

The Breeze

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Disorder in dominance

JMU wins despite six turnovers

By **BENNETT CONLIN**
The Breeze

Through two games, JMU's offense had ran circles around the opposition — the Dukes led the Football Championship Subdivision with 665.5 yards per game. Entering Saturday's Colonial Athletic Association matchup with the University at Albany, the question arose: Who can stop the Dukes' potent attack?

The answer: only themselves. The Dukes struggled in the first half as they were tied with the Great Danes at 14 points at halftime. But the Dukes outscored Albany 28-14 in the second half as they cruised to a 42-28 victory. JMU moved the ball effectively in the first half, amounting to 285 total yards of offense, but it shot itself in the foot with five first-half turnovers, all committed by redshirt senior quarterback Vad Lee. Lee, normally one of the most dependable players for the Dukes, made mistake after mistake to limit the Dukes' scoring opportunities. "[Lee] didn't have a very good day today," head coach Everett Withers said. "Everybody's gonna have a bad day."



ERIN WILLIAMS / THE BREEZE

The Dukes run onto the field prior to their 42-28 victory over the University of Albany Saturday afternoon at Bridgforth Stadium.

Lee turned the ball over six times on the day with five interceptions and a fumble. With experience playing at Georgia Tech University as well as JMU, Lee has experienced multiple highs and lows over his career. Saturday, Lee's steady confidence helped his teammates remain calm and believe they could get things fixed.

"[Vad was] telling us we're going to go back out and get a touchdown," redshirt sophomore running back Cardon Johnson said. "He was real positive."

In the second half JMU only committed one turnover and Lee began to limit his mistakes. The Dukes racked up 340 yards in the second half.

While JMU didn't play up to its standards, it still found a way

see **FOOTBALL**, page 7

JMU VS. ALBANY		JMU total yards 625
42 final score	28	first time 600+ yards in three straight games in program history
first time 40+ points in three consecutive games since Nov. 2008		JMU turnovers 6
Career highs Saturday		Interceptions 5
sophomore RB Khalid Abdullah 143 YARDS		Through 3 games, all records
junior RB Cardon Johnson 134 YARDS		1956 yards
Vad Lee moved up the record books		153 points
Career passing touchdowns 4TH (38)		100 first downs
Career passing completions 5TH (348)		

KELSEY HARDING / THE BREEZE

Students plan to see the pope

Members of Catholic Campus Ministry anticipate coming visit

By **MORGAN LYNCH**
The Breeze

For some college students, 21st birthdays mean a fun night out with friends, but one JMU student is planning on spending his big day with the pope.

Gian Gonzalez, a senior economics major and president of JMU's Catholic Campus Ministry, turns 21 on Sept. 26, and his birthday wish will come true when he travels with two friends to see Pope Francis in Philadelphia.

"He is a living witness of hope," Gonzalez said. "He is bringing joy to the millions of Catholics; to those who feel excluded, who need love or who need justice."

Pope Francis is visiting Washington, D.C., New York and Philadelphia from Sept. 22 to 27. He'll be the fourth pope to address the United Nations, the third to meet with a president during a visit to the United States and the first to speak in front of a joint session of Congress. The last pope to visit the U.S. was Pope Benedict XVI in 2008.

Tickets to see the pope in D.C. are available to district locals through their churches, the Latino Catholic community and members of the House of Representatives. However, The World Meeting of Families in Philadelphia is open to the public.

Pope Francis is an inspiration to Gonzalez because he encourages people — young people especially — to keep going, despite any struggles that they've been through.

"With Pope Francis, there is a revival of faith and more so of love," Gonzalez said.

Pope Francis is also an inspiration to other Catholic

see **POPE**, page 4



New Politics performs fall concert

Head-banging

DANIEL STEIN / THE BREEZE

LIFE | 8



LOREN PROBISH / THE BREEZE

A yoga class was held on the Quad last Friday to raise money for New York's Memorial Sloan Kettering Cancer Center.

Turning a corner

Graduate student raises nearly \$4,000 for cancer center

By **ROBYN SMITH**
The Breeze

When her father died of cancer, Ellie Tansey was a freshman at JMU in 2005. She studied communication, she ran on the cross country team and she wanted to be a broadcast journalist.

After he died, Tansey transferred to Rutgers University in New Brunswick, New Jersey, for her remaining three years of college to be closer to her hometown of Rockaway, New Jersey.

Now, 10 years later, Tansey is a second-year graduate student at JMU in the physician assistant program. Though it's a shift from broadcast journalism, it's what she's most passionate about.

"I'm thinking of working in oncology because it's such a vulnerable period of time for these people and to be able to provide them with medical care and also

to have that bedside manner to give patient support," Tansey said.

As of Sunday, Tansey had raised \$3,698 for Fred's Team, a national group of marathon runners raising funds for Memorial Sloan Kettering Cancer Center, a cancer research facility in New York where Tansey's father was treated 12 years ago. Tansey has been a runner her whole life, but never trained for this large a cause. Her goal was originally \$3,500, but after surpassing that milestone, it's now listed as \$4,000 on the website.

Though not at the point in her training where she could qualify for the TCS NYC Marathon on her own, running with Fred's Team allows her to participate, as long as she raises enough money. Anyone can race with Fred's Team if they meet the fundraising requirements.

see **TANSEY**, page 9



GOING VIRAL

JMU a cappella group's cover of "Pretty Hurts" gets national media attention

LIFE | 9



CLEAN SWEEP

The Dukes win JMU Invitational

SPORTS | 10

TODAY WILL BE

Showers

62° / 56°

Chance of rain: 60%



The Breeze

Serving James Madison University Since 1922

1598 S. Main Street
Harrisonburg, VA 22801
PHONE: 540-568-6127
FAX: 540-568-7889

MISSION

The Breeze, the student-run newspaper of James Madison University, serves student, faculty and staff readership by reporting news involving the campus and local community.

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EDITOR-IN-CHIEF

WAYNE EPPS JR.
breezeeditor@gmail.com

MANAGING EDITOR

LAUREN HUNT
breezepress@gmail.com

NEWS DESK

breezenews@gmail.com

LIFE DESK

breezearts@gmail.com

SPORTS DESK

breezesports@gmail.com

OPINION DESK

breezepinion@gmail.com

COPY DESK

breezecopy@gmail.com

PHOTO

breezephotos@gmail.com

VIDEO

breezevideo@gmail.com

SPECIAL PUBLICATION
HUNTER WHITE

ADVERTISING MANAGER
MITCHELL MYERS

ASST. ADVERTISING MANAGER
MICHAEL VESPA

CREATIVE DIRECTOR
CHRISTINE HORAB

ASST. CREATIVE DIRECTOR
BETHANY ADAMS

MARKETING & CIRCULATION
MANAGER
CHARLEE VASILIAKIS

AD DESIGNERS
CAROLINE DAVIS
BERNADETTE FITZGERALD



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Computer Science Career Fair @ ISAT/CS 259, 10 a.m. to 3 p.m.
International Bazaar featuring bands and a Korean food truck @ The Commons (Rain location: Madison Union Ballroom), 11 a.m. to 3 p.m.
Dark & Stormy Starry Monday Nights @ The Artful Dodger, 4 to 9 p.m.

American Cuisine: The International Melting Pot @ Festival Patio (Rain Location: Highlands Room), 12:30 p.m. to 1:30 p.m.
Graduate School Fair @ Festival Conference and Student Center, 4 to 7 p.m.
JMU Jazz Chamber Ensemble @ The Artful Dodger, 7 to 9 p.m.

Music: Choro Livre @ Duke Hall Art Gallery, 12:30 to 1:30 p.m.
Italian Cuisine: Where the Americas and the Arab World meet @ Madison Union 405, 5 to 7 p.m.
International Week Trivia Night @ Beyond, 50 West Water Street, 8 to 10 p.m.
Music: Dorthia Cottrell @ The Golden Pony, \$5, 9 to 11 p.m.

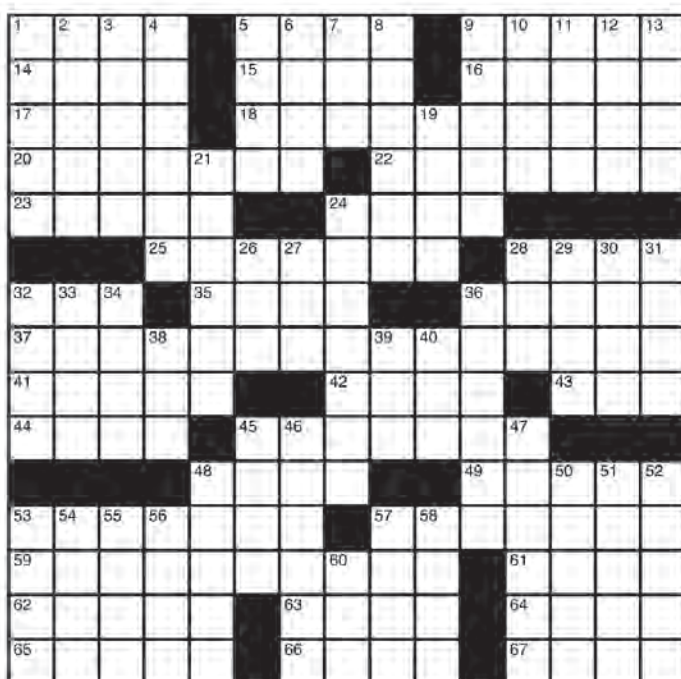
Take a Ride, JMU: Cycling Fair @ Newman Lake, 11 a.m. to 2 p.m.
Internship 101 @ Student Success Center 3270, 3 to 4 p.m.
Lecture: Landmines, Bosnia, and the Legacy of Princess Diana @ Festival Grand Ballroom, 6:30 to 8 p.m.

