**J-Petal blossoms**

New sweet spot in Harrisonburg

By YASMIN MAGGIO

J-Petal adds a Thai twist to the way the Harrisonburg community eats ice cream.

The odds may be ever in your “flavor” if you’re headed to J-Petal, said Owner Jean Lin. "I didn’t expect it to be as popular as it was," Tori Purcell, a senior social work major, said. "We went at 9:30 and it closes at 10, but it was still packed."

Dishes were covered in what appeared to be natural dyes. The presentation came around to each dish with a black light to reveal that each dish was covered in edible fluorescent powder, but as explained, it could’ve been harmless.

As long as there are weapons of mass destruction, Lin will keep on teaching the atmosphere of the restaurant. "I think the restaurant is the perfect place to have conversations about societal impact of biological and radiological weapons, as well as the science behind them."

The class looks at historical perspective of chemical and biological weapons, in addition to their use in war. "The chemistry, signs and symptoms of exposure as well as preventive and response measures. Biological and chemical weapons have been around centuries."

"It was an honor," Willis said. "It’s great to see your teammates being proud of you. This recognition kind of gives me some motivation moving forward as well."

After her strong showing in Raleigh, Willis flew away the competitors in just under 11 seconds, the National Collegiate Athletic Association (NCAA) East Region. "She claimed first place out of a field of 47 competitors in the 100-meter dash with a time of 12.00 seconds while also winning the 200-meter dash in 23.93 seconds, a mark that’s tied for the fourth fastest mark in JMU history."
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**Editorial Staff**

**Advertising Staff**

**THE B**

**Upcoming Events**

**Friday**
- Butterfly Release at LEC, 6:30 p.m.
- Massanutten Resort is Now Hiring
- Lifeguards Wanted!
- Water Attendant openings also available!
- Training classes offered on-site!

**Saturday**
- Community Yoga at LEC, 10:00 a.m.
- Mass Reserves at Forbes Center
- Honors Concert 7:00 p.m.
- JMU Symphony 8:00 p.m.
- JMU Women’s Basketball 1:00 p.m.
- Chamber Music Series 3:00 p.m.
- JMU Singers 5:00 p.m.
- JMU Student Orchestra 8:00 p.m.
- JMU Wind Ensemble 10:30 p.m.

**Sunday**
- Limited Edition Cheddar Pretzel Ale and Cheddar Croutons Popcorn Co.
- Mass Reserves 3:00 p.m.

**Corrections**

It was incorrectly stated on page 10 of last week’s issue that the Washington Capitals haven’t ever reached the Eastern Conference Semifinals, while the Chicago Blackhawks have won four Stanley Cup titles since 2010. The Capitals have reached the conference semifinals five times, while the Blackhawks have won three Stanley Cup titles since 2010.
By ABBY CHURCH

Cancer is something that affects everyone, if not all, people at some point in their lives. Every year, thousands of JMU students gather together as Relay for Life in a move to advance for cancer survivors, cancer patients and those who’ve died from the disease. The past ten years, senior math major Emily Wasson has walked in the event with a purpose — honoring her grandfather’s legacy.

Emily’s grandfather, whom she affectionately refers to as “Pap,” was diagnosed with pancreatic cancer in July 2014 and passed away shortly after. So I guess it just made it more real. “ Emily said. “It was more of a reason to go back to the community. ’ It’s a true testimony to what he lived by every day. He was a true person of character and he helped people at any given time. ”

Susan Schwarz, a sophomore sports journalism major, interviewed Emily to learn more about her family and what Relay for Life means to her.

“The Wasson family, ‘Pap’ is Relay for Life’s biggest advocate ever,” Schwarz said. “Emily believes Emily is honoring her grandfather’s legacy by doing just what he would have done — going back to the community. ’ ’

For the Wasson family, "Pap” is a reason to relay. "It’s just a really special thing because you see all these people from different places who come together and really get to know each other, ’ Emily said. ’ ’

Emily was very close with her grandfather. She remembers him for his “dad-like” sense of humor, and talks about how he helped people at any given time.

