

young creative spirit complete freedom in its choice of mediums, every literary composition, regardless of its classification, will be considered for publication in The Student-Written Number.

As free a hand is allowed in the Art Division, which offers regular prizes for the best works in pottery, pictorial art, graphic art, textiles, design, metal work, sculpture, and jewelry. Besides the prizes for these major classes, there are many special prizes for which every entry is automatically eligible.

The best work in the Art Division will be greeted with additional honors in the Third National High School Exhibit. Out of the thousands of pieces submitted in *The Scholastic Awards*, several hundred are selected for this exhibit which visits, in the course of the year, all of the major cities in the United States.

Schools represented by prize winning students derive a reward, too, in the form of books or works of art equivalent in cash value to one half of the prize earned by the student.

WHO ARE THE SLAVES?

"When one recalls a male's devotion to such fetiches as the silk hat and the stiff collar and the docility with which he wears heavy woolen garments when heat and humidity are at their August highest, one doubts whether women are still the only slaves of fashion." So writes Helen Atwater, editor of the *Journal of Home Economics* and author of a new booklet on the art of homemaking just published by the American Library Association.

Clothing is discussed as one of the problems to be met by the homemaker who is trying to "utilize her family resources of money, time, and personal talents, to bring the greatest returns in health, enjoyment, and usefulness." Miss Atwater also discusses the problems of family life in relation to the home, home management, house

furnishings, food and nutrition, and beauty in the home. She recommends half a dozen books which should be of special interest in every household.

THE READING TABLE

TABLE ETIQUETTE. By Mary D. Chambers. Boston: The Boston Cooking School Magazine Company. 1929. Pp. 263. \$1.75.

This book is a well arranged description of what is new and good in all phases of table service. It explains the types of table furnishings as well as their uses. It gives all of the tributary factors such as writing and answering invitations; how to make introductions; courtesies on various occasions; and Table Talk and Conversation. The illustrations are pen drawings very simple to interpret.

The modern hostess need have no fear of not being "right" if she follows Miss Chambers suggestions.

M. L. W.

THE DELINEATOR COOK BOOK. Edited by Flora Rose and Martha Van Rensselaer. New York: The Butterick Publishing Company. 1928. Pp. 788. \$2.50.

The Delineator Cook Book is the revised edition of the New Butterick Cook Book, the recipes having been tested and approved by the Delineator Home Institute. It is a general purpose cook book based on the most modern methods involving practical and accurate technique of good cooking. The book is valuable to beginners as the principles of cookery are clearly explained. The illustrations are taken from actual photographs and show careful planning and selection. The covers of the book are washable.

M. L. W.

THE HOME ECONOMICS NEWS. Manual Arts Press. Peoria, Ill.

The Home Economics News is starting out as a magazine that has splendid possibilities. Its staff is well known and we expect help and inspiration from them.

M. L. W.

THE SEWING MANUAL. By Grace Fowler and Ada Alexander. New York: Macmillan Company. 1930. Pp. 189. \$1.40.

This is a logical and systematic compilation of material for the esthetic and practical training in the field of clothing. It is a hand-book for the student and contains simple clear-cut explanations, definite exercises calling for individual application of the principles involved, lesson assignments, and references for each topic discussed. It fixes the responsibility on the pupil, and this is very necessary in developing initiative and independence in thought and work.

The emphasis given to color and principles of costume design by the authors places clothing work in its legitimate place among the fine arts; at the same time the necessary training in the fundamentals of construction have not been overlooked.

A. R. B.

THE JOURNAL OF NUTRITION. Published bi-monthly for the American Institute of Nutrition. Springfield, Illinois: Charles T. Thomas, Publisher. \$4.50.

This is a new periodical which came out in September, 1928. It is being sponsored by some of the outstanding workers in the field of nutrition research.

It is the plan of the magazine to publish reports of original research work and occasional reviews of the literature in this field. Each article carries a brief summary of the work undertaken and enables one to clinch the conclusions drawn.

The magazine is a most valuable contribution to the study of nutrition.

P. P. M.

FEEDING THE FAMILY. By Mary Swartz Rose. Third edition, New York: The Macmillan Company. 1929. Pp. 459, Classroom edition. \$3.75. Popular edition, \$5.00.

