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Vol. 93, No. 28

Thursday, January 15, 2015

breezejmu.org

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Area celebrates impact of Martin Luther King Jr. with events throughout the week

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JMU alumna opens bakery in downtown Harrisonburg

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The one where they put 'Friends' on Netflix

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What's the big issue with eating by yourself?

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#### HARDWOOD

### NATION'S OUT

#### JMU men's basketball junior guard dismissed from the program

#### **By STEPHEN PROFFITT** The Breeze

Andre Nation is out. It was announced Wednesday morning that the 6-foot-5 junior guard has been dismissed from the JMU basketball team. The decision is effective immediately.

"We appreciate Andre's efforts with our program over the past three years," head coach Matt Brady said in the program's press release. "Working with Andre this year, it has become apparent that he no longer fits within our program and the vision we have for the future. I care about Andre and his well-being and wish him all the best in the future."

Brady is offering no further comment on Nation's dismissal, and players weren't made available as the team travels to Philadelphia for Thursday's game against Drexel University.

The Plant City, Florida, native was a member of the freshman class that led the Dukes to the NCAA tournament in 2013. He, Charles Cooke, Taylor Bessick and Ron Curry all played pivotal roles that year and the future looked bright as they entered the following season. Now, Curry is the only one left. Cooke and Bessick both transferred last year, now at the University of Dayton and Iona College respectively.

During his sophomore season, Nation didn't step foot on the court until it was half over. He tipped off the 2013-14 campaign by serving a 15-game suspension for a "violation of athletic department policy."

He served a second suspension later in the season for "failure to comply to academic standards as a JMU men's basketball student athlete."

see **NATION**, page B5



SAM TAYLOR / THE BREEZE

Junior guard Andre Nation averaged nine points in 12 games played this season.

### A reason to celebrate

Freshman Amber Boutchyard wins battle against cancer, returns to JMU

#### **By NATALIE MILLER** The Breeze

Many freshmen celebrate their 19th birthdays by going out or binging on cake. Amber Boutchyard had cake too, a yellow and purple emblem of her goal.

While happy about the occasion, Boutchyard and her loved ones found greater reason to celebrate days later after receiving a phone call from her doctor, who revealed that Boutchyard's months of chemotherapy and radiation treatment were successful. For the first time in what felt like forever, Boutchyard was allowed to resume her normal life.

This past September, just

weeks into her first semester at JMU, Boutchyard noticed a lump on her neck while home in Culpeper, Virginia. She and her mother first had the lump examined at MedExpress, who recommended that they have an ultrasound performed at a hospital. It was Rockingham Memorial Hospital where Boutchyard received news that would change her life.

"It was 10 at night and the doctor walked into our room without a clipboard," Faith Gil, Boutchyard's mother, said. "He told us, 'I'm really sorry, but you have lymphoma.""

Shocked, the questions and confusion grew — how could Boutchyard, an active,

see **AMBER**, page B2



MARK OWEN / THE BREEZE

Freshman Amber Boutchyard, who was diagnosed with lymphoma in September, learned she was in remission earlier this month.

### Cutting college costs

Local experts discuss Obama's new proposal for community colleges

#### **By ERIN FLYNN** The Breeze

Thousands of Virginia students could be facing the impact of President Barack Obama's recent proposal that could make community college more affordable, including nearby Blue Ridge Community College.

America's Community College romise Proposal aims to provide students with two years of free community college. "I think the state's generally been very supportive of the higher education system ... and recognizes that Virginia is among one of the leading states in terms of its higher education system structure," John Downey, president of BRCC in Weyers Cave, Virginia. According to Michael Walsh, the dean of JMU admissions, about 880 to 900 transfer students enroll at JMU each year. Of those students, 60 percent transfer from community colleges; most of them from BRCC, Lord Fairfax and Northern Virginia Community College. This proposal, which could save each student about \$3,800 in tuition each year, is available "for responsible students," according to Josh Earnest, the White House press secretary. In order to receive free tuition, the proposal requires that students attend at least half-time, maintain a 2.5 GPA and make steady progress toward graduation. 'By 2020, an estimated 35 percent of job openings will require at least a bachelor's degree and 30 percent will require some college or an associate's degree," the White House said in a press release. "Forty percent of college students are enrolled at one of America's more than 1,100 community colleges, which offer students affordable tuition, open admission policies, and convenient locations." Obama's plan rests on the assumption that states will be willing to work with the federal government to provide the community college assistance. According to the Virginia Community College organization, the average cost for in-state Virginia students is \$136 per credit, or about \$2,040 for a student taking 15 credits. For out-ofstate students, it costs \$330.60 each credit, or about \$4,959 for 15 credits. The White House hopes that restructuring community college programs and providing free tuition will lead to an increase in student enrollment, progress in program completion, transfer of completed credits and employment. Downey also believes that the proposal will bring to light the importance of community colleges. "I really appreciate the attention it gives to community colleges and the role that they play in helping students get a better life for themselves to education," Downey said. "I think that

#### HISTORY



Women's basketball team hits 1,000 wins

SPORTS | B3

#### **QUOTE** OF THE DAY

*Much like Taylor Swift, I was very ready to get out of the woods.* 

LIFE | B2

#### **INSTAGRAM** OF THE DAY



Want us to feature your photo? Tag us **@Breezejmu** 



#### CAMPUS CONSTRUCTION



DANIEL STEIN / THE BREEZE

Cars sit in traffic on Bluestone Drive due to Newman Lake renovations and Bluestone Drive construction. JMU recommends avoiding this area during peak traffic times. The university anticipates all construction to be completed by March. DETAILS ON PAGE A3

### Master of disguise

Senior theatre major crafts the fine art of stage makeup

#### By HOLLY WARFIELD The Breeze

Walls lined with mirrors, mirrors lined with lights and the smell of fresh makeup fills the air. It's not the set of a TV show or backstage at a play, it's the Forbes Center's mainstage dressing room where senior theatre major, Kati Deyerle, sets a large pink box on the counter and places a photo on the mirror.

Alexis Amarante, a senior theatre major with young skin and thick brown hair, sits in

front of the mirror. The photo that stares back at her is a bald-headed woman with only a few strands of stringy gray hair left, cheeks that sag an inch past her jaw bone and a right eyelid sewn shut with three thick, gray stitches. This is Deyerle's vision of how Amarante will look after a complicated, 15-hour process.

As an active member of the theatre department,



COURTESY OF KATI DEYERLE

Senior theatre major Alexis Amarante is transformed into the witch queen Hecate from Shakespeare's "Macbeth" for senior theatre major Kati Deyerle's senior seminar project. she's done it all. However, makeup design has become the main focus of her studies. She hopes to continue on with makeup after she graduates in May and eventually work for companies such as KNB EFX Group Inc., a media effects company famous for creating realistic zombies on AMC's hit series "The Walking Dead."

Deverle has dabbled in

different areas of the

arts. From set design

to light design to major

prop and set decoration,

"I love seeing how people can be altered," Deyerle said. "You can be in character but you're not really in character until you're in costume and makeup and how much that adds to a performance is always really interesting."

For her senior seminar project, Deverle recreated



#JMUtbt

Every "Throwback Thursday" the copy desk will be researching our print archives (breezejmu.org/archives) to take you back in time and see what events *The Breeze* has covered. Have a suggestion on what we should research? Email us at breezecopy@gmail.com.



On this day in 1943, The Breeze celebrated its 20th anniversary by announcing that the student body had voted to change the name of the school paper. The options given were The Madisonian, Mad Cap and The Breeze. Students overwhelmingly voted to change the name, with 274 votes in favor of The Madisonian, 270 votes for Mad Cap, and only 78 votes to keep The Breeze. Despite the vote, the school paper would retain its original name. Interestingly, however, the paper would change its name to Genesis II for the spring semester of 1971.

#### NATIONAL NEWS

#### States fight Obama's order

ww.youtube.com/user/ breezevideo

Lexi Quinn Zac Smith

Charlee Vasiliadis

Allie Waller

Hunter White

#### Bloomberg News

WASHINGTON — Twentyfive states' top lawyers blasted the federal government's claim that President Barack Obama's executive order letting more than 4 million undocumented immigrants stay in the U.S. is above judicial review.

The states are trying to block the order from taking effect until their challenge to overturn the policy plays out in federal court in Brownsville, Texas. Immigration officials will soon begin processing applications to let certain undocumented workers avoid deportation and apply for work permits and some federal benefits, such as Social Security and Medicare.

#### Bitcoin under more scrutiny

McClatchy Washington Bureau

WASHINGTON — Several scandals in the United States and abroad have increased U.S. and foreign governments' scrutiny of bitcoin, an expanding digital currency that critics say is ripe for criminal abuse.

Bitcoin proponents say it's unfair to point to scandals as proof of the currency's unreliability. They note that cash, credit cards and stocks are misused for nefarious purposes without losing their legitimacy.

In other words, people commit crimes — not bitcoins.

These scandals and volatility led the Internal Revenue Service to begin regulating the currency.

### Oil prices to stay low

McClatchy Washington Bureau

WASHINGTON — The federal government forecasts that low oil prices will continue through the year as a result of the global petroleum glut.

Oil prices have plummeted by more than half since a high of \$106 a barrel in June, giving motorists the gift of cheap gasoline but wreaking havoc on energy markets and states that rely on oil tax revenue.

The U.S. Energy Information Administration forecast Tuesday that the situation is going to continue as producers in America and around the world keep pumping more oil despite the glut.

### WORLD NEWS

#### Millions mourn attacks in Paris

McClatchy Foreign Staff

PARIS, France — As many as two million people — including 50 world leader — marched through the streets of Paris in an enormous outpouring of grief and defiance Sunday, sparked by three days of violence last week that claimed the lives of 17 people.

But as Europeans once again gathered to mourn those killed by terrorism, there were growing concerns that not only would there be more attacks, but also that Europe's mood may be headed toward a backlash against its burgeoning Muslim population. Marchers noted that it was important to show unity and take a stand against terrorism. But the signs of a more divisive message weren't far.

#### India combats activist groups

#### Los Angeles Times

MUMBAI, India — The Indian government has launched a crackdown on Greenpeace and other U.S.-linked environmental groups after intelligence officials accused climate activists of harming the country's economic security.

Authorities over the weekend barred a Greenpeace staff member from traveling to London to speak to British lawmakers about alleged legal and human rights violations in India by Essar, a British-registered energy company.

India last year blocked Greenpeace from accessing foreign funds, and this month authorities imposed similar restrictions on four environmental organizations.

