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Rockingham County Registrar’s Office extends absentee voting hours

By JAMIE MCEACHIN
The Breeze

On Nov. 2, the Rockingham County Voter Registrar’s Office will offer extended hours for Rockingham County and the city of Harrisonburg. Extending the hours, which has been in practice for five years, allows citizens to vote in-person absentee, an option created for voters who may be out of town, working or unable to reach their polling station during Election Day.

The registrar offers a total of four days with extended office hours. Saturday, Nov. 2 from 8 a.m. to 4 p.m. is the last day of the extended hours, and the last day voters can vote absentee in person before Election Day is Tuesday, Nov. 5.

Lisa Gooden, the director of elections for Rockingham County, said that state law requires the office to be open for two Saturdays before any general election — or at least two eight-hour additional days — while primary elections only require one Saturday prior to the election.

“Certainly, we want to serve folks sufficiently,” Gooden said. “We know that some are working and may not get home until after 5 p.m., so this is an opportunity for them to come in and exercise the right to vote during any election.”

In-person absentee voting is only an option at this location for citizens registered to vote in Rockingham County or Harrisonburg. If students are registered in their home precincts, they’re required to mail in absentee ballots or travel to their registered polling stations on Election Day.

Carah Ong Whaley, the associate director of the James Madison Center for Civic Engagement, said students are often confused or uneducated about their voting options during election cycles, which can limit their ability or motivation to participate.

“We need to do a better job overall of explaining why voting matters,” Whaley said. While motivation is the biggest factor in determining if a student will or will not vote, Whaley said, she also believes that a lack of knowledge about the voting process leads to low participation. The Center for Civic Engagement finds it necessary for students to be educated about all of their voting options, like in-person absentee voting, so they can evaluate their preferred method of participation.

Data from the James Madison Center for Civic Engagement shows that of the students who voted, 1,263 in 2014 and 3,936 in 2018 voted in person on Election Day. This means that of the total students who voted, 57.7% of students voted on Election Day in 2018 versus nearly 75% in 2014. Whaley said this is a significant drop for in-person numbers.

While the 2018 in-person rates may seem larger, this is due to the general increase in total voting in 2018; the 2018 absentee voting rate is much higher than the in-person voting, which can be mostly attributed to students being increasingly registered in their home districts and mailing in absentee ballots.

“We are finding that more students are registered when they get to campus,” Whaley said. “Students are in a unique position, that they can choose to register and vote in Harrisonburg or Rockingham or wherever their home locality is.”

That position gives students flexibility when they decide how they’ll vote if they’re informed about their voting options. Whaley said the James Madison Center for Civic Engagement believes in the importance of educating students in a non-pressured, classroom environment that allows educators to go through the election process.

Overall, the 2018 voting rates of JMU students show a significant increase from 2014, which can be attributed to civic engagement education and, possibly, increased interest and participation in politics of the student body. Ethan Gardner, a senior political science major, a fellow at the Center for Civic Engagement and the chairman for the Student Government Association legislative affairs committee, said he’s witnessed an increase in advocacy and political engagement on campus since he arrived in 2016.
“People often say that students are apathetic,” Gardner said, “But also, students are in a situation with the way the system of registration and voting is set up … every time you move, you have to register, but those processes aren’t always clear, and there’s arbitrary deadlines.”

Third-party organizations on campus approach students about registering in Harrisonburg, but Whaley said she believes they often register students to vote without the necessary information on the mechanics of the election process. Third parties focus on tabling around campus, which Whaley believes is less effective than classroom visits.

Whaley has found that students can have the motivation to participate in an election but find they can’t vote because they’re registered in the wrong location or are blocked by some other obstacle that could’ve been corrected. Gardner agreed that motivation to vote in fellow students often isn’t lacking — it’s the lack of information disseminated about voting options, such as the ability to vote in-person absentee with the office’s extended hours.

“In-person absentee and those processes to help remove barriers to voting are extremely important,” Gardner said. “But just as important is the communication of those options. Even as someone who is very, very active in this stuff, I still learn new things about how opportunities to vote work. It falls on the students to be informed, but it also falls on the registrar’s offices to be effectively communicating.”

CONTACT Jamie McEachin at mceachja@dukes.jmu.edu. For more coverage of JMU and Harrisonburg news, follow the news desk on Twitter @BreezeNewsJMU.

The registrar offers extended voting hours for a total of four days.
Harrisonburg City Public Schools look to incorporate solar energy through potential grant

By MATTHEW SASSER
The Breeze

Harrisonburg City Public Schools is taking steps toward installing solar panels at Bluestone Elementary as an alternative to fossil fuels. To secure funding, HCPS is attempting to work with the Harrisonburg Electric Commission to secure a grant.

“It’s a good way to demonstrate to those students at a young age the importance of renewable energy,” Brian O’Dell, the HEC general manager, said.

“Anything generated renewably offsets anything that would be generated that’s carbon-based.”

Andy Kohen, vice chair of the Harrisonburg City School Board, said that the installation and panel costs would be funded through the grant. The school system would own and maintain the panels with either the grant money or school funding.

“It’s my personal hope that once this is arrived at ... a final agreement, it will be the first of many steps,” Kohen said. “It’s in the interest of the schools, the city of Harrisonburg and probably the planet to use as much non-fossil fuel energy as possible.”
An agreement contract has yet to be reached between HCPS and HEC. A motion was made and approved unanimously for the leadership of the school system to go forward with the conversation about this project in October by the school board. The timing and funding for the project are still to be determined.

Augusta County Public Schools has a 20-year contract with Secure Futures, a solar developer based in Staunton. They placed the solar panels on-site with no upfront capital cost. Eric Curren, chief marketing officer at Secure Futures, said very few public school systems previously used solar panels because they couldn’t obtain the tax credit that many private companies and homeowners use. Secure Futures uses the tax credit as long as the schools use the solar panels.

Secure Futures, a for-profit company, owns and places the solar panels on the roofs of their schools. They operate differently than the HEC. Secure Futures operates the panels for 20 years and sells the schools the electricity. The school only pays the monthly electricity bill.

Curren said he expects solar panels to be more widespread in the future. The price of solar energy has decreased by 85% in the last 10 years and has the potential to be cheaper than coal or natural gas, Curren said.

Greg Troxell, the director of maintenance and operations for ACPS, was tasked to find out more information about putting solar panels into their school system last year. He looked into Albemarle County Public Schools, which had done work involving solar energy.

Secure Futures projected that ACPS could save $20,000 to $25,000 a year with the current solar energy project. It’s currently a year into the operation, so exact numbers aren’t available yet.

The electric bill for the 18 buildings of ACPS is $2 million. About 20-30% of the energy in its county is produced by solar energy.

It’s not just an economic investment for ACPS. Teachers are trained in teaching students about solar energy, which is SOL compliant. On the students’ Chromebooks, there’s a solar monitor that students can see each day.

“For us, it’s the big three,” Troxell said. “Saving money, being good stewards of the environment and the education component — it’s a win-win for everybody.”

CONTACT Matthew Sasser at sasserm@dukes.jmu.edu. For more coverage of JMU and Harrisonburg news, follow the news desk on Twitter @BreezeNewsJMU.
Emotional support animals assist JMU students who have mental illnesses

By CHRISTIAN LOVALLO
The Breeze

Emotional support animals, most commonly cats or dogs, are intended to help those who have mental illnesses. They aren’t to be confused with service animals, which provide care for those who have physical disabilities, such as blindness. Nevertheless, depression and anxiety are widely known as common among college students.

