EXPANDING EDUCATION
Harrisonburg discusses plans to build second high school

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Ronald E. Carrier
1932 - 2017

The JMU community remembers ‘Uncle Ron’
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Remembering a legacy

A tribute to the late Ronald E. Carrier

“He was a presence on campus. Everybody knew Dr. Carrier when he walked into a room ... He was this big visionary.”

Mark Warner
Senior vice president of student affairs
In 1998, Carrier announced his retirement from the university after serving for 27 years.

**By MADISSON HAYNES AND EMMA KORYNTA**  
*The Breeze*

Back in a time when vinyl records and bell-bottom jeans were in their prime, Ronald Carrier was making his way to Madison College to begin his era as the fourth president. It was 1971, and the 38-year-old from Bluff City, Tennessee, was ready to begin his tenure.

Uncle Ron, as the students called him, didn’t waste any time getting involved on campus. He was deemed a fatherly figure across Madison College, always putting his best foot forward. As the youngest Virginia college president at the time, Carrier really connected with the students.

“He was a presence on campus,” Mark Warner, senior vice president of student affairs, said. “Everybody knew Dr. Carrier when he walked into a room ... He was this big visionary.”

The former president died from cancer Monday at 85 years old. Warner explained that Carrier was an idea man who was constantly thinking about JMU.

I remember one day walking with Dr. Carrier and Dr. Rose, and Dr. Carrier got into a flower bed and started picking weeds,” Warner said. “I was sitting there thinking, ‘Am I supposed to get in this flower bed and pick some weeds too?’ To me, that exemplified his care for what this place looked like. He loved flowers, so that’s why we have so many flower beds on campus.”

Carrier devoted much of his life to Madison College, and then James Madison University. He cared for each and every student, and wholeheartedly believed in the opportunities the institution could provide.

In the Sept. 17, 1971 edition of The Breeze, Carrier addressed the mark of the new school year. He wanted new students starting at then-Madison College to feel the same love he did for the institution.

“Madison College offers you the opportunity to make your experience at Madison whatever you wish it to be, and, as a result, you will have the responsibility to define the person you want to be,” Carrier said. “Recognize the opportunity that Madison College is giving you, continue to open your minds to the new ideas and feelings around you which can help you build your life ... I have great pride in Madison College and in you. I hope you will share this pride.”

CONTACT the news desk at breezenews@gmail.com. For more coverage of JMU and Harrisonburg news, follow the news desk on Twitter @BreezeNewsJMU.

The Breeze
Overcoming crisis with creativity

JMU professor makes activity book for those in the midst of natural disasters

The activity book titled “Too Much Weather” gives children an outlet to express their feelings in the form of games and activities when facing natural disasters. It’s been sought out after recent hurricanes.

A kids’ disaster activity guide was created by JMU psychology professor Anne Stewart and psychologist Danielle Budash, aims to provide children affected by a natural disaster with the necessary coping and processing skills to help sort out their situation.

The book was first created for those affected by Hurricane Katrina, but in light of the recent hurricanes, its need resurfaced.

Hurricanes Harvey and Irma have left trails of devastation in their wakes, where thousands of homes and families have become displaced.

“My hope was to be able to provide some activities that would allow children to cope with this sort of experience,” Budash said. “To give them activities that are really based on building resilience and to recognize the social support and the positive relationships that they have that help them throughout these experiences.”

In the aftermath of Harvey and Irma, there was a need for a book similar to the one created for Katrina. Rebecca Joyce, the community program manager at the Central Shenandoah Planning District Commission, received an email from the Federal Emergency Management Agency asking about a resource for children to use in the aftermath of these disasters.
"They are having 20,000 copies in English and 5,000 being printed in Spanish," Joyce said.
The guide, "Too Much Weather," is designed to be done with an adult, so the child knows that they have someone they can rely on and trust in the dangerous aftermath of a natural disaster. Through the book, children learn how to make meaning of their situation and utilize adaptive coping skills.

For example, the Helping Hands activity in the book’s a concept that’s been used by Stewart and JMU psychology professor Lennis Echterling in Beirut, Lebanon, while working with land-mine survivors. "Often times, children are not as verbal or articulate in processing these powerful emotions that they have been going through," Echterling, who’s been working and writing with Stewart for 25 years, said.

The activity’s a physical one, where they must draw their hand and describe how each finger represents a strength in their life. Its helping children represent the psychological dynamics that are in play in their situation.

The Rainbow of Emotions page helps children illustrate the range of emotions they’ve gone through. It asks for the child to write about a time when they felt angry or sad, but also when they felt hopeful and excited. Budash helped with the writing process as a doctoral student in 2005, as a response to Hurricane Katrina.

For 17 years, the CSPDC had a disaster preparedness and mitigation education program called Shenandoah Valley Project Impact. It was money from a grant that spurred the writing of this book in the first place.

These copies will be distributed to children impacted by Harvey and Irma. Though they’ve been through a traumatizing experience, Budash hopes that they can adapt and find meaning out of their situation.

"I hope that they are able to recognize that although they have been faced with an adverse and difficult experience, that they are able to process and make meaning out of the experience in a way that helps them begin the healing process," Budash said.

While the book’s meant for children, it’s the emotional support the book offers that not only reaffirms the child, but also the adult as well.

The focus of the book’s on changing each child from a victim to a survivor to someone who thrives. People can find their life calling from a childhood experience, whether it’s very powerful or traumatic. This book’s looking to make a positive outlook on a situation that could be very traumatic.

"The activity book isn’t so much about reliving the traumatic experience," Echterling said. "It is really about creating a new survival story."

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Virginia passed a law in 2015 allowing universities to research hemp production and utilization.

Michael Renfroe, a biology professor at JMU who does research on the plant, said that the Shenandoah Valley was the largest hemp-producing region in the country, according to Goodlatte — along with educators, law enforcement and other state lawmakers — attended an Industrial Hemp Field Day at a Harrisonburg farm on Friday to continue building support for legal hemp.

He said that people may try to grow marijuana in their state earlier in the year. Rodes said. “It’s not a dangerous crop, it’s just a normal farm crop.”

“Congressman Goodlatte is supporting it and that’s a big deal to us, and so I’m very hopeful.”

According to Renfroe, hemp has the potential to stimulate the economy and provide jobs in Virginia and the rest of the country by providing high yields with low input, giving another option for farmers with smaller acreages.

“Congressman Goodlatte is supporting it and that’s a big deal to us, and so I’m very hopeful.”

Some feel that hemp production can benefit farmers, as it’s a high-yield crop that takes up little land.
More room to learn
Overcrowding problems lead to proposal for new high school in Harrisonburg

By MARY HARRISON
contributing writer

As the Harrisonburg community continues to grow, so does the high school student population. Harrisonburg City School Board voted unanimously in June to establish a second high school due to the current high school’s overcrowded conditions. The community’s only public high school’s currently 28 percent above classroom capacity.

Harrisonburg High School opened in 2005 with classrooms designed to accommodate 1,350 students, yet there are over 1,800 students enrolled this school year. The city of Harrisonburg’s population has increased by 34.6 percent over the last 10 years, and studies by Weldon Cooper and K-12 Enrollment, Inc. projected substantial growth within Harrisonburg public schools in coming years.

The school board’s currently vetting sites for the new high school, yet is unable to move further without the Harrisonburg City Council’s approval.

The board discussed alternative solutions for handling the high school’s overcapacity issues, including building an annex across the street or an addition to the existing structure. Scott Kizner, superintendent of Harrisonburg City Public Schools, explained the foundational complications of these proposals.

“Big high schools were designed to be big,” Kizner said. "When you add an annex or you add to the south and north sides of the building, you haven’t done anything for your cafeteria or kitchen area, you haven’t done anything for your hallways or stairwells.”

The Harrisonburg City School Board began discussing capacity complications starting in February 2008. Deb Fitzgerald, vice chair of the school board, declared a second high school as the most cost-effective option in the long run.

"Because any solution will be expensive, we should do this once to solve the problem," Fitzgerald said. “To not build something that would just catch us up, and then return to this issue in four or five years.”

Because each solution requires time to design and build, the decision’s become increasingly critical. New facilities’ construction must be ready to open by the beginning of the school year. Kizner stated that the earliest possibility of the school opening is the fall of 2021.

Andrew Kohen, chair of the Harrisonburg City School Board, explained the high school’s existing unsustainability.

see SCHOOL, page 29

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Punishment by participation

Not wanting to speak up in class discussions shouldn’t cost you your grade

RISHMITA AICH | pride and prejudice

“Not much of a speaker, huh?” was the reasonable excuse that one of my GenEd professors gave me for not remembering my face or name when I greeted her and expressed my long admiration for her a few semesters later on campus. Disheartened, I realized that getting an A in the class or staying late for one-on-one discussions with my teacher wasn’t as significant as speaking in class when it comes to leaving lasting impressions.

Most GenEd classes at JMU are characterized by two pronounced features: the ginormous class sizes and hour-long lectures, often topped by odd night-class timings. And thus, the professors often come up with various audience-involvement tactics to prevent their lectures from becoming movie-theatre experiences for students to drool on. But lately, class participation’s indeed become a part of the course curriculum and sometimes, it even accounts for a small percentage of the final grade — this is a fairly arguable tactic.

Mandatory participation’s often justified as a means of leaving a strong impression on their teachers, but the ones who don’t and choose silence and patience in highly competitive environments should also be remembered for their impactful contributions.