#### Chinese police kill 6 terrorists

#### McClatchy Foreign Staff

BEIJING, China — Police killed six militant "thugs" in China's rebellious Xinjiang region Monday after they reportedly tried to set off an explosive device, according to state media.

The violence highlights China's struggle to quell unrest in its western border areas that butt up against restive Muslim countries. It came three days after state media reported that Zhang Chunxian, Xinjiang's Communist Party chief, had demanded "a tougher counterpunch" against terrorism in his region.

Compiled from Tribune News Service.



SHOW US WHAT YOU'VE GOT Write for the news section. Email breezenews@gmail.com.

### Former CIA agent turns to classroom

Associate professor **Timothy Walton discusses** his work before teaching



SABRINA MCCORMICK / THE BREEZE

Integrated science and technology associate professor Timothy Walton worked in the Central Intelligence Agency for 24 years.

#### **By COURTNEY WAGNER** contributing writer

The building is empty of other guests, which is unusual for a hotel. They are all on the same floor, an odd coincidence. They knew their rooms were bugged, so they asked to switch but the hotel

wouldn't allow them to move to a different floor.

It was the CIA vs. the Serbians.

For 24 years, JMU integrated science and technology associate professor Timothy Walton worked as an analyst for the CIA. The duties of an analyst, however, aren't necessarily the same as the ones portrayed on TV.

"I spent the majority of my time actually sitting at a desk and looking at a computer terminal," Walton said.

Walton's past experiences and skills helped him earn his CIA position.

'I had been in the Navy, I had traveled overseas, I spoke [two] languages, I had a security clearance. This is all the stuff for an intelligence officer ... you don't say 'no' to a job like that ," he said.

### The legacy of MLK Jr.

Community gathers together for a week of remembrance

#### **By EVAN MCALLISTER** contributing writer

Many from the JMU community don't see Martin Luther King Jr. Day as just a break from classes, but rather an entire week dedicated to the remembrance of the historic figure and the struggles he faced in his crusade for civil

King was slain by James Earl Ray on April 4, 1968, but his legacy lives on in the many social and political victories he won during his lifetime. MLK Day, signed into law as an official national holiday by President Ronald Reagan in 1983, commemorates his sacrifices and dedication to civil rights.

According to Public Broadcasting Service at the time of King's death, Taylor Branch, the coroner remarked that the 39-year-old had the heart of a much older man - likely due to the stress and anxiety that came with running his humanitarian campaigns.

rights.

In 2013, King was honored by the people of Harrisonburg when Cantrell Avenue was renamed Martin Luther King

Jr. Way by the Harrisonburg City Council. An informal survey of road indexes conducted by University of North Texas student Eric Katzenberger in 2011 found that more than 700 other roads and streets across the nation had been similarly named or renamed, a testament to King's enduring influence.

This year promises to be a memorable one, as students and organizations prepare a week of remembrance for King and his ideas, both on and off campus.

"This year marks 50 years since the march in Selma and the [Martin Luther King] movie did come out," Zelda Tackey, a junior sociology major said. "I think it's really telling that all these things are happening at the same time ... we're also taking action at JMU here as well. The JMU community always comes together and makes the week very special."

Chief among the events is the MLK Week Formal Program, held on the Monday of Martin Luther King Ir. Dav



JMU

#### **Delays extend deadline on Newman Lake completion**

Since last May, JMU has been making changes to one of the university's most well-known landmarks: Newman Lake.

with new regulations set by the Virginia ation, which has included draining the lake and enlarging the dam.

completed by December, and later, February, the deadline has now been pushed back to an undetermined date in March, according to JMU's Associate Director of

Wyatt also said that while the work is continuing, weather conditions have delayed the project's completion.

#### Investigation into security breach at JMU continues

The JMU Information Technology department is continuing to monitor all network activity closely after the Dec. 11 security breach, according to Assistant Vice President of Information Technology Dale Hulvey.

"We just ask that everybody continue to be diligent in watching for phishing attacks," Hulvey said.

He suggested that the best way to keep information secure is to use a strong password and keep it solely to yourself.

Last September, IT Training put together an e-training module called "Is It Real" that aims to help students defend themselves against criminal email activity. Students who receive suspicious content in an email are encouraged to forward it as an attachment to abuse@ jmu.edu.

"Everybody has to take their part in really keeping their accounts secure and using good passwords," Hulvey said. "And just making sure nobody has stolen your credentials."

HARRISONBURG

New ordinance looks to prevent false alarms



TRIXIE HADDON / THE BREEZE



**A3** 



for the renaming of Cantrell Avenue to Martin Luther King Jr. Way.

TRIXIE HADDON / THE BREEZE In 2013, members of the Harrisonburg community gathered together

The project aims to be in compliance Department of Conservation and Recre-

Even though the lake was set to be Communications Bill Wyatt.

see AGENT, page A5

A 2011 study found that more than 700 other roads around the United States were named or renamed after Martin Luther King Jr. Festivities began on Monday

see MLK, page A4

### **COLLEGE** | Funding for president's plan still undecided

By 2020, an expected 35 <b>percent</b> of job openin will require bachelor's degree or higher while 30 percent require some college experience or an associate's degree.	gs <b>percent</b> of Tennessee's high school	About <b>9 million</b> students could benefit from the proposal and a full-time student could save around \$3,800 in tuition each year.
A N 40 percent of colleges students are enrolled at more than 1,100 community colleges throughout the nation.	Each year, between <b>880</b> <b>and 900</b> transfer students enroll in JMU; 60 percent of those students transfer from a community college.	The plan requires students to attend at least half-time, have a <b>2.5 GPA</b> and make progress toward program completion.

#### from front

attention will be very valuable."

But Downey believes that some adjustments should be made to the Obama's proposal in order to make it more successful.

"I think giving it free to everybody may, especially based on grading, challenge some students to pay more attention to the grade than to the learning," Downey said. "I think if we targeted it more toward high-demand careers, it might incentivize students to look into those careers more than they do now."

The plan would require community colleges to offer academic programs with credits that would transfer to four-year public colleges and universities or occupational training programs that have high graduation rates. They must also adopt promising institutional reforms to help students pay for books and transitional costs, provide counseling and support and improve the outcome of students.

Vipul Bhatt, an assistant professor of Economics in JMU's College of Business, believes that the success of the proposal will be determined by the quality of the community college programs.

Typically the idea is that [a] more educated work force would make more in the labor market, generating substantial tax revenues in the future and hence such programs in a way pay for themselves," Bhatt said. "I think a very important issue

here is whether the quality of education provided by these institutions would also improve to meet the changing requirements of the market."

The White House says that federal funding would pay for three quarters of the college costs and each state would be expected to pay for the remaining costs.

Bhatt also welcomes the idea of any program that increases the ability to obtain an education.

"Education is associated with a host of positive outcomes, economic as well as social," he said. "Higher education levels in a society tend to be associated with higher lifetime earnings, better health, greater gender and racial equality, lower crime and delinquency rates, and many more positive outcomes."

Bhatt believes that the program will also promote equality of opportunity.

In the past year, free community college programs were initiated in Tennessee and Chicago.

"In the first year of the Tennessee program, 57,000 students representing almost 90 percent of the state's high school graduating class applied for the program," Earnest said. "The scholarship is coupled with college counseling, mentorship and community service that early evidence suggests supports greater enrollment, persistence and college completion."

Downey believes that while the plan will increase enrollment, it may or may not increase the amount of graduates BRCC and other community college

"I think if it was more targeted ... then, I think it would definitely would increase more graduates because I think people who are focused on a particular associate degree for the purpose of getting a particular job, I think, would be more focused and more would graduate," Downey said.

According to Downey, there are also some factors that remain undecided, in terms of how the plan will be funded.

"I think that both the federal and the state governments haven't identified where the money would come from yet, so I think both will have healthy debates about that," Downey said.

Other questions Bhatt brought up included how the government will ensure the completion after a student enrolls and whether, who the beneficiaries of this program are and whether or not a study has been done on how the program's benefits will be distributed across income groups.

"Overall I think this is the step in the right direction and in theory it could work," Bhatt said. "The issue is whether the planned program has enough checks and balances built in for success. That unfortunately is something we do not know at this point in time."

**CONTACT** Erin Flynn at breezenews@gmail.com.

The city has created a false alarm ordinance to reduce the amount of false alarms that are activated, according to Public Information Officer Mary-Hope Vass.

Reducing the amount of false alarms will free up police resources and reduce fines for alarm customers. The new ordinance will also teach users how to operate and maintain their alarm systems

an average of 99 percent of ing false, this is diverting manours from the citizens of our ity who truly have emergenin need of assistance," Police ohen Monticelli said. "This is g time away from the officers our community and building ips through our Geo Policing

onburg has partnered with orporation, a global IT comdminister and implement the gram and alarm registration.

of the false alarm ordinance und at: cityalarmpermit.com/ en/city/harrisonburg.

#### Man attempts to escape arrest by climbing on roof

Roanoke police say that a 26-year-old convicted sex offender was taken into custody Wednesday after he attempted to escape arrest by climbing on to the rooftop of a building, according to The Roanoke Times.

Around 1:30 p.m., Barry Lynn Cole Jr. allegedly jumped a fence, found a ladder and climbed to the roof of a 300-block building. He kicked down the ladder and tried to hide on the roof, but many passers-by spotted him.

Officers convinced Cole to come down from the building after several minutes. He was arrested without incident around 2:00 p.m.

Scott Leamon, the crime prevention and community outreach specialist, said Cole was wanted for failure to register as a sex offender. He was convicted in August 2010 of indecent liberties with a minor in North Carolina, according to the Virginia Sex Offender Registry.

### The flow to foreign lands

Students embark on semester-long program that takes them around the world by ship



#### By CHRIS KENT The Breeze

Circumnavigating the world is a venture accomplished by few sailors and explorers. Now, a few JMU students have embarked on their own voyage across the globe. After setting sail on the MV Explorer from the Baja coast in Mexico, students are en route to visit 12 countries and be exposed to more cultures while at sea than a normal person will be in their lifetime.

Jonathan Paulo will be acting as the Semester at Sea (SaS) Librarian, serving in the ship's library. This is his second time aboard the ship, but his first time going around the world.

One argument against the voyage that Paulo mentioned is that participants will never be fully immersed into a single culture, but he doesn't think that criticism holds up. Paulo believes the experience is much like a sampling tray of nations rather than an in-depth single serving of culture.