Missing something? Send us your events at breezecopy@gmail.com.

Los Angeles Times Daily Crossword Puzzle

Edited by Rich Norris and Joyce Lewis

- ACROSS
1 Light fog
5 "No ifs, ___s"
9 Italian city known for a shroud
14 ___acte
15 Come in last
16 Have ___ in the hole
17 Make laugh in a big way
18 "Pickled peppers picker
20 Deodorant choice
22 Raised one's glass to
23 Play lightly, as a guitar
24 Greek X's
25 Walked stealthily
28 Bandleader Artie
32 TV network with an eye logo
35 Reclined
36 1970s New York mayor Abe
37 "Miss Manners' concern
41 Classroom assistants
42 In unison, in music
43 Paranormal ability, for short
44 MD's "pronto"
45 Very, very old
48 Mailbox opening
49 Energy
53 Proud member of a select group
57 Breathe
59 "Clog-clearing company
61 Some old radios
62 Love to pieces
63 Grandkid spoiler, often
64 Cookie grain
65 Clearing-in-the-woods shelters
66 Breaks off
67 Water slide user's cry



By Scot Ober

9/21/15

- DOWN
1 Flat-topped lands
2 Coastline recess
3 Fab Four drummer Ringo
4 "Compete, as for a role
5 Purina dog food brand

- 6 Christmas carol
7 Annual reason to reset clocks: Abbr.
8 Do a slow burn
9 Spanish appetizers
10 Les États-___
11 Hanging on every word
12 Slurpee alternative
13 "The Big Bang Theory" type
19 ___rage: PED user's aggression
21 Expresses happiness
24 Address book entry
26 Golf goal
27 Even score
28 Understand
29 Detest
30 Pts. and qts., for two
31 Cry one's eyes out
32 Tax pros
33 London native, informally
34 Fizz in a gin fizz
36 ___Aires

Thursday's Puzzle Solved



©2015 Tribune Content Agency, LLC 9/21/15

- 38 Shelter adoptee
39 Dictator Amin
40 Canadian prov. bordering Vt.
45 "Just want to add ___"
46 Nary a soul
47 "Typewriter area, letterwise, for the answers to starred clues
48 Stable studs
50 Biblical prophet
51 Chatter endlessly
52 "Steppenwolf" author Hermann
53 Part of Q.E.D.
54 Miner's bonanza
55 "Bring ___!": "Let's fight!"
56 Civil suit cause
57 Tear violently
58 Gay Nineties and Roaring Twenties
60 Almond-colored

WORLD NEWS

Taiwan and China tensions arise

McClatchy Washington Bureau

TAIWAN — The Presidential Office Building in Taipei isn't easily mistaken for other buildings — it's an ornate Baroque-style structure that dates back to 1919 and is capped by a 200-foot-tall tower.

In July, China held a military exercise that included an assault on a building that — based on video from the mainland — closely resembled the presidential offices in Taipei.

Overnight, the anxiety thermostat in Taiwan spiked. Many saw it as evidence that a real military invasion of their island could be in the works.

"There was a building that looked exactly like our president's office," Hsia Li-yan, minister of Taiwan's Mainland Affairs Council, said in a recent interview. "What else could I think?"

Relations between Taiwan and China are less volatile than they were a decade ago, and strong economic ties serve as a hedge against hostilities. Yet the status quo could be shaken as soon as January, when Taiwan voters elect a new president.

Recent polls indicate a possible landslide victory for Tsai Ing-wen, who heads the Democratic Progressive Party and is far less friendly to Beijing than Taiwan's current president, Ma Ying-jeou.

Beer festival near refugee crisis

McClatchy Washington Bureau

GERMANY — The central rail station is a maze of eager but confused young men with backpacks and exhausted families with overstuffed luggage holding what's left of their worldly possessions. They collapse against walls, squat on benches or pace, trying to figure out how to navigate new lives in this medieval city.

Walking under banners proclaiming "Willkommen zum Oktoberfest" (Welcome to Oktoberfest) and a McDonald's ad that proclaims "Your hunger ends here," they represent but a small piece of what has been called the European refugee crisis. But that is seen in Munich and much of Germany as a chance to reinvent a nation.

As many as 1 million refugees, primarily from Syria, are thought likely to settle in Germany this year. So far in September, this Bavarian city of 1.5 million has taken in an estimated 70,000 refugees.

And the city appears to have taken them in with little trouble. A hastily organized but large group of volunteers and federal workers has made sure that each arriving refugee has found a roof, a bed and, especially for the children, plush toys and cookies.

The group was put together so quickly that it's yet to get an official name, says its spokesman, Colin Turner. The vests that the volunteers now wear are labeled simply "refugee aid Munich."

China's leader set to visit US

McClatchy Washington Bureau

CHINA — He's been called China's most all-controlling leader since Chairman Mao, and he is arguably the world's most powerful current head of state. Yet as Xi Jinping prepares to travel to the United States for a highly choreographed visit, his vulnerabilities — and those of the country he leads — are coming to the fore.

In just the last three months, China's stock market has tanked, and concerns over the slowing Chinese economy have rocked global markets. Industrial accidents have killed scores of Chinese citizens, including 165 who died in last month's explosion in Tianjin. Both the stock market crash and the Tianjin tragedy have shaken the faith of Chinese people in their government.

Meanwhile, Xi has launched two separate crackdowns — against corrupt officials and liberal dissenters — that have made him few friends in the state bureaucracy and among China's educated elite.

The Chinese leader, he said, has "struck the pose of a tough guy" in foreign affairs; sidelined his rivals and peppered his speeches with rhetoric about fulfilling "the Chinese Dream."

"But in terms of real policies to improve the economy, to reduce the gap between rich and poor, he hasn't done much," said Lam, an adjunct professor at the Chinese University of Hong Kong.

Cash running out for European Crisis

McClatchy Foreign Staff

SWITZERLAND — The outpouring of sympathy of concern for the plight of hundreds of thousands who've fled the Syrian civil war to reach Europe has not translated into financial support for international humanitarian aid intended to help the refugees still in the countries that border Syria.

U.N. officials this week said that their calls for contributions to provide food, shelter and clothing to the estimated 12 million Syrians displaced by the conflict, including 4 million who've fled to Jordan, Lebanon and Turkey, remain largely unanswered.

Adrian Edwards, a spokesman for the U.N. High Commissioner for Refugees, told McClatchy that to date his agency has collected only 41 percent of the \$4.5 billion the agency says it needs to provide assistance to Syrians in neighboring countries.

"Clearly the growing funding crunch for humanitarian operations in the Syrian region is becoming a growing concern," Edwards said. "Support for refugees and communities there is vital for maintaining a sustainable asylum situation for the millions of refugees in that region."

The Program reported that it had cut by half the value of vouchers that it provides to 1.3 million Syrians in the region.

Compiled from Tribune News Service. Service.

NATIONAL NEWS

Apple versus Samsung: Samsung loses

San Jose Mercury News

SAN JOSE — In what may be a symbolic legal win, a federal appeals court blocked the sale of an older line of Samsung smartphones found last year to have copied key technology in Apple's iPhones.

The U.S. Federal Circuit Court of Appeals, in a divided 2-1 ruling, backed a permanent injunction sought by Apple that would force Samsung to remove the copied features from the devices or take them off the shelves. Samsung has indicated that it could do such a "design around," but had urged the Washington, D.C.-based appeals court to reject the bid for an injunction in the ongoing patent war between the two tech giants.

In the second trial between the two companies, a jury in 2014 determined that Samsung violated two Apple patents, including its popular slide-to-unlock feature on iPhones, and awarded Apple nearly \$120 million in damages. That came after a first trial in 2012 that ultimately resulted in Apple claiming more than \$500 million in damages for Samsung's patent violations on even older smartphones and tablets.

Health officials hope for better flu season

McClatchy Washington Bureau

WASHINGTON — As flu season looms, this year's updated vaccine promises better protection against the previously undiagnosed strain that hit older Americans and children especially hard last winter, a top federal health official said Thursday.

Though flu vaccines are normally expected to be 50 to 60 percent effective, last year's vaccine proved only about 13 percent effective in combating that season's predominant strain — a mutated form of the virus Influenza A or H3N2, according to Dr. Tom Frieden, director of the Centers for Disease Control and Prevention.

Because last year's unexpected strain didn't emerge until September — after the season's vaccines had already been produced — it "was very poorly matched with last year's vaccine strain," Frieden told a news conference sponsored by the National Foundation for Infectious Diseases.

University of California revisits free speech

Los Angeles Times

BERKELEY — It's been a half-century since the Free Speech Movement was born on the steps of Sproul Hall at the University of California, Berkeley, inspiring nationwide protests and creating the principle of unfettered expression on campus.

