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Several local organizations such as Our Community Place help the impoverished during the holiday season.

Local Harrisonburg nonprofits give back this holiday season.

Many JMU students get involved with the resources for the homeless in downtown Harrisonburg.
From displaced families to domestic abuse survivors, Harrisonburg shelters strive to protect the homeless from the harsh winter. Those providing services for this population encourage the community to practice mindfulness not only this holiday season, but every day of the year.

“When you hear the word ‘homeless,’ you think about people living in cars and sleeping on park benches,” John Blevins, a captain at the Salvation Army, said. “And that certainly is homelessness, but in a city like Harrisonburg, the image isn’t always quite so stereotypical.”

Homelessness in Harrisonburg typically constitutes individuals who’ve lost their jobs and have previously been staying with friends or family members, according to Blevins. Other common situations include families evicted from their homes, individuals recently released from jail or survivors of domestic abuse seeking a fresh start. Harrisonburg offers resources for mixed circumstances, including family apartments and emergency thermal shelters.

Shannon Porter, the executive director of Mercy House Shelter, shared a story of when the organization aided guests with acquiring a car. The family had two children who needed support; however, the head of the family was combating a medical issue that limited their ability to work.

“They were able to take their son to his first homecoming dance in their own car,” Porter said.

The Harrisonburg family was able to stabilize their housing situation, and spent this Thanksgiving in their own home.

Mercy House focuses on providing shelter services for homeless families with dependent children. The faith-based organization’s goal is to support the children and provide a stable life while they’re in the shelter.

According to the Salvation Army, one in 30 children will experience homelessness each year in the U.S. “In the Valley, we believe that number is closer to one in 25,” Porter said. “So almost any classroom that you walk into in our local school district, there is probably at least one child who has been displaced or is struggling to maintain housing.”

Mercy House currently has 13 apartments, and usually houses 40-50 people at a time. Open Doors, formerly known as Harrisonburg and Rockingham Thermal Shelter, has 40 beds. Rotating between local churches to utilize as a facility, it provides services 22 weeks a year — beginning in November for the holiday season and ending when the weather warms in April.

Harrisonburg’s Salvation Army has 64 beds, which are almost always occupied on any given night. During the Christmas season, the Salvation Army assists struggling households with their utility bills, which serves to offset the finances of holiday expenses and sustaining heat.

JMU’s Suitcase Clinic, Campus Kitchen and many other organizations maintain contact and regularly volunteer with local homeless shelters. While the shelters are deeply appreciative of these services, the JMU community has a wider impact that’s less beneficial to those in poverty.

“JMU is a blessing to our community and we’re glad that you’re here, but the growth of the university has tightened the housing market,” Porter said. “It’s made it difficult for people to sustain their housing.”

According to Porter, many units that would normally belong to families with lower socioeconomic backgrounds are bought by landlords and rented out to students. Blevins believes Harrisonburg’s rental market is growing closer to capacity.

“The market here makes it difficult for low-income people to be able to afford rental apartment prices that are really geared toward students,” Blevins said. “The ironic part is that the majority of the folks that stay in our shelter have jobs.”

Many of those displaced might even hold two jobs. Those working with the homeless remind the community that it can happen to anyone.

“The guests that we work with at the shelter are really just a subset of the population,” Rachel Howdyshell, executive director of Harrisonburg’s Open Doors, said. “In other words, they are just like you and me.”

On the contrary, there are others who show up at the shelters without any personal possessions. Each shelter is greatly appreciative of any services or donations community members can offer, including household supplies, toiletries or gloves and hats for the colder season.

“While you’re a student at JMU, you are part of our community,” Porter said. “As you find opportunities to give back as a collective student body, it’s always good to be mindful of the community and what you’re living in. Although this looks like a very prosperous community, there’s a lot of people around you that are struggling.”

Howdyshell assures that volunteers’ time and work holds the power to make a difference. She recalled the story from 2015 of a man who was helpful during his stay at Open Doors.

When the season was over, Howdyshell assisted him in applying for an apartment and recalled the powerful moment when he physically showed her his new key. The next year, Howdyshell saw him back at the thermal shelter.

“I thought it was a shame he was homeless again and asked him what had happened,” Howdyshell recalled. “He replied, ‘Oh no, I’m still living in my apartment. I’ve gotten custody of two of my kids again and I’m still working the same job. I’m just here to volunteer.’

CONTACT Mary Harrison at harridmj@dukes.jmu.edu. For more coverage of JMU and Harrisonburg news, follow the news desk on Twitter @BreezeNewsJMU.
The Virginia Department of Rail and Public Transportation launched a new government-subsidized bus route that will connect Blacksburg to Washington, D.C., stopping in major Virginia towns and cities along the way, including Harrisonburg.

The route, called Virginia Breeze, will begin operating on Friday, with tickets ranging from $19 to $50. A trip from Harrisonburg to D.C. is $34.99 each way.

Buses will depart every day from Blacksburg at 8 a.m. and arrive in D.C. at 3:30 p.m. They’ll make additional stops in Christiansburg, Lexington, Staunton, Harrisonburg, Front Royal, Dulles Airport and Arlington.

Virginia Breeze is the state’s first intercity bus route, according to DRPT. It was proposed in 2012 by Terry Brown, DRPT special assistant to the chief of transit.

“We wanted to create this route the right way,” Brown said. “We commissioned a study and held public meetings around the state, and came up with a list of 14 or 15 different routes that had needs for an intercity bus. The top needs were from Blacksburg to D.C., so that’s why we selected this exact route.”

Many of Virginia’s major universities are along the Virginia Breeze route, and DRPT hopes students and professors will utilize the new service.