JMU’s Office of Disability Services allows students to register an emotional support animal with the help of a clinician. However, some students said they wanted to see a smoother registration process in the future.

Elaina Coviello, a junior health sciences major at JMU, said she’s dealt with suicidal thoughts and depression in the past. She also felt she wasted time filling out paperwork, but other than that, Coviello was happy working with ODS.

“It was honestly really hectic,” Coviello said. “The day I got approved was the day I got my service dog, so almost two and a half months to approve me, it’s a never-ending cycle of paperwork.”

Although some students like Coviello express frustration over the approval process, ODS claimed that the need for improvement falls on the clinicians who communicate with the office. Valerie Schoolcraft, the director of ODS, said she sees a need for clarity between JMU and the medical experts working for students with disabilities. She said the relationship between the students, clinicians and ODS must all be clear.

“The technical premise of assistance animals and emotional support animals through the Fair Housing Act is a more casual phrase used by some practitioners,” Schoolcraft said. “I would really like to see thoughtfulness on the part of students and their therapists when thinking through these issues.”

In recent years, the issue of mental health has been a popular topic of conversation on college campuses. To help with this, JMU hosts events for students who face stress, anxiety or depression. The Counseling Center, despite its recent changes to its individual and group sessions, helps many students cope with their mental health difficulties.

Jenny Baumgarten, a JMU alumna (’19), said she’s faced depression during her time in college, so she got an emotional support cat for her last semester of school. Baumgarten thinks the reason for a higher rate of emotional support animals on campus is due to the stress students constantly face.

“I would say that college times tend to be a really low point for people — excess stress, being away from family, not having a normal support system,” Baumgarten said. “This is probably the most stressed-out group of young adults that have a lot of mental needs.”

Coviello offered a broader reason, focusing more on mental health, as to why this may be happening.

She recalled her work as a health sciences major and criticized the roles modern technology and social media play toward mental health.

“For me, I don’t want to say I’m biased, but I definitely think that because mental illness is so prevalent now, we’re much more open to the conversation,” Coviello said. “Having all this technology is increasing mental health problems in students, looking at Instagram and comparing themselves and feeling bad about themselves.”

However, for Coviello, being allowed to have an emotional support dog on campus, regardless of the stress that came with registering it, had greatly paid off in the long term.

“Ever since I got her — it sounds so weird — but my life has gotten literally so much better,” Coviello said. “They could read your energy, and it changed my life, getting my dog.”

CONTACT Christian Lovallo at lovallca@dukes.jmu.edu. For more coverage of JMU and Harrisonburg news, follow the news desk on Twitter @BreezeNewsJMU.
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**Doubletake**

**Toward a not-so-selective service**

A sarcastic “thanks-family” dart to the fact that I’m obsessed with Tik Tok.

From a guy who downloaded it as a joke and now sees no escape.

A “please-don’t-hit-me” dart to the car that whipped into the crosswalk while I was walking.

From someone who’s joking when she says she wants a reason not to go to class.

A “please-don’t-hit-me” dart for kicking me off the Hulu account I’m paying for.

From someone who shouldn’t have shared the password with my sister, who inevitably shared it with my mom, who inevitably shared it with my dad and so on.

A “DAY-MADE!!!” pat to the kitty wandering around outside my apartment. She wouldn’t let me pet her, but I’m grateful nonetheless.

From someone who hopes she wasn't actually lost, because in that case, this is actually a dart.

A sarcastic “thanks-family” dart for making the Selective Service to System gender-neutral in 2017. According to Stars and Stripes, a military newspaper from the Department of Defense, The National Commission on Military, National and Public Service is currently evaluating the DOD’s proposal and will release a report detailing their findings soon. If the government moves forward with expanding the Selective Service to include women, then one of the final examples of institutional sexism will finally be toppled.

One of the common arguments used against these proposed changes is that women aren’t strong enough to fight on the front lines. Although this view may sound like an antiquated and patronizing quote from an episode of “Mad Men,” this is the belief of many who oppose an egalitarian draft. A recent study from the Journal of Applied Physiology found, on average, men may be more biologically capable of carrying more weight and handling greater physical strain, but these are simply averages that don’t tell the full story. According to NPR, most recent studies about military readiness show that most young Americans aren’t fit for active duty. The truth is that, regardless of biological differences, most men will struggle to meet the incredibly strict active duty standards, but this fact hasn’t stopped the government from enlisting these physically challenged male civilians. Even if women were to be drafted, it’s important to remember that not every recruit ends up on the front lines. Many roles in areas such as medicine, transportation, logistics and infrastructure construction don’t require the use of weapons while also serving in a role that supports the U.S.

Another argument against females in the draft centers on the rise of sexual assaults in the already coed volunteer army. In 2013, Medscape reported that 25% of women in the military had been sexually assaulted, while 80% had been sexually harassed. These are morally reprehensible statistics that warrant serious oversight and reform; however, they don’t mean women shouldn’t be allowed to serve. NPR reported that nearly 38% of women have reported being sexually harassed at their workplace, yet most don’t argue that women shouldn’t be allowed to have a job. The solution to rampant sexual assault isn’t to renege on the advancements of women’s equality; it’s to confront the problem and punish those creating such a toxic atmosphere.

As evidenced by the international women’s marches and the record number of women elected to Congress recently, women are becoming more involved in the political process, which is a wonderful thing for American democracy. Women are using the rights gained through a century of sacrifice and hard work by the women before them to continue fighting for more rights and a greater voice in public discourse. In a country that consistently has one of the lowest voter turnouts in the free world, we should applaud the number of women who perform their civic duty.

All that said, equal rights are an all or nothing situation. One can’t choose which rights and responsibilities are desirable and which aren’t because that creates a fundamentally unjust society where certain citizens are required to give up more for the same rights as others. The Selective Service may be outdated and unnecessary, but it teaches us that citizens’ rights and freedoms are incredibly valuable commodities that aren’t free. If we aren’t prepared to die for those rights, then how much do we really value them?

Charlie Jones is a freshman public policy & administration major. Contact Charlie at jonescr@dukes.jmu.edu.

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The Breeze reserves the right to edit submissions for length, grammar and if material is libels, factually inaccurate or offensive. The Breeze assumes the rights to any published work. Opinions expressed in this page, with the exception of editorials, are not necessarily those of The Breeze or its staff.

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**Darts & Pats**

Want to praise someone or get something off your chest? Darts & Pats is the place to do it. Submit your own at breezejmu.org.

A “please-don’t-hit-me” dart to the car that whipped into the crosswalk while I was walking.

From someone who’s joking when she says she wants a reason not to go to class.

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Drafting women would accomplish nothing

SOPHIA CABANA

The draft, when instituted, has never left a good mark on a generation. Possibly pulling thousands of young men out of society, sending them to their imminent deaths, using most as nothing more than cannon fodder and sending those who survive their tour back home with PTSD and debilitating physical deformities is absolutely terrible for the entire nation. Some people believe it would be less terrible if the reach of this selection process was broader and young women were involuntarily thrown into the clutches of war alongside young men, but increasing the scope of an evil by making it more egalitarian doesn’t make it less morally repugnant.