Classroom environments relying solely on the rat race of competitions and the instant rewarding methods to spark interest among the students can’t be a long-term strategy for learning. Moreover, it seems like a punishment for reticent students who need a lot of preparation before speaking because they choose to speak carefully. A competitive speaking environment like this might be making students’ shyness seem like a permanent character flaw that’ll destroy their futures.

As soon as the teacher raises a question of potential participation points, the whole atmosphere of the classroom changes from a comfortable learning space to a standoff of raised hands. While one part of the crowd’s engaged in a grueling race of vocalizing their thoughts before their peers, the other part slouches into a heart-pounding, nail-chewing dilemma, torn between their fear of social judgment and self-loathing for their inability to save their participation grades, despite being thorough with the readings. It’s unfortunate that the absence of speaking’s often assumed as an absence of academic rigor or learning.

And as far as eradicating the fear of public speaking is concerned, fostering a cooperative learning environment where students can work in small groups or pairing them with partners can serve this purpose. Sometimes, even just opening the entire classroom for a light discussion without the catch of bonus points can help, so that shy students don’t lose their voices among the competitive cheers of “me, me.”

If the goal’s to actively engage students in learning, then speaking in class shouldn’t be the only factor for that. Affirmative nods, rigorous note-taking and consistent above-average performances on written responses or tests; there are myriads of different ways students can voice their thoughts on classroom topics.

We live in a culture that thrives on cutthroat competition, where the civility of silence and modesty often gets lost — but the classrooms shouldn’t be a victim of it.”

“We live in a culture that thrives on cutthroat competition, where the civility of silence and modesty often gets lost — but the classrooms shouldn’t be a victim of it.”

Rishmita Aich

Rishmita Aich is a senior media arts and design major. Contact Rishmita at aichrx@dukes.jmu.edu.
Project XQ coming to schools near you

Improving high school education for the next generation

Do you recall the first day of ninth grade? No longer the leaders of middle school, we began at the bottom of the bunch again, only to work our way back up. For me, 10th grade was when I really felt a change; switching from private school to public school was like day and night. Classes were easier all of a sudden, I didn’t have to work as hard and everyone was just going through the same motions of “getting through it” instead of striving to excel. There were teachers who cared, but you had to go in search of them. Aside from the public school’s terrible standardized testing for the Commonwealth of Virginia, it was mostly up to the students to either stay engaged or fall to the wayside of education.

People are trying to change this, in particular the founders for Project XQ, established and led by board member Laurene Powell Jobs. While the rest of the world’s schooling systems continue to evolve, the United States’ has stayed relatively the same. Super schools, a program focused mainly on education, immigration reform and the environment, are trying to catch up — or even better — surpass other countries in their schooling methods.

"Once first in the world in high school completion, we are now 23rd, with the standing of our students on international exams ranging from 19th in science to 31st in math," founder Russlynn Ali said in a letter posted on the Project XQ website. "Though 95% of our 9th graders plan to go to college, fewer than 4 in 10 are ready for college by the time they graduate — not a good sign in a country where two-thirds of jobs now require some college education."

First, we must realize this movement involves everyone. Famous idols such as Chance the Rapper, Viola Davis and Tom Hanks have joined in on altering our public schools’ traditional ways of teaching and pushing the idea of gradually moving from simple memorization to actual thinking. Two years ago, Project XQ began and invited all people to come together to help imagine and build these new, innovative schools. Today, Project XQ’s home page reveals that over 140 million teachers, artists, entrepreneurs and people all over have come together already to restructure a century-old model and renovate our high schools.

I realize most of you might be wondering how and why this is important to college students, since we’ve already gone through the system and generally made it through all right. Well, go back to those four years of schooling you underwent and really think about what you got out of it. I personally wasn’t excited about school. I looked forward to my English and art classes, but dreaded almost all my other academics and even questioned attending college my senior year because of this.

Not everyone can afford private schooling, and not everyone comes from a scholarly background, but it would be great if every student had the opportunity to enjoy and gain more from their high school education no matter their circumstances. If there needs to be more incentive, think about our current high schoolers as the soon-to-be next workforce generation.

Without better education, our country as a whole will continue to fall behind, and the only thing holding us back is ourselves.

Tess Gibson is a sophomore writing, rhetoric and technical communication major. Contact Tess at gibson77@dukes.jmu.edu.

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Cardi B: an inspirational feminist and not an afterthought

Yes, I'm talking about the one and only Cardi B. Up-and-coming artist Cardi B's already won BET's Single of the Year, Best New Hip Hop Artist and MVP of the Year. But of course, with success come "the haters."

Cardi B's past has drawn a lot of criticism from "slut shamers" who like to use her past as a way to invalidate her current success. I've personally seen many comments online where men, in particular, will call her names and discredit her talent due to her being a former stripper. Cardi talks about this a lot in her interviews as well as her music, defending every woman's right to her body.

In her song "Bronx Season" on her mixtape GBM Volume 2, Cardi addresses her past, singing "they sleepin' on me just because I used to strip / but it's all good cause now they wanna get up in my VIP."

Cardi also uses her music and fame as a platform to discuss issues like self-worth and body image, suicidal thoughts, drug abuse, domestic violence and healing after going through traumatic experiences. In an interview with VladTV, Cardi explains how she used stripping to escape an abusive relationship as well as poverty.

"I was poor as hell," Cardi said. "I was living with my ex-boyfriend that was beating my a--. I had to drop out of school."

When asked how she took herself out of the situation and if anyone tried helping her, Cardi said no one tried helping her and she was led to strip in order to make her own money quickly.

"How was I gonna leave if I only made $200 every week? Ain't no way," Cardi said.

Speaking more on her experience as a stripper, Cardi explained how it saved her life and helped her escape a toxic and abusive living situation.

"Honestly, don't give a f--- "bout who ain't fond of me"" - Cardi B

Women have also attacked Cardi B for everything from her past to how she talks, to which she responded, "I don't understand how you b----es feel like being a feminist is being a woman that has an education, that [has] a degree. That is not being a feminist."

She brings feminism to women from all backgrounds, ignoring society's deep-rooted classism and racism when it comes to the intersectionality between being a feminist and being a woman of color.

I've personally found solace in Cardi's music. The balance she finds between vulnerability and strength's amazing and much needed in an industry that misrepresents and grossly underrepresents women. We need to give young up-and-coming female artists a chance to prove their talents and express their passions. We can't discredit Cardi B for her past and should make room for artists with inspirational messages to take center stage. There's something to learn from her experience, regardless of how different it might be from our own.

Nahla Aboutabl is a communication and advocacy graduate student. Contact Nahla at aboutanm@dukes.jmu.edu.
X marks the spot for the new iPhone

KEVIN HASWELL | life goes on

Apple released arguably its best phone yet last Tuesday, the iPhone X. While the new design's simply spectacular, it's not worth the extra money. The phone starts at $999 and goes up by $150 increments to increase the storage.

The iPhone X successfully pushes back on the critique that each new design looks too similar to the one before it. The new iPhone design includes a Super Retina HD Display — a 5.8-inch all-screen OLED multi-touch display with 2436-by-1125-pixel resolution. The colors seem to just drip off the screen.

Apple also improved the chip in the phone to an A11 Apple chip. The chip will make the iPhone significantly faster than last year's model. You'd think the new chip would drain the battery, but Apple claims it also made the battery last longer than last year's model.

For the new iPhone, the problem lies in the price. Everyone's been up in arms about the price of the iPhone X. The starting price of $999 is extremely steep and far off what the iPhone 7 Plus started at last year. When the iPhone 7 Plus was released last fall, it started at a retail value of $799 with a 32 GB model, whereas the newly redesigned iPhone X starts with 64 GB at its starting price.

In addition to doubling storage space, there are some unique new features. The new display now covers the entirety of the face of the iPhone, getting rid of the home button. It also includes a facial-recognition feature, which allows you to unlock your phone by simply looking at it. While both of those features are very cool, it doesn't warrant a $230 increase from last year.

Apple seems to be pricing this iPhone X steep so that it looks cheaper. By comparing the iPhone 8 Plus price of $799 to the $999 for the iPhone X, it seems like you're getting a good deal. Apple's done a great job at tricking the consumer into thinking they got a great deal on the iPhone 8 Plus, when in reality, they spent way too much on a phone that's significantly worse than the iPhone X.

Apple hit an absolute home run on the design of the new iPhone, but struck out on the price. If you're planning to get a new iPhone, don't let Apple fool you into buying the 8 Plus. Go out and get the iPhone X, but be aware — your wallet will suffer.

Kevin Haswell is a junior sports management major. Contact Kevin at breezesports@gmail.com

Highlights
- Face ID
- Wireless charging
- OLED screen designed for iPhone
- Water and dust resistant
Put an end to plastic

Take steps to reduce your overuse of plastic bags

Dan Ford | forward thinking

Our desire to improve our planet’s environment often leads us to take part in large, environmentally focused movements. Although these measures are of great importance — such as pressuring the U.S. to remain part of the Paris Climate Accord and pushing for proper funding for the Environmental Protection Agency — there are countless small acts each of us can take in an effort to improve our planet’s health as it relates to a specific environmental matter. One such matter is the devastating effects of heavy plastic bag consumption on the world.

