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Before coming to the university, each student had their own individual impression of what the next four years would bring. The university inspired us to grow and helped us broaden our perspectives and knowledge of life. By shaping our futures, the university left a lasting impression. During our time here we were able to embrace all that was offered and ultimately had the opportunity to achieve our dreams. Just as the university left an impression on us, we left our individual lasting impressions.
Inspired us to grow.
Showing its brilliant fall foliage, a favorite climbing tree is found outside Wampler Hall. The building was home to more than 250 residents. Photo by Mindi Westhoff

Showing off his moves, senior Raphael Villacrusis breakdances for an audience during Sunset on the Quad. The event was a tradition held as part of the week-long Homecoming celebration. Photo by Mindi Westhoff

Throwing a Frisbee, a student takes a break from work to unwind on the Quad. When the weather was warm, the Quad was packed with students throwing Frisbees or footballs. Photo by Mindi Westhoff

Taking a moment to goof around, junior Colin Wright and senior Scott Bourdeau perform with low Key. The co-ed a cappella group grew this year, not only in size, but also in experience. Photo by Mindi Westhoff
Reflecting in the newly renovated television station, Zone Showker Hall serves as the academic home to business majors. The building was one of the first seen when new students arrived on campus for the first time. Photo by Julie Gundrum

Leading a group of representatives, senior Wesli Spencer discusses plans for the Hope Floats campaign. Spencer served as SGA president his senior year. Photo by Mindi Westhoff

Speaking with wisdom, Professor Burgess, played by junior Daniel Crabtree, teaches his student about life, love and literature in A.R. Gurney's "The Love Course." The School of Theatre and Dance offered many liberal arts programs for students with professional training. Photo by Mindi Westhoff

Motivating a group of volunteers, President Rose thanks them for their support. The campaign to raise money for the victims of Hurricane Katrina raised more than $15,000 during the week of events, which included a benefit concert. Photo by Mindi Westhoff
Shaped our futures.
Broadened our knowledge.
Lining up on the sideline, the Dukettes prepare to dazzle the crowd at the Homecoming football game. The Dukettes danced during halftime at every home football game. Photo by Mindi Westhoff

Holding the line steady, junior Alex Cimino-Hurt teaches a friend the art of "slack-lining." The popular quad activity often drew the attention of onlookers on warm days. Photo by Mindi Westhoff

Looking up through the ISAT entrance gives a glimpse of the bright blue sky. ISAT housed the College of Integrated Science and Technology where students took classes ranging from technology to human services. Photo by Julie Gundrum

Testing their skills, member Raleigh Marshall and senior Jeff Muller perform a required technique for their belt test. Members of the Toe Kwon Do Club met weekly to train and improve their physical and mental abilities. Photo by Mindi Westhoff
Motivating incoming freshmen, OPAs sing the theme song from "Friends." OPAs and FROGs taught newcomers the spirit of the university at Summer Springboard. Photo by Mindi Westhoff

Waiting to be used, pompons and a megaphone stand on the football field sideline as a symbol of the university's spirit. After being named National Champions, the football team drew record attendance at their games, especially from students. Photo by Mindi Westhoff

Screaming with excitement, homecoming fans watch the game intently. The first 1,000 fans were frequently given thundersticks for the football games. Photo by Reveé TenHuisen

Standing with Duke Dog, three seniors enjoy the senior gala. During the event, students could participate in the senior class challenge by donating to the university. Photo by Mindi Westhoff
Left a lasting impression.
“JMU has been so many things to me. When I came here I knew no one, and somehow this wonderful world of motivated, friendly, involved people just opened up to me. I feel extremely lucky to have spent my undergraduate career here. The university has answered so many questions for me about the future, and raised so many at the same time. If nothing else, JMU has left me with the impression that I know I want to always be learning new things about myself and the world.”

-Scott Bourdeau, senior
Laying down some phat beats, a member of one of the many hip-hop groups at the event performs in Godwin Hall. Godwin was the location for many of the hip-hop and punk groups performing during the event. Photo by staff photographer.

Getting the crowd involved, one of the members of the band Living Legends sings to a packed Godwin Hall. In addition to music, MACRoCk also provided panel discussions on topics such as label and record promotions. Photo by staff photographer.
Independent music stormed Harrisonburg during the weekend of April 1 as the Mid-Atlantic College Radio Conference (MACRoCk) paid its annual visit. DJs, bands from independent record labels and concert-goers flocked to the area for a weekend of independent music and thought. MACRoCk was held by the university's student-run radio station, WXJM. The event had attracted hundreds of bands over the years and this year was no exception. Along with the musical performances, MACRoCk also featured roundtable discussions, a label exposition and College Radio personnel from East Coast colleges. This year, the event expanded its horizons with the introduction of the MACRoCk film fest.

MACRoCk provided students with an escape from the commercialized music industry, staging dozens of performances in several locations around campus and Harrisonburg. Admission cost $15 for Friday, $18 for Saturday or $25 for the whole weekend, but it was a non-profit event so all money raised went toward funding the massive affair. MACRoCk was put together for love of music, as evidenced by the fact that organizers and staffers received zero wages for their many hours of hard work.

The event got underway Friday evening as several locations around campus hosted different styles of music. In the PC Ballroom, Rapider than Horsepower took the stage at 8:30 p.m. and performed for the large, energized crowd of fans. Best defined as a pop/rock group, the band played their unique style of music, characterized by their absence of lyrics. The music seemed to appeal to many members of the crowd as they danced in sync with the beat.

In Godwin Hall, concert-goers heard some of the best hip-hop the independent music industry had to offer. Doujah Raze took the stage at 9 p.m. and addressed the crowd. "I walked up here and I was a little worried when no one was up in here," said Raze. The crowd at this performance was noticeably smaller, but exuberant. Break-dancers cut loose with their skills as the music's beat pulsed through the gym. Raze's high energy performance left him breathless afterward, but the crowd was fired up. Graduate Julia Redden said, "I liked the hip-hop. He really communicated his message."

Local venues also held performances. The Little Grill, located on North Main Street, featured the Americana Showcase on Saturday evening. Starting at
Performing together for a packed Godwin Hall, members of Living Legends entertain the crowd. Other than music, students could enjoy break dancing, political documentaries and other independent films. Photo by staff photographer.

9:30 p.m., four bands brought their talent to the heart of Harrisonburg. Captain Tee's also got into the act, staging performances from the early evening until well into the night. Although little profit was made from ticket sales, MACRoCk's presence provided local restaurants and businesses with a greater pool of customers.

If concert-goers wanted a change of pace, MACRoCk's newest event, the independent film festival, was shown on both days of the event. Supporters could watch a film either in Transitions or Grafton-Stovall Theater.

"Mardi Gras Made in China," which played at Transitions on April 1, depicted the contrast in lives between Chinese factory workers and American Mardi Gras celebrants. Viewers could also see "The Take," a politically and economically charged film about unemployed auto factory workers in Buenos Aires. Graduate Leah Larson said, "I think it's nice to get out of the mainstream. Too often we're bombarded with the same stuff and it's nice to step out of it every once in a while."
On Saturday, political documentaries took the screen as "The Fourth World War" and "The Weather Underground" played at Grafton-Stovall Theater. "The Corporation," based on the book by Joel Bakan, offered a psychological examination of the business corporation organizational model. Capping off the day was the Lost Underground" played at Grafton-Stovall Theater. The inclusion of the panel's discussion. Other discussions on the perspectives on recent wars. Those who attended had the opportunity to voice their own opinions at the conclusion of the panel's discussion. Other discussions on the music industry featured topics on promoting and booking shows for bands, the independent music movement status or even the label and record promotions process. Visitors could even learn the art of the DJ from experienced DJs themselves.

A plethora of independent record labels came to town, setting up shop at the label expo. Each label sent representatives who spoke to interested fans about various topics. Representatives also handed out free Safe and Sewn merchandise, including t-shirts, stickers and buttons. People for the Ethical Treatment of Animals was also in attendance, a presence that only reinforced MACRoCk's goal of being about more than just business.

Organizing MACRoCk was a monumental task, but the MACRoCk and WXJM staffs were up to the challenge. They put in hours of work, culminating into a frenzy of activity the week before the event.

Independent music's descent upon Harrisonburg gave many music listeners the opportunity to break off from the mainstream. Listeners were treated to songs performed by bands whose top priority was music, not goods or profit. The debut of independent films at MACRoCk complemented the weekend's theme of unique and visionary expression. The conference was undoubtedly a success, leaving high expectations for the future of MACRoCk.
Tradition at its finest

Students and faculty gather for the annual celebration of James Madison.

Participating in Madison Week events, Vice President for Student Affairs, Dr. Mark Warner, and former SGA President, Tom Culligan, shake hands. Both men spoke at the wreath-laying ceremony. Photo by staff photographer

Honoring James Madison's birthday, cake is served to those in attendance at the Madison Day celebration. Madison Day, held on Wednesday, recognized James Madison's birthday. Photo by staff photographer
Ratified in 1789, the Constitution had served as the foundation of the United States for over 300 years. To signify its importance, “U.S. Constitution in Times of Peril” was chosen as the theme for Madison Week, beginning March 14.

March 16 began with the annual wreath-laying ceremony. Held near the James Madison statue, the event featured the traditional James Madison impersonator, John Douglas Hall. Former SGA President, Tom Culligan, spoke on why the university appropriately carried Madison’s name, demonstrating qualities of scholarship and citizenship. New members were inducted into the 1787 Society, a group sponsored by the James Madison Center designed to provide students with the opportunity to explore the life, philosophy and ideals of James Madison. There was also a presentation of the Donald Robertson Scholarship in elementary education. Following these events, a birthday cake for James Madison was cut and enjoyed by students, faculty and others gathered at the event.

Featuring Nicholas Katzenbach, former attorney general of the United States, the Madison Day convocation was held later that afternoon in Wilson Hall. The university wind symphony played the processional and “The Star-Spangled Banner” as the convocation began, followed by a procession of historical American flags. These included St. George’s Cross, a flag carried to the New World by early English explorers, the Betsy Ross, the first official flag of the United States, and the Star-Spangled Banner.

Madison Day Convocation ended with recognitions by Dr. Douglas T. Brown, provost and vice president for academic affairs, followed by an arrangement of “America the Beautiful.”

Another major event of Madison Week was the James Madison Commemorative Debate and Citizenship Forum, where debate teams competed for possession of the coveted Madison Cup. On March 16, 14 collegiate debate teams, including the university’s team, went head to head in a full day of debates, culminating in the final round debate that evening in Wilson Hall Auditorium.

Six teams advanced to the final round of debate, which focused on the issue “Resolved: that the time has come for the United States to reinstate a draft for compulsory military service.” During the final round, the crowd enjoyed the excitement of debate, in which several teams argued their side of the resolution while audience members were able to comment and ask questions.

After much deliberation by the judges, the debate team from Towson University won possession of the Madison Cup. The team from Yale University placed second and Georgetown University’s debate team placed third.

Throughout the week, both James Madison and the university were honored as students, faculty and others who attended events celebrated a long-standing tradition of excellence.
Students raise awareness of violence against women.

Walking through the Clothesline Project, a student reads the moving messages on shirts created by people who have been affected by violence against women. The Clothesline Project was established in 1990 in Massachusetts. Photo by staff photographer. Walking through the Clothesline Project display, senior Rachel McRae stops to reflect on the emotional meaning behind the shirts. Each year, Take Back the Night worked with the Clothesline Project to display the collection of shirts, which continued to grow each year. Photo by staff photographer.
As the sun set over the Commons after a perfect March afternoon, the 10th annual Take Back the Night event began. Sponsored by the Women's Resource Center and the Center for Multicultural and International Student Services, Take Back the Night was an evening dedicated to raising awareness of sexual assault and violence against women.

"People shouldn't be afraid to talk about tough issues," said coalition member Elissa Winarski, music committee head. "When things are out in the open, change and healing can start to take place." Fundraising for the event began in October 2004, and the Take Back the Night coalition met twice a week during the course of the year to plan fundraisers and the event.

The event began with a variety of musical performances to lighten the mood. Performers included Chris Stup, assistant director of Student Organization Services, Slave to the Brain, the Overtones and Exit 245.

"The heavens have shined upon us," said Hillary Wing-Richards, assistant director of the Women's Resource Center, as she introduced the evening's first speaker, alumnus Brad Perry. Since graduating, Perry has trained the members of One in Four, a men's organization dedicated to the fight against rape and sexual assault. He spoke about strategies to help end sexual abuse, saying the most important aspect was to "change the attitudes and norms of our culture."

Coalition members dressed in uniform purple event shirts and passed out white ribbons for students to wear to show their support of survivors of sexual assault. During "Songs of Sexism," a group of students presented popular songs from a variety of genres with sexist, violent and graphical messages. Among the songs selected were "Confessions" by Usher, "Murder, Murder" by Eminem and "Ask Me" by Amy Grant. Each song was paired with a statistic that addressed each of the different songs' lyrics, including the fact that 75 percent of sexual assault victims required medical attention after being attacked.

Representatives from other women's resource organizations were in attendance at the event and each were given an opportunity to speak to the crowd about the services they provided. One in Four spoke on the importance of recognizing sexual assault as not only a women's issue, but a community issue as well.

"We gathered men at the event to show support to all survivors," said graduate Grant Schafer, former president of One in Four. "I feel this was a powerful message and hopefully provided some comfort to survivors knowing that there are guys who want to be part of the solution to end violence against women."

In addition to talking at the event, Citizens Against Sexual Assault (CASA) and Campus Assault Response (CARE) set up tables and distributed information to interested students. CASA's services included support groups, trained counselors and intervention counseling.

Elizabeth Stalcup, a well-known inspirational speaker from Reston, Va., was the evening's second speaker. Stalcup ran a healing center out of her church, the Church of the Apostles in Fairfax, Va., for both victims of sexual abuse and their families.

The speak-out, the most powerful and emotional event of the evening, provided an opportunity for anyone in attendance to step up to the microphone and tell their stories about sexual abuse. This open forum created an atmosphere where healing could take place. Immediately following the end of the speak-out, a candle-lit march progressed through campus.

"There was a very small group that went on the candlelight vigil, which made it more meaningful because it was an intimate group," said graduate Audrey Koehler, a coalition member. The march carried a message of support to victims who chose to remain silent and demonstrated the continuing dedication to ending sexual violence.

Presented in association with Take Back the Night, the 13th annual Clothesline Project was held March 30 and 31 in Transitions. Sponsored by First Year Involvement, the event displayed over 500 shirts, each decorated by either a survivor of sexual assault or relatives and friends of victims. Visitors were asked to remain silent while present at the display. Sounds of screaming echoed in the distance as a gong sounded every 15 seconds, representing the statistic that every 15 seconds a woman is battered in the United States.

Each shirt had a different message; some of anger, others of forgiveness. Some expressed the pain carried by the victim since his or her attack, while others illustrated the isolation felt as a result of his or her victimization. Whatever the theme of the shirt, each was powerful in its own way.

"As JMU students, we live in our JMU bubble and tend not to think about these important issues. One in four women at JMU will be the victim of sexual assault or attempted assault by the time she graduates," said senior Sarah Smith, Take Back the Night coalition chairperson. "My motivation to become involved with the Women's Resource Center and Take Back the Night was to see that number decrease from one in four to one in five and eventually one in six. This will only happen if awareness is created."
An aura of paradise swept through campus during Greek Week. The sun seemed to shine a little brighter and temperatures rose to numbers reminiscent of tropical locations. Even the wind picked up speeds reflective of those on a sandy coastline and attitudes of students evolved into a sunnier disposition during the week in the sun.

The Interfraternity Council (IFC) and Panhellenic Council worked together planning the week and hoped to create more unity and involvement within the Greek and campus communities as a whole. New events were created, including a new philanthropic event, which entertained the crowd. A number of other groups entertained during the event, including True College Experience and the breakdance club.

Performing at Battle of the Bands, senior Tejas Singh of Shady Potato entertains the crowd. A number of other groups entertained during the event, including True College Experience and the breakdance club. Photo by Mindi Westhoff

During intermission, members of the breakdance club perform for audience members. The club performed at many events, including the sixth annual Circles breakdance competition, hosted by the university. Photo by Mindi Westhoff

Anticipating her fall, junior Gwendolyn Brantley of Zeta Tau Alpha (ZTA) drops into the water. As President of ZTA, Brantley helped raise money for Greek Week philanthropies. Photo by Mindi Westhoff

by katherine schuster

March 10 marked the beginning of Greek Week with the debut of the Shack-A-Thon. At 3 p.m., sororities and fraternities crowded onto the fields outside the Festival Conference and Student Center armed with cardboard, duck tape and trash bags, the only supplies allowed to be used. Some fraternities and sororities were very crafty with their shacks. The women of Delta Delta Delta painted their shack purple and covered the roof with trash bags sprinkled with silver glitter. Different colored flowers were pasted all over the outside of the shack, making it bright and colorful.

During intermission, members of the breakdance club perform for audience members. The club performed at many events, including the sixth annual Circles breakdance competition, hosted by the university. Photo by Mindi Westhoff

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The Interfraternity Council (IFC) and Panhellenic Council worked together planning the week and hoped to create more unity and involvement within the Greek and campus communities as a whole. New events were created, including a new philanthropic event and a spin-off on the game show, "Singled Out," a big MTV hit in the 1990s. Junior Ryan Tamborini, IFC community service chair, said, "We wanted to come up with creative and new ideas that would increase participation and catch the public eye."

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On the other hand, the brothers of FIJI transformed their shack into a tiki hut, complete with an inflatable pool and tiki lights. Very conducive to the theme of Greek Week, their hut was massive and caught the eye of numerous students walking past the area.

Tamborini and his counterpart, senior Courtney Perrine, Panhellenic community service chair, prepared for the event over the course of four months. With the help of graduate assistant Lisa Fant, their goal was to simulate the life of a homeless individual and raise a week in paradise

New events during the week help foster Greek unity.
awareness of the growing homeless community. Each fraternity and sorority was required to pay an entry fee in order to participate. They were also given jars to collect donations while they camped out in their shacks. Each organization was required to have at least two members present at all times from 3 p.m. Sunday until 9 a.m. Wednesday in order to receive points. All the money raised from the event was given to the local Habitat for Humanity to help build more low-income housing in the Harrisonburg area. Overall the event raised approximately $3,500. "The participation was the highest it has ever been for any single community service event in the past," said Tamborini. "Additionally, we found a much happier and more productive drive for each chapter due to their interest in the event and their belief in what they were working toward."

The university's own version of "Singled Out" premiered on Monday at 8 p.m. in Grafton-Stovall Theatre. One sorority woman and one fraternity man were selected as contestants and were asked to fill out a survey of their ideal date. Fraternity men and sorority women interested in being chosen by the contestants were asked to fill out a similar survey. The "Singled Out" committee calculated the results and those seeking a date were released when their answers did not match those of the contestant. The contestant was given a lifesaver to use on the date seeker of his or her choice if they were dismissed from a round. By the final round, three date seekers were left and forced to do outrageous things for the opportunity for a date with the contestant. One date seeker sucked the toes of the female contestant while another gave the male contestant a seductive massage. The contestant chose the top date seeker and received gift certificates to popular restaurants in the Harrisonburg area. The new couples walked away to the cheers of a jam-packed Grafton-Stovall Theatre. Senior Kelly Smith participated in "Singled Out" and made it to the third round. "I thought "Singled Out" was a really fun experience," Smith said. "It was a creative way to bring the Greek community together."

On Wednesday, Battle of the Bands was held in the Festival Center Ballroom. Points were again awarded for the number of Greeks that came out from each organization. The majority of the bands that performed had members from a Greek organization. The breakdance club also made an appearance to hype up the crowd.

Greeks filled the Commons on Thursday for Commons Day. The annual penny wars took place as each Greek organization was designated a specific jar in which to cram as many copper pieces as possible. Competitive organizations were also seen placing silver coins and dollar bills into other organizations' jars in an effort to give negative points.
Posing for the judges, the sisters of Sigma Sigma Sigma (Tri Sigma) perform "If I Was a Rich Girl" in "Sigmas of the Caribbean." Tri Sigma placed third in the Greek Sing competition. Photo by Mindi Westhoff

Posing as Napoleon Dynamite, a sister of Alpha Sigma Alpha (ASA) entertains the crowd. ASA was the first to perform. Photo by Mindi Westhoff

Leaping into the air, junior Amy Ferro and graduate Lauren Townsend perform with Delta Delta Delta (Tri Delta). The defending champions of Greek Sing performed "Delta Jailhouse Rock." Photo by Mindi Westhoff

Finishing up their dance routine, dancers from Sigma Kappa dance to "Heartbreaker" by Mariah Carey. Sigma Kappa coordinated dances to many other songs along the same theme, including Billy Ray Cyrus' "Achy Breaky Heart" and "Oops I Did It Again" by Britney Spears. Photo by Mindi Westhoff

Performing a solo, a sister from Alpha Phi entices the audience. Alpha Phi had a creative and appealing theme, and went on to win Greek Sing. Photo by Mindi Westhoff
Posing with hands on their hips, the sisters of Tri Delta pause with backs to the crowd. They participated in many events throughout Greek Week, including Shack-A-Thon and “Singled Out.” Photo by Mindi Westhoff.

Lining up, members of Zeta Tau Alpha dance to “Respect” by Aretha Franklin. Members practiced for four hours a week to perfect their choreographed routine.

Photo by Mindi Westhoff.

Jamming along to “Bad to the Bone,” senior Didi Gladis and fellow sister of Tri Delta graduate Kerri Conning strum air guitars for the cheering crowd. Tri Delta performed a number of songs, including “Fly Away” by Lenny Kravitz.

Photo by Mindi Westhoff.

Striking a pose for the crowd, a dancer from Sigma Kappa performs during their “Heartbreakers” performance. Sisters designed their own costumes for the event.

Photo by Mindi Westhoff.
A new addition to the event was a dunk tank. Each Greek organization nominated a member to sit at the dunk tank for 30 minutes. Prominent university figures also took the bench, including Mike Citro, coordinator of Fraternity/Sorority Life, and Dr. Mark Warner, vice president for student affairs. Each student hoping to dunk their friends or favorite faculty member paid $1 for three throws. If they were not able to hit the target in three throws, they often ran up and hit the target themselves. Junior Anna Lewis said, "The dunk tank was an awesome asset to Commons Day. It was fun watching my friends and well-known faculty get dunked." A blood drive was also held in Transitions where both Greeks and non-Greeks lined out the door to donate blood.

On Friday night, Greek Sing, the most anticipated event of Greek Week, took place in Godwin Hall gym. Fraternities and sororities competed in elaborate dancing and singing performances for the title of Greek Sing winner. Sororities typically began planning for the event months in advance and practiced the choreography for weeks. Greek Sing was known for drawing a huge crowd of both Greeks and non-Greeks. The event consistently brought in the most money of any event during the Week, and all proceeds from admission benefited the various Greek Week philanthropies. The event raised close to $10,000.

This year, the women of Alpha Phi won the Greek Sing competition with their theme of "City Girls, Country Gals." Delta Chi took first place among the fraternities. Faculty members, staff and alumni judged the sororities and fraternities based on dancing, themes, props, chorus and energy, as well as following proper set-up and clean-up procedures.

Points were also tallied from all the week's events and the winner of Greek Week was announced at the end of Greek Sing. Alpha Phi took first place among the sororities with a total of 630 points and Theta Chi took top seating for the fraternities with a score of 620.

"We were all extremely overwhelmed with excitement that day. It was awesome to know that our extensive practicing and planning had been worth it in the end," said senior Kari Deputy, a member of Alpha Phi. "I was really happy to win Ms. Greek on top of everything else; it could not have been any better!"
Music Takes Center Stage

A diverse group of performers are welcomed by excited students and screaming fans.

Jimmy Eat World, Taking Back Sunday & The Format

by alicia stetzer

The Convocation Center was not yet full when The Format took its spot on the stage. The five members of the Phoenix-based pop/rock band came to Harrisonburg as part of a cross-country tour that was publicized as one of the biggest rock tours of the year. People continued to file in throughout the opening act, most faces showing signs of confusion, as many were not aware that there was an additional band performing.

Sophomore Alex Seabrook said, "I came here to see Taking Back Sunday in particular, but the opening act was really good. I had never heard of them before. I didn't know the show was starting early; my suitemates actually came late and missed the first band."

Their music was best described as upbeat pop/rock infused with heavy metal guitar riffs, but the band continually switched things up by incorporating tambourines, having the drummer occasionally act as a back-up singer and with the keyboardist showing off his multiple talents.
Screaming along with Motion City Soundtrack, fans show their enthusiasm. The indie-rock show was UPB's major spring concert.

Rocking out for enthusiastic fans, Taking Back Sunday's lead singer, Adam Lazzaro, impresses the crowd. Fans were seen crowd surfing, dancing and screaming along to the group's performance.

Photo by Heidi Westhoff.
Performing at the Convocation Center, Jim Adlcan, lead singer of Jimmy Eat World, sings "Last Goodnight." The band played many tracks from their latest album "Stay On My Side Tonight." Mindy Wcslhoff

by picking up the acoustic guitar for one of the songs.

By the time Taking Back Sunday hit the stage, it looked like a sold-out show. As the band came out, they played a version of the "Star Wars" theme, followed by their own music. Many fans had not completely entered the Convocation Center, resulting in crowd surfing on the floor and mosh pits in the doorways as people made their way to their seats.

Lead vocalist Adam Lazzara, wearing a quirky striped shirt and swinging his microphone around his neck, was reminiscent of some strange combination of Freddy Mercury and Freddy Krueger, though he was, without a doubt, entertaining.

"You guys look fantastic," Lazzara said. "If I would have known how good-looking everyone is here, I would have worn a nicer shirt."

The band quickly progressed into "The Union," which had such a rocking bass beat that it left the floor shaking, even without the fans jumping and screaming along. During one of their more recent hits, "You're So Last Summer," the audience joined in, a mosh pit began in the floor section and projectile objects began landing on the stage.

In "Number Five With a Bullet," Lazzara dragged the microphone stand all around the stage and sang passionately on hands and knees, while bassist Matthew Rubano attempted some impressive "Kill Bill" kicks. Lazzara paused to thank Jimmy Eat World for the opportunity to join their tour, saying, "This is, I think, the best tour we've ever been on. They're really nice, and they're good-looking too," he said.

Following crowd favorites "Cute Without the 'E' (Cut From the Team)" and "This Photograph is Proof," Lazzara sang a bit of Boyz II Men's "End of the Road," indicating the final song of the set. "Hell yeah, Boyz II Men, what's up?" Lazarra shouted into the mic. "I don't care how punk rock you are, if you like Boyz II Men, you're cool in my book," he said.

As Jimmy Eat World began their performance, the crowd was more than ready for the final set of the eve-
The set opened with lead singer Jim Adkins alone on the stage with a microphone stand and spotlight, and following minor microphone difficulty, the group’s performance started with “Last Goodnight.” One by one, each band member came out from behind the curtain.

With “Bleed American,” the curtains opened, revealing 18 TVs littering the stage, giving visual stimulation to accompany the auditory. This song had the whole audience engaged, with even the fans on the very top row of the Convocation Center jumping up and down ecstatically.

