

INSIDE:

3 AFRICAN FLAVOR
Students teach JMU about African culture

7 IN THE CROSSHAIRS
Whitten Maher analyses the concealed carry debate

11 HIDDEN UNIVERSE
Planetarium underused by JMU students



13 JMU PASTIME
Baseball is underway, coping with major losses

TODAY'S FORECAST

62°
46°

This Week's Weather, See 3

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THURSDAY, FEBRUARY 26, 2009

Over-exercising Often Under the Radar

JMU senior admits to feeling 'guilty' on days he doesn't work out



ROBERT BOAG/contributing photographer

Senior Didier Rusangiza, an Air Force ROTC member, lost 55 pounds in a seven-month span during his sophomore year.

By **RACHEL DOZIER**
contributing writer

Senior Didier Rusangiza works out for two to three hours, six days a week.

His sophomore year his weight dropped from 240 pounds to 185 pounds in seven months, and he admits to rarely attending parties or other social engagements due to his excessive workout schedule.

The Air Force ROTC member even based his class schedule around when he works out and has dropped two classes this semester that cut into his gym time. Rusangiza didn't declare a minor because it wouldn't be possible due to his course load, ROTC and his workout schedule.

Does Rusangiza have a problem with what is referred to as the new eating disorder? Last week University Recreation worked to raise awareness on over-exercising — a disorder that is hard to pinpoint.

Sarah Price, the graduate assistant of fitness and nutrition, headed last week's Over-Exercising Program. She defined an exercise addict as "someone who no longer chooses to do so and struggles with guilt and anxiety if he or she does not work out." The University of Pennsylvania's

Office of Health Education defines over-exercising as "obligatory exercising," that reaches, "a point that is unsafe and unhealthy."

Rusangiza's workout routine usually focuses each day on the cardiovascular, muscular strength and muscular endurance components of fitness. He rarely works with partners because they tend to be "less committed" to a regular routine.

He admits to working out even when injured or sick, while acknowledging that taking a few days off may be more beneficial to his health. However, while Rusangiza recognizes that this is a problem, he remains in the gym.

"I feel guilty on days I don't work out," Rusangiza said. "I know I probably shouldn't be working out as much, but I don't have a good day unless I work out."

He's also very calorie conscious and has a focused diet. He eats foods such as oatmeal and peanut butter, which provide the necessary energy but don't require him to eat large portions.

However, those around him don't seem to consider his dedicated schedule a problem.

"Friends come to me for advice in

See **EXERCISE**, page 5

HOW MUCH IS TOO MUCH?



SIGNS:

Refusal to skip workouts regardless of obligations, illness or injury. Other signs are skipping social events and responsibilities to exercise more and basing self-worth on the number of workouts completed or the effort put into training.

SYMPTOMS:

Low self-esteem, planning one's life around workouts, irritability, compulsive behavior and keeping detailed journals and exercise schedules.

RISKS:

Dehydration, lasting injuries, constant fatigue, slowed metabolism, destruction of muscle mass, excessive stress on the heart and inability to concentrate. Risks for females include the "Female Athlete Triad," which begins with excessive exercising and disordered eating, this leads to risks of amenorrhea (the absence of menstrual periods), and this could lead to osteoporosis.

From the powerpoint in the over-exercise presentation that Sarah Price gave at UREC.

Out-of-State, Out of Luck?

Proposal could limit the number of students accepted from other states in the name of increasing in-state enrollment

By **SCOTT EINSMANN**
contributing writer

HOUSE BILL 1696

"...each public institution of higher education must establish rules and regulations increasing the number of admitted Virginia domiciles 1.3 percent annually until the number of admitted Virginia domiciles reaches 80 percent of all admitted students."

Virginia lawmakers are trying to pass legislation that would limit the number of out-of-state students allowed to attend Virginia's public universities.

According to the Virginia General Assembly's House Bill 1696, public universities will have to increase the number of in-state students by 1.3 percent until the school reaches 80 percent in-state enrollment.

There are 29.5 percent out-of-state students and 70.5 percent in-state students currently enrolled at JMU. The tuition for in-state before room and board and other costs is \$3,482, whereas out-of-state is \$9,229.

The reason for the legislation is in-state students are having trouble being admitted to Virginia's colleges due to competition from

out-of-state students. The majority of schools are lobbying against the legislation because they would lose millions of dollars and the diversity out-of-state students bring.

In-state students are split on whether they agree with the new legislation or not.

Bryan Hawkins, an in-state sophomore from Smithfield, said, "I think it's good to have out-of-state students because they pay double or sometimes triple, and I would have to imagine the school has stake in a lot of that money."

Others felt this law would help give priority to those that live in the state.

Devon Dilla, an in-state student from Charlottesville, said, "I agree with the law because it's not fair to in-state kids who don't get into schools like JMU or UVA that they then have to go out of state and pay more money or go to in-state schools that aren't as good."

JMU President Linwood Rose, is already on

See **VIRGINIA**, page 5

Expect Changes on I-81

VDOT curbs budget, shutting down rest areas, reducing service patrols

A slumping economy and budget cuts are forcing the Virginia Department of Transportation to make cuts of its own. At a meeting of the Commonwealth Transportation Board on Feb. 19, VDOT unveiled proposed cutbacks to meet an estimated \$2.6 billion shortfall in transportation revenue.

Proposed cuts were included in VDOT's "Blueprint for the Future," which is the proposed plan to meet the shortfall in revenue. Included in the plan is a call to shut down 25 rest areas in the state. Included in this number is every rest stop along Interstate 81.

"Everything [in the Shenandoah Valley] is being closed, except for the welcome centers; all the rest areas along 81 will be closed," said Sandy Myers, the public relations manager for VDOT's Staunton district.

According to Myers the reduction of rest stops will save VDOT \$12 million.

The planned number of Safety

Service Patrols to be reduced has not been announced by VDOT yet.

These patrols assist motorists along the interstate by helping to change a flat tire, giving stranded drivers gas for their vehicle or summoning emergency personnel if needed.

VDOT will also reduce its number of employees over the next 18 months. The current proposal calls for cutting approximately 1,000 full-time employees and 450 wage jobs. VDOT currently employs more than 8,400 full-time employees and more 605 hourly employees. These cuts are expected by July 1, 2010.

Before VDOT finalizes any plans they will be meeting with community leaders to discuss the impact the "Blueprint for the Future" has on communities throughout the state. These meetings will continue through the spring.

— Staff Reports

'Worst Environmental Disaster' Spurs Student Spring Break Trip

By **FORD PRIOR**
The Breeze

Four feet of stagnant toxic waste buried a Tennessee valley floor, seeping slowly down into the water table and over to the nearby Emory and Clinch Rivers.

On Dec. 22 an earthen dam protecting a massive deposit of watered-down coal ash — also known as a sludge

pond — suddenly broke through. Immediately it contaminated 300 acres of healthy Virginia soil, an area larger than the Exxon-Valdez oil spill in Alaska in 1989.

Just days after the spill, the *New York Times* had already labeled it as "the worst environmental disaster of its kind in the U.S."

As a result, JMU students are mobilizing. Meredith Routt, a freshman

nursing major, and Emily Robinson, a sophomore ISAT major, are currently organizing a JMU Spring Break trip to the site of the Kingston Fossil Plant spill in central Tennessee. Converging with fellow concerned citizens from the eastern U.S. coal belt — including Kentucky, Virginia, West Virginia, Ohio and Tennessee — they will spend a week

See **SPILL**, page 5

NEW BREEZE VIDEO»»



Visit breezejmu.org to see highlights from the final men's bball home game against VCU. Ben Louis (left) and the Rams trailed the Rams 28-26 at halftime and press time.

POLICE LOG

Fraud

JMU student Mohamed Taraouat was arrested for alleged credit card theft and alleged credit card fraud in Showker Hall on Feb. 19.

Larceny

On Feb. 19 JMU police officers discovered that a sign valued at \$50 was stolen near Newman Lake.

Alcohol

A JMU student was given a judicial referral in Eagle Hall on Saturday.

Five JMU students were given judicial referrals for underaged consumption in Shorts Hall on Saturday.

Page 2

World/National News

Obama Promises to Fix Struggling Economy

WASHINGTON — President Obama offered a grim portrait of America's plight in an address to a joint session of Congress earlier this week, but he promised to lead an economic renewal that would lift the country out of its current crisis without bankrupting its future.

Striking an optimistic tone that has been absent from his speeches in recent weeks, the president said his stimulus plan, bank bailout proposal, housing programs and health-care overhaul would work in concert to turn around the nation's struggling economy. And while he bluntly described a country beset by historic economic challenges and continued threats abroad, he said the solution lies in directly confronting — not ignoring — those problems.

"The weight of this crisis will not determine the destiny of this nation," he said. "The answers to our problems don't lie beyond our reach. They exist in our laboratories and universities, in our fields and our factories, in the imaginations of our entrepreneurs and the pride of the hardest-working people on Earth."

In an address that largely shunned foreign policy to focus on the economy, Obama added: "Now is the time to jump-start job creation, restart lending, and invest in areas like energy, health care, and education that will grow our economy, even as we make hard choices to bring our deficit down."

The 52-minute speech was greeted with sustained applause in a chamber he helped populate with more members of his own party. Republican and Democratic lawmakers alike rose repeatedly to offer their approval of the president's rhetoric and his promise of recovery.

The president received standing ovations when he vowed that CEOs would no longer travel on private jets at the same time they laid off thousands of workers. "Those days are over," he said. Lawmakers leapt to their feet again when the president declared that "health care reform cannot wait, it must not wait, and it will not wait another year."

While he largely avoided partisan rhetoric and did not directly point the finger of blame at his predecessor, George W. Bush, Obama did describe an "era" of greed and short-term profit that he said the nation is now leaving behind, and he stressed that he had not created but rather "inherited" the \$1 trillion deficit, along with what he called "a financial crisis and a costly recession."

The "day of reckoning has arrived," he declared, warning members of both parties in Congress that they will be forced to sacrifice "worthy priorities" as the crisis continues.

2010 Possible Year of Economic Recovery

WASHINGTON — The nation's top economic policymaker Tuesday offered a sliver of optimism in a time of gloom, saying in carefully hedged comments that growth

could return next year if the financial system is put in order.

In congressional testimony, Federal Reserve Chairman Ben Bernanke depicted an economy undergoing a "severe contraction." But Bernanke said the recession could end in 2009, paving the way for a "year of recovery" in 2010.

Any turnaround, the Fed chairman made clear, will depend on whether government efforts succeed in stabilizing the financial markets.

The situation is "basically black and white," he told the Senate Banking Committee earlier this week in his semi-annual testimony on monetary policy and the economy. "If we stabilize the financial system adequately, we'll get a reasonable recovery. ... If we don't stabilize the financial system, we're going to founder for some time."

Financial markets soared on Bernanke's remarks, with the Standard & Poor's 500-stock index up 4 percent yesterday, even as new data showed that consumer confidence hit an all-time low and home prices continued dropping at a record pace in December.

But unlike many other economists, Bernanke is arguing that if the financial system fails to return to function normally, it is out of the question that the economy could recover.

Iranian Power Plant May Offset Energy Shortages

TEHRAN, Iran — The first nuclear power plant built in Iran was tested successfully by Iranian and Russian officials Wednesday, Iran said.

The power plant is projected to be fully operational by the end of this year.

"This, in simple terms, means that Bushehr power plant is completed today and its operation is definite," Gholamreza Aqazadeh, head of Iran's Atomic Energy Organization, told Iranian state television. "The political concerns about Bushehr plant are now completely addressed today."

The launch of operations at the 1,000-megawatt light-water reactor near the southern Iranian port of Bushehr — built with Russian assistance under a \$1 billion contract — had long been delayed over financial ambiguities as well as construction and supply glitches.

The plant is a highly symbolic facet of Iran's controversial nuclear program. The United States, Israel and some European nations have charged that Iran is trying to produce nuclear weapons.

But Iranian leaders insist the country's nuclear ambitions are peaceful. Tehran points at regular energy shortages in the country as proof of the need for nuclear energy.

Bill Proposed to Allow D.C. a Seat in the House

WASHINGTON — For the first time in more than 30 years, a Washington D.C. voting rights bill is headed to the Senate floor, after attracting enough votes to cross a key procedural threshold.

Senators decided earlier this week, by a 62 to 34 tally, to consider the bill, which would give Washington D.C. its first seat ever in the House of Representatives. The measure is expected to face lively debate before a final vote in the coming days or next week.

Eight Republicans voted to proceed with the bill, including two surprises: Sens. Thad Cochran of Mississippi and Lisa Murkowski of Alaska. One Republican who had indicated that he would vote yes, Robert Bennett of Utah, voted no. A similar bill failed to reach the floor two years ago after falling three votes short of the 60 needed to prevent a filibuster.

A reporter asked Sen. Harry Reid, D-Nev., why not introduce a bill that would give Washington full representation — two senators and a representative.

"Let's try to get this done. I'm for full statehood, always have been," Reid replied. "But let's try to get this done."