Neal Dora is a senior computer science major from Arlington. He used to ride the student bus Home Ride of Virginia to Northern Virginia from JMU. He believes the Virginia Breeze bus will be a better option for riders because it’s open to the public in addition to students and runs more frequently to more areas in Virginia.

“Students who aren’t used to traveling on their own can use this bus,” Dora said. “It’s also a reliable option for both students and professors to use if they ever need to get home on a weekday — they can just hop on the bus and get to D.C. or another part of Virginia.”

While many riders are expected to be college students and professors, DRPT hopes travelers of all kinds will utilize the bus.

“We welcome anybody and everybody,” Kelsey Webb, DRPT public relations and marketing specialist, said. “Because the bus will be stopping in a lot of college towns, we’re looking a lot at college students. We’re also looking to expand to connect any leisure traveler to whatever city in the state they want to visit.”

Although the route is meant to link major areas in Virginia to each other, DRPT partnered with Megabus to also take riders to metropolitan areas including Baltimore, Philadelphia, New York City and Boston.

To help potential riders get familiar with the bus, DRPT held tours of the bus along its route on Wednesday and will continue through today. The bus will visit JMU today.

“People can go on the bus, take a handout of our schedule,” Webb said. “Plus, we’ll make sure people know they can go to our website to buy tickets to get home in time for the holidays.”

The Federal Transit Administration funded the development of the route and requires that several million dollars of federal funds be applied toward the success of the route per year. Depending on the success of Virginia Breeze, DRPT may consider an expansion.

For now, DRPT expects the route to allow riders to explore the businesses in other towns, impacting economic growth and helping people see more of areas they might not have previously explored.

“I like that this gives people, especially students, the option to see more,” Dora said. “I’d love to get a group of friends together now and just travel and explore somewhere new for a weekend.”

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The Virginia Breeze bus route connects Blacksburg, Virginia, to Washington, D.C. as well as other areas including Baltimore, Philadelphia, Boston and New York City. The route was funded by the Federal Transit Administration.
Professor creates website that focuses on Virginia’s history of lynching

By JASMINE TILLMAN contributing writer

Around 1877, the Reconstruction period in the U.S. ended, leaving many African-Americans in the South without protection. This led to the Jim Crow era, a time when racial segregation was enforced and violence against African-Americans was high.

During this time, it was common for groups of people to kill African-Americans by hanging them — an act known as lynching.

Gianluca De Fazio, an assistant professor in the justice studies department, has led a project to develop "The Racial Terror: Lynching in Virginia," a website documenting Virginia lynchings spanning from the end of the Reconstruction era to the last recorded ones in the late 1920s.

"It was a form of what scholars call a ‘state-sanctioned’ terrorism," De Fazio said. "The ultimate goal of these lynchings was to eliminate these people who were accused of a crime."

The project began in the spring of 2017 by students taking Advanced Research in Justice Studies, a course taught and created by De Fazio. The website is set to be published in 2018.

To collect data, his students rely mainly on local newspaper articles that covered lynchings in communities throughout Virginia. As of now, they’ve found over 500 articles describing 104 lynchings. The data collection is an ongoing process, so the findings on the website can change over time.

From the data, the students work to catalog the stories they found. They also provide brief summaries of each lynching they list. The summaries walk users through the various accusations, how the lynching happened and whether or not there were any consequences, such as legal action.

One lynching victim documented on the website is Charlotte Harris. According to the summary, Harris was an African-American woman in Harrisonburg who was lynched because she was accused of instigating the burning of a barn. Harris is one of the two known female victims of lynchings in Virginia.

According to Daroon Jalil, a JMU alumna ('17), the research assistant for the project and the teaching assistant for the class, summaries of lynchings like Harris’ add to the website’s goal of acknowledging the history of lynching and provide more than just a name on a list.

"No one really talks about this time in history or what exactly happened [with] these lynchings and how they were very much a part of everyday society," Jalil said.

In addition to the summaries, the website features hyperlinks to "Chronicling America," a Library of Congress database that holds the newspaper articles the students received their information from. The hyperlinks will allow viewers to do further research for themselves and see the original reports.

The website also includes interactive maps that pinpoint where in Virginia the lynchings took place. Users can click on the markers for information on the lynchings and their corresponding articles.

Kevin Hegg, the director of digital projects at JMU, is responsible for all the website’s technology for the website. According to Hegg, the interactivity of the maps add to the way users experience the website and helps demonstrate how rampant lynchings were during that time.

"If I click on Charlotte Harris’ name then [it’ll] take me to a page with a lot more details," Hegg said. "For this one they found like 12 articles from local newspapers."

Although some of the stories of lynchings on the website can be surprising to read, De Fazio argues the shock value isn’t what’s important about the project.

"It’s okay to have an emotional response because these are horrific acts and if you read the stories, there are several cases which are pretty gruesome acts of not just killing but also torture and mutilation," De Fazio said. "There is definitely a shock aspect of it, but it is important to understand how this was not just a bunch of criminals doing this stuff. [It’s] how the larger community was behind this act."

CONTACT Jasmine Tillman at tillmajr@dukes.jmu.edu. For more coverage of JMU and Harrisonburg news, follow the news desk on Twitter @BreezeNewsJMU.
Local:
The deadline for a bridge replacement project on Pleasant Valley Road has been extended to the end of December due to delays by Harrisonburg’s selected contractor.

Construction for the project began last April and its completion date has been delayed twice. The bridge is being replaced because it is considered to be structurally unsound and negatively affects traffic and pedestrian safety.