"The point is not to deeply immerse yourself in one country," Paulo said. "The point is to have a global view and sort of create that comparative."

Paulo and more than 500 American college students began their adventure on Jan. 5 to the seven seas in pursuit of knowledge and a once-in-a-lifetime experience. Crew, staff and students will spend four months in close quarters.

"I have heard one person say it is almost like being a first-year in a residence hall again; that idea of a whole bunch of people that are in a new experience together," Paulo said. "I think there is a closeness that happens. So that is the most unique part, I think, of the experience."

SaS is sponsored out of the University of Virginia but open to college students across America. The program offers courses ranging from environmental science to fiction writing classes. The 9,000 books in the library will be available to the students for research in the place of Internet research, which dominates the modern college student's routine. There's also limited cell phone reception, which can be a form of culture shock in itself.

"So people aren't on their phones, there is no cell phone access. So at meals, everybody is looking at each other in the eyes — people are talking. That is a real interesting experience. Even getting people together for dinner, or to meet up, there are Post-it notes on peoples' doors," Paulo said. "So it is very old school. It is very before cell phones. You certainly could argue that is what brings people together."



PHOTOS COURTESY OF JONATHAN PAULO

The Semester at Sea program offers more than 500 university students and the crew the opportunity to travel the seas and visit a multitude of countries along the way. The trip allows students to immerse themselves in a variety of different cultures, and promotes a well-rounded education by offering classes with topics that range from environmental science to fiction writing.

"So people aren't on their phones, there is no cell phone access. So at meals, everybody is looking at each other in the eyes – people are talking. That is a real interesting experience. Even getting people together for dinner, or to meet up, there are Postit notes on peoples' doors. So it is very old school. It is very before cell phones. You certainly could argue that is what brings people together." as they follow the coast of Southeast Asia. After visiting India, the ship will dock for fuel in Mauritius and set sail for Cape Town, South Africa, then upward along the western coast of Africa. After a stop in Namibia and then Morocco, the SaS program will end its four-month journey in London, England. According to Paulo, the trip cost ranges from \$23 thousand

to \$36 thousand depending on the room you want to sleep in and if you are given a roommate. Going without a roommate, and choosing the ocean view balcony suite can run up to \$54 thousand for the entirety of the voyage.

There's also limited Wi-Fi, which some students view as a negative aspect of the trip.

"The downside to that is when we are on the boat, we don't have Wi-Fi," according to Leah Puffer, a junior psychology major. "So when you are trying to buy a plane ticket in advance for China, you have to think to do it before, at the previous country, at an Internet café."

While some might enjoy the open communication, others look forward to the diverse cultural experience. The voyage will visit a dozen countries; starting in Mexico and cruising the Pacific.

The ship will stop in Burma for a couple days, where Puffer will trek through the jungle on the back of an elephant, then spend the night at a local resident's house.

"My brother actually went on the trip, like seven years ago, and one of his suggestions to me was not to plan that much before you go on the boat," Puffer said. "Because you are going to meet people there and you are going to want to travel with the people

#### Jonathan Paulo

Semester at Sea librarian

you meet."

Puffer is also looking forward to the trip because it's encouraging her to go outside of her comfort zone.

Students will launch out of Ensenada, Mexico and head westward to Hawaii then toward Japan, China and Vietnam

Paulo said the fees varied due to different types of cabins, numbers of roommates and potentially work study jobs on the ship. Paulo added that the costs don't include any expenditures on land, nor do they apply to VISA costs, immunizations or textbooks needed.

The group of JMU students have already embarked on their voyage across the seas, and will return to America after their final port stop in England on April 29. Though it may take a while for the SaS students to accept the boring normality back in the States, Paulo believes that this experience changes peoples lives and often for the better.

"If you do like a JMU semester in London or Spain, obviously you can go to some other countries around there but it is nothing like this," Ian Squires, a junior international affairs major who also went on the voyage, said. "You are literally going all around the world."

**CONTACT** Chris Kent at kent2cm@dukes.jmu.edu.

#### **MLK** | Former New Orleans Mayor Marc Morial to speak at JMU on Jan. 19

#### from page A3

and will continue throughout the week with celebrations from the Alpha Kappa Alpha and Zeta Phi Beta sororities, university-sponsored community service events, a march and a "Speak Out" event, and the Formal itself at the end of the weeklong celebrations. Such wide diversity of events seems to be a hallmark of MLK Week at JMU, according to De'Shay Turner, associate director at the Center for Multicultural Student Services (CMSS).

"Every year, we feel the week is special, every year, we try and give it new energy, whether that be with the different programs that students are doing that week, whether it be with the community service we do at the end of the week, or with whoever we decide to bring in as our keynote speaker for the Formal Program," Turner said.

The Formal is viewed as a favorite among students.

"I was in [the Formal Program] in my freshman year ... It's really fun and we always have a really good speaker," Kiea Dixon, a junior music industry major said. "It's a good time, an inspiring time."

Former Mayor of New Orleans Marc Morial will serve as the keynote speaker for JMU's 2015 MLK Formal Program on Jan. 19. Morial currently serves as the president of the National Urban League, a New-York-based civil rights advocacy organization that "works to provide economic empowerment, educational opportunities, and the guarantee of civil rights for the underserved in America," according to the NUL.

"I've watched [Morial] and kept up with him from afar for a number of years, because I think he will be a voice that the students will appreciate hearing from," Valarie Ghant, director of the CMSS, said. "He was a Louisiana senator, he was the Mayor of New Orleans, he was the president of the Council of Mayors ... I think that because of that sort of energy, because he's passionate about young people, he's the kind of speaker we want to bring to JMU as someone who has followed the Civil Rights Movement, who has been passionate about his own work in communities and has not been just a talker, but a doer."

This year's keynote theme is "Never sleep on a dream — arise and take action!" which is based on a popular comment made by Steve Perry, a previous Formal Program keynote speaker at JMU. In his 2014 address, Perry quipped: "A dream without action is just sleep!" quickly earning him popularity both at JMU and on Twitter.

As JMU prepares to welcome Morial as 2015's keynote speaker, the level of enthusiasm appears to be on the rise among staff and students alike.

"We have a great mission to celebrate diversity throughout the community," Ghant said. "We have to understand our history so we can understand how far we've come."

**CONTACT** Evan McAllister at mcalliem@dukes.jmu.edu.



#### THE BREEZE IS LOOKING FOR News Writers for the 2014-2015 SCHOOL YEAR.

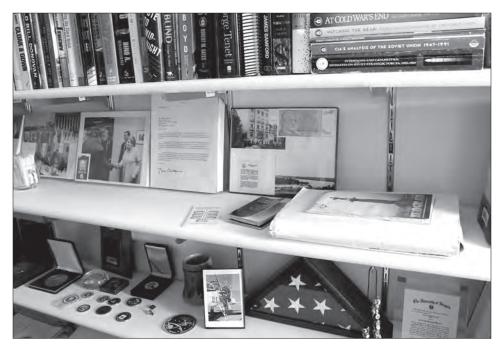
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e-mail breezenews@gmail.com to get started.

### **AGENT** Former CIA agent was part of team that put an end to genocide



Associate professor Timothy Walton's office is filled with memorabilia from his time in the CIA, complete with a passport that holds the memories of his travels around the world.

#### from page A3

On one occasion, Walton was in the CIA's photography lab getting a signature for his checklist. When he mentioned that he was on his way to Paris, the man who worked at the lab became excited and asked him to take pictures of the Eiffel Tower.

"The Eiffel Tower is one of the best known and most photographed monuments in the world and because it is so well-known they know exactly how high it is to the centimeter and there is a communications antenna on top of the Eiffel Tower which makes it a little higher, because they know the exact height, the CIA uses the Eiffel Tower to calibrate their satellites," Walton said.

Walton, who labeled much of his work as classified, also worked on the Dayton Accords, a peace agreement which ended the fighting in the Bosnian War in 1995. The death count stood between 100,000 and 110,000, but they're still digging up mass graves.

At first the CIA was hoping Europe itself could figure out a way to end the fighting.

"Sure enough, as the fighting went on and on and on and on, that the only way to settle this was for America to get involved and at least threaten to use force," Walton said.

The job of an intelligence analyst agent was to see how far the ethnic cleansing was going and decide whether the U.S. should step in and offer assistance. The satellite imagery showed that this wasn't a typical war scene.

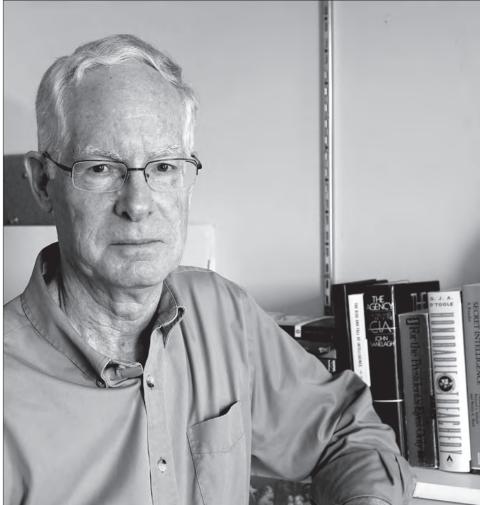
"No tank treads, no shell impacts. This is not earthquake damage," Walton said. "This is neighbors going house-to-house and killing their neighbors and blowing up their homes, and that is genocide. I got to be part of the teams that stopped that."

Walton brought his expertise to JMU, where he now wants to teach his students to be good problem-solvers.

"My job is to educate students on what the job is really like. Make sure they understand what the chances of them getting a job are," he said. "They can do it, but they are really going to have to work hard and are really going to have to be lucky."

Ryan Larson, a senior international affairs and political science double major, enjoyed having him as a teacher.

"He treats every student with the exact amount of respect that they pretty much deserve," Larson



PHOTOS BY SABRINA MCCORMICK / THE BREEZE

Walton worked on the Dayton Peace Accords, which effectively ended fighting during the 1995 Bosnian War. He also worked with the CIA to quell ethnic cleansing and bring a stop to problems of Bosnian genocide.

said. "So if you goof off in class, he is not going to talk to you as much. If you just come in class and sleep, he doesn't see any reason to respect that."

But for some students, Walton's lessons go beyond the classroom. "I've been to office hours with Dr. Walton many

times and we just sat and talked for an hour or so about his experiences," said Justen Silva, a senior international affairs major.

His colleagues also speak highly of him.