The dangers of plastic bags to the natural environment are evident. Taking decades to biodegrade, plastic bag waste causes lasting damage to the natural environment, with numerous species of birds and sea life dramatically falling victim to this toxic waste.

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The dangers of plastic bags to the natural environment are evident. Taking decades to biodegrade, plastic bag waste causes lasting damage to the natural environment, with numerous species of birds and sea life dramatically falling victim to this toxic waste. An estimated 100 million marine animals die annually from plastic exposure, with much of this due to plastic bags, as 30 percent of all waste collected by the National Marine Debris Monitoring Program along coasts is from non-recycled bags. Literally killing animals, plastic bags — particularly so given how rarely they’re recycled and how often they’re used — have become a very tangible danger to the health of ecosystems across the planet.

This danger’s prompted an increasing number of countries and individual cities to criminalize the use of plastic bags, including China — a country that doesn’t commonly show concern for environmental degradation. Yet, despite the environmental benefits from reducing plastic bag use, there are also evident economic considerations that have successfully steered a greater number of parties toward becoming less reliant on plastic bag usage. This begins with realizing the often hefty costs of cleaning up plastic waste. Also an important economic consideration to this matter’s the impact of plastic bag production on the environment as it relates to fossil fuel emissions, with a large amount of crude oil — itself a dangerous fossil fuel — needed to make all types of plastic bags included.

It’s genuinely not challenging to reduce personal use of plastic bags. Doing so simply begins with some initiative. In time, these steps expand into a greater movement attempting to create legislative change, making the common use of plastic bags legally unfavorable to the community, thus properly pushing this initiative forward. This endeavor’s no longer a fuzzy dream, as many municipalities have already begun taking initiative by illegalizing plastic bag usage with various companies following suit. Here at JMU, for example, Top Dog Cafe no longer provides plastic bags without being asked for one by the customer. Similarly, JMU’s Quiznos and Subway don’t offer bags to customers without either first asking if a bag’s wanted or providing a bag to a customer’s request for one. With these companies having taken such initiative, it’s only natural that we too become inspired to dramatically reduce our personal use of plastic bags.

Often overlooked, it’s these little actions that can in time make a sizeable difference. Let’s start making this difference by taking initiative today.

Dan Ford is a senior international affairs and international business double major. Contact Dan at forddm@dukes.jmu.edu.
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Students crowd around one another, stacked all the way to the top of the stairs just to catch a glimpse of the rock band in the room that plays as loud as it can. The atmosphere changes from the standard JMU party scene to that of an up-and-coming, at-home rock show.

Kristian Tarter and Tom Milkowski, both junior engineering majors, started their band Of Age in the fall of 2016. With their love of punk rock and late '90s rock, Of Age pays tribute to many of those bands while also creating its own list of original material.

"End goal is to be on a stage, a big stage, and have people sing along to our songs," Tarter said.

Because it was just the two of them in the beginning — Milkowski on drums and Tarter on guitar and vocals — they knew a bassist was needed at the very least. Jack Francis, a sophomore communication studies major, found a flyer looking for a bassist in JMU’s music building. Francis immediately contacted Milkowski and met up to jam together.

"It couldn’t have been more perfect," Tarter said. "He was a really good bassist and was into the same music we were listening to."

Francis’ friend, Devon Donis, a sophomore media arts and design major, played keyboard. He was invited over to jam with the three other members in the spring of 2017, and it was that meeting that helped solidify the fourth and final member of the band.

Each member brings his own written music or song ideas to practice. Slowly, they’ve been working through and building upon them to create the band’s own defining music.

"I usually just have like an idea just going throughout the day," Milkowski said. "But, I won’t be done until the whole band plays and records it."

The first original song that Of Age wrote began on the first day that Francis played with Milkowski and Tarter. He had a baseline he liked and wanted to use, but didn’t have a full song for it. The others improvised music along to Francis’ base, and Tarter added lyrics. He sang whatever words came to mind, thus creating the original song "Gotta Get Out."

"Our first original was one that we wrote as a band," Tarter said. "I think that just makes it really special."
Of Age has been an official four-piece band for less than a year, which means its setlists can’t be made up of only original songs. They know about 20 cover songs, but the count grows with every show. Some of those covers include blink-182’s “All The Small Things,” Fountains of Wayne’s “Stacy’s Mom” and even the “Drake & Josh” theme song.

“They are songs that people our age have grown up with,” Milkowski said. “Everyone knows the words, so when we play them it’s fun to have them sing along with us.”

The group of friends even revamped the song “My Shiny Teeth and Me” that’s performed by Chip Skylark in “Fairly Oddparents.” They learned it for their latest show at HBurg Sports Bar and Grill just for laughs and is a favorite of Tarter’s to perform.

“We kind of made it more of a rock-esque thing,” Milkowski said. “It was so funny.”

Haley Ripich, a junior health sciences major and friend of the band, helped get them their latest gig. Her manager wanted JMU performers to bring in more students to the restaurant, which worked out for both the restaurant and band. Fans went to HBurg Sports Bar and Grill just to relax and see Of Age play.

“They are just like themselves,” Ripich said. “It’s humor mixed with a cool band.”

Of Age has played at Taylor Down Under, house shows and are now even branching out into Harrisonburg city venues. Their biggest show was one they threw at their own townhouse. They called it Feasent Phest and even had T-shirts made for the event, which Milkowski threw out into the crowd between songs.

“We were pretty much in the hole for those T-shirts because we gave them all out for free,” Tarter said. “It was really cool and a pretty good turnout.”

Music’s the dream for the majority of the band members. Therefore, their majors become fallbacks just in case music doesn’t pan out.

“I can always go back to college,” Tarter said. “I can’t go back and say ‘Hey, can I go on tour again?’”

CONTACT Maddelynne Parker at parkermn@dukes.jmu.edu. For more on the culture, arts and lifestyle of the JMU and Harrisonburg communities, follow the culture desk on Twitter @Breeze_Culture.

PHOTOS BY LOREN PROBISH / THE BREEZE

Of Age formed in 2016 with just Tarter (far right) and Milkowski (middle left). The two set out to find their missing pieces, Francis (far left) and Donis. Each individual contributes his part to make the whole.

The band members all have the same dream to perform at Madison Square Garden in New York City.
Concrete chords

Foo Fighters’ new album contains themes relevant to current events

By ALI GIPS
The Breeze

“Concrete and Gold” ★★★★★

When word got out that the nice guys of rock ‘n’ roll were about to release “Concrete and Gold,” their ninth full-length studio album and the follow-up to “Sonic Highways,” nerves kicked in. For a well-respected band like Foo Fighters who’ve been around for over 20 years, a deviation from its original sound is a valid concern.

When “Sonic Highways” dropped in 2014, many weren’t blown away. The most exciting element of the album was the production and how each song represented different U.S. cities the band had visited. While the concept was inspiring, the music was a bit underwhelming. It was good, but much lighter than previous albums. Fans — myself included — were afraid that “Concrete and Gold” would be the product of this newer, lighter Foo Fighters sound. I hesitantly pressed play on the first track, “T-Shirt,” and heard an acoustic melody with the lyrics, “I don’t wanna be king / I just wanna sing a love song.” “Concrete and Gold” isn’t just good — it’s epic. Frontman Dave Grohl set out to make an album bigger than anything Foo Fighters had done in the past. This epic status can be attributed to Grammy Award-winning music producer Greg Kurstin of The Bird and the Bee, whose only producing background’s in pop. Some of his works include: Halsey’s “Strangers,” Sia’s “The Greatest” and “Cheap Thrills” as well as Adele’s “Hello.”

The verses of “Run” start off softly. Then, without warning, the chorus hits and the heavy metal kicks in — an element that “Sonic Highways” lacked. The variation of tempo, acoustic and electric-guitar riffs are refreshing.

Initially, some of the louder moments were jarring. When I first listened to “La Dee Da,” I was taken aback. It incorporates slight screaming, which is a bit too harsh for my liking. However, if you’re into heavy metal rock, this song could be an album favorite. “Happy Ever After (Zero Hour)” is a nice break from the heavier songs preceding it. It’s entirely acoustic and melodious.

“Make It Right” stuck out to me and is my favorite track. The catchy guitar riffs and driving drum beat are fun and memorable. I loved it even more when I discovered the special guest singing background vocals on it. The secret singer’s name’s unlisted because Grohl wanted ambiguity so fans would have to guess who they thought it was. What many listeners mistook for Taylor Swift or Adele turned out to be former ‘N Sync member and pop icon Justin Timberlake.

Grohl doesn’t stop surprising fans there. In fact, there are numerous collaborations that go by unsuspected by album listeners, including Shawn Stockman of Boyz II Men, Alison Mosshart of The Kills and The Dead Weather and saxophonist Dave Koz. If you think you hear elements reminiscent of Beatles classics, your ears don’t deceive you; Foo Fighters wears its influences openly. Paul McCartney drums on “Sunday Rain,” a particularly Beatles-esque track. Vocal credit’s also given to Inara George, The Bird and the Bee bandmate and friend of Kurstin. Unfortunately, this laundry list of names gets lost in translation. Although Grohl did this intentionally, I wish that they were attributed on the tracks they’re featured on. Otherwise, listeners who don’t do additional album research are completely unaware that this talented roster of guests is featured.

