors in the studio on East Market Street is a sign with key words reminding women of basic steps they should remember if attacked.

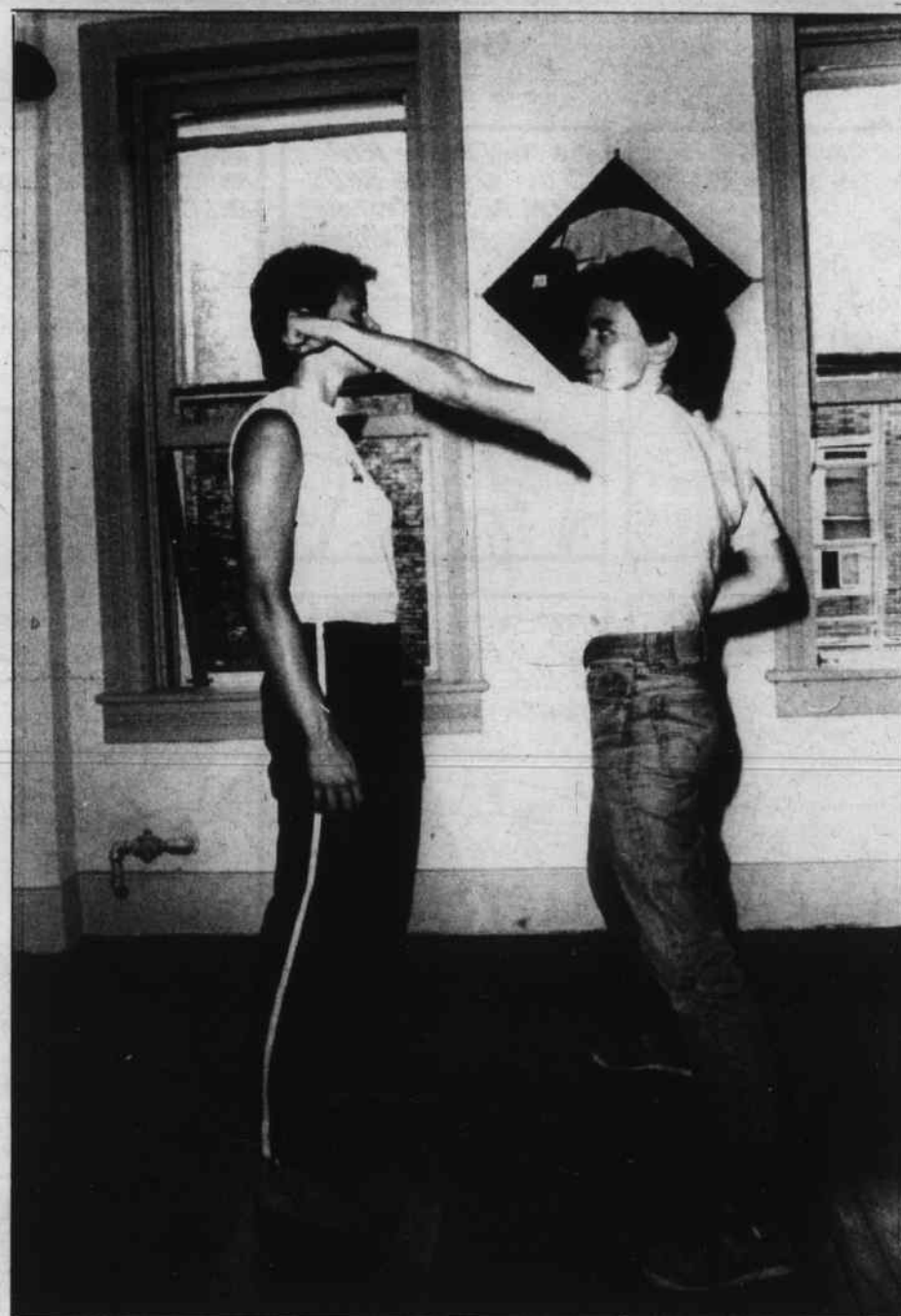
'Your body is your best weapon because it's always going to be there. The more you train it, the better off you'll be.'