"He went out of his way to help people, ’ Susan said. ’ ’I was really glad that I helped people, not just for the relay, but for every single other thing that he’s done. ’'

Emily became involved in Relay for Life as a sophomore. Seeing both her grandparents experience cancer has changed her outlook on life.

"I was diagnosed with breast cancer around winter break of this year and recently finished following November. Betty Lou Wasson, Emily’s grandmother, was diagnosed with pancreatic cancer in July 2014 and passed away the same month, ’ Emily said. ’ ’It’s really beautiful, ’ King said. ’ ’I love that no matter what happens, even if you suffer, you’re supposed to be selling what you’re passionate about. ’’

Emily’s family was happy to see her get involved in Relay for Life and has been supportive of her participation in the event.

“His family, Susan, ’ Emily Wasson’s daughter, said. ’ ’It’s really beautiful, ’ King said. ’ ’I love that no matter what happens, even if you suffer, you’re supposed to be selling what you’re passionate about. ’’

Looking good often comes at a price, but two sophomore business majors recently developed the idea to discount popular accessories, specifically for male college students. Built from the ground up, Tharros Co. markets men’s sunglasses to cologne.

"We both have experience in those fields, you know, it just kind of made sense, ’ Jack Pittas, a sophomore business major, said. ’ ’We have more of a reason to participate in. ’’

The two men behind “Tharros Co.” created a brand that incorporates both of their personalities.

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By MATTHEW SASSER

This transfer agreement allows MCCC and JMU to team up and provide an opportunity of access. MCCC students can get in and go immediately and enter into a major. They still have to go through the same process that every other student must go through. Transfer students coming in are eligible for all majors, but aren’t immediately thrown into a major. They will have to go through the same process that every other student must go through. The only requirement for admission is a minimum GPA of 3.0 with an associate’s degree in science or the arts. GPA of 3.0 with an associates degree in science or the arts.

The ISAT class teaches students some of the dangerous effects of hazardous materials.

“We are benefitting everyone,” Katie Downing at downinkm@dukes.jmu.edu. “We are benefitting everyone. We are benefitting our students at MCCC, who attended JMU from Mercer County this year. The class is available for free at MCCC as a partner college to partner with a university. The only requirement for admission is a minimum GPA of 3.0 with an associates degree in science or the arts. GPA of 3.0 with an associates degree in science or the arts.

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Commonwealth of Virginia Employee Health Benefits Program Open Enrollment begins May 1st

Visit www.covahealthaware.com/breeze to see how COVA HealthAware can work for you!

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WEAPONS

Class focuses on dangerous events

Front

Students earn a certificate in Chemical, Biological, Radiological and Nuclear Defense Standardized Awareness through the Federal Emergency Management Agency. Through FEMA, the students in JMU's ISAT participate in lectures and training sessions that introduce tactical and logistical techniques used against chemical, biological, radiological and nuclear weapons. These techniques are demonstrated in labs and the students learn to prepare themselves and others for situations that may arise. The students learn to prepare themselves and others for situations that may arise. They are taught the methods and means of dealing with a variety of hazardous materials. They are taught the methods and means of dealing with a variety of hazardous materials. They are taught the methods and means of dealing with a variety of hazardous materials. They are taught the methods and means of dealing with a variety of hazardous materials.

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Dangers of self-imposed isolation

Anyone who’s read my column knows I like to write about my life here at JMU. I’m a journalism major, aspiring photographer, intern at JMU’s local newspaper and I’m a member of the student newspaper’s editorial board. Yet, while I do miss the tender embrace of human connection, an argument can be made that the excellence of Super Mario Bros. 3 is a result of my being isolated.