Thematically, this album explores both personal and political turmoil. In “The Sky Is a Neighborhood,” Grohl sings, “My mind is a battlefield / All hope is gone / Trouble to the right and left / Whose side are you on?” This refers to the current political divide the country’s facing. The “right” and “left” he sings about refers to being conservatives versus liberals. When he says, “All hope is gone,” he might be referring to how the two parties are so different and the gap’s only continuing to widen; compromise’s becoming further out of reach. In “Dirty Water,” he touches on relevant environmental issues, saying, “I feel an earthquake coming on / I feel the metal in my bones … Bleed dirty water / Breathe dirty sky.” This song is Grohl’s expression of the nation’s current environmental state and his plea to make a change. If not, the future looks bleak.

An unpredictable sound combined with lyrics rich in profound subtext make this a powerhouse of an album. The convergence of pop and rock make it unique, but still true to the Foo Fighters’ classic sound.

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Tunnel Acoustics

JMU student serenades campus with his folk-style music

By ABBY CHURCH
The Breeze

As students swerve past each other and dodge bikers in Duke Dog Alley, a man and his guitar meet spectators in the middle. Crooning acoustic songs, sophomore computer science major Nic Maoury cradles his guitar, and melodic tones whirl over hushed chatter of passersby as they peep into the guitar box to see a lavender-hued album cover.

Joining the myriad of talented student artists, Maoury released his first EP titled "The Lavender" on Sept. 1. While the album features folk intonations on all five of its songs, Maoury started his music career on a vastly different path.

Growing up in Winchester, Virginia, Maoury wanted to play the guitar and be like the musicians in Nirvana and Green Day. Since he was 16, he's played in various metal bands. Through his involvement in these bands, Maoury was able to perform at house parties and small shows. It wasn’t until he got to JMU that Maoury discovered his knack for folk-style music.

Unable to play in metal bands because he was confined to a dorm room and bogged down with work for his major classes, Maoury started to experiment solo with just him and his guitar.

"I was never really a singer or anything," Maoury said. "So I just picked up the acoustic guitar and started singing, and the rest is history."

Maoury used to be in a band called Peruvial. Its creator and Maoury’s friend, Justin Kline, met him when he was recruiting members for his latest project on Craigslist. Kline says that Maoury’s transition to JMU marked a pivotal point in his music career.

"Nic has always been very outgoing," Kline said. "But not until he started school at JMU, you could kind of see the real Nic start to really shine out and I think that is what started bringing on a different musical taste."

While Peruvial was classified as a metal band, the members didn’t regard it as such because of their tendency to be melodic. Kline believes Maoury’s involvement in Peruvial helped him develop the melodic side he manifests in his music today.

"Even though we were a metal band, we didn’t really consider ourselves a metal band because the only thing metal about us was some screaming in it," Kline said. "You could see that melodic side of him start to come out through that, and then once he got to JMU it kind of just took off."

Maoury’s had acoustic songs in his arsenal for around three years. About a year ago, he released his first single, "Eyes of Gold." Acquiring success from it, he contemplated recording a full album. From there, "The Lavender" was born.

see TUNNEL, page 20

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Maoury purchased a condenser microphone and started to record demo tracks. Making trips up to Annapolis, Maryland, he recorded all his songs by himself in a friend's makeshift recording studio. Kline even got to hear previews of the tracks in the making when Maoury came to visit him on weekends.

An avid Hozier fan, Maoury loves when he listens to an artist and can tell what they're feeling through their emotion and singing voice, something he also strives to do in his music. For “The Lavender,” his main inspiration came from heartbreak.

“I feel like there’s something beautiful that can come out of getting your heart broken or falling in love,” Maoury said. “I guess my philosophy is fall in love as many times as you can because it only gets better and cool things stem from that — like music. Pretty much all my songs are revolved around either the aspect of falling in love or falling out of love or just love as a concept.”

Maoury says his success with “The Lavender” has “boiled down to marketing.” His friend Jeremy Stinson, a senior biology major, met him in his calculus class last semester, and has been helping Maoury by passing out fliers promoting his album. Stinson says Maoury has a voice that’s “distinctly his own.”

A musician himself, Stinson connected with Maoury through their shared love of music. He’s fascinated with Maoury’s “ingenuity in his songwriting” and how far he’s come as an artist in the time he’s known him.

“What I appreciate most about him is — and the quality that I’m always striving to achieve in my artistic life — is his ability to be a Renaissance man,” Stinson said.

Stinson’s also impressed with the fact that — besides him providing some help with marketing — Maoury’s practically done the whole enervating project on his own.

“The process of making an album is not just coming up with songs and coming up with lyrics and having the music,” Stinson said. “This is something that he’s recorded and mastered and mixed all of this himself, along with going out and marketing it. I mean, I’ve helped him a teeny bit here at the end, but like, that entire time it was almost all him.”

As for the future of his career, Maoury hopes to someday make a living off his music. Until then, he’s striving to connect with his listeners through the songs he writes — like his idols do.

“I’d like to be able to make a living off of it,” Maoury said. “But I think more importantly, I really appreciate the aspect of showing people how I feel, what I’ve been through, through music because I think it’s something very sacred … I feel like it’s a really cool way to connect to people.”

CONTACT Abby Church at churchae@dukes.jmu.edu. For more on the culture, arts and lifestyle of the JMU and Harrisonburg communities, follow the culture desk on Twitter @Breeze_Culture.
The canvas is divided into three panels, with each panel constructed chronologically. The left panel marks the beginning of the painting, but is almost blurred to symbolize the idea that with science there's no beginning, according to Ingham. The artistic timeline dates as far back as 190 B.C. and continues all the way to 1981. However, the original painting was left unfinished, leaving the far-right side of the panel with just barely a sketch on grid paper. This symbolized the idea that science is never-ending.

“I like it because it’s a story,” Virani said. “It’s an art piece that tells a story.”

In the left panel, many illustrious scientists, including Greek astronomers Hipparchus and Claudius Ptolemy are featured. The canvas continues into what’s deemed a Renaissance period in the middle panel, with scientists Galileo Galilei, Johannes Kepler, Tycho Brahe, Isaac Newton, Edmund Halley, William Herschel, Henrietta Swan Leavitt, Edwin Hubble and Arthur Eddington. The final panel marks a more modern-day time period as it includes scientists Subrahmanyan Chandrasekhar, Margaret Peachey Burbridge, Maarten Schmidt, Jocelyn Bell Burnell and Stephen Hawking.

“I gave him some guidance on individual astronomers to include,” Ingham, who’s now retired, said. “I was trying to identify those individuals who were relatively important in advancing our understanding.”

Although the painting was left unfinished, in October 2014 Virani and Blackman asked now-alumna Melissa Huryk (’16) to add three scientists. She added Chinese-American experimental physicist Chien-Shiung Wu, American astrophysicist Neil deGrasse Tyson and Carl Sagan, an American astronomer who heavily inspired Tyson. These scientists were added to give the painting a sense of diversity.

“I think the fact all of the scientists depicted are white and male, prior to the 20th century, is wrong,” Virani said. “It suggests that no other culture or gender were engaged in this pursuit of knowledge. By completing the third panel I had an opportunity to kind of change that narrative.”

Carter now lives in Maryland and has continued his passion for art since he graduated. He’s taught art at many institutions, such as American University, College of Southern Maryland and Rockville Arts Place/Corcoran School of Art. Carter currently teaches at the Art League School of Alexandria as well as Montgomery College.

“I think art and science start at the same place, in the sense that both artists and scientists are trying to understand the world, their place and how they view it,” Virani said. “The tools are different, but I think at the essence they’re both the same. So, for me the art that we’re choosing to highlight is to tell a story but to tell a story from a different perspective.”

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Cross country leaps toward CAA Championships

BY BLAKE PACE
The Breeze

Following a dynamic start to the 2017 season, JMU cross country has its eyes set on a postseason run. After sweeping the University of Virginia, Norfolk State and Liberty in its opening competition at the U. Va. Duals on Sept. 2 and taking down George Mason, Virginia Military Institute and Longwood at the JMU Invitational on Sept. 9, the Dukes are more than ready to keep up their early success.

“It feels really good,” senior runner Nora Raher said. “I think that a lot of what we’ve talked about in the beginning of the season has been the process and I think that so far that process is going really well. It’s very hopeful for the rest of the season.”

While head coach Dave Rinker, in his 18th season at JMU, understands the beginning of the season always brings its fair share of struggles, he’s been very pleased with the early results.

“We really focus on process over outcome,” Rinker said. “However, if the outcome can also be pretty good then it definitely makes them feel like the season is going to be better.”

At the U. Va. Duals, the Dukes were led by seniors Nora Raher, who placed fourth with a four-kilometer time of 14:34, and Carol Strock, who finished fifth with a time of 14:40. They managed to hold down sixth through 12th place, along with 15th and 16th out of 35 runners on their way to a 44-25 win over Virginia, a 59-20 victory over Norfolk State and a 70-15 finish over Liberty.

“The faster start you get off to, as long as you’re training and as long as they understand what’s going on, then it’s very beneficial by the end of the season,” Rinker said.

While their feat at the U. Va. Duals was a strong start in and of itself, the Dukes turned it up a notch when they raced in their own 5.2-kilometer invitational at New Market Battlefield. Raher, Strock and sophomore Emily Murphy filled out the top three spots, while the rest of the Dukes managed to finish in the top 15 out of 39 qualified runners.