—Sherrie Good

of women' self-defense



At left, Sherrie Good takes aim at Maribeth Liskey and then 'aims through.' Border: Wen-Do's symbol.



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is constantly being updated
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First breathe, Good says. Many people panic and become short of breath, therefore cutting off oxygen to the brain and slowing the ability to think clearly.

After taking a deep breath, think about the situation and evaluate it, Good says. See if there is a way to escape, or if not, decide what kind of action to take, whether it should be a crescent kick to block the attacker or a "wen-do," a type of fist used to hit in places where a full fist won't work.

Then take aim, Good says. Look for a point on the attacker and then aim-through. Aim for a certain point on the body but actually make contact with another part so the attacker is caught off guard.

Before striking, Good says, yell a short word. That in itself may scare away the attacker.

If possible, run away, Good says. "If you can run away, that's great, but if you can't, you have to take action, and that's when physical self-defense comes in."

The last step listed above the mirrors is "100 percent," because "that's what it takes to be effective," Good said.

Surprise, circularity (movements in circular patterns), and smoothness also are emphasized. But self-trust is the most important element to remember, because "you have to really believe in yourself and that you're strong and can be effective," Good said.

"In Wen-Do, we discourage the use of weapons," Good said. "Your body is your best weapon because it's always going to be there. The more you train it, the better off you'll be."

"There are lots of stories of women who have used Wen-Do effectively," she said.

There is no age limit for Good's classes. "You get a workout," she said. Anyone who feels physically fit can participate. Classes can be adapted to accommodate physical problems such as a bad back or weak knees, she said.

Good hopes to attract students to her classes in basic Wen-Do when JMU's fall semester begins. Classes will cost \$30 for two-hour lessons once a week for six weeks. Good would like to visit women's dorms this fall to demonstrate Wen-Do.

Wen-Do is divided into three levels: basic, intermediate and advanced. Good completed the intermediate level, which qualifies her to teach basics. She would have gone on to the advanced level if she had stayed in Canada longer, she said.

Good's fantasy is to bring people from Canada to train teachers in the United States.

She teaches Wen-Do in her spare time. "But I take it seriously," she said.

A motto of Wen-Do sums up the purpose of the program. "In most places, it is not safe to be a woman. But we would like to see a world where it is not safe to attack a woman."

BLOOM COUNTY

by Berke Breathed

JMU listed in guide

JMU is one of 302 colleges and universities included in the recently-published third edition of Peterson's Competitive Colleges.

The reference book, published by Peterson's Guides of Princeton, N.J., contains data profiles of 302 institutions along with information on 27 art and music schools. Together, the two groups represent less than 10 percent of all American institutions of higher education.

According to the publisher, inclusion in Peterson's Competitive Colleges is based on such factors as the ratio of number of applicants to number of students accepted, freshmen scores on the national entrance examinations, and freshmen rankings in their high school graduating class.