"I think because he has that 30-year background in the agency ... he has a quiet demeanor, and that is really part of the job," Edna Reid, a fellow intelligence analysis professor and retired FBI agent said.

Many are also drawn to the different perspectives he provides.

"So he is fun to talk to because he thinks always outside the box," Eric Maslen, the ISAT department head, said. "He is not stuck with whatever the obvious answer is. He is always challenging it."

**CONTACT** Courtney Wagner at wagnercg@dukes.jmu.edu.







#### **KEVAN HULLIGAN** | the war room

French political interest groups shouldn't try to use a national tragedy for their own gain

It's a sad state of

taking advantage

of a tragedy has

outcome, but it

affairs when people

become the expected

happens nonetheless.

suis charlie



The Charlie Hebdo massacre and the attack on a Jewish store in France last week were a disgusting, depressing and disheartening way to start off 2015.

Terrorists burst into the offices of the famous leftwing satirical newspaper on Jan. 7 and killed 12 people

before being killed by French authorities while trying to escape capture. Another two terrorists, who some believe were connected with the Charlie Hebdo attackers, killed four hostages in a Jewish grocery before police stormed the building and killed one of the attackers. At the time of writing, the second terrorist is still at large.

The next few weeks are going to be highly important for France and Europe as a whole, as cynical politicians and rabid extremists come out of the woodwork to spin these attacks to further their own political agendas. It's a sad state of affairs when people taking advantage of a tragedy has become the expected outcome, but it happens nonetheless.

Those responsible for these attacks against French citizens were monstrous gangsters of the highest order, but their hatred and anger must not infect the consciousness of the French people. It's up to them to look

through the false sincerity and fight to ensure that free expression isn't sacrificed to enhance someone's political power or to give credence to extremists who would tear them apart.

Continuing that sad trend, circling the dead like vultures, is the National Front. It's a farright anti-immigration political party that has started to slowly gain more and more support amongst the French people, which has translated to the party gathering seats in the

European Parliament in last year's elections. Their leader, Marine Le Pen, has already begun calling for the reinstatement of the death penalty in France, which hasn't been in effect since 1981. Her father and founder of the National

Front, Jean-Marie Le Pen, even sent out a tweet during the hostage situation at the Jewish supermarket displaying a pro-Le Pen poster. Of course, Marine Le Pen was upset that she wasn't person-

ally invited to attend the unity march that took place Monday.

The mere fact that she was unnerved about not receiving a personal invitation from French President Francois Hollande is a perfect indicator about how much she truly cared about the event. She only cared in so far as she was seen by the international media as being important enough to be present alongside Hollande leading the march

through Paris. Hollande publicly invited all citizens to attend, so she could have attended if she wanted to do so. Instead, she saw the march and the fallout from the attacks at Charlie Hebdo as an opportunity to give credence and voice to her disgusting and deplorable agenda.

Let's not kid ourselves here; as much as Le Pen wishes to scrub clean the image of her party to buffer her chances to enter the political mainstream, the National Front is a party that was founded by fascists and fascist-sympathizers to give voice to some of the most horrific ideas ever devised in political theory. Jean-Marie once called for segregation of HIV-positive citizens from the rest of society.

Freely available on the National Front website is a speech Marine Le Pen made in which she denounces the right of foreigners to vote. She has also publicly stated her willingness to institute a moratorium on all immigration in France.

I personally applaud Hollande for not giving credibility to fascist cretins and those who make personal agendas in light of something so terrible. Hopefully the trend of unity and inclusivity can continue, as the nations of the world carry on the struggle against terrorist violence.

Kevan Hulligan is a senior political science major. Contact Kevan at hulligkx@dukes. jmu.edu.

#### **ASHLEIGH BALSAMO** | sophisticated sass

### Is one **really** the loneliest number?

Next time you head out to a restaurant, take a good look around you and hungry when no one else is around to join us. focus particularly on anyone who's sitting at a table alone. Notice anything?

Don't get me wrong — I know how awkward it can be to be alone



More often than not, people who sit alone at a restaurant are probably on their phones or doing anything they can to not look as uncomfortable as they feel.

A few weeks ago, my roommates and I made plans to meet for dinner. I arrived a little earlier than we had decided, so I got a table and waited for them. I immediately grabbed my phone to distract myself until they showed up — but the moment I took it out of my purse, it died.

"Oh well," I thought to myself.

As I sat in the restaurant waiting for my friends to join me, I couldn't believe how the staff began to treat me. I had to assure my waiter multiple times that yes, my friends were actually coming, and no, I didn't need him to sit with me until they did.

It got me thinking about the stigma we have about sitting alone in restaurants. Have we really gotten that uncomfortable in our own skin that we can't be alone in public for more than a minute without reaching for a book or our cell phones?

I hadn't thought twice about waiting for my roommates until my waiter made it painfully obvious that my sitting alone without a phone in my hand was something out of the ordinary.

I went home and Googled "sitting alone in restaurants" and sure enough, the first few things that popped up were tips on how to do so successfully.

Is it really that big of a deal? Everyone's got to eat, and sometimes we're

in a place where everyone else is with people. It always seems like they're staring at you (even though let's face it, they're probably not) and we usually want to do whatever we can to let these strangers know that we don't mind sitting alone.

But if we were actually fine with sitting alone in public, would we really need to grab something to keep us occupied? Probably not.

I know that I'm not innocent in this, either. My first instinct is to glue myself to my phone or laptop while I'm grabbing lunch alone on campus, or even if I'm just waiting to meet up with someone.

Now that this behavior has been brought to my attention, I've been making a conscious effort to sit down without reaching for my bag the second that I do.

It's taken a bit of trial and error, but I would say that I'm significantly more comfortable now after realizing that sitting alone in restaurants really isn't that big of a deal.

Next time you're feeling hungry but none of your friends are free for lunch, just fly solo without thinking twice.

Trust me, it can actually be relaxing to be alone with your food and your thoughts.

Ashleigh Balsamo is a junior media arts and design major. Contact Ashleigh at balsamap@dukes.jmu.edu.

KELSEY HARDING / THE BREEZE



Darts & Pats are anonymously submitted and printed on a space-available basis. Submissions creatively depict a given situation, person or event and do not necessarily reflect the truth. Submit Darts & Pats at breezejmu.org

A "you-had-all-break" dart to all my teachers for informing us of the books that we need during the first day of class. From a student who can't believe that you expect us to read for next class.

#### A "thank-you-for-renewing-my-faithin-humanity" pat to the cheery Route 14 bus driver who picked me up at the stoplight

by Memorial so I wouldn't have to walk the rest of the way in the snowy cold. From a now very warm and very thankful education student who hopes to meet more

people out there who act out of pure, heartfelt

#### An "l'm-planning-your-demise"

dart to the pigeons in the Forbes parking deck who poop on literally every car they can manage.

From a senior who won't miss the stack of car wash receipts due to you flying, pooping buffoons.

An "I'm-'bout-it" pat to each member of the COB 300 Antwerp Squad.

From a junior who's ready to start his management classes after an amazing semester abroad.

A "you-made-my-day" pat to the guy who brought me a comfy chair when he saw me sitting on the floor studying in Carrier.

From a second-semester nursing student who needed that pick-me-up.

> LIFE EDITOR LIFE EDITOR SPORTS EDITOR .....

COPY EDITOR COPY EDITOR .

SPORTS EDITOR .....

#### An "I'm-trying-to-study-here" dart

to the very rude SGA members racing chairs and throwing balls on the third floor of Warren Hall.

From a fellow Duke trying to study in the airport lounge. Thanks for the obnoxious amounts of noise.

A "keep-it-up" pat to Kelsey Gilchriest for striving to see that JMU finally recognizes American Sign Language as an actual language. From one of the \*four\* students

enrolled in CSD 421 last semester.

A "thank-you-so-much" pat to the Route 15 bus for being on time on the first day of classes.

From a formerly disgruntled student who has been sick of waiting for the bus.

#### Editorial Policies The Breeze 1598 South Main St.

Harrisonburg, VA 22801 breezeopinion@gmail.com

The Breeze welcomes and encourages readers to voice their opinions through letters and guest columns. Letters must be no longer than 250 words. Guest columns must be no more than 650 words.

kindness.

The Breeze reserves the right to edit submissions for length, grammar and if material is libelous, factually inaccurate or unclear. The Breeze assumes the rights to any published work. Opinions expressed in this page, with the exception of editorials, are not necessarily those of *The Breeze* or its staff.

Letters and guest columns should be submitted in print or via e-mai and must include name, phone number, major/year if author is a current student (or year of graduation), professional title (if applicable) and place of residence if author is not a JMU student.

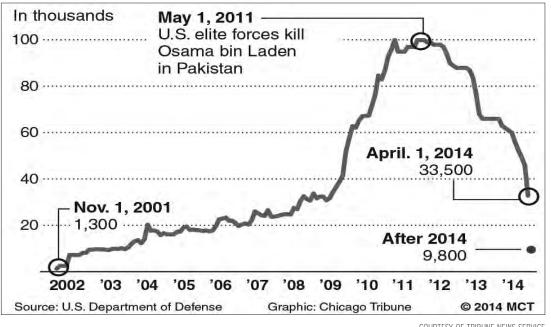


"To the press alone, chequered as it is with abuses, the world is indebted for all the triumphs which have been gained by reason and humanity over error and oppression."

#### — JAMES MADISON, 1800

ROBYN SMITH RICHIE BOZEK	VIDEO EDITOR PHOTO EDITOR PHOTO EDITOR ART DIRECTOR GRAPHICS EDITOR	HOLLY WARFIELD JAMES CHUNG AMANDA ELLISON
MARTA VUCCI		

### The Afghanistan War: A retrospective, 13 years later



COURTESY OF TRIBUNE NEWS SERVICE

This graph shows the number of U.S. troops stationed in Afghanistan from the war's beginning to its recent end in December.

The war in Afghanistan recently ended, concluding the longest war in America's history. It signifies the end of the one constant variable that has been a part of all of our lives, in various degrees, for 13 years. Some of you may have only been 5 years old when the war started.

During those 13 years, we grew accustomed, and even numb, to the deaths named in daily papers and online. It's 2,213 names to be exact. I sincerely hope that these names were unknown to you, and if not, then I am deeply and truly sorry for your loss.

The next figure is 20,065, which more of you may have been affected by. This is the amount of American soldiers injured during the war. Unfortunately, we have learned that the Veteran Affairs office has done a poor job in assisting those who gave their country everything.