Drafting women would compound the problem of sexual assault in the military, lead to more brutal battles with higher casualties and, ultimately, harm the potential population growth of the United States, which would multiply any pre-existing labor shortages and stagnate or slow future economic growth. Equality, while a noble goal, shouldn’t be the sole measure by which the goodness or badness of a policy is evaluated.

With regard to sexual assault in the military, it’s a problem even among women who are physically trained to DoD standards and willingly enlisted; about one in 16 servicewomen was sexually assaulted in the most recent reporting year, according to a DoD Annual Report on Sexual Assault in the Military. The report is only indicative of women assaulted within a year of the reporting period — in this case, the 2018 fiscal year — and thus doesn’t measure the total percentage of servicewomen assaulted within any time frame.

In the Marines, the military branch with the highest rate of sexual assault, an estimated one in nine servicewomen was sexually assaulted that year. If even well-trained and experienced servicewomen who willingly fight for their country face a significant threat of sexual assault from their male comrades, young women with less physical preparation and training — such as those drafted into the armed forces against their will — would likely face a much larger threat.

There are also cultural factors that must be taken into account regarding the adversary in war. While women are certainly just as capable of shooting a gun as men, and some women are even lethal in close combat, the odds are stacked against them. This isn’t just due to the fact that the average man is larger and stronger than the average woman, but it’s also due to the fact that enemy soldiers from highly patriarchal and hypermasculine cultures may fight harder against female soldiers. Male adversaries from more misogynistic cultural backgrounds are generally unwilling to surrender to battalions containing women, meaning that such adversaries will more readily fight to the death against coed or predominantly female groups of soldiers, resulting in more brutal battles. This may be one reason why England’s Tri-Service Review found that combat groups containing women experienced higher casualties than those containing only men. Thus, young women drafted into the armed forces would have a lower survival rate than young men through no fault of their own.

Hypothetically, even if the casualties sustained by young men and women were equal, the female casualties would take a more severe toll on the health of the U.S. population. Modern western society is deeply removed from nature, but cultures with a practical understanding of nature have valued female and male lives differently in the past.

According to JSTOR.org, in many indigenous tribes on the great plains of North America, both men and women were skilled in horsemanship, bow and arrow hunting and other useful skills. Yet, typically, only men went out on buffalo hunts because of how lethal buffalo are. If a party of 10 men went out and seven came back, the village would be largely unaffected. Yet, if a party of ten women had gone out and only seven returned, their deaths would be more acutely felt.

This may seem unfair or even sexist toward men, but when men die, they don’t reduce the ability of the group to produce more children. A group with 10 men and 20 women can produce as many offspring as a group with 20 men and 20 women, and this is true of every mammalian species. The number of healthy young women in a population is a major indicator of that population’s potential for growth, so drafting women aged 18 to 25 into the armed forces and likely exposing them to a higher risk of mortality than their male counterparts would affect the U.S. population more severely than drafting only men.

If the U.S. were ever desperate enough to reinstate the draft, it would mean one of two things; either the cause of war is so foolish and unjust that the nation can’t gather enough willing soldiers, or the war in question is a war for survival requiring as many soldiers as possible to prevent the destruction of the nation. If the cause of the war is unjust and foolish, then we shouldn’t be fighting it. If the war is of existential importance, then drafting women would be counterproductive and would actually hasten our annihilation. I can imagine no situation where drafting women would ultimately yield a better result for the nation than drafting only men.

Sophia Cabana is a senior history and independent scholars double major. Contact Sophia at cabanasl@dukes.jmu.edu.
With midterm season in full swing, some students are feeling the pressure to earn the best grades possible while balancing extracurriculars, social events and daily activities. This struggle stems from multiple tests — which are worth significant portions of students’ grades — being proctored throughout the same week, with many even falling on the same day.

Although this method of testing is common among American colleges, there are many ways the process of scheduling midterms and finals can be improved in order to save students from feeling anxious and overwhelmed. One solution that would benefit students is permitting them to schedule their own finals within a given time frame. Instead of piling five finals into three days, students could schedule themselves to take one final each day of the school week. But, what are the long-term benefits of taking the time to implement a program like this?

Perhaps the largest benefit of putting the onus on students to complete their finals in an organized and timely manner is that students will cultivate their time management skills. Piedmont Technical College reports that 90% of college students procrastinate and that, of this figure, a quarter of such students never effectively learn how to manage their time.

If students had the responsibility to create their own study schedule and arrive punctually at their designated test-taking facilities, it could begin to instill the importance of time.
Through implementing this finals system, JMU would also be able to highlight the impact of prioritization. By having free reign over the way they approach finals, students will become well aware of the effects of hard work and understand the consequences of slacking off. Grades will rely on the student’s dedication to the class and capability to put school before friends and social events. Students will gain time management skills and learn effective prioritization, which are qualities many companies value in potential employees.

Schools such as Washington and Lee in Lexington, Virginia, already allow students to report to designated testing centers when they feel confident that they’re ready to test. The advantages they’ve seen include a tighter bond between students and faculty who collaborate to uphold the Honor Code as well as greater student accountability when it comes to academic honesty and integrity.

Beyond just the students, this system wouldn’t be taxing on professors. Professors would be able to submit their finals to a variety of testing centers where students could easily sign in, take the test in a proctored room and submit the test when they’re finished. There would also be a lower likelihood of cheating and a higher degree of comfort for students, as they’d be working with fewer people around them than if the entire class tested at once.

Students scheduling their own finals would take pressure off professors to administer an exam to lecture halls full of students, instill time management and effective prioritization in students and would be a relatively easy solution to institute. Administration should definitely take a look into implementing a revised, student-run finals schedule.

Liz Riccio is a freshman media arts and design major. Contact Liz at riccioem@dukes.jmu.edu.
PRESENTS:

ROSEMARIE ZAGARRI
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Suit yourself

Colorful suits should be a regular part of mens’ fashion, not an anomaly

SOPHIA CABANA | liberté

There’s an insidious plague eating away at American society from the inside out. The populus is almost universally infected, and this terrible affliction has resulted in a great black spot on fashion history, the likes of which has never before been suffered by man. Julius Caesar didn’t have this sickness as he rode triumphantly through Rome in a fabulous royal purple and gold-embroidered toga, nor did George Washington as he defeated the greatest military power of his time while wearing his snazzy banana-yellow breeches. President John Adams was certainly not touched by this affliction as he sat for his official presidential portrait in a rich red suit. The issue is color, or more accurately, a lack thereof. Men’s fashion is absolutely bland and soulless these days — there are no billowing capes, ruffles or vibrant colors. This may sound obvious and natural, and the opposite may sound ridiculous, but that just shows how completely the sickness has taken hold.

see COLORFUL SUITS, page 16

Stylish suits showcase personality and are much more attractive to the eye.
COLORFUL SUITS  Boring
black suits shouldn’t be the default

from page 15

The absence of color in men’s formal wear is a startlingly modern trend, yet most people probably wouldn’t hesitate to say this is simply how things have always been. Even in the 1970s, men would go out in colorful suits, but modern society has deteriorated so much that nobody wears snazzy coral pink or mint green suits to go out to the disco anymore, maybe because we don’t even have discos anymore, either. We are truly living in dark times.

I can live with the fact that I’ll never see a man galavant victoriously through the streets in a purple toga, but I absolutely can’t live with the harsh reality of going to formal events and seeing nothing but an endless wave of miserable black suits.