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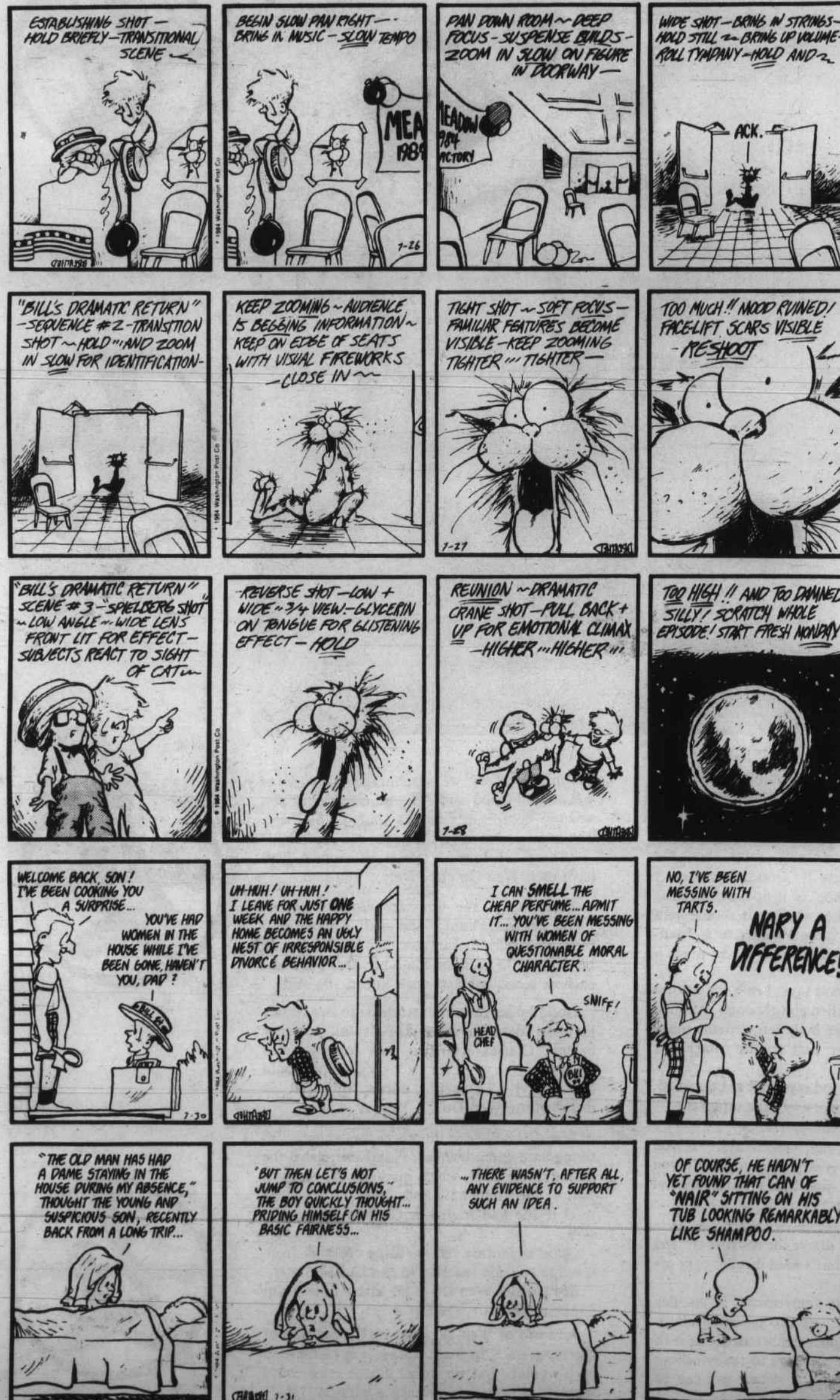
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The Breeze