Now, on the other hand, to an increasing number of young people who fill their days with flashing video games, music and the internet, all while choosing to stay home, the concept of hikikomori, or those who haven’t left their homes or interacted with others, “with elements that include failing grades, painful break-ups and a loss of self-esteem to the point where leaving their homes becomes akin to walking through a minefield.”

Still, while refusing to leave their home, these hikikomori face social and economic factors that can leave millennials vulnerable to growing up alone. “It could be said that from this response, we get a greater understanding of others. Say you can’t, and you can’t be afraid of the opinions of others.”

It’s difficult to remain anonymous outside of your social circle. Writing for newspapers posting videos to social media in front of an audience is just one example of how fear leaves people feeling isolated.

However, staying in this place is one of the most natural things we do. It’s part of evolution. This may be due to the acute stress response.

JMU’s, library staff shouldn’t have to “administer a nice dirty chai.”

armiharic@jmu.edu

message for aspiring voices

Seasoned writer offers advice in inspirational farewell column

It’s the job of an opinion writer, like myself, to constantly operate outside of my comfort zone. For me, I’ll be stepping outside my comfort zone in the newly appointed editor, Becca Roithmayr. I cannot wait to see where she takes the direction of the opinion section.

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In the last month, the American people have seen a series of strikes against foreign threats in the Middle East that prove a major policy shift from the Obama era, despite President Trump trying to present himself as a consistent foreign policy leader.

The Obama administration was widely criticized for its handling of the Syrian crisis, particularly after the alleged chemical weapons attack in Syria in 2013. Despite Syria being a major threat to American security, the Obama administration was hesitant to take military action, choosing instead to focus on diplomatic efforts to bring about a peaceful resolution.

In contrast, President Trump has taken a more assertive approach to foreign policy. He has shown a willingness to use military force when necessary, and has been more willing to work with other nations to achieve a common goal.

The administration's handling of the situation in Syria is a clear example of this shift. After a series of chemical weapon attacks in Syria, the administration has taken a series of actions to force the Assad regime to give up its chemical weapons. This has included economic sanctions, diplomatic pressure, and military strikes.

The administration's approach has been met with mixed reactions. Some have praised the administration for its assertiveness, while others have criticized it for being too aggressive.

Despite these differences, it is clear that the administration is taking a more proactive approach to foreign policy, and is willing to use military force when necessary. This is a significant shift from the Obama era, and is likely to have a major impact on the way the United States approaches foreign threats in the future.

Kevin Romm is a junior media arts and design major. Contact Kevin at orom3@dukes.jmu.edu.

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America's new look for foreign policy

Kevin Romm | freedom of thought

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In August of 2016, when Assad's government dropped a chemical bomb that killed over 1,000 citizens, Obama weighed his options. His initial plan was a string of Tomahawk missiles, but after the horrific incident, he decided on a plan to drop bombs in Syria himself. This effort failed, and the administration attempted to blame this on Russian support.

In the last month, the American people have seen a series of simultaneous actions against foreign threats in the Middle East. This proves the administration's shift in foreign policy, despite the fact that it only became visible after Donald Trump was inaugurated.

The administration has taken a more aggressive approach to foreign policy, and has been willing to use military force when necessary. This is a significant shift from the Obama era, and is likely to have a major impact on the way the United States approaches foreign threats in the future.
New baked goods delivery service provides signature homemade flavors by taking natural ingredients and making sweets from scratch. The next step for Laura Brossman, creator of Fully Baked Pastries, is to add more items to the menu.

Brossman said. “I never wanted my hobbies to become that. I want to do them on my own terms. I want to have control over the ingredients I use and make all the baked goods in my own kitchen.”

Brossman decided to leave culinary school and attend JMU, where she studied business management. While Brossman’s degree doesn’t apply to the business aspect of the business, it still helps her with her work.

Brossman said that her biggest challenge was getting organized and learning how to do business. She created spreadsheets and looked into the federal government and found out if there were any regulations or inspections to be done or if she was even allowed to run a business. She also looked into the cost of the ingredients and how to make profit.

