

SUDOKU: Japanese for procrastination

Monday, February 27, 2006

photo illustration by LAUREN PACK/art director

BY JENESSA KILDALL

Three JMU faculty mem-bers are currently in China to speak with universities con-cerning student and faculty exchanges as well as other pos-

sible partnerships.
"It is feasible that there might be Chinese students might be Chinese students here at JMU sometime next year," said Jerry Benson, dean of the College of Integrated Science and Technology.

"We could be involved with either hosting faculty or doing some type of faculty exchange or visitation within the next year."

Benson, along with

the next year."

Benson, along with Robert Reid, dean of the College of Business, and Ping Wang, associate professor of computer information systems, are currently on a 10-day trip to visit six Chinese universities and speak to administrations about the

possibility of future partner-ships.

The schools they will be

visiting "match up quite well with JMU in terms of mission, focus and student profiles," Reid said.
The JMU representatives

will be looking at student and faculty exchanges, poten-tial dual-degree programs, expanding study abroad pro-grams, and joint curriculum

grams, and joint curriculum development.

A 1+2+1 program is an option JMU can pursue. This would involve a student attending their home university in China for their first year, attending JMU for two years, and finishing their final year in China. The student would then receive degrees from both universities, Wang said.

Wang has taken groups of JMU students to China for the last two summers as part of the Office of International

Programs' summer in China program and will take anoth-er group this summer.

The groups researched universities that could be partners with JMU. They visited some of these schools to "test the water and see the facilities,"

Wang said.
There also is a summer Chinese business-minor pro-

gram.
"From a business school perspective, it makes sense to take beginning partnerships with universities and expand them," Reid said.

Benson said this might include "a faculty mem-ber from a sister Chinese institution coming here for a semester to be an active part of an academic depart-ment and learn new teach-ing methods, the newest lab methodology and equip-ment, and get update on

their content area.*

He added that JMU fac-

ulty may go to China to lecture in a specific area of expertise and participate in research opportunities. Professor Han Jianixn, direc-

tor of European and American programs at Shandong University, a school the rep-resentatives will visit, already

resentatives will visit, already is spending spring semester in Harrisonburg. On Feb. 17, other faculty members from Shandong visited JMU as well. Reid said, "My primary goal is to determine which of the schools represent the best partner institutions and which offer the most potential for mutual benefit."

Benson, Reid and Wang will bring general memoran-

will bring general memoran-dums to the Chinese universities as the first step in creating

formal linkages.
Upon their return March 8, they will present recom-mendations on how JMU should proceed with the part-

Survey says AP scores are poor predictor of reality

Tests do not align with grades earned in class

BY MEGHAN PATRICK

Advanced Placement science exam scores are not good predic-tors of success in college science courses, according to a recent

courses, according to a recent survey.

The released results indicate that the program, which is administered by the College Board, is not as suc-cessful as it claims. The courses are supposed to prepare high school students with information equiva-

students with information equivalent to introductory college science
classes. Many colleges let students
place out of these classes due to
high scores on the AP exam.
According to the College Board
Web site, an exam score of 5 is equivalent to the top A-level work in the
corresponding college course.
This, however, is not the case,
according to Philip M. Sadler and
Robert H. Tai, respectivelly scholars at Harvard University and the
University of Virginia who surveyed 18,000 college students about
their science education.
Of those students who took the
AP exam, received high scores and

Of those students who took the AP exam, received high scores and decided to take the introductory class, "about half of them earned an A in the college course, even after more exposure to the material," Sadler said. "If the AP score was really equivalent to a college grade, then they should have been able to do well in the college course's exam without even taking course's exam without even taking

the course."

"Colleges should really assess what they're giving credit for," said Tai, in an interview with The Chronicle of Higher Education.

JMU is among the colleges that do not let its science majors with high AP scores place out of the introductory level classes.

"We recommend our entire core

introductory level classes.

"We recommend our entire core
for our biology majors. We still give
credit for AP scores of a four or five,
but it is elective credit," said Louise
Temple, head of the JMU biology
department. "The AP Biology program is very specialized — it is usually one semester and only covers
the hot tonics. About 75 percent of the hot topics. About 75 percent of biology is left out."

Temple continued, "I'm not fun-damentally opposed to AP cours-es, but they should not be taken a replacement for courses that should be taken in high school."

"[The department does not] want our students to jump over having a well-developed core. Taking extensive introductory classes gives depth to what is to be learned later,"

Temple said.
Some students agree with the recommended core curriculum.
'I actually did use my AP scores to receive credit for the genscores to receive credit for the gen-eral chemistry classes and started out in organic chemistry, a sopho-more-level class, during my fresh-man year," Amanda Anderson, a 2005 JMU graduate with degrees in chemistry and biology, said. "In retrospect, I think it would have been more beneficial for me to take the introductory chemistry. to take the introductory chemistry courses here at JMU because the chemistry major builds on the general chemistry class and we did not cover some of the topics that professors here do."

Act grants access to records

BY RACHANA DIXIT

Renewal of certain Patriot Act provisions has set off a heated debate in the U.S. Senate, creating a political rift over the controversial antiterrorism legislation.

On Feb. 16, the Senate overcame an endeavor to block a Republican deal that would add more civil-liberties protections to the act, and voted to decide on the compromise at a later date. The compromise was suggested by senators Larry Craig (R-Idaho), Chuck Hagel (R-Neb.), Lisa Murkowski (R-Alaska), and John Sununu (R-N.H.).

However, some Senate Democrats

John Sununu (R-N.H.).

However, some Senate Democrats disagreed with the compromise between the Bush administration and Republicans, saying the deal may not protect people's privacy and civil liberties. According to a Feb. 17 article from The Chronicle of Higher Education, Russell Feingold (D-Wis.) said, "A few insignificant, face-saving changes just don't cut it."

If passed, the controversial antiterrorism bill would extend many provisions, including Section 215, or the "library provision," for four years. This particular section allows federal officials to have access to people's library records with secret

subpoenas granted under the Foreign Intelligence Surveillance Act, much to the

chagrin of libraries around the country. In a press release, American Library Association president Michael Gorman

said, "We're glad to see that there is still a four-year sunset provision for Section 215, which will allow oversight again in four years, but disappointed that the negotiators just did not go far enough."

In addition, another revision of the act would allow subpoena recipients to challenge them, but they would have to wait one year to do so.

lenge them, but they would have to wait one year to do so.

"It hardly seems constitutional that ... a recipient of a subpoena must wait a full year to challenge a gag order," Gorman said.

Gerald Gill, head of reference and government documents for Carrier Library, said, "Libraries are very concerned with keeping the privacy of people who use them." Gill added that shortly after Sept. 11., when the Patriot Act was passed, JMU Libraries decided to not keep circulation records. JMU Libraries has specific software, called Deep Freeze, which reboots computers after about 30 minutes of inactivity, deleting all records and cookies

tivity, deleting all records and cookies kept on the computer.

"[The FBI] might be able to see what books were checked out, but not a his-tory," Gill said.

tory," Gill said.

However, Gill said he would be very wary of privacy issues with the renewal of the Patriot Act. He also said, especially with research at the collegiate level, what appears on a computer screen may not be

indicative of a terrorist threat.
"It seriously impedes a free society. This is a slippery slope in terms of how far to go," Gill said.

Hellfish Bonanza



AMY PATERSON/photo editor

Sophomore Andrew Sigal moves around a defender from Ohio University. JMU's ultimate Frisbee teams hosted The Heilfish Bonanza this weekend with over 25 teams competing.

Author recounts history of worldwide Muslim interaction

The Nelson Institute for International and Public Affairs presented a religion presentation in its recent Guardian Lecture

series Wednesday night.
Andrew Bostom was invit ed to discuss Islamic jihad and its implications for the modern world, with a special focus on the Israeli-Palestinian conflict.

Bostom, author of Legacy of Jihad: Islamic Holy War and the Fate of Non-Muslims" explored the thesis jihad is built into the Islamic religion and said, "Jihad is an institution intrinsic to Islam, and it is put into effect through the sharia [Islamic law].

He gave a detailed history of Muslim conflict, starting with early conquests at the time of the prophet Muhammad. Bostom placed guide. placed much emphasis on those who did not wish to convert to Islam during expansions of the Islamic empire and the restrictions and conditions they were forced to endure

Typically, Islam is known for allowing people of other faiths to continue their worship, so long as they pay a tax called a

However, Bostom highlighted the system of "demittude" as the major tool used for the sub-jugation of non-Muslim people. He said this included the view that they should be viewed as half citizens, and this encouraged "the humor and abasement of non-Muslim peoples." Bostom argued that the

tax levied

on non-Muslims, mainly Christians and Jews, was only oneofmany restrictions placed on their every-The area of modern-day Israel



was especially harsh, where non-Muslims were forced to wear clothing and place signs on their houses that distinguished them

not allowed to build temples or churches as they wished."

Bostom also cited the xtraordinarily violent nature of the Muslim conquests, stat-ing, "Muslim conquerors ing, "Muslim conquerors essentially sacked every town, essentially sacked every lown, village, and city they came across." In a court of law, the testimony of a Muslim was seen as more worthy than any num-ber of Jews' and Christians' testimony. Bostom argued that the dramatic anti-Semitism continued throughout the Ottoman Empire and into the present

WWI and WWII only helped fuel this sentiment, and all of this has paved the way for exces-sive violence by jihadist groups

that as recently as a few days ere calling for death to the Jewish population.