Asked about legal challenges to the bill if it is approved and signed by President Obama, Reid said: "I'm confident it will be upheld by the Supreme Court." As for the potential of amendments being added to the bill in an effort to stop it by senators who are opposed giving D.C. a vote in Congress, Reid said: "We feel confident that any mischievous amendment will be tabled."

The bill permanently adds two seats to the 435-member House. One would go to the heavily Democratic Washington, and the other would be assigned to Republican-leaning Utah through 2012, when congressional seats are reapportioned. Utah barely missed getting an extra representative after the last Census.

Iraqis Dressed as Police Kill Two, Injure Three

BAGHDAD — A U.S. soldier and an Iraqi interpreter were killed Tuesday and three American troops were injured when gunmen, who officials said wore Iraqi police uniforms, fired on them in the northern city of Mosul.

It was the third time since November that men in Iraqi security force uniforms have attacked American forces in Nineveh province.

A U.S. military statement gave few details of the incident, which it said occurred about 2 p.m., during a meeting at an Iraqi police station. It said four Americans were injured and one later died. A second Iraqi interpreter also was injured.

According to Iraqi police, gunmen wearing police uniforms opened fire on the group at a bridge checkpoint in Mosul, the capital of Nineveh. A police official, speaking on condition of anonymity because he was not an authorized spokesman, said the gunmen were manning the checkpoint and fled after the shooting. The official also reported that two Americans were killed.

— The Washington Post and Los Angeles Times

CORRECTIONS/CLARIFICATIONS

• The first part of a series titled "War: Studied Abroad," by Gabriel Henriquez, which ran in the Feb. 16 issue of *The Breeze*, is being discontinued due to a shortage of sources. *The Breeze* also acknowledges that editorializing did appear in the only part of the series that ran.

• In the Feb. 23 issue of *The Breeze*, we incorrectly stated in the article "Frauds Replicate Credit Card" that the Harrisonburg Police Department was investigating the case. It is in fact the FBI now doing the investigation.

• In the Feb. 23 issue of *The Breeze*, the bar graph on page 5 was misleading. JMU's endowment ranking is 542 out of 791 nationwide colleges and universities.

MISSION

The Breeze, the student-run newspaper of James Madison University, serves student and faculty readership by reporting news involving the campus and local community. *The Breeze* strives to be impartial and fair in its reporting and firmly believes in its First Amendment rights.

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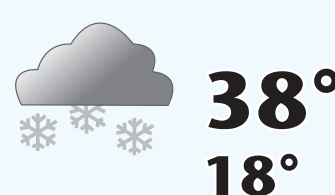
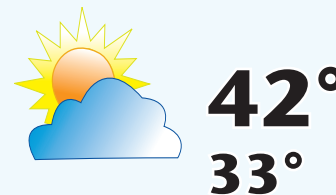
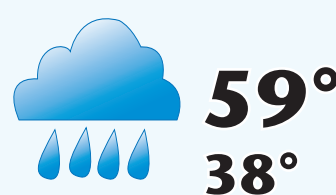
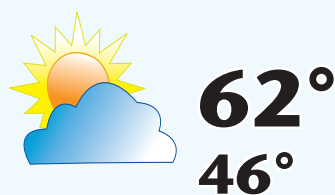
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NEWS

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Thursday, February 26, 2009 | 3

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Card Fraud Pinpointed

Security breach in company linked to targeting of JMU student, other locals

By RACHEL DOZIER
The Breeze

A security breach enabled the culprit(s) behind the credit card fraud that has been affecting local individuals and businesses nationwide.

JMU senior, Matt McDonald, who was featured in the Feb. 23 issue of *The Breeze*, was a victim of credit card fraud. His Suntrust debit card was used at a gas station in Texas with a charge of \$150, but eventually he was reimbursed.

McDonald believed the issue was connected to Massanutten resort, where he works, because other co-workers had similar problems with credit card fraud.

However, Sarah Elson, Massanutten's business relations manager, said there is no evidence connecting Massanutten to the scam. Elson said she has had credit card problems, but has never used her card at the resort. Elson said it was a "coincidence" that some of the workers were having problems with fraud, but is warning everyone to be careful.

Sgt. Felicia Glick of the Rockingham County Sheriff's Office said, "We reported around 60 cases of credit card fraud in the district. However, since these cases involved using the stolen numbers outside of our jurisdiction, we referred the victims to the FBI."

The FBI's Web site for credit card fraud (www.fic3.gov) provides a place for victims to file a complaint in order for them to potentially be a part of an investigation.

The Heartland Scandal, named because Heartland Payment Systems disclosed the breach, has even led to cases popping up in Rockingham County and the city of Harrisonburg.

A financial service representative from Suntrust Bank, Dustin Williamson, said that there is an entire division of the bank devoted to investigating fraud.

"Those who report credit card fraud are returned their money and are allowed to keep it once the investigation proves they were legitimate victims of fraud," Williamson said.

Williamson alone has worked on 30 cases of

See **FRAUD**, page 4

Competition Gains New Sponsors

By KATIE THISDELL
The Breeze

One team of green-minded entrepreneurs could make their business model a reality. Winning an investment of up to \$100,000 in capital and services, they'll be one step closer to a more sustainable future.

But the JMU Center for Entrepreneurship said the business won't just be supported by JMU: Two of the world's prestigious firms will also sponsor the Sustainable Business Plan Competition, in addition to several other partners.

Lockheed Martin, a global security and information technology company, pledged \$25,000 for the contest. Kelley Drye & Warren LLP, one of the country's oldest law firms, will provide free legal services to the winners.

"I think it's an incredible vote of confidence for the students we have," said Dennis Tracz, director of the Center for Entrepreneurship. "They share the same vision we have: to encourage the leaders of the next generation of businesses as much as we can. They think JMU has students that can do this."

The competition was announced on Oct. 22, 2008, and the deadline to register is March 2. The final winner will be announced April 20.

As of Tuesday, 53 teams were registered. One team member must be a JMU student, alumnus or employee. The competition is open to students in all areas of study, and also members of the community.

Other sponsors for the competition include LinkedIn, Dell, Sustainable Life Media, Shenandoah Living, Brain Surgery, SE Solutions and

See **SUSTAIN**, page 4

Culture on the Catwalk

African Student Organization puts on "Taste of Africa" to teach others about different cultures that exist in 16 nations of the country



TYLER BRADSHAW/contributing photographer

From right to left: Seniors Mary-Louise Kidaha, Kojo Danquah-Duah, Bonita Isiadins, Sheila Ngongbo and Ibrahim Lamay walk the runway displaying different flags from the African nations.

By KATIE THISDELL
The Breeze

Senior Biruk Haregu distinctly remembers the weddings he watched as a child in Ethiopia. Surrounded by the community, the bride and groom, dressed in white, would celebrate.

During the traditional "Eskista" dance, they would shake their shoulders and necks in beat with the music. Later, there would be a communal meal, prepared by and shared with everyone.

"Weddings are such an integral part of our culture and everyone loves them," Haregu said. "Even now, I am often asking my mother who is next in the family to get married

because I want to attend a wedding."

At JMU, Haregu maintains his Ethiopian heritage through visits to the Blue Nile restaurant, listening and dancing to cultural music and speaking the language.

"I really miss the everyday interaction with the people, because there is a certain friendliness and hospitality that is prevalent in Ethiopia," Haregu said.

Haregu, along with more than 50 members of the African Student Organization, shared these and other African traditions during the fifth annual "Taste of Africa." Throughout last week, the ASO held three events to teach JMU about the varying cultures of the continent of Africa. After a panel discussion and a documentary viewing,

the week ended with the "Taste of Africa."

"What often happens is Africa is globbed up as if it's just one country," Haregu, the ASO president, said. "But there are various countries and various celebrations."

ASO wanted to show JMU that these differences exist.

Junior Martha Alemayehu, secretary of ASO, was one of the Ethiopian dancers in the wedding scene. She said the celebration reminded her of traditions from her home.

"Whatever culture the students are from is what scene they're usually in," Alemayehu said about the members of ASO who performed

See **AFRICA**, page 4

Senators Debate Diversity Seminar Idea

By AMY PASSARETTI
The Breeze

Is diversity something that is learned or experienced?

This was the topic of debate on the SGA floor Tuesday night as they passed a resolution to recommend to the JMU administration the possibility of adding a diversity seminar course.

"It will mainly be a self-exploration and discussion class," said senior Stephany Herzog, creator of the seminar. Her initial idea was to offer it as a one-credit to two-credit class that would possibly replace a current GenEd in the Cluster One category.

To some the resolution was vague and offered no details as to how it would be funded, if it would be required or what it may replace.

Senior Sen. Tara Rife, who had served on the GenEd Council, felt most proposals they receive are more researched. Others felt that diversity isn't something that can be taught.

"Diversity isn't a class, it's an experience," senior Sen. Jeff Watson said. "It should not be shoved down students' throats."

There was opposition from senior Sen. Matt Wolf and sophomore Sen. Dan Westbrook as well; both feel diversity is something people are exposed to every day, all around us and therefore a class isn't needed to reiterate that.

However, junior Sen. Harrison Covall felt just the opposite.

"It's important to force people to talk about certain issues that may not come up in normal conversations," he said.

The resolution was written by junior class President Nicole Ferraro and was originally brought to the senate on Feb. 10.



EVAN MCGREW/contributing photographer

Junior class President Nicole Ferraro and junior Andrae Hash debate on a passed resolution for a diversity seminar course.

■ The runoff vote for Executive Treasurer will be online today from 7 a.m. to 7 p.m. between Sens. Brock Wallace, a sophomore, and Andrew Reese, a freshman. Last week, the vote was between three candidates, but there was not one candidate that won a clear majority, so there is a second election for the two that received the most

votes. The clear majority is when a candidate receives more than 50 percent of votes, to avoid the possibility of a 50/50 tie.

■ Madison Marketing Association requested and was granted \$975 to send five

See **SGA**, page 4

FRAUD: Watching Accounts Important

Fraud, from page 3
credit card fraud in the last 12 months, and he directly relates the recent credit card issues in Rockingham County to the Heartland Scandal.

Heartland Payment Systems works with many banks nationwide and is in charge of some online accounts.

The company is addressing this problem by developing "end-to-end encryption, which will protect data in motion as well as data at rest." They are also educating businesses and industry leaders on ways to catch cyber criminals.

But how does that protect students and other individuals?

"It's important to keep an eye on your own account," Williamson said. "The bank and credit card companies are usually pretty good at detecting suspicious activity; however, we can't catch everything."

SUSTAIN: JMU Connection Causes Businesses to Donate to Competition

Sustain, from page 3
Barista on Demand. Each has given monetary support, generally between \$10,000 to \$20,000, according to Tracz, or will provide some type of service for the winning team.

"They're alums who really want to make this happen," Tracz said about many of the sponsors. "They're still all connected to the JMU nation."

At Lockheed Martin, JMU alumus Mike Thomas is the president of the firm's Global Security Solutions Group. In 2007, the company received National Geographic's "Global Climate Change Champion" award for its sustainability efforts.

Tracz also asked one of his friends, Danny Adams, who is a partner at Kelley Drye, and whose daughter used to attend JMU before she

transferred, to support the competition.

"Professionally, we try to work with as many new start-up ventures as we can," Adams said. "So we want to get involved with this exciting new business, and we hope to continue to work with them in the future."

Tracz said having the two firms connected to JMU opens more opportunities. For example, the start-up process for new business ventures can be extensive and costly, but Kelley Drye's representation will be worth about \$25,000, Tracz said.

"When you're a start-up, one of the things you're trying to do is get some credibility," Tracz said. "So when you list Kelley Drye, that puts you in the big leagues right away...A firm like Kelley Drye would never [do something] like this otherwise, not in a million years."

AFRICA: Nearly 350 Attend Cultural Celebration

Africa, from page 3
in the skits.

ASO also performed a Nigerian Christmas masquerade celebration and a Ghanaian chief selection ceremony. Wearing traditional clothing, performers danced across the stage as characters from spirits to an African queen.

"There are so many countries and I think we accomplished the goal of showing that," Haregu said, "especially with the skits that showed different traditions in three countries."

The show began with a five-minute ASO documentary interviewing JMU students on what they knew about Africa. It wasn't much.

Between skits, ASO members modeled both traditional and contemporary clothing along the stage-turned-runway. Women strutted in brightly colored dresses and skirts while men swaggered in tunics, shawls and loose pants. Haregu said all the clothing was made in Africa.

Dances wove the pieces of the show together. Ranging from the modest shuffling of footsteps to the flamboyant hip shaking of today's hip-hop, the ASO members impressed the crowd.

"Get it, girl!" shouted one audience member as she watched a friend in the dance-off between the women and men.

Almost 350 seats were filled, surprising Haregu. More chairs were added as the event began.

"We've been having great shows for the past couple of years," Haregu said.

"But we weren't expecting it to be this big."

The final segment was a showcase of flags from 16 African nations displayed on T-shirts, representing many of the members of ASO.

"It really shows people that Africa is more than just one country," said junior ASO member Victoria Adubofour, a Ghana native. This was her third year participating in the show. She also performed in the Ghanaian skit.

"It honestly makes me proud seeing this tradition on stage," she said. "It brings back lots of memories. It makes me proud to be African and Ghanaian."