Adkins addressed the crowd, saying, “We wish more colleges were this cool.” The band then began playing one of their newest singles, “Work,” which Adkins assured, “is about nothing academic.”

Fans sang along to “23” while swaying and holding up cell phones in the tradition of JMU, a sort of tribute to classic rock’s cigarette lighter tradition. The obvious crowd favorites were some of the band’s older releases, including “The Middle” and “A Praise Chorus,” where the whole crowd jumped simultaneously throughout the venue.

For their encore, Jimmy Eat World played perhaps their two most famous songs, ”Pain” and “The Sweetness,” leaving the crowd wanting more.

Junior Andrew Carayannis participated in the mosh pit that went on throughout most of the second two sets. “Being on the floor is definitely the way to go, especially at a show like that one,” Carayannis said. “I feel like you get a different experience if you’re on the floor than if you’re in the stands. Obviously, you’re closer to the band, but also, you’re able to get in on things like the mosh pit.”

“The concert was a huge success,” said senior Jamie Fox, UPB’s director of media and public relations. “All the floor tickets were sold out on the first day of sales, and the remaining tickets were sold out within the next several days.”
Smiling in a rare calm moment, Brett Detar of The Juliana Theory croons for fans. Detar dedicated the last song of their set to their road manager who was serving his last night with the band at this concert. Photo by Mindi Westhoff

Phantom Planet, Motion City Soundtrack & The Juliana Theory
by colleen pettie

Phantom Planet, Motion City Soundtrack and The Juliana Theory rocked the Convocation Center on Nov. 29. The Juliana Theory opened with great energy that got the crowd going as lead singer Brett Detar’s strong vocals elated the stadium and the intense groove of guitarists Josh Fielder and Josh Kosker pumped up the crowd. They began with “Shotgun Serenade” from their fourth album, “Deadbeat Sweetheart.” Their hard and fast style of performing reflected their style of lyric-writing and conveyed to the audience their intentions of being around for a while. They finished with an intense scream from Detar that lasted an impressive 45 seconds.

Motion City Soundtrack was asked to tour with Blink 182 in Europe and Japan last year because of their intoxicating energy. Lead singer Justin Pierre was just as personable as he was talented. In between songs he kept things lively by giving facts about band members. Pierre jumped around the stage with enthusiasm as he sang and band member Jesse Johnson surprised the audience when he did a handstand on the keyboard, kicking his legs into the air. Crowd surfing was spurred and several people made it through before being brought down by the bouncers. Motion City Soundtrack’s punk style mixed with hard rock proved to be both fun and intense, as the audience was as enthused as the talented performers.

Phantom Planet opened with lead singer Alex Greenwald onstage playing tambourine with drummer Jeff Conrad. Their funky beats, heavy bass and early 1970s rock n’ roll sound combined with impressive guitar solos...
for a sound that was completed by the smooth vocals of Greenwald. While this band was very different from the two that preceded it, Phantom Planet managed to win the audience over. Just when the music was beginning to get mellow, Greenwald suddenly jumped down in front of the pit and sang to the crowd; waving his arms over them, teasing them, but with a fun demeanor.

The encore was set with low blue lighting. Greenwald came on stage alone, singing "Anthem." The rest of the band then joined him for their version of "Phantom of the Opera." This led to their final piece of the evening, "California," the theme song of the popular TV show, "The OC." This incredible live version combined body percussion with heavy drums, bass and electric. The band played for an hour and a half and the crowd left pleased and impressed.

Freshman Katie Zetts, a huge Phantom Planet fan, encouraged freshmen hall mates Christina Singletary and Ashley Jones to go to the concert, who discovered themselves to be big fans as well. They said that the Phantom Planet members were all really funny and nice. At the meet-and-greet session, band members drew pictures along with their signatures. They even took pictures with the star-struck girls, who were tongue-tied when they were with the band, but still enjoyed themselves.

Greenwald offered advice to new performers post-show when he said, "If you want to learn how to play guitar, learn your favorite songs first and before you know it you'll be playing all the time. You'll know how to play and you'll love it."
Howie Day & Brandi Carlile

Colliding with newcomer artist Brandi Carlile, Howie Day, presented by Verizon Wireless, rocked out at Wilson Hall Oct. 5. After coming out with his hit single “Collide” last year, Day skyrocketed to pop stardom, ruling the teen scene as well becoming popular among young adults.

“I was really excited about having a sold-out event for our first concert,” said senior Jamie Fox, UPB’s director of media and public relations. “We chose Howie Day because of responses we got from our survey and then everything just fell into place.”

If the spectacle of seeing Day perform live on stage was not enough, students with Verizon Wireless service could send a text message to a certain number for an opportunity to meet with Day after the show.

“I love Howie Day. I’ve been listening to him since “Collide” came out,” said freshman Caitlin Burgess. “I was so excited to hear him sing songs I knew but I also enjoyed getting to hear his new things.”

Both Day and his opening act Brandi Carlile referred several times during their sets to the university as their most exciting location yet.

Since most students were used to the calmness of Day’s mellow single, “Collide,” he surprised everyone with innovative techniques and different, upbeat styles during the performance. His most interesting new approach was a method he learned from artist Joseph Arthur, called “loop sampling,” in which he drummed on his guitar, making a system of rhythmic beats that matched his songs. Day said he liked being able to try out new ideas on the audience because everyone was accustomed to his old style.

“It wasn’t like all the other concerts I’m used to,” said freshman Julie Kim. “It was just him having fun with us.”

Although Day had been on the music scene for a few years, he had known he wanted to be a singer from a very young age. “I’ve always been into music, but when I was 16, everyone started giving me shit about where I was going to go to college. At that moment I stopped listening to teachers and just decided to do my own thing,” said Day.

But Day was not an overnight success. Like many artists before him, he emerged from the world of folk music and worked the coffee house scene. A lot of students connected with Day’s music and lyrics because he wrote songs about meaningful concepts that students could relate to personally.

“I think almost everyone can relate to most of
what Howie Day sings about. He sings about love and relationships and beginnings and endings," said freshman Gretchen Powell.

Smiles widened across the faces of an animated and passionate crowd as Day finished his final song and thanked the audience. As the crowd dispersed, an excited buzz could be heard throughout the auditorium, proving that Day truly had kicked off the year with an unforgettable musical event.

Jim Brickman by Rachael Grosedose

As the crowd entered Wilson Auditorium April 7, students were greeted with a stage set with a solitary piano and a beautifully lit background. Moments later, without saying a word, pianist and songwriter Jim Brickman walked on stage, sat at the piano and began moving his fingers gracefully and powerfully across the keys, as sweet and romantic music filled the room. Brickman opened with an instrumental piece, "Remembrance," to begin his concert titled, "An Evening of Romance with Jim Brickman," sponsored by Masterpiece Season Encore Series.

Brickman's music attracted students from all majors and backgrounds that were familiar with his work. Senior Colleen Pettie said, "I went to the concert with my boyfriend because he really liked the song "Love of My Life" and used to always sing it to me. I didn't know who Jim Brickman was. I had heard a lot of his earlier songs, but didn't realize it was him until he played them at the concert."

After his opening song, Brickman set the casual and intimate tone of the show by introducing himself to the audience. He joked about the romantic title of the concert and said, "Plan on holding someone's hand. If you didn't come with anyone, we do have an intermission so maybe you can meet someone then." Brickman continued the relaxed mood with humorous stories and song background between the pieces.

Along with building a rapport with the audience, Brickman introduced his longtime friend, singer Anne Cochran, who sang with him to many of his popular songs.

Brickman treated the crowd to a variety of genres, playing songs from old albums, including "Serenade," a mixture of salsa and classical piano. He maintained the romantic theme of the concert when he played his first popular lyrical song called "After All These Years," sung by Cochran. He followed with another hit, "The Gift," a song originally played during Christmas, but also a popular song at weddings. The elaborate background changes during the concert set the mood for different songs by projecting colors and images such as stars, trees and rain onto the background of the stage.

During the second half of the program, Brickman enticed the crowd by playing a song he referred to as "homeless and nameless" and asked for help naming the song. A question and answer portion of the show allowed audience members to ask questions from cards they had filled out during intermission. Junior Ashley Atkins said, "The question and answer section was my favorite part. I asked him if he would marry me. Even though he didn't answer my question it was interesting to find out some things about him I didn't know."

Following Brickman's main performance, he and Cochran both returned for an encore featuring "Angel Eyes" and "Simple Things."

"I was really glad I attended the concert," said Atkins. "His talent combined with his performance style made for a really enjoyable performance." After Brickman's encore and exit, the crowd continued to cheer and clap, showing their appreciation of a relaxing evening of music.
Entering Bridgeforth Stadium, graduate and math major, stands out among his classmates with his autographed antler cap. Many students fashioned unique caps in order to be easily spotted by their parents on graduation day. Photo by Mindi Westhoff

Standing with his father, computer science graduate poses for a picture taken by his grandmother after the ceremony. Students were able to spend time on the field with their families before proceeding to their individual ceremonies, organized by major. Photo by Mindi Westhoff

Reminiscing about grilled cheese day, the national championship and the kindness of his fellow students, SGA-elected speaker addresses the graduating seniors. Keown also served as the Duke Dog publicist and was partially responsible for the Duke Dog's nomination for Mascot of the Year. Photo by Mindi Westhoff

Hugging her younger sister Joya, graduate smiles as her mother takes a picture. Wilson graduated with a Bachelor of Music and was a member of Alpha Kappa Alpha Sorority Inc. Photo by Mindi Westhoff
promising beginnings

Coming together, seniors say their last goodbyes.

by Erin Barocca and Mindi Westhoff

When graduates entered Bridgeforth Stadium at 8:30 a.m. on May 7, they were greeted with the usual fanfare of spring commencement. Flowers decorated the stage, the concert band played and the stadium was filled with family members eager to congratulate their graduates.

Bridgeforth Stadium was home to the main commencement ceremony on graduation day. Every graduating senior filed onto Zane Showker Field to be addressed as a class before branching off to their separate ceremonies, organized by major. Students entered the stadium through different entrances while a processional, which included “Liberty Fan Fare” by John Williams and other pieces, could be heard throughout the stadium. Once the students took their seats, the cell phone calls began as excited graduates attempted to locate their family members in the sea of faces watching the event.

Many students decorated their caps or wore outlandish accessories to show their individuality and be noticed by their parents. Health sciences graduate Kristen Finsness covered her hat with garland and confetti, and said, “I just wanted something that would reflect the spirit of JMU.” Students also wrote comments on their caps such as “Hire Me,” “Will Work for Food” and “JMU 05.” Nursing majors Kathleen Huband, Catherine Jordon, Shannon Ahern and Erin Curtin wore leis of various colors while studio art majors Jessica Lohr and Leslie McFadden wrapped ribbon around giant sunflowers and carried them to accept their diplomas.

After all of the students were seated, they were addressed by a number of speakers. Following an introductory speech by President Linwood Rose, the class gift was presented by Christina Deery. Former SGA President Tom Culligan congratulated the accomplishments of his fellow students. Honorary speaker, U.S. Treasury Secretary John W. Snow, spoke to graduates about their future aspirations and making the most of their experiences at the university. Snow, who earned a doctorate in economics from the University of Virginia and graduated with a law degree from George Wash-
ington University, spoke with extensive knowledge of the university and other Virginia schools.

The SGA-elected speaker, communications major Michael P. Keown, spoke to the graduating seniors about his experiences at the university. He reminisced about familiar experiences shared by all students, including using trays for sleds during snow days. Keown, who was the Duke Dog's publicist, also talked about his time spent helping the Duke Dog become the celebrated mascot he is today.

Graduation could be viewed on indoor large-screen projections throughout different buildings around campus. At the stadium, attendees were able to see the processions by live streaming video on the jumbotron.

The recessional featured "Proud Heritage" by William Latham. After the initial ceremony, graduates spent time with their families off of the field where they received flowers and took pictures.

After a short period of time, graduates from the College of Arts and Letters (CAL) proceeded to the Quad and Hillside Field to receive their diplomas and recognize outstanding students. Due to the large size of the college, it was necessary to split the graduates between the two locations. Other school graduations were held in the Convocation Center and on the field outside of the ISAT and Health and Human Services Buildings.

Dr. Iain MacLean delivered greetings from the faculty during the CAL ceremony and graduates were recognized for their hard work when they received their diplomas. International affairs major Jessica Lachman was among those recognized and received the honor of Outstanding International Affairs Student for her hard work and 3.926 grade point average. English major Erica Ferrandino was named Outstanding Student in the English Department and history major Kelly Martin was named Outstanding History Student.

The university awarded 2,859 bachelor's degrees, 320 master’s degrees and 13 doctoral degrees.

Students left the ceremony with fond memories of the university. "Graduating from JMU is not only a finalizing experience, but an opportunity for us in the class of 2005 to take what we've experienced and share it with the rest of the world," said finance graduate Wes Price. "Friendships created during my freshman year while living in Eagle Hall and participating in everything the school has to offer have not only helped me in the past four years, but will stay with me for the rest of my life."
Shaking hands, graduate, an English major accepts her diploma at the College of Arts and Letters graduation. Kisa, an English major, was joined at the ceremony by her parents and two younger sisters, Danielle and Katie. Photo by Mindi Westhoff.

Attempting to get her parents' attention, graduate, a sociology major, waves her name card in the air. Even in the smaller, individual ceremonies, it was difficult for parents to locate their students, and the sight of graduates on their cell phones was common. Photo by Mindi Westhoff.

Graduating seniors listen as the Alma Mater begins the ceremony. Bridgeforth stadium was filled with 3,000 graduating seniors of all majors for the opening ceremony. Photo by Mindi Westhoff.
Sliding around stage, the OPAs perform a skit disguised as incoming freshman. As the first program of the day, the Rapid Fire skit was a humorous and fun way for freshmen and parents to begin their day. Photo by Mindi Westhoff

Posing in front of hundreds of parents and students, junior John Robinson is cheered on by fellow OPAs. The OPAs were hired in February and grew extremely close with each other throughout the summer. Photo by Mindi Westhoff

Dancing around, OPA Laila Duncan initiates an icebreaker with her group of freshmen. Icebreakers were used by OPAs and FROGs so they could get to know their freshmen better. Photo by Mindi Westhoff
O-Team unites to acclimate incoming freshmen.

Take two Student Orientation Coordinators (SOCs), two 1787 Coordinators, one Multimedia Maestro, four Orientation Office Assistants (OOAs), 24 Orientation Program Assistants (OPAs), nine Assisting New Transfer Students (ANTS) and 250 FROGs (First year Orientation Guides) and the Orientation Team (O-Team) is complete.

The selection process for the Multimedia Maestro, SOCs, 1787 Coordinators and Orientation Office Assistants was completed by December 2004. All students quickly began planning for the selection of OPAs, FROGs and the summer orientation programs. By February, the 24 OPAs had been selected with a strong emphasis on teamwork. In the initial OPA meeting with the rest of the staff, each member was asked to bring an object that embodied a personal characteristic. This process allowed OPAs to open up and share personal stories and experiences while they learned a vital aspect of each person’s life.

The principle of teamwork was especially emphasized during the O-Team retreat in February, which was held overnight at Camp Horizons. Each student who attended was asked to decorate a box inside and out. The outside was intended to reflect how the person felt others saw them, while the inside reflected how the person viewed him or herself. Senior Kelly Ross, an OOA, said, “The get to know each other exercises at the retreat allowed you to delve deeper into one another. The “Who Are You?” game broke down all the barriers I’ve ever tried to keep up in front of someone.”

The orientation purpose was, “Orientation prepares students to be active and authentic participants in the JMU learning experience.” All members then prepared their own personal mission statement for growth and development during their involvement with orientation. At the conclusion of the retreat, they wrote a letter to themselves about their experience over the weekend and how they hoped to grow in the next few months.

By April, all the ANTS and FROGs had been selected and attended a primary training session before the conclusion of the semester. FROG groups consisted of 10 members and were designated an OPA who served as a leader and mentor throughout orientation.

Transfer orientation began on June 6. Many of the OPAs and ANTS arrived a week early to train for the arrival of transfer students. New aspects were implemented for Transfer Springboard. All of the ANTS were transfer students at one point, and could better relate to what the incoming transfers were experiencing. There were more programs and fairs throughout the day in an effort to ease the transfer experience. Each day, nearly 100 incoming transfer students arrived to become better acquainted with the university and register for classes. The OPAs and ANTS served as resources to the transfer students and were constantly available to answer questions or calm any worries the incoming students had experienced. Senior Sarah Crist, one of the ANTS, said, “I thoroughly enjoyed being part of the ANTS because it gave me an opportunity to give back
in relation to my own personal transfer experience. I was really able to connect on an individual and personal level with many of the students since I knew where they were coming from.”

At the conclusion of transfer orientation, the remaining OPAs moved into Willow Hall and began training for Freshman Summer Springboard. Their training lasted over 12 hours a day for a week, and included motivational speakers and instruction on preparing for the arrival of freshmen.

Freshman Summer Springboard occurred over the course of three weeks. The eight-hour days could not have run smoothly without the collaboration of OPAs, SOC’s, 1787 Coordinators, OOA’s and the Multimedia Maestro. Each member played an integral part in the incoming freshmen’s first day as college students. After check-in, parents and students were able to witness Rapid Fire, a presentation for incoming freshmen in the Wilson Hall Auditorium. Steve Grande, director of orientation, called the OPAs on stage and then had them “fire” away burning questions such as, “Someone is going to come pick up my laundry for me every week, right?” During the same program came the infamous OPA introduction where OPAs ran on stage decked out in costumes that collaborated with their baby picture being projected on screen. Senior Jake Miller’s picture was from when he was about five years old, sitting in a laundry basket. The caption underneath read, “Jake ‘Don’t Forget Your Quarters’ Miller.” When his picture was displayed and his name announced, he ran on stage with a laundry basket around his neck and laundry detergent in hand.

Each freshman was assigned an OPA based on their major and met with that person and other incoming students at the conclusion of the Wilson Hall presentation. This allowed them the opportunity to meet other freshmen of the same major that they could potentially have had classes with over the next four years. While the student met with their OPA, parents attended various information sessions to ease the transition into college. At times, the parents were more anxious than the students. “I can remember one day during Springboard when these two parents were so upset that they couldn’t go with their student to advising. They were so stressed and kept asking me dozens of questions,” said OPA Scott Bordeau. “I wasn’t sure if I had done a sufficient job helping them, but I ran into them again and they were so thankful that I had helped them out. It definitely made me feel like I was making a difference.”

On Aug. 21, the 250 FROGs arrived to begin training for 1787 Orientation. Over the course of three days, they were trained by their OPAs, listened to motivational speakers and learned the infamous FROG dance.

Wednesday finally arrived, and the entire O-Team put on their game face for freshman move-in day. OPAs and FROGs alike were seen all over campus lugging refrigerators, televisions and boxes up flights of stairs into steaming hot dorm rooms. Their physical strength was not the only attribute needed; they also needed emotional strength for those students who were scared about leaving home. The FROGs not only helped calm these fears, but also got freshmen pumped for the exciting array of events going on throughout the week.

Over the next four days, freshmen were able to attend activities planned by 1787 Coordinators Keith Mann and Angela Cangemi. Highlights included the talents of Michael C. Anthony, renowned hypnotist, who performed two different shows. Vic Henley, a comedian who had appeared on “The David Letterman Show” and Comedy Central, did a stand-up comedy routine. Another popular event that made a comeback was “The Duke is Right,” in which the Reality Peer Educators Advocating Campus Health informed students about alcohol and drug awareness and safe sex. The information session turned into a battle of the halls as freshmen dressed up in outrageous attire for a chance to be chosen as contestants. Madison at Midnight also returned, complete with free food and a DJ. Freshmen, FROGs and OPAs played beach volleyball in the village courts.

The second annual Centennial Challenge took place on Saturday as FROG groups competed in a campus-wide scavenger hunt for the chance of eternal glory. Winners’ names were engraved on a plaque for future students to admire. Sophomore Kirsten McGlone, who
Helping a freshman toward Eagle Hall, a FROG leads the way. OPAs and FROGs spent freshman move-in day helping students and their parents carry belongings to their dorm room. Photo by Mindi Westhoff

Preparing to rip open their Centennial Challenge envelope, two FROGs are anxious to begin the campus-wide scavenger hunt. The Centennial Challenge began in 2004 with the centennial class and has become a tradition. Photo by Mindi Westhoff

Getting ready to yell rock, paper or scissors, a team of freshmen hope to beat their opponents. Rock, paper, scissors tag was a fun and popular icebreaker but also a competitive game during 1787 Orientation. Photo by Mindi Westhoff
served as a FROG, said, "I realized that if you only help one or two freshmen, you're still fulfilling your job 100 percent. One of my freshmen only came to the first meeting, but she later left me a message on Facebook saying how much she appreciated what I did during orientation. It does make a huge difference; if you help one person, you've done your job."

Similarly, 1787 Orientation events were planned for transfer students. This was the first year that so many programs were available to the transfer students. Their events kicked off with a picnic and fair, which gave them the opportunity to meet other transfers. ANTS and OPAs were at all events to help ease the transition to a new university. Senior Matt Skirven, one of the ANTS, said, "I can't wait to see how the transfer orientation experience develops in the coming years. The orientation office has really taken the time to assess what transfer students truly need from an orientation experience and are beginning to offer programs catered directly to those needs."

Whether working for transfer or freshman orientation, the entire O-Team united and worked together as an entity. Their dedication, hard work and collaboration not only helped both families and students transition into a new phase of their lives, but was also recognized on a national level. Bordeau summed up the goal of orientation when he said, "Orientation makes JMU unique because it makes JMU feel like home for incoming students."
Screaming with excitement, freshmen girls get hyped for "The Duke Is Right." The most outrageously dressed and spirited students were likely to be pulled on stage as contestants for the show. Photo by Mindi Westhoff

Believing they have just seen a disgusting object, students act revolted under the hypnosis of Michael C. Anthony. Anthony was a popular attraction and had made numerous appearances at the university. Photo by Mindi Westhoff

Holding back the crowd, OPA Mike Cordingley ensures no one enters Wilson Hall until "The Duke is Right" is ready to begin. All three performances were filled to maximum capacity. Photo by Mindi Westhoff

Admiring the footage of the football team on the jumbotron at the pep rally, FROG Pam Mauney is in awe. For many freshmen, the pep rally was their first experience of school spirit and pride. Photo by Mindi Westhoff
how do you like me now?

Campus undergoes changes to accommodate the growing student body.
As students returned from their summer vacations, they were greeted by several striking changes to the campus and community. A new pedestrian walkway on the Quad as well as a new Duke Dog statue in front of the recently completed Robert and Frances Plecker Athletic Performance Center were added. The physics and chemistry departments settled into their new home in the Physics and Chemistry Building next to ISAT. Also, students were welcomed with the grand opening of Top Dog Café, an on-campus dining facility. The community said goodbye to a familiar restaurant, Biltmore Bar and Grill, which became Ham’s Restaurant.

The new pedestrian walkway was completed over the summer. Designed as a circle with six brick walkways radiating from its center, the walkway was built along the stretch of the Quad in front of Wilson Hall. The pathway was a welcome addition to the already scenic area of the Quad.

"The new path through the Quad looks great," said junior Jason Fleshman. "I feel like it really enhances the aesthetic value of the most beautiful part of campus."

In May, the physics and chemistry departments officially moved into their new building in the Skyline Area of campus. Located adjacent to the east end of the Health and Human Services building, it was a monumental upgrade from the departments’ previous home, Miller Hall. The Physics and Chemistry Building boasted more labs that were spacious, specialized labs such as the imaging lab and tailor made devices in research labs. Professors received actual offices instead of converted storage closets. Dr. Donna Amenta, chemistry department head, said, "The facilities are just phenomenal!"

The new facility allowed for greater ease in scheduling sections for classes. In the past, the chemistry and physics departments had to compete with the biology, geology and other science departments for lab time. Once the new building opened, teaching laboratories were dedicated to specific course level requirements. Also, the new facility became an excellent recruiting tool for the university, as applicants could see the university’s high regard for science and modern facilities to match it. Dr. C. Steven Whisnant, head of the physics department, said, "I think it’s going to open up some really exciting opportunities for the students to get involved in research."

Adding to the campus’ already highly regarded dining facilities, Top Dog Café had its grand opening on Sept. 28. Located in what used to be the PC Ballroom in Phillips Hall, Top Dog Café allowed students to choose from dishes such as sushi, freshly baked bread and deli sandwiches. A favorable addition to any college campus, Starbucks was also featured in the new dining facility. At the time of the facility’s opening, Angela Ritchie, marketing program manager for Dining Services, said, "We are excited about this latest addition to our dining options and anticipate that it is going to be very well received by our students, faculty and staff."

Top Dog Café was created to alleviate the growing strain on dining facilities. It was built in collaboration between the university and ARAMARK, a facilities management corporation. Officials built the new facility with the expectation that it would be a hot spot for dining, much like the Festival and D-Hall, but independent from the other facilities.

The new Robert and Frances Plecker Athletic Performance Center provided student athletes with an upgraded facility in which to train. Budgeted at $9.8 million, the new facility was only the beginning of the process to improve the university’s athletics. The Athletic Performance Center boasted upgraded strength and conditioning facilities, a sports medicine complex, a new football locker room and an academic center. Facilities such as these were expected to help in recruiting, keeping top student athletes and coaches and instilling further pride in a growing athletics program.

Rockingham Hall, the former Howard Johnson Inn, opened its doors this year under its new designation as a freshman residence hall. Located on Port Republic Road near exit 245 of Interstate 81, Rockingham Hall offered a unique experience for freshmen and the hall’s...
Serving a cool ice cream treat, a Dining Services employee talks with another student. The Edy's ice cream stand was one of the new additions to P.C. Dukes, along with a new seafood counter, sushi rolls and the renovated seating area. Photo by Nancy Daly.

Guarding the entrance to the new athletic center, the addition of the Duke Dog statue honors the beloved university mascot. The Duke Dog had been the university mascot since 1972. Photo by Revee TenHuisen.

Taking the bus to class was one thing freshmen in Rockingham Hall had to get used to. Rockingham Hall did, however, have its perks with larger bedrooms and private bathrooms. Photo by Ian Henderson.
residence staff. Although the lack of dining halls in the vicinity was originally a concern, the relative isolation of the new residence hall was not as worrisome as expected. Senior Tina Giustiniani, an RA for Rockingham Hall, said, “It’s nice to have a big bedroom and your own bathroom. It’s not really as bad as it seems.”

Target opened this year at the Valley Mall shopping center in the old Wal-Mart warehouse. Target was one of the nation’s largest and most profitable retail chains, ranked at number 116 on the Forbes 2000 list as of February. The store became another shopping option for the Harrisonburg community and presented competition for the already well-established Wal-Mart presence. Plans for Target had been made at least a year earlier, as The Breeze reported on Target’s deliberations with Valley Mall owners in October 2004.