UC regents debated a modern-day sequel: how to allow for free speech while protecting students against profanity. A proposed new policy against intolerance was criticized by some regents and Jewish groups as too weak in dealing with what they contend are rising numbers of anti-Semitic incidents on campuses. Others complained that it went too far and would stifle dissent.

The UC regents withdrew the controversial policy statement and launched a new effort to rewrite it over the next few months. The task ahead for UC will be closely watched nationally. Increasingly multicultural universities want to be seen as a welcoming place for all students — even as the Internet and social media make it easier for students to disseminate offensive and racist views.

Pope Francis's visit will find pomp and politics

McClatchy Washington Bureau

WASHINGTON — Pope Francis' arrival in the United States this week will drive politicians and interest groups on each side of America's political divide to claim him as one of their own.

They may well discover that nobody puts the pontiff in a political corner. That's not to say political Washington won't try.

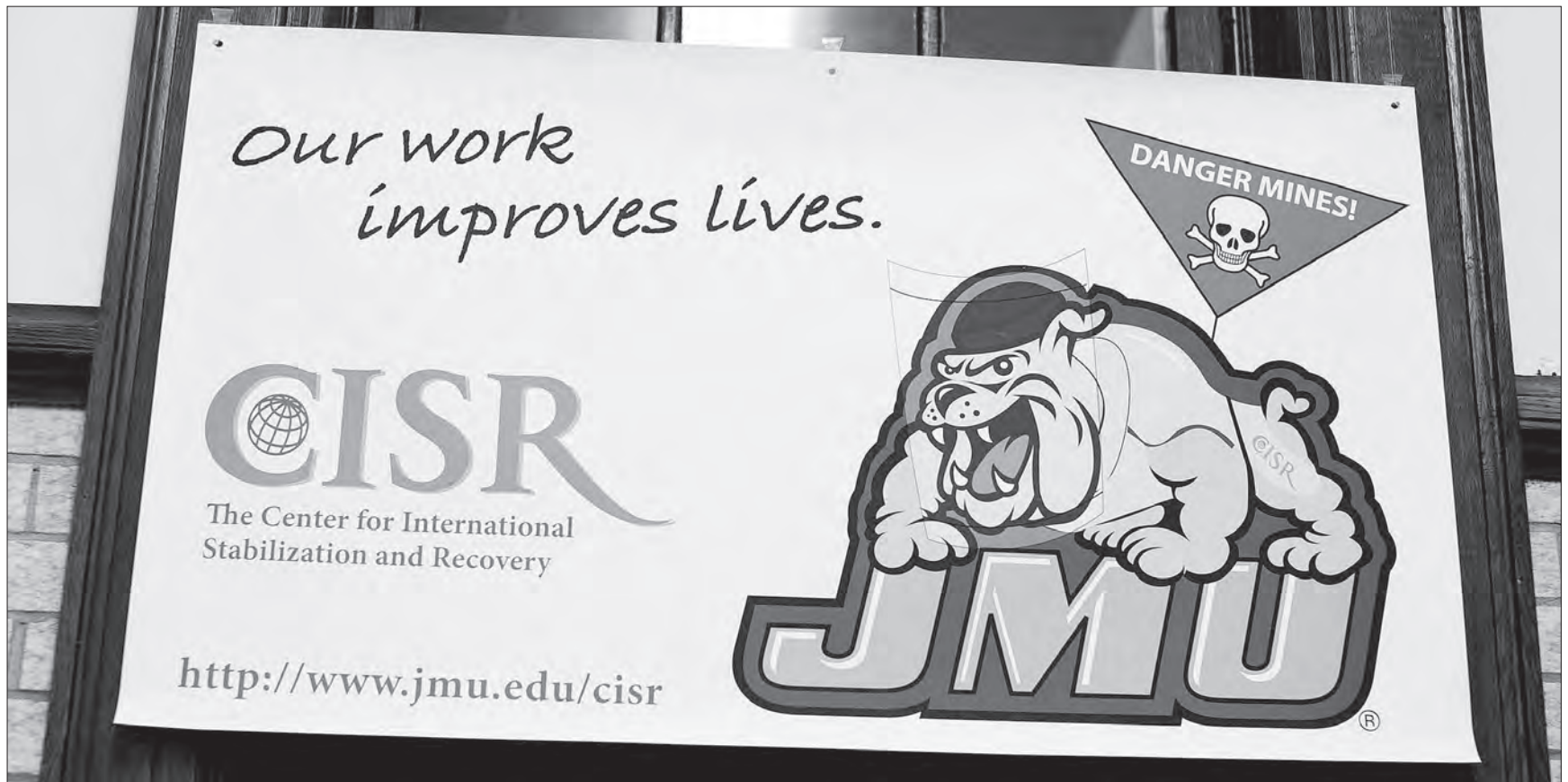
"This pope is a very independent figure and we know from his previous travels that we don't know what he's going to say until he says it," said Charles Kupchan, senior director for European Affairs at the White House National Security Council. "In that respect, we are fully expecting that there are some messages with which we may respectfully disagree or have differences."

At first at least, Washington's political problems will give way to pomp and ceremony at the White House and on Capitol Hill for the popular pope.

Compiled from Tribune News Service.

Program provides management training

Members of the Center for International Stabilization and Recovery, and faculty, travel overseas to teach course



MARK OWEN / THE BREEZE

The Center for International Stabilization and Recovery is located on the first floor of Wilson. Several members of CISR and faculty members are teaching a senior management course to international leaders in Hanoi, Vietnam from Monday until Oct. 9. Seminars will be led by Associate Director of CISR Suzanne Fiederlein and three professors from the College of Business.

By **CHRIS KENT**
The Breeze

For about three weeks, starting Monday and ending on Oct. 9, several members of JMU's Center for International Stabilization and Recovery (CISR) will be 8,845 miles away in Hanoi, Vietnam, teaching a senior management course to international leaders.

Located on the first floor of Wilson Hall, CISR "develops and executes projects concerning post-conflict recovery efforts around the world through innovative and reliable research, training, information exchange, and direct services," according to its website.

The course, which had traditionally been taught at JMU, is going abroad for the fourth time and will be tailoring the seminar to the specific needs of Myanmar (Burma), Cambodia, Laos, Sri Lanka, Thailand and Vietnam. The course is dedicated to helping post-conflict, landmine-stricken regions set up the proper administrative models

to support the various non-governmental organizations who work to remove them. The course will involve teaching the leadership qualities, teamwork skills and proficiency skills required of senior level management. At the end of the course, the NGOs will present what their efforts have done in the region.

The various seminars are going to be led by Suzanne Fiederlein, the associate director of CISR, along with three professors from the College of Business — Fernando Pargas, Paula Daly and Matt Rutherford — who will be attending and teaching representatives from various NGOs. Pargas, a management lecturer, immediately clicked with the CISR program when he came to JMU eight years ago.

"I am passionate about working with people from around the world," Pargas said. "Especially doing things that are really meaningful in terms of how can we engage the university, what we do for a living, in a small way that can help prevent deaths, mayhem, tragedy, drama, etc."

During the course of the program, the participants will go on field trips to sites impacted by mines to see how work in the field is conducted. The seminar will travel to the Quang Binh and Quang Tri provinces of Vietnam from Oct. 3 to Oct. 8 to see what techniques organizations in the area are using to operate.

The trip will take all the participants from the course and show them how different organizations function in hopes of sharing ideas and learning from one another.

Both governmental organizations and NGOs will be in attendance. These organizations aid in mine removal and care for the victims of unexploded ordinances. These groups, like Project RENEW and Cambodian Mine Action Center, are sending their administrative staffs to learn more proficient management techniques.

"We try to have it so there are different kinds of people from different countries, different organizations, NGOs,

see **CISR**, page 4

A marketable conversation

New JMU professor discusses marketing and its importance



LOREN PROBISH / THE BREEZE

Janna Parker, a professor in the marketing department began her career in campaigns and research before coming to JMU.

By **JAMIE SIMPKINS**
contributing writer

The start of the school year means a fresh start, not only for first-year students, but for new faculty as well. Janna Parker is a new professor in the marketing department. She received a Bachelor of Arts degree in history from California State University, Sacramento, as well as a Master of Business Administration from Cameron University and a Doctor of Business Administration in marketing from Louisiana Tech University. Parker started her career in political campaigns and has conducted research in areas of sustainability and retailer advertising. She is teaching Strategic Internet Marketing, a senior-level course.

You're a professor of Strategic Internet Marketing. For those not in the business world, what does this mean?

With Internet marketing, there is the side of it that is the IT (Information Technology) part, which consists of jobs such as writing the codes. There's also the creative, strategic side that works with an organization, whether it's a company or a nonprofit, and [its] overall goals. We're seeing that it's important for companies to have an online presence, integrated with their offline

activities. In this class, students learn how to look at websites and make their own websites using a drag-and-drop platform. They also become skilled in email marketing and social media campaigns. [Students] will work in groups to create strategic social media plans for some local businesses. This is an experiential project that also gets to help the community.

Why do you think marketing is such an important field right now?

Not only is marketing about providing information, but it's about providing value to customers and to stakeholders. When we look at marketing, people sometimes have a negative view. It's not about trying to trick people into buying things they don't need. In that case, you have hurt your reputation, and they are not going to come back as a repeat customer. Marketing is about finding what your customer's needs are, and then finding ways to fulfill those needs. Advertising is just one small part of it.