CHANGING PERCEPTIONS

On Jan. 19, African Student Organization held a panel discussion with political science professors Kelli Moore and Melinda Adams in Taylor Hall. The small audience learned about aspects of African development and then asked their own questions.

"What I see in the news media coming back is Africa really has an image problem," Moore said. "We don't hear about the new constitution of South Africa. We don't hear about the women leaders. We don't hear about the democratic progress. That's just not on the news. The news you get tends to be overwhelmingly negative and about conflict."

Moore said she polled College of Business students about where they would do business in Africa, and many



TYLER BRADSHAW/contributing photographer

Biruk Haregu and the African Student Union raise awareness about African culture, and try to change common perceptions of Africa.

responses said the perceived violence of the areas were deterrents, whereas poverty had less impact.

"The average image that students see is that people go to war every day, not go to work every day," Moore said.

Adams then discussed the important but often-overlooked role women play in development.

"If we want to promote development in Africa we have to involve that 50 percent of the population that has historically not received a lot of

attention," Adams said.

The first event of the week, on Feb. 17, was a screening of the documentary "Women in War Zones," which depicted the ongoing conflict in the Democratic Republic of Congo. It was followed by a discussion with producers Scott Blanding and Greg Heller.

ASO member junior Deborah DaWit said events such as these three are important to share Africa's unique cultures with the world.

"Africa is good," DaWit said. "It's not all bad."

Want to write for *The Breeze*? Come to tonight's writers meeting at 7:30 in Anthony-Seeger Hall.

SGA: Contingency Funds Dwindling

SGA, from page 3
executive members to its 31st Annual International Collegiate Conference in New Orleans.

■ The Student Occupational Therapy Association requested and was granted \$1,060 to send members to an annual American Occupational Therapy Association's conference in Houston, Texas.

■ Destination Imagination requested \$1,950 to send three executives to the Global Finals to recruit middle and high school students, who may already be involved in the program to continue it at JMU. DI is an organization that competes in various technical, innovative, architectural and scientific challenges. Teams participate from 46 states and 13 countries, including grades K-12. Senior Sen. Justin Broughman was one finance committee member who voted against it because he felt the group had not exhausted their fundraising options. However, DI was granted the money.

■ There is now \$1,692.52 in contingency funds left, which started at \$29,000 in the beginning of Fall 2008.

Contingency money is funds left over after non-front budget groups have received their money. FEB groups are those with a broader impact on campus life such as University Program Board and Student Ambassadors.

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SPILL: Alternative Spring Break Group to Spend a Week Coal-Free

Spill, from front at the sidelines of the spill, experiencing first-hand this consequence of coal-powered electricity. Last semester, Routt traveled to West Virginia to witness another side of coal power: mountain-top removal, and she was deeply moved at the sight of a green mountain-top destroyed by strip-mining.

"It is the most eye-opening experience ever, because you finally see how you personally are affecting the environment and how you're ruining everything," Routt said, referring to the direct effects of her coal-powered electricity usage.

Lara Mack, an '08 JMU graduate and agenda intern for Mountain Justice, the anti-coal nonprofit that organized the Spring Break event, believes that no matter how often coal industry touts the phrase "clean coal," it is, in fact, quite a

dirty affair.

"There's no such thing as clean coal, reason being that coal is dirty from producing it to burning it to collecting the waste in sludge ponds," Mack said. "... It's dirty at every point in the process, from the cradle to the grave."

Besides a focus on the "dirty" character of coal, the week in Tennessee will highlight a path into the future. Juxtaposed against the toxic spill, it is a week of "green" ideas and lifestyles oriented toward steering America away from coal.

The group will participate in various activities linked to reducing reliance on coal — a reliance that crops mountains and spills toxic sludge. As a fossil fuel, coal has played an integral part in this country's rise to first-world affluence, so obviously it is woven tightly into this country's economic, political and cultural fabric.

"It is our main source of electricity," Robinson said. "If we took away people's electricity it'd be chaos." She hopes to replace coal with a cleaner, more advanced fuel source.

In Tennessee, students will talk to local residents, hear from anti-coal advocates, protest the coal industry, participate in a series of workshops on fighting coal and at the end of the day enjoy their Spring Break in a coal-free way.

"In the morning, we'll wake up and go on a hike or do a service project somewhere, and then we'll do a full day of workshops," Routt said. "We'll learn about grassroots organizing and direct action. At night we'll do a big camp circle and discuss what we did that day."

Mountain Justice organized the Spring Break event, but Routt and Robinson, both members of JMU's E.A.R.T.H. Club, have been placed in charge

of recruiting a team from JMU's campus.

"So far, we have eight people in the E.A.R.T.H. Club, but there's a lot of people [from JMU] that aren't registered with us but are going through different organizations," Robinson said. The group hopes to recruit more students before Spring Break.

The cost of the trip is donation-based, but Mountain Justice asks that each attendee pay \$50 to \$500 to cover lodging, food and support for the environmental nonprofits involved. Programming runs from March 7 to March 15.

"To spread the word, that's what we're mainly trying to do; just to become more aware of what's going on around us," Routt said. "At some point it's going to be too late, and we're not going to have anything left. And you're going to sit there wondering, 'Why is this like it is right now?'"

Apply to be *The Breeze's* Opinion Editor or the Assistant Sports Editor online at jmujoblink.edu

VIRGINIA: Universities Oppose Legislation

Virginia, from front record on this issue and stands behind his original position.

"I am on record with the Appropriations Committee of the House of Delegates as saying that JMU would voluntarily reduce our out-of-state enrollment from 29.5 to 25 percent over a period of years if the state would make up the loss in revenue attributable to the tuition differential that out-of-state students pay," Rose said through an e-mail. "The code of Virginia requires that out-of-state students must pay at least 100 percent of the cost of education. In JMU's case the estimate I shared with the committee was \$8 million per year."

This means that out-of-state students have to pay at least twice as much as in-state students. To make up for this loss in revenue JMU will receive \$8 million per year.

In a letter to Delegate David Albo John Casteen III, the president of UVA, had this to say about the issue:

"If I were to shift the balance of in-

state/out-of-state students we would run the risk of impeding our progress and dramatically reducing the quality and reputation of the University of Virginia," Casteen said.

Brian Whitson, director of news services at the College of William & Mary expressed a similar stance.

"We oppose the legislation," Whitson said in an e-mail. "William & Mary is a world class institution — an essential ingredient of our character is being globally integrated, and having students from across the nation and the world."

One out-of-state student has the same general feeling about this new legislation.

Ryan Streb, a freshman from Long Island, N.Y., said, "It seems unfair that out-of-state students would be punished because in-state students are having trouble getting into Virginia's colleges. Virginia has a lot of great universities and I think that by reducing the amount of out-of-state students would only hurt the universities."

EXERCISE: Working Out a 'Need'



ROBERT BOAG/The Breeze
Senior Didier Rusangiza does jumping jacks outside of UREC to improve his cardiovascular fitness.

Exercise, from front their own workout routines, and my parents were impressed when I lost so much weight in my sophomore year," Rusangiza said.

To combat this issue, UREC works with a group known as S.E.E.D (Stop Eating and Exercise Disorders). This team is designed to help JMU students with disordered eating and exercise behaviors.

Michele Cavoto is the nutritionist at the Office of Student Wellness and Outreach and a member of the S.E.E.D team. She said she's seen "quite a few cases" of over-exercise on campus. Her goal as nutritionist is getting students with this disorder to moderate their exercise and have a healthy diet.

"These students are so afraid to gain weight that getting them to eat right is one of

the hardest tasks," Cavoto said. "We just take it one step at a time. Even one small step can be a great accomplishment."

Cavoto believes that Rusangiza has a legitimate problem with over exercising.

"The recommended amount of time in the gym is one hour, four to five days a week for fitness," Cavoto said. "This student [Rusangiza] is doing two to three times the recommended amount on top of his ROTC workout schedule. This borders on obsession and is very unhealthy."

Rusangiza's response to Cavoto's analysis: It's what he needs.

"I don't disagree with her too much," he said. "I know my exercising is a bit excessive. However, different people need different things; unfortunately I need this amount of exercise."

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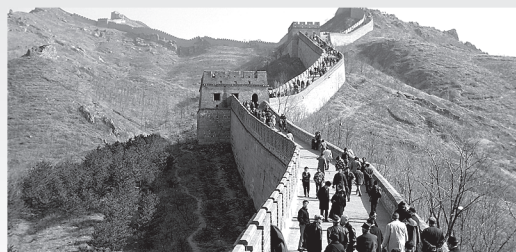
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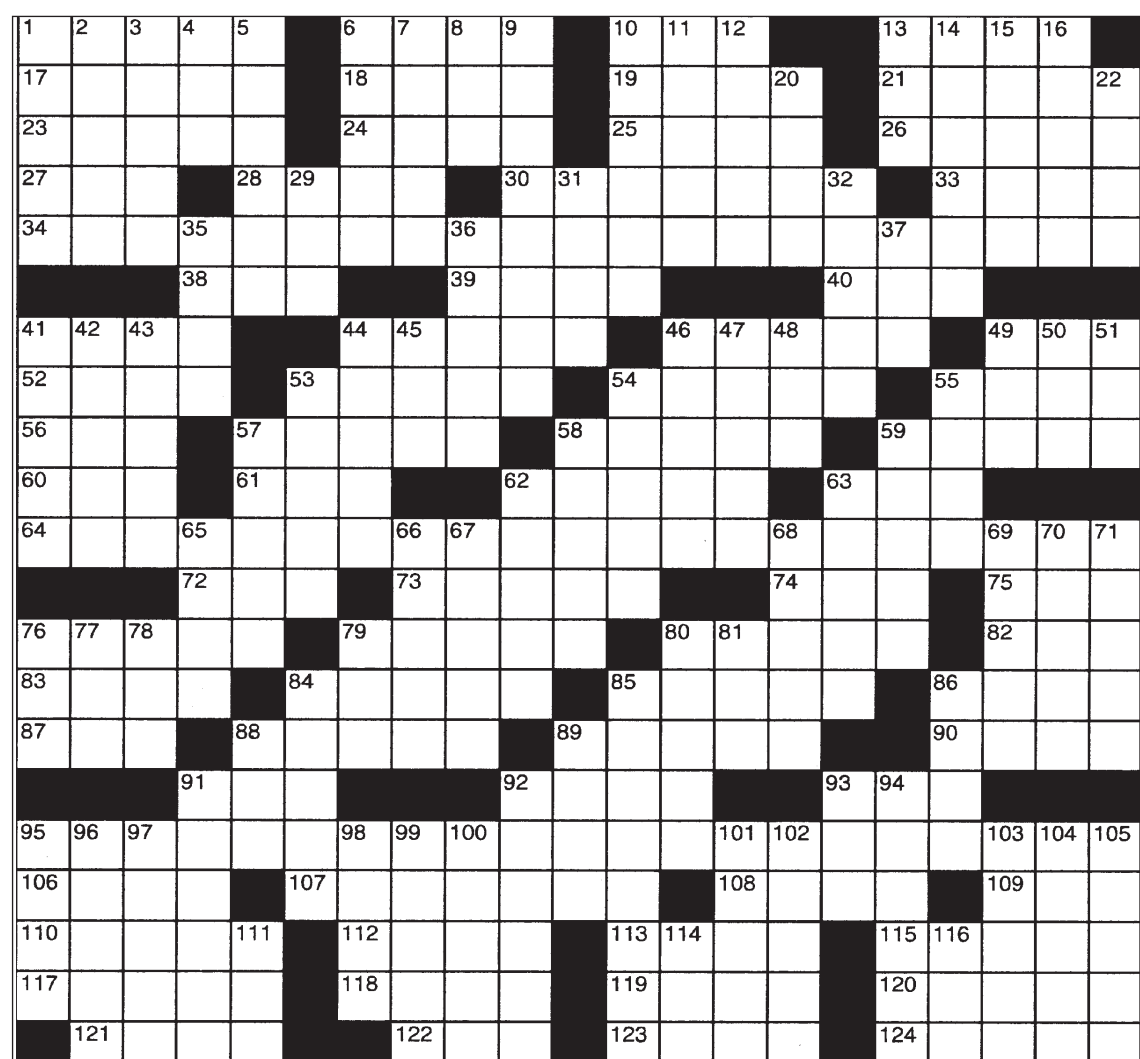
ACROSS

- 1 Resembling
- 6 Lowdown lit
- 10 Small shot
- 13 Ellipse
- 17 Prompts
- 18 Sheet of stamps
- 19 - League
- 21 Send payment
- 23 Buenos -
- 24 Computer image
- 25 Non-stereo
- 26 Praise for Pavarotti
- 27 "Norma -" ('79 film)
- 28 Bruins' sch.
- 30 "Ada" author
- 33 List entry
- 34 Start of a remark by Will Rogers
- 38 Author LeShan
- 39 About
- 40 Very cold
- 41 Mets' milieu
- 44 Artist Neiman
- 46 Steakhouse order
- 49 Kasbah cap
- 52 Printed matter
- 53 Hook on a hawk
- 54 Wall Street spoilers
- 55 Poi base
- 56 Code letters
- 57 Prominent Hatch?
- 58 Gardener's delight
- 59 So out it's in
- 60 Bow
- 61 Playground game
- 62 Uncool ones
- 63 Who stoops to conquer
- 64 Middle of remark