One explicit clip stated, "There is no blood better than that of the Jews...It was Jews who provoked Nazism and brought war upon the world." Bostom quoted extensively from Islamic texts to support his idea that jihad is maintained the Quran and hadith, the two most important texts for Muslims.

The controversial lecture lead many to ask questions. Junior Samier Mansur, president of the Muslim Student Association, said it is important to preface the account that was told with religion, and those today who choose to support such radical ideology are a minority. He said, "I am a Muslim and

He said, 'I am a Musiim and I do not know anyone who taps into that." Despite many students' attempts to reiterate this same point, Bostom stood firm. He said it was unfortunate, but it. rie said it was unfortunate, but it is time for people recognize that radicals are pulling their ideology from primary Islamic sources.

J. Peter Pham, head of the

Nelson Institute, said the pur-pose of the Guardian Lecture series is to get people talking and to challenge people's knowledge. He invites anyone to do the same and bring lecturers to James Madison to present a dif-

The Breeze

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POLICE LOG

BY KELLY FISHER/SENIOR WRITER

Vandalism

A JMU employee reported holes in a wall of a recreation room in Ashby Hall that occurred between Feb. 17 at 3 p.m. and Feb. 21 at 10:58 a.m.

Possession of marijuana

A JMU student was charged with possession of marijuana at Weaver Hall Feb. 21 at 10:28 p.m.

Property damage, alcohol violation
Five JMU students were charged with property damage and an alcohol violation at the Festival Center Feb. 18 at 2:58 a.m.

Property damage

A JMU student reported the destruction of a study desk in a study room at Chappelear Hall between Feb. 21 at 10:30 p.m. and Feb. 22 at 4:10 p.m.

Number of drunk in publics since Aug. 29: 66

DUKE DAYS Events Calendar School of the Americas

A screening of a short documentary uncovering the truth behind the School of Americas, a U.S. the truth behind the School of Americas, a U.S. military base in Georgia that trains Latin American soldiers, will be shown tonight at 7 p.m. in Transitions in Warren Hall. The film will be followed by a talk and discussion led by Dr. Laura Lewis of the anthropology department. This event is sponsored by JMU Amnesty International and the Progressive Coalition.

Correction:

In the Feb. 23 issue of *The Breeze*, there were errors in the article about the new associate dean, Herb Amato. First, Violet Allain is not the former dean of GenEd. She is an associate dean. Also, Dean Halpern is not retiring, as the photo caption stated.

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Commons and The Festival



CAMPUS

Book Buddy project to reach out to students

Friday morning, more than 50 Harri-sonburg High School students visited JMU as a kickoff to the semester-long Book Bud-

dy Project.

The project, which is in its fourth year, is sponsored by the College of Education and Community Service-Learning Center, involves about 25 JMU education major student-volunteers, who each team up with one or two high school students to read and discuss a particular book throughout the semester.

The students were regimed with one are

The students were paired with one an-other based on the books they had chosen from a particular list. As they read each day, high school students make a post on the dis-cussion board online and the JMU students check the posts and provoke discussions through the board or emails.

Senior Elizabeth Schultz, who coordi-nated the volunteers and organized Friday's events, said the goal of hosting the students was to motivate them for the project, and introduce the high school students to their introduce the high school students to their JMU volunteers so they feel more comfort-able. "Being in discussion with the college students and seeing that the books are in-teresting gives these high school students the power for understanding and achieve-ment," Schultz said.

ISAT professor Cindy Klevickis said, "Many of the of the volunteers are freshmen

and sophomores so it is a wonderful oppor-tunity for them to volunteer right away and get involved with high school students." Friday's activities included a tour of ISAT, in which Klevickis made ice cream out of liquid nitrogen and ISAT professor Chris Bachmann gave the students a tour of the alternative fuels vehicle lab. They also conducted an Oobleck experiment and learned bow to post discussions with their learned how to post discussions with their

According to Klevickis, the science activities were meant to give the students a sense of what college science courses

One of the main goals of the Book Bud-

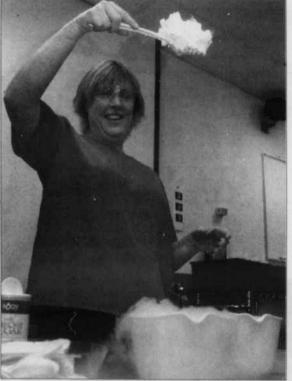
One of the main goals of the Book Buddy Project is to encourage students to reach for college attainment.

The Harrisonburg High School students are involved in the Book Buddy Project through Cathryn Soenksen's English class. HHS freshman Jessica Kruight said, "I had a good time. We made gak and ice cream and got our books. This experience [so far] has been very helpful."

Klevickis said, "The high school students were very enthusiastic. It meant a lot to them that JMU students cared enough to do this."

As Friday's activities were a way of be-

As Friday's activities were a way of be-ginning the project, Schultz said there have been discussions about bringing the stu-dents back at the end of the semester to meet with their partners one last time. However, no plans have been finalized.



AMY PATERSON/p/

Professor Cindy Kievickis makes ice cream with liquid nitrogen during the kickoff of the Book Buddy Project.

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Juniors Monique Hall and Meagan Lyles and freshmen Chiquita King and Anasa King play Black History Jeopardy Thursday night, sponsored by the Black Student Alliance

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Preliminary results find ricin in Texas dorm room

BY SYLVIA MORENO

The FBI sent a team of experts on weapons of mass destruction Saturday to collect samples of a powder found in a University of Texas student dormitory that were preliminarily identified as the deadly poison ricin. A student discovered the powder Thursday afternoon in a roll of quarters she was using to operate washing machines in Moore-Hill Hall. She notified dormitory officials, who brought in university police and local health authorities.

Preliminary tests conducted by the Austin-Tra-

and local health authorities.

Preliminary tests conducted by the Austin-Travis County Health and Human Services Department showed by Friday night that the powder was ricin, prompting the involvement of the FBI's Joint Terrorism Task Force. The dormitory was temporarily closed for decontamination, and the 400 students living in Moore-Hill Hall were notified of the results at a laterably briefing at a peachy down. Other the place is the living in the state of the property of the property of the state of the property of th

Moore-Hill Hall were notified of the results at a latenight briefing at a nearby dorm. Other than the laundry room and a portion of the second floor, Moore-Hill was reopened to students at 12:30 a.m. Saturday. Special Agent Rene Salinas of the FBI's San Antonio office said the agency believed the incident "is not terrorist connected." But he said a team of WMD experts from FBI headquarters in Quantico, Va., had flown to Austin to collect samples of the powder for further testing. Other federal agents "are trying to determine the exact origin of this material," Salinas said, noting that additional testing would be completed

over the weekend.

The student who found the powder had not exhibited any symptoms of exposure to the toxin but was notified of the test results and asked to seek medical attention as a precaution. Her roommate was alerted

Ricin does not occur naturally but is made from castor bean processing waste, according to the U.S. Centers for Disease Control and Prevention Web site. It can be manufactured as a powder, a mist or a pellet, or it can be dissolved in water or weak acid. Ricin has some limited medical uses, but as little as 500 micro-grams — about the size of the head of a pin — can kill an adult if inhaled or injected. A larger amount would an adult if inhaled or injected. A larger amount would likely be needed to be lethal if ingested. The deadly poison, which kills human cells by preventing them from producing needed proteins, might have been used in the Iran-Iraq war during the 1980s, according to the CDC. Some quantities of ricin were found in al-Qaida caves in Afghanistan.

Salinas said the student was given the roll of quarters for a transparent and "may have had the quarters for at

ters by a parent and "may have had the quarters for at least two weeks" in her dorm room. Theresa Spalding, of University Health Services, said the student, whose parents live in Houston, opened the roll Thursday and used some of the coins to wash clothes. She returned to her dorm room to get more coins and tore open the rest of the roll. A white powder came out, along with the

rest of the quarters.
"I don't think it was a lot [of powder], but it was enough to get over her computer table," Spalding said.
The student's call to authorities prompted a "white powder alert," for which procedures have been outlined at the university since the 2001 anthrax scares in Washington and New York, Spalding said. The student's room was sealed off and the area around the laundry room machine she was using was decontami-nated. When the preliminary test showed a positive

ricin result, the laundry room was sealed off and the entire dorm was decontaminated.

University spokeswoman Rhonda Weldon said the school had had several "white powder calls" since 2001, but that such alarms had decreased substantially in recent years. This is the first time an alert had resulted in a positive identification of a toxin. "But let me be clear that at this point, we have no students exhibiting symp-toms, including those who reported this," she said. toms, including those who reported this," she

States' rights go center stage at Supreme Court

BY DAVID SAVAGE

The Supreme Court will take up states' rights — of both the blue- and red-state variety — in a pair of election-law cases to be heard this week that could have major effects on the

that could have major effects on the future of American politics.

Tiny Vermont, a true blue state, hopes to restore small-town democracy by greatly limiting the role of money in politics. If its new spending caps win before the high court, they could change how campaigns are conducted across the nation.

Meanwhile Texas, the biggest of

Meanwhile, Texas, the biggest of the red states, is defending its right to redraw its electoral districts to give its GOP majority more seats in Congress. If its extraordinary middecade shift wins in the high court, other states have signaled they will do the same. do the same.