I’m convinced that when Nietzsche spoke of staring into the abyss and feeling the abyss stare back, he was actually referring to what a young woman experiences as she searches for her date to a formal event in an endless sea of black suits. The abyss stares back at her as she awkwardly makes eye contact with at least three men who are most definitely not the man she’s looking for but may as well be from a distance because every man at the event looks the exact same in their dismal formal wear.

Young women have some degree of liberty when it comes to their formal clothing; they can wear any color or opt for a mysterious all-black look, they can go big and fluffy or wear something tight and they can even wear suits of their own. Men, on the other hand, are forbidden from having any fun whatsoever by societal expectations, which conspire to make men look and act as boring as possible.

Honestly, this lack of color is boring at best and poses other concerning problems. I hear frequent complaints about how dry, unexpressive, cold and insensitive men can be, yet nobody is willing to give men a chance to be anything other than this. These men were conditioned to be empty, and in my humble opinion, encouraging men to express themselves as unique individuals is a good way to avoid or undo this. It’s also my humble opinion that the use of colorful suits may be the sexiest way to nurture masculine self-expression, and it’s definitely much more fun than sending this whole generation of men to emotional therapy.

I generally like how men look in suits, but I think it’s about time we spice it up a bit. I really want to see men in baby-blue suits, men in suits with fun prints or patterns, men in fuchsia, persimmon or red suits. I want to see men in lilac, emerald and, best of all, banana-yellow. I want men to stop being boring and be groovy instead. I want to see more pictures of male models smiling with little laugh lines around their eyes and fewer pictures of them smoldering with furrowed brows. I want men to have more emotionally authentic conversations with women and with each other. I want to be greeted by a refreshing wave of color rather than a cold abyss of darkness when I walk into any given venue, and I want the disco-ball to be there, too.

Sophia Cabana is a senior history and independent scholars double major. Contact Sophia at cabanasl@dukes.jmu.edu.

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OFF ANY BREAKFAST BURRITO

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Local coffee shops in the ‘Burg popular among JMU students for their one-of-a-kind cups of joe

By JAKE CONLEY
The Breeze

Coffee: it’s the lifeline of business professionals who drink classic drip, millennials who gulp cold brew and hipsters who flip pour-over. With a mix of mass and maine as well as an equally high-brow community of aficionados, “coffee culture” has gone from an underground community of enthusiasts to an international movement heralded by the green and white mermaid.

Whether one’s content with Keurig cups or has the exact ratio of grounds to water needed to make cold brew in a French press memorized — I’m not ashamed to admit that I’m one of those people — the ‘Burg’s coffee scene has something for everybody.

Black Sheep Coffee

When walking into Black Sheep Coffee Co., visitors are greeted with what can only be described as the coffee-based version of a peaceful Apple store. An open floor plan, wide wooden tables and sparse rustic decoration create an environment that’s both modern and chic at the same time. With an extensive list of both pour-over and espresso-based options, complemented by an equally impressive offering of flavors to choose from, the shop boasts enough variety to satisfy even the pickiest coffee drinkers. For the coffee connoisseur, Black Sheep Coffee Co. is the place to be in the ‘Burg.

The espresso:

The shop’s single origin espresso is sourced from Ethiopia, a country known for its bright-bodied coffee, and the beans used at Black Sheep don’t disappoint. It holds a misleadingly ashy aroma, but the first sip dispels any doubts of taste. Each shot boasts a fruit-filled body with strong notes of citrus and jasmine, brightly acidic in its finish. Even with such heavy notes, the body errs on the lighter side, leaving a tangy — and very clean — aftertaste.

Drink to try: vanilla latte

Black Sheep accomplishes a perfect blend of espresso, steamed milk and vanilla syrup that creates an intensely rich yet delectably smooth cup. To top it off, the latte art makes it feel like a drink straight off VSCO, perfect for sipping while reading through the latest edition of The New Yorker.

Greenberry’s Coffee Co.

Greenberry’s Coffee Co. is so close to campus that it might as well be labeled on the maps in the admissions office. Located right behind the School of Art, Design and Art History’s ArtWorks Gallery, the unassuming white building houses a quaint coffee shop. With its plentiful two-person tables and a counter covered in posters advertising study abroad trips and local bands, the shop fits in perfectly on campus and is suited to the college student who goes for a relaxing coffee and bite to eat with friends. For anyone who wants to try brewing their own caffeinated beverages at home, I recommend picking up a bag of the Greenberry’s house blend whole beans.

The espresso:

While the country of origin is unspecified, Greenberry’s uses Arabica beans, a variant of the coffee plant often characterized as being sweet and full-bodied, and the shop’s espresso delivers. The shot’s aroma is dry and sweet, and upon tasting, the profile presents as earthy, with notes of walnut and — as predicted — chocolate. Partially due to the nature of Arabica beans, Greenberry’s espresso isn’t bitter at all, instead indulging the consumer in a full body and soft finish that cut emphasize the nut-based tones.

Drink to try: toffee and cream cold brew

Cold brew has become a staple of the modern coffee scene, and it seems that every cafe has its own version of the original form. Greenberry’s toffee and cream cold brew finds a delightful balance of toffee flavoring and the influence of the brew’s original profile. Almost candy-like in its sweetness, it’s the perfect drink for the person who wants to order coffee but, in reality, enjoys the smell of it more than its taste.

Broad Porch Coffee Co.

Hidden inside the Agora Downtown Market, Broad Porch Coffee Co.’s simple bar and sitting area might not constitute a fully fledged cafe, but it still manages to evoke a similar atmosphere. Its chalkboard menu — a staple of the modern cafe — and simply designed wooden furniture create an ideal spot to sit and get that essay done while still encouraging community and conversation. For someone downtown looking for a quiet place to sit and enjoy good coffee, Broad Porch is a safe bet.

The espresso:

Using a blend of Colombian and Honduran beans, Broad Porch’s espresso delivers a light body with a mix of berry and earthy notes. Although the signature sweetness of Colombia takes the mainstage, the chocolate undertone of Honduran beans makes its presence known in a subtle, yet still present, way. Only adding to the shot’s delicacy, its acidity is low and understated, leading into an easy finish that sits mildly on the tongue. Not incredibly citrus-based or earth-based, the espresso at Broad Porch is perfect for those looking for a middle-of-the-road, mellow shot.

Drink to try: cortado

Composed of equal parts of espresso and steamed milk, the Spanish drink offers a strong espresso taste that’s slightly tempered by the sweetness of the milk. With no syrup and a heavier coffee presence than a latte or cappuccino, the cortado is a drink made for those who want a sippable version of an espresso shot without the trademark bitter qualities.

Local coffee shops in the ‘Burg popular among JMU students for their one-of-a-kind cups of joe

By JAKE CONLEY
The Breeze

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Located in the heart of downtown Harrisonburg, Shenandoah Joe finds its place nestled under the expanse of the Urban Exchange apartment complex. Industrial architecture, plenty of seating spaces and outlets, and a menu written in chalk on the wall next to the counter all serve to create a quintessential millennial coffee shop perfect for those looking to find a city life feeling in Harrisonburg.