Another change that met returning students was Biltmore Bar and Grill re-opening as Ham’s, a family restaurant. Offering a laid back place to dine and unwind after a long week of studies, Biltmore Bar and Grill had been a popular hang out for students. “I’m fine with it,” said Fleshman. “It’s easy to forget that Harrisonburg needs somewhere that is focused on a family-oriented environment rather than appeasing the college crowd.” WHSV, Harrisonburg’s local television station, reported that the Biltmore ownership felt food sales weren’t as strong as they would have liked, thus prompting the change.

Major projects changed the look of campus as well as that of the community. The majority of these construction projects were funded by outside sources, not at the expense of other collegiate programs. Ultimately, the changes made over the past year were made to strengthen school and civic pride in an already proud institution.
During recruitment, Greek Row was not a place to be reckoned with. The women gathered along Greek Row were all hoping for the same thing; a chance to belong to a rich history of sisterhood.

"The recruitment experience was unlike anything I had ever done before. It was really tiring at times, just because you had to basically put your best face on for hours at a time," freshman Liz Berke said. "But as the number of houses you went to got smaller and smaller, the meetings got more intimate and I had a ton of fun just hanging out and talking to the sisters."

Recruitment for women and men usually occurred during the second or third week of the fall semester. Women’s recruitment was more formally structured; potential new members were required to register to be able to participate and had the opportunity to visit every sorority on campus.

Mike Citro, coordinator of Fraternity/Sorority Life said, "Recruitment is a mutual selection process. Women going through recruitment have to want to be a part of it and the chapter has to want her too. They both have a say."

Sorority recruitment was organized and run by the National Panhellenic Council (NPC), the governing body of all eight sororities on campus. Sorority recruit-
Recruiting a potential new member, brothers and student about their fraternity, Kappa Sigma. Fraternities planned events to meet potential members. Photo by Mindi Westhoff  

Sitting out on the Commons, juniors and represent their fraternity, Kappa Alpha. Photo by Mindi Westhoff  

Signing up a potential new member, panhellenic women and rho chi's sign up a woman for recruitment. There were 36 rho chi's on Greek Row during recruitment. Photo by Mindi Westhoff  

Sporting the recruitment T-shirt, a woman from panhellenic advertises the benefits of sisterhood. The theme for this year was, “sisterhood is sweet...no matter which one you choose.” Photo by Megan DeSanto
Counseling potential new members between rounds, Rho Chis Jolly Dodgus and Rachel DeVal meet with their group. Rho Chis, short for recruitment counselors, mentored new women through recruitment.

Photo by Megan DeSanto  Getting ready for the next party, women anxiously wait to go into more houses. Women visited all eight chapter houses during rounds, preference night and bid day. Photo by Megan DeSanto  Walking up to Delta Delta Delta, potential new members visit one of the eight sorority houses during first rounds. Over 400 women signed up for the recruitment process. Photo by Megan DeSanto.
ment conformed to NPC regulations, therefore all eight sororities participated in recruitment at the same time.

However, men's recruitment was less structured. Fraternities were able to plan their own individual events, which required the heavier responsibility of actually going out and recruiting people rather than just inviting men to events. "Good fraternities are like college football coaches," Citro said. "They are successful by going out and actively encouraging guys to come out to their events."

Freshman Mike Zoskey said he decided to rush a fraternity because it seemed that out of all the organizations on campus, fraternities were the most tightly knit group of people. "The rush events were a lot of fun and really laid back, which made it really easy to get to know all the guys and not feel intimidated at all," Zoskey said. "The events were well organized and everyone made the effort to get to know you and make you feel like you really fit in."

The Interfraternity Council was the governing body for the men's fraternities, which provided a system of continuity and general guidelines for the 13 recognized chapters, and fostered spirit, encouragement and growth within all the chapters.

"I knew I would be able to meet a group of people from different years that would give me the opportunity to meet a huge web of people," Zoskey said.

Sororities and fraternities were social organizations that "were founded on the sense of preparing members for life in society," Citro said. "They provide a network of brotherhood and sisterhood. There's always going to be a need for that, that sense of belonging."

The first sorority established at the university was Sigma Sigma Sigma in 1939, when the university was still known as Madison College. Fraternities were established after 1976. Over the years, Greeks lived both on campus in the residence halls and off campus in houses. Greek Row was built in 1980 to house the university's Greek organizations. By fall 2003, all of the fraternities had relocated to off-campus housing.

"Despite the changing dynamics and environment, our groups are value-based groups. Friendship, academic achievement, service above self; those threads stay consistent," Citro said.

Community service and philanthropy were big parts of the Greek tradition. One of their most popular traditions was Greek Week and the Greek Sing performance, which brought in about $10,000 each year. This money was used to go back to the Harrisonburg community and to send children with cancer to camp during the summer.

"I was looking for a group of women who were sincere, who I felt actually cared about me," Berke said. "I'm also really big on community service, and I figured that a sorority would be a great way to get involved in philanthropy. Plus, they all require a certain number of community service hours."

If Greeks were not out on the Commons raising money for national organizations, they partnered up with different agencies in the Harrisonburg area such as Big Brothers Big Sisters, Mercy House, the Salvation Army, soup kitchens and retirement communities, where they offered their services and their time.

"It's amazing to see groups step up to this responsibility and to see how invested people become in making a difference," Citro said. "As a community, we try to celebrate by giving back and making a positive impact on the JMU community."
Assessing the damage, students prepare to gut a house in Pass Christian, Miss. Gutting was one of the many jobs students did on the trip, and entailed stripping the house down to the walls to make the rebuilding process easier. Photo courtesy of Kaitlyn Hackett

Going through the debris, senior Eric Miller rolls some insulation from the house. The red zero on the house indicated that there were no casualties inside. Photo courtesy of Kaitlyn Hackett

Helping to remove items, juniors Lindsay Sawyer, Lara Abel, Jillian Treacy and senior Andrea Niner wear protective masks while cleaning up. Students spent their Thanksgiving break helping out in Biloxi, Miss. Photo courtesy of Phillip DeJong

Rising daily, the price of gas climbs to above $3 per gallon. Carpooling and increased bus riding was an outcome of the rise in prices. Photo by Mindi Westhoff
The campus unites to plan Relief Week for those affected by the hurricane.

by Katie O'Dowd

The worst catastrophic hurricane in the nation's history, Hurricane Katrina ripped through the Gulf Coast on Aug. 29, leaving a trail of unimaginable destruction in its wake. In the aftermath of the disaster, students, faculty and staff at the university united to help people affected by the hurricane.

The university's extensive relief effort focused on three primary areas: admitting displaced students, participating in the Commonwealth's Combined Virginia Campaign (CVC) Hurricane Katrina Relief Fund, and establishing the Katrina Relief All Together One Team.

In conjunction with the CVC Hurricane Katrina Relief Fund, students, faculty and staff donated money at various places around campus, such as the University Recreation Center and the bookstore, through Sept. 16. All of the donations were given to the American Red Cross and The Salvation Army. The university collected over $8,500 through this campaign.

President Linwood Rose created the Katrina Relief All Together One Team, comprised of a representative from each of the four university divisions: Academic Affairs, Student Affairs and University Planning, Administration and Finance, and Advancement. The team also included a representative from the Student Government Association (SGA).

"By creating a team representative of faculty, staff and students, we could work together in coordinating, communicating and collaborating on university and departmental ideas and projects," said Donna Harper, executive assistant to the president.

In conjunction with President Rose's initiatives, SGA President Wesli Spencer invited the presidents of all campus organizations to brainstorm ways to help the hurricane victims. "Right after the hurricane, a number of different people and organizations started reacting..."
Brainstorming at the meeting, organization presidents think of long and short-term goals to help hurricane victims. The result of this meeting was Hope Floats week. Photo by Mindi Westhoff

Donating blood in transitions, juniors Dan Ring and Meredith Wessels gives more than just their time. Other fundraisers were held in conjunction with Katrina Relief Week. Photo by Mindi Westhoff
to the crisis," said Spencer. "I had students asking what was going on and who was planning on doing something about it."

At the meeting, the presidents set long and short-term goals for the relief effort. It was decided that a core committee would be set up to plan a Katrina Relief Week. This decision allowed organizations that had already started fundraising to join together and combine their efforts. A focused effort would also make it easier for the Red Cross to collect donations, Spencer said.

The culminating of the week was the Hope Floats donation marathon on Sept. 23. The goal was to raise $16,735, one dollar for every student. The final event lasted from 4 p.m. to midnight, featuring various a cappella groups and local bands. The marathon alone raised $7,726.

"JMU was one of the first universities to take initiative in response to the hurricane," said Spencer. "I think it helped set the tone for what other schools could and should do."

Hurricane Katrina hit close to home for some students. Senior Mary Strom had a difficult time watching the news coverage of her devastated hometown. However, she counted herself one of the luckier ones; her family was able to evacuate New Orleans before the storm hit and there were only minor damages to her house.

"It hurt me more knowing that I was lucky. There were other people that had no way to get out," said Strom. "I'm scared to go back and visit because there's not much there."

Strom said the university community was helpful in the aftermath of Katrina. Her sorority, Sigma Sigma Sigma, set up a breakfast for her, and her sisters donated money to the Red Cross. Strom also received an email that offered counseling for any New Orleans residents at the university.

In addition to the many fund-raising events on campus, the university also helped in other ways. Some students and faculty had the opportunity to travel to the devastated areas and help with the recovery efforts.

Students with Campus Crusade for Christ (CRU) traveled to Pass Christian, Miss., a town destroyed by Hurricane Katrina. About 20 students volunteered from Sept. 29 to Oct. 3 to help with the hurricane relief, sleeping in tents outside the remains of a church where only the frame stood.

"It was once a beautiful town on the beach, but now most of the houses are gone," said senior Kaitlyn Hackett, who went on the trip. "It looked like an atomic bomb hit. Debris was everywhere. It's amazing that weather did that kind of destruction."

The students gutted houses, cleaned a graveyard and volunteered at a food distribution center to help residents.

A number of nursing students also went to Mississippi for two weeks to help with hurricane recovery efforts. They took a charter bus from Harrisonburg to Montgomery, Ala., the Red Cross Headquarters for Hurricane Katrina disaster relief. From there the students took two vans to Gulfport, Miss. where they were stationed.

The nursing students were split into smaller groups; some worked in the community during the day and stayed at the Naval Base in Biloxi at night, while others worked and slept in Red Cross shelters.

Nursing students and faculty stayed in a Red Cross shelter in Pass Christian, Miss. where CRU also volunteered. They helped run the nurses' station with registered nurses, served meals, played with the children at the shelter and delivered supplies to people still confined to their houses.
“Helping out in this disaster relief effort was an amazing experience, and I saw and did things I may never see or do again,” Berger said. “Stories from the survivors made my daily trials seem insignificant; I learned lessons that I can take with me for the rest of my life.”

Some students, faculty and staff even gave up their Thanksgiving break to help out with relief efforts in Bayou La Batre, Ala. from Nov. 20-26. They worked in areas hit by the hurricane to clear debris and clean up communities and homes, said Mary Landrum, associate education professor.

As of late October, the university had raised over $14,000 and continued to work towards the goal of $16,735. The Hurricane Katrina Relief All Together One Team focused on long-term efforts throughout the year.

“This experience has been a rewarding one for all who have been involved,” Spencer said. “We were able to bring together the entire JMU community in service; that is what life is about.”

In the spirit of the season, a group of 56 university volunteers spent their Thanksgiving holiday in Biloxi, Miss., to help with the relief effort. The students cleared debris and gutted houses. Volunteers paid $325 to participate and took a 15-hour bus ride to the Gulf Coast, where they stayed from Nov. 20 to Nov. 26.

Smiling at a child in the crowd, Low Key performs the No Doubt hit “Spiderwebs.” Low Key released their first album this year, entitled “Long Time Coming.” Photo by Mindi Westhoff

Requesting donations, a group of volunteers sits at a table during the Hope Floats event. Though there was the constant threat of rain, attendees enjoyed the entertainment. Photo by Mindi Westhoff
Revealing a piece of himself, a student reads his poem about the Hurricane Katrina tragedy to the crowd. The event also featured a cappella groups, the breakdance club and various other poetry readings. Photo by Mindi Westhoff

Hugging a friend, junior Tripp Parks enjoys a game of football on the Festival Conference and Student Center lawn. With a cappella groups providing constant background music, attendees were able to hang out and talk at the event. Photo by Mindi Westhoff

Donation Table 2
Every September, International Week swept through campus in celebration of cultural diversity. This year's theme, "One Continent, Many Voices," offered enlightenment on Africa, the second largest continent where over a thousand languages were spoken. The celebration began with the International Festival at Hillandale Park and continued throughout the week. Various events featured lectures on Apartheid, a policy of racial segregation formerly practiced in South Africa, and many other topics. Spirited events like the African Bazaar on the Commons and Taste of Africa gave students an opportunity to experience African traditions and culture.

With a great sense of humor, Moses Nyakia presented Swahili 101, giving an introduction of Swahili as well as teaching simple rules of etiquette in African countries. Nyakia decided to come to the United States when Mennonites came to his village and told him of their faith. He later received his degree from Eastern Mennonite University. Nyakia spent an hour with the guests, teaching them common Swahili words and etiquette. For instance, one was expected to always say "Asante Bwana/Bibi" after a meal or anything hospitable as a means of thanks. According to their customs, they shook hands vigorously when greeting someone, and smiles were very important in showing someone's happiness.

Sharon Sopher gave a special presentation on Apartheid. A former producer for NBC and an Emmy award winning journalist, Sopher shared her experiences of producing a documentary called "Witness to the Apartheid" with students gathered to hear about her experiences. Sopher was detained in South Africa when the military found her and her crew in a township interviewing a father who had lost his son in a schoolyard shooting. She also interviewed 1984 Nobel Peace Prize

by colleen pettie

International Week unites students, faculty and guests.
Entertaining audiences with his music, Darrell Rose performs on the Commons on Wednesday. Rose brought with him a fellow drummer and dancer to get students involved in the performance. Photo by Mindi Westhoff.

Continuing the International Week tradition, flags of various countries are arranged in a circle around the Commons. A number of events throughout the week were held on the Commons due to the warm weather and central location. Photo by Mindi Westhoff.

Sparkling in the sun, this bracelet is one of many pieces of jewelry for sale at Wednesday's African Bazaar, held on the Commons. Students were able to purchase everything from necklaces to purses during the sale. Photo by Mindi Westhoff.

Helping himself to some injera and fruit, SGA President Wesli Spencer moves through the line during Taste of Africa on Friday. Blue Nile Ethiopian Cuisine catered the event and provided students with authentic Ethiopian entrees and desserts. Photo by Mindi Westhoff.
Kneeling toward the audience, members of the University of Virginia Hellenic Performers treat festival attendees to an authentic Greek dance. The eighth annual International Festival, held in Hillandale Park, gave students the opportunity to experience a number of ethnic foods, dances and crafts. Photo by Mindi Westhoff

Jumping up and down to the drums of Darrell Rose, sophomore Eric Troll is influenced by the dancer's energy. The group brought a number of students from the crowd up to teach them African dances and perform for their fellow students. Photo by Mindi Westhoff

Smiling for event attendees, social work professor Cindy Hunter displays crafts made by the Women's Artisan Group of El Salvador. Hunter helped these women sell their artwork in order to support their families. Photo by Mindi Westhoff

Demonstrating a traditional African dance, performers conclude the spectacle in unison. The performers provided students with a taste of African culture. Photo by Ian Henderson
winner Bishop Desmond Tutu and went inside the facilities where they treated victims who had been beaten, tortured and arrested because of the color of their skin. Many victims did not make it out of the facilities. Worse yet, the police targeted children because they were the future of a possible revolution. The 1985 film provided evidence of how Africans suffered tremendous suppression but still had hope that someday their struggles would warrant change for a new future.

The African Bazaar on the Commons was similar to a town's marketplace with students flocking to tables of vendors selling intricate and fashionable hand-made jewelry and hand-carved and painted wood sculptures of African animals. Flags of different countries lined the outskirts of the Commons where many student groups were represented. Darrel Rose drummed sweet rhythms while a woman dressed in traditional African garb danced to the energizing beats as several students joined in the fun.

Enlightening presentations in Taylor Hall, such as "One Continent, Many Voices: A Deeper Understanding of African Empowerment," gave further insight into African communities. Alex Adjei, coordinator of Off Campus Life, spoke about Kenya, the Congo, Ghana and South Africa. He stressed how the sense of community is vital to the survival of the people in African countries.

At Taste of Africa, held in the Festival Center Ballroom, guests were served an Ethiopian meal catered by Blue Nile Ethiopian Cuisine and enjoyed African music and dancing as well as a fashion show featuring the colorful clothing of Africa. "The Taste of Africa event was a truly rewarding experience," said SGA President Wesley Spencer. "We sat at a table with a young lady who had lived in Ethiopia and was therefore able to instruct our table on how to eat the food properly and how each dish was made. It was my first time ever eating Ethiopian food and it will definitely not be my last."

Other educational discussions such as "Political Islam and Political Stability in Sub-Saharan Africa" and "Tales of the Field: Perspectives from Studying Abroad in Kenya" proved that International Week was an opportunity to gain exposure to the intricacies of a different culture. The faculty, students and other guests present at the numerous events over the course of the week gave hope that International Week would see its eighth year at the university with many more to come. "Overall, I think that the entire week helped to broaden our understanding of Africa, the most diverse continent in the world," said Spencer. "We were given the opportunity to realize the important role that the African continent has played in the history of our world."
During the presentation of the Parents of the Year award, winners Pat and Paul Chambers embrace their daughter Abby. Senior Abby Chambers nominated her parents in recognition of their constant devotion. Photo by Mindi Westhoff

Portraying George Harrison, a member of the band Yesterday adds harmony to crowd favorite, "Can't Buy Me Love." Based out of Las Vegas, this Beatles tribute band performed for a packed Wilson Hall on Friday night. Photo by Mindi Westhoff

Despite rainy weather, Family Weekend is a great success.
Singing "Bless the Broken Road" by Rascal Flatts, senior John McNamara sings along with juniors Nathaniel Baker and Lawton Tufts. Exit 245 was one of the eight a cappella groups that performed during the weekend. Photo by Mindi Westhoff.

Filling their plates with food prepared by D-Hall workers, students and family members cope with the rain by enjoying the indoor picnic. The affair was moved from the Commons due to the weather, but family members seemed grateful to be indoors. Photo by Mindi Westhoff.

Attempting to remove her poncho, junior Emily Burt smiles while trying to cheer in the rain. The squad was constantly putting on and removing their ponchos due to the inconsistent weather during the game. Photo by Mindi Westhoff.
Offering her congratulations to the Parents of the Year recipients, Judith Rose, wife of Linwood Rose, stands with Pat and Paul Chambers and their daughter. The award was given out during halftime. Photo by Mindi Westhoff

During the game against the University of Maine, the stands are littered with colorful ponchos and rain coats. Since umbrellas were not allowed in the stadium, family members came prepared with other forms of rain gear. Photo by Mindi Westhoff

Making their way to the top, family members try their hand at the rock-climbing wall. One of the few indoor activities of the weekend, the free rock-climbing sessions were offered by UREC on Saturday morning. Photo by Meghan DeSanta

Performing in the post-game show, the award-winning Dukettes dance along to the band's rendition of "Proud Mary." This was one of the few events not affected by the rain, as the weather cleared up for a few moments before the performance. Photo by Mindi Westhoff

by katie Fitzgerald

Forecasters called for 100 percent chance of rain for this year's Family Weekend. Although the rain caused some minor adjustments, Family Weekend was still a huge success.

Various sporting events, such as the women's field hockey game against Towson, the women's soccer game against Georgia State and the women's volleyball game against the University of Delaware started off the weekend on Oct. 7. Later in the evening, Yesterday, a Beatles tribute band, performed many great oldies in Wilson Hall.

Despite the gloomy weather, Saturday was full of activities and fun. The annual 5K race for the Susan G. Komen Breast Cancer Foundation hosted by Zeta Tau Alpha (ZTA) kicked off the day's events in the morning. "The race for breast cancer awareness went extremely well, despite the rain," said junior Gwendolyn Brantley, president of ZTA. "Parents, friends and members of the JMU and Harrisonburg communities are always willing to come out and support the cause, no matter what the weather."

Junior Maggie Bennett, member of ZTA, also agreed that the crummy weather did not take away from the event. "Each year I look forward to running the race with my mom and sister," said Bennett. "It is always exciting to see everyone out to support a great cause."

The rain did alter some families' plans for the day. Freshman Tyler Young and his family were planning to go to the football game, but they decided to go shopping and spend time at their family's cabin in Massanutten instead. "I was kind of bummed about not being able to go to the game, but we had a nice time at the cabin, just catching up with each other," said Young.

Other families opted for exploring the surrounding Harrisonburg area instead of going to the football game. Junior Diane Mussoline and her family traveled to Waynesboro and visited the P. Buckley Moss Museum, a gallery of local artist Patricia Moss's work, and went to Charlottesville to have lunch and tour the area. "It's amazing how many beautiful areas there are so close to Harrisonburg that I've never seen before," said Mussoline. "I am really glad my parents came, because they are always so good at finding little adventures like that."

Though all the game-day activities that usually happened on Godwin Field before the game were canceled, those who did brave the weather had a great time at the football game. Tickets to the game sold out in August, making it the most popular event of the weekend. The National Champions defeated Maine 38-2; the Dukes' third straight win, improving their season record to 4-1.
"The rain ended in the middle of the game so we weren't wet the entire time," said freshman Victoria Hannemann. "Seeing the half-time show was also really fun, since the marching band is so good."

One group that withstood the rain for some fun was Student Ambassadors, who held their annual tailgate on the Sonner Hall back porch. Entitled the VIP tailgate, the name was short for "Very Important Parent."

"It was great, around 50 people came out and parents seemed pumped for the game even though it was rainning," said Student Ambassador member Zach Mercuno.

During the half-time show, the Parents of the Year award was given to Paul and Pat Chambers, parents of senior Abby Chambers. "I nominated them because after four years of college I can't think of two people I learned more from," said Chambers. "They have supported me through everything and the love they have for each other and me is unconditional. They have just worked so hard for everything we have and all of their success."

Stores were packed throughout the weekend with parents purchasing groceries, home décor and anything else their student could think of. "I cannot even count how many stores my daughter dragged me to," said parent Gary Rote. "But we definitely spent the most time in Target."

The opening of Target was perfect timing for many students who had their parents visit. "I was so excited Target opened right when my dad was coming," said junior Kelly Rote. "He definitely hooked my apartment up with things that I needed and things that I really wanted."

Restaurants all around town were crowded as well. "We waited two hours at Outback Steakhouse on Saturday night," said Young. "But it was worth it just to have a nice steak dinner and a break from campus food."

Kyoto Japanese Steakhouse was another hot spot for families to dine. Sophomore Lindsay Saltzberg went Saturday night with her family for her mother's birthday. "My brother came up from UVA, so it was nice to have the whole family together and just enjoy a great meal," said Saltzberg.

The Gala Dinner at D-Hall was a very popular event, selling out at all three dinner times. The menu consisted of decadent dishes such as she-crab soup, grilled filet of salmon, snow crab legs, prime rib, sushi and many excellent desserts.

"I am truly in awe of how good the food was at the banquet," said parent Janet Hannemann. "They served quality food for a huge amount of people, which can be very difficult sometimes, but they pulled it off."

The Pops Concert on Saturday night, which offered...
Keeping the rhythm, junior Scott Brody and other members of Low Key perform "Mr. Brightside" by The Killers. Low Key sang at several events during the year, including Hope Floats and Sunset on the Quad. Photo by Mindi Westhoff

a wide variety of music from the Chorale, Jazz Ensemble, Wind Symphony and the Marching Royal Dukes, was a great way to end the day. "I enjoyed every minute of the Pops Concert," said senior Kathy Hallock, who went with her mother. "The musical talent at JMU is incredible and this was an opportunity for students to perform for the parents. Also, the jazz band performed music in tribute to New Orleans."

On Sunday, many students and their families went to church, either on or off campus. The Catholic Campus Ministry offered three different masses for students and their families.

"It's nice to go to mass on Family Weekend and see such a big turnout of students and their families," said junior Rusty Brown. "It is also a great way to end a fun weekend with your family."

The A Cappella-Thon was a perfect way to end Family Weekend. The eight a cappella groups of the university performed for a packed crowd in Wilson Hall. The lively audience was filled with parents, students and many other fans.

The groups sang a wide array of songs, including newer songs from groups such as The Killers, Rascal Flatts and Alanis Morisette to older hits such as "Mr. Big Stuff," "Sexbomb" and "Wild Horses" that the parents enjoyed.

"The Family Weekend a cappella concert is one of my favorite shows of the year," said junior Megan Perry, a member of Into Hymn. "It brings all of the groups together to share their talent with the students and their parents. I love being a part of it."

Great family time, great memories and great experiences summed up the weekend. Despite a little rain and some minor adjustments, fun was had by all who attended Family Weekend.
Singing The Rolling Stones' hit "Wild Horses," senior Hanna Easley performs solo, backed by the rest of Note-oriety. The group sang a number of other songs, including Jean Knight's "Mr. Big Stuff." Photo by Mindi Westhoff

Singing for the first time at Family Weekend, Clear Cadence joins the list of all-male a cappella groups at the university. The group performed a number of songs, all of which they hoped would show the power of God's love. Photo by Mindi Westhoff

Showing off their signature style, Exit 245 performs for parents and family members in Wilson Hall. Exit 245 performs at more than 50 shows a year. Photo by Mindi Westhoff
It was often said that the best way to learn was through experience. The owners of Underdog Books, LLC, JMaddy and Shirt Hamper served as testimonies to that ideal as they took lessons learned from inside the classroom and applied them to help run their companies to better serve the student body.

Underdog Books, LLC was an online textbook company that provided students with a cheaper way to buy books and a more profitable way to sell them back at the end of the semester.

Seniors Karl Belka, Jack Kahan and Ammar Shalal founded the company in September 2003 to offer students an alternative to the University’s bookstore.

The three entrepreneurs applied skills they acquired from their classes into the makings of a successful business. “Starting our own business has been an invaluable learning experience and one which we will carry into our future careers,” Belka said.

Underdog Books offered up to 68 percent back on each book, which was more than the University Bookstore’s maximum 50 percent buyback, Kahan said.

Underdog Books made book buyback easy and more convenient. Students could create a user account at http://underdogbooks.com and then post the books they wanted to sell or the books they needed for the next semester. The Underdog database could then find a match between the seller and the buyer. Once a match was made, the seller and buyer received emails asking if they agreed with the book prices. If both agreed, pickup and delivery times were set up at each party’s convenience and the books were delivered to the student.

“Students who have used our service are very pleased with it, and many have offered their time in helping our cause,” Belka said. “We have even received positive feedback from JMU parents who wish to see our business grow.”

Another student-run company, JMaddy.com, offered an entertainment outlet for JMU students. Juniors Collin O’Brien, Eshan (Shy) Pahlevani and Patrick Cassidy began their company by selling white T-shirts with “JMaddy” printed on them. After selling out of all 100 shirts in one day, they realized they could reach a greater amount of people beyond their circle of friends. They set up a Web site to sell the shirts, which eventually evolved into a successful business.