Raher’s first-place finish of 18:51 was the fourth-fastest time on the JMU performance list and the 19th fastest ever at New Market Battlefield. For her success, Raher was tabbed CAA Women’s Cross Country Co-Runner of the Week.

While their feat at the U. Va. Duals was a strong start in and of itself, the Dukes turned it up a notch when they raced in their own 5.2-kilometer invitational at New Market Battlefield. Raher, Strock and sophomore Emily Murphy filled out the top three spots, while the rest of the Dukes managed to finish in the top 15 out of 39 qualified runners.

Rinker applauded her growth as an individual throughout her JMU career, she’s still working on the long term and keeping their minds set up their early success. "I do still have quite a bit of work to do," Strock said. "I’m very honored to receive that. It’s not really something that I was expecting at this point of the season so it’s given me a whole new perspective on how I’m going to approach the rest of the year.”

Having coached Raher since her freshman year, Rinker applauded her growth as an individual throughout her JMU career, she’s still working on the long term and keeping their minds set up their early success. "I do still have quite a bit of work to do," Strock said. "I’m very honored to receive that. It’s not really something that I was expecting at this point of the season so it’s given me a whole new perspective on how I’m going to approach the rest of the year.”

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Senior Carol Strock was crowned the 2016 CAA 1,500-meter run champion. She’s continued her success into this season, finishing second out of 39 runners at the JMU Invitational 5.2k with a time of 19:09.

“Having them as seniors and captains is really nice to look up to,” Murphy said. "They know what to say, what to do, what to tell you and how to make you stay strong during workouts.”

While starting the season hot is a great way to set up postseason success, the Dukes are focused on the long term and keeping their minds set on the final result. After finishing second last season in the CAA Conference Championships to William & Mary, they’re more than ready to correct that result this year.

“As a team, I think everyone wants to say ‘win conferences,’ but I think this year we have a good chance to,” Murphy said. “Everyone is much stronger than last year and I definitely think we could do it if we stay focused over the next couple months.”

The Dukes aim to stick to that plan when they travel to Minneapolis to race in the Roy Griak Invitational on Saturday.

CONTACT Blake Pace at paceba@dukes.jmu.edu. For more football coverage, follow the sports desk on Twitter @TheBreezeSports.
By CONNOR MCCARTHY
The Breeze

The level of performance the field hockey team’s maintained under head coach Christy Morgan’s been outstanding and nothing seems to have changed this season. JMU field hockey’s record currently sits at 5-2 with its only losses coming at the hands of No.1 Duke and No. 7 North Carolina. Even though JMU lost those games, it certainly held its own, especially against Duke. JMU and Duke were neck-and-neck for the majority of the contest until the Blue Devils scored two late goals to take the victory at 3-1. The narrow loss provided evidence that JMU can contend with anyone in the country and should be a force to be reckoned with all season long.

“It’s really connected hockey,” Morgan said. “Everybody is making an impact in the game, and when we have everyone playing a key role, it’s hard to defend against us.”

One of the many keys to JMU’s success this season’s been junior forward Miranda Rigg. She leads the team with six goals and has a total of 21 shots on goal. She’s truly been a playmaker all year long for JMU and should continue to be a large factor when JMU enters CAA play on Oct. 6, against Drexel.

“I think it’s team play,” Rigg said. “I wouldn’t be in the circle scoring goals if it wasn’t for my teammates. Team success means success for me.”

Another positive for JMU field hockey’s present and future is its balance of young and experienced players. JMU currently has seven upperclassmen and five underclassmen seeing significant playing time. One of the young starters for JMU is sophomore midfielder/defender Florien Sondern. She’s been a constant presence for JMU this season as she’s contributed 520 minutes played — tied for the team lead.

“It’s all about the connection that we have,” Sondern said. “Everyone is ready to go in, and every game that we’ve played is a new opportunity to learn and grow.”

The core youth these team possesses makes it that much more intriguing this season, as it’s reasonable to assume these players will continue to develop as the season progresses. If they’re able to compete against some of the top competition in the nation, imagine them in a few months with some experience under their belts.

Morgan is a highly respected coach and every season she only solidifies her status as one of the best in the nation. In 2004, she was elected to the JMU Athletics Hall of Fame after her first nine-year tenure with the Dukes. In 2014, she was rehired as head coach of JMU and picked up right where she left off. She’s guided the Dukes to a winning record and taken the team to the CAA finals every season since her return. Her players know that with Morgan in their corner, anything’s possible.

“Every day I come out and ask the players to give everything they have,” Morgan said. “Every minute of practice has a purpose, and I think when you practice like that, you’ll play like that, and you’ll get results.”

One thing that’s certain is this team has all the potential to be in contention for the CAA title and even the national championship. Its emphasis on team play and unity’s clear and should help it down the road. If all goes as planned, JMU could be holding its second field hockey national championship trophy.

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Field hockey battles top programs
JMU shows potential vs. No. 1 Duke and No. 4 UNC

TREVOR COCKBURN / CONTRIBUTING PHOTOGRAPHER

Sophomore midfielder Mattea Harris contributed nine minutes in JMU’s 3-1 loss to No. 1 Duke last week.

TREVOR COCKBURN / CONTRIBUTING PHOTOGRAPHER

Sophomore midfielder Mattea Harris contributed nine minutes in JMU’s 3-1 loss to No. 1 Duke last week.

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Laura Sandmark / The Breeze

TREVOR COCKBURN / CONTRIBUTING PHOTOGRAPHER

JMU shows potential vs. No. 1 Duke and No. 4 UNC
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Editors: Sammy Cristiello, Kevin Haswell, James Allen, Bennett Conlin, Caroline Jansen, Matt Weyrich

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FOOTBALL
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LATEST SCORE
Win vs. Norfolk State 75-14
NEXT GAME
Saturday vs. Maine

FIELD HOCKEY
(5-2, 0-0 CAA)
LATEST SCORE
Loss vs. #7 North Carolina 3-0
NEXT GAMES
Friday vs. Ball State
Sunday at #11 Louisville

VOLLEYBALL
(9-0, 0-0 CAA)
LATEST SCORE
Miami/FIU Invitational - Canceled
NEXT GAMES
Saturday at William & Mary
Monday at Elon

WOMEN’S SOCCER
(5-4-0, 0-0-0 CAA)
LATEST SCORES
Win vs. Liberty 2-1
Loss vs. George Washington 2-1
NEXT GAMES
Today vs. William & Mary
Sunday at Elon

MEN’S SOCCER
(3-3-1, 0-0-0 CAA)
LATEST SCORES
Win vs. Niagara 3-0
Loss at Radford 4-3
NEXT GAMES
Saturday at Elon
Wednesday vs. William & Mary

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By BLAKE PACE
The Breeze

It was yet another sweeping victory for JMU football as it walloped past the Norfolk State Spartans in a 75-14 blowout win this past Saturday. The win was the 15th-straight victory for the Dukes and they did it in dominating fashion, earning 728 yards of total offense and holding the Spartans to just 91 yards and zero offensive touchdowns. The Dukes finished nonconference play, a three-game stretch in which they outscored opponents 161-38 and outgained opposing offenses 1,768-628 in total yards.

1. JMU, the Oprah of touchdowns

It seemed as if anyone on the Dukes’ roster had the chance to find the end zone this week, as 11 players found themselves in the touchdown column in this overwhelming victory. Senior quarterback Bryan Schor threw for two touchdowns, one to senior wide receiver John Miller and the other to junior running back Trai Sharp, who ran one in as well. Then, after turning to the bench for the remainder of the contest, backup quarterbacks sophomore Cole Johnson and redshirt junior Hunter Etheridge found the end zone. Johnson’s came through the air to freshman tight end Clayton Cheatham and Etheridge scored on a one-yard rush.

“It’s awesome to go out there and realize the defense has to account for a bunch of really talented skill players,” Schor said. “It’s definitely a lot of fun to hear different names being called each week.”

On the ground, in addition to Sharp’s touchdown, junior running back Marcus Marshall scored twice, senior running back Taylor Woods scored once and freshman running back Percy Aygei-Osebre added a touchdown in the final quarter of play. An abundance of scoring options for the Dukes adds a huge dynamic to their offensive game.

“We like to go fast, we like to go as hard as we can and pride ourselves on being physical,” redshirt senior offensive lineman Aaron Stinnie said. “We love to score, so we just try to get the ball rolling early on.”

The offense will look to keep that high pace up when they face the stingy Maine defense, which has allowed only 18 points per outing this season.

2. Next man up

While the production from the Dukes was undeniable, a positive for the team in week three, bad news hit JMU nation when head coach Mike Houston announced that redshirt senior running back Cardon Johnson would be sidelined for the rest of the season with a lower-leg injury suffered early in Saturday’s contest.

“I’m obviously heartbroken for Cardon,” Schor said. “He’s a special player and also a special person for this team.”

Johnson’s injury comes after an amazing three-game stretch in which he gained 347 yards on 9.4 yards per carry while racking up three touchdowns. While Houston’s hinted at the potential for Johnson to explore a medical redshirt and the chance to play an extra season of collegiate football, that’s a choice Johnson will make himself.

“It’s a tragedy what happened to Cardon,” Stinnie said. “I love him with my whole heart. To see him go down, it really hurts.”

For now, however, the Dukes are focused on filling the shoes of their star running back.