- 72 Snaky swimmer
- 73 Actor Lorenzo
- 74 Logical letters
- 75 "Knots Landing" character
- 76 Yankee Derek
- 79 Nickel creature
- 80 Toughen up
- 82 Dachshund declaration
- 83 Surrounded by
- 84 Dedicated to defamation
- 85 Laotian native
- 86 "La Boheme" seamstress
- 87 Lave the linoleum
- 88 Part of a process
- 89 Black piano key
- 90 Spirit
- 91 - Lanka
- 92 Mutt of mystery
- 93 - -relief
- 95 End of remark
- 106 Corner a cat
- 107 Indy 500 figure
- 108 Actress Freeman
- 109 Fury's food
- 110 Destined to diet
- 112 Lost
- 113 Ultimate whale watcher?
- 115 Former African nation
- 117 Actress Marisa
- 118 Garr of "Mr. Mom"
- 119 Theater section
- 120 New York city
- 121 Salamander
- 122 57 Across, e.g.
- 123 Look like a letch
- 124 Com. treaty

DOWN

- 1 Peck part
- 2 A Heap of Dickens
- 3 Come around
- 4 Look at
- 5 Sent out
- 6 Like some milk
- 7 Jungle bird
- 8 Top numero
- 9 "In Memoriam" poet
- 10 Hefty grass
- 11 Witch wheels?
- 12 Low-octane joe?
- 13 Sphere
- 14 Prove
- 15 Famed figure in fiddles
- 16 Bile producer
- 20 Opus
- 22 Magnum opus
- 29 R.E. Lee's govt.
- 31 Part of DA
- 32 Scores in ores
- 35 Best
- 36 Hitter Hank
- 37 Sail through
- 41 Scarecrow stuffing
- 42 Monsieur Matisse
- 43 Precise
- 44 A particular Key
- 45 Lilly of pharmaceuticals
- 46 Mans the bar
- 47 Met men
- 48 Rossini's "Le Comte -"
- 49 Some trimmings
- 50 Bungle
- 51 Gnus center?
- 53 Seek out a school?
- 54 Conifer coverings
- 55 Really rain
- 57 Sleek swimmer
- 58 Some kind of a nut



- 59 - Island
- 62 "In Search of . . ." host
- 63 Unyielding
- 65 Pay attention to
- 66 Opens the mail
- 67 Discernment
- 68 Hunker down
- 69 Serve a purpose
- 70 Fate
- 71 Impish
- 76 Berry sweet stuff?
- 77 Funny Philips
- 78 Inside info
- 79 Herd word
- 80 Farouk's faith
- 81 Nicole on "Fame"
- 84 Exercises the arms
- 85 "- is said and done"
- 86 A real butte
- 88 Expert
- 89 Tennis legend
- 91 Playground feature
- 92 Reach
- 93 Prohibition
- 94 Woman warrior
- 95 Subway station
- 96 Papal name
- 97 "Superman" star
- 98 Coup d'-
- 99 Desert refuges
- 100 Jacques, for one
- 101 Effigy
- 102 Like a judge
- 103 Man of steal?
- 104 Jeweler's weight
- 105 African scavenger
- 111 Tolkien creation
- 114 Form furrows
- 116 Cookbook phrase

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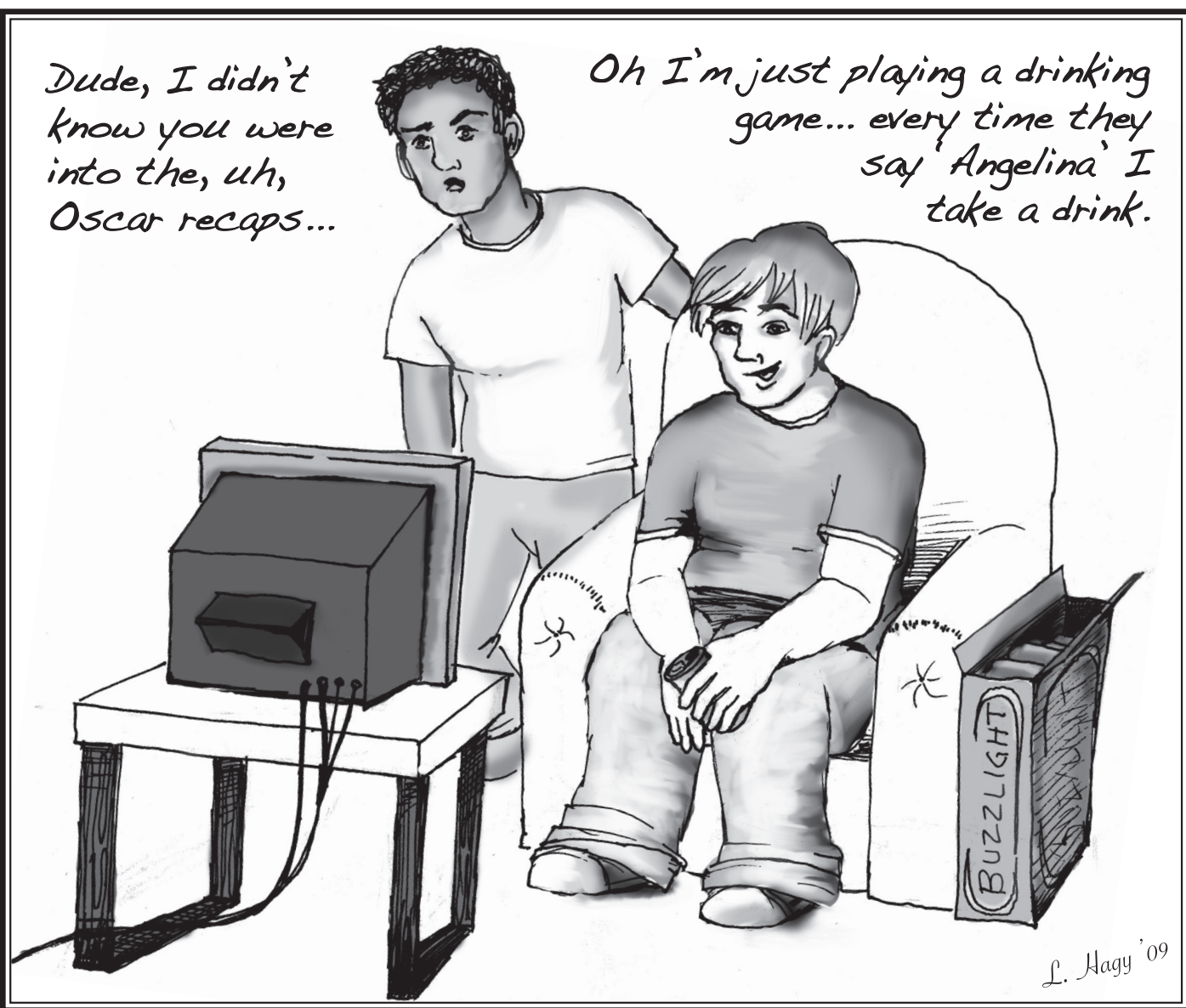
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EDITORIAL

Welcome Support

STRESS, ANXIETY, COMPULSION, GUILT: words all too familiar to mental health professionals and their patients alike. But anyone who's taken a General Education health class knows that wellness has multiple dimensions that overlap.

Enter JMU's S.E.E.D. (Stop Eating and Exercise Disorders) team, a collaborative affair with members from the Counseling and Student Development Center, the University Health Center and UREC, among others. In its mission to help students assess their nutritional and physical health, S.E.E.D. is an exemplar of a student health service.

Well-known disorders such as anorexia and bulimia still carry with them unfair stigma, and exercise disorders have yet to break into the mainstream public conscious as a concern.

We believe that bringing attention to disorders helps lessen stigma — dialogue is the road to understanding and a supportive community. Confidentiality is a staple of the health profession, but that does not mean the larger issue itself must be swept under the rug. Quite the contrary: S.E.E.D. is a unique resource that students should be aware of.

We applaud the members of the S.E.E.D. team and are proud to see such a concerted effort of support to students.

DARTS & PATS

Darts & Pats are anonymously submitted and printed on a space-available basis. Submissions creatively depict a given situation, person or event and do not necessarily reflect the truth.

Submit Darts & Pats at breezejmu.org

GADFLY

Firing Back

The concealed carry on campus issue returns — debate doesn't

A “**he-was-more-than-just-a-goldfish**” dart. From a distraught owner who only grieved more after your heartless laughs for my pet and friend's death.

A “**you-are-my-heroes**” pat to the staff members at UREC, who handled a serious emergency calmly and effectively the other day. From someone who appreciates what you do.

A “**how-could-it-possibly-take-this-long?**” dart to JMU for still having the Quad fenced off for tunnel construction. From a senior who is disappointed that the Quad looks like this for his final two years of college.

A “**cyclops**” pat to Market One for its choice for the mural on the wall of the dining room. From a junior who has spent many meals wondering why the characters have only one eye.

An “**I-signed-the-two-year-contract-and-I-get-no-priority**” dart to JMU Residence Life for not rewarding those who made up their minds seven months ago to live in the dorms for a second year. From an annoyed first year who got a number in the 3,000s.

A “**put-your-broomsticks-away**” dart to the Village girls living below us who need complete silence during all hours of the day. From the guys upstairs, who really aren't that loud.

A “**give-it-up-already**” dart to my roommate who only speaks in Darts & Pats, hoping one day she'll hit it big. From your roommates, who don't blame The Breeze for not publishing your lame ideas.

A “**wash-your-mouth-out-with-soap**” dart to the JMU football team for constantly swearing loudly every time I see you. From your mother, who taught you better than that.

Second amendment issues don't really push my buttons as of late. Of course gun violence horrifies, but the relationship between the Second Amendment and gun control policy — haunted as it is by syntax and that pesky, anachronistic bit about a “militia” — poses constitutional questions, the depths of which I can't claim to answer presently.

My ambivalence toward the larger issue of gun control aside, I can't remain silent when it comes to the torrid affair some of my fellow students have with firearms and their aspirations of bearing them on campus.



WHITTEN MAHER

I'm not afraid to say that some people are “second amendment advocates” not for reasons of liberty or safety. Some people just like guns. Such a mindset is more pathological than logical, and any argument relying solely on an appeal to gun culture should be taken out back and shot.

Those arguments have been few and far between, though. More numerous are the distasteful rants aimed at cultivating fear. There's the oh-so-nuanced “So you would be fine with just sitting there and getting slaughtered?” dig which so many proponents of concealed carry fall back on. You'll notice common threads interwoven through countless Web posts: a person snarling at what they see as idealistic naïveté, all but taunting their opponents with a sick “when the day comes” scenario in which the people who disagree with them would be helpless (and a concealed carrier would surely save the day).

Yet some gun rights advocates have excelled recently in providing legitimate, hard-to-contest arguments for their position, and if you deny that you would be just as dogmatic as those I mentioned above. Much to my dismay, as I read comments on *The Breeze* and the *Daily News-Record's* Web sites I actually found myself sympathizing with the idea of carrying guns on campus.

When argued calmly and logically, it's a seductive pitch. It's a fight for personal liberty and for the means to defend one's self and others. It's the fact that, once you step on to a college campus, you're stripped of a certain right. It's rugged individualism taken to the armed extreme. It rubbed me the wrong way,

but it somehow rang true for a while. Although couched in unnerving, militaristic — almost survivalist — rhetoric, this cold, conservative logic of self-preservation made some sense.

I found it hard to argue against concealed carry on campus, but at the end of the day, I don't want guns on my campus.

So why the dissonance?

For starters, the only people I had read or heard from at length were concealed carry supporters. Kudos to Students for Concealed Carry on Campus and the College Republicans for rallying support, I guess. The movement is the biggest one I've seen at JMU all year.

SCCC and Co. are in the position of speaking out against the status quo, so perhaps that's why so few are speaking out against them.

“ I can't remain silent when it comes to the torrid affair some of my fellow students have with firearms... ”

Small wonder I began to wander, then; the dialogue has been lopsided. The lack of articulate, well reasoned opposition to the concealed carry on campus movement is striking. However you feel, there should be enlightened debate on the issue. It is still policy that people cannot bring concealed weapons onto our campus, but when a just precedent is challenged one must act swiftly to defend it — persuasively and with reasons.

You cannot categorically dismiss proponents of concealed carry on campus as trigger-happy “gun nuts” frothing at the mouth; that's a disingenuous and dangerously lazy way to debate. You cannot linger, as too many do, on the paradoxical quality of their argument: that having more guns makes society safer. (They actually do, but in much the same way that nuclear weapons made both the United States and the USSR safer in the anxious years of a protracted Cold War.)

Neither of those points will convince

anyone who wasn't with you before, so let's try something different.

The issue at stake is not the Second Amendment. It's carrying weapons onto a college campus, which has been distinguished from other public areas.