“We decided we wanted to have a college humor style site for JMU,” Cassidy said. “There was a lot of fun stuff happening all around Harrisonburg, and we thought we would try to gather it all in one place where anyone could go to have a laugh.”

The Web site developed into an entertainment medium designed for students by students. “The purpose of the site is to entertain students and give a forum for students to express themselves and stay up to date with what’s happening in Harrisonburg,” Cassidy said.

The JMaddy site also featured a variety of multimedia and pictures for students. Students could watch videos of different events in Harrisonburg or humorous videos of other students. There were also links to pictures of students at parties or various events in the area. Students could even submit articles for other students to read.

The events section featured various JMaddy events and promotions and links to Web sites, such as Blackboard and e-campus.

O’Brien, Pahlevani and Cassidy made a profit by selling JMaddy merchandise and promoting parties. They also donated some of their profits to various charities.

The entrepreneurs received both positive and negative feedback from students. “Either way, we do the best we can everyday to produce a quality Web site that makes the students happy,” Cassidy said. “If we get negative feedback, we try to change the site to reflect students’ wants and needs.”

The three founders all had many different business
interests, but planned to create something similar to the JMaddy Web site at other schools. They also wanted to open a bar or club in the Harrisonburg area. All three had owned businesses in the past, ranging from a record label to a commercial cleaning company.

"Having previous business experience helps," Cassidy said. "But learning from one of the best universities in the nation helps a lot too."

Shirt Hamper also provided merchandise to students. The owners, senior Mike Pitcher and junior Paul Villyard, created a Web site to sell various T-shirts they designed themselves. "Paul and I were in Harrisonburg working together this past summer and had some free time after work," said Pitcher. "So, we figured we might as well do something to make a little extra money and this is what we came up with."

The success of Shirt Hamper relied on a small advertising budget that included http://google.com ads and advertising on fashion forums and instant messenger profiles. Although small, the company maintained a satisfactory level of success. "We have been fairly successful," said Pitcher. "It has stayed small enough to manage with just a few hours a week, but it is a little additional income that keeps me from needing to get a real job." All three companies served the student body while also providing their owners with valuable business experience.
Imagine seeing Mario and Donkey Kong running through Godwin Field, an elephant sipping tea on the Quad and Willy Wonka welcoming visitors to his chocolate factory in Showker Hall.

For a few lucky prospective students, that was what they experienced during their April tour. Under the title “Havoc and Anarchy,” senior Ryan Joyce and junior Taylor Adkins, along with a cast of more than 70 spirited students, set their sights on unsuspecting junior Beth Cromwell, a student ambassador, for Prank-A-Tour.

The tour displayed the creativity and spirit of the student body. “Havoc and Anarchy” was run independently by its creators Joyce and Adkins, with no affiliation with or funding from any organization on campus. Simply, Prank-A-Tour was a fun idea executed by a large network of friends.

The operation was funded by a $5 fee paid by each member. All those who paid received a free DVD of the final product, which was the cost for the public to purchase the DVD.

Prank-A-Tour was a vehicle through which the students interacted and collaborated with the Harrisonburg community. Glen’s Fair Price, a costume shop in downtown Harrisonburg, rented, free of charge, many of the costumes used that day, including a gorilla, a green monster and Mario. D-Hall provided the pranksters with chef uniforms for the elaborate dining hall dance performance and Facilities Management gave the group access to water for their pranks on the Quad.

An extensive planning process was vital to pull off the elaborate pranks, which began with an interest meeting held in February. Those who decided to follow through with the mission met again two weeks later to brainstorm ideas for pranks.

Once the pranks had been chosen, meetings were held to prepare them for execution. Although “Havoc and Anarchy” involved more than 70 participants, there were plenty of roles and jobs to go around with the number of dancers, costumed characters, cameramen, lookouts and odd-job performers needed. The dance and fight sequences required extensive choreography to perfect. Also, every single camera angle had to be planned for optimum results. Final preparations were made in the days before the prank, including fight choreography on location and a final run-through.

As was the case with any live performance, no amount of planning could ever eliminate all obstacles. Pulling off the event required that participants be adaptable and have on-the-spot decision-making skills. The strongest reflection of this was during the Huffman Hall portion of the tour, where a rave was scheduled to take place in the sample dorm room. Despite all the planning, the pranksters were locked out of the building. However, thanks to an anonymous benefactor and the delay tactics of Willy Wonka, the rave scene was thrown together just in time.

Post-production may have been the most grueling task. For three weeks, Joyce and Adkins worked with editors Matt Killmon and Steve Hamner to put together a professional quality DVD. After sifting through endless footage, the DVD was ready for a pre-release showing at Grafton-Stovall, with DVD distribution the following week.

Through it all, Cromwell proved her valor. The whole time I’m trying to give them information, I was so scared that I wouldn’t say all of the things I needed to say,” said Cromwell. “It was my first semester in the Ambassador, so I had probably only given maybe three or four tours before that, so I’m like, ‘Oh, gosh, if they show me on TV and I’m not saying the right thing...’” At one point in the tour, Cromwell maneuvered her way through the insanity by nonchalantly saying, “Oh yeah, this happens everyday.” Adkins said of the student ambassadors, “They kind of knew something might be happening, but they didn’t know when or who or what weekend.”

Joyce came up with the idea after watching prospective students tour campus. It was also helpful that Adkins and Joyce were pranksters at heart. Joyce said, “The hope is to have Prank-A-Tour become an established thing at JMU, to cast it in a positive light. We wanted to show that students can have a good time without the alcohol.” All of the profits from DVD sales went entirely to student organizations, such as One in Four, Student Ambassadors and SafeRides.

Prank-A-Tour was a huge success. Special DVD features included rehearsals and the 2004 Prank-A-Tour. This year’s event was viewed by its creators as vastly superior in quality to the previous year’s. “One dad was on his cell phone calling people and saying, ‘You wouldn’t believe this,’” said Cromwell. Truly, the creativity and energy in the student body represented by “Havoc and Anarchy” was on full display that day.
Making sure to get all of the Prank-A-Tour characters on film, senior Steve Hamner videotapes seniors Matt Smelhurst, Dave Lookahill and Ben LoPresti after the tour. Smelhurst acted as a nerd when the tour guide took her group to Carrier library. Photo courtesy of Joe Link.

Looking out of place on a sunny spring day, a Prank-A-Tour participant, dressed as a snowman, talks with other pranksters before the tour begins. The tour group was given t-shirts at the end of their tour that read, "I survived Prank-A-Tour." Photo courtesy of Joe Link.

Posing as ninjas, five Prank-A-Tour participants get into character while waiting for the tour they will prank. The ninjas were part of a full-fledged fight scene that was acted out in front of the unsuspecting tour group. Photo courtesy of Joe Link.

Talking with his friends, co-producer of Prank-A-Tour, senior Ryan Joyce, congratulates them on a job well done. The tour group encountered Willy Wonka and his Oompa Loompas during their unique tour. Photo courtesy of Joe Link.
A Saturday afternoon free of school work suggested two words: shopping day! Cars packed in the parking lot were loaded with clothes, home décor and electronics. No, this is not a description of Harrisonburg Crossing, but the newest additions to Valley Mall: Target, Old Navy and Rue 21, which all opened in October and November.

Target opened on Oct. 5, a few days before Family Weekend, providing the store with tons of business. Families flooded Target, making its grand opening weekend a huge success. With eye-candy in the form of clothes, accessories and electronics, Target was 123,735 square feet, much bigger than the Walmart it replaced. Target also had a Starbucks in the store which created even more of an incentive to shop there.

“I live off of Starbucks and since the one on campus is closed on the weekend, I go to the one at Target,” said junior Ryan Vaughan. “I don’t know if that is the best idea because of course if I go into Target I am going to want to shop, it’s just a given.”

The employees at Starbucks were bombarded with customers, especially during the weekend. “Weekends are so busy here,” said employee Amanda May, “Probably 80 percent of the people that come in here are college students, but who wouldn’t want to? It’s the best combo.”

Old Navy opened a week after Target, adding more business and traffic to the Valley Mall area and catering to a wide range of ages with fashionable, low-priced clothing. “I was so excited to hear that Old Navy was coming to Harrisonburg,” said sophomore Megan Weber. “They have really fun clothes and you don’t need to lay down a huge chunk of money to look cute.”

Students took full advantage of Old Navy, hoping to be the first to get the newest fashions. “It is obvious which people are students that come into the store,” said junior Emily Aikman, an employee. “The girls always come in groups of three, never by themselves, and shop till they drop.”

As Target and Old Navy prepared to open, the Valley Mall decided to add yet another store to broaden its shopping options, Rue 21. This store specialized in value-priced apparel that catered more to the fashion-savvy young adult. As the debut store in Virginia, the company hoped to open other stores in Virginia Beach and Richmond.

One of the benefits to the three stores opening was that they opened up many employment opportunities for students in search of part-time jobs. More than half the employees of Rue 21 were students, according to junior Ashlyn Paul. “It’s a fun place to work with a young crowd,” said Paul. “It’s the perfect job to have during school.”

About 60 out of the 82 employees at Old Navy were students, according to Aikman. Various perks of working there were being able to preview the new shipments and also getting discounts. “I get an employee discount at not only Old Navy but also Gap and Banana Republic, because Gap owns all three stores,” said Aikman. “It’s really a great deal, especially for someone who loves to shop as much as me.”

Though the three stores helped the smaller stores in Valley Mall, Target had the potential to affect Wal-Mart’s business. Wal-Mart had better prices in some areas, but many customers found Target’s apparel and goods more aesthetically pleasing. “I could get lost in Target for hours if I didn’t keep looking into my empty wallet to remind myself that I have no money,” said junior Jen Murphy. “Target really knows how to market their products, plus they have contracted some awesome designers that have some good, smart taste. They really make it desirable to the customer.”

Shopping for everything from apartment and dorm room supplies to clothes and electronics became much more fun thanks to the opening of the three stores. Students no longer had to travel an hour to do decent shopping. Just around the corner held a fun-filled shopping trip at Valley Mall.
Continuing Target's generosity to the university, representatives from the company presented a $5,000 gift to the College of Business at the Career Fair. Many College of Business alumni were among Target's emerging successful managers. Photo by Mindi Westhoff

Making its debut in Virginia, Rue 21 provides a new place for students to shop for value-priced clothing. Students appreciated the new store for its sometimes flashy and always unique styles. Photo by Mindi Westhoff

Enjoying a day of shopping, students head to Old Navy. The popular clothing chain was brought to Harrisonburg with the college demographic in mind. Photo by Mindi Westhoff
Madison Art Collection offers an extensive research library and artifacts for students and the community.

by Rachel Groseclose

At the bottom of the Festival Conference and Student Center was a small room that stored the essence and history of multiple cultures. Holding thousands of years of artifacts from all over the world, the Madison Art Collection offered a place for students, faculty and the community to experience art first-hand.

The Madison Art Collection, developed from an initial donation of Indonesian art, was given to the university in memory of Ernest Staples in 1965. However, the most substantial gift was donated in 1976 by Dr. John Sawhill. He and his wife taught at the university and were avid travelers who collected art and cultural objects. When Sawhill died in 1975, he left his entire estate to the university. Since then, the collection has grown greatly from donations. The collection had been under the care of the James Madison University Foundation, but the university accepted full time ownership three years ago and gave the collection facilities in the Festival Conference and Student Center. Dr. Kate Monger was hired as the full-time curator and Melanie Mason was appointed to direct an educational outreach program.

Originally called the Fine Arts Collection, the collection name was changed when Monger became curator. "When I took over the collection I changed the name because it was a bit of a misnomer," said Monger. "We have wonderful cultural objects that I believe should be part of the collection. For instance, our amazing ancient Roman glass collection is by no means a fine arts collection. I wanted a name that could encompass and develop much more than the traditional paintings and sculptures usually found in fine arts collections."

The collection included pieces from the late Neolithic period to today's contemporary art. The art represented most major areas of the world, including Mesopotamia, ancient Egypt, ancient Greece, ancient Rome, Africa, Australia and Europe. Islamic, Russian Orthodox and Native American art were also exhibited. Most notably, the collection held a large amount of Luristan art and cultural objects from the tombs of nomadic rulers in the Iran and Iraq area around 1000 B.C. Monger said they were privileged to have this collection because most of the objects went into private collections after they were excavated in the 19th century. The only other collection she has seen that is larger was located in London, England in the British Museum.

Along with the art, the collection offered an abundance of research books. Many of the books were auction catalogues donated by Sawhill. Available for leisure and academic use, the collection was utilized by both students and faculty. Professors arranged class visits and students studied artifacts for research assignments.

Students were allowed to handle the objects themselves. Monger believed this was an important aspect of the collection. "When I work with students at the collection, they get to touch fingerprints thousands of years old," said Monger. "I have heard students comment that they had previously thought history wasn't important to them, that it was all names and dates. With their work on real objects, the past became a very important and real thing."

The Madison Art Collection also worked with local school systems, including the Shenandoah Valley Governor's School and Harrisonburg High School. Over 4.000 children visited the collection through a field trip program. Mason implemented day-long programs for students to visit the collection and study specific cultures that focused on enforcing the Virginia Standards of Learning.

Along with educating university and local students, the collection offered a variety of internship possibilities for students of all majors. Typically the collection had 10 to 15 interns per semester. The internships allowed students to work in their specific area of study while also researching the collection. Interns worked with all the students who visited the collection, assisted with field trip programs and designed exhibits.
Senior Kelley Boyan, a marketing major, had interned at the collection since January of last year. Boyan worked with the educational aspect of the gallery and helped organize and prepare field trips to the collection. She later took on a marketing role and helped organize times for Monger to speak around campus, re-designed the website and developed a medium of communication to promote the collection to incoming freshmen. Her work at the collection added to her educational experience at the university. “As a marketing major and art history minor, this is all relevant to my studies,” Boyan said. “I am helping to leverage the collection to have greater exposure in the JMU community while being surrounded with art.”

Junior Elizabeth Hannigan, another intern, also enjoyed her experiences interning at the collection. She said she was able to do something different everyday and really enjoyed working in that type of environment. She felt lucky to work with the collection on a daily basis. “I like art history, I always have. The coolest thing I think is being able to touch 5,000 year old things,” said Hannigan.

The interns’ work helped to further the future of the collection. While the collection continually received donations, Monger hoped to one day have funds to buy artifacts. Another goal for the collection was to expand spatially. “We need a freestanding art museum and I am dedicated to seeing that goal realized. It may take some years and intermediate stages, but I am convinced that this would be an incredible asset to JMU and the community at large,” Monger said.

The work of both Monger and Mason combined to provide students with a place to experience art and history first-hand. “They put their all into the collection and that is reflected by their enthusiastic nature and radiating smiles as soon as any student visits the collection,” said Boyan. “Dr. Monger wants nothing but for students to be able to see the beautiful pieces that the collection has and to learn about the foreign lands they came from.”
Throughout Homecoming week, events draw students and build school spirit.
The week-long Homecoming celebration involving banner contests, Quad sunsets and clamoring for “Purple Out” t-shirts helped students and alumni celebrate the week’s theme, Top Dog: Flight of the Champions.

“I think how we all get wrapped up in the school spirit thing, and how everyone just comes together, is so crazy,” said sophomore Megan Forbes.

Kristin Gardner, one of the co-chairs for the Student Spirit Committee, said that the football team’s championship last year had a lot to do with the Top Dog theme, which could be found all over the Homecoming fliers, handbills and table tents. “We wanted to involve the football team and the flight of the champions and everyone knows Top Gun,” said Gardner.

The week started off with a banner contest, where 36 groups submitted their banner creations to be voted on by their fellow students. Homecoming banner co-chair Ally Samselski said, “We were amazed by the artistic ability of students here and could not believe what they were able to do with a top sheet.”

The contest collected more than 350 student votes, which determined the top 10 banners. They were then judged by faculty who chose the top three. The winner of the banner contest was the Black Student Alliance who creatively made their banner into a TIME maga
Attempting to detangle themselves, a group of Commons Day committee members finish a game of Twister. Other events for the day included an eating contest and voting for Mr. and Ms. Madison. Photo by Mindi Westhoff

Shoveling pumpkin pie down, contestants try to eat the most in three minutes. Other eating contests included jello, crackers, cereal and whipped cream. Photo by Mindi Westhoff

Singing “Swing Low, Sweet Chariot,” the Overtones perform at Sunset on the Quad. The co-ed a cappella group was the first ever created at the university. Photo by Mindi Westhoff

Rocking the “Top Gun” garb, senior Matt Demarco and sophomore Dan Baker explain the rules of the balloon game to participants. At the pep rally many different activities and contests were held for students. Photo by Revee TenHofsen
Giving the Dukettes a run for their money, a contestant in the dance-off shakes it with Duke Dog. The pep rally included performances by both the Dukettes and Madison Dance. Photo by Revee TenHuise.

Showing their spirit, Duke Dog and SGA members march in the Homecoming parade. The parade was followed by a pep rally on the Commons. Photo by Mindi Westhoff.

Throwing candy to the crowd, senior Kristen Eastman rides on the Sigma Kappa float during the parade. Other sororities participated in the event, as well as dorms, sports teams and clubs. Photo by Mindi Westhoff.

Entertaining the crowd, freshman Courtney Shomer and seniors Monica Kuhns and Natalie Lee move to the beat. Madison Dance danced two numbers during the pep rally. Photo by Mindi Westhoff.

Sigma ♥ Kappa
FLIGHT SCHOOL
zine cover. Garber Hall and the freshmen class came in second and third, respectively.

"I think student voting increased because JMU spirit in general has increased this year," said Samelski. "I think these three banners exhibited the most artistic ability and they also did a great job of keeping with the banner contest theme: Highway to the Duke Dog Zone. Students were really impressed with the banners this year," said Samelski. "I'm chugging a liter of soda to get a t-shirt," senior Corey Goggin said. Students were also able to vote for Mr. and Ms. Madison during the carnival. Ms. Madison finalists were Ashley Bullard, Kan Deputt, Lindsay Giel and Gina Maurone. Mr. Madison finalists were Scott Bourdeau, Jason de la Bruyere, Michael Fry and Cory Winter.

Freshman Kaela Goldman also went to Commons Day for the free stuff. "I love JMU and wanted Homecoming themed stuff," she said. "It's very energetic and gets everyone pumped up for Homecoming. Plus, I'm a freshman and I've never done this before."

Friday held numerous events such as the alumni golf game, a parade through campus, a pep rally and the Second City Comedy Tour. People stood outside the bookstore and Mister Chips in hopes of catching "Top Dog" t-shirts and to watch President and Mrs. Rose, themed floats, the Mr. and Ms. Madison nominees and athletes in the parade. On the Commons, the "Purple Out" t-shirt tables had students lined up more than an hour before distribution. The Duke Dog Auction was also held following the pep rally, where students could use the Duke Dog Dollars they collected all week long from different events to bid on items.

On Saturday afternoon, cars filled Godwin field for tailgating, sponsored by Alumni Relations, in anticipation of the sold-out football game.

"My favorite part of Homecoming is the game, because everyone gets really excited and it's a lot of fun together as a family."

Clubs and organizations hosted the Commons Day carnival event on Thursday, which included free cotton candy, t-shirts and homecoming gear, as well as the first ever eating contest. Some students stopped at nothing to get a Homecoming t-shirt and did crazy things for free Homecoming trinkets. "I'm chugging a liter of soda to get a t-shirt," senior Corey Goggin said. Students were also able to vote for Mr. and Ms. Madison during the carnival. Ms. Madison finalists were Ashley Bullard, Kan Deputt, Lindsay Giel and Gina Maurone. Mr. Madison finalists were Scott Bourdeau, Jason de la Bruyere, Michael Fry and Cory Winter.

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"My favorite part of Homecoming is the game, because everyone gets really excited and it's a lot of fun
to show off the spirit of JMU,” sophomore Amanda Hudson said. “It’s good that so many people are here.”

After an early advantage for the Dukes, consecutive fumbles and a close fourth quarter resulted in the Dukes’ defeat 18-15 to the University of Richmond.

At half time, the results of the Mr. and Ms. Madison pageant were announced. The titles of Mr. and Ms. Madison were awarded to Scott Bourdeau and Gina Maurone.

Both Bourdeau and Maurone said they were honored to even be nominated, especially to be placed in the ranks with the other nominees.

“The other three finalists were all amazing, and I know that each of them is just as deserving of this title as I am,” Maurone said. “It was almost unreal to stand out on the 50-yard line and hear my name being called in front of all those people.”

Bourdeau said that Mr. Madison represents the spirit of the university and all the things that it encompasses.

“In essence, the top guy and girl are the symbolic “best” that JMU has to offer. If someone came in contact with them outside of school, that person should know from the start what JMU is about from meeting the student,” Bourdeau said.

After the football game, the Center for Multicultural Student Services sponsored its annual step show. The university’s historically Black and Latino Greek organizations competed against other colleges and universities in a step competition for a $1000 grand prize.

Out of four sororities and two fraternities competing, Alpha Kappa Alpha Sorority, Inc. received the step show’s overall best and won several other categories.

“I went to support two of my friends and because I think step shows are always fun. But I thought it was really very good this year, and that all of the sororities and fraternities really gave it their best,” senior Tosin Fashola said. “I also really enjoyed the tribute to the past generations, when the fraternity brothers and sisters all got up on the stage together.”

Although the anticipated event of the football game didn’t result in the hoped-for outcome, the culmination of the week-long celebration showed how students all came together through participation and school spirit.

“Homecoming truly embodies the JMU ideal of ‘All Together One,’” said senior Katherine Schuster. “The unity and spirit shown throughout the week exemplifies how JMU really is one of a kind.”
Lifting Duke Dog high into the air, fans help him crowd surf in the fourth quarter. Many students attempted to find out the secret identity of the mascot throughout the year. Photo by Mindi Westhoff

Tailgating before the game, senior Amanda Gaut gets her face signed by friends. Fans tailgated at a number of locations on campus, including Hillside and Godwin Fields. Photo by Mindi Westhoff

Executing a jump, members of the Dukettes dance to "Proud Mary." The song was played at every home game and was a favorite of the band. Photo by Mindi Westhoff

Congratulating each other, seniors Greg Henderson and Scott Beaudreau are crowned Mr. and Ms. Madison. The winners were picked among eight finalists and announced during halftime. Photo by Mindi Westhoff
Theme events and Halloween give students the opportunity to wear creative and fun costumes.

Wouldn't it be nice to transform into someone else for just one day? How great would it feel to escape the evils of papers, exams and the everyday frustrations that came attached to college life? That's was so great about being in college. College gave students a chance to feel like it was Halloween on any given weekend through a different variety of themed events to choose from. Clubs, associations, fraternities and sororities, sports teams or just people who felt like converting their everyday personas into fantasies frequently threw parties with surreal premises such as the beach, funk or devil and angel parties.

Campus Crusade for Christ held its annual semi-formal dance as a dance of the decades party. Each class was assigned a specific decade: eighties for the freshmen, seventies for the sophomores, fifties for the juniors and twenties for the seniors.

"I was dressed in this bright pink vintage dress I found at a thrift shop and teased my hair and threw it in a side ponytail so I would look authentically eighties," said freshman Bethany Londen. "It's kind of uniting; everyone just sort of looks like fools together. Everyone dresses up as crazy as possible just to have fun. Everyone is comfortable with each other because they are all on the same silly level."

In September, the Christian house, "The Vineyard," held a pop star/boy band gathering. The girls living in the house had a number of birthdays to celebrate in a row so they decided the best way to celebrate would be to dress up as teen idols that everyone knew and loved and see who had the craziest costumes. The girls worked hard all day to make sure the event would be as fun and authentic as possible.

"We moved around furniture to have space for people to dance and also cut out posters from teen magazines to hang up around the house," said senior Erin Rafferty. Everything came together perfectly in the end. "The best part of the party was being able to dance and see all my friends dressed up in really cool costumes!"

Theme gatherings were also a very popular way for clubs to attract new members. For example, the fashion design club threw a yacht club event. Members of the club set it up to reflect members of country clubs, dressed in preppy clothes and served high-end drinks and hors d'oeuvres.
But the most thrilling and maybe one of the most highly anticipated events of the year was the master theme event of them all: Halloween. When late October finally rolled around, it wasn’t hard to tell what students had on their minds. In high school it was okay to be something cliché, but in college it became a competition to see who could come up with the best costume. One never could tell what kinds of costumes there would be at Halloween parties.

“My roommate was Batman and I was Spiderman,” said freshman Dan Quinn. “It was a spur of the moment decision but you have to be creative when you’re in college. I probably never would have done it in high school.”

Halloween weekend took place on the same weekend as Homecoming, so students came to the football game sporting fabulously decorated costumes. Though the Dukes lost a close game to the Richmond Spiders 18-15, spirits were raised when a student walked by in a purple pimp costume.

The university was almost like one big haunted house. “I was just walking down the street going back to my dorm from the gym, and all of a sudden this guy in a really weird and scary Halloween mask popped his head out of the window of his car and screamed at me,” said freshman Fegan Hewitt. “I was so startled that I actually screamed back. It was really embarrassing but kind of funny at the same time.”

Possibly the most fun part of Halloween was getting to choose from the endless number of functions thrown all over campus and Harrisonburg to go to, whether it be an apartment party, club event or organization gathering.

A great way for members of the same dormitory to get to know each other’s true personality was to have dorm Halloween parties. Shorts Hall held a monster mash party for its residents the night before Halloween. Resident Advisors sophomores Lindsay Abbot and Sandra Barrett put the party together, thinking it would be a good way for the residents of each floor to get to know each other better, as well as having fun with some crazy costumes. All in all, it was a successful night. The first floor TV lounge was darkly lit and decorated, and loud music played songs that students enthusiastically danced to. There was even authentic Halloween food.

“We looked online for scary foods to make such as the worms in dirt and green jell-o with worms,” said Abbot. “We thought it would be a good way for everyone to have a good laugh and just enjoy Halloween.”

There were also a multitude of Halloween parties thrown off campus. The Web site JMaddy.com sponsored a party on the night of Halloween at Mainstreet Bar and Grill. The party had all the essentials: fun costumes, dancing and a good time. There were also some extra special events sponsored by JMaddy.com.

“They had a costume contest and 20-25 people danced around to get the audience to choose them,” said freshman Keala Mason. “The winners were dressed up as the guys from “Dumb and Dumber” and they went on stage and fought with canes. It was really funny.”

Although Halloween had to end, the spirit and youthfulness of students lived on throughout the year. Dressing up as someone else never got old.
RUSTIC charm
Getting to know the ins and outs of downtown Harrisonburg.
It was a beautiful Saturday morning and the air was crisp and fresh. There was a bit of a chill, but a pullover sweater was perfect. The scene was picturesque: a walk down South Main Street, side-by-side with a friend, a warm Daily Grind coffee in hand. The trees were just starting to turn, peaks of the Blue Ridge Mountains just barely visible in the distance. The streets of downtown yielded the unique feeling of being taken back to another period in time where the days passed with ease and the faces seen on the streets were familiar and kind.

This moment was characteristic of the renaissance exuded by downtown Harrisonburg. With its historic buildings, shops and restaurants, the quaint center of cultural exchange sought a new face, a transformation in such a way as to bring back that classic, small-town feeling, that sense of community and everyday splendor.