The pair of cases will also give strong clues about the court's newest

strong clues about the court's newest members, Chief Justice John G. Rob-erts and Justice Samuel A. Alito. In the Vermont case, Republicans say the free-speech principle in the First Amendment is fundamental to American politics, and that any gov-ernment-enforced limit on campaign spending is unconstitutional.

American politics, and that any government-enforced limit on campaign spending is unconstitutional.

Three years ago, the Supreme Court narrowly upheld the McCain-Feingold Act, which barred big contributions to political parties. Justice Sandra Day O'Connor cast a deciding fifth vote to reject the legal challenge led by Republican Sen. Mitch McConnell of Kentucky.

Justices Antonin Scalia, Clarence Thomas and Anthony M. Kennedy voted to strike down these contribution limits on First Amendment grounds. If Roberts and Alito agree with them, the court could rule that contribution limits, as well as spending limits, are unconstitutional.

But the Vermont case is driven by liberal reformers who hope the Supreme Court will reconsider its 30-year old ruling in Buckley v. Valeo. Then, the justices set a confusing, two-part rule that has been the law

leo. Then, the justices set a confusing, two-part rule that has been the law ever since.

Vermonters said they wanted to turn back the clock to a time when candidates had to listen first to voters, not just to campaign contributors. Their "faith in the integrity of government [had been] profoundly shaken by the effects of large contributions and unfattered campaign sending." and unfettered campaign spending," said state Attorney General William Sorrell, who will defend the law in the

Supreme Court.

The new law said candidates for the state senate could spend only \$4,000 to run for office. Running statewide, candidates for governor would be limited to \$300,000. And incum-bents could spend only 90 percent as

much as challengers.

In addition, contribution limits were set very low. For example, donors to statewide candidates, like the governor, could give no more than \$400 to a candidate.

Seventeen other states have joined Vermont in arguing for states' rights. Included are "blue states" such as California, New York, Connecticut, Illinois, Maryland and Minnesota. They say voters and lawmakers should have the freedom to set campaign limits and to protect "the integrity of the democratic process

On Wednesday, the court will hear the Texas case — a challenge to On Wednesday, the court with the controversial redistricting that the controversial redistricting that the controversial by former House ras engineered by former House fajority Leader Tom DeLay after Republicans won control of the state legislature in 2003.

Electoral district boundaries are traditionally redrawn after the na-tional census is conducted every 10 years. The idea is to make sure that population shifts are reflected in state legislatures as well as Congress. But, Texas Republicans took action mid-decade.

"This case is fundamentally about democracy," said R. Ted Cruz, the Texas solicitor general, defending the move as a matter of fairness.

Democrats had controlled the state for decades, he said, and drew district lines that allowed Democrats to hold a majority of its seats in Con-gress, even as most of the state's votgress, even as most of the state's vot-ers cast ballots for Republicans. After Republicans took solid control of both houses of the state legislature in 2003, DeLay spurred lawmakers to redraw the congressional districts again so as to knock off six Democratic members of the House. of the House



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Food Lion Shopping Center

Sudoku

		5	9	3	7	2		
	1					3	6	
2			4	1	6			9
5		4				8		7
8		7		6		1	LH	2
9		1				3		6
4			7	9	2			5
H	5						7	
		6	1	8	5	4		

Rules: Fill in the grid with the numbers 1, 2, 3, 4, 5, 6, 7, 8, and 9 so that in each row, each column, and each of the three-by-three squares, each number appears exactly once. There is only one correct way to fill in the grid.

Difficulty: 會 公 公 公 公

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See today's answers online at www.thebreeze.ore

The Goal:

hunger knows no boundaries ~ hunger knows no boundaries ~

www.jmu.edu/international/hunger

16,398 cans or boxes of foodone for each JMU student!

Campus-Wide Canned Food Drive to benefit Blue Ridge Area Food Bank 28 February to 26 April

What is Needed?

Here is a list of foods needed in priority order:

-collection initiatives

-how you can help-

- 1. Canned Meat
- 2. Canned Vegetables
- 3. Canned Fruit
- 4. Canned Stews, Soups

Over 25% of people

in Harrisonburg live

5. Boxed Grains, Pastas, Cereals

Did you know?

Major Events

(Feb 28, 10:15 - 11pm)

Opening Event in Cleveland Hall Foyer

Please join us! *Hunger Here in Our Community

- >by Karen Ford, JMU Social Work Dept
- *Remarks by Blue Ridge Area Food Bank officials
- * A Taste of the World in Miniature

(March 21 - 24) Food Fight for Hunger JMU competes against Virginia Tech to collect the most canned food!! Events all over campussee how you can help out! [major sponsor; Pysch. Peer Advisors]

(April 17-21) Clean Your Plate! A D-Hall waste weigh-in to assess the amount of food discarded here at JMU.

|major sponsor: Community Service Learning]

Campus Collection Sites Cleveland Hall Foyer Carrier Library D-Hall HHS Festival Information Desk

UREC

Did you know? The Blue Ridge Food Bank serves people in o cities and 25 counties

Please Give Generously

(haledc@jmu.edu, 8-3740) Did you know? Crovemment donation

What can you do?

or contact Dan

Your group/office/class can easily

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(April 26) Hunger Banquet The world in miniature:

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hunger knows no boundaries ~ hunger knows no boundaries ~

THE BREEZE | www.thebreeze.org | Monday, Feb. 27, 2006 | 6

Threat to national security warrants delay



In case you were wondering — or it comes up on "The Price Is Right" — the price of our national security is \$6.8 billion. That is how much Dubai Ports World, a

United Arab Emirates-based corporation is paying to take over British-owned Peninsu-lar & Oriental Steam Navigation Company, which has leases on six major (and no less than 15 additional) U.S. ports.

With our ports being one of the few entry points into the country, this deal has raised numerous security questions around Washington. Everyone from ranking Senate Democrat Charles Schumer to Bill Frist have discussed proposing legislation that would delay or deter approval of the sale. The Department of Home-land Security is experience. land Security is expressing concerns over the deal, and the press has had a field day. The only one in Washington steadfastly behind the sale is President Bush, who has gone so far as to threaten a veto if any such bill is passed. Apparently, the war in Iraq has taught the president nothing, for he has demonstrated his willingness to launch a preemptive unilateral war against Congress over the issue. President Bush has not made a frequent habit of using the veto stamp; it has not been employed in over five years. The fact that he has brandished his legislative "nuclear option" this early in the game indicates that turning American ports over indicates that turning American ports over to Middle Eastern control is something the president is willing to go to the mat for. If this Washingtonian war of words is not bad enough, President Bush is conduct-

ing it for a country whose record on security has been questionable. Pakistan used Dubai ports to smuggle the nuclear technology that helped them get the bomb; the U.A.E. was one of three nations in the world to recognize the Taliban-controlled government before we rolled through Afghanistan. And

if that's not enough, terrorist organizations have used the Emirates' extensive banking network to funnel millions of dollars around, some of which has been definitively liked to 9/11. Al-Quaeda also has developed a habit of recruiting and transporting numerous op-

eratives from and through the country.

Citing these and other concerns, more level-headed members of Congress have pushed to implement a 45-day holding period on the deal, which would enable security analysts to more extensively weight the risks of the sale. This compromise is a speedbump rather than a brick wall, one which Dubai Ports World has a brick wall, one which Dubai Ports World has already declared as acceptable. President Bush would be wise to step off the rhetoric, put the safety on his blazing pistols, and agree to the further investigation. Prudence dictates that 45 days could be a literal lifesaver, and it is a disgrace that the man who declared a "war on terror" has not recognized as much. Breeze Perspectives

Time with Peace Corps can make proactive difference

BY SARA WOODARD

I decided to join the Peace Corps while I was a freshman at JMU. I was studying foreign languages and living in Ashby Hall. With the inspiration of the endless supply of poetry readings and away messages that university life has to offer, I decided to "be the change I wanted to see in the world," to "make a difference," and to "live it up."

Right now I live in a tiny one-room apartment on the third floor of a communist-style cement building, in the center of a tiny mountain town called Kriva Palanka. I am a Peace Corps volunteer in the former Yugoslavic country of Macedonia. I've been living here at my site for two

living here at my site for two months now. Before that, I lived in a different town for three months with a host family, and learned to speak Macedonian.

Now, I am living here in Kri-va Palanka, 17 kilometers away from the Bulgarian border, but seemingly decades away from the world of prosperity that the European Union appears to offer. I am trying to come to peace with the fact that I can't change the world, but rather I can make a world, but rather I can make a difference, one person at a time. I can teach someone how to turn on a computer or how to say, "My name is Igor." I can bring hope to a people who have desperately fallen upon hard times.