I've heard statistics that report lower crime rates in states with concealed carry laws, but not a single study pointing to campus violence. Citing statistics gleaned from crimes in suburbs, cities and rural areas — distinctly different environments with distinctly different crimes — is not a valid way to argue the point. And when concealed carry supporters do mention colleges, it's always the sensational shootings — never the thousands of peaceful, uneventful days on campuses across the nation.

As longtime political operative Rahm Emanuel remarked, “You never want a serious crisis to go to waste.” Proponents of concealed carry on campus brazenly seize the opportunities provided by the shootings at Virginia Tech and other schools to gain momentum for their cause.

It's important to note that the No. 1 justification used for concealed carry on campus has been the potential for a single, absurdly specific scenario: 1) a premeditated campus shooting 2) taking place during the day and 3) in a classroom. Such incidents are tragic and senseless, but they are also rare, unpredictable and unpreventable — it's irresponsible to base an entire movement on such a limited hypothetical.

Consider, too, that concealed carry would effectively deputize any student on campus to act in place of law enforcement in the case of such an event (something supporters have explicitly pointed to as a benefit) — but without the training, tactics and experience our law enforcement officers possess. Does being a responsible gun owner qualify you to be a vigilante? I'm not referring to the act of judging who lives or dies, but rather the implications of unprepared, armed students trying to diffuse an already violent combat situation.

By this point, I can't believe I was so convinced by arguments based on the selective use of isolated incidents, anger over hypothetical situations and fearmongering. It's nice to find your voice, isn't it?

Keep guns the hell off my campus.

■ WHITTEN MAHER is a junior political science and media arts & design major and *The Breeze's* opinion editor.

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Deadline to vote is midnight March 3. Winners will be selected and published in the March 5 issue of *The Breeze*.

Keep an eye out for another photo contest starting next week



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LETTERS TO THE EDITOR

In Defense of Gun Rights Week

I have heard many people condone the JMU College Republicans and Students for Concealed Carry on Campus for hosting Gun Rights Week. It is no secret that most students at JMU disapprove of the notion that students should be allowed to carry on campus. Most people fear those who would carry guns, and are worried that a "wild west" situation would occur that results in mass chaos. This is simply untrue. Look at these facts:

- In states that allow concealed carry, total violent crime is 13 percent lower, homicide is 3 percent lower, robbery is 26 percent lower and aggravated assault is 7 percent lower (A 1996 FBI Uniform Crime Report).
- Since Florida instituted concealed carrying in 1987, less than 0.02 percent of Florida carry permits have been revoked because of gun crimes committed by license holders (Florida Dept. of State).
- In the 31 states that now have "concealed right to carry" laws, murders were down, on average, by 8.5 percent (National Center for Policy Analysis).
- Rapes were down 5 percent and serious assaults by 7 percent (NCPA).
- In cities with populations of more than 250,000, murder rates dropped after the passage of such laws by an average of 13.5 percent (NCPA).

These are just some statistics. But overall, they show that crime goes down when concealed carrying is allowed. In Utah, for example, they allow concealed carrying on college campuses. Do we ever hear of out-of-control crime? Of course not. To bring this closer to home, Blue Ridge Community College allows concealed carrying, and they have not had problems with the policy. The truth of the matter is that people have false assumptions of what may happen. It is not those who abide by the law we need to worry about, but the criminals who do not.

Kyle Jacobs
freshman political science major

Shrieking Cats Are a Cry For Help

I got word by e-mail that a "dart" was published in *The Breeze* on Feb. 19, to wit:

A "can't-we-all-just-get-along?" dart to the cats that roam South View, trying to kill each other in the middle of every night.

From a girl who is constantly frightened awake by your bloodcurdling shrieks and wishes you would just meow cutely instead.

"Blood-curdling shrieks" from cats are most often due to mating and/or fighting over mates. This indicates that there are unaltered cats in the neighborhood. The "shrieks" heard today can translate into the silent death of unwanted kittens at local shelters this summer. I urge all students feeding strays or concerned about neighborhood cats to contact Cat's Cradle.

We can advise on low-cost spaying and neutering, how to find a home for a stray and cat-care questions. Please visit catscradleva.org or call 540-438-5222.

Josie Kinkade
director, Cat's Cradle

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e-mail breezeopinion@gmail.com

RACHEL CHERMERYNSKI, *The Breeze*

Not All Fairytale Endings Involve a Prince Charming

"JMU: It's where you come to meet your bridesmaids, not find your husband." This is a common slogan for the university. When I came here as a freshman, upperclassmen warned me that yes, JMU is amazing, but that I definitely wouldn't be leaving with a ring on my hand.

Now as a senior, I am aware of this daily. I frequently notice the extreme lack of men in all of my journalism classes or the swarm of girls forming dance parties on weekend nights. Maybe once in a while, you'll catch a glimpse of the lucky guy in the middle, surrounded by a herd of girls.

However, while the little "proverb" for our university may in fact be true, is it really all that awful?

I used to be one of those hopeful romantic girls; finding my prince charming in college was a No. 1 priority. I would settle in, make my friends, get my degree, then find a man to sweep me away by the end of my senior year, and we would live happily ever after.

I now realize that my belief was mere wishful thinking, both rare and unrealistic, and not to mention ridiculous.

Don't get me wrong. I do feel that love is

possible to find at JMU. There are many happy couples who met in class or through mutual friends and now couldn't be happier.

However, with a roughly 39-to-61 male-to-female ratio, the odds of finding that perfect romance are incredibly low.

Of course, students take part in dating, hanging out, hooking up or even the infamous "one-night stand."

But falling in love? That's a tough one.

And, after all these years, it's finally apparent to me that it's not the end of the world if one doesn't find her perfect match in college. College is only four years, after all, and we have our entire lives ahead of us.

I think we all need to pause, take a deep breath and

realize that there is a whole world outside of the JMU bubble, with many different types of people and endless possibilities.

However, while we are still here we need to savor all the other things we've found in college, be them soul mates or not.

I used to groan about the lack of men at this school, but I now smile about it. JMU is where I met my best friends: 14 amazing (mostly single) "bridesmaids" who I would take over that one potential husband any day.

"I used to groan about the lack of men at this school, but I now smile about it."

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Keefer Law Corner

Virginia's Intoxilyzer 5000 find Alcohol where none exists

A middle aged lady was arrested for DUI in July, 2008 in Harrisonburg, Virginia after a one car crash. She was taken to the Rockingham County Sheriff's Department and indirectly tested for alcohol in her blood by the Intoxilyzer 5000 situated there, SN 68-001998 ("SN 1998").

SN 1998's breath test stated this lady had a blood alcohol content of over .60 BAC, a lethal dose of alcohol. Yet she did not die.

Two hours later this same lady's actual blood was tested for alcohol. That blood test reported zero alcohol present in her blood.

The gadget found alcohol that did not exist -- something scientists refer to as a false positive. Without the July 2008 actual blood test we would not know that SN 1998 was "seeing" alcohol where none existed.

The Intoxilyzer 5000 is the breath alcohol tester still used in many parts of Virginia. This contraption claims to measure the alcohol in the subject's blood by measuring the alcohol in the subject's breath.

In 2005 Virginia state employees admitted in internal documents that these Intoxilyzer 5000s were "dated, unstable and unreliable". By 2008, SN 1998 was in terrible shape as were most of Virginia's breath testers. The manufacturer was no longer following this model and replacement parts were hard to find.

SN 1998 experienced overheating and unexplained electrical failures. SN 1998 employed substandard, untested parts including motors. By 2008, state employees claimed they did not know what motor was originally issued with this model.

SN 1998 was kept in service until late November, 2008 when it was replaced with Virginia's new breath alcohol tester, the EC/IR II. Virginia employees admit this new tester is no more accurate than the dated, unstable and unreliable SN 1998 model.

We can only wonder how many innocent people have been and will be wrongfully convicted by Virginia's "dated, unstable and unreliable" breath test contraptions. We can only wonder how many innocent people will be wrongfully convicted by the new breath testing contraption.

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Eyes to the Sky

By **BRITTANY HALE**
The Breeze

There is a world within JMU where riding a snowflake, witnessing the lifecycle of the sun and finding the planet Venus among all the stars in the night sky is possible.

At the newly renovated John C. Wells Planetarium located in Miller Hall, children, students and adults are given the opportunity to experience a world beyond the telescope. Through the help of advanced digital dome technology, guests are immersed into a virtual world of endless possibilities.

"In terms of technology, this is the most advanced planetarium in Virginia," said William

Alexander, director of the planetarium and assistant professor of physics.

Although everything in the planetarium has been updated, the most advanced pieces of technology include the GOTO-Chronos, also known as the star ball and the Digistar-3, both machines work in tandem to accurately depict the night sky and project various simulations on the dome.

"The technology we have allows us to produce the same caliber of shows as the ones shown in the Air and Space Museum, just in a smaller dome," said junior physics major and astronomy minor Patrick McCauley, who is also one of the planetarium's employees.

According to Alexander, when renovations for Miller Hall started, the math and science

department knew the equipment was old and functioning was limited; however, they were unsure as to whether they were going to keep the planetarium.

"We thought the space was going to be used for storage," Alexander said. "It was very serendipitous that we fell into renovations for a new planetarium; somehow the stars aligned just right that funding was available."

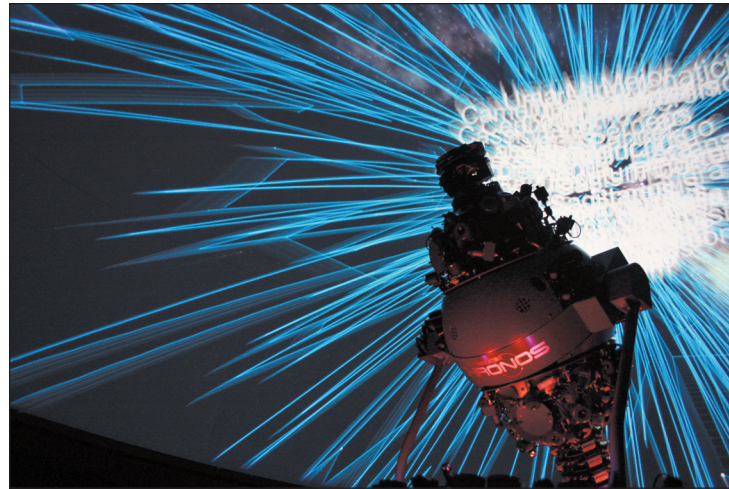
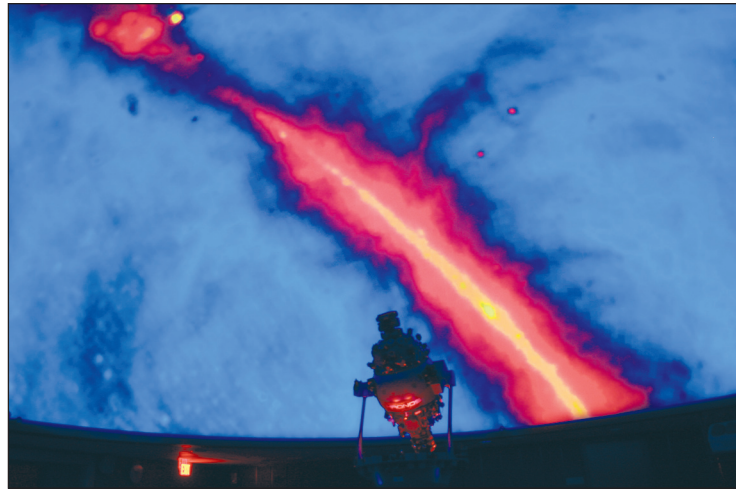
Funding for the improved planetarium, according to Alexander, came from the Miller Hall renovations, the College of Math and Science and various JMU sources.

Although the planetarium is a valuable tool

See **PLANETARIUM**, page 17

The John C. Wells Planetarium, located in Miller Hall, is the most advanced in Virginia. Two programs are shown each semester and run every Saturday. "Molecularium" is shown at 2:30 p.m. and "Secrets of the Sun" at 3:30 p.m.

ROBERT BOAG/*The Breeze*



Whistling Record Unbroken

By **RACHEL CHEMERYNSKI**
The Breeze

From whistling in the shower to happily tooting a tune while reading the newspaper, whistling isn't something people give much thought to. But a group of students considered this simple activity and gathered together in Transitions on Sunday in attempt to break the world record for most people whistling at one time.

Unfortunately, not enough people came to take part in the record-breaking attempt. They needed 126, but those 40 or so who did show up were eager and ready, many of them practicing their skills with friends as they waited.

Sophomore friends Sarah Berlinger and Kelly Gatewood anxiously waited on a couch outside the room for the whistling to begin. Berlinger was especially excited for the contest because she's always been a huge fan of Guinness books.

"I think it's really cool," Berlinger said. "I used to read Guinness books all the time."

See **WHISTLE**, page 18

Moving On: Former Rocktown manager opens restaurant Dukerz

By **JESS NOVAK**
The Breeze

With the closing of Rocktown, not only were many upperclassmen left without a watering hole on Thursday nights, but it was also a goodbye for general manager, Chuck Troutman.

After nearly 20 years as a booking agent and general manager of various Harrisonburg establishments, including The Pub, the closing of Rocktown seemed to indicate a conclusion for both the bar and the manager.