Approximately two years ago, Harrisonburg Downtown Renaissance (HDR) was born in response to a strong voice, which "emerged from the community in resounding support of downtown revitalization," according to their Web site. In the HDR mission statement, the organization proclaimed to continuously work "in partnership with the city government and the community to develop a comprehensive vision and master plan to revitalize downtown Harrisonburg into a prosperous and vibrant city center."

HDR strove to continue economic development and support for small downtown businesses, enhance the overall appearance of the downtown area, promote the area by organizing events that showcased the uniqueness of the town center, and improve the quality of life and strengthen the "Main Street program."

Onward down the sidewalks of South Main Street, a glance in the windows revealed tales of the old and stories of new beginnings. Glen's Fair Price Store, which had been around for decades, sold everything from cameras to costumes to old knick-knacks that had found their way onto the shelves over the years. "Glen's is a fun place to shop," said senior Kellye Boyan. "I love it because you can find anything you need, like the wig I bought for my Halloween costume this year."

You Made It!, a paint your own pottery boutique, was one of the newer faces around the downtown area and had been dubbed as "Harrisonburg's most creative and relaxing experience," according to their website. This was an especially fun spot for the students at the university, who found this unique and enjoyable crafts store to be a great way to bond with friends and do something different on the weekends.

The HDR committee focused equally on the university demographic just as much as it did on the local population when it came to planning events to attract attention down Main Street. One example of this was the Block Party in the 'Burg, which took place in Court Square in September. Downtown merchants had a chance to connect with the college student market who gathered downtown for the first-ever event. It was reported by the Daily News Record that "more than 100 students from the area's colleges attended the party for an evening of free events that included live music, break dancing, downtown tours, food and a movie."

The University-Downtown Event Committee, a group of young business professionals and graduates of area colleges, hosted the premier event hoping to not only advertise but spark a lasting interest in the many recreational options one could find downtown.

Further down the streets of the charming downtown area, after an enjoyable morning of window shopping and lunching, a quick stop at Kline's dairy bar, which had graced the area since 1943, was tempting. The flavor of the week was nothing more classic than their pumpkin ice cream, bringing an old-fashioned taste to the senses at the end of a quaint Main Street journey.
Decorating margarita glasses, freshmen Claire Miller and Georgia Sullivan spend an afternoon at You Made It! Students could creatively design and paint many different pieces of pottery, as well as create their own stuffed animal at the popular downtown shop. Photo by Mindi Westhoff

Rocking out at Block party in the Burg, Shapiro guitarist Nathan Granofski and Duke Dog entertain the crowd. This was the first year the event was held, and included performances by the breakdance club, Ross Copperman, and Nathaniel Baker. Photo by Mindi Westhoff

Jogging towards court square, two runners get exercise downtown. The Massanutten Regional Library, located on South Main Street, was a popular place for students to do additional research outside of Carrier Library. Photo by Mindi Westhoff

Waiting for the dunk tank competition to begin, sophomore Alex Altrock throws a frisbee with friends. The dunk tank was a popular attraction at Block Party in the 'Burg. Photo by Mindi Westhoff
Climbing the wall at UREC, freshman Dana Corriere competes in the Outdoor Adventure program. The program took place in UREC and around the Shenandoah Valley. Photo courtesy of Mike Livesey.

Walking back from their 11-mile hike, a group of freshmen smile for the camera. The group ate lunch at the peak of the mountain and enjoyed the scenic view. Photo courtesy of Dana Corriere.

Celebrating at the top, freshman Dana Corriere completes a rock-climbing event. The group camped at the farm on Port Republic road for the duration of the trip. Photo courtesy of Mike Livesey.
The Great Outdoors

Motivated students bond over their love of adventure.

by Dana Weismuller

Searching for anything within reach, she clamped her hand around a smooth stone jutting from the structure’s rocky face. She pulled herself up while simultaneously supporting her weight with her feet as they precariously steadied her fatigued body. This was her third time trying, and as she finally reached the top she turned around and smiled at the University Recreation Center (UREC) guides far below her. She had finally conquered the climbing wall housed inside UREC.

The university provided students with abundant opportunities to explore nature with UREC-led adventure trips or on their own. For explorers heading into the wild without UREC’s guidance, the facility still provided gear for a multitude of outdoor activities. On their own, groups of students opted to enjoy day or weekend trips skiing at nearby Massanutten, hiking in Shenandoah National Park or Reddish Knob, or “cliff-jumping” at Blue Hole. No matter what activities students wished to embark upon, the Shenandoah Valley provided a wealth of exciting outdoor endeavors in close proximity for the university’s adventurers.

On weekends, students often slipped away down Route 33 to enjoy a day hiking along Skyline Drive, about 20 minutes from the university. Junior Laura Dageforde and senior Ashley Jordan decided to go hiking in Shenandoah National Park. Unfortunately, a forecast originally described as ‘cloudy’ quickly morphed into ‘thunderstorms.’

“About two minutes after setting out on a trail, a really heavy fog set in, and not much later, thunder set in,” said Dageforde. “We started to run back to the car, but soon were pelted by raindrops. As crazy as that was, having opportunities to go hiking and to places like Reddish Knob is part of what makes me love this university!”

In addition to self-guided trips, UREC’s Adventure Program provided students opportunities during the year to explore the Valley and participate in outdoor activities.

“The Adventure Program was started to reach a new segment of the university population who might not have been interested in basketball, but were intrigued by the climbing wall, or going on trips,” explained Steve...
Packing up their supplies, adventurers complete a 12-mile canoe trip. The week was full of physically and mentally challenging activities.

Photo courtesy of Dana Corriere

Helping freshmen Mark Hitchko up the wall, freshmen Dana Corriere and Kevin Bojarski complete a trust exercise. The groups were forced to work together to complete these and other icebreakers.

Photo courtesy of Mike Livesey
Bobbitt, UREC's coordinator of adventure programs. "We wanted to tie students not only to the building, but to the surrounding area here in the Valley; we wanted to equip students with their own perspectives on recreation."

The core trips of the program were climbing, paddling, hiking/backpacking and skiing, while other adventures included horseback riding and ice-climbing. These offerings changed every semester. The programs were very popular, with most trips having a waiting list for what these trips were about. Virginia. Student trip leader, junior Adam Ruhland, said, "These offerings changed every semester. The programs were very popular, with most trips having a waiting list for what these trips were about."

So many seniors or graduates came back to tell me that they wished they had taken advantage of these opportunities while they were here, but did not realize that until it was too late," said Bobbitt. "The great thing about the adventure program was that students could use the experience with which we equipped them to go out on their own. We felt like we did our job because students came back and told us how they centered vacations or jobs around outdoor experiences."

Whether they scaled the climbing wall in UREC, journeyed out into nature on their own or signed up for an adventure trip, students seized the opportunities that the Shenandoah Valley provided them.
Students find their homes away from home through a variety of on and off-campus housing options.

by dana weismuller

"Where are you going to live next year?" This question resonated among students by early October. Students began to weigh their options before the first semester even reached its midpoint, sifted through apartment and townhouse brochures, researched which dorms were blessed with air conditioning and broached the question of roommate selection. Housing options ranged from living on-campus in a variety of dorms to moving into off-campus apartments, town homes and houses located throughout Harrisonburg.

Because all freshmen were required to live on campus, they make up the majority of students living in dorms. However, out of 4,434 students living on-campus, 626 were juniors and seniors. On-campus living options included suite-style and hall-style dorms spread all over campus. Eight sorority houses also lined Newman Lake on Greek Row.

Students choosing to remain on-campus after their first year listed proximity to classes, convenience of on-campus dining options and involvement with university events as reasons why they did not move off campus. "I decided to stay on this year because it feels like home," said sophomore Jessica Polis, a resident of Chesapeake Hall. "Also, by staying on campus, I meet so many different types of people."

Some students applied for substance-free housing in Bell and Converse Halls, where residents pledged to refrain from consuming drugs and alcohol. "Living in substance-free housing has been an amazing experience for my freshman year," said freshman Claire Billups. "I've met all my best friends here and feel really comfortable in Bell."

Other upperclassmen that chose to remain on-campus stayed in the dorms as a resident advisor (RA). These students ensured that dorm residents followed the rules and stayed safe. "As a transfer student, I wasn't quite sure what to expect when I applied and was selected for the RA position," explained sophomore Lisa Jennings, an RA from Potomac Hall. "I have been really happy though, because it has been a wonderful experience and I have gotten to know many new people and been involved on campus. Being able to live here and have my own room has been nice too."

For the students who decided to live off-campus, Harrisonburg offered living options throughout the city. The intersection of Port Republic Road and Devon Lane provided access to numerous apartments and townhouses. "I love living in Ashby," said sophomore Liz Stafford. "I'm close to campus and I can go out to party and never have to leave my apartment complex for the entire night. Ashby is like the center of my universe here!"

However, Port Republic was just one area known for housing. Students made their presence felt around Harrisonburg in other apartment complexes and townhouses such as The Mill and Pheasant Run. Some groups of students even rented houses together. "My friends and I wanted to live in a house because we had eight girl-friends and didn't want to split up," said junior Sara Borsan. "We also knew of other friends that were older who lived in houses and they were sort of our role models."

Students named affordability, more freedom than living on campus and having their own room as reasons for choosing the off-campus lifestyle. "Living off-campus has its pros and cons; it's cool having my own room and my own personal space, and I can go to bed at any time without the distractions that I typically had in the dorm," said sophomore J. C. Cartwright. "The only con I can think of for living off-campus is not being able to know about a lot of the events happening on campus. I try my best to stay up to date with the events going on, and I try..."
Housing several students from Campus Crusade for Christ, The Rock House is located on West View Street, close to campus. Many students chose to live off-campus in either apartments or houses. Photo by Mindi Westhoff.
"I have really enjoyed living in Forest Hills Manor. It was well worth the wait, I love being in the middle of everything."

junior Melinda Harvey
to make it to a lot of them to stay socially active.

For students hoping to move into their brand-new townhomes in Forest Hills Manor, off-campus living proved to be frustrating. Since the townhouses were not completed on-schedule, the residents of Forest Hills Manor had to live in the Harrisonburg Days Inn for a month. As construction finished, they were permitted to move into their new homes in waves. "I have really enjoyed living in Forest Hills Manor," said junior Melinda Harvey. "It was well-worth the wait, and I love being in the middle of everything."

No matter where students chose to live, all residences on and off campus were transformed into comfortable homes that reflected the diverse style of the university's student body. Dorms, apartments, town homes and houses became homes away from home, adorned with pictures, posters and furniture to make living spaces welcoming. Whether they decided to live on or off-campus, students chose the place where they felt most comfortable. Lasting memories came from outside the classroom and were shaped by living experiences. With the abundance of diverse options on and around campus, there could be no wrong choice.

Decorating their apartment in vibrant school colors, the residents of 1933 H Sunchase came up with a creative design to show their school spirit. Students spent endless amounts of time coming up with ways to make their living areas interesting. Photo courtesy of Meghann Pasco.
At one time, turning 16 was a landmark crave since preschool. The age of 16 brought a driver's license, which meant freedom to go on dates without parents as chauffeurs. The exciting age of 18 came and went, marked with the feeling of "being an adult." Finally, the countdown until 21 began. As their last anticipated birthday approached, students couldn't wait to feel the rush of entering their first bar and having their first legal sip of alcohol.

Many students celebrated by having a party or going barhopping. Apartment parties were common because they allowed friends of all ages to join in the celebration. Senior Kristin Carpenter celebrated her 21st in this way. She and her roommates decorated her apartment and friends from both home and school attended. Carpenter said, "A lot of people at other schools want to go to the bars on their 21st, but instead I wanted to have an apartment party so that everyone could come."

Junior Kelli Savia, who also celebrated her 21st birthday, agreed with Carpenter and wanted to involve all her friends. Because her actual birthday was during the week, Savia had close friends over for a gourmet dinner. "Some people thought it was weird I cooked on my own birthday, but I love cooking and it was great seeing my friends enjoying what I made," said Savia. Following the dinner, she went to Buffalo Wild Wings to enjoy her first legal drink. The next weekend she and another close friend celebrated their birthdays together with a joint apartment party.

While parties were a common way for students to celebrate, others planned out an entire day of festivities, like senior Christine Colton. An apartment party was the finale of a full day packed with 21st birthday fun. Even though her birthday was on a Saturday, she began celebrating the night before. Colton attended a party Friday night and everyone counted down as midnight approached. Then she and a few friends went to Buffalo Wild Wings once she could officially buy a drink. "I was so excited because I had my very first wristband and my very first legal drink in a restaurant or bar. The guy at the door was checking my ID and he checked his watch just to make sure, so that was fun," said Colton.

Colton had only been 21 for a few hours but she had more planned for the next day. In the morning, Colton and her roommates went to Wal-Mart and the liquor store to stock up on items for the party they had planned for the night. After buying the supplies, she went to El Charros with her boyfriend and friends for margaritas. "We had the server who always waits on us so when he saw it was my birthday he gave me a free tequila shot," said Colton. After El Charros, they celebrated with friends at their apartment and later went to Dave's Taverna for dinner. "I liked being able to go out and get a drink with my friends and my boyfriend because I'm the youngest of my friends here and at home, and it was just nice to no longer be the young one holding everyone back."

Although alcohol was a large part of some students' birthday celebrations, others celebrated in alternative ways. Senior Katrina Goens had a dessert party with her friends to commemorate the big day. She and her housemates started the night by making cakes, cookies, brownies and Key lime pies from scratch and invited their closest friends over to enjoy their creations. "We chose to have a non-alcoholic party because many of my friends weren't of legal age to drink yet. Many of the people invited were my close Christian friends and acquaintances but others didn't hold the same views we do. It was a great time to show that there can be fun without alcohol," said Goens.

Although many enjoyed their birthdays around Harrisonburg, some opted to travel outside the area. Senior Charles Cardona knew he did not want to go to bars; instead he went to Washington D.C. with his closest friends and celebrated with a non-alcoholic party at a hotel. "We chose to have a non-alcoholic party because many of my friends weren't of legal age to drink yet. Many of the people invited were my close Christian friends and acquaintances but others didn't hold the same views we do. It was a great time to show that there can be fun without alcohol," said Goens.
friends from the university to celebrate. His parents rented two penthouse suites and a grand stateroom suite at One Washington Circle Hotel and the group went to an upscale restaurant, Daily Grill. “16 of us wined and dined to celebrate what was later referred to as ‘a defining moment in our college careers,’” said Cardona. “It was the first time in literally years that everyone was able to get away from their responsibilities for a night and enjoy being legal with friends in a city atmosphere.” Although his parents paid for the hotels, it had been Cardona’s wish to celebrate his birthday in a setting that wasn’t so typical.

Some students did not have the option of celebrating in Harrisonburg because their birthdays were in the summer. Others chose to have close friends from school come visit them at their homes. Senior Tina Gienger was studying at the university during the summer, but celebrated her May birthday at home with her friends and family. Gienger had a Mexican fiesta-themed party at her home with colorful decorations and Mexican music. In accordance with the theme, quesadillas, tacos, sangria and Coronas were served and a piñata provided amusement for Gienger and her friends. After the party, she went to bars in downtown Richmond but was glad she had the chance to also celebrate with her family.

“The most important part of my birthday was to be able to be with the people I care the most about. I got to spend time with my parents and my close friends of all ages,” Gienger said.

Students found various ways to enjoy their coming of age celebration. From traditional apartment parties to dessert banquets, the day promised unforgettable memories.
Lindsay Garlow loved to get high. High, as in hundreds of feet in the air while flying her vibrantly colored hot air balloon, Jellybean.

Garlow, a senior and early childhood education major, had attended hot air balloon festivals for nearly a decade. When asked how her fascination for balloons developed, Garlow said, “I love to see all the hot air balloons lift off at once, it’s truly breathtaking.” At first, she was content watching the event and taking pictures of the more fascinating balloons. Soon the hobby matured, and Garlow found herself aspiring to become a pilot with her own balloon. On June 30 her dream came true; she had obtained both a pilot’s certificate and a hot air balloon.

Garlow’s dream began when she attended her first balloon festival, the Cody Centennial Festival and Buffalo Bill sesqui-centennial, which took place in her hometown of Cody, Wyo. in 1996. She not only witnessed dozens of balloons take off at once, but she also received the opportunity to ride in a hot air balloon for the first time. “I get this incredible adrenaline rush whenever I’m in the air. I’m sure I was scared during my first ride, but also extremely excited,” Garlow said.

In addition to the annual Cody festival she attended, Garlow had also experienced the Shenandoah Valley Hot Air Balloon Festival, the Colorado Springs Balloon Classic and the Albuquerque International Balloon Fiesta. As the largest hot air balloon festival in the world, Fiesta hosted around 800 balloons during the week-long event. Although Garlow loved seeing hundreds of balloons in the air at the same time, she preferred local festivals. “Local festivals, like Cody, are more fun because you get to know the people on a more personal level. There is tailgating at the launch field after flights and also more activities at night,” she said.

Her passion for the hobby reached a new level when she decided to become an active participant. “I loved taking pictures and looking at all the balloons. The other pilots are some of the most amazing people I’ve ever met, they are so outgoing and entertaining. I wanted to have more interaction with them and be closer to the balloons, so I decided to get my certificate.”

Garlow’s goal for the summer was to obtain a pilot’s certificate by August. She was not only driven by her own ambition but also by memories of her mother, who passed away in 2003. “I wish my mom could see me as a pilot. I know how proud she would be since she also flew at the second Cody festival,” Garlow said.

The process to receive her pilot certificate was not easy. Garlow was required to complete a minimum of eight flying hours, and take a Federal Aviation written exam, oral exam, and practical flight test. For two weeks straight, she arrived at the launching field by 5 a.m. to meet her flight instructor, Al Lowenstein. After an hour-long flying lesson, Lowenstein took Garlow to breakfast while evaluating her progress and performance each day. “Al gave constructive criticism and was very positive. When I was afraid I wasn’t going to be able to do something, he believed in me,” said Garlow.

During the afternoon, Garlow attended ground school to prepare for her written and oral exam. At the conclusion of two weeks, she took a computerized, 60-question exam and met with a Federal Aviation Administration (FAA) examiner for the oral portion of the test.

Garlow was asked to recite various definitions and sectional maps of air space maps over the course of 45 minutes. “Since it was a one-on-one conversation, I couldn’t pretend like I knew the answers. I had to know them. If I missed a question, I was sent home to find the answer,” she said.

Garlow then met with the FAA examiner for her practical flight test. He determined that Garlow had sufficient knowledge of operating a hot air balloon, including lift-off and landing procedures. Once she passed all examinations, Lowenstein congratulated her with mimosas, a tradition for balloonists after a successful flight. Garlow described the post-flight ceremony as the most enjoyable aspect of ballooning because of the social interaction with other pilots and flight crew.

After obtaining her pilot’s certificate, Garlow began searching for hot air balloons. Because of the large size of balloons, they had to be transported with a trailer,
Garlow needed to find one close to Wyoming. She found a reasonable and attractive balloon in Colorado. Garlow's father purchased the balloon for her within 15 days of receiving her pilot's license. She named the balloon Jellybean because of the tear shaped patterns that cascaded down in waves of yellow, pink, orange and green. The balloon is a rally, or factory pattern, with others made in the same design. If a pilot desires to design a balloon with their own unique pattern, the cost becomes much more excessive. "Eventually, I would like to design my own pattern. My dad wants me to have a balloon with a portrait of Buffalo Bill in honor of our hometown, but I'm not sure what pattern I'd actually get," Garlow said.

Garlow's dreams did not stop. She hoped to one day earn a commercial balloon license that would enable her to fly balloons sponsored by corporate companies along with paying passengers. The certificate would also allow her to instruct piloting lessons. "I would love to retire and fly balloons the rest of my life. I want to be 50 and flying around the world."
affordable fun

Students find ways to have fun in the community on a budget.

35 cents + Tuesday

good times & great prices

by Sara Wist

After adding up tuition payments, money spent on books, the cost of parking permits and tickets, as well as living expenses, students quickly found that college was not cheap. Students could easily forget that entertainment and fun activities with their friends usually came at an extra price, which frequently was not conducive to their budgets.

"Going out with my friends is always a great time, but it bites because it empties out my wallet!" said junior Kenta Ferrin. "The movies are like $9 now, which is basically my entire monthly allowance."

However, students did not let the high cost of fun stop them from joining their friends for a fun evening out. Many local businesses and restaurants offered discounted days or special deals for entertainment-seekers looking to save a little money.

Buffalo Wild Wings, commonly referred to as BDub's by students, held its weekly karaoke night every Thursday, partnered with 50 cent boneless wings for those who were there for the show.

"It's cheap food and cheap drinks. Entertaining
people sing, both good and bad singers, but no one cares,” said senior Paul Tocco. “The entire place will sing along to songs they know. It’s a great time for students no matter their age.”

For those less than confident in their singing abilities, BDub’s also held 20 cent wing nights every Tuesday. In addition to BDub’s, other local businesses offered great, inexpensive deals on food that catered to students. The Artful Dodger, located downtown, had buy one, get one free deals on evening meals, which included appetizers, entrees and non-alcoholic drinks. Along with food, it had a unique, coffee shop-like atmosphere with monthly art shows and occasional live music.

Although going out to eat with friends was a commonly enjoyed activity, others preferred to do something a little more interactive. Local bowling alleys offered opportunities for friends to get together for some light-hearted competition without breaking the bank.

“We like to go bowling because they have deals where you can pay a certain amount and then you get the shoes and as many games as you want to play,” said freshman Katie O’Hanlon. “We just get a group of friends together and go hang out, eat and just relax while playing a couple games.”

Off-campus was not the only place with inexpensive options. The University Program Board devoted itself to constantly providing students with movies in Grafton-Stovall Theatre for the low price of $2.50 a ticket. Moviegoers could also get popcorn to enjoy during the show for just 50 cents, a much better deal than the $4 charged at most movie theatres.

“Grafton is a great alternative form of entertainment for JMU students, especially since it’s so cheap, and the movies they play are relatively new,” said junior Adriane Mullins.

Various organizations were constantly holding late-night breakfasts throughout the year in order to raise money for different causes. For a couple of dollars, hungry students could support their peers and get a good meal at the same time. Those who did not want to wait for the scheduled breakfasts always had the option of IHOP’s 50 percent student discount every
Performing at Bdub’s Karaoke Night, a student entertains to a crowd favorite. Thursday nights were popular among students because they also boasted all-you-can-eat 50 cent boneless wings. Photo by Tara Hepler.

Advertising the hit summer release “Wedding Crashers,” Grafton-Stovall provided students with the showings of popular movies. The on-campus movie theater was significantly cheaper and closer than the Regal Cinema on University Blvd. Photo by Mindi Westhoff.

Bowling at Valley Lanes, a student tries her hand at getting a strike. The bowling alley was a favorite place for students since they can bowl on Mondays for a reduced price. Photo by Tara Hepler.
Sunday and Wednesday.

For those students wanting to experience the great outdoors, there was a whole new set of options when looking for something to take up their free time. When the weather was nice, the Quad was filled with Frisbee-throwers, dog walkers and sunbathers. Some took their homework to work on while lying on the grass, while others just spent quality time with a good book or took a nap.

The Arboretum featured a quiet location where students could walk around to get away from the stress of school and clear their thoughts. Local parks offered the same type of getaway for those looking for somewhere off-campus. “Sometimes I’ll go over to Purcell Park and just go for a long walk,” said junior Nancy Riggs. “It’s really nice and relaxing. A lot of places on campus are really busy so I enjoy being able to get away from the hustle and bustle for a while.”

When student’s wallets were looking emptier than usual, the university and surrounding areas provided a multitude of options to choose from when looking for something to do. Without having to shed out too much of their hard-earned cash, students took much more pleasure in going out and having fun.

Dancing together, three friends enjoy a night out on the town. Main Street was just one of the many places students could go to enjoy themselves for an inexpensive price, especially on Wednesday nights. Photo by Tara Hepler
Students find creative and unique ways to show their school spirit.

The urban dictionary defined the university as, "JMU is what dreams are made of. It's not just a school, it's a way of life. If you are privileged enough to go there or to experience its greatness, you are truly one of the lucky ones." Students reflected the definition in their everyday lives by sporting purple and gold in their wardrobe, on their cars and even in their rooms.

Football season tended to bring out daring displays of school spirit among students. Fans came decked out in university memorabilia, and not just with a school T-shirt. Around Bridgeforth Stadium, the colors of purple and gold radiated throughout the stands. Some students chose to paint their bodies in honor of the university.

Spirited traditions were also exemplified during the games. After each touchdown, a canon was shot off and the Marching Royal Dukes performed the "Fight Song." Students sang along to the marching band while purple and gold streamers soared through the stands. Glancing in the air, only streaks of purple and gold could be seen. "I always enjoy going to the football games. Purple and gold is everywhere, and watching the streamers soaring through the stands is a one of a kind experience," senior Jacque Larivée said. A recent tradition fans started during the 2004 season was rushing the stadium after the Dukes come out victorious at football games.

Some students even carried lucky trinkets to the games with them. Senior Keith Mann had a purple and gold striped afghan that he carried around with him to each football game. Mann, a student ambassador, also gave tours while sporting his blanket and was even seen with a purple and gold stumped afghan that he carried around with him to each football game. Mann, a student ambassador, also gave tours while sporting his blanket and was even seen on ESPN during the 2004 national championship game wrapped in his good luck charm.

Since winning the Division I-AA National Football Championship, students experienced a hard time acquiring tickets to the games. Senior Kelly Ross said, "Spirit has skyrocketed for football games. My first three years I could walk up and get a ticket 10 minutes before the game began, this year you need to be in line way before kick-off."

But football games were just a warm-up for the week of Homecoming. Students put their spirit in full force, showing their pride and glory for the university throughout various events and activities. Purple and gold colors exploded throughout campus, with signs in every building imaginable, and students brought out all their school memorabilia to showcase their love for the university. Even in cars, drivers honked for Homecoming when traveling through intersections on campus.

During the pep rally, the Commons was transformed into a haven of purple and gold. Streamers were strung in every tree and spirited signs were hung everywhere. Senior Ray Bracken was in charge of decorations for the pep rally. He and his committee spent
"On my tours I always stress that we are die-hard fans who deck ourselves out in anything purple and gold we can get our hands on"

senior Ray Bracken

Representing the university wherever they travel, students make bold displays of school spirit on custom-created license plates. Many students customized their plates to reflect their personal experiences at school. Photo by Revee TenHuisen

Rooting for the football team, hundreds of students crowd together to show their school spirit. Thunder sticks were provided to create noise, but students brought their own unique creations such as "d" and fence cut-outs. Photo by Mindi Westhoff

Sitting on a lifeguard stand, Duke Dog adds a spirited touch to a Pheasant Run townhouse. Art majors were often sought out to create images of the popular mascot for fellow students. Photo by Julie Gundrum

Adding a certain flair to the popular game of beer pong, Duke Dog appears on a table in Pheasant Run. Owners Clay Harrington, Kipp Stump, Adam Walentek and Stephen Krathlow combined their love for the university with their artistic abilities. Photo by Tara Hepler
hours constructing banners, posters and a tower reflective of the Homecoming theme, Top Dog: Flight of the Champions. “Spirit is shown behind the scenes through the many dedicated students who make Homecoming and other such events amazing for the student body to attend,” Bracken said.

