

of the public schools, the supply of available teachers and the facilities available and needed for teacher training including courses of study and methods of teaching." The need for such a survey has been urged for several years by the American Association of Teachers Colleges, the Association of Deans of Schools of Education, the National Council of State Superintendents and Commissioners of Education, the National Education Association and other professional groups directly interested in the education of America's teachers. This survey is in reality, then, a study requested by the country's teachers in order to improve the service rendered by teachers and the conditions under which they work.

## THE READING TABLE

### COMMODORE MAURY

THE PATHFINDER OF THE SEAS: The Life of Matthew Fontaine Maury. By John W. Wayland. Richmond: Garrett and Massie, Inc. 1930. Pp. 191. \$3.00.

If it be true, as Sarah Orne Jewett has said, that "Great writers don't try to write *about* people and things, they tell them just as they are," then John W. Wayland in his biography of Matthew Fontaine Maury has proved that he belongs to the class above mentioned.

In chronological order, and in easy, readable style, Dr. Wayland presents not only the achievements but the personality of this outstanding American. He presents Maury as both scientist and man; as a national and international benefactor and as a devoted husband and father. He tells not only that Maury charted both the sky and seas but also that he called each of his children by a nickname; not only that he was a pioneer in the weather bureau and submarine field but also that he could be seasick and amiable at the same time.

This interspersing of personality and achievement insures for the book a popularity with young as well as old readers. As a teacher I would recommend it for parallel reading among high school and college students.

Much new material concerning the Maury family has been dug up, and in every detail of Maury's life the biographer has shown his usual painstaking, careful consideration of fact. In addition to the new family material, there are also selections from "Scraps from the Lucky Bag," heretofore not included in any biography of Maury.

In format the book is very attractive. The jacket shows a clipper ship printed from blocks cut by Charles W. Smith. The binding is sea-green moiré cloth. The large type, the generous margins, the numerous illustrations, the complete

chronology and the index all make appeal and help render the biography worthy of its subject.

NANCY BYRD RUEBUSH

THE ESSENTIALS OF CHEMICAL PHYSIOLOGY. By W. D. Halliburton, J. A. Hewitt, and W. Robson. (Twelfth edition.) London, New York, Toronto: Longmans Green and Company. 1929. Pp. 383.

It is a pleasure to have the opportunity to review this book, which contains so much valuable material so readily available. Although written to meet the needs of medical students, the book is useful for teachers of physiology anywhere, in high school or in college. The experiments chosen to illustrate fundamental body processes are so simple that they may and should be used as demonstrations in the most elementary courses in physiology. There is a wealth of teaching material throughout the pages of this work, and it is strongly recommended for the reference shelf of every teacher of physiology or of general biology.

RUTH L. PHILLIPS

FOODS OF THE FOREIGN BORN: In Relation to Health. By Bertha M. Wood. Second edition. Boston: M. Barrows and Co. 1929. Pp. 119. \$1.25.

Many dietitians, physicians, and public health nurses approach the problems of diet merely from the standpoint of food elements and food value, overlooking the importance of adapting the diet in terms of the patient's food habits and financial circumstances.

One of the greatest problems of the social workers in foreign communities is to help the foreigner adjust his diet according to our dietary standards.

In a very brief but interesting way, Miss Wood has given much information regarding the habits of living, and the most characteristic foods—with their seasonings—of the Mexicans, Portuguese, Italians, Hungarians, Poles and other Slavic peoples, Armenians, Syrians, Turks, Greeks, and Jews. At the end of each chapter she has included several recipes which are the most characteristic of the foods of that nationality. The fat, protein, and carbohydrate content of each recipe is listed in terms of grams in the appendix.

M. F.

SURVEY OF COLLEGE ENTRANCE CREDITS AND COLLEGE COURSES IN MUSIC. Prepared by the Research Council of the Music Supervisors National Conference in co-operation with the National Bureau for the Advancement of Music. New York: National Bureau for the Advancement of Music. 1930.

Tabulations of the findings from the national survey of music in the colleges show the trend for more credit for music, which in turn shows an increasingly more favorable attitude to music. Of 594 institutions tabulated, 452, or 76 per cent, accept music for entrance.

Along with the tabulations is an article by Mr. Dykema which points out that "the new attitude of the colleges toward music will automatically raise the standard of instruction in the schools."