What stood out the most in your experiences at other universities you've attended?

Back when I was an undergraduate, education was a one-way form of communication. Professors mostly got up at the front of the class and lectured. I think we have changed in education, adopting a philosophy of engaging with students and the experiential learning. Students are involved in their education and are not just passive learners. That's why James Madison was such a great fit for me; that philosophy here is also how I teach my classes.

What was the most important lesson you learned as a student?

I learned that sometimes students look at general education classes, and think, "Why am I taking this?" I think that anything that I ever had the opportunity to learn has at some point come back in life to benefit me in a way that I didn't think it would. Students should look at every topic [as an] opportunity to learn about as one that could maybe change their career path.

What advice would you give to students graduating from college and entering the marketing world?

I think that it's important for them to understand personal branding. This applies to students in other fields as well. You want to show that you're different from the others, and that you have unique skills and talents. Being unique is a great quality to have — you don't want to blend in. Also, it's important for students to take advantage of any networking opportunities they have. You never know when an opportunity will come. You shouldn't look at networking as being just about you, instead look at it for developing relationships.

CONTACT Jamie Simpkins at simpkij@dukes.jmu.edu.

IN BRIEF

HARRISONBURG

HPD looks into shooting caused by disturbance

The Harrisonburg Police Department is investigating a shooting that occurred early Sunday morning involving a suspect and the HPD, and resulted in the death of Michael Thomas Pierce, 23, of Harrisonburg, according to Harrisonburg's Public Information Officer Mary-Hope Vass.

Officers responded to a report of a disturbance at a residence in the 1700 block of Park Road around 2:15 a.m.

When they arrived, officers found Pierce with a firearm outside of a residence. When Pierce failed to comply with the officer's commands, shots were fired on both sides. Pierce, who was shot by police, was later pronounced dead at the scene.

The HPD are working with the Harrisonburg-Rockingham Commonwealth Attorney's Office during this investigation and the officers involved in the shooting have been placed under administrative leave, following normal policy.

HPD personnel spent most of the morning speaking with neighbors and searching the scene for evidence.

Park Avenue, from Harmony Drive to Birch Drive, was closed from a majority of Sunday morning, with "no through traffic" signs posted on both roads. The roads were later reopened.

Individuals who have any additional information regarding this incident are asked to call Crime Solvers at 540-574-5050 or can also text "HPD" plus the tip to CRIMES (274637).

JMU

University to host events celebrating International Week

Director of JMU's Center for International Stabilization and Recovery Ken Rutherford will be speaking about Landmines, Bosnia and the Legacy of Princess Diana on Thursday from 6:30 to 8 p.m. at Festival, according to JMU Public Affairs Coordinator Eric Gorton.

The talk will include personal stories and artifacts from Rutherford and a reception with food from the Balkans region of Southeastern Europe. This event is part of JMU's International Week, a week dedicated to honoring cultural diversity at JMU. The food also helps complement this year's I-Week theme, which is "Food & Food for Thought: Feed Your Global I.Q."

Other events from the week include a concert, which is taking place Monday, a film screening and discussion Tuesday, a debate and trivia night on Wednesday, and a Festival, which is taking place on Saturday.

POPE | Mission of love shared



SAM TAYLOR / THE BREEZE

Gian Gonzalez, a senior economics major and student campus minister for the CCM, plans on spending his 21st birthday in Philadelphia this weekend, where he will see Pope Francis speak at a public event.

from front

students in the JMU community such as Melody Sarno, a senior international affairs and justice studies double major and the transfer faith community leader at CCM. Sarno leads a Bible study and helps transfer students at CCM feel comfortable on campus.

Sarno recalled being excited about Pope Francis' potential as a leader.

"A pope who represented the large Latin-American Catholic community would be the coolest thing ever," Sarno said.

Pope Francis is from Argentina.

"A large portion of the Catholic population is found in Latin America," Sarno said. "There has never been a Latin American pope in the history of the Catholic church, so Pope Francis has literally already made history."

This weekend, Sarno plans to go to Philadelphia with about 15 other people from CCM to see Pope Francis. The students will be traveling independently of CCM. It's difficult to get a hotel room, so Sarno will be staying at Salesian Oblates at DeSales Service Works, a Catholic ministry for the poor in Camden, New Jersey, and will be driving to Philadelphia from there.

Pope Francis is known for sneaking out of the Vatican to care for the homeless and also for reaching out to those who might have felt rejected by the Catholic Church.

"He has called on young people specifically to take charge of their lives and the lives of those around them," Sarno said. "He has encouraged friendship and generosity."

The theme of Pope Francis' visit is: "Love is our mission." According to Gonzalez, the pope will speak to Americans about how men and women are complementary, including how men and women are equal, and the need for a more just and loving world. He's also expected to address topics such as abortion and health care because of the church's stance on these issues.

"He's telling us Catholics to stay true to our faith and spread that love," Gonzalez said.

Rev. Ken Shuping, the chaplain at CCM, is planning to attend Mass with the pope in D.C. this week, where Junipero Serra will be the first new saint to be canonized in the U.S. Serra founded nine Spanish missions in California.

"Pope Francis has a different way of presenting the Catholic faith," Shuping said. "He captures people's imagination with the way that he takes our consistent teachings of faith, but states them in a new way."

CCM will watch the pope's address to Congress live on Thursday, Sept. 24 at 9 a.m. at the CCM house at 1052 S. Main St., and will hold a discussion about the role of the pope at 7 p.m. in Taylor Hall, room 203.

"I think [Pope Francis'] visit to the U.S. will again get people to think about the core of our beliefs," Shuping said. "He reminds us of the love of God for every person, the salvation that's offered to us all, and the calling we each receive to live lives that reflect biblical values."

CONTACT Morgan Lynch at lynchma@dukes.jmu.edu.

CISR | Class teaches collaboration

from page 3

governments," Jessie Rosati, an assistant program manager at CISR, said. "So they are all working together because someone on the field knows something different than the administrative side. So we try to bring them all together to talk and share ideas."

Brenna Feigelson, a project manager at CISR, is expecting 30 participants from various Southeast Asian NGOs and governmental organizations to attend, including the Mines Advisory Group, Norwegian People's Aid and Vietnam National Mine Action Center.

"By having senior managers who are from those countries, we are giving those countries the capacity to deal with their landmine and conventional weapons destruction on their own and to build the national capacity of these countries," Feigelson said.

According to Cooperative for Assistance and Relief Everywhere (CARE), a worldwide humanitarian agency, a person's life is impacted by a landmine every 15 minutes. CISR's efforts are dedicated to teaching the dangers of landmines to civilians. According to Pargas, 79 percent of landmine injuries worldwide are suffered by civilians and over half of those are children. In 2013, a landmine-plagued Afghanistan approached CISR for training to remove these mines. This prompted CISR to travel to Tajikistan in 2014 to help train teams based in Afghanistan.

"We decided that [a program] in central

Asia would help address this backlog of training needs for the Afghan program," Fiedlerlein said. "We taught a sizeable number of Afghans in that senior management course."

Over the past 11 years in over 50 different countries around the world, CISR and the senior management course have trained and certified over 300 senior managers, according to Pargas. Pargas said that in 2011, CISR hosted a program in Peru to help Peru and Ecuador combine their resources to demine their border. For Pargas, it was exciting to see these two nations shift from enemies to working and collaborating on demining efforts.

"They [Ecuador and Peru] had this two-week war where nothing happened, but they planted all of these landmines," Pargas said. "So now they are in the process of, 'now we got to remove them,' and it was interesting because we saw firsthand." By the end of the weeklong seminar, Pargas said that both nations worked together to create joint legislation to present to their presidents.

"By the end of the conference they [Ecuador and Peru] said, 'You know, we learned a lot about being efficient and effective, and we don't think we are doing a good job,'" Pargas said. "So they came up with all these great ideas where they would work jointly, not as enemies anymore, but for a common cause. It was amazing to actually witness this."

CONTACT Chris Kent at kent2cm@dukes.jmu.edu.

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INTERNATIONAL WEEK 2015

FOOD & FOOD FOR THOUGHT

MONDAY
9/21

International Bazaar
11-3 | The Commons

Hunger in Haiti
4:30 - 6 | Festival Highlands

Photo Contest Reception
6:45 - 7:30 | Prism Gallery

Food For Thought Concert
8 - 9:15 | Forbes Concert Hall

TUESDAY
9/22

American Cuisine: The International Melting Pot
12:30 - 1:30 | Festival Patio

Food Insecurity & Related Health Issues in S. Africa
7 - 8 | Madison Union (Taylor) 405

Film Screening & Discussion: Living on One Dollar A Day
6 - 8 | Grafton-Stovall Theater

WEDNESDAY
9/23

I-Week Trivia Night
8 - 10 | Beyond Restaurant

I-Week Public Debate
6 - 7:30 | Madison Union Ballroom

Italian Cuisine: Where the American & Arab Worlds Meet
5 - 7 | Madison Union (Taylor) 405

THURSDAY
9/24

Study Abroad Fair
11 - 3 | Festival Grand Ballroom

Landmines, Bosnia, & the Legacy of Princess Diana
6:30 - 8 | Festival Grand Ballroom

FRIDAY
9/25

World Cup Soccer Tournament
4 - 8 | University Park

Closing Dinner: Feeding Ourselves!
6:30 - 9 | Festival Grand Ballroom

SATURDAY
9/26

Harrisonburg International Festival
12 - 6 | Hillandale Park

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JUST JMU THINGS

4

The squeaking sound the Quad makes when you clap in the right spot

Submitted by: Dudley Pittman



KELSEY HARDING / THE BREEZE

Should we really be keeping up with the Kardashians?