Student spirit at the university was not expressed only during athletic events and Homecoming. Students showcased their pride for the university in their daily lives and endeavors as well.

Many students reflected spirit on their cars. They placed stickers on their back windshield and some even had the Virginia license plate dedicated to the university. The plates had the Duke Dog in the upper left corner with the colors of purple and gold cascading around him. Usually, students personalized the plates with messages such as “MADISON” and “ILUVJMU.”

Similarly, students decorated their apartments with university memorabilia. The national championship poster was a popular decoration for many students. Seniors Kristin Naylor, Colin Wright, Keith Mann and Austin Robbs decided to add a unique twist when using the poster in their apartment. They acquired multiple copies of the poster and arranged it various different directions on their common room wall. The poster had information on the opposite side about the football team’s history and their journey leading up to Chattanooga. The roommates included all aspects of this in their collage, including pictures of friends at the national championship game.

Artistic students were able to create their own spirited decorations. The Duke Dog was a popular reproduction, along with the name of the university painted or embossed on the item.

During their time at the university, students developed a strong connection to the school. Love and pride for the school was undeniable in their everyday lives. Bracken, also a student ambassador, described this adoration to prospective students during his tours. “JMU spirit is phenomenal,” said Bracken. “On my tours I always stress that we are die-hard fans who deck ourselves out in anything purple and gold we can get our hands on. Hopefully, this will help create future generations of die-hard fans.”
Wearing her Homecoming shirt proudly, Kayo joins her owner for Sunset on the Quad. Students enjoyed dressing their pets up in university gear. Photo by Mindi Westhoff

Awaiting the parade, senior Christina Beck, sophomore Heather Cole and senior Allison Flemmons sip on hot drinks to keep warm. This was just one of the many events promoting school spirit during Homecoming weekend and was followed by a pep rally on the Commons. Photo by Revee TenHuisen

Sporting tattooed paw prints, senior Rachel Gittler expresses her spirit through this unique form of body art. Gittler said “I love JMU and wanted a part of it on me for life!” Photo courtesy of Rachel Gittler.
Students ranked the university's Dining Services sixth overall in the nation, according to the 2005 Princeton Review. This implied that students had high regard for the food options, meal plan options and overall operation of the dining halls compared to other universities.

While the rankings certainly did take the availability of healthy foods into consideration, it was unclear as to how it factored into the overall ranking. Dr. Michele Cavoto, a dietitian, was consulted for her opinion as to the state of affairs of the university's Dining Services and campus nutritional habits. Cavoto had been the university nutritionist for 21 years. "I think they are phenomenal options," said Cavoto. "I think that the variety that's available on campus, the attention to nutrition and making sure that there are healthy food choices in every dining option is well done."

Cavoto was just one of many resources for nutritional consultation available to students throughout the year. The University Recreation Center (UREC) also had students on staff trained by the Health Center and Office of Health Promotions (OHP) to perform nutritional analyses for students. These nutritional analysts held several UREC programs during the year to teach students about good healthy living habits. Also, peer...
education groups such as Reality Educators Advocating Campus Health (R.E.A.C.H.) were available to give presentations on nutrition and other health-related topics to all those who requested them.

The university’s Dining Services Web site was also at students’ disposal. On the site, students could search for their favorite meal under the nutritional information section of the site. Everything from the California cool wrap at D-Hall to the rotisserie chicken from Cranberry Farms to even the items in vending machines throughout campus were available for students to research.

For students who did not have the time to surf the Internet for nutritional information, dining locations such as Let’s Go had nutrition labels for each food item placed right above it. Students could check the nutritional statistics as they chose their meal.

“I do know that, over the years, I’ve seen that our students are more educated about nutrition and more conscious about nutrition,” said Cavoto. “That doesn’t mean they always make good food choices, but I think they know more than their parents did a generation ago.”

Cavoto noted that the dining halls offered unaltered foods that were originally prepared healthily, but students had the option of adding more salt or butter or other additives. “A lot of college kids drink less and less milk because now they can have soda with their meals,” Cavoto said. “So they no longer have the protection of calcium, and they’ve also got the phosphorous which is taking away calcium from bones.”

Sophomore Drew Massengill believed, “The campus gives me many options, but they could improve the quality of the healthier choices.”

Cavoto suggested that students comply with the government’s recommendations by following the food pyramid. Also, she stressed eating non-processed foods and dairy products. OHP’s Web site provided several links to other sites that offered information on nutrition and healthy eating, as well information on specific ailments and disorders.

The healthiest locations according to Cavoto were D-Hall and the Festival because of the variety of foods served at each location. Also, made-to-order locations, such as the Mongolian Grill in the Top Dog Café, put the nutritional options in the hands of the students. A couple foods to avoid were French fries and frozen yogurt. Surprisingly, the frozen yogurt made the list because it had almost zero nutritional benefit. Cavoto said that too often students treated it as a dairy product instead of seeing it as a sweet.

The only major qualm Cavoto had with the healthy options in dining halls was the portions. “The only hard part about eating well on campus is portion size. It’s too hard to limit your portion sizes to what’s recommended. When you’re served, like at the Festival, you’re served probably more than you would take.”

Deciding upon the menu at each dining location was done in conjunction with students. First, the managers of each dining location set up their menus. Feedback from students in the form of comment cards, SGA Food Committee meetings and the Dining Styles surveys conducted each semester helped to adapt recipes throughout the semester. Some recipes came from corporate resources, while some were developed by Dining Services to fit student requests.

One of the challenges of college life was choosing the right diet. The university provided students with all these resources to aid students in making these decisions, yet students also had a say in what foods stayed in the dining halls.
Showing off costumes from the past century, members of Campus Crusade for Christ (CRU) celebrate at their dance through the decades event in the Highlands Room. The most popular decade captured was the 1980s. Photograph by Sarah Thomas.

Writing what gives her hope on the board, senior Erin Allen contributes to CRU’s demonstration on the Commons. The group also had a board titled “What Scares You?” on which students could add their fears. Photograph by Mindi Westhoff.

Celebrating sunset during Ramadan, members of the Muslim Student Association provide food for members and fellow students. The event was held to raise awareness of the Muslim faith and also to illustrate the fun side of the holiday by sampling many different foods. Photograph by Mindi Westhoff.

Discussing his surgery at Donor Sabbath, senior Erin Shap illustrates the importance of organ donation. The event was sponsored by Hillel. Photograph by Mindi Westhoff.

Singing as a part of Catholic Campus Ministry’s Folk Band, sophomore Beth Dooly practices a piece. The group held practice every Thursday in preparation for their services. Photograph by Julie Gundrum.
Fall was a busy time for the many spiritual and faith-based organizations on campus. In the past, many students had been surprised to learn that the university offered over 15 different religious groups. These associations emerged as an active, vibrant force on campus and in the Harrisonburg community. Groups sponsored talks, organized fund-raisers, started outreach ministries and sometimes even stirred up controversy. Whatever their method, these religious groups proved themselves to be a positive influence on campus.

InterVarsity, one of the university’s many Christian organizations, stated on their website, “It is our conviction that JMU doesn’t need more Christian meetings, clever ideas or catchy programs. Our campus needs God.” Their philosophy of showing God’s love through the lives of his people included fighting an issue that they considered to be one of the greatest injustices of the time, AIDS. Teaming up with Harmony, the gay, lesbian, bisexual and transgender student organization, they sponsored the HIV walk/run on Oct. 15. The purpose of this event was to raise money for the Valley AIDS Network. Through the event, members of InterVarsity hoped to make a difference in the lives of people suffering from the disease, and also spread God’s message throughout campus.

Another Christian group concerned with fighting injustice in the world was the International Justice Mission (IJM). President Claire Moore said, “IJM is a global organization that seeks justice for victims of human rights abuses through investigations and prosecution of human rights violators. The purpose of IJM globally is made up of two parts: education and activism, through intervention and prayer.” In the spring, IJM participated in Human Rights Week and in the winter they sponsored the Alternative Gift Fair to raise money for local charities before the holiday season.

“Another way students stayed active in their faith was through local outreach programs, such as Young Life. “Each team typically puts on this thing we call club where we basically play a ton of really fun, crazy and messy games and sing songs with the students,” said senior Joella Finnerty. “At the end they get to hear a talk about Jesus that actually relates to their lives as adolescents.”

Senior Katie Allman, a Young Life leader at Broadway High School, said, “I can honestly say that Young Life has been the best way I could spend my free time in college. It has been amazing getting to know people in the community and most of all just loving kids for Jesus.”

Despite the overwhelming number of Christian organizations on campus, groups representing other beliefs made their mark as well. The Freethinkers created quite a stir at Student Organization Night with their controversial T-shirts that bore the message, “Got Jesus? Nope.”

Hillel, a Jewish organization, sponsored a number of events, including bringing Ranaan Gissen, senior adviser to Israeli Prime Minister Ariel Sharon, to speak on Nov. 15. In early November, the Muslim Student Association sponsored “The Ideology Behind Terrorism,” a lecture given by Zakaria Fellah, an expert in radical Islamist terrorism. All of these events helped raise awareness for issues that went beyond the boundaries of specific faiths and affected humanity as a whole.

All these groups, plus the many other faith-based organizations present on campus, came together to form a powerful, influential voice within the university community. Through their passion, actions and true concern for all students, regardless of religion, they made their mark on the school and proved to be one of the most positive forces at the university.

by kati kitis
Gliding through the air, junior Karen Reinhard prepares for landing. It was necessary for skydivers to pull open their parachute hundreds of feet above the ground to land properly. Photo courtesy of Karen Reinhard.

Accelerating toward the ground, junior Brooke Kriesten jumps with her instructor. Many first time jumpers chose to dive tandem, or attached to another, more experienced diver. Photo courtesy of Brooke Kriesten.

Encouraging individuals to overcome their fear of jumping, the door to Skydive Orange makes a bold statement. Tandem skydives were the most popular jumps at this facility, located in Orange, Va. Photo courtesy of Karen Reinhard.
Soaring through the sky with nothing holding you back.

Their parents always told them not to give in to peer pressure, but some students gave into a different kind of pressure this year: falling from thousands of feet in the air.

“I’ve always wanted to go skydiving ever since I was little because I’m a little daredevil,” said junior Whitney March. “My mind couldn’t process the fact that I was free-falling from 14,000 feet. I was so excited and I tried to look and absorb every sight and feeling of the whole thing but it was just so unreal.”

For junior John Robinson, skydiving was also on his life’s check list. “It’s one of those things you have to do before you die,” Robinson said. “I’m big into getting the best out of life, so when one of my best friends came back from skydiving raving about it, I knew I had to go.”

For most students, the closest place to Harrisonburg to skydive was Skydive Orange in Fishersville, Va. Affiliated with the U.S. Parachute Association, Skydive Orange had been operating since the late 1970s and executed over 20,000 freefall parachute jumps a year. It was also the fastest growing skydive center on the East coast.

“Skydiving is funny. You think it’s going to be this huge adrenaline rush and you get yourself all psyched up. But as soon as we took off in the plane this calm just came over me. By the time you’re at elevation the world looks just like a map,” Robinson said. “But then you get up to 12 door, wind blowing by at 100 mph. You get a three second count and then BAM you’re out of the plane. Imagine your body being fully supported by 200 mph winds, two miles up in the air, with a great view. It was amazing.”

First-time flyers were required to fly tandem, or attached to a skydiving instructor. At Skydive Orange, a tandem jump cost about $235 and included a 45-minute instructional class.

“You go there and sign your life away and go through a crash training course basically on how to exit the plane and land properly,” said junior Brooke Knesten. “I did start to freak out during the free fall because it kept taking my breath away, but that just added to the whole experience.”

Once a student had flown tandem three to four times, they could qualify to enter the accelerated freefall program, a program that cost about $355.

“The feeling of free-falling gives the sensation of flying, as a bird does, as well as feeling your body free in space without anything restraining it,” junior Chris Evans said. “I’ve gone two times. I would do it again, though not tandem. I am ready to jump by myself.”

Perks such as videos and stills of one’s tandem skydive added an additional $100. Knesten and March also bought shirts that said “Got Balls? Skydive.”

“When else in my life would I be willing to take that big risk and drop that kind of money? I actually got a video and stills of my jump which was totally worth it,” Knesten said. “Dan, my jumper, asked me on the way up if I wanted to pull the cord and at first I was like, ‘No way.’ But then I realized I might never do this again so I better do it.”

Other students, like junior Karen Reinhard, decided to add something more to the skydiving mix.

“When I went last spring, I went with a large group of friends, most of who were also jumping for the first time. We camped out the night before at Skydive Orange and then got up early the next morning and spent the day watching our friends fall from the sky,” Reinhard said. “Everyone should do it. There’s no better way to get over a fear of heights and I would love to do it again. Now that I know what to expect, I feel as if I would enjoy it more because I wouldn’t be so worried about the logistics of the jump. I would enjoy the view more.”

March, Robinson, Evans, Knesten and Reinhard all said they would skydive again and they all plan on another trip in the future.

“I would do it 10,000 times again. It is so refreshing and breathtaking. It’s a huge charge for your battery,” Robinson said. “It’s a theory of mine that skydiving extends your life, it’s that amazing. It’s definitely worth the hype and more. If it was free, I would do it everyday.”
Covering an entire wall, a collection of bottles from around the world decorates the living room of senior Kevin Wince’s Hunter’s Ridge apartment. Wince had been collecting for three years.

Photo by Mindi Westhoff

Using bright colors and an oriental-inspired theme, freshman Melissa Paschall decorates her White Hall dorm. Because they lived in dorms, many freshmen made the most of their space.

Photo courtesy of Melissa Paschall

Creating a multi-toned effect, senior Meghann Pasco paints her Sun-chase room a soothing aqua. Most apartment complexes gave renters opportunities for variety by allowing them to paint their walls.

Photo courtesy of Meghann Masco

Naming it Bushwood after the house in “Caddyshack,” seniors Anderson Braswell and Nathaniel Clarkson boast a stylish abode. They said the name came about because the house was near the golf course.

Photo courtesy of Nathaniel Clarkson
Dorm rooms and apartments are stylishly transformed to reflect personality.

by kati Kitts

A private bedroom, their own kitchen and a parking space close to where they lived were all things that students looked forward to when they make the big jump from dormitory living to off-campus independence. Above all, the best thing about living in a house or apartment was the freedom to make the space one's own. "The thing about a dorm is that you're more concerned about space than style," said freshman Kameryn Kitts. "You have to figure out how to organize the beds so you still have floor space and get all your electrical stuff next to the outlets since you don't have an extension cord. It doesn't leave a lot of room for creativity."

For many students, living in an apartment was an opportunity to show off their hobbies and interests. "My room is decorated with every piece of Red Sox memorabilia I own," said senior Bobby McMahon. "It's like a museum in here." The guys of ISB in The Mill let their interests spread beyond their own rooms and into the common area. Since all of them were heavily involved in musical groups from Madison Project to the Marching Royal Dukes, they had little trouble deciding what the theme of their apartment should be. They were able to fit two couches, an entertainment center and a piano in their living room and still maintain a decent amount of floor space.

Some students found inspiration in things other than hobbies and extracurricular activities. After spending a semester abroad in Florence, Italy, senior Tyler Warman was anxious to surround herself with reminders of the city she had come to love. "Our lighting scheme makes me nostalgic for the holiday decorations in Europe where lights are strung across the streets creating a canopy of stars," said Warman. A big fan of Italian art, Warman brought back a beautiful framed reproduction of Michelangelo Buonarroti's Sistene Chapel, which she hung on the wall beside the front door of her townhouse in Pheasant Run. "Every time I walk out the door I am reminded of my cultural experience abroad. It reminds me to have an open mind." Warman said.

While many students chose to decorate their apartments and houses with reminders of things and places they loved, others just liked their place to look well-decorated. The ladies of Westview House enjoyed the freedom to choose colors in their rooms and common areas. Junior Liz Young and Emily Carter painted their bedroom a vibrant green to keep things fun, but decided to create a calmer atmosphere in their living room with warm crimson and burnt orange colors and comfy furniture, candles and exotic artwork. The final effect was a very welcoming space with a rustic, European look. With the right décor, a simple house or apartment became a source of pride for many students. They enjoyed showing off some of the best attributes of their individual residences.

McMahon commented on one of his favorite features of the large, older house he and his friends rented, saying, "Our house has this great old wallpaper depicting colonial life in America. We get a lot of compliments." Senior Greg Paulsen and his roommates decided to go for the pimped-out look. "From cathedral ceilings, a sick sound system and the standard wall-mounted HDTV, we attempt to keep things real," said Paulsen. Paulsen described his apartment as unlike any other college student's place of living. Well-decorated places such as these certainly came at a high price, but for the students who lived there, it was worth every penny.

Whatever the inspiration, living off-campus gave students the independence to unleash their creativity and fashion on spaces that reflected their personalities. "The great thing about college is that you get to figure out who you are," said senior Bethany Saunders. "Each year, you get a little bit older, and you get to spread your wings a little bit more. It's a very cool feeling to look around your room and see how it represents the person you've become."

Showing off her favorite place, junior Emily Watson decorates her bedroom with melted posters. Many students used posters as a way to brighten the often plain walls of the off-campus apartments. Photo by Julie Gundrum
Performing at Sunset on the Quad, senior Dario Tadic executes a difficult move. The breakdance club participated every year in Sunset on the Quad. Photo by Mindi Westhoff.

Balancing on one hand, junior Eric Trott dances at a SafeRides event. The club performed at many different events on campus, including Greek Week, Block Party in the ‘Burg, and the annual Circles competition, hosted by the university. Photo by Mindi Westhoff.

Countering a fellow dancer’s move, a dancer balances confidently on her toes. She followed with several pirouettes as the crowd cheered her on. Photo by Mindi Westhoff.
Through unique dance moves students define the art of breakdancing.

The thumping from the boom box marked the beginning of another practice session for the breakdance club. On this clear and chilly night, members of the club looked to perfect their intricate moves for another upcoming show. The 30 people involved in the organization had one thing in common; their love for this artistic culture.

“I love breakdancing,” said freshman Amy Marsh. “It combines hip-hop, dancing and expression. You don’t just learn a move and do it like everyone else. You can put variations and style into it to make it your own.” Many others shared the same sentiment about the breakdancing tradition.

Breakdancing developed its roots in the early 1980s as part of the hip-hop culture at its popularizing stage. The combination of spellbinding rhythms and complex dance moves captivated the national audience and created a massive following. The breakdance movement reached the university in the spring of 1997 when Kevork Garmirian and Josh Rosenthal founded the organization that brought together those who shared a common interest in the phenomenon. Since its conception, the organization has attracted many people of different backgrounds, including both male and female members.

“I have always been interested in breakdancing,” said sophomore Royce Soberano. “I remember my friend teaching me the moonwalk in the fifth grade, and I have been interested ever since.” Soberano, like many of his peers, had a rhythmic fever that could only be cured on the dance floor.

Weekly practices were held in Godwin Hall’s Sinclair Gymnasium. Dressed in gear as original as their rhythmic art, the breakdancers began practice by stretching to warm up their muscles. Like all physically strenuous activities, the risk of injuries existed.

President of the breakdance club, junior Dario Tadic, said. “Occasionally we get a sprained thumb, wrist or elbow, but usually nothing too serious. We just hope that arthritis won’t kick in before we graduate.”

After stretching, members spread out across the hardwood canvas to refine their stylistic repertoires. Practices were easy-going and maintained a relaxed atmosphere with a sense of camaraderie among the club’s members. Perfecting one’s own routine was important, as was sharing one’s original moves with teammates. Many also saw practices as a way to socialize and unwind from a stressful academic environment.

As always, new members were constantly welcomed. “Just come out and we’ll teach you, as simple as that,” said junior Matt Stewart. Tadic went out of his way to make the new members feel welcome and taught them basic moves.

Characteristics such as individuality and creativity were trademarks of this culture. One of the club’s favorite activities occurred after a brief period of individual practice. Taking turns, one member after another would go into the center of a circle and breakdance while another member on the circle called out a random word. The dancer in the center of the circle then strategically maneuvered their body to symbolically imitate that word. To form the letter “e,” senior Katie Beckman propped herself up on both of her hands and turned her body into the shape.

The breakdance club often accepted invitations for performances. Over the year, the club took part in both university related and unrelated functions. Among them were Showtime at the Apollo, Take Back the Night, Block Party in the ‘Burg and Sunset on the Quad. The biggest event of the year, however, was Circles. This annual fund-raising event, hosted by the club in March, brought in hip-hoppers from across the nation for a competition of physical rhythmic prowess. The money raised by this event was distributed among various charities. The club also performed for local daycare children who had an interest in this underground culture.

Each event allowed members to improve their talents. While some left with old dance moves newly polished, others left having learned new challenging routines that would surely dazzle audiences in upcoming shows.
Students came up with a variety of ways to make themselves stand out. Some had individual ways of dressing in a style all their own. Others became involved with unique hobbies. For those a little more daring, a permanent addition to the body was the perfect choice.

Tattoos and body piercings were sometimes a display of freedom, as some students celebrated turning 18 by getting a body decoration or piercing without the requirement of parental consent. For most students, however, their tattoos had a deeper meaning than simply declaring their independence.

“Of course,” said senior Michelle Parks. “My shamrock tattoo symbolizes the Trinity: the Father, Son and Holy Spirit. This is what St. Patrick used in Ireland to explain to people who God is and what Christianity is all about,” said senior Ellen Lolich. “This is significant in my life because I am a Christian and this permanent tattoo symbolizes God’s permanence in my life. Also, I am Irish and being Irish is very important to my family and me.”

“The significance of my tattoo is that the four words, hope, faith, love and grace, will remain forever in God, hence the infinity symbol,” said senior Michelle Curtis. “Also the reason why it is on my left foot is because that is my weak side and means that I have to rely on God in everything I do.”

“I like to look different and have always been attracted to piercings and tattoos. I think a lot of creative and artsy people are the ones more inclined to get something pierced. I have always been drawn to unique things and I just love the way it looks,” said junior Tessa Parks. “My boyfriend and I got it done at the same time and on the same side so when we kiss they wouldn’t clink together. We did it together as a sign of commitment. I am gauging my ears currently and will pierce my nose in the near future.”

Bearers of tattoos and piercings often received strange looks or funny comments about their markings. “It’s funny when people ask me, ‘So, do you like to get lucky?’” said Lolich. “A lot of people just stare at my piercing, especially children and parents. I’m sure they think it’s too wild,” said Parks.

Other students found that their body art helped in finding creative ways of meeting new people. “I would have to say the most interesting story is some girl on Facebook.com that I have never met, sent me a message to tell me I have nice feet because I had my tattoo as my picture,” said Curtis.

The pain associated with tattoos and piercings may have deterred some from making the art of their choice a permanent accessory, however, many were not affected by it all. “It wasn’t unbearable,” said Lolich. “Imagine a really bad sunburn that’s peeling, and someone is scratching at it. I mean, that sucks, but it’s not horrible.”

“At first it was pretty painful because I didn’t really know what to expect and the outline is always painful, especially on the nerves near your neck,” said freshman A. J. Mahar. “But after a while it just got numb and didn’t really hurt.”

The pain and expense aside, many students were not satisfied with just one tattoo or piercing.

“At first I thought I only wanted one tattoo,” said senior Katherine Schuster. “But after I got the first one I started thinking of other ones that I wanted to get. It may sound strange, but the thrill of the experience is addicting.”
Bringing her good luck, shamrocks decorate senior Ellen Lolich's wrists. Many students chose the wrist to display tattoos because of their location. Photo courtesy of Ellen Lolich

Pulling up his sleeve, senior Adam Brown reveals the fire dancer from the Dave Matthews Band's "Stand Up" album. In addition to this tattoo, Brown also had a cross on his forearm. Photo by Mindi Westhoff

Representing different aspects of her faith, senior Michelle Curtis displays her foot tattoo. She said she chose her left foot because it was "her weaker side," and the side on which she needed God the most. Photo courtesy of Michelle Curtis

Waiting for the bus, senior Suzanne Bands flashes her tongue piercing. Though she had been at the university for four years, she claimed few people knew she had the piercing. Photo by Mindi Westhoff

Body art
celebrating our differences

CMISS brings awareness and recognition of diversity on a multicultural and international level.

by Dana Weismuller

The Center for Multicultural/International Student Services (CMISS) provided ample resources and exciting opportunities for students to learn about and celebrate the meaning of diversity, both on campus and in the world around them. Its mission statement read: "CMISS celebrates diversity by heightening awareness and educating our constituents regarding cultural and ethnic diversity," and the organization achieved this mission through cultural programming, cultural awareness, leadership development, conference/retreat sponsorship, recruitment, retention, resources, student support and advocacy.

Since its founding in 1985, CMISS worked to support minority students and multicultural student organizations, no matter what its name. Initially named the Office of Minority Student Life, in 1992, the office moved to its new location in Warren Hall and was renamed the Center for Multicultural Student Services, with the goal of "serving as a hub of activity for the promotion of diversity and retention of students of color at JMU." Renamed once again, CMISS broadened their services in 1999 to include international student development. Reaching out to and retaining minority students at the university, not always known for a diverse student population, was only one of CMISS's goals. It also strove to plan programs to increase diversity awareness among all students.

One of CMISS' programs included bringing educational and diverse speakers to campus, including Maya Angelou, Angela Oh, Coretta Scott King, Jesse Jackson and the Def Poetry Jam College Tour.

The Def Poetry Jam College Tour, which came to campus in September, featured eight young poets from varied backgrounds who took the stage and expressed their poetry as a DJ played hip-hop music. Subjects of Def Poetry Jam ranged from politics and self-perception issues to drugs, alcohol and sexuality; topics to which all students, regardless of race, could relate.

Around campus, students noticed diversity awareness events coordinated by CMISS, such as Asian-American Awareness Week, Hispanic Heritage Month, Women's History Month, Black History Month, Native American Heritage Month and a Martin Luther King, Jr. Celebration in January. The MLK celebration included a warm clothes drive, a choir concert by the Harlem Gospel Choir, MLK Formal Program, March and Speak Out in Transitions, Unity Day in the Commons, a poetry night in TDU and a Habitat for Humanity community service project. Events such as these brought students from all backgrounds together in the name of understanding and celebrating humanity.