This book should be of value to every instructor in music in colleges and high schools and to prospective students of music who wish to choose colleges where music is accredited.

ANIMAL BIOLOGY. By Henry Higgins Lane. Philadelphia: P. Blakiston's Son & Co. 1929. Pp. 588.

Written as an introduction to zoölogy for college students, this book contains much material not included in older texts, such as chapters on zoögeography, paleozoölogy, psychology, and pathology. This is a most excellent feature of the book, as the subject matter of these chapters should be a part of any college course, and much of the material found here can be used as reference reading for students below college grade. The entire book is entertainingly written and easily read. It is, however, unfortunate that inaccuracies such as appear in the drawings of the brain and cranial nerves of the frog should have been allowed to occur.

RUTH L. PHILLIPS

INTRODUCTION TO EDUCATION: A SYLLABUS. By Walter J. Gifford. Harrisonburg, Virginia: Published by the author. 1930. Pp. 52.

In the foreword of this syllabus the author shows how the course has probably grown out of the old orientation courses and names its objectives as set up in this newer development. Likewise, there are definite suggestions for both teacher and student which should prove helpful. In the bibliography are listed volumes containing the newest thought in the field, as well as the best of the older.

The course as outlined is developed upon the unit basis and therefore lends itself easily to the newer type of teaching. As the name implies, it presents a bird's-eye view of the teaching profession—two significant problems, not found in most of the related literature, being those of "How to Study" and of "Professional Ethics." The problems set forth in each unit are practical as well as thought-provoking, and the whole treatise is wide in its scope. It is a valuable contribution to this particular type of educational procedure.

B. J. L.

THE WORKADAY FOURTH READER. By Clarence Truman Gray. New York: D. C. Heath and Company. 1929. Pp. 197. 64 cents.

This is one of a series for intermediate grades. The preface, which is in the form of a letter to boys and girls from the author, should initiate interest at once. The manual which accompanies it will help the teacher put life into the teaching of the text, inasmuch as it sets up aims as well as makes suggestions for the different lessons. The vocabulary at the end pronounces and also defines. New-type tests, which the children themselves may apply, will be found at intervals; likewise, attractive illustrations.

The material has grown out of investigations made in different schools in Texas and of interviews with numbers of teachers of reading, and was selected in order that the child might become acquainted with different types of reading required by this grade. Therein, perhaps, lies its chief value. It is not only varied, but interesting and different.

B. J. L.

## PERSONALS

Mildred Alphin and Till Bell returned to college for the May Day exercises.

Sadie Finkelstein, who left college to accept a position at Stephen's City, returned to play for the dances given May Day. She expects to finish her course by June, 1931.

Edna Holland and Anne Ragan were visitors on the campus in April.

Mr. and Mrs. Richard Penn, of Danville, Va., recently visited the college. Mrs. Penn will be remembered here as Anne Garrett.

Mearle Pearce is teaching home economics at Dante, Va.

Juliet Gish, graduate of the class of '13, is Director of Public Welfare Service in Harrisonburg.

Mrs. Willard Dodson (née Anice Clarke Adams) is living at Lone Oak Apartment, Danville.

Florence Esther Allen, class '14, teaches sixth and seventh grades at Stephenson, Va.

Virginia Austin Coon, class '29, teaches the second grade at Buchanan, Va.

Luella Barnett, two-year graduate of the class of '25, is doing stenographic work in Tazewell, Va.

Mildred Barrett, class '27, recently wrote to suggest possible new students for H. T. C. next year. Mildred teaches third and fourth grades in Portsmouth, Va.

Elizabeth A. Carroll is teaching English and history at Earlehurst, Va.

Cornelia Carroll, class '28, teaches first grade at Mt. Airy, N. C.

Frances L. Clarke, class '26, is case worker for the Family Welfare Society at Chattanooga, Tenn.

Sallie Ann Clarkson, class '24 (now Mrs. W. O. Hahn), is keeping house at 2512 Sylvan Rd., Greensboro, N. C.

Lillian Gilbert, Carolyn Weems, and Sue Raine have recently become Life Members of the Alumnae Association.