The same general plan of taking up the food needs of the members of the family group of different ages has been followed. New contributions have been made in regard to vitamins. The tables in the appendix have been enlarged.

P. P. M.

A LABORATORY HANDBOOK FOR DIETETICS. By Mary Swartz Rose. Third edition. New York: The Macmillan Company, 1920. Pp. 269. \$2.10.

The new edition of this laboratory and advanced courses in nutrition in that additional tables are included which save a great deal of time in laboratory work. Among these are the tables giving nutritive values on the share basis and the table of standard portions which gives the fuel value of foods in common measures. Vitamin units are also given for those foods which have been studied. Part I includes a brief summary of six vitamins with their physiological functions.

P. P. M.

CARE AND TRAINING OF CHILDREN. By Helen C. Goodspeed and Emma Johnson. Philadelphia: J. B. Lippincott Company, 1929. Pp. 219. \$1.80.

This is a text for child study in high school, which fills a long felt need for material on child care and training presented in a manner suited to their age group.

There are two parts to the book. Part I is devoted to the various phases of the physical care of the baby; clothing, diet, nursery equipment, sleep, exercise, and play, prevention of illness, the baby's bath and similar matters of daily routine are discussed.

Part II discusses the child's development from one to five years of age. Relatively more emphasis is placed on habit formation and development of personality traits than upon physical care in this section; although there are chapters on growth and development, diet, sleep, elimination control, and clothing for the older child. Each chapter contains a main problem for study and discussion and supplementary questions to encourage additional study.

The appendix contains an excellent bibliography of material relating to child care and training.

J. B. R.

OCCUPATION FOR WOMEN. A bibliography. (Bulletin No. 1. of the Institute of Women's Professional Relations.) By Chase Going Woodhouse and Ruth Yoemans. Greensboro, N. C.: The North Carolina College for Women. 1929. pp. 290. Paper, \$1.00; cloth, \$2.00.

This is a classified bibliography of books and articles from periodicals dealing with the vocations of college women. It is useful in that it suggests vocational opportunities to those who are concerned in choosing a vocation and puts them in touch with information along the lines in which they are interested. In many cases a brief description of the article is given. The material listed is that published since 1920—a supplement will be available in February each year, thus keeping the bibliography up to date. The appendix included a list of professional periodicals, a list of professional organizations, and a list of publishers.

P. P. M.

TEXTILE FIBERS, YARNS AND FABRICS. By Helen Bray. New York: The Century Co. 1920. Pp. 236.

This new contribution to the field of textile study contains much information that is both interesting and worthwhile in the first two divisions of the book, fibers, and yarns. One might wish, however, for a little more adequate treatment of fabrics, especially from the consumer's standpoint.

The subject matter and organization indicates that the book is probably better adapted to high school than to college use as a text.

A. R. B.

RAYON AND OTHER SYNTHETIC FIBERS. By W. D. Darby. New York: Dry Goods Economist. 1929. Pp. 65. \$1.50.

This little book, while intended primarily for manufacturers and retailers of textile products, is valuable for reference work in the study of textiles.

It is a brief account of the origin, development, use, and manufacture of rayon, together with chapters on the merchandizing and care of rayon products.

As the author explains in the introduction, "this book marks a milestone and not a goal, for the infant, Rayon, holds possibilities in its future growth which may well dwarf the predictions of its most optimistic friends."

A. R. B.

PROBLEMS IN HOME LIVING. By Margaret M. Justin and Louise Osburn Rust. Philadelphia: J. B. Lippincott Co. 1929. Pp. 487. \$2.00.

Seeing home economics in the light of cultural education rather than in the mere achievement of skill in routine activities, the authors of this book have presented in a stimulating, sympathetic, and practical way specific material for high school training in the profession of home making. Believing that happy family and social relationships are not mere accidents or the gifts of Providence, but largely the results of education, they have striven to emphasize in their text those human factors that lead to the finest types of family life.

The unit-problem organization is used. Although the units are related, yet each is complete in itself, and if the time allotment of the course is one rather than two semesters, certain units

may be omitted without seriously interfering with the effectiveness of the whole. The units cover practically every phase of home economics except clothing and foods.