The espresso:
Out of the several blend options, I chose to sample the “Dark Horse Espresso.” Seemingly named for its dark — almost French — roast qualities, the rich essence of the “Dark Horse” can’t be overstated. The shot’s floral aroma presents notes of bergamot and chocolate, and the flavor is equally audacious, precisely balancing citrus and other fruit-based notes with a chocolate undertone. Each sip boasts a balance in its bright acidity and delicate bitterness that provides the espresso with a light-bodied character often lost in a dark roast. The “Dark Horse” is both tangy and sweet in its finish and would pair well with a chocolate-based espresso beverage such as a mocha. Though the country of origin of Shenandoah Joe’s Arabica blend is unspecified — my guess would be Tanzania or Kenya — both known for producing coffee with high acidity and intense, fruit-based notes.

Drink to try: any single origin blend
Shenandoah Joe’s wide variety of single origin coffee options offer customers the chance to experience coffee from most of the major coffee-producing countries in the world. I’d recommend trying a variety of the single origin beans until one finds the country whose profile delivers the best cup of coffee for them, whether it be from Burundi, Guatemala or any other place on the shop’s menu. For the adventurous coffee lover looking to expand their palate, Shenandoah Joe is the shop to try.

CONTACT Jake Conley at breezecopy@gmail.com. For more on the culture, arts and lifestyle of the JMU and Harrisonburg communities, follow the culture desk on Twitter @Breeze_Culture.
Female-focused future

Women In Technology creates community for females in STEM

By ALEXA FITZPATRICK
The Breeze

Sounds of computer keys tapping, mouses clicking and drones whirring echo through the Integrated Science and Technology building. Inside classrooms, groups of high school and middle school girls gather to learn about computer science. Led by JMU students, participants engage in sessions where they’re taught to design, program and code.

The event is called D.I.G.I.T.A.L., which stands for Dukes Inspire Girls Into Technology Across Limits. Run by Women in Technology at JMU, D.I.G.I.T.A.L. provides an opportunity for girls in grades 6-12 from the Harrisonburg community to participate in technology-based activities.

Members of WIT hope that participation in the event will empower girls to study STEM when they go to college. A majority of professionals in the Science, Technology, Engineering and Math, or STEM, fields are male. D.I.G.I.T.A.L. aims to break that construct, encouraging young women to pursue careers in technology such as computer science, engineering and computer information systems.

Jenna Horrall, a junior computer science major, circles a room full of young women using tablets, pausing every few minutes to offer advice. In this class, she teaches them to program a mobile app using an online computer programming platform called the MIT App Inventor.

As the conference chair for WIT, it’s her responsibility to plan and organize D.I.G.I.T.A.L. Horrall said the event exposes young women to technology that they may not have the opportunity to experience at home or at school.

While being introduced to new concepts such as computer hacking, drone operation and online coding, participants are encouraged to explore different aspects of technology. Horrall said she wants girls to develop personal interests in technology based on what they learn at D.I.G.I.T.A.L. After attending her session, some participants approached Horrall and asked if they could use the MIT App inventor at home to practice programming on their own.

“I wanted to inspire young people,” Horrall said. “Because technology is just such a great field to be in, and I feel like it’s lacking females. There’s so much creative and technological talent that’s missing from the field.”
“Women are a minority in the technology field, and right now, we need a lot of diversity in technology.”

Mandy Pearce
Women In Technology president

WIT hosts D.I.G.I.T.A.L. every fall semester, but the club remains active throughout the year. Composed of both male and female members from a variety of majors, WIT creates a community of students who want to encourage female growth in STEM.

Dee Weikle, a computer science professor at JMU, oversees WIT as the club’s faculty adviser. She said it began over seven years ago as an organization for women to talk about what it meant and what it felt like to be a woman in STEM. As the faculty adviser, Weikle said that interacting and mentoring the club members is the best part about being involved with WIT.

Weikle said there aren’t as many women studying technology as men at JMU. In her last survey of students in introductory computer science classes, Weikle said that only 17% of the students were female.

“We can feel isolated,” Weikle said. “I think that having a group where we can come and get together and talk to each other and support each other really makes a big difference.”

Weikle said that gender disparities exist in male-dominated fields like STEM that prevent women from being seen or treated as equals. Weikle added that microaggressions — subtle acts of prejudice against minorities — can lead to a woman’s input being overlooked.

Weikle said that most people working in STEM want women in the workplace, but they’re often unaware of their biases. Through WIT, women and men can become better equipped to handle gender dynamics in professional settings.

Club President Mandy Pearce, a senior computer science major, joined WIT her freshman year. She said that at times she’s been the only girl in her classes, which made it difficult for her to form female friendships in her major. Involvement with WIT helped her find a community of women in STEM.

“We are a minority in the technology field, and right now, we need a lot of diversity in technology,” Pearce said. “Our mission is to encourage women into technology, empowering them and giving them a community where they can reach out to other women for help or friendship.”

In a field comprised mostly of men, Pearce said that it can be hard to fit in. Through WIT, women in STEM at JMU are able to have a place where their voices are heard.

“It is hard to break in and to change things,” Weikle said. “But I am convinced it can happen.”

CONTACT Alexa Fitzpatrick at breezevideo1@gmail.com. For more on the culture, arts and lifestyle of the JMU and Harrisonburg communities, follow the culture desk on Twitter @Breeze_Culture.
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Thursday, October 31, 2019

PHOTOS COURTESY OF TAYLOR AUSTIN

was only home for 10 days before he moved training graduation in April 2018. After that, he

During her freshman year in 2018, Buchanan and Harrisonburg for an hour and occasionally stays up until 3 a.m. for work.

The decision was made, but they had very limited time to make it happen. Since Sydney had a week of classes left in the spring semester, they decided to get married the Friday before exams began. They’d spend the weekend together, and he’d drive her back to campus for her final on Monday. He’d leave for Hawaii the same day.

The day after Dillon’s graduation, Sydney rushed to the local David’s Bridal to pick out her dream wedding dress before school the next day. She only had 15 minutes until it closed, but the employees stayed open late just for her. She fell in love with a simple all-lace gown. She ordered a lavendar belt with a little flower on the front for a small, personal detail, as purple is her favorite color and matched the wedding reception’s decor.

“Everything just lined up so perfectly and fell into place that I just knew that it was God telling us that this is what we were supposed to do,” Sydney said. “I was never doubtful at all.”

Their youth pastor married them in the church Dillon grew up at in Buchanan. It was a small family wedding, and Sydney walked down the aisle wearing Dillon’s grandmother’s pearl necklace and her grandmother’s pearl bracelet. Joel Martin, her best friend who attends Virginia Tech, skipped her Friday class to be Sydney’s maid of honor.

But for now, every day until Dec. 12, Sydney will continue to count down the days until Dillon comes home. In her room, she has a whiteboard where she keeps track of the days left. Each morning she erases it and writes a new one, one less than the day before.

Neither of them have time to worry about judgment with the Army constantly throwing “unexpected twists and turns” at them. Being long-distance doesn’t make that any easier.

Married to a soldier

JMU senior fights the stigma of early marriage, lives with long distance military relationship

By KAILEY CHENG

The Breeze

Sydney Brown is always subtracting six. She counts on her fingers. It’s 6 p.m. in Buchanan, Virginia, so it’s noon in Wahiawa, Hawaii, where her husband lives. She slips on her purple floral muumuu, races downstairs to the basement, sinks into the couch, whips out her laptop and clicks the FaceTime app.

There’s a few low-pitched beeps, then a blue-eyed boy picks up. She sighs. She can’t wait for her husband’s face to be real — not on a computer screen. It’s been two-and-a-half months since she’s seen him in person.

“I just wanna snuggle and watch The Office,” she tells her husband, Dillon.