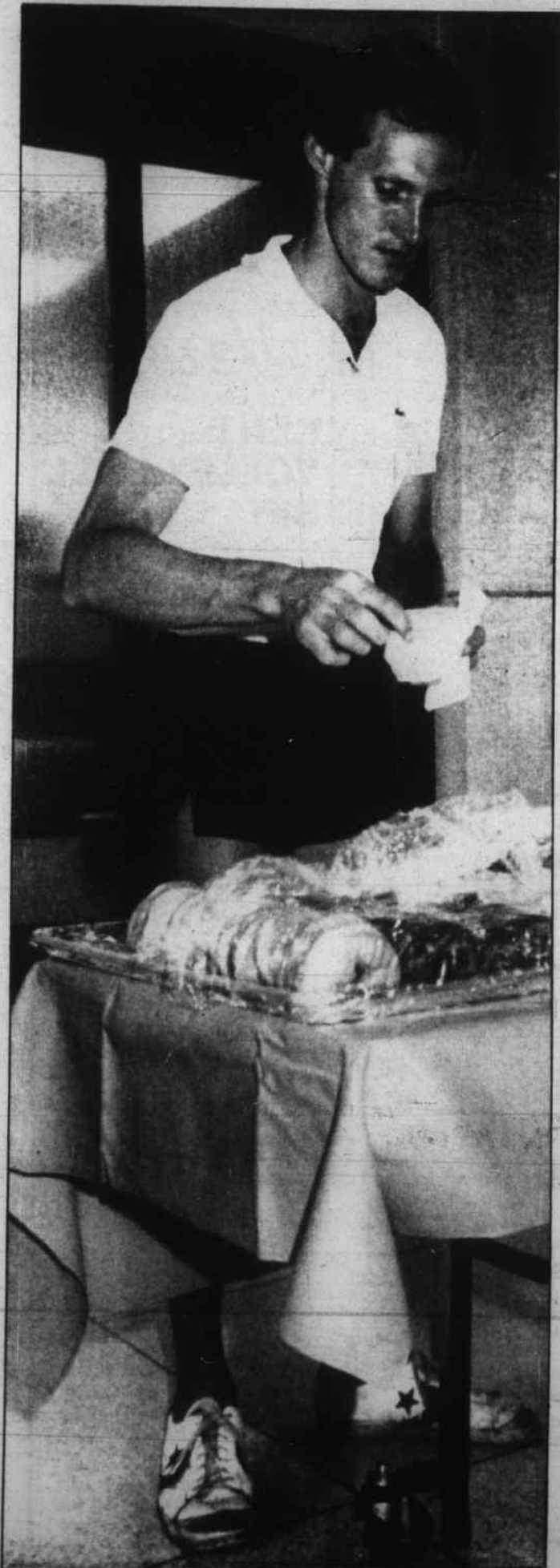
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"To the press alone, chequered as it is with abuses, the world is indebted for all the triumphs which have been gained by reason and humanity over error and oppression."
 — James Madison

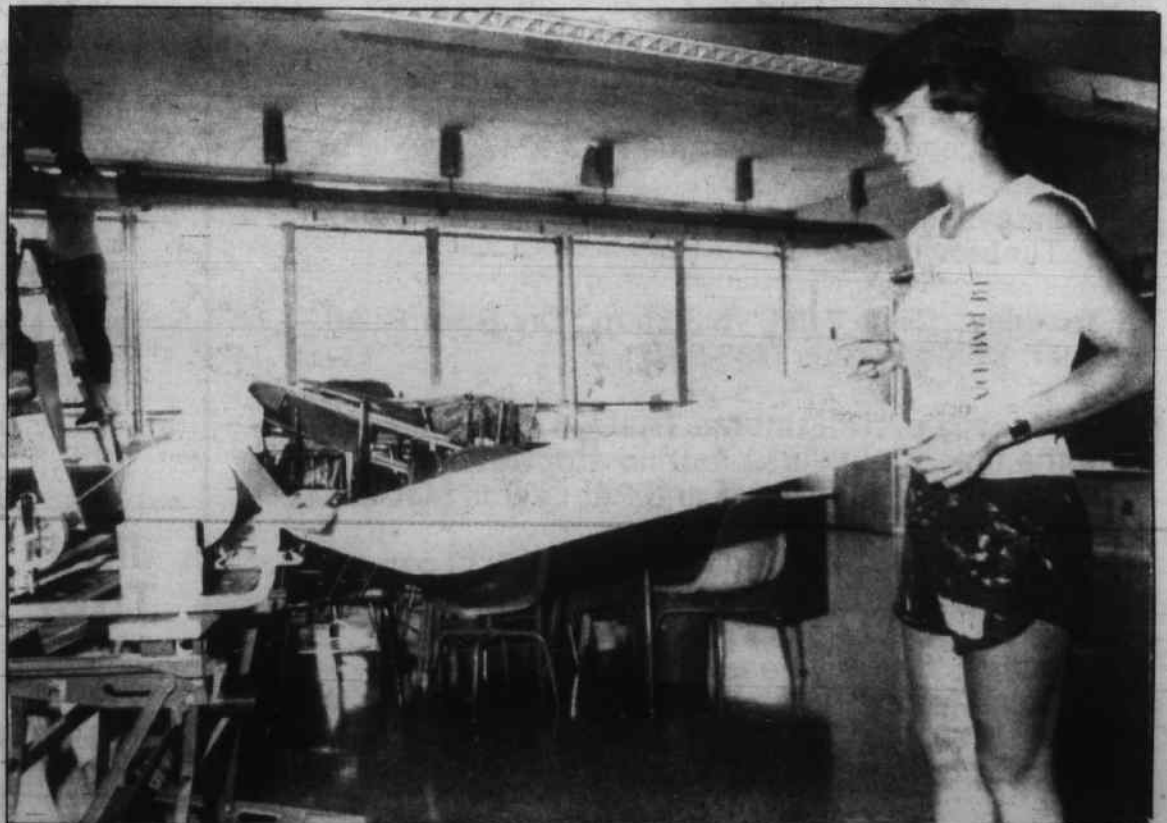
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 Comments and complaints can be directed to Cay Fultz, editor.