PETER CAGNO | thinking out loud



The Kardashians. Where do I even begin with this ridiculous family?

First off, let me start by saying, "Why are they even famous?"

The obvious answer would be that Kardashian became a household

name when late patriarch and power attorney Robert Kardashian came to the aid of his friend O.J. Simpson in a scandalous, high-profile murder case. And then came the TV show.

Why? Why does this family deserve a TV show any more than the next family? If you ask me, I think "Keeping Up with the Cagnos" would be exponentially funnier — but I digress.

What's the point of this stupid show?

It literally follows a family around that's famous for no reason. The show is mindless entertainment for the masses, and that goes for reality TV as a whole.

There's nothing "real" about their lives. More than half of the show is staged and scripted and it reflects how only a very small percentage of the population lives. It provides a glimpse into the lives of A-list celebrities and what "happiness" money can buy. That's probably why it has so many viewers — because people want to be them.

For fans of "Keeping Up with the Kardashians" and other reality TV shows, I have one thing to say to you: get a life.

Let's get one thing straight: the Kardashians aren't role models.

What have any of them done to be worthy of being looked up to?

I could understand if they were a family dedicated to philanthropy and promoting the greater good, but unfortunately that isn't, nor will it ever be, the case.

Instead, they use their pseudo-fame to promote their own personal agendas by launching perfume and clothing lines, several equally ridiculous TV spinoffs and publicizing a marriage that lasted a mere 72 days.

As far as marriage goes, all three of the Kardashian sisters have failed in the endeavor of holy matrimony, but let's keep our fingers crossed for Kimye. I mean, it was inevitable that the two most self-centered people on the planet would eventually find each other, right?

On the whole, the Kardashians are a family of fake celebrities who have no real relevance in today's society except for the fact that people love to watch them navigate through the world, blinded by their own vanity.

For fans of "Keeping Up with the Kardashians" and other reality TV shows, I have one thing to say to you: get a life.

Peter Cagno is a junior writing, rhetoric and technical communication major. Contact Peter at cagnopx@dukes.jmu.edu.

KELSEY HARDING | high resolution



It's safe to say that the majority of America's general population knows who the Kardashians are and have an opinion about them. As reality stars, it comes with the territory.

But there's a difference between

having an opinion on them and obsessively shaming them at every turn.

I'm not necessarily a fan of the Kardashian clan. I've seen an episode of "Keeping Up with the Kardashians" here and there and I'll occasionally check up on their Instagrams. But even I know that just because I don't like them, doesn't mean I can harass them online.

Recently, BuzzFeed posted a video called "If Guys Said What Kim Kardashian Said." This isn't the first time the media have made fun of Kim. At the 2015 MTV Video Music Awards, she wore a dress that, while admittedly I wouldn't wear, didn't warrant the online insults and endless "13 Things Kim Kardashian's Outfit Looked Like at the 2015 VMAs" listicles. Kim has even previously stated that the harsh reaction to her maternity wear the first time around is the reason why she no longer smiles for the paparazzi. If you ask me, anyone who contributed to her new outlook should feel awful.

This is where you say, "But what does Kim

have to feel self-conscious about? She's rich!"

She is rich. It's probably one of the reasons people love her. But it has nothing to do with how she sees her own self-worth.

In fact, her star status makes it even less surprising that she's so self-conscious. Every day she goes about her normal business and every person with a Wi-Fi connection finds it necessary to comment on her clothes, body, family or a combination of all three.

None of the Kardashians deserve this kind of treatment.

Maybe you don't agree they should be famous — even I don't really get the hype sometimes — but I can see why some people love them. It's nice to watch the show and get a glimpse of how lavishly the family members live their lives. They consistently put out new fashions and products. The relationship drama can be entertaining and I'd rather live through theirs than experience my own. And, whether or not you think they're smart, there's no denying that they've found a way to expand their financial empire.

At the end of the day, their personal lives and statuses don't matter. Your opinion about their behavior doesn't matter. If Kim wears a burlap sack out and about, that's her choice. Step away from the computer and go get a puppy or something instead.

Kelsey Harding is a senior graphic design major. Contact Kelsey at hardinkn@dukes.jmu.edu.

DARTS & PATS

Darts & Pats are anonymously submitted and printed on a space-available basis. Submissions creatively depict a given situation, person or event and do not necessarily reflect the truth. Submit Darts & Pats at breezejmu.org

A "keep-us-posted" dart to the HDPT shopper bus for not going to Target anymore and not telling anyone about the change.

From a student who got on the bus Wednesday and was surprised to find that I wouldn't be going shopping after all.

A "keep-em-coming" pat to The Breeze for including the hilarious satirical news column in the latest issue.

From an alumna who still reads and has wondered herself what's at the end of that line.

A "be-more-courteous" dart to the person who left the copier jammed in Memorial Hall.

From a professor who likes to come in on Saturdays to make copies without having to clean up after someone who can't follow the directions to correct the misfeed.

A "thanks-for-helping-our-friend" pat to the medics who cared for the lady who got overheated and fainted at Saturday's game.

From a worried fan.

A "seriously?" dart to the guy who saw my Steelers T-shirt and asked me if I even knew anything about the NFL.

From a girl who probably loves football more than you do and thinks you should stop being so sexist.

A "come-on" dart to JMU concessions for charging \$3 for a cup of ice during Saturday's very hot football game.

From a third-generation Duke whose family has given a lot to this school and is sad that it's become just about the money.

Editorial Policies

The Breeze welcomes and encourages readers to voice their opinions through letters and guest columns. Letters must be no longer than 250 words. Guest columns must be no more than 650 words.

The Breeze reserves the right to edit submissions for length, grammar and if material is libelous, factually inaccurate or unclear. The Breeze assumes the rights to any published work. Opinions expressed in this page, with the exception of editorials, are not necessarily those of The Breeze or its staff.

Letters and guest columns should be submitted in print or via e-mail and must include name, phone number, major/year if author is a current student (or year of graduation), professional title (if applicable) and place of residence if author is not a JMU student.

The Breeze

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"To the press alone, chequered as it is with abuses, the world is indebted for all the triumphs which have been gained by reason and humanity over error and oppression."

— JAMES MADISON, 1800

The Breeze
1598 S. Main Street
Harrisonburg, VA 22801
breezeopinion@gmail.com

KEVAN HULLIGAN | the war room

Fiorina's attack on Planned Parenthood is hypocritical and dishonest



Last week, the grand circus of Trump, also known as the CNN Republican debate, aired on TV for millions to see and be horrified by. While moderator Jake Tapper blatantly tried to make the entire debate centered around the previously mentioned racist, egomaniac

billionaire, many eyes were upon former Hewlett-Packard CEO and JMU Board of Visitors member Carly Fiorina as she made her jump from the kiddie table debate to the main stage.

While she gave what can be described as a good showing at the debate, there was one moment in particular that had me gritting my teeth in anger and wishing to fling the remote through the TV in frustration. In the middle of a discussion on the Iran deal, she launched into a bizarre tirade against Planned Parenthood and the infamous "videos" posted by anti-abortion groups some months ago.

Of course, these videos have been debunked again and again by independent investigations, showing the underhanded and despicable tactics used by the groups responsible for them. For me, it's not just the fact that Fiorina used thoroughly discredited videos to try and garner support from

the anti-abortion movement. It's also the fact that, by going down this road, Fiorina has forever displayed herself as a hypocrite.

Several times during the debate, she talked about how she'll stand for equality for women, and has gone on record outside of the debate stage, defining a feminist as "a woman who lives the life she chooses." Correct me if I'm wrong, but I'm pretty sure that a woman having access to contraceptive care and the right to choose what she does with her own body definitely falls under "living the life she chooses."

Planned Parenthood provides multiple, vital services for thousands of women across the country. In fact, abortion services account for only 3 percent of its total services. That other 97 percent? That's comprised of essential health services, including sexually transmitted disease testing, cancer testing, contraception care and so much more.

Despite what figures the right wing will tell you, Planned Parenthood isn't something to be discarded. Besides, any federal funding that Planned Parenthood receives doesn't go toward the abortion services they provide. Federal law prevents federal funds from going toward abortion. So, any money diverted from Planned Parenthood only attacks women seeking access to affordable care.

You want women to be successful in American society? How about you start by not getting in the way of a woman's right to choose and her ability to get important medical attention? How about not restricting access to incredibly important medical resources that could potentially save her life?

Women in this country fought long and hard over many decades to win both the right to contraception and the right to an abortion. Testing and counseling for cancer and STDs are of the utmost importance, especially for those in poorer communities who can't afford the kind of health care Fiorina is able to afford as a former CEO. People like her trying to rip away those hard-won rights through mandate and misinformation are disgusting and do nothing to make their cause worth listening to.

It's even more egregious that she's attempting to discredit an organization that does an extraordinary amount of good, using dishonest and falsified tactics, while daring to call herself a proponent of gender equality.

So congratulations, Carly; you're almost as bad as Donald Trump.