My life is exciting and oddly romantic. Every day, I wake up and take a rickety old van — left over from the fruitful times of Tito — to work. I work in three different schools where English

different schools where English is taught in three tiny villages. But sometimes we spend half

the class trying to get the fire go-ing in the old dilapidated wood stove, so that at least the kids in the front row can defrost their freezing hands in order write down how to conjugate the verb "to be" in the present tense. Being a volunteer in Peace Corps Macedonia has been fas-cinating so far. I have tasted hun-

cinating so far. I have tasted hundreds of interesting foods that I had never even imagined before. My Macedonian friends have done the same (i.e. peanut butter at the last of the same of the peanut butter of the last of the same of t ter, oatmeel cookies, marshmal-lows...). I have hiked to the tops of mountains and stood looking over at territory that has be-longed to almost every great em-pire of the world while standing on crumbling forts built by the Romans over two thousand years ago. I have listened to Turbo-folk music, danced the Oro, drunken homemade wine and brandy, and rented movies the day after they opened in theaters in the United

opened in theaters in the Offices
States, for only a dollar.

I decided to become a Peace
Corps volunteer because I was
in love with the idea of living in in love with the idea of living in another country, using my hardearned skills to help other people, while at the same time, learning and growing an enormous amount myself. I love meeting new people, speaking another language and the challenge of living alone in a completely new society. And now, here I am, changing the world one light bulb at a time. Let the games begin.

Sara Right Woodward is a 2004 graduate of [MU. She is now serving as a Peace Corps Volunteer in the role of English Resource teacher in Macedonia, where she will live and work for two years. Woodward can be reached at XTKarpos@yahoo.com.

XTKarpos@yahoo.com.

BREEZE PERSPECTIVES

Stuffed students can help to take a bite out of world hunger

BY MIKE LEON

Hunger. To most of us here at JMU, all that means is the queasy unpleasant growling of the stomach we experience while waiting to get out stomach we experience while waiting to get out of a class or, in the most extreme cases, forgoing lunch to do homework. However, that same word holds a much greater meaning for people around the world. To them, hunger isn't just an annoyance; it is a defining aspect of their state of being. Of all the people of the globe, one-third are starving. I don't mean to preach or try to put people in the United States on a guilt trip for eating well, but this problem needs solving.

Before discussing solutions, it is important to determine exactly what is meant by the word "hunger." When discussing what we call world hunger and its consequences, we are specifically talking about a condition in which the kind and quantity of food consumed by a person do not provide the energy necessary to function

and quantity of food consumed by a person do not provide the energy necessary to function on a biological function. Basically, if your diet doesn't let you do anything other than breathe and beat your heart, you would be classified as chronically hungry.

As a direct result of the resultant malnutrition and hunger, 15 million children die every year worldwide. The number of people who live with hunger worldwide is estimated to be somewhere around 850 million. The cause of this isn't even that there isn't enough food to go around — overall production of food around the world is up from what it was 30 years ago. The problem is chiefly monetary; most people simply don't have the funds to buy the amount of food that they need or enough land to grow of food that they need or enough land to grow

it. Living life on less than \$1 a day doesn't give

you many options.

If the problem is that the people who need food can't afford it, then the solution would appear to be rather simple. If everyone were to give a small donation of say, \$5, to a charitable organization that concerns itself with the distribution of food around the world, the problem could be relieved significantly. For instance, the cost of all relieved significantly. For instance, the cost of all the world's sanitation and hunger requirements is equal to the amount people in America and Europe spend on perfume in a given year. For the price of one missile, a school full of hungry children could eat lunch for one year. If the people of the United States and their government made a commitment to assuaging this problem, it could easily be accomplished. Also, the positive effects this would have on the image of America throughout the world would enhance the already obvious benefits of addressing this issue.

throughout the world would enhance the already obvious benefits of addressing this issue.

My purpose in writing this article is simple: world hunger is a huge problem and we, as people living in the most prosperous nation in the history of mankind, have a moral obligation to at least try and help. I'm not saying that you should go on hunger strikes and give up the weekly feasts on grilled cheese Thursdays at D-hall. Just take some time and try to help remedy this situation. Whether that means donating money or writing a letter to your senator. remedy this situation. Whether that means do-nating money or writing a letter to your senator asking the government to give more makes no difference. If everyone does something, perhaps we won't have to turn on the nightly news and see malnourished children and hear about the millions who die from lack of sustenance every year. Our humanity demands it. Mike Low is a firehman English major

Mike Leon is a freshman English major



ation, person or event and do not necessarily reflect the truth

A "your-crosswords-are-far-too-difficult" dart to *The Breeze* for printing these terribly ad-vanced puzzles for a collegiate audience.

From a frustrated junior who just got back from Amristar and still didn't know what four-letter word they wear on their heads.

A "look-Mom-no-hands!" pat to the guy who was relieving himself while using both hands to answer his cell phone.

From an envious math major who was bewildered and amazed at your multi-tasking abilities.

"I-am-too-old-because-it-is-too-loud" dart to the boys in the townhouse next to me who turn up the bass at all hours.

From a girl who doesn't appreciate the pseu-do-earthquakes from your speakers that shake her house to the foundation

A "way-to-come-out-as-a-metrosexual" pat to my friend who finally grew a pair and went man-tanning.

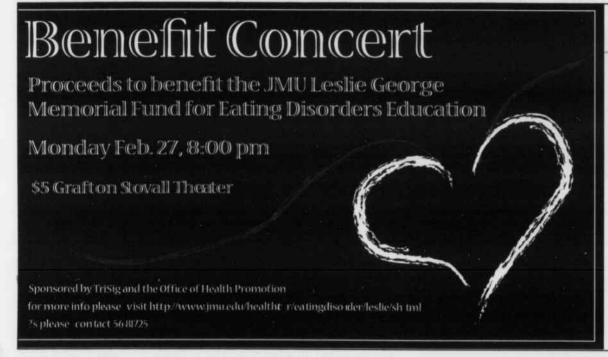
From your porcelain-white friend who will deny she knows you the minute you come out of the tan-ning bed looking like an compa loompa.

A "have-you-seen-my-balls?" dart to the sculptor who neutered the Duke Dog statue outside the Plecker Athletic Center. From two sophomore girls who are sad that they will never get the chance to play with the puppies.

A "way-to-practice-the-parable" pat to the real-life good samaritan who rescued me in his Jeep when my cheap bike fell apart under me.

From a junior damsel in distress on the side of the road who is extremely grateful that you didn't

pass by me like the others.



Featuring:

8-8:15 Exit 245

8:15-8:30 Breakdance Club

8:30-8:45 Low Key

8:45-9 New & Impv

9-9:15 Overtones

9:15-9:30 The MadisomFect

9:30-9:45 Madison Dance

9:45-10 Bluetones

LETTERS TO THE EDITOR If not Olympics, what is a 'sport?'

The Winter Olympics — are they really that boring? The answer lies in this next question: Do you think the Super Bowl is a big deal?

If you said yes, then ask yourself this: Is it really the game that you are excited about? Or the commercials? Or pregaming? That's what I thought; it's an annual excuse to drink beer.

mercals? Or pregaming? That's what I thought; it's an annual excuse to drink beer.

When the Olympics roll around every four years it is all about the games. You can argue that the "sports" aren't sports at all. The excitement isn't there, the Olympics are only hype and no action. But charging down a sheet of ice at speeds topping around 80 miles and hour, falling from extreme heights onto hard surfaces and barreling down the side of a mountain is as much of a rush as one of Michael Jordan's famous tongue-hanging-out slam dunks.

On the topic of interesting sports, of course curling isn't action-packed, but then tune into the short track races or, the newest event, snowboard cross. The crashes are amazing. The balls on these athletes are more than any baseball player will ever have. The level of intensity is more than that of your average game making the Olympic schedule chock-full of sports; in the purest sense of the word.

The "blah" factor, well, that is just what I would say to people who disregard the Olympics as just another collection of Americans in funny outfits.

Jennifer Everdale freshman HTM major

Politicans give Va. homosexuals the shaft

Virginia is notorious for harboring snake oil salesmen like Pat Robertson, Jerry Falwell and their clique of superstitious, bigoted fanatics, people who go to see "Deliverance" over and over again (for some reason) but boycott "Brokeback Mountain."

Virginia made the news again when Gov. Kaine who opposes have rights like some reason.

Virginia made the news again when Gov. Kaine, who opposes basic rights like same-sex marriage, etc., decided to cover his backside with an easy gesture towards the lesbians and gays who helped elect him. He's forbidding bigots.from discriminating in hiring for state jobs — though, like most Democrats, Kaine will require a spinal transplant before hazarding any further.

Not exactly Red Revolution, but State Attorney General Bob McDonnell says it's "unconstitutional." (Is he referring to the Confederate constitution — he can't mean the U.S. Constitution?) McDon-

al." (Is he referring to the Confederate constitution — he can't mean the U.S. Constitution?) McDonnell is acting on behalf of Del. Marshall, R-Prince William, who claims that gays and lesbians aren't discriminated against. That's news to everyone else, with the exception of the aforementioned religious fanatics, men like Jack Knapp of the Virginia Assembly of Independent Baptists, who opposes ending discrimination against gays and lesbians. Marshall also said "Second, I see it as a way to give legal status to sodomy and other practices homosexuals engage in." Is he aware that the U.S. Supreme Court tossed all anti-gay "sodomy" laws into the garbage, where they be

"sodomy" laws into the garbage, where they be-long? Does the poor man realize that his state-

No Appointment

Necessary

ments brand him not only a bigot but a practitioner of the Nazi big lie technique? Does he understand that men like Benedict Arnold, Jeff Davis, Joseph McCarthy and Richard Nixon are detested and that sooner or later people shrink back from the stench of fascism? Obviously not yet but he will.