Despite being 4,706 miles apart, they still watch “The Office” together. Tonight, they’ll watch the “Dinner Party” episode.

“OK, are you ready?” Dillon asks.

“Yeah,” Sydney says. She looks up from her laptop and picks up the remote. “Three, two, one, play.”

The two attempt to click the play button at the same time. Dillon listens to both his and Sydney’s TVs through FaceTime to see if they’re synced up to the same scene.

“OK. Hit pause and then play, really quick,” he says.

“OK. Is it good now?” Sydney asks.


This is a regular Friday night for Sydney, who’s 20. She FaceTimes Dillon, who’s 21, every day and occasionally stays up until 3 a.m. waiting for him to return from work.

Sydney’s married to a soldier. Dillon’s stationed in Hawaii as an Army combat engineer. The most challenging part of all is that Sydney, a senior communication sciences and disorders major, is still attending JMU to be Sydney’s maid of honor.

“Not your average wedding”

Dillon proposed to Sydney at his basic training graduation in April 2018. After that, he was only home for 10 days before he moved to Hawaii. But he said that on his way home, he couldn’t stop thinking about Sydney. He wouldn’t see his fiancée for an entire year since they wouldn’t be living together. He came up with a solution.

“Let’s get married before I go to Hawaii,” he texted her.

“HAHAHAHA,” she responded.

But when they arrived home and talked in person, it all made sense. If they were married, she’d be able to live with him in Hawaii, and he’d be able to get a house and better military benefits. Plus, they’d been wanting to get married for the past four years, anyway.

“We had known each other forever and knew we wanted to get married for a long time,” Dillon said. “So, it wasn’t your typical, ‘Hey, I just met you, but marry me’, type of Army marriage.”

According to the U.S. Census Bureau, in 2018, the average age for women to marry was 27.4 years old, and for men, it was 29.5 years old. Sydney said she’s certain there’s a stigma for marrying young, especially now when younger generations are marrying older. Even her mother — who married at 17 — told her to prepare to be judged.

“It really is a thing where people think you’re absolutely crazy,” Sydney said. “Once you get married, that’s kind of the end to your freedom and your fun. I really think that’s how they see it when, really, that’s not how it is.”

The stigma is especially prevalent among her peers in college. People see marriage as being stuck to one person and losing the “college experience.”

“If you get married, that’s kind of the end to your freedom and your fun,” Sydney said. “I was being killed to get married.”

But for her, Dillon isn’t taking away from her time at JMU. She said the way she and Dillon live and love each other proves these stereotypes wrong. Plus, her idea of the “college experience” has always been different — she came to learn, not to party.

The stigma

Marrying at 19 years old didn’t matter to Sydney. But to others, it did.

The Browns don’t have time to worry about judgment with the Army constantly throwing “unexpected twists and turns” at them. Being long-distance doesn’t make that any easier.

Since Dillon isn’t on his own schedule, it can be challenging keeping Sydney up to date.

Martin said that Sydney has lost sleep. If she has an exam the next day and Dillon gets home after midnight, she’ll still stay up to see his face and hear his voice.

“The Browns don’t have time to worry about judgment with the Army constantly throwing “unexpected twists and turns” at them. Being long-distance doesn’t make that any easier. Since Dillon isn’t on his own schedule, it can be challenging keeping Sydney up to date.”

The days left

The couple hopes to move to North Carolina, where Sydney plans to get her doctorate at UNC-Chapel Hill. Dillon is thinking about reenlisting with the National Guard but is still figuring out what he wants to do in the Army. In the end, the Army has changed their lives.

“It turned my world completely upside down and is teaching me a lot about patience and letting go and letting things happen the way they are supposed to happen,” Sydney said.

But for now, every day until Dec. 12, Sydney will continue to count down the days until Dillon comes home. In her room, she has a whiteboard where she keeps track of the days left. Each morning she erases it and writes a new one, one less than the day before.

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The Dukes will rest this weekend on a bye week.

By JAMES FARIS
The Breeze

JMU football sits at 8-1 (5-0 CAA) three-quarters of the way through its regular-season slate in head coach Curt Cignetti’s first season. The Dukes will rest this weekend on a bye week before closing the regular season with home games against New Hampshire (4-3, 3-1 CAA), Richmond (4-4, 3-1 CAA) and a road trip to face Rhode Island (1-7, 0-5 CAA).

Cignetti has built upon former head coach Mike Houston’s work and has the Dukes rolling in all three phases of the game. However, JMU showed promise last season before a disappointing showing in the FCS playoffs, evidenced by a 23-20 loss to No. 8 Colgate, disappointing showing in the FCS playoffs, evidenced by a 23-20 loss to No. 8 Colgate, which lost 35-0 to No. 1 NDSU in the next round.

In that season-ending loss to the Raiders, JMU’s defense couldn’t get off the field and stayed on the field for 35 minutes — a 10-minute deficit compared to its opponent — while redshirt senior quarterback Ben DiNucci had five interceptions.

As the playoffs draw closer, it’s time to examine where JMU has improved from last season in terms of time of possession, quarterback play and turnovers — areas that cost it in the 2018 FCS postseason.

Time of possession

The last few seasons of college and NFL football have highlighted many trends; among them is that playing better defense means playing less defense. Teams must win time of possession by sustaining drives with their offense to keep their defense rested and off the field.

Simply put, time of possession correlates to wins and better defensive play. The 10 leading teams in time of possession all have .500 or better records in both the FBS and NFL, with combined records of 59-18 and 58-19, respectively. By comparison, the bottom 10 in that category have a combined record of 33-43 in the FBS and 21-53-0 in the NFL.

Finally, the top 10 leaders in time of possession have, on average, a total defense ranked 12.8 out of 32 teams, while the bottom 10’s average is 24.8.

Given that correlation, it’s unsurprising to see that JMU’s success controlling the clock in 2019 has led to a two-game improvement over its 6.3 record through nine games in 2018. The Dukes have had possession for an average of 31.58 minutes per game this season, or 53.3%, up from 49% last season.

Interestingly, JMU’s 2019 defensive numbers are nearly identical to 2018; its marks of 4.7 yards per play and 289.9 yards per game are up from where they were a season ago at 4.6 and 289.5, respectively. However, the way it yields those yards to opposing offenses has changed.

The Dukes don’t allow opponents to control the clock by running the ball, as their 2.3 rushing yards per attempt allowed is lower than what was already an impressive mark of 3.1 in 2018. JMU allows slightly more passing yards per attempt (6.91 to 6.31) than it did last season.

JMU’s defense surrenders just 14.6 first downs per game, down slightly from 14.9 last year. Also, the Dukes have seen their opponents’ third-down conversion rate slide from 30.9% in 2018 to 29.1% in 2019, which is tied for the third-best mark in the FCS, though JMU has allowed fourth-down conversions at a 52.9% clip compared to 40.9% last season. If the Dukes improved in that area, they’d control even more of the clock.

Quartermback play

DiNucci appears to be more comfortable and confident in his second season in Harrisonburg after transferring from Pitt in 2018. This is reflected in his passer rating (161.1, up from 139.5), yards per game (216.8, up from 175) and touchdown-to-interception ratio (3.75, up from 1.33).

Although his completion percentage is nearly the same (67.7 to 68.3), DiNucci has been more poised and accurate as he’s kept the ball out of the opposing defenders’ hands. Additionally, he’s received better protection, as the JMU offensive line has allowed fewer sacks (1.8 per game, down from 2.0).