Kevan Hulligan is a senior political science major. Contact Kevan at hulligkx@dukes.jmu.edu.



COURTESY OF TRIBUNE NEWS SERVICE

Republican presidential candidate Carly Fiorina during the GOP debate in Simi Valley, Calif. last Wednesday.

RACHEL PETTY | Petty for your thoughts

What the punch?

Campus meal plans are ripping students off



Weekly 5 Plus? Weekly Super 5-Plus? Fifty Block? Students who live off campus have a few different options

when it comes to choosing a meal plan. But the

question is — is it even worth it?

For over \$1,000, students can get five meals per week on campus and \$275 worth of Starbucks or whatever else their hearts desire. If you take those \$275 out of the picture, it costs approximately \$725 to eat five meals per week on campus for 16 weeks (the number of weeks we are at JMU this semester). That comes down to over \$9 per meal, or "punch."

Since punches only allow up to \$7 worth of food, the plan would only be worth it if students were eating at D-Hall, E-Hall or Mrs. Greens for every meal (the only all-you-can-eat places on campus). Unless you're a dining hall fanatic, I doubt this is the case. Many people enjoy grabbing a quick

Should campus meal plans take into consideration that the majority of us are broke college students just trying to grab a quick sandwich?

lunch, and paying \$9 when you can only buy \$7 worth of food doesn't make sense.

Perhaps the problem stems from the price of the food rather than the actual meal plans. Since I don't have a meal plan (only Dining Dollars GOLD), I must pay full price for everything. This means that if I get one of the new quinoa bowls from the Student Success Center, I'm paying almost \$10 for a bowl of grains and a few vegetables.

Now the question becomes, "Would I rather pay \$9 a punch or settle on a piece of pizza for around \$4?" No matter which way you slice it, we're getting ripped off.

Should campus meal plans take into consideration that the majority of us are broke college students just trying to grab a quick sandwich? If you ask me, the answer is yes.

For now, you can find me at Market 1 munching on my \$5 wrap: no chips, no drink.

Rachel Petty is a junior media arts and design major. Contact Rachel at pettyrb@dukes.jmu.edu.

GRACE BLACKBURN | contributing columnist

Women are more than their makeup

On my 12th birthday, I received a hair straightener, a tube of mascara and assorted palettes of eyeshadow.

My mother had dictated that I wasn't allowed to wear makeup up until that point, so I was anxious to try these beauty products out. To me, the cosmetic accoutrements symbolized the beginning of womanhood.

For years, I religiously ironed my hair and painted my face every morning, investing over an hour of my time each day to achieve the appearance I believed carried my worth.

It didn't matter how busy I was or what else was going on in my life; before all else, I stayed loyal to my bathroom mirror. I took this process as a given, since it's what I had been told I was supposed to do.

The inconvenience of morning routines for women goes beyond the hassle of applying makeup and altering hair with dangerously hot instruments and shaving virtually everything below the neck. Women are expected to do these things as if they don't alter our lives in any significant way, though the economic and personal ramifications of such demanding ideals are far-reaching.

I'd fallen slave to the idea that I must try my hardest to meet standards of attraction at all times.

My singular focus on how I looked crowded out any question of why I felt it requisite to spend the equivalent of 15 days a year "improving" myself.

We've all heard the old adage that beauty is pain — but it's time and money as well.

The normative ideals foisted on women present a financial cost that's alarming. Assuming women spend nearly \$100 per month on cosmetics, the bills stack up quickly.

As calculated by the YWCA, a woman will spend an average of \$6,423 on beauty products in five years, which is roughly equivalent to one year's college tuition. Separate from the wage gap, an unavoidable cost is placed on American women in that exterior alteration is a standard that we must do if we want to look "normal."

The issue is larger than a woman simply choosing not to use cosmetic products. Female politicians who don't conform to societal

beauty standards are mocked for their looks and their governmental agendas are overlooked. Women who don't wear makeup to work every day are accused of being unprofessional by way of disregarding their appearance. Personally, when I don't adhere to a strict routine, I've been asked if I'm sick, told I look unsettling or even creepy, and even told I need to work on respecting myself enough to look better.

There's an economic and a temporal cost to society's expectation of female features, but there's an opposite public cost to refusing to adopt these standards into one's life. Many women are unwilling to accept this hardship, and rightly so — it's exhausting to constantly wonder if your failure to comply with social norms will affect others' willingness to date, befriend or employ you.

Society implements that you're damned if you do, damned if you don't, and I've had enough. We all impose these unstated rules on each other, and if we can begin to change our thought patterns, we may be able to reduce the extent to which women are locked into an unchanging expectation.

Reject the idea that a woman is lazy or ugly if she chooses not to wear makeup or shave her legs. Understand that a woman's worth stems from her ideas

and her passions, not how well she can apply eyeliner.

Think of what we could accomplish personally and as a group if women felt less pressure to always maintain a flawless appearance. Individually, it's as simple as being able to assert our worth to take more for ourselves: more sleep, social activities, time to study and money to build the lifestyle we desire. Collectively, it's the immeasurable impact of what women's minds can achieve when unrestrained by our appearances.

When women are able to bring their full selves into their passions, we'll see a world marked by more research, more knowledge, innovation and happier people.

Grace Blackburn is a junior media arts and design major. Contact Grace at blackbge@dukes.jmu.edu.



KELSEY HARDING | THE BREEZE

ROBERT ROBERTS | letter to the editor

CARE needs a space of its own

Campus Assault ResponsE (CARE) is a student-run organization that addresses the issue of sexual assault and prevention on campus. CARE assists students who've been directly or indirectly affected by sexual assault and who are in need of crisis intervention or information. With the recent enactment of mandatory reporting laws, CARE is likely to receive many more calls from students struggling with sexual assault issues. Members of CARE aren't mandatory reporters.

CARE would be able to perform its vital mission if it had a space on campus where members could take calls in privacy or even meet with victims in private. Presently, CARE doesn't have an assigned space on campus. It wouldn't

seem an impossible task for JMU to find CARE a space in the new Student Success Center or some other location on campus. Presently, CARE members take requests for help on cellphones. These calls may come at any time. A CARE member may take a call outside of a classroom or walking across campus. This isn't an ideal situation.

Members of CARE are doing a remarkable job. JMU and its community need to support their efforts by providing the organization a dedicated space on campus.

Robert Roberts is a political science professor.

Off the Beat

Need something to read in between issues?

The Breeze has a new blog. Off the Beat!

breezejmu.org/offthebeat

New Politics rocks Wilson

New Politics performed in Wilson Hall Friday with Tennessee-based band COIN for JMU's fall concert



DANIEL STEIN / THE BREEZE

New Politics lead singer David Boyd doing one of his signature headstands at the concert.

By **EMMY FREEDMAN**
The Breeze

Like the flips lead singer David Boyd did during New Politics' electrifying set at Saturday's fall concert, JMU students flipped for the sound of the Danish alternative rock band and its opening act, Nashville-based COIN.

Both groups earned raucous applause with their high-energy sets and kept the good cheer flowing with their jokes, good-natured banter and compliments to JMU's campus.

New Politics is made up of Boyd and bass guitarist Soren Hansen. The two moved to the United States five years ago from Denmark where they were joined by Brooklyn-based drummer Louis Vecchio. The band has opened for Fall Out Boy, Panic! At The Disco, P!nk and other alt-rock bands, and its sound at times is similar to Twenty One Pilots, Walk The Moon and Neon Trees.

COIN, the '90s alt revivalists, opened the show with a bright and upbeat 45-minute set that included songs full of synth beats and choppy guitar riffs like "Run" and "Holy Ghost" off its debut album, "COIN."

"I've never heard of them," freshman media arts and design major Madison Basil said. "I didn't even know there was an opening band."

Despite being relatively unknown, COIN quickly won the crowd over.

New Politics drew both devoted fans and newcomers. Basil brought her sister, who's a senior in high school, to the concert as a birthday present because the two had previously seen them in concert.

"We've been fans for two or three years," Basil said. "We saw them open for Fall Out Boy last summer."

The two were most excited to hear "Fall Into These Arms," the closing song on the band's 2013 album, "A Bad Girl in Harlem."

"It's super exciting because they just released a new album," Basil said. "My favorite on the new album is 'Aristocrat.'"

New Politics played several songs off its August release, "Vikings," including "Aristocrat," "Girl Crush" and

"Everywhere I Go (Kings & Queens)." Although the album is barely a month old, the songs were sung back to the band by a number of students in the audience.

Others at the show, like senior elementary education major Kelly Stevens and her other four senior friends, weren't too familiar with the band, but they got caught up in the sound.

"I'm excited to hear new music, something different," Stevens said. "It's a bucket list thing. We're seniors and we haven't all been to a fall concert yet."

Freshman geographical science and geology major Zach Hupp had already met the band in Virginia Beach.

"I had VIP when they came to my city and opened for Fall Out Boy," Hupp said. "I like that they're underground. They have a different sound but they're really good. They put on a good show."

Those familiar with the band raved about Boyd — and not just because of his singing but also because of his dancing.

"The main singer is an amazing dancer so they're really fun to see live," Basil said.

Boyd peppered his performance with break dancing stunts and complicated backflips. He frequently ended songs by standing on his head. He and his bandmates also broke out into covers of other songs, like "Turn Down For What" or "I Will Survive."