Yet, this statistic is misleading because it does not take into consideration those who suffer from post-traumatic stress disorder (PTSD). According to the VA, 11 to 20 percent of Afghanistan war veterans will suffer PTSD sometime in their lives, an additional obstacle in their attempt to assimilate back into society.

short of achieving its goal of building a cohesive, liberal state that rejects the Taliban. Yet, this goal was unachievable in the first place. It's foolish to attempt to measure a goal that will take decades to complete with a yardstick that only has 13 years on it.

If we were to examine this yardstick in realistic terms, however, the U.S. and the international community have accomplished a significant amount. Afghan life expectancy has increased from 47 to 62 years, the highest increase in a single decade ever recorded by the United Nations. During the Taliban's regime prior to the war, only 10 percent of Afghans had access to health care. Now 65 percent of Afghans have access. Lastly, under the Taliban, only one million boys were able to go to school.

I think it's disturbing that 55 U.S. soldiers died in Afghanistan in 2014 and some people in the U.S. didn't even know we still

Currently, seven million boys and girls have access to education, giving them a chance to not only have dreams, but providing them with the education to achieve those dreams.

Clearly, there are more facts to both sides of this debate that have not been mentioned. Some of you may have your mind set in stone about how you feel about the war and whether it was a "success" or "failure." Regardless of the facts that support your opinion, this war will have been lost if we as a society do not give the utmost respect to those who served to protect our inherent values and if we do not demand that they receive their just benefits. I think it's disturbing that 55 U.S. soldiers died in Afghanistan in 2014 and some people in the U.S. didn't even know we still had troops in Afghanistan. LIAM BARRETT letter to the editor

### Muslims aren't all extreme

Islamophobia is rampant among Americans, and it's about time we end it

A recent poll conducted by the Arab American Institute concluded that the public perception of Muslims has steadily declined. This is surely a result of the atrocities committed by the Islamic State of Iraq and the Levant (ISIL), as the public sees or hears about gruesome executions. This brings up something that we as Americans need to address

There is a difference between religion and extremism. Most live as regular citizens, as most people of every other faith do. There are always the outliers, and we have to acknowledge that these are the ones who condone terrorist acts, and they do not represent their culture. It would be the same as if a Christian priest praised an extremist of the same faith for bombing an abortion clinic.

The average Muslim walking down the street is no more motivated by violence than the average Christian or atheist.

To combat Islamophobia in the U.S., we need to consider the principles this country was founded on. The First Amendment guarantees a citizen's freedom of religion. This was a belief held by the Founding Fathers deeply enough to be included in the Bill of Rights. Therefore, impeding on one's beliefs in such a manner as defacing a mosque should be considered distinctly un-American.

There is a difference between religion and extremism. Most live as regular citizens, as most people of every other faith do. There are always the outliers, and we have to acknowledge that these are the ones who condone terrorist acts, and they do not represent their culture.

One trillion is a number

that most of us know, since it's the number used by the media and politicians to describe the spending over the past 13 years in Afghanistan. Since the official end of the war, there have been numerous, and seemingly pointless, debates about whether or not the trillion dollars made the war a success or failure. It appears that there are more voices that rally around the latter, but for some obvious reasons.

For one, the Taliban, the organization that harbored Osama bin Laden and allowed for 9/11 to occur, still has a presence within the country and continues to commit atrocities. It's also well known that fraud and corruption are rampant within the country. The Special Inspector General, a federal audit agency, monitored a little over \$100 billion of the one trillion spent, and concluded that "billions of dollars of those funds had been wasted or stolen on the projects that often made little sense for the conditions in Afghanistan."

It's easy to see why many view the war as falling

had troops in Afghanistan.

The war may be over, but past, current and future soldiers will be negatively affected. A little less than 10,000 of them will remain in Afghanistan until 2016 with a contingency in place that they can remain until 2024.

It's all but inevitable that more of our own brothers, sisters, mothers, fathers, aunts, uncles and loved ones will die for us.

Michael Garcia is a public administration graduate student. Contact Michael at garci2ma@dukes.jmu.edu.

Personal liberty is valued so highly in this country, yet members of a religion feel bullied into not being open about their faith.

There is no simple answer to solving extremism. Beliefs are too deeply held to be swayed by some college kid. But we have to start somewhere.

Liam Barrett is a junior intelligence analysis major.

#### **ROBYN SMITH** The Breeze

N.E.T.F.L.I.X recommendation of the week

#### TV: "Friends" (1994-2004) 10 seasons All on Netflix

If anyone is so deep in doubt about starting "Friends" that they need to read a newspaper recommendation, then I hope I can persuade them, because the choice is already pretty clear.

Do you like witty oneliner jokes? Do you enjoy challenging stereotypes? Do you believe that everyone has a lobster? At the very least, do you find Jennifer Aniston attractive? If you answered "yes" to any of the above questions, put "Friends" at the top of your list.

When I was six years old, I watched "Friends" while hiding on my basement stairs because my mom told me I was too young. Now, after the show's been off the air for 10-and-a-half years and I no longer have to hide, I can truly say that I've been a lifelong fan.

"Friends" taught me that the family you choose is sometimes better than the family you share a name with, as well as the equally relevant lesson that sometimes it's okay to eat cheesecake off the floor. This show both made me laugh so hard I cried and cry so hard I never thought I would laugh again. Now that it's on Netflix, the whole world can truly appreciate it.

There are ordinary TV shows, and then there's "Friends." Do yourself a favor and press play. Just remember that it's not smelly cat's fault.





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'Into the Woods' movie review, page B2

EDITORS Lauren Hunt & Robyn Smith EMAIL breezearts@gmail.com

– Thursday, January 15, 2015

**B1** 

### Warming hearts one pastry at a time

Downtown Harrisonburg's newest bakery has a homemade artisan vibe

#### **By DOMINIQUE LATEGANO** *The Breeze*

It's a cloudy day in January and rain slides down the windows of Heritage Bakery & Café, located on South Main Street. Inside, owner Isabelle Treciak is busy baking, and the warm smell of coffee mixes with the voices of Frank Sinatra and Ella Fitzgerald. French décor surrounds small coffee tables, allowing visitors to surf the complimentary Wi-Fi while enjoying the soup of the day or a sandwich made with bread from Staff of Life, a local bakery.

"The ambience is perfect for catching up with a friend or getting some work done," junior nursing major Moriah Brillhart said. "It has the feel of a cozy coffee shop while offering affordable, creative and delicious lunch options."

Located inside the historic Hardesty-Higgins House, Heritage Bakery &

"Originally we wanted to

name the cafe 'Brioche'

which is a sweet French

Horseshoe.' Because we

are part of the visitor's

something to go with the

history of the place so

they picked 'Heritage.'"

**Isabelle Treciak** 

Heritage Bakery & Cafe

owner and JMU alumna ('12)

we gave them a few and

center we needed

bread, or 'The Golden

Café shares a space with Harrisonburg Tourism and Visitor Services. Isabelle Treciak, a 2012 JMU alumna, opened the café on Jan. 2 with the help of her mother, a "phenomenal baker" who will be joining her in March.

The idea for the café started with Treciak's love for baking. Her father, Chef Francis Trzeciak, was

"born in France, accent and all" and owns the Birchrunville Store Cafe, an intimate French-Italian style café in Birchrunville, Pennsylvania. Treciak has been baking for "as long as she can remember," learning from her mother and helping out in the Birchrunville Store Cafe bakery.

Now with a bakery of her own, Freciak is able to bring the jov she finds in baking to the budding culinary district in downtown Harrisonburg. "I came to visit for the first time on Saturday and tried the butterscotch bundt cake, it was so amazing," Julia Kovalenko, a local waitress at Earth & Tea Cafe, said. The butterscotch bundt cake recipe featured on Heritage Bakery & Café's menu is from Birchrunville, but most recipes are simply "recipes we loved growing up," Treciak said. Many recipes have also been adapted from Smitten Kitchen, a favorite online food blog of Treciak.

Homemade granola, cranberry orange cinnamon buns and blueberry muffins are staples at the cafe. The coffee is a strong brew from

Luca's Roasting Company's beans, located in Broadway, Virginia, and is served in French-inspired red and white ceramic cups. Look closely and you might notice the similar pattern of the cup matching the fabric pattern on the partition wall.

Grab a coffee to go and you'll notice a hand-stamped critter on the white paper coffee cup. It's little quirks like the hidden animals throughout the café that give the café a unique feel.

The little critters hiding throughout the shop are a favorite of Treciak's and she plans on having a scavenger hunt with a pastry prize or warm cup of coffee for anyone who can complete it.

"We have a lot of animals; there's a squirrel up there, a pig down

there on the mat," Treciak said, pointing around the cafe. "It's just a little game, but life is short, you have to have fun with it!"

On a chalkboard near the door the signature jackrabbit squirrel sits next to an oversized acorn, with the words Heritage Bakery & Café sketched neatly in white chalk, drawn by local artist Lynda

Bostrom. "Originally we wanted to name the cafe 'Brioche' which is a sweet French bread, or 'The Golden Horseshoe," Treciak said. "Because we are part of the visitor's center we needed something to go with the history of the place so we gave them a few and they picked 'Heritage."

Heritage Bakery & Café plans to become part of the downtown culture by participating in First Friday, hosting local musicians, poets and featuring local artists. Treciak is ready for spring, when she will decorate the outside patio with yellow umbrellas and twinkle lights as soon as weather permits. "I've been here six or seven years, first at James Madison and then just working part time jobs at restaurants," Treciak said. "I worked at a retirement home until I realized it wasn't my cup of tea. I didn't really know what I was going to do with my life, but I was figuring it out like everybody does."







Heritage Bakery & Café is open from 9 a.m. to 5 p.m. offering breakfast, lunch and freshly baked goods. **CONTACT** Dominique Lategano at lategada@ dukes.jmu.edu.

LAUREN GORDON / THE BREEZE

TOP Heritage Bakery & Cafe owner and JMU alumna Isabelle Treciak ('12) stirs pastry mix. LEFT Many of the bakery's recipes were adapted from Treciak's father, also a baker. RIGHT Young patrons look over the display case.



### **AMBER** | Experience inspires freshman survivor to pursue nursing



MARK OWEN / THE BREEZE

Freshman Amber Boutchyard was diagnosed with Hodgkin's lymphoma last semester. She was scheduled to recieve four cycles of 21 days of chemotherapy treatment and recieved her final treatment on Dec. 18.

#### from front

healthy teenager, have such a disease?