Bill Perdue

Feb. holiday not dedicated to all the presidents

The Feb. 23 issue of *The Breeze* printed a student's "dart" complaining about our university's failure to celebrate "President's Day, even though the university is named after one of America's finest leaders." For the record, there is no legal holiday in Virginia known as "President's Day." The national holiday that fell this year on Monday, Feb. 20, is properly called "Washington's Birthday." The state holiday is properly known as "George Washington day is properly known as "George Washington Day." Historian C.L. Arbelbide explains, in an article that appeared in the National Archives' journal Prologue in 2004, that following implementation of the Monday holiday bill in 1971 (which relocated, but did not rename, the feder-al holiday), advertisers began labeling the new sales opportunity "President's (or Presidents') Day." All along, Arbelbide writes, opponents of

the Monday holiday bill feared that, eventually, Americans would forget that the day was meant to remember the nation's first president.

> Rick Meixsel faculty member, history department

Editorial policies

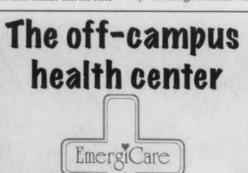
Responses to all articles and opinions published in *The Breeze* are welcome and encouraged. Letters should be no longer than 250 words, must include a phone number for verification and can be e-mailed to breezeopinion@hotmail.com or mailed to MSC 6805 G1, Anthony-Seeger Hall, Harrisonburg, VA 22807. The Breeze reserves the right to edit all submissions for length or grammatical style.

The house editorial reflects the opinion of the editorial board as a whole, and is not necessarily the opinion of any individual staff member of The Breeze.

> Editorial Board: Nathan Chiantella, editor in chief Kristen Green, managing editor Brian Goodman, opinion editor

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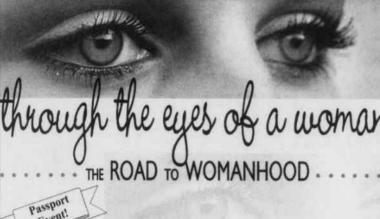




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Event! Tuesday, February 28 – 7PM Grafton-Stovall Theatre

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FOR MORE INFORMATION, CONTACT PAMELA PHAYME AT PHAYMEPY@MU.EDU OR STOP BY THE CENTER FOR MULTICULTURAL STUDENT SERVICES (WARREN 245) OR WOMEN'S RESOURCE CENTER (WARREN HALL, 4" FLOOR)

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PREVIEW

Court Square Theater to host diverse events throughout March

Movies, music to grace Theater stage

BY HALI CHIET

JMU professors, folk music and Muslim comedy will be presented at Court Square Theater in downtown Harrisonburg throughout the month of

The first event for the month is a folk music concert. In conjunction with WMRA 90.7 FM, Court Square Theater will present John McCutcheon, a highly respected folk singer, on Sunday, March 5. Throughout his career thus far, this popular artist has received five Grammy nominations for his original music.
McCutcheon will take the stage at 7:30
p.m., and tickets can be purchased for \$18 in advance — \$16 for students and seniors — or at the door for \$20.

Show your support for some of JMU's very own faculty and watch the Montpelier Quintet perform on Monday, March 6. This in-residence woodwind quintet from the school of music is made up of faculty members Beth Chandler (flute), Michele Kirkdorffer (oboe), Janice Minor (clarinet), Susan Barber (bassoon) and Abigail Pack (horn). They will be playing a repertoire of 20th-century pieces by composers György Ligett, Lalo Schifrin, Carl Nielsen and Malcolm Arnold. The Montpelier Quintet, which has

The Montpelier Quintet, which has been together for five years, is looking forward to their performance.

"We're particularly excited to be performing at Court Square Theater because it's a great opportunity to reach out to the community beyond JMU," said Beth Chandler, assistant professor of flute. "We play frequently on campus, but it will be nice to play elsewhere in our area, especially in the heart of downtown Harrisonburg." Tickets for the show, which begins at 7:30 p.m., are \$5 at the door. "We hope

to have a good turnout here at home in preparation for our upcoming concert at the Kennedy Center in Washington, D.C., on Wednesday, March 15," Chandler said. For those who are interested in attending the Kennedy Center performance, contact Donna Wampler in the school of music at \$8663.

the school of music at x86863.

In preparation for St. Patrick's Day, Court Square Theater will be holding an evening of traditional Irish music and dance on Friday, March 10 at 8 p.m. Tickets purchased in advance will be \$12 for adults and \$10 for students and seniors. Tickets purchased at the door

see THEATER, page 9



CASEY TEMPLETON/senior photographer

HELP! I'm addicted to...

Sometimes quirky routines become more than just a bad habit

BY RACHEL BISHOP

Can't quit sucking your thumb? Many of us have addictions that we can't break, or simply stilly routines for good luck. There are also many more serious addictive behaviors that cause harm in a person's life however. So what kinds of addictions do JMU students have? Do any of us still sleep with a teddy bear, spend hours online or brush our hair 100 times before course to had? And what how the 100 times before going to bed? And what about the more serious problems like drinking, smoking, eat-

ing or even shopping?
Well, some JMU students have test rituals such as wearing lucky underwear, bringing five pencils, or eating a certain food right before test time. Freshman Kirsten Lee, for example, has to chew gum

whenever she takes a test.
"It's weird," she says. "I think it helps with anxiety and it helps me focus." Her favorite test-

taking brand? Orbit.
Freshman Martha Teu also chews on something during a test: tea tree oil toothpicks. She bought them from a health store to help her quit smoking, and "now I always like to have one when I'm tak-

and "now I always like to have one when I'm taking a test," she says.

Others of us are addicted to having our possessions a certain way. Our shoes are organized by color; our jewelry is spread out for easy viewing; our
CDs are arranged by artist.

Sophomore Meagan Travers always has her
textbooks in alphabetical order on their shelf. "Myroommate! stays away from them" she says. "My-

roommate] stays away from them," she says, "be-cause they're all chemistry books." Likewise, freshman Shaina Affatato won't make

Likewise, freshman Shaina Affatato won't make her bed in the morning. But she does make it right before she goes to sleep. She doesn't feel like it in the morning, she says, but she "hate[s] when the sheets are messed up and the pillows are really flat," so she makes it before she lies down.

Freshman Jessica Chambers also admits to having little addictions. She wears two bracelets

day and always puts her left bracelet on be-

fore her right one.

"But that might be because it's harder to put
the left one on," she jokes. She also checks her Web-

mail and Facebook every morning, as soon as she wakes up, and eats at the same place every Monday, Wednesday and Friday. Similarly, Travers always puts her right contact in before her left one, and

drinks coffee every morning.

These behaviors are silly and light, but many

These behaviors are silly and light, but many people have more serious problems with addictive behaviors. They often put the activity or object above all else in their lives, which can cause mental and physical harm. Examples include physical addiction to substances like alcohol or marijuana and psychological addictions like gambling, sex, shopping or eating disorders. Research shows that these activities often produce beta-endorphins in the brain, which cause the person to feel a kind of high. They then get addicted to that feeling, and continue their activity to achieve it.

According to the research of Dr. Ruth Engs, a health science professor at Indiana University, there are 10 common characteristics of people with addictions. A person becomes obsessed with the behav-

see ADDICTED, page 9

PREVIEW

Poetry great to speak in Wilson tonight

Performance will be a first-time recitation

BY ZACH BEARD

Some say Nikki Giovanni is the godmother of hip-hop. But in the 1970s, Giovanni wasn't trying to get the crowd crunked — she trying to get the world to

An uncompromising social commentator and equal-rights advocate, Giovanni recorded her album Truth Is On Its Way in 1971 to critical acclaim. The avant-garde recording combined traditional gospel spirituals with Giovanni's proactive social views bound together by poetry and a powerful voice.

To commemorate the 35th anniversary of the groundbreaking recording. Giovanni is recreating. Truth with a combined 125-voice gospel choir in concert at Wilson Hall on Monday at 7 p.m. This is the first time Giovanni has ever performed the album in concert.

Giovanni originally recorded the album when there was no real concept of adapting the spo-ken word to gospel music. Now the poet has a generation familiar with hip-hop, and the local help of five Virginia colleges.

of five Virginia colleges.

The concert features student choirs from JMU, Eastern Mennonite University, Mary Baldwin College, Virginia State University and Washington & Lee University. Being the only traditional black college of the five, half of the choir and the full-sized band on stage with Giovanni are from on stage with Giovanni are from Virginia State University.

"She's one of the major po-ets of her generation," said Jean Cash, professor of English at JMU. "One of her strengths is her ability to move and change with

the times."

Joanne Gabbin, professor of Joanne Gabbin, professor of English and executive director of the Furious Flower Poetry Center at JMU, said in a recent article in the Daily News-Record that Giovanni has gone from militant to mellow as her works

have matured. The Furious Flower Poetry Center, founded in 1999, pro-vides research and publication opportunities for advancement of African-American poetry. In addition to the Poetry

In addition to the Poetry Center, the event is sponsored by the Center for Multi-Cultural Services, the University Program Board and Washington & Lee University.