“We just have to try and get the guys behind going and use Cardon as motivation to keep ourselves going because we would love for him to be out here,” Stinnie said.

Their offense will now turn to rely on the committee of Sharp, Marshall, Woods and Aygei-Osebre. For Schor, his confidence remains unhindered following Johnson’s injury.

“We’ve got a lot of talented backs and we’re excited to get them some more carries,” Schor said.

3. Smothering defense

After allowing a measly 175 yards of offense to East Tennessee State University in week two, the Dukes turned it up another notch this past weekend when they limited the Spartans to just 91 total yards of offense and 1.9 yards per play.

“Coach Houston and [defensive line] coach [Jeff] Hanson always preach it starts in practice,” senior defensive lineman Cornell Urquhart said.

“We just come out there and do what we have to do with a good attitude and we had a really good week of practice.”

This victory furthers the Dukes’ defensive dominance this season. Through their first three games, they’ve allowed only 17 of the 38 points scored against them, the rest coming from offensive turnovers or special teams. Furthermore, no opponent’s traveled the length of the field for a touchdown against the starting defense, and they’ve yet to allow a passing touchdown in all three games.

“Big John [Williams] always tells us to not let anyone pass the 50-yard line and I think we’ve been having that motto all season,” Urquhart said. “We get really excited about stopping people because it’s so much fun and we love being out there together.”

Strong play hasn’t only left a resounding excitement on the defensive side of the ball, but has also left the offensive players feeling much more confident in their overall game.

“When the defense plays really well it feels like you get a lot more possessions,” Schor said. “You’re able to be confident and make plays because you have the confidence that the defense is behind you.”

Nationally, the Dukes rank third in passing-efficiency defense (77.81), fifth in red-zone defense (50 percent) and fifth in total defense (209.3). They’ll seek to continue that success when they face the Black Bears of Maine and their electric play from running back Josh Mack, who leads the country with 179.0 yards per game.

4. First look at CAA action

JMU will look to extend its 15-game winning streak this Saturday when it hosts the University of Maine in its opening contest of CAA play. While starting off 3-0 in nonconference play’s strong way to begin any year, the Dukes know their season’s about to intensify.

“We’re going to face a very physical Maine team and we know it’s going to be crucial to start off the CAA with a good quality win,” Schor said. “That’s exactly what we want this week. We know we’re going to have to fight really hard against a really talented football team to be able to get that.”

This matchup with the Black Bears will be the 18th meeting between the two schools, with the Dukes holding a 12-5 record over them. The Dukes’ 31-20 win over Maine last season was the start of JMU’s current 15-game winning streak and they know they’ll have their hands full as they look to keep that streak alive.

“This is the biggest game of the year,” Urquhart said. “We’re really focused on Maine because we know this is where our road to the CAA championships starts.”

CONTACT Blake Pace at paceba@dukes.jmu.edu. For more football coverage, follow the sports desk on Twitter @TheBreezeSports.
By CONNOR MCCARTHY
The Breeze

Thirteen games into last season, JMU men’s soccer was winless coming off a crushing overtime loss to the College of Charleston. With their season nearly over, the Dukes could’ve easily thrown in the towel. Instead, head coach Tom Foley’s team banded together and won five of its final six games for a final record of 5-9-3.

JMU men’s soccer was an extremely young team in 2016, featuring multiple freshmen and sophomores in the starting lineup. It was that team’s talent and youth that had fans excited about this year’s team, and so far, the team hasn’t disappointed. The Dukes currently sit at a competitive 3-3-1.

Foley’s been extremely impressed with the team’s work ethic since last season. With so much young talent, it can be difficult to get everyone on the same page, but not for this team. All the adversities the Dukes have faced since last season have only made them work harder and given the players valuable experience.

“We instilled into our culture the values of hard work, teamwork and competitiveness,” Foley said. “And the guys bought into that.”

One of JMU’s bright young players is sophomore midfielder Ben Dao. He’s been a large part of the team’s success in the early going, scoring two goals in one game against Binghamton and is tied for the team lead in goals with three on the season.

“I’m working on being the best team player,” Dao said. “Whether it’s playing the best defense or getting the second ball when it’s in the air, I’m just as happy getting assists as long as our team scores.”

It’s always valuable to possess a talented, veteran player who can show his younger teammates the right way to do things. On JMU men’s soccer, senior forward Joe Vyner fits that bill. A star on the field, Vyner’s enjoying a tremendous start to the season with one goal, and a team-leading four assists.

“Vyner at this point is having the best season of his career,” Foley said. “When he’s working his hardest, we’re a very difficult team to play against. Joe comes with a lot of attributes that are God-given, and he uses them well.”

With JMU facing a three-game stretch of CAA opponents starting Saturday, it’ll not only have to continue its encouraging start, but also improve upon it. JMU has the ability to turn some heads this season and gain recognition for the team it’s building. With these young players, it can become a powerhouse in the CAA for years to come.

CONTACT Connor McCarthy at mccartcs@dukes.jmu.edu. For more soccer coverage, follow the sports desk on Twitter at @TheBreezeSports.
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“A number of accommodations have been made, but the fact that the physical plant is not adequate to do what high schools should be doing,” Kohen said. “We have added trailers, but trailers do not solve the problem.”

Harrisonburg High School currently utilizes nine mobile classrooms. There are four different lunch blocks to maximize cafeteria space. Nearly 50 teachers don’t have their own classrooms and change to a different space each class period, complicating everything from class preparation to answering questions before or after class.

“The kind of interaction you can have with a student outside of a classroom … these opportunities are starting to shrink,” Fitzgerald said. “There is no ounce of space that is not being used for something.”

Class sizes have expanded to 28 to 30 students when the same size classrooms accommodated only 20 to 24 students five years ago.

Kizner stated that if a second high school is built, there’ll be no reason for adding a third in the foreseeable future.

“The new high school will be in the position to not be overcrowded for decades,” Kizner said. “We also want to create the option of adding on to the new high school.”

Harrisonburg’s public school system was originally established in 1871, with their previous facility built in 1928. In 1994, Harrisonburg High School endured a number of renovations and size expansions, and was used by high school students until the new facility opened in 2005. The building was purchased by JMU the next year and renamed Memorial Hall.

Fitzgerald noted a second school’s vast impact on Harrisonburg, ranging from possibly being the city’s greatest expenditure to more social-emotional differences.

“Right now, no matter what elementary or middle schools you go to, you will end up at the same high school,” Fitzgerald said. “This is a generational change, I call it changing the bones of the city.”

The Harrisonburg community went through a similar situation when it added Skyline Middle School in 2008.

Kohen explained how a second high school’s lasting infrastructure that’ll prompt further development around the city.

“A vibrant educational system is a bedrock for a healthy community,” Kohen said. “A thriving, high-quality education system attracts people to come.”

He indicated that another public school inclusion will create long-term economic growth for the city of Harrisonburg, with residents benefiting both directly and indirectly.

An excelling school system attracts new families and businesses while ultimately expanding the city’s tax base.

Kohen believes building another high school’s inevitable and the only option for long-term success.

“When you have an open wound, you don’t put a Band-Aid on it,” Kohen said. “You find a way to surgically repair it. The surgical repair is a second high school.”

CONTACT Mary Harrison at harri4mj@dukes.jmu.edu. For more coverage of JMU and Harrisonburg news, follow the news desk on Twitter @BreezeNewsJMU.
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- C5 (Cardinal House)
- C10 (Phys/Chem)
- C11 (Festival)
- C12 (Festival)
- D2 (Phys/Chem)
- D3 (Festival)
- D6 (Festival)
- R1 Cardinal House
- R4 (University Plaza)
- R5 (University Plaza)
- R-10/ R-11 Parking Lot

CAMPUSS PARKING (POST-GAME)
- C3 (Cardinal House)
- C5 (Cardinal House)
- C10 (Phys/Chem)
- C11 (Festival)
- C12 (Festival)
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**Weekly SUDOKU**

by Linda Thistle

Place a number in the empty boxes in such a way that each row across, each column down and each small 3x3 box contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: **2**

Moderate  **2**  Challenging  **1**  HOO BOY!

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Family finds its roots in JMU | 8
Five restaurants you need to try | 12
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Family fun
Top-5 activities around the ’Burg to do this weekend

JMU trivia
How well do you know James Madison University?

Dukes forever
One family and its connection to JMU

Good eats
Local restaurants picks to try this weekend

Tunes at noon
Open mic session at TDU

Outdoor family fun
UREC offers activities for families this weekend
The Breeze

5 activities to do in the Valley

Football not your thing? Check out these Family Weekend alternatives

By NATALIE LAVERY
The Breeze

If the echoing screams and infamous sea of students decked out in purple marching through Duke Dog Alley isn’t in your weekend plans — at least not with your family by your side — don’t fret. There’s more to the ’Burg than the clanking of helmets and sky of purple and gold streamers the weekend of Sept. 22-24.