Hansen also got a chance to shine with his solo performance of "Stuck on You." He, too, incorporated some stunts into his performance like throwing his guitar into the air and then catching it and hopping off the stage into the audience.

The band ended with fan-favorite "Harlem," which was initially released in 2013 and charted at No. 4 on Billboard's U.S. Alternative Songs list. The band finished out its performance by telling the audience that they can achieve anything if they set their hearts to it. It looks like New Politics has done just that.

CONTACT Emmy Freedman at freedmee@dukes.jmu.edu



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Hitting a high note

JMU female a cappella group Note-oriety goes viral with video featuring Beyoncé's 'Pretty Hurts'



JAMES ALLEN / THE BREEZE

Senior English major Erin Tawney (left), junior musical theatre major Jamie Walters, sophomore English major Madeleine Chalk and junior political science major Sydnie Kostelac rehearse a song.

By **BRENDAN CALLAN**
contributing writer

JMU's a cappella group Note-oriety made a cover of Beyoncé's "Pretty Hurts" earning them nearly 400,000 views on YouTube, not to mention articles from BuzzFeed, Huffington Post and USA Today. We recently sat down with the group for an interview.

Was there a specific event that inspired the cover or did you all just collectively feel that sort of positive message needed to be spread?

Zoe McCray, a senior vocal performance major, bass: The song came to me last year, right before school started, actually right before we did our song selection, the song just hit me like a ton of bricks, "Oh my gosh, this song is so this group."

Laine Hodges, a junior communication studies major, bass: We did have a benefit concert centered around "Pretty Hurts," and the emotions and feelings behind it was to benefit Harrisonburg Doctor Memorial Women's Center, so we had a bunch of women from different a cappella groups from on campus and off campus and they all came together [when] we came and sang "Pretty Hurts."

Are arrangements decided by one person or is it a group effort?

McCray: The arrangement of the song itself, I had ... but then we as a group held auditions for solos and held auditions for solos and voted on soloists.

Where did the mirrors idea come from?

Hodges: We started with thinking about the cliché

JMU video with the white boards. Well we don't want to be cliché, so what can we do that's different, that also kinda goes with this message? So our lovely cinematographer, David Bitner, actually thought of the idea. We just went up to random people on campus and told them to write what negative word either they feel about themselves or society or whatever that they've heard negative about themselves, and then the same with positive words.

What would be the most fun Beyoncé song to sing in the shower?

Caity "Baby Caity" Meixner, a junior psychology major, soprano/alto: I was gonna say "Crazy in Love."

Who do you think spreads this "disease of the nation" like "perfection" like the song says, and how do you think that can be stopped and move on to a more accepting state of mind?

McCray: Because we are in such a media-based age, everyone is looking at the image of what Hollywood is or who we idolize is, and then it just comes in as, "I need to look like, be like this person." People don't realize those people have teams of people to make them look a certain way, you should just love and accept who you are.

Jaime Walters, a junior musical theatre major, tenor: We unintentionally, to each other, women to women, men to men, unintentionally hold each other to such a standard which is almost unreachable because of the media, and you see it in your canvas and your friends' groups and I think it's something we ourselves can stop doing to each other.

Erin Tawney, a junior English major, alto and tenor:

It's not just like letting peers influence you. It's using our negative aspects to bond with each other, and so many people do that as a way of friendship and that's just not the way it should be. We should lift each other up with positivity.

So what are some of your guys' biggest inspirations for singing, like your favorite singers/artists?

Nicole Malthaner, a senior interdisciplinary liberal studies major, soprano: Christina Aguilera.

McCray: I think the great thing about this group is, we have a mix of people with musical backgrounds. A lot of us love musical theater, a lot of us love opera, a lot of us love choir; music, a lot of us love.

Zoe Velling, a junior theatre major, alto 1 and soprano 2: If I'm being honest a lot of my inspiration comes from this group. We all have such unique voices and such beautiful hearts which come through in the music.

Sydnie Kostelac, a junior political science major, bass: What continues my musical inspiration is being in this group being with a bunch of extremely talented real musicians, but that was what was what literally popped into my mind the first time you said that.

Note-oriety posted the "Pretty Hurts" video, titled "Pretty Hurts by Beyoncé - Official Note-oriety Cover," on Sept. 6. The song was arranged by McCray, who also performs as a soloist in the cover.

CONTACT Brendan Callan at calla3bp@dukes.jmu.edu.

TANSEY | Both Tansey's father and uncle received treatment at the center

from front

With official teams in the TCS NYC Marathon, the Boston Marathon and the NYC Half Marathon, those who participate choose where their funds are allocated within the center. Tansey wants her donation to go where the center needs it most, so she chose not to allocate her donation to a specific area.

Tansey has been fundraising a number of different ways, including asking family and friends for donations, spreading the word through social media and, recently, a yoga class on the Quad.

The yoga class, which was held last Friday, was free to attend, but attendees were asked to donate \$10 to the fund. There were 16 people in attendance including Tansey and the instructor, Keala Mason, a friend of Tansey's who teaches yoga for several local studios as well as at the University Recreation Center.

"My connection with Ellie and what happened with her dad is similar to what happened with me and my biological dad — I never knew him — and so my heart really sings to this type of thing," Mason, who instructed the class for free, said.

Mason and Tansey met last year through Hot Yoga Harrisonburg, one of the studios where Mason is an instructor.

About half the people in attendance were friends from the physician assistant program, a few others were friends of Mason's and the rest were just yoga-loving students. One particular pair stood out among the rest: a mother and her young son who, among the black leggings and brand-name athletic wear, wore a Pokémon T-shirt and sweatpants.

Tansey began practicing yoga due to a double-stress fracture in her heels back in 2005 that she sustained during her marathon training. She had to take a year off from running, and picked up cycling and yoga to replace it. She began training and fundraising for the TCS NYC Marathon last spring.

Tansey's mother, Barbara Tansey, has been cheering her on from the sidelines the entire time. Though Tansey has now surpassed her fundraising goal, according to her mother, it had a slow beginning.

"I think it was a really monumental task for someone who doesn't have any money to undertake," Barbara said. "She reached out to people and she was determined. Even though at points it looked like it might not happen, she was very resourceful and she kept on trying different venues and different ways to do it."

"He was treated with the most compassion and love and we were given such hope at this hospital. Unfortunately he isn't with us anymore but he's definitely supporting the cause from somewhere else."

Ellie Tansey
second-year graduate student

The connection between yoga and healing has positively impacted many people. Gina Franciosi, a senior communication sciences and disorders major, was deeply inspired by Tansey's willingness to inspire others to heal, especially those who've been personally affected by cancer.

"They go hand in hand I think," Franciosi said. "Yoga's all about that healing, and just using that positive energy and positive open mind to help heal yourself. I think once you heal yourself, you can heal other people, and for it to go toward cancer research, you're setting that physical and emotional focus on healing."

With Tansey's aunt having been recently diagnosed with cancer and her uncle having five years of remission under his belt, cancer has had a significant impact on Tansey's life. Both her father and her uncle received treatment at the Memorial Sloan Kettering Cancer Center, which made a significant positive impact in the last few years of her father's life.

"He was treated with the most compassion and love and we were given such hope at this hospital," Tansey said. "Unfortunately he isn't with us anymore but he's definitely supporting the cause from somewhere else."

CONTACT Robyn Smith at breezearts@gmail.com.



LOREN PROBISH / THE BREEZE

Second-year graduate student Ellie Tansey in a tree-style yoga pose.

CROSS COUNTRY



COURTESY OF JMU ATHLETICS COMMUNICATIONS

Juniors Tessa Mundell (left) and Carol Strock race during the JMU Invitational on Sept. 12 at the New Market Battlefield. Mundell and Strock are two upperclassman who are helping to lead the Dukes.

Dukes on the run

Cross country races toward the finish line this season with upperclassman leadership

By **MATT TYSON**
The Breeze

For some, going on a casual run can seem like a difficult thing to do. For the JMU cross country team, that's just another day in the office.

After placing 11th out of 38 teams in the NCAA Regional Championships and sixth out of 12 in the ECAC Championships last November, the Dukes are looking forward to another positive season.

JMU opened the season with a third-place finish out of four teams in the University of Virginia Duals on Sept. 2. It followed that up last weekend by finishing second out of four teams in the JMU Invitational in New Market, Virginia.

"I'm really pleased with how the team is looking so far," JMU head coach David Rinker said. "They have a great attitude, a very tight team atmosphere, and they are getting along really well."

While other sports typically only go up against one other opponent during a game, cross country works a little differently. The team has several meets over the course of the season and it places in a meet based on the performance

of the entire team, even if a runner places higher than the rest of the team.

"Cross country has the ability to have any number of teams come up for meets," Rinker said. "Some of the biggest meets have up to 60 teams competing against each other."

The size of some of these meets allows for the Dukes to often compete in the same races as some of the best teams in the country. With such a competitive field, the Dukes have a strenuous training regimen to keep up.

"Mondays are our easier days, that's when we focus on lifting," junior Tessa Mundell said. "Most other days are different. We travel to Massanetta and do hard workouts that are high volume and high intensity. It's a lot more than just running."