National:
"Today" show host Matt Lauer was fired by NBC for what the network called "inappropriate sexual behavior." The network received a complaint Monday and determined he violated company policy. NBC stated that Lauer’s misconduct began with another employee at the 2014 Sochi Olympics and had continued since then.

World:
North Korea launched a Hwasong-15 missile as part of its continual efforts to create a nuclear arsenal Wednesday. Experts say the height achieved by Hwasong-15 indicates Washington, D.C., could be within range if North Korea manages to flatten its trajectory.

CONTACT the news desk at breezenews@gmail.com. For more coverage of JMU and Harrisonburg news, follow the news desk on Twitter @BreezeNewsJMU.
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Letters and guest columns should be submitted in print or via e-mail and must include name, phone number, major/year if author is a current student for year of graduation, professional title (if applicable) and place of residence if author is not a JMU student.
I’ll never forget the day I walked in on my best friend looking at herself in the mirror. I’d always thought she had the perfect figure. She had a small waist, flat stomach and thighs completely free of the weird stretch marks mine wore. But her eyes somberly glistened with a certain look that assured me she wasn’t satisfied with the reflection thrown back at her. As she grabbed her perfectly tan, toned thighs, her lips curled in disgust. “I wish I was curvier,” she said, her voice irritable, sadness lingering beneath the surface.

I remember seeing her family members tease her, telling her she needed to eat more. I’d say that just because someone is thin doesn’t mean that they’re confident in their body. “You’re skinny, what do you possibly have to be insecure about?” is something I’ve heard over and over again from those who believe having a small figure is a blessing of some sort.

But lately, being skinny has gained a negative connotation. I’ve heard plenty of people talk down to those with smaller figures, whether it be family or friends. They claim that based on their size, they’re underdeveloped and haven’t reached the figure of a “real woman,” regardless of their age. That’s only a fraction of what I’ve heard, not to mention what I’ve read online.

Many falsely believe that being thin is the key to happiness and automatically leads to higher confidence. In fact, according to the Statistic Brain Research Institute, 91 percent of all women claim to be unhappy with their body shapes and resort to dieting. However, I can confidently say that just because someone is skinny doesn’t mean that they’re confident in their body. “You’re skinny, what do you possibly have to be insecure about?” is something I’ve heard over and over again from those who believe having a small figure is a blessing of some sort.

But lately, being skinny has gained a negative connotation. I’ve heard plenty of people talk down to those with smaller figures, whether it be family or friends. They claim that based on their size, they’re underdeveloped and haven’t reached the figure of a “real woman,” regardless of their age. That’s only a fraction of what I’ve heard, not to mention what I’ve read online.

In addition, few fail to realize that not only women are expected to maintain a certain shape. Men are often held to society’s standards as well. “Diversity is sexy. Loving yourself is sexy. You know what is not sexy? Misogyny, objectifying, labeling, comparing and body shaming.”

Some even believe that one root cause of distorted — and often negative — body image is due to the media’s constant portrayal of unrealistic body types.

To illustrate, according to a 2017 article published by CNN, Instagram can be the most damaging social media website to one’s mental health. The Royal Society for Public Health in the UK conducted a study, #StatusOfMind, in which it surveyed nearly 1,500 young people between the ages of 14 and 24. The goal of the report was to
Privilege isn’t only defined by race

HANNAH ROBINSON | medicine for the soul

In schools across the country, a social exercise called the Privilege Walk has become an extremely useful vehicle for demonstrating the different ways in which certain individuals are either benefited or marginalized by rigid systems in our society. During a privilege walk, students line up from the same point and move forward or stay put based on a series of questions, spanning various areas of marginalization in order to better understand intersectionality in themselves and others. Individuals belonging to a shared demographic may move forward together for one question, yet find themselves divided by others. This exercise is a great way to convey the multifaceted nature of privilege as a spectrum in today’s society.

As of late, the term white privilege has been a hot topic of conversation among people of all ages and backgrounds. If one were to ask individuals of marginalized groups about the way the world perceives them based on their skin tone alone, most would agree that a white individual is undeniably more advantaged than they are within most spheres in society. The Washington Post defines white privilege as “the level of societal advantage that comes with being seen as the norm in America, automatically conferred irrespective of wealth, gender or other factors.”

Although this definition rings true, there’s a significant piece to this puzzle that’s missing. While the world respectfully wages war on white privilege, I can’t help but wonder what other factors determine what it means to be privileged. The word privileged is heavily loaded and multifaceted in nature — leaving little grey space for exceptions and outliers. I can’t pretend the idea of privilege as a spectrum isn’t overwhelming, and I refuse to diminish the very real racial epidemic being spread by the naivety of those whose people have been in power since the country’s formation.

I am, however, making space on the spectrum for an individual’s life experiences and predisposing circumstances to complicate their “privileged” identity. Privilege as “the level of societal advantage given by” the Washington Post, and would be lucky to even finish high school. Temple, on the other hand, is a 15-year-old white male. From the outside, society would label him “normal” and even more so, privileged — however, he’s from an entirely different world than Laura. Liam was born into poverty and lived in an abusive household with a single mother. He was never given the opportunities to explore and experience the world in the way Laura has, and would be lucky to even finish high school.

Following the definition of white privilege given by The Washington Post, even considering the given circumstances, Liam would still be regarded as being more privileged than Laura strictly based on his status as a white male.