In JMU’s sole loss this season, which came on the road to FBS foe West Virginia, DiNucci kept the Dukes in the game, going 13-for-20 with 156 yards before throwing a crucial fourth-quarter interception that gave the Mountaineers a go-ahead touchdown. Other than that errant throw, the Wexford, Pennsylvania, native has done his part to keep JMU ahead by limiting mistakes and spreading the ball around.

JMU’s five leading receivers are averaging over 195 yards per game, up from 181 in 2018. The addition of redshirt senior wide receiver Brandon Polk has boosted DiNucci and the offense, as the Penn State transfer leads the team in catches (44), yards (680) and touchdowns (six).
Turnovers

Arguably JMU’s most notable area of improvement under Cignetti has been in the turnover department. The Dukes turn the ball over 1.22 times per game, down from 1.85 per game in 2018.

JMU’s defense is forcing 1.67 turnovers per game, which is right in line from its 2018 mark of 1.77 in 2018. The difference is that the Dukes are winning the turnover battle by coughing it up less.

In the FBS last season, the 10 teams with the most turnovers had a combined record of 33-79. Also, according to Sharp Football Analysis, NFL teams in the last 10 years win just 12.3% of games when losing the turnover battle by two or more and 4.5% when the margin is three or more.

In JMU’s five losses over the past two seasons, the Dukes lost the turnover battle four times — three times by a margin of three or greater and once by a margin of two. Fourteen of the Dukes’ 23 turnovers came in its four losses last season, which played a significant role in the team missing the FCS Championship game for the first time since 2015.

In the driver’s seat

JMU’s strong start under Cignetti can be traced to its control of the ball through time of possession, solid quarterback play and limiting turnovers. The Dukes are currently No. 2 in the FCS poll behind North Dakota State, and by closing the fourth quarter of the regular season strong, JMU may soon find itself in a postseason position to battle the Bison.

CONTACT

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All for the program

Field hockey seniors reflect on their time at JMU

By JASON CLAMPITT
The Breeze

Homecoming weekend marked the final time that JMU field hockey seniors stepped onto their home field in Harrisonburg.
The seniors left their home turf victorious with a 4-1 victory over Saint Francis. Their careers are set to finish this weekend.

JMU’s senior class consists of forward Emily Schutt, forward/midfielder Miranda Rigg, defender Megan Guzzardi, goalkeeper Kyler Zampiello, midfielder Alicia Cooperman forward/midfielder Cassie Hunter and defender Erica Royal. The seniors have bonded with each other — as well as the entire team — to create a family-like atmosphere that they proudly look back on.

“My time at JMU has been everything I imagined it would be like,” Hunter said. “I’ve created a bond with all my teammates, and they’ve become some of my best friends I’ve ever had. I know I now have, like, 22 people throughout my whole life who I could come back and talk to and who are always going to be here for me. And we just started a sisterhood, and that’s what I absolutely love most about it.”

That sisterhood extends beyond the turf, making the team a tight-knit group when game time comes. Some of the best times for the senior class have been off the field, including encounters with animals invading their campgrounds in West Virginia.

“We went camping on a preseason trip and bears invaded our camp,” Royal said. “So, Coach Morgan, she went right at the bears and was blowing her whistle to get them to go away; it kind of worked. We were all in the van clutching each other for dear life, but that’s definitely one of my most memorable memories.”

Over the past four years, the seniors have been a vital piece for JMU field hockey. Since coming to Harrisonburg in 2016, this year’s seniors have contributed to eight victories against teams ranked inside the top-25 and have earned an appearance in the CAA Tournament the last three seasons, going 38-34 in the past four years.

During that time, they’ve learned valuable lessons that’ve helped them grow as a player and a person. The lessons included everything from having confidence in themselves and overcoming adversity on and off the field to understanding that nothing is guaranteed.

“You pick up things that you can carry into your job, career, like time management,” Hunter said. “Being on time with things, we always learn to be on time for things; being 15 minutes early is technically on time. But, I think time management — that’ll help me in my future career a lot.”

Since entering the program four years ago, the senior class has been in matchups with powerhouse teams from the Big Ten and ACC, including the undefeated National Champion, the North Carolina Tar Heels. Yet, the one game that they said stands out was their game against ACC powerhouse Duke earlier this season.

“I would definitely say our most recent game against Duke,” Royal said. “In my whole four years here, I don’t think we ever played that well against a top-five team, and it was just a testament of all of our hard work. Even though we lost the game, I think last year, we lost to them like 9-1 or 9-2, something like that. We weren’t able to put any goals in, but we were definitely able to hang tough and show that we are a threat and one of those teams to be watched.”

With the Senior Day festivities finished, the season will conclude on the road as JMU plays its final two conference games against Delaware and Towson this weekend, with the intention to make it back to the CAA Tournament.

“That’s been the goal since day one,” Schutt said. “Every game, all these top-ranked teams that we’re playing, is to prepare us for these conference games, and I just think that it’s really important just to keep going and use the energy from Senior Day to motivate us … and it’ll be good. It’s all or nothing.”

CONTACT Jason Clampitt at clampijt@dukes.jmu.edu. For more field hockey coverage, follow the sports desk on Twitter @TheBreezeSports.
In 2017, JMU volleyball finished third in the CAA; then, in 2018, the team finished second. The Dukes haven’t seen the NCAA tournament since 2017, which was also the last year they won the CAA tournament. The last time they won the CAA regular season was in 2016, and last year, the team fell just short of a CAA final appearance.

This year will be different for JMU, and there are many reasons why.

Senior middle blocker M’Kaela White is still M’Kaela White. The preseason All-CAA player has been crucial for the Dukes over the course of her time at JMU. In her sophomore year, White was Second-Team All-CAA and was on the Virginia Sports Information Directors All-State first team. She’s also put up two double-doubles on the year. In her junior year, White had 308 kills on the year along with 172 blocks. She participated on the USA National Collegiate Team in Anaheim, California, and received all CAA honors.

Now a senior, White hasn’t slowed down. Standing at 6 feet, 4 inches tall, White’s energy is still dominant, and she’s still putting up the numbers she did early on in her career. On Oct. 12, White stood out and recorded 13 kills and two aces against William & Mary to help the Dukes take a 3-0 sweep over the Tribe. With White still playing strong and her energy helping teammates on the court, she’s a key player for JMU’s playoff run.

Another notable factor for the Dukes is the freshman impact. Middle hitter Sophia Davis, outside hitter Danielle Nathan and setter Caroline Dozier have all seen minutes this season. Nathan has earned more playing time as the season has progressed and has become a reliable outside hitter for JMU. She had a career-high 17 kills against College of Charleston and has been consistent in that area. Dozier, even though she’s seen the least action out of the three, has also produced. In her season debut against Kennesaw State, she tallied 40 assists-numbers that are similar to senior setter Sarah Martin.

The most notable freshman may be Davis. She was named the CAA Defensive Player of the Week on Monday and recorded her first double-double in only her fourth game as a Duke. Since her collegiate debut against Washington State, Davis has been a consistent starter and a lead blocker. She’s been named player of the game on multiple occasions, and her team work with Martin has been another reason why JMU’s offense has been so effective.