Both Brossman’s mother and grandmother have their own successful businesses that they have run from their homes and some of her food is made by her mother and grandmother. She wants to run the business the way her mother and grandmother have.

Fully Baked is a one-woman show. Brossman works out of her kitchen, bakes everything to order each night and delivers each one herself.

Since she works 5 to 5-5 property management job during the week, orders must be placed 24 hours in advance to give her time to purchase ingredients, prepare the items and deliver them. Brossman sells a compilation of classic comfort treats: snickerdoodle cookies, banana muffins with chocolate chips and walnuts, carrot cupcakes with cream cheese frosting, Rice Krispies Treats and brownies.

Brossman said she wants to open a store someday because she already has the experience and knowledge. She said that she is planning to see if there are any regulations or inspections to be done or if she is even allowed to run a business. She also looked into the cost of the ingredients and how to make profit.

Many students and Harrisonburg locals alike have been enjoying Fully Baked Pastries and customers seem to feel the same way, and are coming back for more. The menu itself is a compilation of classic comfort treats.

“I’m not trying to copy and compete directly with them. We already have Insomnia Cookies and Campus Cookies here, so this is a different kind of treat.”

For Brossman, Fully Baked is not a job, but rather, a fun little project where she can enjoy making people delicious food. “For me, it’s the most exciting, important thing in life.”

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The Breeze

“Still Feel Like Your Man” is reminiscent of Mayer’s time with Pino Palladino and Steve Jordan in the John Mayer Trio—a groovy way to start out the album. The title of the song reveals the hope a person has after a breakup and finding themselves in the process of moving on. Mayer accomplishes an impressive jazz tune. The vocals on this track are soulful and energetic and the talent that Mayer has as both a musician and storyteller is on full display.

“Moving On and Reconciling” is an album with many different sounds, but it all holds together. The vocals on this track are soulful and energetic and the talent that Mayer has as both a musician and storyteller is on full display. Mayer’s music has transitioned with each album and “The Search for Everything” is no exception. The vocals on this track are soulful and energetic and the talent that Mayer has as both a musician and storyteller is on full display.

“How Many More” is a heart-wrenching song on “The Search for Everything.” It tells a story about the love of two men and the fear of losing the one you love. Mayer’s music has transitioned with each album and “The Search for Everything” is no exception. The vocals on this track are soulful and energetic and the talent that Mayer has as both a musician and storyteller is on full display.

“Love grows in the time it’s been/ Since you were my home.”

She’s cut her hair/ And move to your side.”

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Small town plans annual Redbud festival to celebrate the new season

By SHANNA KELLY
The Breeze

Spring blooms in Dayton

Small town plans annual Redbud festival to celebrate the new season

By SHANNA KELLY
The Breeze
The JMU Dukettes dance team has proven over the last three years that it is one of the best programs in the country, earning back-to-back national championships in 2015 and 2016 and looking to repeat in second place this year. This season presented several new challenges the Dukettes needed to overcome to make a bid at a three-peat. Despite reaching its pinnacle this year.

The JMU Dukettes dance team has proven over the last three years

“By the time we make it to the stage in Daytona, what we score doesn’t even matter because that feeling of being able to go out there as a team and perform our routine at a JMU basketball game. In past years, the Dukettes hold an event called “Dukette for a Day” in which young dancers are able to try out for the team and perform their routine at a JMU basketball game. In past years, the Dukettes have spent countless hours practicing their routine and making

“The feelings leading up to nationals are indescribable,” junior Maddie Henwood said. “By the time we make it to the stage in Daytona, what we score doesn’t even matter because that feeling of being able to go out there as a team and perform our routine at a JMU basketball game. In past years, the Dukettes hold an event called “Dukette for a Day” in which young dancers are able to try out for the team and perform their routine at a JMU basketball game. In past years, the Dukettes have spent countless hours practicing their routine and making

Willis said. “Being able to compete with such high-caliber athletes is exciting.”