However, Troutman has seized this opportunity to progress forward, but in a new direction. By backing away from the music scene, Troutman is embracing his restaurant-opening venture, Dukerz, which is set to open on March 2 in what was once Caesar's Italian Restaurant near The Pub.

The spotless new sports grill is still being put together inside, but already has a quaint feel, distinctly different from Rocktown. There is a fireplace, cozy booths, a bar and college and professional football team banners swinging from the ceiling and hanging on the walls.

However, the most noticeable feature of this new undertaking is the lack of space for live entertainment. While Rocktown was known for its large venue capabilities, Dukerz is strikingly smaller.

"I'm taking this opportunity to move away from the music side of the business," Troutman. "I'd like to think I've made my contribution to the community by bringing a diversity of music to the area. The people who pay attention to it know I have."

Troutman has, in fact, contributed a great deal. He has volunteered at WXJM, written music reviews



JESSICA DODDS/*The Breeze*

Chuck Troutman, former manager of Rocktown Bar and Grill and owner of the soon-to-be-opened sports bar, Dukerz, talks about his career.

for chain music store, Plan 9, promoted shows and helped add to and diversify Harrisonburg's musical scene, which is often taken for granted.

"From my own personal experience, I have

See **TROUTMAN**, page 17

COMMENTARY

Part 2 of 2

The Lost Teachings Of Hip-Hop

The bling bling era was cute but it's about to be done I leave you full a clips like the moon blocking the sun My metaphors are dirty like herpes but harder to catch Like an escape tunnel in prison, I started from scratch Now these parasites want a percent of my ASCAP Trying to control perspective, like an acid flashback

— IMMORTAL TECHNIQUE

By **BRENDAN BAGLEY**
contributing writer

By the mid-90s, the hip-hop climate was saturated with acts looking to replicate the success of acts like 2Pac, Nas and the Wu-Tang Clan. This has continued through today, just as the underground has to counter-balance it. With the tradition of signing easily marketable underground acts like Eminem and Three 6 Mafia, record companies appear to promote fresh music while further watering down the climate.

Hip-hop's innate positivism has been replaced with a glorification of the very gangster culture it sought to indict. We could blame Suge Knight for forcing 2Pac to create a celebratory gangster album ("All Eyez On Me") or Dr. Dre (of the "World Class Wreckin' Cru") for throwing his electro-hop roots by the wayside. But they wrote and created good music that had some thought in it — a far cry from modern day imitators crooning barely intelligible lyrics and using similes as weak as a mouse with muscular dystrophy.

This bastardized form of the culture is ultimately pushed by those who have no connection to its roots. Suburbanites eat it up so they can feel "hard" or it is marketed as strictly party music, where bass hits and Mannie Fresh snare rolls matter more than lyrical merit. Even more despicable is that materialism and misogyny are sold back to the urban youth as a viable lifestyle. This actually comes as no surprise; mass commodification of culture happens all the time. The rap industry is not an isolated incident, but par for the course. Rappers (and more so their record labels) spend more money on chains and rims than on the music itself. It's an illusion that is created to sell their faux-lifestyle back to the mass consumer.

As anyone who saw the film "Notorious" knows, Biggie Smalls sold crack in order to support himself while he was still establishing himself as a player in the rap game. The stories he told in his songs are no doubt in part embellished with artistic license, but he still offered the listener his real life in his music: the struggles he faced and the things that made him. We see the flip side of this today in artists and labels that feel they have to sell a gangster image in order to sell and be considered a legitimate emcee.

William Leonard Roberts II, probably better known to many as rapper Rick Ross, was a corrections officer before he entered the music industry, taking his pseudonym from actual drug trafficker "Freeway" Rick Ross. Now he can barely make a song in which he talks about anything other than guns, loose women or drugs. I am reminded of a line by rapper Mac Lethal: "then I added up what everyone in rap said/and came to find out there's more crack dealers than crack heads."

If consumers demanded a certain level of quality from their rappers we might not face such homogeneity in the mainstream. While one might be able to drink a bunch of cough syrup and drunkenly spew some freestyles in a studio every day in order to make a lot of passable songs, it is dedicated, inventive artists who create new and refreshing music.

I'm not strictly on some underground-is-better-than-mainstream kick either. I bump Dr. Dre's 2001 as much as every party you've ever been to. But that album took him seven years to complete, and it shows. The beats bang, and even Dre's ghostwriter must have been having some good days, because I don't think we'll ever hear him rap that well again. Brother Ali sums it up best:

*Our songs are supposed to be the voice of our souls
Not bought and sold, not all controlled
Bring a little fire when the world gets cold
Shed a few tears, and to me, you went Gold.*

■ Part one ran in *The Breeze* on Feb. 19.

What's happenin' around the 'Burg

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Résumé Road Show

WHAT: Have your résumé reviewed by staff members of Career and Academic Planning.
WHERE: Health and Human Services conference room 2117
WHEN: 2 p.m. to 4 p.m.
PRICE: Free

TODAY:
Footloose

WHAT: Performance of the movie musical as part of the Masterpiece Season
WHERE: Wilson Hall Auditorium
WHEN: 7:30 p.m.
PRICE: Reserved student seats are \$15 and can be purchased in Harrison Hall

SATURDAY:
Gymnastics Meet

WHAT: The gymnastics club will be hosting its only meet of the season.
WHERE: Godwin Hall Gymnasium, located on the second floor
WHEN: 11 a.m.
PRICE: Free

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Drafting New Plans

After MLB departures, 2009 squad embraces 'small-ball' approach

By WES SHAW
The Breeze

Less than a month after winning its first ever CAA Championship, JMU had to face the harsh reality that comes with being an elite Division I baseball program.

When the Los Angeles Dodgers drafted then-sophomore Steven Caseres in the ninth round of the MLB Draft last June, Madison lost 21 homeruns and 70 RBIs from its 2008 championship squad.

Then, three weeks later, Brett Sellers signed a free agent, Minor League contract with the Washington Nationals. As a junior, Sellers was JMU's most consistent hitter, batting .410 and slugging .748 in 2008, both of which led the Dukes.

"The Draft is just something that college baseball has to deal with," JMU coach Spanky McFarland said. "That's just something that we try to recruit for, we try to anticipate. But it's gonna be hard to replace that much power."

In a matter of 19 days, Madison lost a duo that combined to hit .376 with 38 homeruns and 125 RBIs in 2008.

Losing that much power from a lineup can force a team to restructure its entire offensive philosophy, something JMU indeed faced this offseason. McFarland said his team will switch focus to become a more aggressive, small-ball style team without the power it enjoyed from Caseres and Sellers last year.

The change in approach, however, is not seen as a negative by the Dukes, especially to junior outfielder Alex Foltz, whose personal playing style fits JMU's this year more than it did last.

"We're just a different kind of team this year, it's every year," JMU's leadoff man said. "We just have to use our speed more and score runs in other ways besides just hitting homeruns."

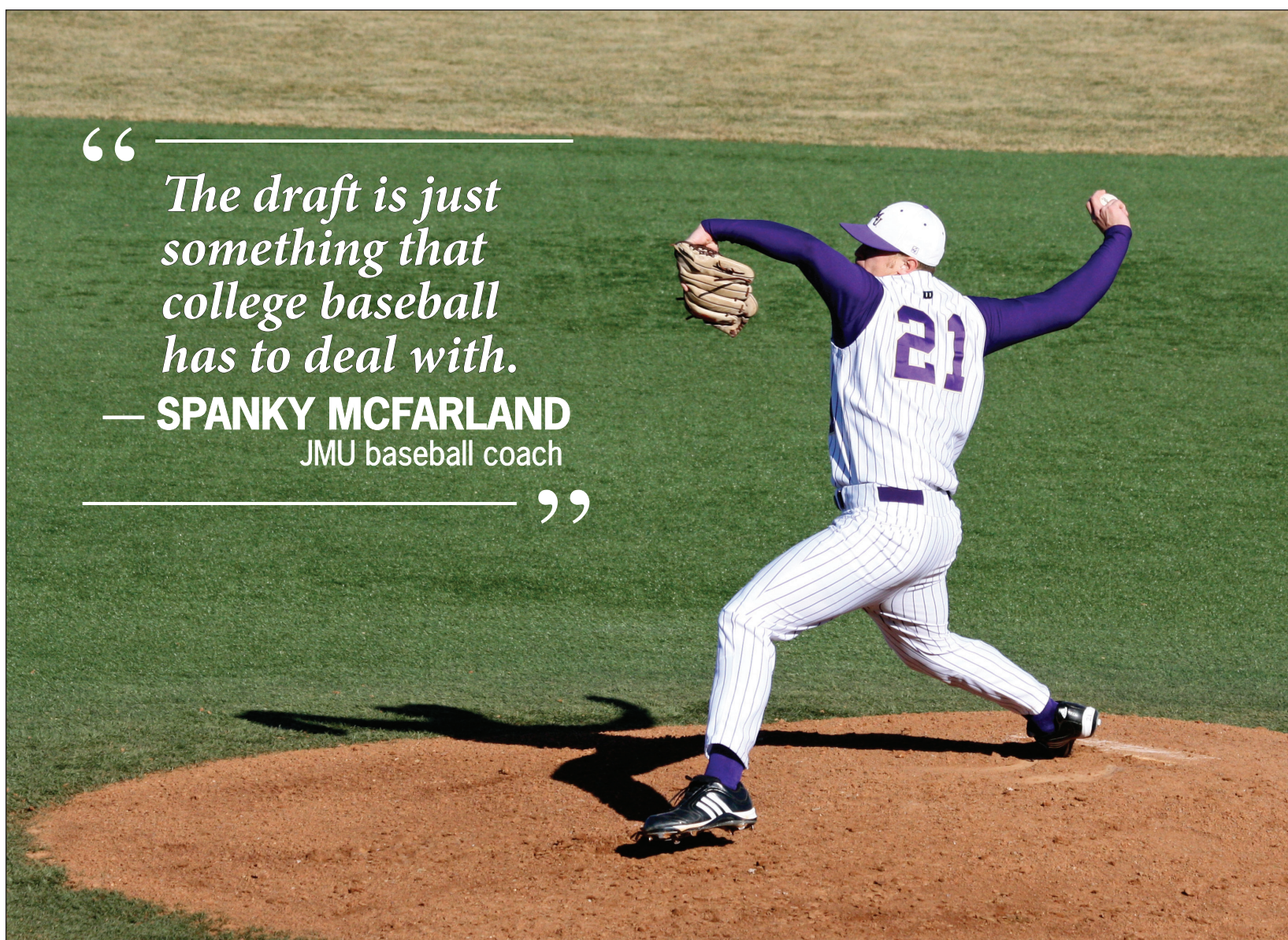
"I'm a leadoff hitter so that's kinda my game. I try to use my speed as a big part of my game. And we got a lot of guys like that."

And if the offensive losses weren't enough, JMU had to face another problem that can plague a baseball team — especially its pitching staff — prior to the 2009 season, which began last weekend.

Injuries. As a junior, Kurt Houck went 7-2 in 13 starts for the Dukes, pitching his first career complete game in the Colonial Athletic Association Championship contest.

After experiencing elbow problems throughout his career at JMU, Houck's elbow finally succumbed this fall. The senior underwent Tommy John Surgery and will miss the entire 2009 season.

"It just went in the fall," JMU's 12th-year coach



“The draft is just something that college baseball has to deal with.”
— SPANKY MCFARLAND
JMU baseball coach

Junior pitcher David Edwards recorded his first win for JMU on Tuesday, allowing just one earned run in six innings of an 11-2 win over Liberty. Edwards is pitching in his first season for JMU, but may assume a prominent role because of injuries to other pitchers on Madison's roster. BELOW: Sophomore shortstop David Herbek lead the Dukes with 13 hits and eight RBIs in 24 at-bats through Wednesday.

said. "That's the way it is and there's nothing we can do about it."

Houck, a weekend starter for JMU last season, struck out six and allowed just four hits and one run against Towson to clinch JMU's first conference championship.

As if the Dukes hadn't lost enough, they suffered another key loss later in the offseason.

Kyle Hoffman, who has been a weekend starter for JMU since 2006, tore his ACL while training in the offseason.

"To his credit he was working out hard over the break to get ready for this season and he tore his ACL," McFarland said. "He's out for the season."

"Definitely losing those guys is big for us, but we have some young quality pitchers that are comin' up," said

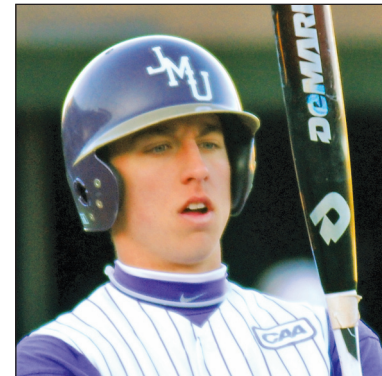
Foltz, who hit .355 for the Dukes last year. "It's not like the end of our season or anything like that."

McFarland is hopeful that the experience his team gained from its deep postseason run last year will help it adapt to major offseason losses.