Giovanni, 62, is a native of Knoxville, Tenn., and a University Distinguished Professor of English at Virginia Tech. She is a poet, social commentator and educator, who, during the 1970s, gained attention nationally through her poetry readings. A prolific writer, she has published more than 20 books, and received more than 20 honand received more than 20 hon-orary degrees, her most recent being an honorary doctorate of Human Letters from West Vir-ginia University in 2003. The concert Monday night is going to be recorded and pro-

duced as a new live version of Truth Is On Its Way. Giovanni will sign books and

CDs before the concert. Doors open at 6 p.m.

Reggae band takes inspiration from classics

iRon Lion performs at Dave's Taverna during weekend

The young reggae vocalist iRon Lion offered a mix of old reggae favorites like Bob and Marley infused with R&B sounds from groups like the Fugees at Dave's Down-Taverna on Saturday Ronnie Brandon, the vocalist and keyboardist of iRon Lion, got his start at an early age singing in his lo-cal church. Since then, he has grown to covering anything from college parties to opening for larger reggae perfor-mances, like The Razor Posse, The Wailers Band! and Stable Roots. The name of his Reggae band was an inspiration taken from a Bob Marley song "Iron Lion, Zion.'

Throughout his set, iRon Lion mixed his tracks with simple ditties like "feel the

vibrations, drink drinks at the bar, enjoy yourself and fasten your seat belts as we take you on a ride," to keep the audience interested.

Although the music well-played and well-delivered, the arena to which iRon Lion was playing was not ideal.

of the live entertainment, reg-gae in a local tavern and sports bar setting seemingly are not the best fit. But overall, iRon Lion, with his melting pot of young talent, inspiration and experience, keyed in and gave a groovy performance to patrons



turday night, iRon Lion played a mix of reggae music at Dave's Downtown Taverna

Author has kitchenware rider on insurance policy Freelancer believes his

appliances are out to get him

BY JERRY ZEZIMA THE STAMFORD ADVOCATE

As a homeowner who lives in deadly fear that ite objects are out to get me, I have come to the frightening conclusion that my house is booby-trapped. I base this belief on the fact that I can't open a door, a drawer or a cabinet without being physi-

cally attacked by the contents therein. I don't know if anyone else has this problem, but I do know that in my house, there is a definite conspiracy against me. The worst offenders are the plastic containers that live in the cabinet above the

oven in the kitchen. oven in the kitchen.

Every morning, when I open the cabinet to get a coffee mug. I am pelted by a torrent of Tupperware. There are scores of these insidious bowls and their corresponding tops and they seem to be multiplying at an alarming rate. At least I haven't been hit on the head alarming rate. At least I haven't been hit on the head by any of the dozen or so coffee mugs in there. Maybe tomorrow morning. We have so many containers be-cause my wife says we need them for leftovers. This

would be fine if we were feeding, say, China.

Then there is the drawer on the right side of the

main counter. I take my life in my hands every time I open it because it contains lethal implements such as knives, scissors and corkscrews. Invariably, I'll have trouble getting into it because something will become lodged between the drawer and the counter. One day I became so frustrated after several minutes of try-ing to open the stupid thing that I gave the drawer a big jerk (which pretty much describes me) and was almost hit in the eye by a flying steak knife. Less dangerous but no less maddening is the

cabinet below the counter next to the refrigerator. It houses cereal boxes, pretzel bags, popcorn packs and various other items whose primary purpose in life is not to feed but to annoy me. Every time I open the door to get something, almost everything else cascades out onto the floor. It's enough to drive a man crazy. Or, in my case, crazier.

I won't even mention the refrigerator except to say that if I want something in there, I always have to remove 17 other things to reach it. And most of those things are leftovers in (you guessed it) Tupperware containers.

The freezer is no better, except that if something falls out, it is frozen solid and lands directly on n foot. All of this happens in the kitchen, but the re of the house is just as aggressive. I recently made the mistake of opening the hall closet to get a coat. As I

see KITCHENWARE, page 9

THEATER: Downtown presents varied genres

After the indie and foreign film series last month, Court Square Theater offers assorted movies throughout the month of March

THEATER, from page 8

will be \$15 for adults and \$13 for students and seniors.

you missed out on the movie "Brokeback Mountain" and would like to see it on the big screen, you are in luck. Court Square Theater will be showing the film at 2:30 and 7:30 p.m. on Sunday, March 12, and 7:30 p.m. on Monday, March 13. Tickets are \$5 at the door. This movie, which tells the story of two young men who meet in the summer of 1963 in Wyoming and cre-ate a strong lifelong bond, is up for eight Oscars at this year's 78th Annual Academy

An original feature film also will be shown during the month at the Theater. "Looking for Comedy in the Muslim World," a part of the Independent and For-eign Film Series, will be shown four days — Thursday, March 23 at 7:30 p.m., Friday and Saturday, March 24 and 25 at 8 p.m., and Sunday, March 26 at 2:30 p.m. Written and directed by comedian Albert Brooks, this humorous film tells the story of what happens when the U.S. government sends Brooks to India and Pakistan to find out what makes the more than 300 million Muslims in the area laugh. "The film is a funny and insightful look at some of the issues we are dealing with in a post-9/11 world," Owens said. Tickets will be \$5 at

the door.

If you want to bring out your inner child, the production of "Hannah and Gretel" — a twist on the classic tale — will take place on Thursday, March 30 and Friday, March 31 at 7 p.m. The performance is brought to you by JMU's very own Children's Playshop. Tickets can be purchased in advance for \$5. For more information on any of the above events or to purchase tickets in advance, visit courts apprehenter. tickets in advance, visit courtsquaret com or call the box office at 433-9189.

ADDICTED: Students confess compulsions

Student Counseling and Development Center offers help for dangerous habits

ADDICTED, from page 8
ior and will continue to do it,
even though it causes harm, she
said. The person will "do the
activity over and over even if
he or she does not want to and
find it difficult to stop," Engs
said. When a person does stop,
they go through withdrawal,
which can include irritability and depression. The person ity and depression. The person cannot control their behavior often denies having a problem, hides the behavior from people

around them, and cannot even remember having done it. Depression is very common and the person suffering often has low self-esteem and feels anx-

ious, Engs said.

Most of us have some unique habit or routine we do all the time. We may refuse to leave the room without matching, we may check our friends' away messages every five min-utes, we may watch TV more than we talk to our friends, use

Chapstick obsessively or spend hours on Facebook. While "adhours on Facebook. While "ad-dictions" to coffee, chewing gum or making beds are not nearly as harmful as alcohol, eating and compulsive spend-ing, they all involve a little obsession with controlling the environment. Nearly everyone feels addicted to something, but if you feel like it's gotten out of control, contact the Counseling and Student Development Cen-ter or someone you trust.

KITCHENWARE: Paranoia sets in for author

KITCHENWARE, from page 8 was yanking it out (the dumb thing was crammed in with approximately 47 other coats), I knocked over a vase containing dried flowers. It took me half an hour to clean up all

the broken glass.
The liquor cabinet is a catch-22, not just because I need a drink after doing battle with knives and pretzels, but because every time I open the door, I have to catch 22 bottles and glasses that come tumbling out. Same goes for tumblers.

Going upstairs is an adventure in itself. When-

ever I try to get a towel or a washcloth out of the linen closet, I initiate an avalanche that buries me up to the knees.

Then there are my drawers. Both kinds. The

Then there are my drawers. Both kinds. The other day I tried to pull a pair of boxer shorts out of my bureau, which is jammed with about two dozen of them, and a second pair leaped out at me. Have you ever been hit in the face by flying underwear? I could go on, but you get the idea: My house is booby-trapped. I would have come out of the closet about this sooner, but I didn't feel like cleaning up another broken vase.

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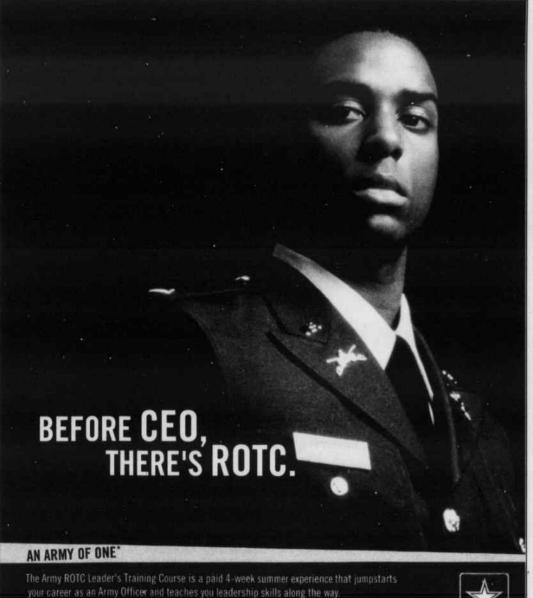
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Main Stage Piedmont Virginia Community College

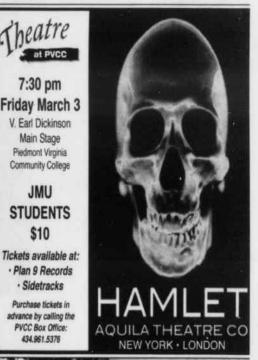
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JMU sopho more right-hander Ryan Reid Improved to 1-1 Sunday afternoon, going five innings and striking out eight in the Diamond Dukes' win over Fairfield.