Aside from being a dominant sprinter, Willis has also seen success as a jumper for the Dukes. Willis notched the longest jump at the VCU Ram Invitational with a leap of 21 feet and 3 inches. While she's earned a plethora of individual accolades this season, Willis believes it's the team success over individual accolades that is most important to her.

Willis’s teammates recognize just how special of an athlete she is. Senior teammate Kennedy King—who was also part of the 4x100 meter relay team only received about 30 participants, but this year they had over 100. The local Harrisonburg community is also becoming aware of what the Dukettes are doing due to their success at the national level.

The Breeze

By JACK FITZPATRICK

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THE BREEZE

By JESSE SHELTON

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Willis’s teammates recognize just how special of an athlete she is. Senior teammate Kennedy King—who was also part of the 4x100 meter relay team only received about 30 participants, but this year they had over 100. The local Harrisonburg community is also becoming aware of what the Dukettes are doing due to their success at the national level.

The JMU Dukettes dance team has proven over the last three years that it is one of the best programs in the country, earning back-to-back national championships in 2015 and 2016 and looking to repeat in second place this year. This season presented several new challenges the Dukettes needed to overcome to make a bid at a three-peat. Despite reaching its pinnacle this year.

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By BRANDON ELLIS

The Dukes

Facing a four-game winning streak in a beginning conference play, the Dukes have had an offensive juggernaut in games against CAA foes. The Dukes have won all five games by at least four goals, and have outscored their opponents by an average of 12.75 to 6.00 during that span.

JMU averages 12.53 goals per game while allowing just 8.27 goals per contest, the eighth best mark in the nation. The Dukes are also 12th in the NCAA in save percentage (.498), 15th in caused turnovers (11.47) and 24th in scoring margin (4.27).

Dominance at Sentara

JMU lacrosse continues hot CAA play, remains undefeated

Karen Vandersloot, Fairfax Station, Virginia, native was honored CAA Player of the Week honorees on April 3. Gaudian propelled the Dukes to a 2-0 victory on April 1 against Towson, which was ranked No. 13 at the time. She scored a career-high four goals, three of which came in the first half.

While Gaudian has been a shining star in helping the Dukes reach their current position in the polls, she’s not the only one contributing to the team’s success.

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The Dukes moved up to No. 16 in the coaches poll and No. 16 in the national rankings following a 17-9 victory at Hofstra last Friday. The Dukes sit at 10-5 (4-0 CAA) heading into this weekend’s matchups with Drexel and Delaware.

“It’s a huge accomplishment for us, but at the end of the day, the polls really don’t matter, we’re still pushing every day,” junior attacker Kristen Gaudian said. “I mean we can’t get in our heads about that because every game in the CAA is going to be competitive.”

Gaudian’s played a role in helping the Dukes reach their current position in the polls. The Fairfax Station, Virginia, native was awarded CAA Player of the Week honors on April 3. Gaudian propelled the Dukes to a 2-0 victory on April 1 against Towson, which was ranked No. 13 at the time. She scored a career-high four goals, three of which came in the first half.

The senior attacker isn’t alone in having been awarded CAA Player of the Week for the Dukes this season, as junior midfielder Haley Warden took home the honor this past week. While Warden’s humbled by the accolade, and says her teammates helped her get into the position of winning the award.

“Everyone on this team contributed to us receiving those honors — we can’t have done that without everyone’s teamwork on the offensive and the defensive end and the movement on the backfield,” Warden said. “I feel like we’re able to work on each other that we’re able to give the ball to each other when we need to. We have a lot of key players who have had a lot of experience against CAA opponents, head coach Shelley Klaes-Bawcombe feels that her team must keep its focus at a high level to continue its winning ways.

While JMU’s set to finish the regular season against two unranked CAA opponents, head coach Shelley Klaes-Bawcombe feels that her team must keep its focus at a high level to continue its winning ways.