As seen by the increased hotel prices, the wretched traffic and reservation lists through the roof — Harrisonburg’s packed. Take the 22,000 students residing in a city designed for 48,000 locals. Now add some extra family members and imagine the chaos. To avoid the mayhem, here are a few things to ease your mind and help you fully enjoy Family Weekend — minus the crowds:

1) Picnic in the arboretum

Families have been planning this weekend for months. The tear-ridden goodbyes in August were settled by looking forward to this weekend where parents could finally reunite with their children, so to say the least, the plans are top-notch. If you’re the type of person who tends to go with the flow, good luck finding a seat in any restaurant. Rather, you can head to the grocery store and purchase an array of fun foods, grab a blanket and make your way to the Edith J. Carrier Arboretum. Warning — a duck or two may try to steal a nibble.
2) A sunrise hike to High Knob
Harrisonburg’s in the heart of the Shenandoah Valley — a valley that’s world-renowned for some of the most beautiful views in the U.S. Instead of marching up to Upper Convo to indulge in a few cold beers, lace up those hiking boots and head off to Skyline Drive. A sunrise hike up to High Knob’s something that can’t be missed, and provides a welcome break from the packed city streets.

3) A relaxing swim at the local swimming hole
A brisk swim at Blue Hole, located 20 minutes down Route 33, is a perfect stop on the way back from the sunrise hike. Nothing beats the feeling of working up a sweat than jumping off a cliff to release some adrenaline. While it can be a bit crowded some days, Saturday will be a day of football for most JMU students, so the peace can continue.

4) White Oak Lavender Farm
If you haven’t had enough relaxation in one day, there’s always the White Oak Lavender Farm where you can also escape the crowds and enjoy some quality family time. It’s a family-owned business where you can pick your own flowers in the spring and summer months. At the farm, you can indulge in some wine while enjoying the relaxing scent of fresh lavender.

5) Experiencing the true ‘Burg
Lastly, you can finish up the night by living like a local. By this time, the football game’s already over and most families will be heading back to their overpriced hotels, exhausted from the long game. It’s now the time to enjoy local Harrisonburg favorites such as: Jimmy Madison’s, Ruby’s Arcade, Jack Brown’s Beer & Burger Joint, Kline’s Dairy Bar, etc.

While Family Weekend can be a little overwhelming, there’s still so much to do in and around the Harrisonburg area without all the added stress. Just remember to relax, have fun and most importantly, enjoy the quality time with your family before classes start back up on Monday.

CONTACT Natalie Lavery at thebreezeculture@gmail.com.
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1. What’s the legend behind the giant rock on the Quad?

1. The rock was dubbed the Kissing Rock because students attending the former all-female college could kiss their dates goodbye behind the rock without being seen. Legend has it, if you kiss someone on the rock, you’ll marry them.

2. What was Hillcrest used for before it was the library for the Honors College?

2. Presidents of JMU used to live in Hillcrest, ending with Ronald E. Carrier in 1978.

3. What record does the hallway in ISAT hold?

3. The hallway joining the three academic buildings together makes ISAT the longest academic building on the East Coast.

4. What’s the “Quad” short for?

4. According to the JMU website, the Quad is short for Quadrangle.

5. What was Memorial Hall before it housed several academic departments?

5. Memorial Hall used to be Harrisonburg High School until 2005.

6. Where did the sundial near Carrier Library and Miller Hall originate?

6. The sundial is speculated to have originated from JMU’s secret society, IN8. Inside the “8” on the sundial, you can find an “I” and an “N.”

7. Why does campus smell like dog food when it rains?

7. When it rains, poultry feed at a local plant gets wet, causing the surrounding area to smell eerily similar to dog food.

8. What’s the oldest building at JMU? The newest?

8. Maury and Jackson Hall were both finished in 1909, making them the oldest buildings on campus. Madison Hall, which officially opened in April, is the newest.

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Thursday, September 21, 2017

7
By MADISSON HAYNES

The Breeze

Years of purple and gold pride in the forms of football games, campus visits and playing dress up in a JMU cheerleading uniform made quite the impression on Maggie Spindel’s childhood. Maggie, a senior nursing major at JMU, watched her father Jonathan teach at the university, and soon became full of JMU spirit herself.

She attended countless Family Weekends and football games as a child as she watched her two older brothers, Alex and Nathan, attend the university. When it came time to prepare for college, there was no doubt in Maggie’s mind that JMU was her home.

“My dad was a professor for my entire childhood, and he always was pushing JMU on me,” Maggie said. “I just kind of ended up here by default.”

While JMU seemed like the obvious choice given her family’s history with the university, Jonathan believes it was the quality of JMU that stood out more than the familial ties.

“I like the fact that we emphasize that we’re a teaching centric school, and it’s always been something that I kind of hoped our children would get involved in, and they have been,” Jonathan said. “They’ve come with me to classes, they’ve seen what’s going on, on campus, they’ve been involved in activities on campus … Maggie was accepted to eight different schools and this is the one that she chose to end up coming to because of the quality of the nursing program and the quality of the university.”

Jonathan has been a professor at JMU since August of 2000, when he took an opportunity to leave the University of Virginia and join the program in integrated science and technology as well as the doctoral program in audiology at JMU.

He’s passionate about JMU and what it stands for, and Nancy, his wife and Maggie’s mom, thinks it shows through his actions.

“One year, we had season tickets for the football game,” Nancy said. “My husband, when he first came here, he was so JMU proud. He still is. He just couldn’t show us enough of what JMU was about.”

He’s taught a variety of courses all across East Campus, but his primary focus is ISAT. While he has such strong roots at JMU, Jonathan’s in the middle of a two-year sabbatical from JMU where he’s building and running the engineering program at Thomas Jefferson University in Philadelphia.

Though Jonathan isn’t currently at JMU, Maggie isn’t here alone. Her mother, Nancy, started a student teaching position for the nursing education graduate program at JMU after Maggie brought her to one of her women’s health classes.

“I loved it,” Nancy said. “I met the professors and I loved them. Then when I had to do my student teaching I said, ‘I already know the professors there’ and I contacted them and they said ‘sure we would love to have you shadow us during your student teaching’.”

The mother-daughter duo finds comfort in having each other close, and they always make room in their busy schedules to spend time with one another.

Maggie Spindel has been attending Family Weekend since she was a kid, as nearly every member of her family has been part of JMU’s community. She’s now a senior, and her mom’s doing graduate student teaching.
“I call her, and I want to see her,” Nancy said. “She can usually have lunch with me or we can see each other for at least five or 10 minutes every time I’m here … She’s always been very kind. She’s never told me to get lost, she’s always been very kind and open and excited to see me. That makes me feel welcome.”

Maggie enjoys the funny instances she passes one of her parents on campus and appreciates those little moments.

“My freshman year … I came downstairs and my dad was waiting for me outside of my 8 a.m. with a smoothie just because he knew where my class was,” Maggie said. “I didn’t even tell him.”

Jonathan would keep his distance, but still maintains his fatherly role on campus.

“When I missed my 8 a.m. one day, he texted me, ‘Why weren’t you in class today?’” Maggie said, holding back laughter.

Jonathan, however, believes he’s given Maggie the freedom to be a college student — with his help, of course.

“I think it was really fun being on the same campus,” Jonathan said. “I didn’t hover too much, maybe just a little bit, but it was nice to be able to go out and have lunch together, and when she needed something I was right on campus and I could take her on a shopping trip to Walmart or whatever we needed to do.”

The Spindel family has spent numerous combined years at JMU, and is thankful for the structure the university has given them as a family.

“I have a strong positive feeling for what we do here [at JMU] and what we bring to the students,” Jonathan said. “I think that my family has benefited from it personally.”

Even though Jonathan hasn’t experienced seeing Nancy out and about at the university, he looks forward to it in the coming years.

“I’m excited that she’s here,” Jonathan said. “And that’s going to be one of the driving reasons that would bring me back home, so to speak.”

While their paths may lead them in different directions, the Spindel family always finds its way back home to the one place that brings it the most comfort — JMU. They’re Dukes through and through, and Maggie believes she wouldn’t recognize college without her parents as such present factors.

“For me it’s normal,” Maggie said. “I don’t know college without it.”

CONTACT Madisson Haynes at breezenews@gmail.com.
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104 N. HAWKBILL ST., LURAY, VA
JMU’s Family Weekend is quickly approaching. It’s time to forget about your meal plan for a weekend and treat your families to some of the best restaurants in Harrisonburg. Here are five of the most mouthwatering places to eat around town.

1. **Breakfast & Brunch – The Little Grill Collective**

Located off North Main Street, the Little Grill Collective is a worker-owned restaurant that prides itself on its sustainability and variety of vegetarian and vegan items. When you walk into this small gem, you’re almost immediately hit with the smell of homemade breakfast items and are greeted with smiling faces. Some delectable breakfast items include Huevos Rancheros, a savory dish consisting of over-easy eggs topped with vegetarian chili and a side of beans and rice. For a sweeter option, they serve a variety of pancakes, including the Blue Monkey pancakes, a local favorite. The pancakes are buttermilk based and filled with blueberries and bananas, plus you can get real maple syrup for a dollar extra. Although the restaurant’s closed on Mondays, it’s open most days from 11 a.m. to 3 p.m.

2. **Lunch – Greens & Grains Cafe**

Founded in Harrisonburg, Greens & Grains Cafe is a healthy lunch option for visitors that’s located right off campus on Port Republic Road. It focuses on creating fresh salads, soups and sandwiches where most items are locally sourced. Greens & Grains Cafe has a Panera Bread-esque feel with its pick-two option for people who have a hard time deciding which items to try. The refreshing Strawberry Sensation salad, a spring mix tossed with chicken, goat cheese, strawberries, mandarin oranges, pecans and dried cranberries, pairs perfectly with the Turkey Melt, a turkey and bacon sandwich with dried cranberries, cheddar cheese and Thousand Island dressing on multigrain bread. Among that, it serves coffee for a perfect midday pick-me-up. Greens & Grains Cafe is also quite conscious of those with dietary restrictions, including menu items that are vegetarian, vegan and gluten-free.