Madison routs Fairfield

Diamond Dukes sweep three-game series Sunday

BY MATTHEW STOSS

Most baseball games take nine innings. Sunday afternoon against Fairfield, JMU only need-

The Diamond Dukes put up eight runs on seven hits in the bottom of the first inning and sent eight men to the plate before the Stags recorded an out. Madi-son cruised the rest of the way en route to the three-game series sweep and a 15-4 whipping of Fairfield on a frigid day at Long

Field/Mauck Stadium.

"We're not going to hit as poorly as we did against Clemson and George Washington,"

Diamond Dukes' coach Spanky McFarland said. "And we're probably not going to hit as well as we did against [Fairfield]. It will probably be somewhere in iddle."

JMU outscored Fairfield 47-10 over the weekend, led by Kellen Kulbacki. The Diamond Dukes' sophomore center fielder finished the series 9 of 11 with three home

runs and 11 RBIs, in-cluding a 3 for 4 perfor-Baseball Sunday Fairfield mance Sun-JMU crushed

two homers — one to dead center — and drove in four. The Hershey, Pa., native now owns the team-lead in RBIs (11) and is hit-ting .478.

"It's weird, because I proba-bly played the worst game of my life Wednesday [against George Washington]." Kulbacki said. "I

just had to get that out of my head

and put it in the past.

"[Fairfield] was a great series.
I felt comfortable and was seeing the ball well."

McFarland believes the showing against Fairfield might turn some heads in the Colonial Athletic Association for the com-

Athletic Association for the coming week.
"It's odd," the eighth-year coach said. "He hit well against Clemson and the furnry thing is, he looked so bad against George Washington, but I think that was a good thing. It was a wake-up call for him. He's got a chance at Player of the Week."

JMU also got offense from senior second baseman Michael Cowgill, who finished 2 of 3 with a solo home run and two RBIs.

a solo home run and two RBIs. For the series, Cowgill went 6 for 10 with three home runs and

see SWEEP, page 12

Madison finishes fourth

Keel wins two freestyle golds, breaks record

BY JENNIFER CHAPMAN

Finally, a new name can be added to the individual champions

board in the Savage Natatorium in Godwin hall. Junior freestyler Alli-Swimming

freestyler Alli-son Keel earned her spot in JMU his-tory not once, but twice, becoming a conference champion in both the 100 and 200-yard freestyles. After finishing fourth in the 50-yard freestyle, Keel went into the fi-nals of both the 100 and 200 seeded first and never looked back.

Women's

first and never looked back.
"I was trying to get best times in my events and win at least one. So I did exactly what I wanted to do," Keel said. Keel's time of 50.84 in the 100 free

earned her an NCAA "B" standard qualifier. Her 200 time of 151.30, broke her own school record and will leave her name on the JMU record board for

her name on the IMO record board for all three sprint freestyle events. The team finished a step up from last year with a fourth place overall. North Carolina-Wilmington took first. Other key contributors for the Dukes were grad student Christine Filak and senior Rebecca Schofield.

Filak had an impressive swim in the 200-yard backstroke where she led for the majority of the race and finished in second place. Her time of 204.34 was a career best. Her time of 57.45 in the 100-yard backstroke was good enough for third place. She also placed ninth in the 50-yard freestyle. "Even though the team is young,

it was led by the seniors, those in the water tonight, and those who came to cheer," Smith said. The team is

what it is because of them."

Although senior Rebecca Schofield swam the three longest events, it did not prevent her from posting top times for the Dukes. Her best performance came in her 400-yard IM. After backstroke, Schofield was in fourth but quickly moved up to in fourth but quickly moved up to second during breaststroke. Her time of 429.12 was good enough for second. She was third in the 500-yard free with a time of 534.71.

The younger swimmers also made strides in the championships in the 100 and 200-yard fly where three freshmen made the finals. In the 200, Jessica Lee finished fifth with a time of 2:07.10, followed by Ashton Goodwillie in seventh, and Page Gray in twelfth. Goodwillie, Lee, and Gray finished 11th, 12th and 13th respectively in the 100-yard

The 200 and 400-yard freestyle relays finished second with the swims of Keel, Filak, freshman Megan Heil, and senior Megan Loucks

"As a first-year head coach, I can look back on this year and learn." Smith said. "As an alumna of JMU, I have the best interests for the team This year was a very exciting and thrilling ride that leaves a lot of room

for us to grow,"

All Miller finished ninth in the one-meter dive followed by team-mate Nicole Simmons in 13th. Each dropped one spot in the 3-meter

Every year is another year and we are going to have to put in a lot of work for next year. We are going to have to move forward with our re-sources, swimmers, and the support we have," Smith said.

Panthers tamed

CAROLYN WALSER/

more forward Tamera Young was one of two Dukes to finish with a double-dou ble Sunday Georgia State. Junior center Meredith Alexis was the other 19 points and Alexis had a game-high 20.



Dukes win 21st of year, beat GSU

BY JAMES IRWIN

Two days after clinching its first 20-win season

IMU Women's women's Basketball basketball team notched Sunday win No. 21 with an

emphatic

GSU

ond-half performance. Junior center Meredith Junior center Meredith
Alexis and sophomore forward Tamera Young had
double-doubles and the
Dukes used a 20-1 run in
the second half to post a
79-54 win over the Georgia
State Panthers Sunday at
the Convocation Center.
"We came out in the

"We came out in the second half with added intensity," junior shooting guard Andrea Benvenuto said. "We always look to push the ball. Our defense stepped up and we moved

The Panthers made life difficult for the 21-5 Dukes in the first half, pestering JMU on defense and hitting JMU on defense and hitting enough shots to go into the locker room down 35-24 and still very much in the game. But things unraveled quickly for Georgia State after the intermission.

"We did a poor job making shots," Georgia State coach Lea Henry-Manning said. "We didn't finish our opportunities. They took

opportunities. They took advantage of our slump and got into transition."

see WIN, page 12

Dukes drop finale

Swanston leads JMU with 17 points in loss

FAIRFAX - The JMU men's basketball team dropped its sea-son finale to George Mason Satur-day afternoon 95-68 at the Patriot

The Patriots were led by senior guard Lamar Butler, who scored a game high 27 points, while going 10-15 from the floor and 7 of

Men's 9 from beyond Basketball Saturday

IMU was led by fresh-man forward

man forward JMU 68
Kyle Swan-GMU 95
ston, who
scored 17 points —one of three
Madison freshmen in double digits. Guard Joe Posey tied his career
high with 14 points and forward
Juwann James added 10.
The Colonial Athletic Association tournament starts Friday
and JMU faces Northeastern in
the opening round.

the opening round.

JMU 29 39 — 68 George Mason 41 54 — 95

JMU — Kyle Swanston 6-15 2-2 17, Juwann James 3-8 4-7 10, Joe Posey 6-12 0-0 14, Lewis Lampley 0-3 0-0 0, Colbey Santos 1-3 0-0 3, David Cooper 2-7 0-0 4, Chris Clarke 1-1 0-1 2, Jomo Belfor 3-5 0-0 7, Gabriel Chami 0-0 0-0 0, Daniel Freeman 3-6 4-6 11, Ray Barbo-sa 0-2 0-0 0. Totals 25-62 10-16 68. 3-pointers: Swanston 3-8, Posey 2-4, Santos 1-2, Cooper 0-1, Belfor 1-2, Freeman 1-4, Barbosa 0-1.

George Mason — Will Thom-as 9-10 3-6 21, Jai Lewis 2-6 6-8 12, Tony Skinn 4-5 0-0 10, Lamar But-ler 10-15 0-0 27, Folarin Campbell ler 10-15 0-0 27, Folarin Campbell 3-10 0-0 6, Jordan Carter 1-1 0-1 2, Makan Konate 0-2 0-0 0, Gabe Norwood 2-2 0-1 5, Tim Burns 2-3 0-1 4, Charles Makings 0-0 0-0 0, Chris Fleming 1-2 0-2 2, Sammy Hernandez 3-4 0-0 6. Totals 37-60 9-19 95. 3-pointers: Lewis 2-2, Skinn 2-3, Butler 7-9, Campbell 0-5 Konata 0-1, Norwood 1-1 5, Konate 0-1, Norwood 1-1.

Records: JMU (5-22, 2-16 CAA), George Mason (22-6, 15-3 CAA).

Men's Basketball **CAA Standings**

Cor	nf./ Overall			
JNC-W	15-3, 22-7			
George Mason	15-3, 22-6			
Hofstra	14-4, 22-5			
Old Dominion	13-5, 21-8			
Northeastern	12-6, 17-10			
VCU	11-7, 18-9			
Towson	8-10, 12-15			
Daniel 1				

8-10, 15-15 Delaware 4-14, 8-20 3-15, 6-21 Georgia State William & Mary 3-15, 8-19 2-16, 5-22

Opening Day



nior midfielder Kelly Berger runs up

Smyth wins gold, JMU fourth

BY JENNIEER CHAPMAN

The men's swimming and diving eam saw outstanding performances at

the Colonial Athletic Association Championship from its three i

to its freshmen. The team finished fourth

Swimming

to its freshmen. The seam finished fourn with 439 points as North-Carolina Wilm-ington captured the men's title. "This is huge," first-year coach Chris Feaster said. "We are only graduating about fifteen percent of our points. We had ten freshmen swirn this meet, and I think we had about 95 percent lifetime

t swims. It was awesome."