"It just puts a little pressure on some of the younger kids comin' in and some of the younger kids that are comin' back that maybe didn't get that much of a chance last year," said McFarland, who signed a contract extension with JMU through the 2012 season in July.

"We'll get out there. We'll find some guys that can throw it over the plate. And I feel like our defense is gonna be pretty good so we'll see what happens."

See **BASEBALL**, page 15



PAUL JONES/contributing photographer

Corky to Compete with Canada in Cyprus

By WES SHAW
The Breeze

After training with the Canadian National team in Los Angeles from Feb. 16 to Feb. 18, junior forward Corky Julien was named to the Canada National Team for the 2009 Cyprus Cup.

The 23-player roster was announced earlier this week. Julien, a 2008 All-American for the Dukes, will train with the squad in Rome until March 2, when the team will head to Lacarna, Cyprus to begin competition.

Julien is the first JMU player under coach Dave Lombardo to participate on any nation's true national team.

"It's obviously something that you hope to get an opportunity to do while at the college level, to play with your country's national team" Lombardo said.

Canada is the defending champion of the Cyprus Cup, which is an eight-team tournament scheduled for March 5-12.

In group play this year, Canada will face

New Zealand on March 5, the Netherlands on March 7 and Russia on March 10. The other group consists of France, England, South Africa and Scotland.

Lombardo said he has been approaching the Canadian National Team throughout the last couple years, attempting to convince the squad to give his now All-American forward a chance.

"We brought her to their attention a bunch of times before, there just didn't seem to be any room," he said.

The recent hire of head coach Carolina Morace most likely was a factor in Julien finally getting an invitation to train with her home country's national team.

"Sometimes when you have a new coaching staff come in, they come in with a fresh sheet of paper and they like to reevaluate," JMU's 19th-year coach said.

"I think [Morace] liked what she saw when she gave Corky that opportunity. She works really hard and she adds a dynamic element to their attack."



courtesy of CATHY KUSHNER/sports media relations

Corky Julien had 16 goals for JMU in 2008.

Evans Among Finalists for Top Collegiate PG Award

By WES SHAW
The Breeze

Similarities abound between JMU coach Kenny Brooks and point guard Dawn Evans. So much so that Brooks refers to the sophomore as his "mini-me" on numerous occasions.

So much so that in JMU's 68-63 loss to UNC Wilmington last Thursday, when Evans was sidelined with a right ankle sprain, Brooks and Evans had nearly identical facial expressions and body language when the Dukes were struggling, despite sitting on opposite sides of the bench.

Brooks played point guard for JMU from 1989-1991, and he loves having someone who understands the intricacies of the position as well as he does.

Evans is JMU's current point guard, and the NCAA's second leading scorer entering Thursday's game at William & Mary.

Brooks has said explaining the position to Evans is simple because it comes so naturally to her.

A point guard is more analogous to a quarterback or catcher than a shooting guard. Much of what being a successful point guard entails can't be taught, it's a thought process and intuition for the game that someone either has or doesn't.

Brooks had it. Evans has it.

On Monday, JMU's point guard was named one of 13 finalists for the Nancy Lieberman Award, given to the nation's top collegiate point guard in Division I women's basketball.

The winner is chosen based on who best embodies the point guard skills of Hall of Famer and ODU graduate Nancy Lieberman during her career.

Previous award winners include UConn graduates Sue Bird and Diana Taurasi.

JMU's Senior Night



AMY GWALTNEY/The Breeze

Ben Louis and JMU hosted VCU in its final home game of the season Wednesday. It trailed 28-26 following one half of play, at press time. Juwann James led the Dukes with 12 points at halftime.

Want exclusive access to JMU games, athletes and press conferences?

Apply today to become *The Breeze's* Assistant Sports Editor for the 2009-2010 school year.

COMMENTARY

Leading The Blind

By BILL PLASCHKE
Los Angeles Times

LOS ANGELES — At the end of another tough week for teamwork, with major leaguers lying and NBA stars feuding, they ran alone.

In Simi Valley, across a grassy field in the lengthening shadow of nearby hills, they ran together.

Two girls, side by side, stride for stride, connected by the stretched cotton of a gray belt and the giant arms of innocence.

One girl is blind.

The other girl is teaching the rest of us to see.

One girl, Alyssa Rossi, born without vision, is the newest senior runner on the Royal High School track team.

The other girl, Nicole Todd, is the sophomore teammate making this possible.

Rossi runs a mile, Todd runs with her, gently guiding her with the gray belt that is connected to a thicker black belt around Rossi's waist.

See **PLASCHKE**, page 14

PLASCHKE: California High Schoolers Embrace Role of Helping Blind Teammate

Plaschke, from page 13

When Rossi slows, Todd forsakes her own training schedule and slows.

When Rossi speeds up, Todd runs even faster to watch for bumps and curves.

When Rossi grows breathless and has to stop, Todd stops too, even if the sophomore could use more work.

"At first I wondered if this was the best thing for me," Todd said. "Then I realized, this is not about me."

She smiled, and you want to wrap the sports world in this smile, one born of the basic instincts of teamwork, one that glitters with the very best of sport.

Since Royal High School began training several weeks ago, many teammates have shouldered that assignment, and shared that smile.

One girl will guide Rossi from the locker room to the track. Another will run with her around the huge sports complex. Another will run with her on the street. Another will accompany her in sprints.

For the last several days, her full-time partner has been Todd, but before that, seemingly everybody helped.

"Let's see, I don't know last names yet, I don't know all their voices yet, but I do remember those who have been here for me," Rossi said. "There's Nicole, Leah, Lorely, Shayne, Cory, Carly ..."

The list goes on and on, Rossi giggling with each name, unearthed treasures on this most unexpected of journeys.

"It's really an awesome thing, because it must be really hard for them," Rossi said. "In fact, I bet it's just as hard for them as it is for me."

She shook her head.

"I've always been blind, but I know they've never had to do something like this."

Yet from the beginning, they have done it voluntarily, raising their hands and grabbing the belt and connecting her to themselves and their world.

"This just shows you that kids get it," said Jay Sramek, the Highlanders' innovative coach.

"Kids understand how important it is to include someone. Kids just understand what it means to be a team."

Sramek also understands, because he says there was a time he didn't.

Several years ago, he dismissed an autistic runner from one of his teams because of liability concerns. When Rossi phoned him in the fall to ask to join the cross-country team for the first time, he had the same fears.

Then a couple of months later, he saw her singing in church, thought about the autistic child, realized he had another chance to fill a student's dreams, and changed his mind.

"I heard her voice, and I felt like it was God talking to me," he said. "Right then I said, I'm going to make this happen."

Rossi had run before, in her first two high school years at Lancaster Desert Christian, but her main partner had been a teacher.

Since transferring to Royal in her junior year, she had encountered resistance in attempting to run again.

"When I said I wanted to run, the people here were kind of like, 'What?'" she recalled. "They just weren't sure how I'd do it."

So when Sramek finally invited her to try-outs, she was thrilled, but worried.

"I knew I would need other students to help me, and I knew I would slow them down," she said.

But she quickly realized that, in terms of perspective, she had come to the right place.

Not only are Sramek's teams good — undefeated in the Marmonte League last year — but they are accomplished in the classroom, with the highest GPA among sports teams on campus.

And they have these funny little rules. If you don't say "please," you're cut. If you don't say "excuse me," you're cut.

Sramek routinely eliminates kids from try-outs if their attitude doesn't match their speed.

"I want them to know it's about more than sports out here," he says. "We also learn about ourselves."

So it was no surprise to him that, during the first team meeting, after he described Rossi's needs, one girl immediately raised her hand to volunteer to help.

"I couldn't imagine what she's going through," said Leah Calderon, a sophomore. "If she was willing to do this, then I should be willing to help."

Soon they all fell in line, taking turns with the new girl, who will be given the same assistance when she runs the 800 and 1,600 meters in competition when the season starts.

Some girl will give up her race to run Rossi's race. And they can't wait.

"I was out there with her the other day, and I closed my eyes for two seconds, and I freaked out," Todd said. "I'm like, how does she do it? Why does she do it? And how could we not help her?"



MICHAEL ROBINSON CHAVEZ/Los Angeles Times

Royal High School sophomore Nicole Todd, left, aids Alyssa Rossi on a training run. Teammates at the Simi Valley, Calif., school take turns assisting their blind teammate.

Rossi, whose times have been slowed by two years of inactivity, heard the familiar questions and smiled again.

"I'm not a good runner, but I love the challenge, I love to conquer it," she said.

The girls ask if she gets scared running in an eternal dark.

"I've never seen anything, so I don't know what's there, so it doesn't matter," she said.

Instead, she says, she soaks in the feeling of the wind on her face, the crunching beneath her feet, the possibility of a wonderfully soaking rain.

Even the perspiration she loves.

"I put lotion on my arms, so when I sweat, I'm filled with this wonderful scent of vanilla," she said.

Sweating even harder are her partners, who are still worried about leading her into a divot or ditch. To fight this fear, Todd devised names for each portion of the mile-long run around the school's recreational complex.

Chocolate Tree. Tricky Terrain. Bubbly Bumps.

They whisper the names together, they laugh together, two girls, one team, running with such symmetry it eventually becomes impossible to tell who is guiding whom.

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Food For Thought!

Question: Can a vegetarian get a sufficient and interesting diet when eating at JMU's dining services?

Answer: Absolutely, by being creative and getting good variety, a vegetarian can have nutritious, filling and exciting meals on campus.

Every dining facility on campus offers meatless items and/or meals. So while the salad bar may seem like a safe choice, it's important to step outside the box in order to give mealtime pizzazz and amplify the nutrients you're getting. Here are some easy tips:

- Expand your taste buds. Try the selection of the day offered at the vegetarian line in D-hall. Try something new, something you've never had before! Get lots of colorful foods in! From vegan soups to veggie delicacies, you will be exploring a new world of food no time!
- Ask for substitutions. Does the menu only offer meat marinated in your favorite sauce? Ask if they could toss some beans or veggies in the sauce for your meal. You never know until you ask and you may inspire a new menu option.
- Know your stuff. A healthy diet is complex and requires a balance of different foods to get adequate nutrition. Don't panic and run to your comfort zone before you look at all of your choices. Check out the menus online, or go to the facility a few minutes before meeting up with friends to scope out the options.
- Alternate eateries. If your diet is looking a little blah then you probably need to switch it up. Try different dining locations to add some new selections. It's ok to have favorite foods but it is important to also have a colorful diet that supplies multiple nutrients.
- Make suggestions. Dining services' staff loves to know how they can satisfy their customers. So if you enjoy an option they offer or would like to make a recommendation, let them know! Comment cards are available at dining locations or you can email them at dining@jmu.edu.
- Look beneath the surface & get creative. During a quick scan of the online menus offered on JMU's dining services website, over 40 daily vegetarian options were found. The opportunities are there so take advantage of them.

By Amber Lester, Nutrition Intern,
Student Wellness & Outreach

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BASEBALL: Defense of 2008 CAA Title Underway

Baseball, from page 13

Despite the injuries that have depleted his pitching staff, McFarland is confident in his 2009 weekend rotation. Last year's Coach of the Year in Virginia believes that the trio of sophomore Turner Phelps, senior Justin Wood and either sophomore Alex Valadja or true freshman Evan Scott will be as productive as any group in the CAA.



PHELPS

Scott was drafted in the 37th round of the MLB

Draft out of Battlefield High School in Haymarket this past June. He chose to decline an offer from the Los Angeles Angels of Anaheim, and could be a key addition to McFarland's roster this season.

Valadja was highly recruited out of high school in 2007, but suffered from illnesses throughout much of his freshman year.

"He was All-CAA disease team," McFarland said jokingly of the Pittsburgh native's disappointing 2008 campaign.

After recovering from meningitis and mono, McFarland expects Valadja to compete with Scott for the role of JMU's Sunday starter.

"That is unless somebody comes along," Mc-

Farland added. "You never know, somebody might develop and pull a Turner Phelps and just all of the sudden figure it out."

Phelps went 8-0 for the Dukes as a true freshman last year. The Roanoke native began the season in the bullpen but worked his way into the Dukes' starting rotation by the postseason.

His 3.87 ERA was the lowest among JMU pitchers with more than 35 innings in 2008.

Phelps was named to the preseason watch list for the Brooks Wallace Award for national player of the year and is also a member of the preseason All-CAA Team.

Last weekend at the Caravelle Resort Invitation-

al in South Carolina, Wood, Valadja and Scott were all shelled in their starts, giving up a combined 17 earned runs as JMU opened the season 0-3.

Phelps got the nod Sunday and earned JMU's first win of 2009, despite allowing five earned in 6 and 1/3 innings.

Sophomore shortstop David Herbek continued his assault on opposing pitchers once the Dukes returned home, collecting five additional hits and RBIs, increasing his season totals to 13 and eight, respectively.

JMU earned an 11-2 victory over Liberty on Tuesday and a 5-1 win over ACC opponent Maryland on Wednesday in Harrisonburg, improving to 3-3.

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TROUTMAN: Breaks Away From Local Music Scene



JESSICA DODDS/The Breeze

Chuck Troutman's new restaurant is named Dukerz. The former booking agent for The Pub and former manager of Rocktown Bar and Grill wanted to get away from music.