Laura and Liam’s story made me realize very few individuals are privileged across the board. After considering their lives, I began to look introspectively and examine my own — being an African-American woman, I belong to one of the most marginalized groups in society. With those two blaring factors, I’m already leagues behind many of my peers. However in many other ways, I find myself extremely privileged. Writing this article is enough proof in itself that I’ve been given abundantly more opportunities than other individuals my age. There’s no doubt we live in a society that predisposes minorities to less opportunities and more obstacles to break from the mold they were born into. However, the time has come to take a long, hard look at ourselves and find the aspects of our lives that place us ahead or behind others — while finding new and innovative ways to grab the hand behind us and bring them with us, recognizing that it was by sheer circumstance that we’ve found ourselves where we are today.

Hannah Robinson is a senior communication studies major. Contact Hannah at robinshl@dukes.jmu.edu.

BODY IMAGE

Society should focus less on criticism of body image and more on acceptance

from page 11

explore the positive and negative effects social media has on one’s health when faced with anxiety, depression, self-identity and body image.

Instagram, Snapchat, Facebook and Twitter all proved to have negative effects on the mental health of young adults. “Social media has been described as more addictive than cigarettes and alcohol,” Shirley Cramer, RSHP chief executive, said. “It’s interesting to see Instagram and Snapchat ranking as the worst for mental health and well-being — both platforms are very image-focused and it appears they may be driving feelings of inadequacy and anxiety in young people.”

This constant war between body shapes and overall categorization of a person’s body is causing people around the world to feel uncomfortable in their own skin. Social media has erupted into a method of madness where fingers are derisively pointed at one’s shape, simply because it doesn’t match their own. There should be no battles among different body figures. It’s important to build each other up and create environments where both men and women aren’t ashamed to face their own reflections. There’s absolutely no reason why the young adults of this generation should feel coerced to starve themselves or binge eat to fit a certain mold. Rather than try to meet high expectations, people should aim to be healthy and confident in who they are. We’re human after all, and it’s time society accepted us as such.

Jazmine Otey is a sophomore writing, rhetoric and technical communication major. Contact Jazmine at oteyjl@dukes.jmu.edu.
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Laugh-inducing performances and nerve-racking competition are staples of Spike’s top-rated and record-breaking show “Lip Sync Battle.” LSB has become a fast favorite among TV viewers, featuring iconic, lip-synced renditions of popular songs by famous Hollywood stars. The shows feature unforgettable moments such as Tom Holland’s action-packed performance of Rihanna’s “Umbrella” and Channing Tatum’s lip sync to “Run the World (Girls)” in which Beyoncé made a surprise cameo and caused a riot among audience members and TV viewers alike.

On Wednesday, Any Given Child Harrisonburg will host its own version of the celebrated show at Court Square Theater at 7 p.m. in its event Lip Sync Battle in the ‘Burg. According to Any Given Child Harrisonburg’s website, it’s a partnership initiative sponsored by the Kennedy Center in Washington, D.C., focused on providing arts programming and education to kids all over the nation. A program the city of Harrisonburg and Harrisonburg City Public Schools applied to be a part of, AGCH provides art experiences for kids in pre-K through eighth grade. AGCH is currently in its third year of implementation since being selected for the national program in August 2014.

J.R. Snow, the director of AGCH and a JMU alumnus (’99), came up with the idea of hosting a lip sync battle as a fundraiser while watching the TV show. Wanting to put on an affordable event where people could have fun, Snow decided a lip sync battle would be a perfect, low-budget way to raise money for AGCH.

“We were sitting around and we were flipping through channels and it came up,” Snow said. “And I said, ‘You know what? I think this model could actually work if we could find some fun folks who we’d want to come out and kind of make fun of themselves a little bit, have a good time and create some opportunities for people to come to an affordable fundraiser.’”

While this is the third year AGCH has hosted the event, this year’s lip sync battle is different from years past. Previously, the event was held over three nights with two preliminary rounds and a final. This year, the event will be consolidated into one night, and five contestants will compete for what Snow calls “the illustrious title of Lip Sync Battle Champion of Harrisonburg.”

Similar to the past, Lip Sync Battle in the ‘Burg has contestants prepare two songs to perform for the audience. The show will feature small interviews with the contestants as well as judges to make comments on their respective performances.

People from all over the country can cast their vote for favorite contestants online for $1 per vote prior to the event, but if they purchase a $25 ticket to the show online or at the event, voting is free. The money raised from Lip Sync Battle in the ‘Burg goes directly toward arts programming for children in the community. Last year, AGCH raised close to $20,000 toward its initiative through the event.

Instead of having star-studded contestants like the TV show, AGCH invites members of the community to participate in Lip Sync Battle in the ‘Burg. This year’s show features five contestants from vastly different backgrounds, including a contestant who works at the high school, a young professional from JMU and a music teacher from the Harrisonburg school division.

“It really has been very diverse,” Snow said. “I have the pleasure of giving them the call and [saying], ‘Hey, I think you’d be awesome at this. Are you willing to have some fun with us and do this?’ It’s a great conversation, and so lots of people have been willing to do it.”

Maggie Hagy, a music teacher at W.H. Keister Elementary School and a JMU alumna (’15), is one of this year’s contestants. Recruited by Snow during her first week of her job at Keister, Hagy knew she had to step her game up when she found out she was one of five people competing. She frequently performs all over town as a singer and says this event will be new for her.

“I can sing, right? Like, that’s my thing is I can sing,” Hagy said. “But this is not singing, this is lip syncing. And so I have had to try and work some of my talents in a very creative way … It’ll hopefully be a little surprise, but hopefully bring in some of my own personal talents to the stage.”
Kristen Loflin is a JMU alumna (master’s in ‘04) and mental health and substance abuse counselor with her own practice. Her extensive preparation has transformed into an elaborate performance, from making costumes to conducting rehearsals. While she’s attended AGCH’s past lip sync battles and said she’s never laughed harder in her life, this is Loflin’s first year as a contestant and she plans on going out all. Both songs she’s preparing involve other performers — her first with her two children and her second with a group of 12 friends who are avid supporters of the fine arts programs.