Beatrice Marable is nursing in a hospital at Youngstown, Ohio, at the present time. She gave a beautiful sterling silver vase to the college in loving memory of the faculty, staff members, and alumnae of the college who have gone to their Great Reward. The vase was presented by Dr. Wayland

at the Founders' Day exercises. On the reference desk in the library, where the throngs come every day, it holds from time to time tall lilies and gladioli from neighboring gardens; but from the costly sacrificial gift of the vase itself we catch the rarer perfume of the alabaster box of uncalculating love.

ALUMNÆ NEWS

PROGRAM OF ALUMNÆ BANQUET,  
JUNE, 1930

*Station H. T. C. Broadcasting*

BERNICE VARNER

*Announcing Personnel of Orchestra*

The Conductor: S. P. Duke

The First Violins (alumnæ): Miss Hoffman

Response: Sarah E. Thompson

The Second Violins (seniors): Dr. Wayland

Response: Helen Lineweaver

The Drums (faculty): Elizabeth Dixon

Response: Miss Cleveland

The Saxophones (sophomores): Mr. Logan

Response: Harriet Ulrich

The Orchestra (school): Mary McNeil

Response: Mr. Dingleline

THE MENU

THE OVERTURE

*Hawaiian Cocktail*

THE SYMPHONY

*Chicken Drum Sticks*      *String Beans*

*Potatoes with Variations*      *Piccolo Pickles*

*Presto Mints*      *Staff of Life*

THE INTERMEZZO

*Salad Medley*

THE FANTASY

*Icelandic Rhapsody* with cakes of *Note*

ARABESQUE

MANY ALUMNÆ RETURN FOR  
COMMENCEMENT

CLASS OF '29—Frances Bass, Mae Bass, Mollie Clark, Helene Duval, Pauline Ellmore, Lucy Gilliam, Marguerite Goodman

Haldeman, Virginia Herring, Elva Kirkpatrick, Evelyn Kendrick, Elizabeth King, Mary B. Murphy, Evelyn Higgs Ningard, Kathryn Pace, Elizabeth Peake, Anne Ragan, Frances Rand, Rebecca Reynolds, Alice Shepherd, Dorothy Shepherd, Elizabeth Sutherland, Evelyn Wolfe.

CLASS OF '28—Cornelia Carroll, Catherine Eagle, Mary Fray, Virginia Robinson Fris-  
toe, Helen Holladay, Virginia Hoover, Mary McNeil, Inez Morgan, Pearle Phillips, Ruth Quisenberry, Betty Ruhrman, Cameron Phillips Tutwiler, Genevieve Warwick.

CLASS OF '27—Elizabeth Ellmore, Edyth Hiserman, Lucille Hopkins Moseley, Helen Kerr, Emma Pettit, Martha Seebert, Merle Sanger, Helen Yates.

CLASS OF '26—Grace E. Clevenger, Bertha McCollum, Charlotte Wilson.

CLASS OF '25—Frances Rhoades, Lennis Shoemaker, Gladys Hopkins Strickler.

CLASS OF '24—Eunice Lambert Mauzy, Florence Shelton.

CLASS OF '23—E. Byrd Nelson, Alberta Rodes Shelton.

CLASS OF '22—Ruth Haines, Gladys C. Haldeman, Louise Bailie Wells.

CLASS OF '21—Maizie Morgan Devier, Kathryn Wilson Howard, Mrs. W. G. LeHew, Polly Parrott McCutcheon.

CLASS OF '20—Anna Allen.

CLASS OF '19—Virginia Zirkle Brock, Helen Hopkins Hoover, Ruth Witt.

CLASS OF '17—Rachel Weems.

CLASS OF '16—Lucille Early Fray, Tennie Osterman.

CLASS OF '15—Lila Gerow Diehl, Agnes Dingleline, Anna Ferebee, Lila Riddell.

CLASS OF '12—Vada Whitesel.

NEW ALUMNÆ

*Graduating Classes—June, 1930*

PROFESSIONAL COURSES

Virginia Catherine Adkins, Charleston, W. Va.  
Dorothy Mildred Anderson, Linden, Warren Co.  
Evelyn Josephine Anthony, Weldon, N. C.  
Grace Williene Barner, Petersburg.  
Pauline Virginia Bell, Bluemont, Clarke Co.  
Grace Truman Blanks, Nahalie, Halifax Co.  
Lillian Marie Bloom, Portsmouth.  
Lou Bell Bowen, South Boston, Halifax Co.