"We really didn't know what [Hodgkin's] lymphoma was," Gil said. "It wasn't until the doctor used the word 'cancer' that we knew how serious this was."

Hodgkin's lymphoma is cancer of the lymphatic system, which is a part of the body's immune system. The symptoms may be seemingly minor, such as fatigue or weight loss. In Boutchyard's case, the swelling of a lymph node was a more obvious sign of the cancer.

After receiving her diagnosis, Boutchyard began experiencing headaches, exhaustion and loss of appetite. She spent the following weeks in the hospital getting scans and medical tests.

"All I kept thinking about was how I didn't want to miss classes or leave JMU," Boutchyard, a freshman nursing major, said.

Boutchyard had been excited to attend JMU since her early admission decision in 2013.

"I didn't even apply anywhere else. I knew that I was in love with the school and I was going to go here no matter what," Boutchyard said. "I knew that I had to get back to school."

Dr. Sadhna Shankar of the Pediatric Oncology department at Inova Fairfax Hospital in Falls Church, Virginia, contacted Boutchyard and her family to transfer her care to Inova. Boutchyard began chemotherapy, a treatment that uses chemical drugs to kill cancer cells, on Sept. 23. Though the treatments help reduce the amount of cancer cells in the body, they can also cause patients to experience further sickness.

Boutchyard was scheduled to receive four cycles of 21 days of chemotherapy treatment. Doctors first implanted a port into her chest that would help the intravenous drugs travel through her main arteries, disperse throughout her body and eventually reach the cancer cells. Boutchyard received the first, more intense chemotherapy treatments overnight in the hospital.

"They had one IV hooked up to the chemo drugs and another that put fluids to counter the bad effects of the drugs," Boutchyard said. "I was always connected to something."

Though the treatments weren't daily, Boutchyard spent many of her "rest" days between the treatments in the hospital recovering from the drugs. The treatments left Boutchyard physically ill and exhausted. Focusing on her goal of returning to JMU for spring semester kept Boutchyard positive during the treatments.

"The nurses that I became closest with were all from JMU. They were so nice and helpful. They really cared and made me want to get back to school even more."

#### **Amber Boutchyard**

freshman cancer survivor

"I had the days all counted in my head; four cycles of 21 days meant that I'd be done in time for spring semester," Boutchyard said. "But I kept getting so sick from the treatments that they'd get pushed back. I started getting down thinking that I might not be able to finish in time."

She received support from friends and family, including her cousin Lauren Foard, who stayed with her in the hospital.

"Lauren kept telling me that this was all temporary," Boutchyard said. "She was positive during it all. We'd joke that she was my roommate."

Further support came from Boutchyard's professors and classmates. Her GWRTC professor, Cathy Copeland, organized a package of get-well cards to remind Boutchyard of JMU during her treatments.

ABOUT

arm or chest.

**HODGKIN'S** 

LYMPHOMA

According to the American Cancer Society, Hodgkin's lymphoma is a cancer that starts in white blood cells called lymphocytes, which are part of the immune system. Hodgkin's can affect both children and adults. It can start at almost any place in the body because of the extensiveness of the lymphatic system, but most commonly starts in the neck, under the

The American Cancer Society estimates that in 2015 there will be 3,950 new cases of Hodgkin's in females and 5,100 new cases in males. Survival rates for Hodgkin's have significantly improved over the last few decades because of the advancement of treatment options. The one-year survival rate for Hodgkins is 92 percent, the five-year rate is 85 percent and the 10-year survival rate is 80 percent.

Freshman biology major Lidiana Melaku was Boutchyard's first roommate at JMU in Chappelear Hall.

"It was really devastating at first, but Amber is so strong and I didn't doubt that she would overcome her cancer and come out not only stronger, but an even more beautiful person," Melaku said.

The medical care that Boutchyard received at Inova impacted her life beyond the treatments.

The nurses that I became closest with were all from JMU," Boutchyard said. "They were so nice and helpful. They really cared and made me want to get back to school even more."

This experience at Inova lead Boutchyard to change her major from business to nursing.

"After going through all of this I know nursing is something I am passionate about," Boutchyard said. "I definitely want to work in [pediatric] oncology. I think the experience has made me tougher and I'll know what the kids are going through."

Boutchyard received her final chemotherapy treatment on Dec. 18 and was given medical approval to return to class on Jan. 6. The chemotherapy drugs remain in the body for months after treatment, so Boutchyard was still experiencing side effects just days before returning to school.

But the proud Duke has spent her time back at JMU catching up with friends and settling into her home.

"Iwasalittleworried that maybe being back at JMU wasn't going to be as great as I had been expecting, but as soon as I stepped foot on campus I knew I was in the right place," Boutchyard said. "It's just impossible to be here and not feel happy."

**CONTACT** Natalie Miller at millernk@dukes.jmu.edu.

**MAKEUP** Artist uses the faces of fellow students as her canvas

#### movie review





HOLLY WARFIELD *| THE BREEZE* 

Kati Deyerle sits in a mirror-lined dressing room. Some makeup can take up to 15 hours and others may only take two, depending on how intricate the look is or what processes are necessary.

#### from front

Hecate, the goddess of witchcraft from Shakespeare's "Macbeth," using five different looks: runway, theatre, editorial, film and horror.

In order to create realistic contours and wrinkles for Hecate's horror look, Deyerle made a lifecast, or 3-D mold, of Amarante's face. This process involved covering Amarante's head and face with alginate, a molding material often used in dentistry to create replicas of the human mouth. After the mold dried, Deyerle then used clay to construct the specific shapes that would give Hecate the aged look and witch-like features Deverle envisioned. Then, she used latex to generate these shapes in a way that they could be applied to Amarante's face. After applying these 3-D elements, Deverle used makeup to add shadows, highlights and other details such as veins.

The work she did, not only in its range, breadth and quality, is remarkable," said Pam Johnson, a professor in JMU's School of Theatre and Dance whom Deyerle has worked with closely. Johnson described Deyerle as a "quiet and respectful student" and said Deyerle's positive spirit and enthusiasm epitomizes the essence of the theatre department.

Deyerle's love for special effects makeup began the summer before she entered third grade when she watched "Lord of the Rings: Fellowship of the Ring" for the first time.

"I said, 'I want to do that forever,' because it was the first time I had seen makeup on that scale to that quality," Deverle said. "After the movie was over I watched every behind the scenes feature and read everything I could find about it online."

Throughout high school, Deverle continued to teach herself new techniques using online tutorials. On picture day of her senior year, Deyerle walked into to school wearing makeup that looked as if she had a black eye and a busted lip. As a result, she was sent to the office and the guidance counselor. The photographer even apologized to her when she got in front of the camera.

"I love seeing the reactions I can get from people," Deyerle said. "I think I definitely have a dark sense of humor.'

In the spring, Deyerle will direct JMU's production of Donald Margulies's "Shipwrecked!"

"I am very enthusiastic and I have a very professional edge to me," Deyerle said. "So I think being a director is a good fit because you have to have a strong idea and a strong vision for what you want to see."

### the woods yet?

'Into the Woods' movie adaptation fell short at the end

#### **By MIKE DOLZER** The Breeze

A storybook kingdom brimming with music and magic on the edge of a mystifying and menacing forest is where this "once upon a time" tale begins. This is no ordinary town however, as fairy-tale favorites Cinderella, Little Red Riding Hood, Rapunzel and Jack (from "Jack and the Beanstalk") are all present for the fantasy musical comedy, "Into the Woods" adapted from the Broadway hit by Stephen Sondheim and James Lapine.

Their stories are woven together by the protagonists, played by Emily Blunt and future "The Late Late Show" host James

Corden, a loving couple who runs a bakery in an unnamed village. Their only wish is to have a baby, but the baker's family line has been cursed with infertility by the not-so-friendly (awful) neighborhood

witch, played by the always impeccable Meryl Streep.

The witch orders the bakers to venture into the woods to gather four ingredients to help her regain her beauty: a slipper made of the purest gold, a cow as white as milk, hair as yellow as corn and a cape as red as blood. The couple has three days to complete this journey and then they will be rewarded with a child. In the process of gathering of these items, the couple runs into the various characters who possess them, which provides for both comedy and essential character development.

These interactions and the piecing together of classic stories are where the movie really finds its footing. Every actor was skilled and convincing and the score and special effects were breathtaking. Corden was a breakout and Anna Kendrick sparkled as Cinderella. Yet, there were a few plot issues which greatly affected the quality.

One individual story I had the most problems with was Little Red Riding Hood's, mainly because of Johnny Depp's Big Bad Wolf character. Considering his stardom, the producers weren't going to physically dehumanize him too much, but the result was a slightly hairy Depp with claws and

ears. Seeing this human-like character sing and slobber about devouring a little girl was creepy on many levels and far too dark compared to the rest of the movie. By leaving Depp fairly recognizable, the producers set up a situation that reeked of pedophilia and cannibalism.

I also had an issue with Jack's story. Much like the original fairy tale, Jack grew his beanstalk and climbed it to a promised land populated by intimidating giants. Jack stole a harp, golden egg and other treasures from the giants, then killed the male giant by cutting the beanstalk down. When his wife came looking for the boy who slayed her husband, the other characters helped hide him, then killed her. I have always thought

#### "Into the Woods"

PG-13 124 min. Starring Chris Pine, Meryl Streep, Anna Kendrick

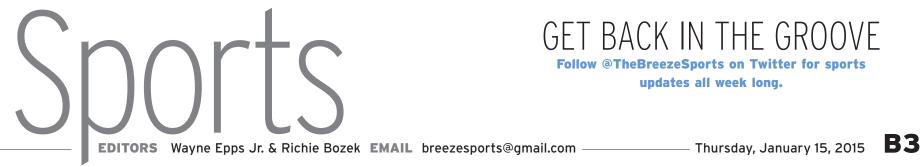
that this was a morally corrupt story, but the fact that two giants were slain and more people were involved in it makes me question why it was even in this movie. What are children supposed to learn

from this story anyway? The only moral I see is, "If you're going to steal, you better be willing to murder too."

The final issue I had with this film was the last quarter of it. This two-hour movie was Oscar-quality in every single aspect — even with its aforementioned pitfalls - until the last nine minutes. More characters were killed, which seemed to be just for the sake of killing, and there was more singing, which at this point was working my nerves. The movie would have been phenomenal if it ended after 90 minutes, because it felt like a natural place to end with some form of resolution given to most of the problems.