If you’re craving something different than the traditional dinner options downtown, Food.Bar.Food. is the perfect place. Its slogan is “global comfort food” and it includes culturally specific food options like thai curry noodles, a heaping portion of rice noodles with coconut red thai curry, chicken and shrimp, squash, green beans and cherry tomatoes. Food.Bar.Food also has more classic, American-style options such as the seared salmon and grass-fed beef burgers. As the restaurant suggests, it specializes in drinks, including signature cocktails and non-alcoholic mocktails. Overall, the restaurant definitely embodies its slogan with its stunning atmosphere and comforting food items.

O’Neill’s Grill is an American style restaurant just a mile from JMU’s campus on University Boulevard. Like many of the other local food places in Harrisonburg, it uses fresh, local ingredients. Not only that, it also smokes its own meat, cuts its own fries and hand makes its own sauces. It has plenty of classic menu items, including savory burgers, pulled pork and mac-and-cheese skillets. O’Neill’s warm atmosphere is perfect for family time, especially when it’s shared over a cookie skillet — a warm, chocolate-chip cookie drizzled with hot fudge, whipped cream and scoops of ice cream on top. Plus, it’s open until 2 a.m. Monday through Saturday for late-night food runs.

4. **Dessert – Peace, Love, and Little Donuts**

Peace, Love, and Little Donuts is a fairly new, ‘70s inspired doughnut shop located right near Greens & Grains Cafe on Port Republic Road. Although the doughnut shop’s a franchise, it’s far from basic. They bake their adorably small doughnuts fresh. The doughnuts are kept warm and made to order right in front of you. They have classic flavors, such as cinnamon sugar and vanilla, but also “psychedelic flavors,” like maple bacon, apple pie and raspberry lemonade. As an added bonus, they also give you a free cinnamon sugar doughnut if it’s your first time visiting.

Any dietary restrictions? Make Greens & Grains Cafe your next stop.
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- D6 (Festival)
- R1 Cardinal House
- R4 (University Plaza)
- R5 (University Plaza)

CAMPUS PARKING (POST-GAME)
- C3 (Cardinal House)
- C5 (Cardinal House)
- C10 (Phys/Chem)
- C11 (Festival)
- C12 (Festival)
- D2 (Phys/Chem)
- D3 (Festival)
- D6 (Festival)
- R1 Cardinal House
- R4 (University Plaza)
- R5 (University Plaza)
- R-10/ R-11 Parking Lot

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Performers possess a certain ability to manipulate the emotions of those within the audience, an ability that’ll cause a person’s lips to pull into a hazy smile as their stress seemingly melts away. Whatever the medium, whether it’s singing, dancing or even playing an instrument, the range of moods is enough to enforce a connection between individuals from a myriad of different ethnicities and backgrounds. Tunes at Noon plans to do just this and wants nothing more than to draw students and families together during Family Weekend on Sept. 22.

The free event takes place every Friday at noon inside of TDU and was derived from Open Mic Night. Open Mic Night is a separate event, which takes place every Tuesday and allows Dukes to display their various talents.

The event’s sponsored by Mad4U, which is known for hosting events in Madison Union to encourage JMU students to not only have fun, but also give them the opportunity to make new friends. “We love to give students participation opportunities,” Shari Scofield, TDU coordinator and creator of Tunes at Noon, said in an email. “Performance takes practice! Practice! Practice! Our goal is to energize the union and help like-minded students get together.”

Each week, following the Open Mic Night, anonymous scouts score performers and then invite the skilled Dukes to showcase their talent for an entire hour. The performer for Friday Sept. 22 hasn’t been chosen yet, but will be after Open Mic night on Thursday Sept. 19.

“Tunes is about having a lunchtime experience to celebrate the end of the week and build community, through sharing talent and music.”

Shari Scofield, TDU coordinator and creator of Tunes at Noon

“Tunes is about having a lunchtime experience to celebrate the end of the week and build community through sharing talent and music,” Scofield said.

This year, the event will be hosted by Joe Winn, a student worker at Mad4U. Given that the audience will be filled with family members and parents, Mad4U members are very excited. “We are intentional about attracting student participation as much as possible,” Scofield said. “We think every Tunes at Noon is special and so [we] have no need to doll it up and strut it out for some special audience. This gives visiting parents a real look at what is happening here.”

TDU welcomes JMU families and students with opening arms this Friday and they anticipate families will witness with their own eyes the great talent and fun students undergo at JMU. Their main incentive is to give attendees a candid experience of what JMU has to offer.

“Our intention is to energize student union spaces, and we are excited to show families what their students have the opportunity to experience on a weekly basis at JMU,” Sarah Deprey-Severance, the graduate assistant for Mad 4U, said in an email. TDU has no doubt that Tunes at Noon will be memorable for its attendees as they continue to prepare and organize the event. They are nothing but thrilled to showcase the wide range of talent here at JMU.

“I’m excited for all of the families to come,” Nicole Wilson, a sophomore and Madison Union building manager, said. “We love when new students bring their families to show off the cool stuff they’re doing at JMU.”

When you’re deciding where to go for your end-of-the-week lunch plans, I encourage you to pick TDU. Watching a fellow Duke perform isn’t only an enjoyable way to relax and rewind, but also a way to show your support. Our campus is full of talented students who can grow their performance skills by having an audience to perform for. After all, helping each other become the best version of ourselves is what being a Duke is all about.

CONTACT Jazmine Otey at oteyjl@dukes.jmu.edu.
Get active

UREC offers wide range of activities for families to participate in together

The University’s Recreation Center will sponsor three different events during Family Weekend in addition to opening up the Adventure Center for students and their families. The aquatics area will also be open for use.
College students exercising with their parents may seem like an obscure activity from the outside, but the University Recreation Center’s variety of activities may tempt some Dukes to sign up for a family workout.

The events offered during Family Weekend include a hike, canoe trip and bike ride into Harrisonburg. Assistant Director for Adventure and Team Empowerment with Adventure for Madison Programs Guy deBrun explained that the events chosen for Family Weekend were selected with a family approach in mind.

“We just looked at things that we thought would appeal to families and students,” deBrun said. “Especially students looking to do something different with their families but need a little structure and help.”

deBrun wanted to pick activities that would showcase opportunities for fitness in Harrisonburg, while also allowing participants to be able to attend the football game.

One of the events UREC’s hosting is a hike to the historic High Knob Fire Tower at $15 per person. This hike’s along a two-mile trail, including a moderate, uphill terrain.

“There’s an old fire tower up there that you can walk up and get a 360-degree view off into West Virginia and back east into the Blue Ridge,” deBrun said.

Hikers are advised to bring layers and wear closed-toe shoes. UREC also encourages them to bring two liters of water, a raincoat, sunblock and a hat.

Malik Holmes, UREC’s Equipment Inspection Manager and student leader of the hike, thinks the hike’s a good way to show both parents and students the nature that surrounds Harrisonburg.

“That sense of accomplishment and fulfillment and just the social development you get from that is also pretty good,” Holmes said.

Another event UREC’s hosting is a Family Weekend canoe trip.

“The canoe trip is going out to what we call Lake Shenandoah,” Wade Knaster, a trips manager at UREC, said.

Knaster went on to explain that although the waterway is referred to as a lake, it’s actually just a slow part of the Shenandoah River.

Canoeing’s the most moderate of the events that UREC has planned and instructors will go over basic safety instructions. The lake’s relatively flat, allowing families to spend quality time in a relaxing environment.

UREC’s also offering a Family Weekend downtown bike ride for $10 per adult. The families will ride out of UREC at 10 a.m. and explore the Harrisonburg Farmers Market downtown.

This event’s deBrun’s personal favorite because it displays Harrisonburg’s unique bike culture. deBrun also likes how riders can choose where the ride will continue after they’re done at the farmers’ market, such as exploring other areas of Harrisonburg.

Open rock climbing is another available option during Family Weekend. Families can come in at any time from noon to 8 p.m. to climb with the assistance of UREC staff.

Holmes, who inspects climbing equipment, wants families to feel welcome to climb.

“We have a range of routes and problems for different wingspans and flexibility and just overall different movements like some might be a little more ‘muscle-y’ like pulling yourself, some might require more flexibility or some might require balance,” Holmes said.

In fact, Holmes claimed it’s common for parents to feel an urge to climb.

“(Parents climbing) is a thing where they’re like, ‘Can we climb too?’ and [we respond] ‘Yes, climb,’” Holmes said.

Regardless of ability, UREC’s staff wants every climber to have a safe and fun experience.

Families are welcome to use all of UREC’s facilities during Family Weekend. deBrun encourages families to check out unique workout options, such as the Adventure Center.

“We offer such an amazing variety here at UREC, I recommend they try to tour the whole thing and see what they’re interested in,” deBrun said.

Holmes suggested looking at the recreation center’s aquatics area, which includes two pools, a sauna and a hot tub.

“We’re definitely very warming and welcoming of everyone,” Holmes said. “We can’t wait to have people come on these trips.”

CONTACT Jessica Kronzer at kronzejf@dukes.jmu.edu.
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