Troutman, from page 11 always known Chuck to be extremely passionate about music," said Rob Bedford, regular Thursday night DJ at Rocktown. "He was always looking out for the community, to give them something they wanted, and always put a lot of time and effort into everything he did." Troutman has not only booked shows at the venues where he's worked, but also at nearly a dozen others in the area. He volunteered on WXJM as an Americana DJ for 17 years, has run "Bluegrass Thursday" at Court Square Theatre for nine years and has headed the Americana venue of MACROCK, one of Harrisonburg's annual music festivals, for four years. He has worked with a diverse number of acts, ranging from local groups to Grammy nominees and winners, and has a jam-packed scrapbook to prove it. The scrapbook chronicles Troutman's musical involvement in the community through news articles and promotional materials that he has collected over the past 20 years. He is responsible for bringing many notable acts to Harrisonburg, including Big Bill Morganfield, the son of Muddy Waters, The Hogwaller Ramblers, who inspired Dave Matthews while he was still a waiter at the bar they played at in Charlottesville, and Rockabilly superstar Bill Kirchen, who was nominated for a Grammy. But despite the big names and celebrity status of the artists Troutman booked, he was unaffected by the glamour. "I got over being star-struck," said Troutman. "But the best recognition I ever got was when I saw Jim Hurst, a phenomenal bluegrass guitar player, down in Nashville almost

six or seven years after working with him and he not only recognized me, but knew my name. That was an incredible experience." Yet, for all the great experiences, Troutman has also paid the price in more ways than one. Dealing with the music scene, especially in Harrisonburg, can be frustrating at times. Troutman recognizes that students and Harrisonburg residents can be apathetic, and he said the effort he puts in to bringing diverse acts to the area has often gone unnoticed. Though Troutman plans to continue to support the music scene by attending local shows, he is ready to let someone else take the reins. "I'm sorry to see him going to another venue," said local soundman Dave Beaver who has worked with Troutman on more than 300 shows within the past five years. "He has brought such a diversity of entertainment to the area and broadened my own musical horizons." In walking away from the music side of the business, Troutman leaves the door open for others to take his place, giving him the opportunity to try something new. But there are some things he will miss. "One of the neatest things is to be involved with a band when they start," Troutman said. "To watch them from the beginning, see them grow and become successful and to not have them forget you because you were there when they were starving and sleeping in cars." His experiences with hungry, bedless musicians may be over and Rocktown might be closed, but Troutman is still around — this time manning his own restaurant.

welcome to the 'CITY OF ANGELS'

By RACHEL DOZIER
The Breeze

After a dress rehearsal Monday night, the entire cast of "City of Angels," took their final bows together, rather than separately, demonstrating that the effort put into the production was a collaborative one. This first mainstage production of the semester opened Tuesday and has its final performance this Sunday. The cast and crew have been working since Winter Break to create the late-1940s storyline.

The show follows a writer who is translating his book into a Hollywood screenplay. The play alternates between Hollywood and the writer's story itself. Through the use of costumes and set design the production creates the two worlds, a reminiscent one in black and white, and one of colorful reality.

The way characters deliver lines also makes the play quirky.

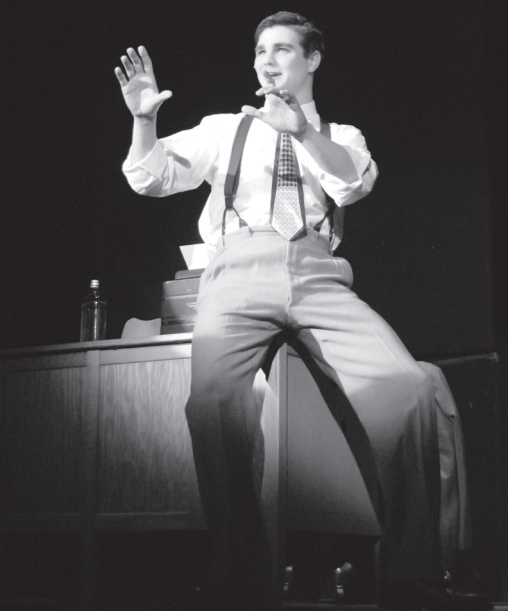
"This show is sung completely in jazz," said senior Nathan Shropshire, who plays one of the main characters, Stone. "This is different from usual musical theatre, and I really like the old, AMC Hollywood aspects."

However, there is more than set designs and costumes that make this show unique. This musical is dedicated to Jim and Jean Smith, the JMU student and parent who were killed over Winter Break. Jim was originally cast in the show as a member of a Greek quartet.

Though the cast mourned Jim's loss, his sister Sarah Smith, a senior music major, and member of the cast said, "I'm excited to be doing this show in Jim's honor. He loved to perform and was so enthusiastic about doing this musical. I think it's really made us all so much closer as a cast and more dedicated and hardworking."

So in Jim's memory the show has gone on. Director and assistant professor of musical theatre, Kate Arechi, said, "This group of people really pulled together. Jim was so excited to be a part of the show that they all want to do well for him. Sarah has remained so positive and motivated that she has really been a leader and a great example, which the cast has gladly followed."

The feeling of motivation and coming together is apparent in all aspects of the show. The cast comes



MICHAEL EASTHAM/contributing photographer

Sophomore Austin VanDyke Colby, a music education major, plays Stine in "City of Angels."

equally from both the Schools of Music and Theatre and Dance, and also has a talented crew.

Elizabeth Chidester, a junior music theatre major, played two main roles, the black and white memory, Oolie, and the real-life Donna. Chidester said it was the details of the costumes that really added something to the play.

"Pam Johnson, our costume designer, did an amazing job in making a clear difference between the two worlds," Chidester said.

On-stage roles were not the only way in which students participated. Sarah Gawron, a senior musical theatre major, choreographed the entire show. She said she was "impressed and grateful that my peers were so willing to listen to me and follow my direction."

Long after the dress rehearsal was over, the directors and crew meticulously ran through every detail and scene change to ensure that they can come as close to perfection as possible.

PLANETARIUM: Open to Students and Community Groups

Planetarium, from page 11 for students at JMU, many groups outside of JMU utilize this digital space as well. "Four to five school groups per week visit during the week and on Saturdays we provide a number of shows," Alexander said. "On Saturday the 1 p.m. time slot is specifically for groups that aren't affiliated with schools, like 4-H clubs and Boy Scouts." The planetarium also offers two shows every Saturday that are open to the public. The first show begins at 2:30 p.m. and is specifically geared toward children, and the second show begins at 3:30

p.m. All shows are free, but tickets are required due to limited seating. Tickets can be obtained by calling the Warren Hall box office before 4 p.m. the day before the show. "There are a total of 14 full-dome shows," Alexander said. "This semester we are showing 'Molecularium' and 'Secrets of the Sun,' but next semester we will have two new shows." During "Molecularium," children and adults are immersed into the virtual world of molecules and atoms where they get to ride a snowflake and learn about the various states of matter with their animated

friends: Mo, Oxy, Carbon and the Atom twins. In "Secrets of the Sun," planetarium guests witness a larger-than-life depiction of the sun, and its pivotal role within the solar system. Each show is approximately 20 minutes long and both are followed by a star talk about any new comets that may be visible or seen in the near future and updates on planets and constellations. Dan Simonson, a junior physics major and astronomy minor, also works at the planetarium and rotates shows with McCauley.

"I'm an astronomer at heart; always have been since I was little," he said. Both McCauley and Simonson enjoy all the planetarium has to offer, but agree that running the shows on Saturdays is one of the best parts. "I think it's fun teaching people a little bit about astronomy and a little bit about the subject I'm interested in," McCauley said. "We really encourage everyone, even JMU students, to come and check out the planetarium because it's here for them, too. There are so many things that we haven't done yet and there's a lot in store for the future."

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WHISTLE: Record Needed 126 people to Break, Only 40 Showed

Whistle, from page 11

Berlinger said that she has heard stories of these fun and corky group-record attempts before, and even had a friend from Rutgers University attempt the most people dressed up as teenaged mutant ninja turtles in the same place.

The idea for the whistling record first came about as a project proposal for the Honors Learning Community. Freshman Bryan Brady and five other

freshmen — Mary Nguyen, Steven Szatkowski, Rachel Gribling, Kevin Coleman and Jennifer Koch — were told to plan a group activity, such as a pizza party or sporting tournament.

But the ambitious group of six decided to take their project a step further. So the six brainstormed and figured, why not break a world record?

When the students began researching their options for possibly

breaking a world record, they came across some interesting group records, from most people brushing their teeth at the same time to the largest bagel ever made.

Then they came across the whistling record, and thought it was the most feasible. Brady said the first whistling record was only about a year ago and therefore it hadn't had a chance to build up yet. And the 126 people needed

seemed attainable.

However, there was also a lot of work involved in the planning process for the project, including putting up flyers around campus and assigning two witnesses to make sure everything was official.

One of the chosen witnesses, former mayor Rodney Eagle, said that when the students asked him to participate back in November, he was more than

happy to help, especially because they were JMU students.

Eagle's job would have entailed making sure everyone signed in and to ensure everyone was carrying a tune, which Eagle admitted he could not do himself.

"Nothing surprises me about JMU and all the great people here," Eagle said. "They're always doing something fun."



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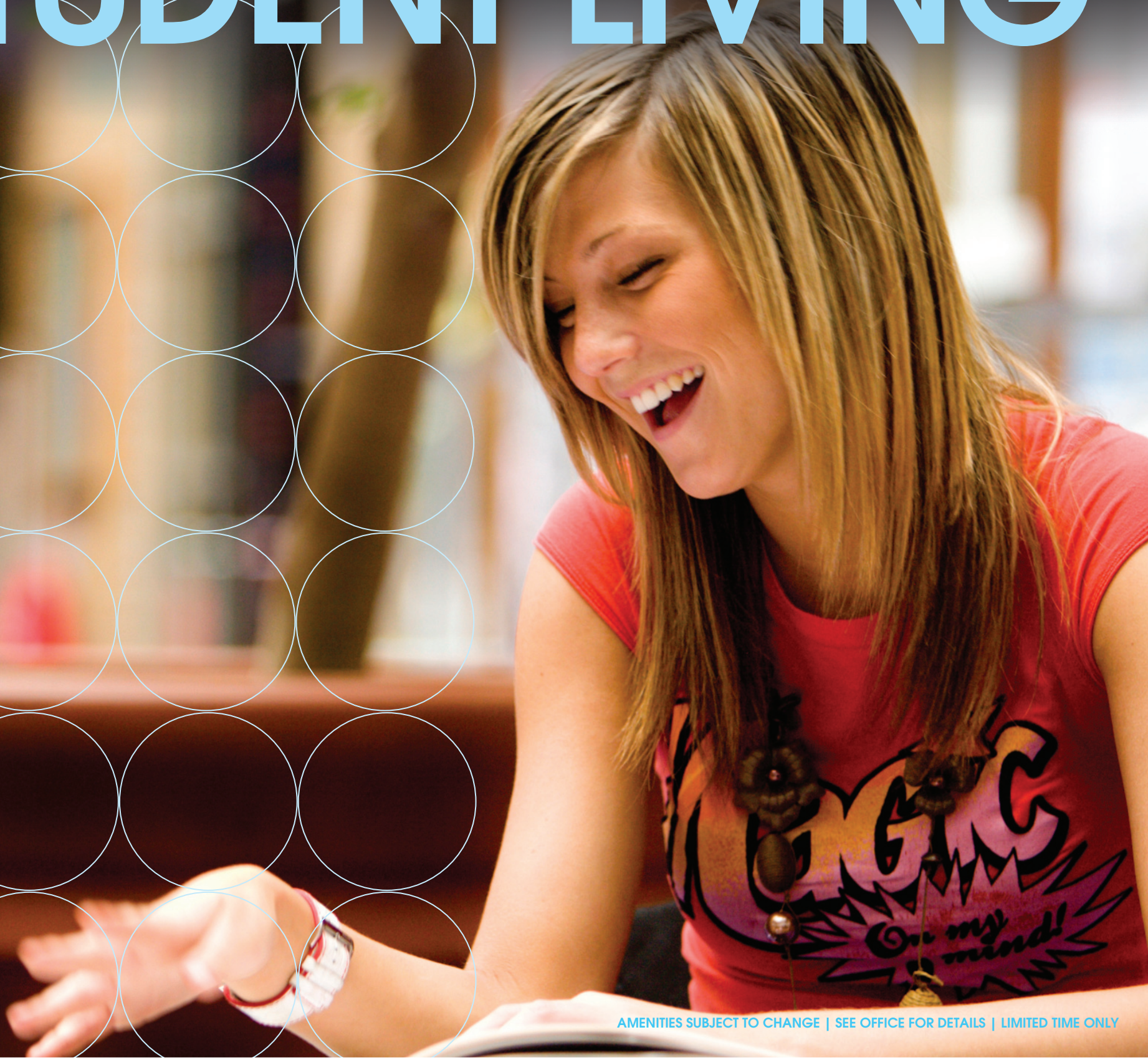
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