Leadership served as another important focus of CMISS. It sent delegates from the university to the 20th annual National Black Student Leadership Conference, a program founded in Virginia to provide an arena for the exchange of ideas among African-American college leaders. The three-day event in January addressed the lack of leadership opportunities for African-American students. Other leadership opportunities available to students by CMISS included going to the U.S. Hispanic Leadership Institute, the International Student Leadership Conference and the East Coast Asian American Student Union leadership program. CMISS also staged two summer programs on campus, which assisted with recruitment efforts: the Female Institute for Learning and Development and the Male Academy for Academic Achievement and Development. These two-week summer programs welcomed high school students and offered experiences which encouraged positive life choices and motivated students to opt for higher education.
Facing the crowd, sophomore Ryan Griffin battles back from a clever remark by sophomore Patrick Shanley during Brothers of a New Direction's (BOND) annual Wild 'N Out event. The event was held to give BOND and New & Improv'd a chance to compete in various challenges, with their success measured by audience response. Photo by Mindi Westhoff

Working hard for a good cause, the sisters of Delta Sigma Theta wash cars to raise money for victims of Hurricane Katrina. The sorority also held a fashion show to raise money for the relief effort. Photo by Revee TenHuisen

Entertaining the audience, sisters of Alpha Kappa Alpha perform a dance. The sorority hosted their annual step show during Homecoming. Photo by Taro Hepler
Over 20 student organizations were housed within and supported by CMISS. One of these organizations, Brothers of a New Direction (BOND), hosted Think Tanks every month, where they discussed issues faced by minority men and by society. They also staged entertainment such as Showtime at the Ballroom in November, modeled after Showtime at the Apollo, and sponsored a date auction in February.

Another organization, Hillel, defined its mission as the need to “create and sustain a vibrant Jewish community on campus by providing enriching programming for the entire James Madison University community.” Hillel hosted three major activities during the year: Holocaust Remembrance Week, Israel Week and an Interfaith Passover Seder held in the springtime. Holocaust Remembrance Week was also held in April, and its focus grew to include genocide throughout the world.

Another organization within CMISS, the Asian Student Union, worked to “spread Asian culture throughout the campus and Harrisonburg community,” according to its mission statement. Some of its activities included a showcase of Asian culture such as dance, song and cuisine, and an annual basketball tournament which welcomed Asian-American athletes from schools along the east coast. Meanwhile, the Latino Student Alliance aimed to bring Latino awareness to campus with activities like the Celebration Latina charity dinner, a dance called Salsarengue and various speakers on Latino issues.

Students for Minority Outreach aimed “to promote JMU as a progressive and ethnically diverse university, to foster a balance between leadership, social and academic development, to help coordinate programs that encourage students of color to attend JMU and to increase the awareness of minority life at JMU.” Programs designed to facilitate this included Take-a-Look Day, which was a multicultural open house for interested students, and Prospective Student’s Weekend, an event that invited admitted high school students to campus for a weekend of events.

Through the abundant resources CMISS provided, from organizations, to awareness months, to speakers and entertainers, to leadership programs, the center welcomed students of all backgrounds and fostered a community of understanding and celebration on campus. Diversity continued to blossom throughout the year with the support of the Center for Multicultural/International Student Services.
Posing on stage, students model Eastern fashions at the Asian Culture Show during Asian Awareness Week. During the week the Asian Student Union sponsored speakers such as MTV news anchor Suchin Pak. Photo by Tara Hepler

Captivating the audience, senior Stephen Ogletree hosts the Hip-Hop Summit. The night of black culture was held by the Black Student Alliance and included student performances, poetry reading and hip-hop trivia. Photo by Mindy Washoff

Enjoying each other's company, students eat lunch during "Meet the Greeks." The Black and Latino Greek Caucus created the event as a way for potential new members to meet current members during an informal lunch. Photo by Sarah Thomas

Attending a meeting, a member from the Latino Student Alliance sorts through donations. The alliance donated items for part of the community service project, "Adopt a Family." Photo by Tara Hepler
Students selflessly serve the community through their involvement in organizations.

by Rachael Groedelose

Whether students picked up garbage, tutored kids in the local community or simply spent time with the elderly, they all donated their time to one of the many organizations devoted to community service. While a lot of groups at the university had a service component, there were some that devoted their time and energy solely to helping others.

Habitat for Humanity was one such group. The non-profit organization, dedicated to eliminating poverty in housing both locally and worldwide, found much to do in the Harrisonburg community. The students involved spent much of their time working with Mercy House, a shelter for homeless families in Harrisonburg, and Almost Heaven Habitat for Humanity in West Virginia. At Mercy House, members spent half a day painting stairwells and other areas in need of renovation. At Almost Heaven, the group assisted at a house that was being built in October. The group returned to Almost Heaven the next month to help finish the project. "This trip was especially fulfilling because we were able to meet a member of the family that would be moving in the home. It was really great," said senior Katie Didonato, president of the group. Habitat for Humanity also held a fundraiser called "Do you Give a Buck?" to raise awareness about poverty housing in the Rockingham County area and publicize the fact that if every person donated a dollar, the organization could raise enough money to build a home.

Another group devoted to community service was Circle K International. Circle K was part of the international group Kiwanis International with the mission to "develop college and university students into responsible
Cuddling her new friend, a member of Alpha Phi Omega (APO) works with the animals at the SPCA after class. APO provided service to both the Harrisonburg and campus communities through various projects throughout the year, such as Adopt-A-Highway. Photo by Julie Gundrum

Continuing the manual labor after a long day, sophomores Drew Dicocco and Mark Minick move a couch after the Spaghetti Fest on Oct. 8. The group, named Environmental Awareness and Restoration Through our Help, or EARTH, was dedicated to educating students about the importance of a clean environment and participating in events to benefit the world. Photo courtesy of Melissa Cronin
citizens and leaders with a lifelong commitment to serving the children of the world." The university chapter's biggest project was cleaning up the banks of the Shenandoah River. Members picked up garbage from the banks and cleaned the picnic areas. In addition to providing service, the group also developed close friendships. "Fellowship is also an important part of the group; you make great friends who are interested in making a difference as well," said junior Meredith Wessels, president of Circle K.

The basis of another organization, Optimist Kid's Klub, was making a difference in the lives of children. The group, which had been in existence for over five years, included about 30 members. Members worked with the kids in the Harrisonburg community, primarily those in elementary school. In the fall, members tutored students at Thomas Harrison Middle School and Waterman Elementary. They also volunteered at Monster Mash, an event hosted by WKCY radio station where children could trick-or-treat safely at Valley Mall. "We registered children for the costume contest, had crafts the kids could make and even got to judge the costume contest," said senior Rebekah Deeds, president of Optimist Kids' Klub. The organization also volunteered at Light a Little Star, an on-campus activity for March of Dimes.

While some spent time with children, other students were devoted to elderly members of the community. Best Buddies was a program that developed in 1989 and spread to college campuses throughout the country. It matched students with individuals in the community who had intellectual disabilities. The members met once a month to discuss business and had group outings in which all the buddies and college students did activities together. Group activities involved painting pumpkins, making Valentine's Day cards and playing games. However, the students also had the opportunity to contact their buddy individually and visit them at their home.

"One of the best times I had with Best Buddies was when our buddies came to my apartment and we made dinner. It was really special to have them come to my apartment and help with the cooking. I think our buddies really enjoyed it and loved hanging out, it was really special," said senior Laura Gill. She added that many of the buddies rarely saw anyone other than those they lived with and it made them really happy to have friends outside the home.

In addition to the organizations that were devoted to one cause, Alpha Phi Omega (APO) fraternity was devoted to serving a variety of organizations, even contributing to other service organizations on campus. As the only co-ed service fraternity on campus, the group...
sought to fulfill its motto: “Be a Leader. Be a Friend. Be of Service.” The 50 active members in the Chi Gamma chapter volunteered for organizations such as Adopt-A-Highway, the Children’s Museum, Habitat for Humanity, Little Grill Soup Kitchen, Special Olympics and the SPCA. In addition, in the fall the group donated to the American Red Cross and St. Jude Children’s Research Hospital. They also participated in Relay for Life and Up ‘til Dawn to raise money for the American Cancer Society.

Active members of APO were required to complete 30 hours of community service. Along with the many organizations the members helped, remaining hours could be completed by tutoring children at local schools and at the Harrisonburg Recreation Center. Some members volunteered at Bridgewater Retirement Community and assisted residents on their trip to church on Sunday mornings.

Although the hours were required, the members enjoyed the time spent helping the community. “APO has been a great experience for me. I have made some of my best friends at college through it,” said senior Megan Sheedfar, president of APO. “It has opened my eyes to what’s out there in the community and gotten me out of the JMU bubble. It’s amazing to see how just a little bit of your time can positively affect people so much.”

With so many organizations devoted to serving the community, a small effort was all that was needed to make a difference. Students involved in these organizations gained the satisfaction of helping others, while making lifelong memories in the process.
Experimental Theatre spotlights diverse plays for the community.

by Joanna Brenner

Otherwise known as a “black box” theater, the experimental theater space, home to the Stratford Players, was an adaptable space for aspiring actors, directors and theater technicians to do exactly what the title suggests: experiment. It allowed for different set-ups, stage styles and audience placement. Experimental theater shows were performed at Theater II and were proposed and directed by students in the Stratford Players student drama organization. The plays allowed students hoping to become directors in the entertainment industry an opportunity to experience the job first-hand. From a Niel Simon classic to a current and popular show being performed on Broadway, this season at Theater II was one to remember.

One of the first shows at Theater II, which played from Sept. 13 to 17, was a contemporary one-act play by Margaret Edson called “Wit.” The main character, Vivian Bearing, Ph.D., was a cancer patient, with the majority of the plot taking place in the last few days of her life. Waring had lived an isolated life, with only teaching and research as passions. It was not until the end of the show that she finally found kindness and friendship from a nurse who prevented the doctors from performing CPR on her as she was about to die from cancer.

“Wit” was geared toward a college audience. It wasn’t something you would see in high school,” said freshman Colt Allgood. “I also really like the experimental theater because it allows the cast and director to have a greater range. You can do more in a black box than you could anywhere else. You are closer to the action.”

Another show at Theater II was “Brighton Beach Memoirs,” which ran from Oct. 11 to 15, and was written by the renowned playwright Niel Simon. The set for this show was composed of two levels, which represented two different levels of a house. “Wit,” on the other hand, used boxes as props and set pieces. The show was not elevated and was performed in the center of the audience.
“Brighton Beach Memoirs” centered around a poor Jewish family during the 1930s. While “Wit” showcased modern theater styles and techniques, “Brighton Beach Memoirs” focused on more aspects of traditional theater and showcased the actors’ talent.

“My favorite thing about Brighton Beach was its bittersweet plot depicted by amazingly talented actors and actresses; it did justice to the maturation of boys into men during the Depression era,” said freshman Gabe Boughner.

After “Brighton Beach Memoirs,” experimental theater put on a performance quite different from previous shows. The new show, entitled “Ripen Our Darkness,” was shown from November 15 to 19. The show was a highly symbolic and contemporary work that focused on issues of male dominance and sexual orientation. Each character wore the same basic costume with his or her actual character’s costume glued onto a cardboard cutout. The characters made use of elastic bands hanging from the ceiling to “control” each other.

Another great aspect of experimental theater was that it allowed for not only a wide range of shows, but also a wide range of students to participate. From December 6 to 10, the experimental theater hosted a director’s festival that included 11 different 15 to 30-minute one-act plays of a wide variety.

“The name of the one I was in was ‘Deus-x.’ It was a religious satire about two brothers. One was an Atheist doctor and the other a televangelist. The doctor ended up developing a pill that takes away religion,” said senior Laura Yanez. “I played someone who was extremely religious and then turns into a phone-sex operator. Having a director’s festival gave a lot of different people a chance to get into plays, and to do a show that didn’t take as much rehearsal time if you had a busy schedule.”

Besides shows, the Stratford Players also held other events such as coffee houses and their annual formal dance, the Snowball. They also organized trips to give students the opportunity to see shows at bigger theaters in different cities throughout Virginia.

While shows at other theaters on campus had the opportunity to perform a variety of contemporary and classic shows, experimental theater allowed students with several different aspirations to try their hand at all aspects of the theater. A future in Hollywood or on the big screen was not far off for many actors, directors and technicians that experimented at Theater II.

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*Executing a scene* from Kurt Weill’s “Street Scene,” two theatre students express extreme emotion. The play followed a woman searching for romance and identity. Photo by Tara Hepler. *Laughing at an amusing newspaper article, two nurses take a break during their morning stroll. The play was set in New York city during the 1940s.* Photo by Tara Hepler. *Acting out a climactic scene, members from the cast of “Street Scene” keep the audience on the edge of their seats. The play was captivating in both its acting and high-energy music selections.* Photo by Tara Hepler. *Performing a scene from A.R. Gurney’s “The Love Course,” sophomore Cara Pellegrino and junior Daniel Crabtree captivate the audience. In the scene, Pellegrino, acting as Professor Carroway, professed her love to Crabtree, acting as Professor Burgess.* Photo by Mindi Westhoff.
Illuminating Wilson Hall, the campus Christmas tree serves as a friendly reminder of the spirit of the season as students pass through the Quad. The tree was lit as part of a special ceremony after the Holidayfest band and choral concert in early December. Photo by Meghan DeSanto
Campus events help make holiday spirit brighter.

by Katie Fitzgerald

The holiday season was one of the most wonderful times of the year, with hot chocolate, carols, presents, sparkling lights and the anticipation of snow. Students were very excited this past holiday to complete their exams and enjoy a relaxing break filled with friends, family and fun.

Before leaving for home, various organizations wanted to make sure that everyone was included in the holiday cheer and no one would be left without some deserving love and care.

Numerous fundraisers were set up this year to help the needy. Student Ambassadors hosted Operation Santa Claus and Theta Chi fraternity held its annual 12 Days Project. In addition, the International Justice Mission sponsored the Alternative Gift Fair for the first time and UREC held its 10th annual “Warm a Winter Wish” fundraiser.

The first event to kick off the holiday season was Holidayfest, an annual concert held in Wilson Hall, which featured the university Chorale and Symphonic Orchestra. The 65-member chorale sang the Christmas portion of Handel’s “Messiah,” while the 75-piece orchestra performed “Sleigh Ride,” “Christmas Festival,” by Leroy Anderson and “Christmas Favorites” arranged by Bruce Chase.

“I especially enjoyed their performance of Handel’s Messiah. I had never heard it performed in its entirety and I was impressed,” said sophomore Bethany Smith. “It’s incredible to think that these performers are fellow students at JMU; they’re that good.”

After the performance, the annual lighting of the university Christmas tree occurred in front of Wilson Hall while hot chocolate and cookies were served. The event was sponsored by the Student Government Association. “The entire night was just beautiful, from the lighting of the tree to the concert,” said senior Dana Koltenuk. “There’s something so reverent and beautiful about choral music.”

In addition, an event sponsored by Student Ambassadors helped foster holiday cheer. The phrase, “The only thing better than getting a gift is giving one,” plastered on T-shirts and banners, served as the theme of the sixth annual Operation Santa Claus.
The event connected Student Ambassadors with the Harrisonburg community, while getting the student body involved in a fun and exciting way. An unwrapped toy or $5 entrance fee was required for admission into Operation Santa Claus. Once inside Grafton-Stovall Theatre, students enjoyed an evening of entertainment with various acts such as Exit 245, Low Key, the Bluestones, IntoHymn and Student Ambassador's very own Exit 247B Flat Project. Other performers included the Dukettes, Madison Dance, New and Improv'd, the breakdance club and Duke Dog.

"This was my first Operation Santa Claus and the last chance I would get to see it, so I'm happy I went, it was so much fun," said senior Katie Spencer. "Exit 247B Flat Project was hilarious, especially when they sang 'Santa Baby.'"

Operation Santa Claus was a huge success, as over 600 students attended with either an unwrapped gift or money. Grafton-Stovall was packed to capacity, thanks to Student Ambassador members junior Christina Miller and sophomore Dan Boxer, who planned the event with the help of their committee and the rest of the organization.

"The energy was amazing. Grafton was packed the entire night and people had to sit on the floor," said junior Tripp Purks. "Everyone loved all of the music and performances and I have heard nothing but good things about the event since then."

Last year Operation Santa Claus raised $2,500 in cash and toys but, "this year we had an ambitious goal of $3,000," said Boxer. "And with the help of the student body, our committee and the true spirit of the holidays, we raised $3,037." At the end of the night, Miller and Boxer awarded the check to Harrisonburg Social Services on behalf of Student Ambassadors.

In similar holiday spirit, Theta Chi fraternity held its fifth annual 12 Days Project from Nov. 28 to Dec. 9. As in the past, the brothers spent 12 days and nights on the Commons, collecting toys and money for the underprivileged children of the Harrisonburg area. All of the proceeds benefited The Salvation Army and its Toy Convoy for local children.

Inclement weather deferred some of the student traffic going through the Commons this year, but that did not deter the brothers and a great deal of money was raised. Shifts on the Commons were from 8 a.m. to 8 p.m. and every evening two brothers spent the night in the camper, which they called home for 12 days. A majority of the brothers devoted anywhere from 25 to 60 hours during the event.

"There were instances where we had giant gift boxes running around the Commons in all-out craziness," said senior Alexander Otero, 12 Days chairman. "President Rose came out to visit us for the first time in the six year history of 12 Days, which was pretty awesome also."

UREC also sponsored its 10th annual Warm a Winter Wish fundraiser, which worked with Mercy House, the Valley AIDS Network and First Step Shelter for Battered Women to provide gifts for less fortunate families on Christmas. A Christmas tree was placed in UREC's
Playing a holiday piece, violinists perform for students during Holidayfest. The concert showcased both student and faculty musicians and played a variety of both religious and secular holiday music. Photo by Nancy Daly.

Collecting donations, student ambassadors organize gifts during Operation Santa Claus. The event, which included appearances by Madison Dance, the Dukettes and Duke Dog, cost either $5 or a toy to enter and all proceeds were donated to Harrisonburg Social Services. Photo by Nancy Daly.

Displaying the wishes of needy children in the community, the Warm a Winter Wish tree stands in the UREC lobby. Anyone who took a candy cane and slip of paper purchased the desired gift and returned it to UREC, wrapped, where it was then delivered to the children for Christmas. Photo by Nancy Daly.
Raising awareness of other winter holidays, R.E.A.C.H Peer Educators light the traditional Kwanzaa candles during Holiday Celebrations Around the World. CMISS sponsored the event to give groups around campus a chance to make presentations on different religious holidays, including Hanukkah, Three Kings and Christmas. Photo by Mindi Westhoff.

Braving the snow, the brothers of Theta Chi collect donations on the Commons during their 12 Days Project. During the annual project, brothers spent 12 days and nights on the Commons to raise money and collect donations and toys for local underprivileged youth. Photo by Carrie Muhleman.
Taking in the beautiful gingerbread house, children in the community enjoy the annual Holiday Party in Festival Center Ballroom. The event included performances by an a cappella groups and a special holiday reading by President Rose. Photo by Meghan DeSanto.

Students, faculty and staff were invited to take a candy cane from the tree and purchase gifts from the wish list. At the end of the fundraiser, UREC sponsored a wrapping party complete with an appearance by Santa Claus, free food and music.

International Justice Mission’s Alternative Gift Fair, a new event during the university’s holiday season, raised money for various charities such as Foster Children’s Fund, Generations Crossing, Lay Health Promoters, Roberta Webb Child Care Center and Skyline Literacy Coalition. Students could donate money to a charity in honor of one of their friends.

“It’s a great way to support the needy and directly help out the community,” said sophomore Claire Moore, president of International Justice Mission.

Students were able to experience more than just Christmas events. The Counseling Student and Development Center’s Peer Mentor Program, the Center for Multicultural Student Services, the University Program Board and the Centennial Scholars collaborated to sponsor Holiday Celebrations Around the World. Christmas, Kwanza, Chinese New Year, Ramadan, Three Kings and Hanukkah were all included in the festivities. Students were able to experience examples of different holiday celebrations including a dinner that featured assorted ethnic cuisines and oral presentations about different holidays.

Everyone in the community, not just students, was able to have a warm, bountiful holiday thanks to the spirit of giving displayed during the most wonderful time of the year.
Students close an amazing chapter of their lives and step toward the future.

After a long week filled with constant flurries, an ice storm and postponed final exams, the graduating seniors finally reached the long-anticipated morning of winter graduation. Although it was a day filled with mixed emotions, from excitement to nervousness and sadness, most graduates looked upon the day as recognition of all the hard work they had accomplished over the past several years.

"When I think about leaving JMU, the thing I will miss the most is how much joy, stress, fear, love and friendship you pack into one semester," said December graduate Jon MacNamara. "It's amazing how fast college seems to fly by, but how it seems like you can pack a lifetime worth of memories into four to five years."

The processional, "Heroic Suite," composed by G.P. Telemann, began the 10 a.m. program on Dec. 17. As the approximately 585 graduates filed into the Convocation Center, they were greeted by a sea of friendly faces of family, friends and faculty. Distinguished faculty of the university, dressed in traditional academic costume, lined the stage, followed by Dr. Linwood Rose, president of the university and Commencement Speaker Elizabeth Wilson Gauldin. Graduate Justin Leighty led all those in attendance in "The Star-Spangled Banner."

Welcoming all those in attendance, Rose, clad in purple robes, acknowledged the relief of the graduates to see the close of "a week of exams that would never end." In his opening remarks, Rose spoke to graduates about all of their experiences during their time at the university. Beginning with the subject of parking tickets, Rose mentioned those who, with the money used to pay the tickets, could have taken their families out to dinner or purchased elaborate holiday gifts. "Some of you might have even been able to fund vacations overseas," added Rose.

Quoting the university's mission statement, Rose expressed his hopes that the university had succeeded in "preparing students to become educated and enlightened citizens who will lead productive and meaningful lives." However, Rose also wished of the graduates that they have appreciation for what they did not yet know and hoped the process of learning would continue. He ended his speech by saying, "It's up to you to build your future." Rose congratulated the graduates on their accomplishments in reaching
Raising his hands triumphantly, Joseph Louni becomes a new graduate. Louni graduated with a B.S. in mathematics and was a member of Intervarsity Christian Fellowship while attending the university. Photo by Mindi Westhoff

Giving credit where credit is due, a December graduate sends a message to her parents. The ceremony recognized 587 graduates and was held in the Convocation Center due to the chilly December weather. Photo by Mindi Westhoff
Awaiting their turn to walk across the stage, two graduates adjust their robes. In addition to 495 bachelor's degrees handed out, 90 master's degrees and two doctoral degrees were presented at the ceremony. Photo by Mindi Westhoff.
Graduation and introduced Gauldin to give the Commencement Address.

Gauldin graduated from the university in 1950, when it was still known as Madison College. Primarily a teaching school, few students at the time graduated without a teaching degree. However, Gauldin broke away from the norm and chose to double major a handful of students. After graduating, she began her first teaching job, where she learned her first lesson in workplace ethics. "They told me if the shoes were too small, to stretch them, and if they were too big, to put a little padding in the toes," said Gauldin. "When I first saw a customer limping out of the store, I quit the same day."

Gauldin continued to defy social stereotypes as she developed her career in the sciences. After a job as a chemist, she was relocated to Houston, Texas where she began her 30-year career with the National Aeronautics and Space Administration (NASA), which spanned the Apollo, Skylab and Shuttle space programs. Gauldin was also part of the assistance during the rescue of the famous Apollo 13 moon mission in 1970. In 2004, Gauldin was awarded the Ronald E. Carner Distinguished Alumni Achievement Award, and also endowed a scholarship at the university for students studying space science.

Centering her address on the idea of going out into the world and starting at the bottom, Gauldin spoke to the graduates. She compared the world to a ladder, a place where one was able to work their way up. "The bottom rung is a good place to start," Gauldin said. She stressed the importance of talent and determination and pointed out that life would be a lot different than what graduates had experienced while attending the university. Quoting Bill Gates, co-founder and Chairman of Microsoft Corporation, Gauldin added, "Life is not divided into semesters, and employers are not interested in helping you find yourself." As Gauldin wished the new graduates best of luck as they went out into the world away from college and close friends, she offered her final words of wisdom. "Common sense is still a rare and valuable commodity," she said.

Following the Commencement Address, Dr. Douglas Brown, provost and vice president for academic affairs, presented the candidates for doctoral, master and bachelor degrees. After the doctoral and master's students received their hoods, Rose conferred the standing undergraduates with the words, "By the power vested in me by the Commonwealth of Virginia and the Board of Visitors at JMU, I now declare that you are graduates of James Madison University, with all the rights and privileges afforded you under your degree and as alumni of this university." Each graduate's name was called and they were able to shake Rose's hand as they crossed the stage, ending an exciting and memorable chapter of their lives.
Students honor Dr. Martin Luther King, Jr.

In a song written by U2 simply titled “Pride,” the opening lines ranged, “One man come in the name of love.” It was the most perfect and direct description for the man who had contributed so much to a society in civic turmoil and changed the lives of so many whom he considered brothers and sisters. His love reached the heart of a troubled nation and began to heal the wounds of civil injustice by means of non-violent civil disobedience and peaceful protests. The song was written as a tribute to the man who became the beacon of human equality and civil rights.

To say that Dr. Martin Luther King Jr. was just another kind-hearted man would be an understatement. In his short lifespan of only 39 years, the civil rights leader fought tirelessly for the equal treatment of minorities. In honor of the man who left a lasting impression on American society, a sequence of campus-wide events was organized. “I feel that events dedicated to Martin Luther King Jr. are important, because they reinforce the importance of civil rights and how far we’ve come as a nation and how much social change a single person can accomplish,” said junior Drew Hayes.

The celebration kicked off with the warm clothes drive on Jan. 9. Students were able to drop off clothes at the Center for Multicultural Student Services in Warren Hall. The clothes drive lasted for the entirety of the week long festivities. A march was scheduled on Jan. 12, immediately followed by a Speak-Out in Transitions.

“There was an incredible turn-out in terms of students, faculty, and staff who came out to support the March and Speak-Out on this unusually beautiful day in January,” said senior Kristin Naylor, March and Speak-Out co-chair. “The campus really showed its support for our multicultural community and its respect for how greatly Dr. King touched each of our lives. I really enjoyed hearing so many diverse stories and expressions at the Speak-Out and I hope that this powerful and educational event thrives in the future at JMU.”

The Harlem Gospel Choir performed in Wilson Hall on Jan. 13. The musical event attracted many music lovers who wanted to pay their tributes to King. A non-denominational Sunday morning service was held at John Wesley United Methodist Church on Jan. 15. Activities continued the following evening at the Martin Luther King, Jr. Celebration Formal Program at Wilson Hall. Here students listened to guest speak-
er, Dr. Freeman Hrabowski, president of University of Maryland Baltimore County, recount his involvement in the Civil Rights Movement throughout his lifetime.

The celebration ended with Poetry Night at Taylor Down Under, where students recited poetry about the Civil Rights Movement and King's legacies, and a trip to Franklin, W.Va. for a day of contribution to Habitat for Humanity.

In a period where the ideals of freedom and equality were trampled upon by hatred and bigotry, King became the guiding light that led the nation out of the darkness of civil injustice and racial trepidation. His love for his fellow brothers and sisters of the nation undoubtedly touched the very fabric of the human spirit and helped change America into the land where truly "all men are created equal." Upon his reception of the Nobel Peace Prize in December of 1964, King made his heart be known when he said, "I believe that unarmed truth and unconditional love will have the final word in reality. That is why right, temporarily defeated, is stronger than evil triumphant."
Clad in red and purple clown pants and a buttoned-up shirt and tie, physician and political activist Patch Adams and his assistants helped people find seats in a packed Wilson Hall and allowed students to sit in a circle around him on the stage. At 7 p.m. the man, portrayed by Robin Williams in the movie “Patch Adams,” enlightened the room for two and a half hours about his theory on life: love.