“We don’t change what we are doing, ” Klaes-Bawcombe said. “You know Drexel and Delaware are both teams that are unranked right now and if we were to only value ranked teams, then we are going to make mistakes the next weekend.”

In order to win the CAA Championship, Klaes-Bawcombe believes her team must continue to bring in high energy and disciplined approach.

“We have to continue to do what we are doing right now — taking it one game at a time,” Klaes-Bawcombe said. “I think that we have to continue to do what we are doing right now — taking it one game at a time.”

The Dukes will look to avenge themselves after their loss in the CAA championship last season to Towson. While the road ahead appears to be no easy path, Warden is confident in the Dukes’ prospects.

“We’re trying to focus on securing the No. 1 seed in the CAA Tournament, which I think will help us face a good opponent for our first round, ” Warden said. “We just have to keep up the mindset like one day, one game at a time. That’s what is going to help us be successful.”

CONTACT
By BRANDON ELLIS
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By MATT TYSON

Baseball looks to get back on track

Once upon a time, the JMU baseball was rambunctious and wild. The Dukes won 14-5 through March 21, on track to have one of their best seasons in years. That feels like a distant memory now. Since starting out as one of the hottest teams in the CAA, the Dukes have gone 2-12 in their past 14 games. They’ve stumbled onto an 18-17 record, but are pressing to fix the issues.

“The big thing is we’re not getting the big hit and we haven’t had the big play like we did earlier in the year,” head coach Marlin Ikenberry said. “More importantly the big hit with guys in scoring position.”

Several of the recent losses have been close games, such as the team’s series against the College of Charleston in early April. The series featured a 6-5 heartbreaker that lasted 12 innings, which was followed two days later by a 12-11 loss after rallying back from an 11-2 deficit in the 9th.

At the same time, there’ve been some major losses where the Dukes were outplayed in every aspect of the game. The biggest blow came on April 11 against Liberty, in which JMU fell to the Flames 26-1. Liberty scored 14 runs in a single inning, just seven shy of the NCAA record. For a team that had one of the most explosive offenses in the NCAA just two months prior, this is a serious problem.

Given that JMU defeated the defending national champions in Coastal Carolina earlier this season, losing a game by such wide margins is a major concern.

“There’s not much you can say giving up 26 earned runs,” Ikenberry said. “Baseball’s that way.”

A primary issue plaguing the team is that opponents have made adjustments to compete against the Dukes. Ikenberry said scouting reports have given teams an insight as to how best to face the Dukes pitcher and hitters. The team looks to remedy that situation by making adjustments of its own before beginning each series.

“We’re going to continue to practice and every game every single day with intensity and focus,” junior outfielder Adam Sisk said. “We’re going to try and better the things we’re working on.”

For a while, it took the team time to realize where they needed to make improvements. Ikenberry noted that the team’s been working on little things that can make a big difference even during some losses. The Dukes are 3-9 in CAA play, and have three games in a row against UNC-Wilmington. Despite the losses, Ikenberry said he enjoyed seeing his team make adjustments on the fly in an effort to put them in a better position to score.

“I think it’s how we’ve come through the process of the last five to 10 days,” Beasby said. “You basically print off the most explosive offenses in the NCAA and see how you face them.”

Keeping calm is a key for the team to prevent extending the skid. Despite the difficulties, JMU’s been working to keep its emotions in check. Though winning hasn’t come easily in recent weeks, the team’s been advancing in game and not letting the losses discourage them.

“That’s something that’s definitely attainable,” senior outfielder Ky Parrott said. “We just have to keep working and not let the losses discourage us.”

Keeping calm is a key for the team to prevent extending the skid. Despite the difficulties, JMU’s been working to keep its emotions in check. Though winning hasn’t come easily in recent weeks, the team’s been advancing in game and not letting the losses discourage them.

“If you just relax and understand that baseball’s a funny game, it’s a game of failure and it’s not always going to go your way,” Sisk said.
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