Loflin has enjoyed getting the group together to get creative with their performance. “Everyone in this group is so dedicated and busy and we are just having a blast laughing at ourselves, laughing at each other, getting creative, which is, you know, what Any Given Child is really all about,” Loflin said.

Alani Quimby, a technology resource teacher and JMU alumna (‘09), is making his return to the Lip Sync Battle on the ‘Burg stage this year. Some may remember Quimby from 2016’s lip sync battle, where he donned a platinum wig to play the convincing role Sandy in his friend’s performance of a “Grease” song. This year, Quimby is making a comeback as a main contestant. Previously a fifth-grade teacher, he says he’s used to making a fool of himself to get people interested and is excited to perform for this year’s audience.

“I think being on stage with the crowd reacting is what I’m looking forward to most,” Quimby said. “It’s a lot of fun for people to be laughing and smiling.”

While Snow hopes that Lip Sync Battle in the ‘Burg gives people a chance to come out and have fun, he also expects the event to help provide further opportunities for the children of Harrisonburg.

“The whole point of the initiative is about this idea of collective impact,” Snow said. “Meaning we’re going to bring the community together to kind of really battle this work. And so I think the most exciting thing is one, we get to share it with an audience about the work that we do, and two, we get to have a lot of fun with people and at the end of the night, everybody walks away knowing we provided some opportunities for kids and that kids are going to get artistic experiences because of their willingness to come out on a Wednesday night in Harrisonburg.”

CONTACT Abby Church at churchae@dukes.jmu.edu. For more on the culture, arts and lifestyle, follow the culture desk on Twitter @Breeze_Culture.

### Painting the ‘nite’ away

JMU alumna hosts paint nights for Harrisonburg community

By BROOKE IMPERIAL
The Breeze

Green scenery and furry woodland creatures gaze at guests from the walls of Allison Nickens’ home. Warmth and ease emanate from her home decor, reflecting her personality and passion for imagination.

Nickens, a JMU alumna (‘15) with a bachelor’s degree in studio art, hasn’t stopped passionately creating art since she graduated. While frequently producing her own paintings, Nickens also acts as a Paint Nite teacher three to four times a week at local Harrisonburg venues. Despite having taught over 200 events, seeing her participants’ excitement while painting their own masterpieces never grows old.

“The most rewarding thing [about teaching Paint Nite] is hearing people say stuff like, ‘Oh this actually looks like something, I can’t even draw a stick figure,’” Nickens said.

Laura Hawkins Simmons, one of Nickens’ frequent participants, has attended an abundance of her Paint Nite events. Simmons enjoys the upbeat and nonjudgmental atmosphere of these classes.

“You can come in and not have a bit of painting experience and she makes you feel relaxed and teaches you how to make a beautiful picture,” Simmons said. “She is always willing to help and makes you feel confident about the way you are doing your painting.”

Nickens has attracted a plethora of Harrisonburg locals to her Paint Nite events with her talent and amicable disposition. Jennifer Simmons Burke, a resident of Harrisonburg, also admires Nickens’ artistry and patience.

“She’s very laid back and personable,” Burke said. “I love how she encourages you to find your own style and paint your own way, but is also willing to help you correct your mistakes.”

Nickens’ supportive teaching style was cultivated in an art education course she took with Katherine Schwartz, the director of the School of Art Design and Art History and a professor of art education at JMU. Though Nickens decided to pursue her painting career instead of teaching, she believes she learned valuable information.

“I think [Schwartz’s] words pushed me over the edge,” Nickens said. “With Paint Nite, I still get the satisfaction of guiding people through making art and having fun with it, but I have a lot more time to work on my art than I would have otherwise.”

see PAINT NITE, page 16
With Schwartz’s mobilizing words, Nickens realized she could combine art and instruction in an atmosphere she desired. Schwartz’s prideful comments about Nickens demonstrate their bond as teacher and student. Raving about Nickens’ gallery art, Schwartz called her artwork “knockout beauty,” and deems Paint Nite a “great niche” for Nickens. The award-winning art educator knew Nickens would find her path through her charisma and talent.

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Downtown Renaissance hosts first Winter Wonderfest

By SHANNA KELLY
The Breeze

With a chill in the air, people can be found bustling down sidewalks past decorated shop windows — a common sign of the holidays approaching in downtown Harrisonburg.

This year, the city is starting a new tradition for the season. For the first time, downtown Harrisonburg is hosting a Winter Wonderfest as well as Handmade Holidays, seasonal workshops geared toward making decorations and gifts offered each weekend leading up to Christmas.

The Harrisonburg Downtown Renaissance and Friendly City Merchants designed these holiday programs as part of their efforts to make the city a more desirable place to live. About 13 Harrisonburg business owners volunteered for seven months of planning to make these events possible.

"Shopping downtown with all of our locally owned small businesses is a really special opportunity," Valerie Smith, president of Friendly City Merchants and co-owner of Larkin Arts, said. "We are so grateful to have these gems in our city and I personally love supporting our local economy and these families. I think it’s really important to support that which we wish to preserve."

The Winter Wonderfest will take place on Dec. 9 from noon to 6 p.m. and will include free photos with Santa, carolers and people dressed as holiday characters such as the Grinch. There’s also a showing of the movie "Elf" that’s free with at least $10 spent shopping locally, a holiday art market with arts and crafts vendors and the Cookie Tour.