The subject matter is grouped under the following heads—*Family Relationship and Home Management*; *Health and Home Care of the Sick*; and *Child Care and Development*.

This book fills a real need, and should prove a great help to both experienced and inexperienced high school teachers of home economics.

A. R. B.

THE FOLK COSTUME BOOK. By Frances H. Haire. New York: A. S. Barnes and Company. 1927. Pp. 150. \$6.00.

This is a book of real value to the director of the dance, festival, pageant, or play, when information on folk costume is desired.

The author has selected as typical of each country not the elaborate festival or wedding costume of that country nor the work-a-day dress but has struck a happy medium in the choice of the usual attire seen at county fairs, at church, or neighborhood dances. The costumes selected are simple, pretty, and inexpensive to reproduce. In cases where single and married women wear different type dresses both are shown.

The description of the costumes and directions for making are greatly simplified by the use of richly colored illustrations. From these, general effects are easily gotten, which facilitate the task of accurate reproduction.

The volume includes, in addition to folk costumes of twenty-two European countries, the costume of the American Indian, and the three typical American period costumes most frequently sought, the colonial, the western front, and the style of 1850-1870. Unfortunately, illustrations are omitted in the descriptions of the American costumes.

A. R. B.

A CHARACTER BOOK FOR THE FOURTH GRADE. By Curtis Gentry. Boston: D. C. Heath and Co. 1929. Pp. 71. 36 cents.

A CHARACTER BOOK FOR THE FIFTH GRADE. By Curtis Gentry. Boston: D. C. Heath and Co. 1929. Pp. 79. 36 cents.

A CHARACTER BOOK FOR THE SIXTH GRADE. By Curtis Gentry. Boston: D. C. Heath and Co. 1929. Pp. 79. 36 cents.

At this time, when much of research relative to Character Education has been and is still being done by some of our foremost educators, it is interesting to find material which can be put directly into the hands of the pupil. Such are the above-named books, in which the author has brought together definite material leading towards character-making.

As already indicated, this has been graded to fit the needs of the intermediate-grades children, and, as Mr. Gentry points out, the books may be used as supplementary reading once each week, or may alternate with minor subjects, thereby making no interference with the regular curriculum. The type of lessons, most of which relate to heroic persons or deeds of both historic and modern times, is particularly appealing to boys and girls of this period of school life, and, in

order to help these lessons more definitely to become a part of the child—to help him to do right because it is right, provision is made for specific work, including self-measurement tests, besides the mere reading of each selection, and suggestions are made to the teacher that opportunity be furnished for the child to put into practice these different desirable traits.

Since character education is, today, pre-eminently the school's job, these books should find a ready welcome from the teacher. B. J. L.

NEWS OF THE COLLEGE

At the beginning of the debating season H. T. C. debaters were defeated by North Carolina State College on February 17 in Walter Reed Hall. Harrisonburg had the negative side of the question, "Resolved, That all nations should adopt a plan of complete disarmament, excepting such forces as are needed for police protection," and was represented by Jane Campbell, '31, and Marguerite Smithey, '33.

Meeting Farmville State Teachers College in double debate on March 28, Harrisonburg teams will again debate the same subject—Marguerite Smithey and Jane Campbell upholding the negative there, Isabel Duval, '32, and Henrie Steinmetz, '32, representing the affirmative here. On the same programs the two colleges will hold an oratorical contest, the subject being "Women in the Making of Virginia History." Elizabeth Plank, '31, will represent Harrisonburg at Farmville, Nancy Trott, '31, at Harrisonburg.

On February 17, the student body made its choice of officers for the coming year when the annual election was held. Shirley Miller was elected president of the Student Government Association; Mary Watt of the Athletic Association; Nellie Cowan of the Y. W. C. A.; Frances Snyder editor-in-chief of the *Breeze*; and Virginia Gilliam editor-in-chief of the *Schoolma'am*. The term of office for four of these begins with the spring quarter, March 19, the new editor-in-chief of the *Schoolma'am* serving for the 1931 annual.

The nominating convention, at its meeting February 4, named the following nomi-