This was sad to me because an amazing movie was tainted with 30 minutes of useless side-plots and senseless violence. I was very disappointed that they mucked up the ending so badly. The other pitfalls could have been overlooked, but the overkill here just left me with an overall sense of 'meh.' Much like Taylor Swift, I was very ready to get out of the woods.

Mike Dolzer is a freshman writing, rhetoric and technical communication major. Contact Mike at dolzermj@dukes. jmu.edu.



#### WOMEN'S BASKETBALL (13-2)

### A thousand times 'yes!'

1,000th win marks milestone in rich history of women's basketball at JMU



COURTESY OF JMU ATHLETICS COMMUNICATIONS

JMU coaches and players celebrate the program's 1,000th win on Jan. 6 at the Convocation Center. The Dukes became just the third program in Division I to reach the 1,000 wins mark.

#### By WAYNE EPPS JR. The Breeze

Amid a flurry of purple and gold streamers at the JMU Convocation Center last week, the Dukes celebrated something only two other women's basketball programs in the country can boast.

A win over the University of North Carolina Wilmington on Jan. 6 made JMU just the third program in NCAA Division I history to reach 1,000 total wins. It's a journey that dates back to the Dukes' inaugural seven-game season in early 1921.

"Tremendous feat, tremendous feat," head coach Kenny Brooks said after the win. "It doesn't even sound right until you have to say it over and over again. We have 1,000 victories, 1,000 victories in program history. And to be a part of that is very special."

Only the University of Tennessee's 1,261 wins and Louisiana Tech University's 1,050 wins are ahead of JMU. Tennessee began play in 1903. Louisiana Tech's program dates back to 1975.

The Dukes' path to 1,000 is one steeped in rich tradition. Basketball at JMU began when the school was known as the State Normal and Industrial School for Women at Harrisonburg. Under the direction of coach Althea Loose Johnston, JMU played its first game on Jan. 29, 1921, a 33-13 win at Bridgewater College.

Johnston, who was one of JMU's original faculty members in 1909, went on to coach the program for 22 years, the longest tenure of any JMU women's basketball coach to date. She compiled a 106-35-5 record over that time. And while the seasons she coached were all 10 games or fewer. Johnston led her teams to six different undefeated seasons, helping to establish a winning tradition for JMU basketball.

"She had to be good at what she was doing based on the numbers and her win-loss record," former JMU head coach Sheila Moorman said.

At the same time, Johnston was the head of the physical

education department from 1919 to 1947 and a professor until 1951. Johnston Hall is named in honor of her and her husband, James C. Johnston, who was also a professor at the school.

Over the next 26 years, JMU had 11 different head coaches, none coaching for more than eight seasons. The program went 69-55 over that time, leading up to head coach Betty Jaynes' inaugural season in 1970.

Milla Sue Wisecarver, the former assistant director of IMU athletics communications, worked with the women's basketball program for almost four decades before she retired in 2013. She started while still a student at JMU, with Jaynes at the helm of the team.

"She really was a big part in laying the groundwork for women's basketball at every school, not just JMU," Wisecarver said of Jaynes. "And, of course, that growth impacted JMU as well as everybody else."

#### WOMEN'S BASKETBALL'S JOURNEY TO 1.000 WINS

#### JANUARY 28, 1821 -

JMU, then called the State Normal MARCH 8, 1942 and Industrial School for Women at Harrisonburg, plays its first basketball game. Under the with a record of 106-35-5. direction of head coach Althea Loose Johnston, the team picked up a 33-13 win at Bridgewater College.

#### JANUARY 8, 1971 -

Johnston coaches her last game at Head coach Betty Jaynes wins her first game at Madison JMU, finishing her 22-year career College. Jaynes was an important national figure for women's basketball. She posted a 144-114 record over 12 years of coaching at JMU before going on to run the new Women's Basketball Coaches Association.

#### MARCH 16, 1991 -

Win No. 511 is perhaps the biggest in program history, as JMU upsets top-ranked Penn State University 73-71 in the second round of the NCAA tournament.

#### JANUARY 6. 2015:

JMU wins its 1,000th game in program history, defeating the University of North Carolina at Wilmington 74-57 at home.

DECEMBER 15.

#### MANCH 8, 1940 -

JMU, now known as Madison College, wins its 100th game in program history with an 18-13 victory over what's now Longwood University. The win also concluded Johnston's sixth undefeated season as a head coach.

The 1975 Association for Intercollegiate Athletics for Women National Championship tournament is hosted by Madison College in Godwin Hall. Jaynes was the tournament director. The championship game between Delta State University and Immaculata College was one of the first nationally televised women's basketball games.

MABCH 15-21.1975 -

#### NOVEMBER 21, 1982 -

Replacing Betty Jaynes, head coach Sheila Moorman wins her first game, defeating Ithaca College 76-61. Moorman went on to become the winningest coach in JMU history with a 302-134 record over 15 years.

#### MARCE 1995 -

JMU wins its first Colonial Athletic Association championship with a 66-62 victory over East Carolina University. A week and a half later, JMU wins its first NCAA tournament game, beating Providence College. Three days after that, the Dukes upset the University of Virginia 71-62 to reach the Sweet 16.

#### **JANUARY 26,** 1991 -

The Dukes win their 500th 2002 game in program history, beating George Mason University 48-42 at home.

Kenny Brooks wins his first game after being named interim head coach about a week earlier. Brooks was officially hired as head coach on March 21, 2003 and now is quickly approaching Moorman's all-time wins mark with a 294-114 record to date

KELSEY HARDING / THE BREEZE

#### **SWIMMING & DIVING**

### Dukes looking to make a splash this semester

Back from Florida, swim and dive team prepares for the start of the spring season



SAM TAYLOR / THE BREEZE

Interim swimming head coach Dane Pedersen addresses the team at Tuesday's practice in Godwin Hall.

#### **By FORREST DEAL** The Breeze

While many students use winter break to relax, the JMU varsity swim and dive team uses it to head south and put in some crucial work ahead of the spring season.

Every year the team takes a training trip to Boca Raton, Florida. This year, the team spent nine days training, enduring two swim practices nearly every day. There was one practice in the morning and one in the afternoon, plus some weight and dry land training added in as well. While the team benefits physically from the tough training, the trip also serves as a refresher.

"Training trips act as a mental escape for our swimmers," interim head coach Dane Pedersen said. "They don't have to worry about school and their regular routine. They can just focus on swimming and enjoy the nice weather."

One of the additional benefits aside from the training is the team bonding. The team has built-in breaks throughout the trip where they find activities to do together.

"We get to spend a lot more time with each other so we grow closer as a team," senior butterfly swimmer Melissa Criscuolo said. "For example, one morning we did yoga on the beach which was a lot of fun."

It could be hard for a team to come back to the daily grind of school and training after an enjoyable training trip. The Dukes, however, are determined to on keep their focus high throughout the remainder of the season.

They have four regular season meets left against Liberty University, the University of Richmond, Campbell University and a College Cup hosted by the University of North Carolina at Chapel Hill.

The Dukes haven't had a meet since the end of November, and Pedersen says his swimmers are "anxious" to get back on the blocks to race some fresh competition. The five-week gap hasn't stopped the Dukes from making sure they are ready for their January and February meets.

"We simulate racing every day during practices," Criscuolo said. "I try to emphasize, especially to the freshman swimmers, to take advantage of every opportunity to race in practice that you can. At this point in the season we have put in most of our endurance work, so the focus now is preparing

#### WOMEN'S BASKETBALL (13-2)

### Guard makes impact from the jump

Junior Ashley Perez returns to the court after sitting two semesters due to NCAA transfer rules

#### By ROBERT WILLIAMS The Breeze

Throw transferring from one school to another and playing Division I basketball into the mix and the challenges of college become that much bigger. But junior guard Ashley Perez did just that.

Perez left St. John's University in December 2013, ending up at JMU not long after. Growing up, basketball wasn't a huge focal point in her family, but Perez was introduced to the game at a young age and never looked back.

Lily Figueroa, Perez's mother, was the first to notice her talents and take action.

"I had to be like 5 years old," Perez said. "We started with one of those Fisher-Price hoops. I would just throw the ball, it would go in and I got excited. No one in family really played basketball ... [my mom] supported me and saw that I was good at something. She got me into every basketball league possible."

Hailing from Manchester, Connecticut, Perez attended Manchester High School and finished her high school career with an average of 20.5 points per game.

During her junior year of high school, she led the state with 24.3 points per game and averaged nearly the same her senior year.

Following that success, Perez decided to take her talents to Queens, New York, to play for St. John's.

Nevertheless, head coach Kenny Brooks' words and constant effort in persuading her to play at JMU stayed on her mind. She was left with a very tough decision to make.

"It was actually very heartbreaking when I called and told [Brooks] that I was accepting St. Johns' scholarship," Perez said. "I was ready to cry. It was hard for me too."

At St. John's, she came off the bench and saw action in 22 games her freshman year. She was a part of the St. John's run to the NCAA tournament in 2013.

After playing seven games her sophomore year, starting six and averaging 26.4 minutes per game, Perez decided to transfer based on JMU's successful program and Coach



Junior guard Ashley Perez transferred to JMU from St. John's University in Queens, New York last January. She made her debut for the Dukes on Dec. 15, scoring nine points.

Brooks' heavy recruitment.

With that being said, JMU was always in the picture prior to her enrollment into any college.

'Well, it really started before she went to St. John's," Coach Brooks said. "We were one of her finalists out of high school. It came down to us and St. John's, and I recruited her heavily.'

To Brooks' excitement, Perez found herself at JMU for the remainder of the spring 2014 semester. Because of NCAA rules, she was ineligible to play until after the fall semester and redshirted the remainder of last season and the first semester of this season.

"I knew that if I was leaving St. John's, I [knew] I wanted to come to JMU because of such a great impact Coach Brooks had had on me when he was recruiting me," Perez said. "We're very close, but when we're on the court it's business time."

Perez made her JMU debut on Dec. 15 against Ohio University, and has contributed right away. In just seven games, she's averaging 9.7 points per game and 25.4 minutes per game.

"I think she's played well," Brooks said. "I [think] she's come in and done a great job for us. She's given us some energy; she's given us some toughness and I like what she's doing.'

According to junior guard Angela Mickens, Perez is constantly working to get better and enjoys playing with her, and sometimes against her.

"It's great. I call her my 'Ka-Bam' and I'm the 'Ka-Boom," Mickens said. "She's an ankle-biter, loves to play defense, a hustle player, and loves to foul; but, we're working on it. Ashley's a gym-rat, [she] loves the gym, and will stay in it all night if she could."