The Winter Wonderfest will take place throughout Winter Wonderfest and requires tickets that are currently sold out. The participants will receive a container from the Friendly City Merchants to collect holiday cookies from 12 different locations downtown such as Meridian Books & Games, Shenandoah Bicycle Company and withSimplicity.

"It’s a great way to walk around and explore the retail that downtown has to offer while getting to have lots of yummy cookies from some great downtown restaurants and bakeries," Miranda Ebersold, the owner of the Yellow Button, one of the Cookie Tour destinations, said.

The Handmade Holiday Weekend workshops will be hosted by downtown businesses such as Ice House Studios and Black Sheep Coffee until Dec. 24. They provide people with the opportunity to create handmade presents and decor in the spirit of the holidays. There’ll be workshops for wreath making, stocking stuffers, gingerbread houses, holiday LED lanterns, earing making, pet-portrait ornaments, origami boxes and stained glass angels, some of which require tickets.

Barbara Camph, a stained glass artist who works for the art gallery co-op OASIS, will host the stained glass angel workshop on Dec. 10 from 2-4 p.m.

"I have these little angels I call crazy angels," Camph said. "They’re called crazy angels because each one’s different and they have a little bit of attitude to them."

People who attend this workshop will choose one of these unique “crazy angels” to design and Camph will attach the wings, head and halo.

"I hope that they make something that they can enjoy forever and it’s a treasure to them," Camph said. These treasured handmade gifts as well as the other holiday events aren’t just encouraging people to shop local, but attempt to capture the holiday season downtown in a new way to make this time of year a little more special.

"The atmosphere downtown is quite festive during the holidays," Smith said. "With all the lights and window decorations, wreaths and holiday decor, and the cheer is almost tangible. We’re the Friendly City after all."

Contact Shanna Kelly at kelly3sc@dukes.jmu.edu. For more on the culture, arts and lifestyle of the JMU and Harrisonburg communities, follow the culture desk on Twitter @Breeze_Culture.
Defend the crown

No. 1 JMU hosts Stony Brook in second round of FCS playoffs

By BLAKE PACE
The Breeze

JMU (11-0, 8-0 CAA) is set to open up its 2017 postseason play Saturday at home against the Stony Brook Seawolves. After winning the FCS National Championship last season, the Dukes haven’t looked back. They’ve won 23 consecutive games dating back to a loss at UNC last season, earned the CAA Championship outright and secured the No. 1 overall seed in the FCS playoffs. On the other side of the ball, Stony Brook head coach Chuck Priore and the Seawolves are coming off a 9-2 (7-1 CAA) regular season and beat Lehigh 59-29 in the opening round of the postseason last weekend.

1. Rely on the pass offense

The JMU offense will have to overcome a strong run defense from the Seawolves and look for success through the air in order to put points on the board.

Stony Brook defensive coordinator Bobby McIntyre and his defense have been tremendous at stopping the run this year, as they’ve allowed just 101 rushing yards per game — third best in the FCS — and just 13 touchdowns on the ground.

“They’ve done a great job at trying to stop the run game,” JMU head coach Mike Houston said. “I think they’re playing really well down the stretch.”

While the Dukes have had success on the ground this year, picking up 211.4 yards per game and scoring 22 touchdowns, they’ll look to attack Stony Brook’s secondary — a unit that’s allowed 222.17 passing yards per game. The defensive backs have also struggled against Lehigh’s passing game in the first playoff matchup, allowing 333 yards and three touchdowns off the fingertips of quarterback Brad Mayes.

The JMU passing attack is led by quarterback Schor, who’s thrown for 2,263 yards, 16 touchdowns and just three interceptions — all while posting a quarterback rating of 136.3. Carbone was great this past week against Lehigh, as he put up 268 yards and two touchdowns in the second half to seal Stony Brook’s opening round victory.

“The biggest thing is he hasn’t been making the big mistakes,” Houston said. “Not making the bad plays, his completion percentage is very high.”

The main focus for disrupting the passing offense for Stony Brook will be pushing past its offensive line — a group that’s allowed only 1.75 sacks per game and given up just one in their playoff victory. JMU will look to neutralize that number and continue its success in getting to the quarterback, which it’s done an average of just under four times per game — the second-best rating in the FCS.

“What we do in practice really helps,” redshirt senior defensive lineman Simeyon Robinson said. “Knowing where we can execute our pressure correctly and knowing the defense will help us get to the quarterback.”

JMU is well-equipped to break through the pass protection of the Seawolves, and if it can put pressure on Carbone early on, the Dukes will inch another step closer to back-to-back championships.

2. Put pressure on Carbone

While the JMU offense looks to attack the air against a weak Stony Brook secondary, the defense will be looking to stop the aerial attack from junior quarterback Joe Carbone and the Seawolves offense.

“They’ve really run the ball well and that really takes a lot of pressure off the quarterback,” Houston said. “Most of their stuff is run pass option and Carbone does a good job executing that and he’s got some talented receivers.”

Carbone has been the offensive leader for the Seawolves this season, throwing for 2,263 yards, 22 touchdowns and just three interceptions — all while posting a quarterback rating of 136.3. Carbone was great this past week against Lehigh, as he put up 268 yards and two touchdowns in the second half to seal Stony Brook’s opening round victory.

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3. Own the red zone

It’ll be a battle of one of the top red-zone defenses and one of the best red-zone offenses this week. The JMU defense has the fourth-best red-zone defense in the FCS, as it’s allowed scores inside the 20 on just 62.5 percent of attempts. On the other hand, the Seawolves have the ninth-best red-zone offense in the FCS and convert on 89.6 percent of their red-zone attempts.

“Keeping them out of the red zone is a big factor,” Robinson said. “If they get close to the end zone, chances of them scoring is pretty high — field goal or touchdown — so we have to get off the field as quick as we can with some three-and-outs.”