Mundell and fellow junior Carol Strock were frontrunners during the JMU Invitational, finishing in fifth and fourth place respectively in the Division I field. Both Strock and Mundell have been working their way up over the last couple of seasons. Mundell earned All-Colonial Athletic Association as a sophomore for finishing ninth at the CAA Championships, while Strock was JMU's No. 2 runner in several races last year.

"Tessa has always been a strong leader, it's good to work with her and off of her to continue getting better," Strock said.

Going into his 17th season with the Dukes, Rinker sees these two having a bright future moving forward.

"As juniors, they already are team leaders," Rinker said. "They are the ones that the freshman go to for answers and are often leading workouts."

Despite their recent individual successes, Strock and Mundell's primary concerns are with the rest of the team and helping everyone succeed.

"My goal is to just support people," Mundell said. "I want to be there to support the freshmen as best as I can and encourage them to come along."

The team next competes in the Paul Short Run at Lehigh University on Oct. 2, which is one of the largest meets the team participates in. While the JMU Invitational had 79 women's competitors, the Paul Short Run will have around 300 runner. With the next race fast approaching, the team is preparing to try to make an impact on the competition and get ready for the postseason.

CONTACT Matt Tyson at tysonme@dukes.jmu.edu.

VOLLEYBALL (10-3)

Dukes ace competition

JMU goes 3-0 in this past weekend's JMU Invitational, has won five of last six games

By **JAKE BROD**
The Breeze

This past weekend, the JMU women's volleyball team hosted the JMU Invitational in the Sinclair Gymnasium of Godwin Hall. The Dukes went 3-0, beating Georgetown University, North Carolina Central University and Norfolk State University along the way, improving their record to 10-3 on the year.

On Friday night against Georgetown, JMU dropped its first set before rallying to win the match 3-1. Head coach Lauren Steinbrecher took the blame for the Dukes' slow start.

"I just had a really bad scouting report," Steinbrecher said. "They came out with a new player that we hadn't seen."

The Dukes then ousted both N.C. Central and Norfolk State the following night in straight sets.

Despite the rough start to the weekend, Steinbrecher was pleased with her team's play.

"Overall, I'm very proud of the way that we competed," Steinbrecher said. "We talked a lot about not looking at the scoreboard and just playing our style of volleyball and compete at a high level every point. I'm really pleased with how they performed."

Senior outside hitter Meghan Niski had a solid tournament for the Dukes, racking up 24 kills for the weekend. But, she deflected her personal successes and praised her teammates.

"I think it's a team success," Niski said. "Our serving was really aggressive this weekend and it got a lot of the other teams out of system. Everyone did great. It was a team effort."

Sophomore Taylor Austin also had a big tournament. She led the Dukes in digs (56) while also adding a team high in aces (nine). Like Niski, Taylor attributed her success to her teammates.

"They push me the entire time," Austin said. "They

push me to be a better person on the court and I push them in response."

Steinbrecher also noted Austin's play this weekend, while also giving praise to her bench players.

"Taylor Austin I thought was good all weekend," Steinbrecher said. "Just presence, defense, passing. The people that came in off the bench, I thought did a great job as well. It was just such a team effort."

The tournament marked a return home for the Dukes in almost three weeks. Both Niski and Austin were extremely excited to be playing in front of the home fans again.

"Our friends and family were here. We had a great crowd all weekend," Niski said. "We are really appreciative of the staff and everything that they do for us here. It was just a great feeling to be at home."

Austin echoed those same remarks, expressing her appreciation to be playing back in Harrisonburg again.

"It's amazing. I love playing in Godwin," Austin said. "The fans give us so much energy. Everyone here is just amazing and I love it."

The players were extremely pleased with how the tournament went for the them, despite the hiccup against Georgetown.

"We are coached really well," Niski said. "We had great scouting reports for the whole weekend and we were able to efficiently follow up with those and finish up the matches."

The team's next game will be on Wednesday when they begin Colonial Athletic Association play against Towson University at 7 p.m. in Sinclair Gymnasium.

"I think we still have stuff to improve on," Austin said. "But I think our chemistry is there. We just have to work on the little details and I think once we get that down, we're going to be a really strong team to compete with."

CONTACT Jake Brod at brodjt@dukes.jmu.edu.



JAMES ALLEN / THE BREEZE

Junior right side Janey Goodman had 22 kills and seven blocks in the Dukes' two wins over North Carolina Central University and Norfolk State University.

JMU volleyball's upcoming schedule

Sept. 23
vs. Towson
7 p.m.

Sept. 25
@ Delaware
7 p.m.

Oct. 2
@ Elon
7 p.m.

Oct. 4
@ William & Mary
2 p.m.

Chatting with the Dukes

Sophomore forward Joe Vyner, men's soccer



Vyner leads the Dukes in shots with 10 and started 10 of 13 games his freshman season.

By **DANIEL WARE**
contributing writer

What's your favorite soccer memory? Getting signed to Bristol City Football Club as an academy player at age 12

What's the one thing you can't live without? Soccer, it is such a big part of my life

If you could meet anyone, dead or alive, who would it be? Pelé

What do you have an irrational fear of? Spiders

Do you have any unusual talents or hobbies? I can do the splits.

What's the biggest difference living in America compared to other places you've lived? The culture and lifestyle is different, the people here are much friendlier and welcoming

than England. Also, better weather, it's not cold every day.

What are your plans after you graduate from JMU? Hopefully play soccer, but also want to be a soccer agent

What TV rerun do you sit down to watch whenever it is on? "Person of Interest"

Favorite movie? "The Dark Knight"

Dream vacation destination? Bali, Indonesia

Favorite athlete? Cristiano Ronaldo

Favorite sports team? Fulham F.C.

Favorite food? Mac 'n' cheese

Best place to eat on campus? Festival

Senior midfielder Loes Stijntjes, field hockey



Stijntjes leads JMU in points with 17, split between seven goals and three assists.

What's your favorite field hockey memory? Scoring the game-winning overtime goal against Richmond last year

What's the one thing you can't live without? Field hockey

If you could meet anyone, dead or alive, who would it be? Teun de Nooijer

What do you have an irrational fear of? I want to go deep-sea diving but I have a fear of getting stuck underwater.

Do you have any unusual talents or hobbies? I can roll my stomach.

What's the biggest difference living in America compared to other places you've lived? Everything is much bigger here and you have to drive everywhere.

What are your plans after you graduate from JMU? Go to graduate school

What TV rerun do you sit down to watch whenever it is on? "Friends"

Favorite movie? "Pearl Harbor"

Dream vacation destination? An island beach adventure

Favorite athlete? Maartje Paumen

Favorite sports team? Chelsea F.C.

Favorite food? A home-cooked meal from my mom

Best place to eat on campus? E-Hall

Chipotle or Qdoba? Chipotle

CONTACT Daniel Ware at waredt@dukes.jmu.edu.

FOOTBALL | Offensive production makes up for six turnovers

from front

to have over 600 yards of offense for the third consecutive game. Johnson and junior running back Khalid Abdullah both surpassed 100 yards rushing and they both found their way into the end zone as well.

Even with the offensive explosions Withers was less than impressed.

"We're not a very good football team," Withers said. "We had 42 points and 600 yards of offense, but we're still not a very good football team."

After the rough first half the Dukes needed to get back to their bread and butter — running the football. JMU prides itself on running the football and it made sure to pound the rock early and often in the second half.

Redshirt senior offensive lineman Austin Lane said the Dukes made a plan to "quit dancing around" and run the ball right up the middle in the second half. The plan worked as the Dukes ran for 350 yards as a team, including 185 in the second half. JMU runs an up-tempo offensive scheme,

while Albany strives to play slowly and control the clock. The Great Danes actually lost the possession battle Saturday as the Dukes led time of possession for the first time all year, controlling the ball for 12 more seconds than Albany.

JMU's offensive tempo provides quite the dilemma for opposing coaches as it can be difficult to adjust to the speed.

"When you play teams like this the speed gets to you on the first series," Albany head coach Greg Gattusso said. Albany allowed a touchdown on JMU's first drive of the game, although Lee was intercepted on the first play before junior wide receiver Rashard Davis stripped the defender of the ball to keep the drive alive.

JMU's up-tempo offense resulted in the Dukes running a season high of 98 plays.

With tough opponents ahead on the schedule, the Dukes know they'll have to get a lot better if they want a chance to win consistently. Withers was stunned that the game was tied at halftime considering his team turned the ball over five times and looked to be growing increasingly frustrated.

"I've been [coaching] for 30 years," Withers said. "Never

in my life have I been in a game where you turn the ball over the way we turned it over today and the score was 14-14."

If JMU wants to contend for a conference title or even a national title, it'll have to work on limiting its mistakes. But through the course of the season a few mistakes are inevitable and the Dukes were proud of the way they responded to their sub-par first half. Withers preached to his team during the week about being relentless and its ability to respond to mistakes showcased some of that relentlessness.

"We have a thing about responding to events that happen to our team and I thought we did a really good job of that coming out of halftime," Lane said. "That's what we train for. I was really pleased to see how our team responded."

This Saturday, JMU travels to face a Football Bowl Subdivision program in Southern Methodist University (1-2) in Dallas, Texas as the Dukes leave the friendly confines of Bridgeforth Stadium for the first time all season.

CONTACT Bennett Conlin at conlinbf@dukes.jmu.edu.

Want more? Get more content on our blog:
breeze.jmu.edu/offthebeat.

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