With JMU getting deep in conference play, the Dukes (13-2, 4-0 Colonial Athletic Associaton) will use Perez's spark off the bench as they look to capture another CAA title. The team is back in action tonight at Elon University (10-5, 3-1 CAA).

**CONTACT** Robert Williams at willi2rj@dukes.jmu.edu.

### **WBB** | JMU is in special company with just Tennessee and Louisiana Tech



#### from B3

Jaynes was one of the pioneers and advocates of women's basketball and Title IX, and left JMU in the early 1980s to become the first executive director of the Women's Basketball Coaches Association

While at JMU, Jaynes was the tournament director of the 1975 Association for Intercollegiate Athletics for Women Large College Basketball Championship tournament, hosted in Harrisonburg. The AIAW was a league for women's sports established in 1971 before women's sports were accepted into the NCAA.

As a student, Wisecarver coordinated media coverage of the 1975 AIAW tournament and did color commentary for the broadcast of the national championship game, which was one of the first nationally televised women's basketball games and, according to the WBCA, the first national championship sellout in modern women's basketball.

"It was very exciting," Wisecarver said, "Even

ranking, won its first Colonial Athletic Association championship and won its first two NCAA tournament games, including an upset over the University of Virginia to reach the Sweet 16.

"I think what we did in the '80s and '90s was absolutely pivotal to where the program is now," Moorman said.

Moorman went on to guide the Dukes to six NCAA tournament appearances, four CAA titles and finished her career in 1997 with the most wins of any JMU women's basketball coach - a final record of 302-134.

Brooks coached his first game for JMU almost six years later. JMU's 1,000th win was Brooks' 292nd career win, as he's quickly approaching Moorman's wins total with a record of 294-114 including the Dukes' most recent games.

Things came full circle again for the two when Moorman joined the Dukes on the court after their 1,000th win. They alone oversaw 596 of JMU's now 1,002 wins to date.

"To be able to have Coach Moorman coming ut on the floor, it was special, it was special Brooks said.

THE BREEZE FILE PHOTO

Former players Kerri Gilmore and Vicki Harris celebrate another one of JMU's marguee victories, a 73-71 upset of top-ranked Penn State University in the 1991 NCAA Tournament. The Dukes reached the Sweet 16. without the publicity, the exposure you would have these days. To know you are hosting a national championship in Godwin Hall. It was a very exciting time, and everybody was very pleased and spent a lot of time and effort in making sure [the tournament] was well-run."

Jaynes finished with a 144-114 record, coaching at JMU from 1970-82. But she wasn't the only influential figure at JMU at the time. Leotus Lee Morrison, appointed associate athletic director at JMU in 1971, also helped to found the AIAW and coached multiple sports at JMU including three total seasons of women's basketball in the 1950s and 1960s

Jaynes' last season, 1981-82, was also JMU's first in the NCAA after the NCAA picked up women's sports. The next season, Moorman became head coach.

'When Sheila Moorman took over the program, we had just been through two 6-18 seasons," Wisecarver said. "And I remember her looking back with her assistant coach and kind of laughing about that they were going to not have a 6-18 season, and they did the first year. But very quickly turned it around. And to be with the program when Shelia was coaching, just extraordinary with those NCAA teams."

After Moorman went 6-18 in her inaugural season in 1982-83, JMU went 13-15 in 1983-84 before averaging 26 wins per season over the next five years. In 1986 alone, JMU earned its first national

For this year's team, now 13-2 overall and a perfect 4-0 in the CAA, the history certainly is not lost. Ninety-four years after the first JMU team suited up, standing on the court and seeing the streamers rain down while holding up four signs representing the number 1,000 is something this squad will always remember.

"If feels good to be part of a story," junior guard Angela Mickens said afterward. "And I made sure I told [the] freshmen that too. They may not have played a lot, but to be able to, 10 years down the road and say, 'Mommy did it' to one of their, either daughter or son, that's a big thing, a big thing."

Moving forward, JMU's place on the all-time wins list is a token that Brooks has and will continue to bring to the table on recruiting visits. JMU is in special company with a Tennessee program with eight national championships and a Louisiana Tech program with two.

And the current and future Dukes will seek to continue the program's winning tradition set by their trailblazing forebears.

"I don't see any reason why it should not continue to be a highly successful mid-major," Moorman said. "I think we're one of the best mid-majors over time and on an annual basis in the country."

**CONTACT** Wayne Epps Jr. at breezesports@gmail.com.



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### New coach looks to start new season on right foot

Head coach Chereé Hicks already having positive impact on track and field team

#### **By PETER CAGNO** The Breeze

First year women's track and field coach Chereé Hicks has been around the block before. Named JMU's new head track and field coach in September, Hicks hopes to use her 14 years of coaching experience to lead JMU to success.

Hicks replaced Ta' Frias as head coach after Frias was promoted to JMU's director of track and field and cross country last summer. Over the last two years at Northern Michigan University, Hicks led her student-athletes to 17 school records and coached three NCAA Division II All-Americans. Prior to her time at NMU, Hicks spent several years as an assistant track and field coach at the University of Miami, Syracuse University and Portland State University. While at Syracuse, Hicks coached the Orange to nine Big East Conference Championship individual titles.

Now in Harrisonburg, Hicks said that JMU is a combination of all of the good things at each of her previous schools.

"The town has been very welcoming, the campus has been very welcoming," Hicks said. "I love the staff that I work with and I love the student-athletes."

Hicks' team-first mentality is what she believes track and field is built upon and is what her student-athletes love so much about her coaching style.

"Coach Hicks is very enthusiastic and she really tries to get us all to come together as a team and is very big on supporting each other," sophomore distance runner Carol Strock said.

Strock believes that there are big things on the horizon for the team and that Hicks is the catalyst for them reaching their full potential.Team cohesiveness is a huge part of Hicks' philosophy of the sport.

"Everyone coming together as a team and trying their best and leaving it all on the track is what we strive for," Hicks said. "Everything we do is for the team. It's why we compete, it's why we go to **CONTACT** Peter Cagno at cagnopx@dukes.jmu.edu

class, it's why we give it our all at practice, for the team." Being not only a coach, but also a mentor to her student-athletes

is a top priority to Hicks. "She makes practice fun and is very open," sophomore sprinter and hurdler De'Ana Forbes said. "We can go to her with anything,"

While her expertise is in throwing, Hicks is also certified in jumps, sprints, hurdles and relays. Her wide range of talent makes her very resourceful to everyone on the team.

"She is able to provide technical support as well as mental support," Forbes said. "She understands everything."

Forbes believes that although the team is already a tight-knit family, Hicks will only bring them closer together as the season progresses.

Hicks is not only concerned with making her athletes better, but also constantly strives to become a better teacher.

"It is still a living, breathing project," Hicks said. "Every day I'm trying to get better so I can allow my kids to get better," Hicks said. As the Dukes dig into their indoor season schedule, Hicks is making sure to not take anything lightly.

"Everyone in Division I is on our radar, we're not overlooking anybody," Hicks said.

JMU opened the season at the Navy Winter Invitational last week. Forbes joined freshman Aereale Scott as an Eastern College Athletic Conference qualifier in the 60-meter hurdles. Strock was also one of the top performers, finishing first in the 1,000meter run.

But for Hicks, winning isn't always the most important thing. "The only goals and expectations I have are for everyone to come

out and give it all they've got-that's a success to me," Hicks said. Next up for the Dukes is the Kentucky Invitational in Lexington, Kentucky this Saturday. The team has one home meet this season, the JMU Invitational on Saturday April 18th at University Park.

PHOTO COURTESY OF JMU ATHLETICS COMMUNICATIONS

Sophomore distance runner Carol Strock finished first in the 1,000-meter run in the Navy Winter Invitational on January 8.

#### **SWIMMING** | Dukes start spring season against Liberty on Saturday

#### from page B3

your body to race."

The Dukes' final regular season dual meets will lead up to the Colonial Athletic Association championship swim meet on Feb. 25 to 28 in Richmond, Virginia.

"Right now is the countdown to the CAA meet," junior freestyle swimmer Camilla Czulada said. "We try to keep each other motivated through practice during this last stretch by reminding each other that our individual performances affects the team's results. It makes our team more of a signal unit instead of looking at it as an individual sport."

The upperclassman try to impart the dealaf@dukes.jmu.edu.

team-comes-first mentality, particularly to the freshman swimmers. Freshman swimmers typically come from club swim teams in high school where the focus can be more geared toward individual performance.

The Dukes look to continue their team attitude through the rest of the season and into championships. The Dukes have finished second at the CAA meet the last two years after winning the championship back in 2012.

JMU kicks off the spring season on Saturday, hosting Liberty University in Godwin Hall's Savage Natatorium.

**CONTACT** Forrest Deal at

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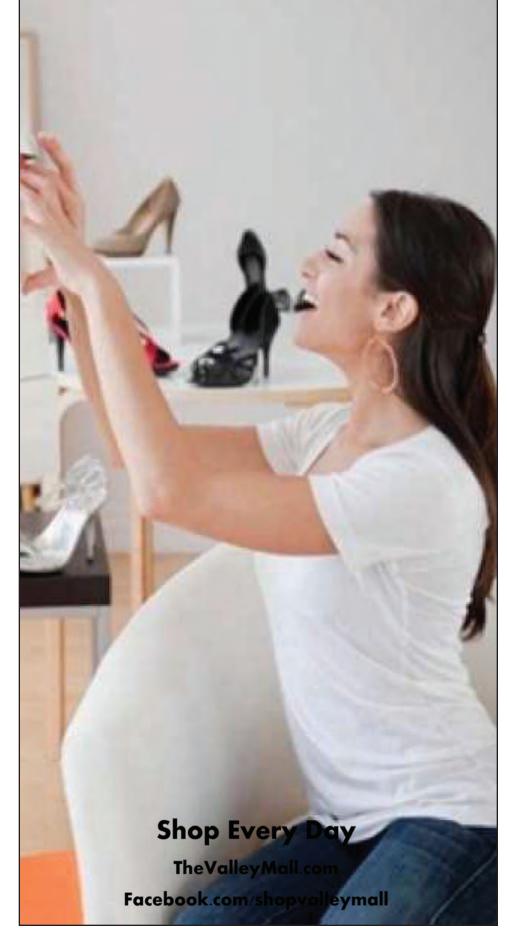
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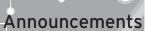
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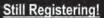
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