The Dukes’ success defending the red zone can largely be attributed to their ability to prevent opposing offenses from entering the 20-yard line. Through 11 games, JMU has allowed opponents in the red zone just 16 times, the lowest in the nation. For Stony Brook, a major factor for their red-zone success is their two running backs — senior Stacey Bedell and junior Donald Liotine — who’ve combined for 18 rushing touchdowns this season.

“It’s a battle of two really high-powered teams,” Houston said. “We’re going to try and throw off of that.”

The JMU offense will need to avoid Stony Brook’s strong run defense this week and hit it through the air in order to advance to the next stage.

4. Utilize home-field advantage

Playing into the Dukes’ favor this week is their ability to host an opposing team at Bridgeforth Stadium — a field they haven’t lost on since Dec. 5, 2015.

“You’re able to keep your home routine,” Houston said. “The guys are in their normal locker room, same hotel, same kind of routine on Friday and Saturday. You also get to be in front of a positive and supportive crowd.”

The Dukes have fed off the energy of their home turf all year, a stadium holding the FCS’s highest average game attendance at 24,841. They’ve outscored opponents 226-55 at Bridgeforth this season and have amassed 12 total turnovers when playing at home.

“We really want some loud third downs,” Schor said. “We want a packed house, that home atmosphere that we love playing in front of and we’re just really excited to be at home in December.”

The Dukes fought all season to acquire home-field advantage throughout the 2017-18 postseason, and now that they have it, they’ll look to capitalize on the perks playing in their own backyard.

“I hope JMU nation shows up,” Houston said. “I hope we have 25,000 here on Saturday, hope all the students come out, hope the band’s rocking. We need as hostile an environment as we can get for the game.”

CONTACT Blake Pace at paceba@dukes.jmu.edu. For more football coverage, follow the sports desk on Twitter @TheBreezeSports.
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Devine, who graduated in ‘78, had his car sponsored by JMU at the NASCAR race in Richmond in 2015.

By MICHAEL CHLADON
contributing writer

Countless JMU graduates have pedaled their way to success throughout the country, but Ron Devine, the owner of BK Racing and a JMU alumnus (‘78), has had his foot on the gas since graduating in 1978.

Devine, having studied management and marketing, has taken the skills he learned as an undergraduate to assemble his dreams. Over the last seven years, he’s fielded two cars on the 36-race NASCAR Cup Series schedule with many different drivers.

In fact, the business side of the sport is Devine’s biggest challenge in running his team. “To match the business of the sport with the competitiveness of the sport is very difficult,” Devine said. “To get the sponsorships and the money lined up to equal the competitiveness [is very difficult].”

While drivers showcase their talents behind the wheel, it’s money that drives NASCAR. Teams rely on sponsorships to keep them running and because of his lack of a major corporate sponsor, Devine’s team operates on a fraction of the budget that NASCAR’s major teams have. This budget deficit has inhibited his drivers from being very competitive on the track.

“After seven years, we are still running in the [back of the pack], but what people don’t realize is that we are only about half a second away from being a very competitive team,” Devine said. “The times are so incredibly close at our level that I feel like we are a great race team, but we just can’t find that half a second. We can’t engineer ourselves to that. We can’t motor ourselves to that. We can’t find a driver [to do that]. It’s a little bit of each of those categories.”

Corey LaJoie, one of the drivers for BK Racing this past season, believes the discrepancy between top teams and less-funded teams like BK Racing is paramount.

“It’s like swimming in the deep end of a pool versus the ocean,” LaJoie said. “We are here in the ocean just trying to tread water and stay afloat.”

Despite having to swim against the current, Devine still sees value in the large investment he’s made in the sport.

“I think [NASCAR is] growing and evolving to be the No. 1 sport in our country,” Devine said. BK Racing has also kick-started the careers of several premier drivers such as Alex Bowman, who’s set to replace NASCAR’s most popular driver, Dale Earnhardt Jr., next season after Earnhardt’s retirement. Bowman made his Cup Series debut with Devine’s team in 2014.

“I’m proud of the fact that we have identified some raw talent that has been successful in the sport and still is successful in the sport,” Devine said.

Ryan Ellis made three starts in the Cup Series for BK Racing in 2016 with sponsorship from the Northern Virginia-based technology company ScienceLogic.

“[Running races in the Cup Series] are things that I will remember for the rest of my life and it just means so much that ScienceLogic and Ron Devine has given me the opportunity to do these things,” Ellis said.

While many roads have taken Devine around the country since graduation, he’ll never get too far away from his roots as a Duke. Devine served two terms on the Board of Visitors, during which he was involved in selecting JMU president Jonathan Alger to replace former president Linwood Rose. He also served as the chairman of the athletics committee and currently sits on the JMU Foundation board.

For Devine, one of his most memorable interactions with the school after graduating was having a JMU-sponsored car participate in the NASCAR race in Richmond in 2015.

“It was a very special moment for me to be able to take that car on campus and have students take pictures with it,” Devine said. “There are a lot of really special moments captured on video and pictures and to be involved in that with my alma mater is very special.”

He also didn’t rule out the return of Duke Dog on the hood of a NASCAR race car in the future.

Devine emphasizes the importance of staying connected with his alma mater after graduation in order to allow the incoming students to have the same experience he had.

James Madison University is a top-rated university in this country and the students that are there should enjoy their time at the university, get themselves set up, head out into the workforce, but never forget the foundation and root that helped get them there.”

