et al.: Dancing Again

JMU NATION

CONTINUED SUCCESS

A tremendously successful fall for James Madison Athletics spilled over into the winter as the Dukes continue to make 2015-16 a benchmark year for success. Altogether, through March 27, JMU teams have an aggregate .674 winning percentage. That mark would be the best at JMU since 1982 and the best by a Division I school in Virginia since 2010.

Besides the overall record, James Madison has captured conference championships in football, women's soccer and women's basketball to go along with regular-season titles in volleyball and field hockey. Additionally, football, women's soccer, women's basketball, swimming and diving, and cross country have advanced to NCAA postseason play.

Individually, five JMU student-athletes have earned CAA Player of the Year accolades: football senior **Vad Lee**, volleyball junior **Janey Goodman**, field hockey senior **Taylor West**, women's basketball senior **Jazmon Gwathmey** and diving junior **Olivia Lehman**.



DANCING AGAIN

JMU captured its third consecutive CAA women's basketball crown in 2016 and its fifth in the last seven years. The Dukes compiled a 27-6 overall record, which included a 17-1 league record, a 20-game winning streak, votes in both major national polls and a third straight NCAA appearance. With reigning CAA Player of the Year **Precious Hall** suffering a preseason, season-ending injury, **Jazmon Gwathmey** stepped up to become the third different JMU student-athlete to claim CAA Player of the Year honors in as many years. **Angela Mickens** joined Gwathmey as a First Team All-CAA honoree, while **Kayla Cooper-Williams** was named CAA Rookie of the Year and **Kenny Brooks** claimed his fourth CAA Coach of the Year title.



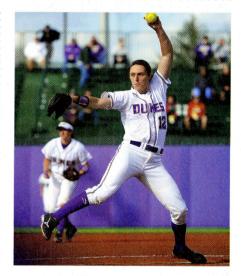
IMMEDIATE IMPACT

Indoor track and field finished its season with a third-place finish at the ECAC Indoor Championships out of 44 Division I programs. In the midst of multiple personal records and other achievements, graduate student **Amber Monroe** made an immediate mark in her first season in purple and gold. Monroe set and then topped the shot put school record on multiple occasions. She won the event title at the ECAC Championships, climbed into the top 25 in the nation in the event and qualified for the USA Track and Field Indoor Championships.

IN THE POOL

Swimming and diving put together a memorable season, with a 7-0 record in dual meets and a close runner-up finish in the CAA Swimming and Diving Championships. JMU continued its diving dominance, with **Olivia Lehman** being named CAA Diver of the Year. She went on to capture the 1-meter board title at the NCAA Zone meet, becoming the second diver in program history to quality for the NCAA Swimming and Diving Championships in Atlanta.





ON THE DIAMOND

Midway through the season, JMU softball has been making a statement, ranking as high as No. 6 in the nation as of press time. The strong start includes a 7-2 mark against top-25 programs and two pitchers ranked in the top 20 in the nation in earned run average. Reigning CAA Player of the Year and two-time All-American **Jailyn Ford** is a top-10 finalist for the Lowe's Senior Class Award, bestowed upon a senior student-athlete who represents all-around excellence.

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