As great as the freshmen are individually, they’re even better together. Dozier has set up Nathan on multiple occasions, and Nathan and Davis have recorded blocks together almost every game. The freshmen bounce off each other, and the energy they bring to the court isn’t just noticed by the coaching staff and players but by teams across the CAA.

Also, JMU will win take CAA title because of their team spirit. In the team’s two CAA losses to Towson and Delaware, the team was outplayed on some occasions and had lost the gritty point battles on the others. However, no matter how far behind they were or how long the team’s point streak may have been, the team was still energetic. They’d cheer after every point, hype each other up on the sidelines or the court and make sure everyone still had their heads in the game.

When it comes to sports, a team may not be the best, but if they have positive energy, they can go far. JMU volleyball is good and has positive, spirited energy, which means that major success is in its future. The team comes onto the court every game excited and ready to go, no matter the opponent, and as long as this continues, the team will be successful.

Overall, JMU has what it takes to win the CAA. They have senior leadership with White, and she’s playing just as well, if not better, than she did her freshman year. The Dukes have an enormous freshman impact that isn’t only making a difference this year but will make an impact for years to come; Davis, Nathan and Dozier are already making a face for JMU volleyball as freshmen. There’s also the energy and positive spirit that the team brings every game and maintains, no matter the opponent or score. JMU volleyball has what it takes. They have the offense; they have the defense; they have the spirit. Now, it’s just about putting it all together for the final part of the regular season.

CONTACT Savannah Reger at regersr@dukes.jmu.edu. For more volleyball coverage, follow the sports desk on Twitter at @TheBreezeSports.
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**Additional Games:**
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- **Lions vs. Raiders**:
- **Colts vs. Steelers**:
- **Georgia vs. Florida**:
- **Virginia vs. UNC**:
- **Browns vs. Broncos**:
- **Lions vs. Raiders**:
- **Colts vs. Steelers**:

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**Website:** www.FearForest.net

**Ticket booth will stop selling tickets 1/2 hour prior to closing.**
COME SEE YOUR DUKES IN ACTION

SATURDAY, NOVEMBER 2
CROSS COUNTRY
CAA CHAMPIONSHIPS
@ 11 AM
New Market Battlefield

MEN’S SOCCER
@ 7 PM
Sentara Park

SWIM & DIVE
ALL DAY-SAT & SUN
Savage Natatorium, Godwin Hall

CRAM THE CONVO!
HOME OPENER
DOUBLEHEADER

NOVEMBER 6TH
WOMEN’S BASKETBALL
vs. LONGWOOD @ 5 pm

MEN’S BASKETBALL
vs. CHARLOTTE @ 7:30 pm

Free admission for students with JCard
**Los Angeles Times Daily Crossword Puzzle**

Edited by Rich Norris and Joyce Lewis

FOR RELEASE OCTOBER 31, 2019

ACROSS
1 Spot for a salt scrub
4 Aromatic evergreen
10 Wind with nearly a three-octave range
14 Fresh from the oven
15 Collection of hives
16 Sullen look
17 Track
18 Halloween feeling in a warren?
20 Buffalo lake
22 Like the vb. “go”
23 Belly laugh syllable
24 Halloween feeling near a water supply?
27 Valleys
31 “Take Care” Grammy winner
32 “We’ve waited long enough”
34 Bebe’s “Frasier” role
38 Overlook
39 Halloween feeling in the office?
44 Enjoy privileged status
45 Poise
46 It may get the ball rolling
48 Trio in “To be, or not to be”
53 “Borstal Boy” author Brendan
54 Halloween feeling in the yard?
58 Angel dust, initially
60 “You wish, laddie!”
61 Put out
62 Halloween feeling in the loo?
67 Summer hrs. in Denver
68 Stood
69 Paparazzo’s gear
70 Maturity
71 Lumberjacks’ tools
72 Gave it more gas
73 Finch family creator

DOWN
1 Astute
2 Bartender, often
3 Fifth-century conqueror
4 Soap unit
5 Two (of)
6 Cuba
7 Brand of hummus and guacamole
8 Actor Millen of “Orphan Black”
9 Folk story
10 Wheeler-dealer
11 Feathery neckwear
12 CSNY’s “— House”
13 Many “Guardians of the Galaxy” characters
19 Latest things
21 Rockes bugler
25 Sandwich source
26 “Same here”
28 Vehicle with a partition
29 Mideast potential
30 Slowly sinks from the sky
33 Those folks
35 Confident words
36 Suit part sometimes grabbed
37 Unhealthy
38 Nursery piece
39 Narrow way
40 Advance slowly
41 Engrave
42 Backslides
43 Hitting stat
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72 Gave it more gas
73 Finch family creator

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Check your answers at BreezeJMU.org
JOBS

Need Rock Band To Demo 2 RnR Songs
Wanted-RockNRoll Band to demo 2 great songs in return for % of royalties if they get picked up by a publisher or label. They are great songs that will help your band get launched....Call Tom at 540-705-5792 or email writeromyeager@gmail.com.

City of Harrisonburg Full-Time Position - Real Estate Appraiser
Do you want a full-time position to utilize your administrative and customer service skills in a teamwork environment to ensure local real estate is properly assessed? If so, consider the Commissioner of the Revenue Office's Real Estate Appraiser position! To find out more and apply online, visit: https://www.harrisonburgva.gov/employment. EOE.

Seasonal Youth Basketball Clinic Instructor Position
The City of Harrisonburg's Parks and Recreation Department is seeking applicants for a seasonal Youth Basketball Clinic Instructor position that requires availability on Saturdays from January 2020 - March 2020. To find out more and apply online, visit: https://www.harrisonburgva.gov/employment. EOE.

In need of creative, artistic talent
Looking to hire an upcoming artist with their creative ideas to paint a mural on a concrete wall in front of our log cabin home in Massanutten. Need to be self driven and looking for an opportunity to display their talent. Plenty of exposure. Please text Steven at 540-630-1316 for further information. Rate negotiable.

Drivers Wanted
Come join the team delivering the best pizza in town! Chanello's Pizza has been serving JMU since 1998. Drivers should be 18yo with reliable car, insurance and clean driving record. You will take cash home every night plus receive a paycheck every two weeks. Earning at least $100 a night is common while averaging $14-$20/hr. MUST be available late nights (2 a.m. daily, 3:30 a.m. Fri/Sat) and required to work at least one weekend night per week. Apply to chanellospizzajmu@gmail.com.

FOR SALE

Moped for sale
2006 Cool Sport Moped - purple - 1050 miles - helmet & locking storage on rear $500 - (540)820-4480

Desk and shelf unit for sale

HOUSING

Share Home
Looking for graduate or older student to share 3 bedroom, 2 bathroom home with 1 artist, 1 dog and 2 cats. Located in Harrisonburg about 5 minutes from campus. $600/month with $150 nonreturnable deposit. Full kitchen, laundry, parking privileges. Text 540-560-1285.

Duplex for Lease
Lovely 3 BR 2 BA duplex, within walking distance of EMS and EMU. Interior just painted! Spacious MBA suite, cathedral ceilings in LR an DR, large kitchen with breakfast nook. Fenced in back yard with gorgeous country views! 540-487-0861

COMMUNITY

Contemplative Worship Service
Contemplative Worship Service weekly on Sundays at 8 pm at Community Mennonite Church in the fellowship hall. Come deepen your everyday connection to God, yourself and the community through healing, action, and contemplation. The service will include silence, embodied practice, and a space that welcomes and affirms everyone.

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