CONTACT Michael Chladon at chladomj@dukes.jmu.edu. For more sports coverage, follow the sports desk on Twitter at @TheBreezeSports.
JMU volleyball vies for first NCAA tournament win in program history

By BRANDON ELLIS
The Breeze

JMU volleyball will travel to Waco, Texas, to face the Colorado Buffaloes (22-9) on Friday at 5:30 p.m. in the first round of the 2017 NCAA Tournament. JMU (23-5) will make its second straight NCAA tournament appearance fresh off winning its second CAA championship in a row. JMU is 0-6 in NCAA tournament appearances.

While taking on the best of Division I is no easy feat, head coach Lauren Steinbrecher looks to the team’s dominant conference tournament run as inspiration. “We have great momentum, we’re playing the best volleyball that we played all season,” Steinbrecher said. “Colorado is a great team, but I think we have a good scouting report, [so] we’ll give it our best.”

They have a long road ahead of them before hoisting the NCAA trophy, so the Dukes have their sights solely on Colorado. “We’ve just got to know that we can’t [overlook] any opponent,” junior outside hitter Bryn Recker said. “Obviously everyone in the tournament is good but we just got to play together as a team to do what we need to do.”

Overlooking an opponent is dangerous, especially when it comes to the Buffaloes, who finished fifth in the Pac-12 conference. However, the Dukes have a defense that’s one of the nation’s best in several statistical categories.

The Dukes’ 14.1 opposing hitting percentage is the best mark in the CAA and fifth in the nation. Colorado’s offense matches up well on the attack, as it boasts the 45th highest hitting percentage in the NCAA at 24.9 percent.

Senior libero Taylor Austin believes the Dukes can shut down Colorado’s potent offense by going all out defensively. “Our blocking is obviously our key and that’s been helping us every single game,” Austin said.

The Dukes’ ability to block will be key as they attempt to shut down Colorado’s junior outside hitter Alexa Smith, who notched the 42nd most kills per set in the NCAA with 4.01 (453 total). Smith will have to contend with JMU’s sophomore middle blocker M’Kaela White in the frontline and Austin in the backline. White is fifth in the country in blocks per set with a .533 rating (159 total) and Austin is No. 11 in digs with 5.71 (520 total).

JMU is a proven defense, and starting Friday, the Dukes will begin their path to showcasing that great defense to the country’s best teams, starting with Colorado.

CONTACT Brandon Ellis at ellis3bm@dukes.jmu.edu. For more volleyball coverage, follow the sports desk on Twitter @TheBreezeSports.
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Madison Marketplace is open for business, and all text-only listings are FREE! Post job listings, announcements, rentals and more using our online placement tool. Ads run two weeks online and in two print editions.

JOBS

Ceramic Apprentice Needed

Wanted ceramic helper. /t_h is is a apprentice position meaning no pay but fun. You get to make, practice decorating, painting, glazing and firing kiln. I’m a small beginning artist call Mark 433-4834 9am to 3 pm. I’m near RMH Sentara hospital. Rides included if needed.

GRAPHIC ARTIST / ILLUSTRATOR

Raincrow Studios is looking for a talented graphic artist with a strong focus on illustration. Raincrow is the creator of Covens, an augmented reality title chosen by Google as a Top 10 Indie Game of 2017. Our office is located in downtown Harrisonburg at The Hub.

Vet Kennel

Medical Ward/Kennel Attendant. 20-36 hours/ wk. Monday-Friday 2:30p-5:30p; split-shift every other weekend 8am-12pm, 5pm-7pm. Pay discussed at interview. Requires love of animals, eye for details, cleanliness and self-motivation. Email resume along with your availability, or stop to fill out an application. Valley Veterinary Hospital, 498-A University Boulevard; valleyvets33@gmail.

COMMUNITY

Food

Free Comfort Food for exam week. All JMU students and staff welcome! December 13, 7-11 pm at Mabel Memorial Chapel, 2025 Reservoir Street. Parking available.

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House of Clues Harrisonburg

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House of Clues Harrisonburg

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Opinion Section Editor!!

breezeditor@gmail.com
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ACROSS

1 PC alternative
4 Like omelettes or quiche
8 Secondhand
12 Have bills
13 Color quality
14 “The Thin Man” heroine
15 Hotel personnel
17 Cole Porter’s “Let’s —”
18 Willingly
19 From then on
20 Joustering garb
22 Hunk of soap
24 Slander
25 Starving
29 Encountered
30 Bulwinkle’s foe
31 Greek vowel
32 Ran through, in a sense
34 Unclear image
35 Black
36 Exhausted
37 Fragment
40 Mediocre
41 Actress Gilpin
42 Noble
46 “— go bright!”
47 Sandwich treat
48 Science room
49 Rugged rock

DOWN

1 Horde
2 Shock and —
3 Pen pal?
4 Old number?
5 Blunder
6 Economist’s stat
7 "Of course"
8 Victoria’s Secret wares
9 Any time now
10 Idle or
11 List-condensing abbr.
12 Social engagement
13 Friend of Dorothy
14 Charitable donations detail
15 In the thick of it
16 Claypton
17 Flex
18 Social worker’s job
19 Vail gear
20 Charitable donations detail
21 Stench
22 Mariah or
23 In the thick of it
24 Place setting
25 Triumphant
26 Secret wares
27 Needle holder
28 "Phooey"
29 "Phooey"
30 Electrician’s job
31 Spill the beans
32 Baseball uniform’s detail
33 Blueprint
34 Spill the beans
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detail
38 Frau’s mate
39 Met melody
40 Huffed and
puffed
41 True
42 Triumphed
component
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44 Scoundrel
45 Leno’s
46 "Phooey"
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48 "Phooey"
49 Employer

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