Extracurricular Activities

Photos by Steve Emerson



Photos clockwise: Mike Gray enjoys doughnuts at the campus center while a future JMU student takes to the water at a local pool. Below, Dorothy Vaughan assists with buildings and grounds summer paint crew.



Bicycling club offers outlet for cyclists

For those JMU bicycling enthusiasts here for the summer, the Shenandoah Valley Bicycling Club offers a variety of activities that may appeal.

The club is divided into a touring section composed of people who ride purely for enjoyment and recreation, and a racing section for those more serious about their bicycling.

Non-members as well as members are encouraged to participate in the club's activities.

Harrisonburg citizens established the club to promote bicycling and bicycling safety in the Valley as well as to provide opportunities for people to ride together.

SVBC meets on the second Tuesday of every month at 7:30 p.m. at the National Guard Armory. Yearly dues are \$5 for individual memberships and \$7 for families. Below are listed some of the club's upcoming events for the remainder of the summer.

More information on the club can be obtained at Back Alley Bikes or Mark's Bike Shop.



JULY

28, Saturday: "Breakfast Ride," 7 a.m., Purcell Park. Bike to Heritage for breakfast, followed by 10-15 miles to work it off. Leader: Art Fovargue (433-9274).

29, Sunday: "A Ride into the Unknown," unknown time, place, destination? Leader is known: Ray Ritchie, contact him for details (896-2913).

30, Monday: "Monday Nighter," 6 p.m., Plains Elementary School, Timberville.

31, Tuesday: "Time Trial," 6:30 p.m., Dry River Road. Leader: Bruce Werner (433-8977).

AUGUST

1, Wednesday: "Advent of the Dog Days," 6 p.m., Keister, 15-20 miles out Keezletown way. Leaders: Bruce and Donna Werner (433-8977).

5, Sunday: "Pineville — Zenda Half-Century," 9 a.m., Purcell Park. 50 miles at your own pace. Finish with homemade ice cream at Fovargue's. LAW patches available. Leader: Art Fovargue (433-9247).

6, Monday: "Monday Nighter," 6 p.m. Plains Elementary, Timberville.

7, Tuesday: "Time Trial," 6:30 p.m., Dry River Road. Leader: Bruce Werner (433-8977).

8, Wednesday: "The Untime Trial," 6 p.m., Keister, ride the time trial course, but no stopwatches allowed, 24 miles. Leaders: Jeff and Pat Landis (434-6354).

14, Tuesday: "SVBC August Meeting," 7:30 p.m., Harrisonburg National Guard Armory.

19, Sunday: "Narrow Passage — Fort Valley — Mountain Metric," 10 a.m., First Virginia Bank in Mt. Jackson. 100.6 km (62.9 mi), LAW Patches available. Leaders: L.B. Branner and Ed Funkhouser (896-2386).

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