The most notable performance came from freshman breaststroker Rus-sell Smyth. Smyth, who didn't begin training until November due to shoulder surgery, was the sole CAA cham-pion for the Dukes. He won the 200yard breaststroke in a career-best time of 240294 after swimming a personal best in the morning prelims with a 205. He also finished third, in the 100-yard breast with a 57.19 and fifth in the 200-

"I really owe this to all the people that were out there helping me and be-

lieving in me with all my struggles with my shoulders," Smyth said.

my shoulders, "only in said.

In addition to Smyth's performance in the 200-yard breaststroke, sophomore Brian Freitag finished third. Freitag highlighted some of the Dukes' top individual performances. In both the 200-yard and 400-yard individual medleys, Fre itag split the fastest breaststroke times to finish in second place in both events.

Junior backstroker Josh Fowler was also a top finisher in three individual events. He took third in the 100-yard back in a time of 50.79 and seventh in the 100 fly in 51.51. However, his most exciting race came from the 200-yard backstroke, which he led for the first 100 yards and finished second just behind Old Dominion standout Patrick Balint.

"I'm pretty satisfied with the way I swam," Fowler said, "I went after that 200 backstroke and I was the underdog.

200 backstroke and I was the underdog.
I was beating him at the 100 and just really went after it, so I am definitely happy with my finish."
All three seniors left it in the pool as each closed out their swimming careers with excellent performances. Brad Burton was second in the 100-yard fly with a camerabast of 50.71 and fifth in with a career-best of 50.71 and fifth in the 200-yard fly with a 1:54.35. RJ Dunn was 11th in the 50-yard free and Evan Carhart 12th in the 200-yard back.

"I am really pumped to be on the earn this year and couldn't ask for a better time for my last year here at JMU," Burton said.

The relay teams had equal success as three of the five relays made it to the podium. The 400-yard medley team of Fowler, Smyth, Burton and jurior John Chartier finished second, Fowler, Smyth, Burton and Dunn placed third in the 200-yard medley Dunn, Fowler, fresh-man Dan Smullen and Chartier also took third in the 200-yard free relay. Other key finishers for the Dukes

were Chartier, seventh in 100 free, junior Mitch Dalton eighth in the 100 breast, Smullen 13th in the 50 free, and Scott Terry 14th in 200 fly. Diver Kyle Knott finished eighth in the 1-meter and ninth

in the 3-meter.

"The team did really well, Feaster said." I thought Russ [Smyth]. Fowler, Freitag, Mitch [Dalton]. Chartier and Brad [Burton] all really stepped it up for this meet. They all had great swims."

"The team is only going to go forward," Dunn said. "Coach has a great stiffuel is really and the said."

positive attitude, is really well liked and respected. He has high goals of taking the team up and the team shares those goals.

The program is only going to get

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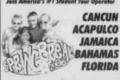
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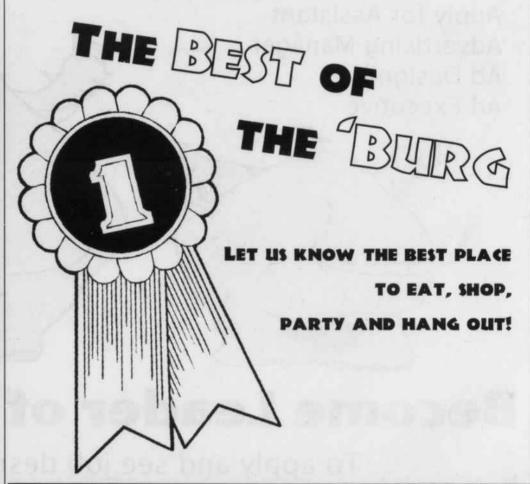
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> BREEZE TALKS! WHAT IS YOUR FAVORITE ARTICLE THIS ISSUE? LEAST FAVORITE?

-SUDOKU OR CROSSWORD? -WHAT DO YOU READ FIRST? -DO YOU HAVE AN IDEA WHO WROTE THAT DART?!

SWEEP: JMU baseball wins three straight at home

eight RBIs. Senior catcher Matt Sluder added two RBIs when he went deep in the bottom of the first. Sluder finished 3 for 3

with a pair of singles.

"As a whole, the team came together this weekend," Kul-backi said. "It's great to see everyone hit the ball this well. Even coming off the bench, they were swinging the sticks."

On the mound for the Dia-mond Dukes (3-4) was sophomore right-hander Ryan Reid. Reid low-ered his ERA to 1.80 with a five-inning, eight-strikeout showing Sunday. He held the Stags (0-3) to three hits and walked four while picking

up his first win of the season.
"I felt all right," Reid said. "I had too many walks though. That's something I definitely need to work on and do better, but I'll take the win and the sweep.

The team was really hitting

the ball well and it's good for the pitcher's confidence when he knows the team is going to hit." JMU is in the midst of a nine-game home stand and are back

in action Wednesday, hosting Liberty at 2:30 p.m. They close out their home stand against Wagner and Longwood.

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Doug Ciallella, Dan Galla-gher (7) and Tom Arpino and Phillip Espinosa; Ryan Reid, Trevor Kaylid (6), Kurt Houck (7), Justin Wood (8), Geoff Degener (9) and Brett Garner and Dan Santobianco.

W - Reid, L - Ciallella

2B — (F) Tyler Birrittella; (JMU) Davis Stoneburner, Nate Schill, Dan Santobianco, Joe Lake. HR — (JMU) Kellen Kulbacki 2, Matt Sluder, Mi-

Records: Faifield (0-3), JMU (3-4).

WIN: Dukes dispose of Panthers at Convo Sunday afternoon



CAROLYN WALSER/senior photo.
Junior guard Lesley Dickinson
scored 12 points against the
Panthers Sunday afternoon. The
Dukes won their 21st game of
the season, and are undefeated
in the Convo. Madison closes
out its season the Thursday. out its season this The when they host ODU.

WIN, from page 10

From there, the Dukes' size and athleticism took over. The 20-1 stretch was part of a big-ger 36-8 run where the Dukes extended their lead from sev-en to 35. JMU held a 51-36 re-

bounding edge.
"After halftime we turned things up," JMU coach Kenny Brooks said. "We went to a zone defense that worked well and

detense that worked well and we got a kick-start offensively."

The kick-start came from junior forward Shirley Mc-Call, who finished with 19 points and nine rebounds. While JMU's offense struggled in the first half, McCall was everywhere, snagging loose-ball rebounds, posting against bigger players and running in transition. At halftime she was the only player for either team in double figures with 10

"She played fantastic," Brooks said. "We're going to need that production from her from here on out.

The Dukes also got another big game from Benvenuto, who passed out a career-high 12 as-sists. Her four fellow starters all finished in double figures. all finished in double figures. Alexis had a game-high 20, Young had 19 along with McCall. Junior shooting guard Lesley Dickinson added 12.
"They did a great job knocking down shots," Benvenuto said. "Sharing the ball like that and getting balanced scoring

from everyone is what we want to do."

The win, coupled with Hof-

stra's loss to Drexel, moved the Dukes into sole possession of second place in the Colonial Athletic Association. With one regular season game remain-ing, MU controls its own des-tiny as far as seeding goes in tiny as far as seeding goes in the conference tournament.

"It's a great feeling," said Alexis, who was honored before the game for scoring her 1,000th career point and breaking the school's rebounding re-cord last week. "The basketball gods were on our side today."

Women's Basketball **CAA Standings**

Conf./ Overal				
Old Dominion	16-0, 18-7			
JMU	13-4, 21-5			
Hofstra	12-5, 17-9			
Delaware	12-5, 20-6			
William & Mary	11-8, 15-11			
UNC-W	8-9, 14-12			
Drexel	8-9, 13-13			
George Mason	7-10, 11-15			
VCU	5-12, 12-14			
Georgia State	3-13, 8-17			
Towson	3-14, 8-18			
Northeastern	3-14, 7-19			

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MARCH IS WOMEN'S HISTORY MONTH WHAT CAN ONE WOMAN DO

TO CHANGE THE WORLD?

During a time of limited rights for women, Mary Baker Eddy (born 1821) founded the Christian Science Church in 1879 which has branches in 79 countries today. She was a spiritual leader and healer, a thinker, writer, publisher, speaker. In 1908, at age 87, she founded The Christian Science Monitor, an international

daily paper, winner of 7 Pulitzer prizes (to date). Her book Science and Health with Key to the Scriptures presents spiritual ideas and practical solutions.

Found on line at www.spirituality.com.

For news of women's accomplishments today visit www.csmonitor.com/women

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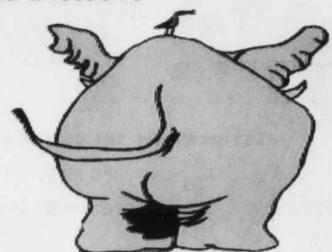
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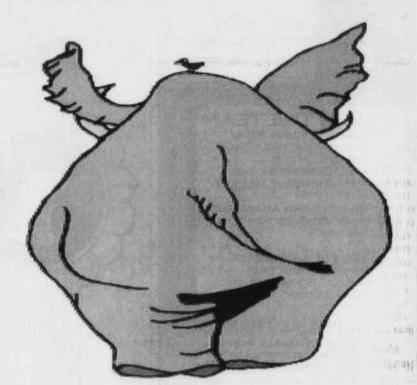
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