Adams’ speech was just a small portion of a four-hour workshop he normally leads. He started the workshop after the events of Sept. 11, 2001 because he wanted to offer a love strategy as a solution to the terrorism. He began the speech by having the audience participate in three exercises he used in his workshop. During the first exercise, the audience members closed their eyes and thought about the love they had for people everywhere. The next exercise required people to pair off and hug someone they did not know. In the final exercise, Adams had two people face each other, put their hands behind each others’ neck, look into each others eyes and repeat “I love you” until he said to stop.

While some were uncomfortable and nervous with the exercises, they also felt that Adams proved a point by having them try. “They made me feel really uncomfortable,” said senior Matthew Eng. “When looking back on it, I realized I was only uncomfortable because I made myself feel that way. Hugging a complete stranger made me realize my vulnerability whenever I step out of my comfort zone. I should have been able to handle it, yet I didn’t because of my own transgressions.”

Senior Lynn Moonan enjoyed the activity and said, “I thought the exercises were great! People need to learn how to pop their personal bubble and interact with their peers. Too many people are scared to tell others how they really feel and that’s so silly. What are they afraid of?”

Through loving Adams said he “wants to end violence, end injustice and promote caring for all humans and nature.” Adams listed the things he loved the most, which included the arts, thinking, caring and romance.

Additionally, he talked at length about his love for friendship and said people were above all else, the most important part of his life. “I love people so much I tell every audience if you write me I promise to answer your letter,” Adams said. He added that he regularly corresponds with about 1,600 friends.

During his presentation, Adams correlated depression with the kinds of people with whom a person surrounds his or herself. “Depression is a symptom, not a diagnosis,” Adams said. “No one can take a diagnosis of loneliness. If we all loved each other there would be no loneliness and there would be no depression.”

Nature was another important aspect of life from which Adams said he gained peace. “Instead of shoving your mouth full of pharmaceutical wealth, lay down, look at the sky. If you can’t calm down, then lay there

Listening intently, students take in the message of peace given by Adams. Due to the popularity of the program, seats filled up quickly, but Adams allowed students to surround him on stage.

Photo by Mindi Washhoff
Speakin in a crowded Wilson Hall, Patch Adams expresses his theory of healing patients and living through love. Adams brought his message to patients in hospitals in more than 40 countries throughout the world.

"Until you can," Adams said.

In order to show his love strategy in action, Adams played a film clip from a trip he and his assistants took to Peru. "My favorite part was when he showed the video," said Eng. "It is nice to see that faith and dedication in action. I often found myself thinking about if I would ever have the courage to service the community in a radical way like that."

At the end of the speech, Adams opened the floor for questions. He listened to as many people as he could and even went down to the audience and gave a woman a hug after she gave a testimonial on her battle with depression. When asked about the current political situation and leaders, Adams expressed anger, spit on the stage and compared George Bush to Hitler. This portion of the speech was controversial because it roused many emotions. Senior Emilie Ball said, "I disagreed with a great number of things he said. I think that the way he tore down and called our government a terrorist group showed a level of immaturity and lack of respect even if he does not agree with their decisions."

After the program, sophomore Dory Klein was one of many students who stood in a long line to meet Adams. "He was such a cool guy, so relaxed and comfortable with everything and everyone. I felt like I could have told him everything and anything about myself. He doesn't give autographs, but he does give out prescriptions," said Klein.
Many students reflected upon high school memories and remembered with fondness their senior prom. The event that encompassed one final night to dance and mingle with classmates in formal gowns and tuxedos still resonated with intensity almost four years later.

The senior class was able to relive those memories thanks to the Senior Class Challenge committee. The Senior Class Challenge was a student-run student-giving program that encouraged seniors to give back to the university through donations and unified the class through various events. The committee hoped to increase class participation from 11 percent last year to 15 percent.

In an effort to raise awareness for their cause, the group organized the second annual Senior Gala, held Jan. 27 in the Festival Grand Ballroom. The event boasted characteristics different from those typically found at senior prom. Simply, the event was semi-formal so instead of full-length ball gowns, women opted for shorter dresses while men donned suits instead of tuxedos. Senior Kelly Smith said, "I loved to be able to dress up for a school event. Even though it wasn't as extravagant as prom with the hair and nail appointments, it was fun to see my fellow classmates all dressed up for a school event."

"The Senior Gala is an opportunity for the Senior Class to come together and enjoy an evening that educates them on the importance of giving back to JMU," said senior Blair Baxter, who served as co-events chair with senior Samantha Hess. "We use it as a "kick-off" for Senior Class Challenge to really begin. We want the gala to become a tradition for seniors and for seniors to associate it with the importance of Senior Class Challenge!" said Baxter.

The evening began with a reception complete with hors d'oeuvres and a cash bar. Seniors were able to mingle and greet friends they may not have seen since freshman year. Senior Simon Smith attended the gala with a group of friends from his freshman dorm. "I had a lot of fun going with my friends from freshman year," Smith said. "It was like coming full circle; we've been close since we came to JMU and now we're getting ready to leave. It was nice to be able to go to an event like this with them."

Around 7 p.m. the doors of the ballroom were opened and seniors poured in, hoping to sit at a table with their friends. Blue and red star confetti decorated the centerpieces of all the tables, exuding a patriotic tone to coincide with the senior class challenge theme, "Vote James Madison for President."
Seniors enjoyed a gourmet three-course meal complete with salad, chicken topped with succulent crabmeat, mashed potatoes and mixed vegetables. Chocolate lava cake was served for dessert. "The food was the best part," said senior Dave Fascitelli. "I haven't eaten a meal that good since I was home for break."

At the conclusion of the dinner, a few alumni took the stage bringing words of wisdom to the seniors upon leaving the university. Recent alumnus Mike Keown, who graduated in May, brought a strong connection to seniors with his vivid memories and recollections. He warned of lingering cravings for grilled cheese on Thursdays and other unique university qualities that can be so easily taken for granted until post-graduation.

Simon Smith said, "It was good to look back at our time here at JMU and hear from people who were in the same position we're in not too long ago."

Once the speeches were complete and seniors began to experience that odd feeling of what would be upon them in May, the entertainment for the evening took the stage. Middle Skool, a 1990s cover band, played a long set of hits that kept seniors dancing the rest of the evening. Songs the group performed included "Two Princes" by Spin Doctors, "Smells Like Teen Spirit" by Nirvana and "Lump" by the Presidents of the United States of America.

Seniors began the night reminiscing of high school, reflected upon awkward junior high years while Middle Skool performed and left while remembering the past four years at the university with fondness and with a greater awareness that graduation was quickly approaching.

Busting out some swing dance moves, seniors Alice Shen and Nick Schroeder do the pretzel. Once the band Middle Skool took stage, many seniors hit the dance floor. Photo by Mindi Westhoff

Addressing her fellow classmates, senior Kristin Naylor explains the purpose behind the Senior Class Challenge. Naylor served as student director for the challenge. Photo by Mindi Westhoff

Getting spun around by a friend, senior Amy Carthew is light on her toes. More than 200 seniors attended the gala. Photo by Mindi

Dancing with her fiance, senior Tommy Davis, senior Meredith Funsten enjoys the evening. A committee of 10 members helped organize the event. Photo by Mindi Westhoff
The beginning of February introduced the second annual Justice conference to the university's academic community. Sponsored by the Center for Liberal and Applied Social Sciences Justice Studies Program as well as the Nelson Institute for International and Public Affairs and Priority Films, the two-day conference set about to bring blunt awareness regarding issues of human trafficking, especially that of children and their forced life of slavery and prostitution, and to promote a group of upcoming films regarding the problem.

The films, known as the Kll Project, were created to not only raise awareness of the issue of human trafficking, but to focus specifically on the experiences of the children themselves rather than simply the general problem. The producers chose the seemingly misspelled title "Innocents Lost" in order to bring the focus back to those individuals, whom they referred to as the "innocents."

"There are over 2.5 million child prostitutes who are being sold and trafficked world-wide; some of these little girls are no more than five years old. Let's go after the supply and therefore the demand! Let's create a small task force to go after the corrupt governments!" urged Guy Jacobson, Priority Films founder and Kll producer, at the onset of the conference.

Jacobson began the Kll Project more than four years ago after traveling to Cambodia and going undercover as a pedophile. Determined to bring international awareness, he began to write a script for a narrative film based largely on his covert exploits. This narrative became the finished piece of "Holly" starring "Office Space" actor Ron Livingston, which was to be released to theaters in the latter half of the year.

The project also included a feature length docu-
mentary entitled "The Virgin Harvest" which followed young girls as they revealed, in their own words, their traumatic world. "It's hard to watch this. It was hard to shoot it," said Livingston.

The second day of the conference introduced the university community to two panels of government, United Nations and Amnesty International representatives as well as writers and producers. Moderated by assistant professor J. Peter Pham, the panels covered the role of the United States government as well as nonprofit organizations in dealing with human trafficking.

The panels also included a media prospective with writers/directors, actors and producers from the K11 project. Their mission not only promoted the project but also awareness. Jacobson promptly introduced the "Do You Care?!" campaign to students and urged them to contact a representative or senator on the matter.

During the afternoon panel, Emmy-winning "Date-line NBC" producer Richard Greenberg said, "This was the only story I've ever worked on that moved me to tears." Greenberg achieved his Emmys for his outstanding journalism when he aided in a sting operation, which raided a local village brothel and saved approximately 10 girls from their enslavement.

"Not only did this conference raise my awareness of such an important issue, it also encouraged me to do something about what I was hearing," said senior Sara Christoph. "My friends and I signed up for the campaign immediately and are looking forward, as women, to give our time to this cause."

"At first I thought that this conference would be very 'Hollywood-ized,'" said junior Juliane Maguire. "However, I soon came to find that these actors and directors were really putting themselves out there with such a difficult subject matter; they addressed and advocated, they didn't act. It's not so much entertainment as it is real-life chronicles of these poor girls. And it's not just in Cambodia, it's all around the world; this spans borders."

Mu Suchoa, a Nobel Peace Prize nominee and former Minister of Women's Affairs in Cambodia, passionately reminded those in attendance, "It takes a whole village, a whole world, to come together and point a finger at the perpetrators."
Students get the chance to photograph their favorite aspects of the university.

FIRST PLACE

“All Together One”
Submitted by Courtney Rejzer.

SECOND PLACE

“Duke Dog Sunrise”
Submitted by Katie Landi.
THIRD PLACE

"Dumelo"
Submitted by Don Murphy.

HONORABLE MENTION

"Bluestone Climbing"
Submitted by Seth Stabler.

"J-M-U"
Submitted by Lauren Nick.
“This institution does so much more than leave an impression on you. An impression in the sand melts away with the waves. I have come to realize that being a part of this community is more than an impact on your life; it’s a way of life. There’s no doubt in my mind that the knowledge gained, relationships formed and experiences endured in this environment will continually reemerge as the foundation from which our character is built. I am simply grateful for all this university offers you if you’re willing to grow.”

-Wedli Spencer, senior
165 Raymond Hyser
166 ROTC
169 Alexander deJonge
170 Wesli Spencer

college of
arts & le
DEPARTMENTS

- Department of Foreign Languages and Literatures
- School of Communication Studies
- Department of English
- Department of History
- School of Media Arts and Design
- Department of Philosophy and Religion
- Department of Political Science
- Department of Sociology and Anthropology
- Institute of Technical and Scientific Communication

MISSION

The College of Arts and Letters serves multiple vital needs of students. It offers high-quality programs of specialized study in the social sciences, humanities, communication and the arts. The college provides a challenging array of courses designed to promote lifelong learning and rich cultural opportunities for students and the entire university community.

Located in various buildings around the quad, the College of Arts and Letters housed the widest range of academic programs at the university.

Students interested in mastering another culture majored in modern foreign languages and received a Bachelor of Arts degree at the end of their studies. The Department of Foreign Languages and Literatures offered concentrations in French, German, Italian and Spanish. Students hoping to broaden their language base could also take two years of Chinese, Japanese, Latin and Russian.

The program was designed to teach students to speak and read their chosen language as well as to help them understand the cultures of other countries. Although there were many lessons to be learned in the classroom, an invaluable experience for foreign language majors was to study abroad. While studying in Salamanca, Spain, students stayed in the homes of host families and experienced the Spanish way of life first-hand.

"My Spanish speaking abilities increased tremendously, and I came back fluent and confident in carrying on conversations," said junior Sydney Paul. "The literature classes were amazing and interesting and I really enjoyed them. I wouldn't trade the overall experience for anything."

The Mahatma Gandhi Center for Global Nonviolence provided the university community with an independent, nonprofit organization devoted to the study and use of nonviolent action in situations dominated by conflict. The center developed two lecture series, the Mahatma Gandhi Lecture on the History and Philosophy of Hinduism held in October, and the Martin Luther King, Jr. and Coretta Scott King Lecture in Social Justice, typically held in January.

Although the faculty of the Gandhi Center taught within many departments of the university, they had a special tie to the Department of Philosophy and Religion. In collaboration with the department, the center created a minor in Peace Studies in Religion, giving students the opportunity to "study, explore and reflect the way in which historical and contemporary religions have contributed, and still contribute, to questions of conflict and peace," according to the Gandhi Center Web site.

Through the variety of educational opportunities in the College of Arts and Letters, students were able to explore and develop their interests with well-rounded course offerings.

DEAN'S OFFICE

Dr. David K. Jeffrey, Interim Dean
Dr. Marilou Johnson, Associate Dean
Dr. Ann-Janine Morey, Associate Dean
Jerry Weaver, Executive Assistant

Story written by Sara Wist.
Information compiled from http://caal.jmu.edu/
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Karen Albers, SMAD; Germantown, MD
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Stephanie Ashley, SCOM; West Point, VA
Jessica Aultman, Public Admin.; Hopewell, VA
Allison Baer, English; Charlottesville, VA
Nancy Ball, SMAD; Fairfax, VA
Nicole Barbano, English; Sea Cliff, NY
Ryan Barnes, SCOM; Sunset Beach, NC
Erin Barocca, SMAD; Yardley, PA
Aileen Barrameda, SMAD; Alexandria, VA
Josh Ben-Asher, Political Science; Lawrenceville, NJ
Susan Benjaminson, SCOM; Chesapeake, VA
Jardin Blagmon, Political Science; Tappahannock, VA
Kelly Bond, SCOM; Bowie, MD
Morgan Bond, Religion; Norfolk, VA
Surena Bonds, Political Science; Alexandria, VA
Robert Bowman, ISS; Warrenton, VA
Devon Boyer, English; Bridgeton, NJ
Mary Breault, TSC; Dillwyn, VA
Kathrin Brinn, Sociology; Chantilly, VA
Andrew Brown, Sociology; Burke, VA
Casey Bryant, SCOM; Cartersville, VA
Sarah Buell, Sociology; Ashburn, VA
Matthew Carey, Public Admin.; Burtonsville, MD
Stephen Carlton, History; St. Mary's City, MD
Joseph Carr, Philosophy; Zuni, VA
Lindsay Carson, SMAD; Clifton, VA
Rebekah Carter, SMAD; Fairfax, VA
Abby Chambers, SCOM; Tuckerton, NJ
John Charlet, Sociology; Midlothian, VA
Matthew Clark, History; Round Hill, VA
Holly Cline, SMAD; Charlottesville, VA
Maureen Codd, Int. Affairs; Somerville, NJ
Gregory Cody, ISS; Virginia Beach, VA
Christopher Conaway, Political Science; Virginia Beach, VA
Patricia Coppola, Sociology; Stonybrook, NY
Katharine Corgan, English; West Hartford, CT
Amber Joy Cox, SCOM; Roanoke, VA
Kimberly Craig, SMAD; Manasquan, NJ
Steven Cummings, English; Glen Allen, VA
Meghan Curran, SCOM; Woodbridge, VA
Christina Curry, English; Ellicott City, MD
Kathleen D'Aquila, History; Stamford, CT
Adrienne D'Souza, SMAD; Roanoke, VA
Angela Damiano, TSC; Virginia Beach, VA
Christene Darcy, Public Admin.; Springfield, VA
Jacqueline DaSilva, SMAD; Randolph, NJ
Maria DeBacco, Political Science; Wilton, CT
Brittany DeLorme, English; Wellesley Hills, MA
Matthew DeMartis, SCOM; Glen Rock, NJ
Ashley Denby, SCOM; Scottsville, VA
Amanda Dendor, English; Alexandria, VA
Kari Deputy, SMAD; Alexandria, VA
David DeSandro, SCOM; Boothwyn, PA
Benjamin Dickey, Sociology; Montgomery Village, MD
Mary-Kate Donohue, English; Exton, PA
Gretchen Durant, Int. Affairs; Herndon, VA
Lisa Durkin, SMAD; Boothwyn, PA
Shannon Durmng, SMAD; Cherry Hill, NJ
Sara Dyer, History; Round Hill, VA
Natalie Edwards, Religion; Walkersville, MD
Lisa Endres, SMAD; Pittsburgh, PA
Charlene Fairchild, TSC; New Fairfield, CT
Amanda Fedder, Int. Affairs; Paxinos, PA
Morgan Ferguson, Sociology; McLean, VA
Susan Fessenden, SCOM; Woodbridge, VA
Anna Fitzgibbon, SCOM; Baltimore, MD
Cassandra Ford, Int. Affairs; Harrisonburg, VA
living HISTORY

It took a talented and engaging professor to garner interest and hold attention in a general education class. Dr. Raymond Hyser, a history professor, had that spark.

"I probably come to a GenEd class with more enthusiasm, more organization and more anecdotes to support the points I'm trying to make," Hyser said. "More importantly, in U.S. history, I come with the idea that this is probably the last U.S. history course the students will ever take. I have to decide what I want to leave them with."

Hyser's colleagues admired his remarkable teaching ability and the excitement he brought to class every day. "He is able to convey enthusiasm, passion and interest in the subject and engage students and make them excited about history," said Michael Galgano, history department head. Hyser taught classes on U.S. history, American business history, the Gilded Age and historical methods at the university.

"My favorite part of teaching is watching students learn and understand and finding new ways to cultivate and motivate students to learn," Hyser said. "After 20 plus years of teaching, that is still a thrill."

Growing up in Hudson, Ohio, Hyser and his family traveled around the country every summer and camped for six to eight weeks. During their annual trips, the family saw many historical sites. These visits sparked Hyser's interest in the past.

Hyser's interest in the past.

Hyser carried his love for history into the classroom every day. "He brings out the best in his students and encourages them to see complexity in history," Galgano said.

His students thrived on his enthusiasm about the class material. "He makes class very interesting, and I find him very entertaining," said sophomore Michelle Boyer. "He has a great sense of humor."

Outside of the classroom, Hyser was a published scholar. He wrote the book "No Crooked Death," a study of a lynching in Pennsylvania, with Dennis Downey. Hyser also edited "Voices of the American Past," with university professor Chris Arndt.

When he wasn't working, Hyser enjoyed playing golf and watching sporting events. Following in his parents' footsteps, Hyser took his own family camping every summer throughout the United States or Canada. "My family and kids are a very important part of my life," he said.

Hyser and his family traveled to many of the same places that he visited as a child, including the Oregon Trail and various forts around the country. Hyser said with a laugh, "My kid said it best the other day: 'Dad, we're not going to see anymore forts, are we?'"
army
OF ONE

Imagine being in scrubs administering medication one moment and the next wearing camouflage doing military training exercises. That was just a glimpse into junior Millie Graham’s life.

Graham was a nursing student as well as a cadet in the Reserves Officers’ Training Corps (ROTC). Graham became interested in the military because her older brother attended West Point. Her parents encouraged her to go to the academy too, but she was not sure if the military was right for her. "I didn’t want to attend an academy, but agreed to do a trial year of ROTC to see if I got the scholarship," said Graham. "Once I started ROTC I really enjoyed the program and decided this was the route I wanted to take."

In addition to ROTC, Graham joined the nursing program because, "you get more opportunities such as traveling, hands-on training and leadership skills. I actually decided to do nursing before ROTC; it was my declared major when I came to JMU," stated Graham.

Most of Graham’s days were either taken up by nursing or ROTC, which made managing her time important. Graham said she usually had 10 hours of ROTC and 24 hours of nursing a week, not including time to do homework. "I’m not the kind of person who gets easily stressed. I just remember that once I finish nursing school, I will not only be able to help those who are sick or in need, but also serve my country," she said.

All the skills learned by the cadets over the course of their training came together to be judged and ranked at Advanced Camp. Advanced Camp was a five-week evaluation and training program in Washington state that cadets attended the summer before their senior year at the university. "To better prepare us for that summer, juniors are evaluated throughout the school year on leading groups, teaching classes and military knowledge," said Graham.

Upon graduation, Graham would be commissioned into the Army as a second lieutenant to serve four years of active duty and four years in reserve. That was how cadets paid back the Army for helping with their tuition expenses while in school. "While all cadets learn the basic and advanced military skills during ROTC, as commissioned officers they will go to a specific officer basic course to learn more about their branch in the Army," said Graham.

Although Graham did not have a lot of time for fun, she still loved her major and ROTC. If she had to, she would do it all over again. "As a JMU nursing ROTC student, I know that when I graduate I will have gotten some of the best training in both fields and will be prepared for whatever comes my way," said Graham.

BY MEGAN KELLEY

During an ROTC activity, junior Millie Graham and a friend take a break from drills to take a picture. In addition to ROTC, Graham also joined the nursing program.

Photo courtesy of Millie Graham
Anne Foster, Sociology; Norfolk, VA
Kristine Foulkes, Political Science; Springfield, VA
Jamie Fox, SMAD; Glen Allen, VA
Julie Fox, ISS; Bethesda, MD
Katherine Fox, Anthropology; Barboursville, VA
Lauren Gabler, SMAD; Toms River, NJ
Amanda Gardner, Spanish; Hillsville, VA
Mariam Ghafari, SMAD; Herndon, VA
Lauren Gniedzowska, History; Guilford, CT
Shaina Grant, Int. Affairs; Warwick, RI
Christopher Greer, Political Science; Annandale, VA
Tiffany Griffin, SMAD; Chesapeake, VA
Christopher Hagan, Sociology; Reston, VA
Maureen Haley, SMAD; Towson, MD
Ashley Hamrick, Political Science; Burke, VA
Daniel Harmon, SCOM; Mechanicsville, VA
Tracy Harris, Sociology; Fairfax, VA
Paige Hartt, SMAD; Dumfries, VA
Sarah Heller, English; Fredericksburg, VA
Austin Hendrick, SCOM; Haymarket, VA
James Henry, Philosophy; Richmond, VA
Alison Highfill, English; Springfield, VA
Catherine Highfill, English; Roanoke, VA
Naomi Hill, Public Admin.; Richmond, VA
Mary Hodges, Anthropology; Warm Springs, VA
Ashley Houston, English; Monkton, MD
Sydney Hunt, Anthropology; Bristow, VA
Lucy Hutchinson, Int. Affairs; Chantilly, VA
Justin Jacks, Political Science; Virginia Beach, VA
Adam Jernick, Sociology; Nutley, NJ
Brian Johnson, SCOM; Baltimore, MD
Erin Johnson, SCOM; Mt. Airy, NC
Carl Josefson, Int. Affairs; Centreville, VA
Kathleen Kam, Political Science; Springfield, VA
Jonathan Kelley, ISS; Chesapeake, VA
Lisa Kemp, Int. Affairs; Cypress, CA
Jacqueline Kershis, SCOM; Rockville Centre, NY
Andrianne Konstas, Int. Affairs; Burke, VA
Julie Kunkel, Political Science; Mohnton, PA
Julie Kupelian, SCOM; Bethesda, MD

Katherine Landi, Political Sci. & Public Admin.; Vienna, VA
Hilary Lewis, English; Bowling Green, VA
Molly Little, English; Annapolis, MD
Callie Long, Public Admin.; Woodstock, VA
Kristen Long, English; Winchester, VA

Benjamin LoPresti, Religion; Smithfield, VA
Jennifer Love, SMAD; Walkersville, MD
Ashley Lusk, SCOM; Collinsville, VA
Kristen Lynott, SCOM; Brookeville, MD
Daniel MacGibbon, History; Fairfax Station, VA

Marisa Macner, SMAD; Huntington Station, NY
June Mangers, SCOM; Centreville, VA
Keith Mann, Public Admin.; Cheltenham, PA
Regina Mannino, SMAD; Stephens City, VA
Jenna Marmet, Sociology; Oneonta, NY
Kelley Martin, English; Chesapeake, VA
Meghan Marville, SMAD; Loudoun, VA
Ashley McClelland, SMAD; Centreville, VA
Kimberly McCray, History; Staunton, VA
Kristen McEnroe, Political Science; Chester, NJ

Lindsey McGaw, Political Science; Herndon, VA
Sean McGrath, Political Science; Fredericksburg, VA
Jessica McKay, SCOM; Alexandria, VA
Kathleen McKay, Public Admin.; Montclair, VA
Andrew McKeegan, History; Staunton, VA

Robert McMahon, Political Science; Grafton, VA
Kathleen McPadden, SMAD; Herndon, VA
Melissa Meyers, SMAD; Richmond, VA
Katrina Miller, English; Vincentown, NJ
Margaret Miller, SMAD; Springfield, VA
a true & GENUINE PASSION

BY SARAH BEST

As a student in Dr. Alexander deJonge’s French literature classes, one found the time passed with incredible ease. The clock was not regularly checked to see how much time remained as deJonge had students’ full attention and, better yet, their interest. “I was pleasantly surprised with Dr. deJonge,” said senior Barrett Brogdon. “He is such an enthusiastic professor and truly cares about his students and what they are getting out of the literature he is presenting. It’s never boring.”

deJonge was a British native, born to a Russian mother and Dutch father; he grew up in the countryside of England where he became a pupil at Winchester College during the 1950s. Between 1959-1962 he earned a masters and doctorate degree in French from New College University of Oxford, where he was immediately hired as a Don, a position comparable to a tenure professorship in America. He taught in the languages department at Oxford for approximately 20 years.

Sixteen years ago, deJonge joined the university where he regularly taught a variety of basic and advanced French literature classes. deJonge was among the few professors who were multilingual.

Aside from mastering French, he also spoke German and Russian fluently; “the languages of my ancestry,” deJonge said.

deJonge’s immense interest in Russian history fueled much of his research. He wrote many books and publications on such topics as the Last Czar and Russian historical figures, namely Rasputin. Consequently, his brilliant expertise led to many appearances on The History Channel as well as “A&E Biography.” “At the moment, I am currently researching the history of French equitation,” said deJonge, adding that he was “also dabbling into research of French poetry.”

Aside from intellectual interests, he said, “I love cats, horses and cooking. I have a horse farm in Warrenorton and spend much of my free time there.” Nowhere near retirement, deJonge said he was having the best time of his career. “I have never had such students as I have here. They are tremendous and I’m enjoying every minute teaching.”

Truly a professor for the students, he dedicated most of his time to helping them and they all responded, eager for more. “I learned so much from Dr. deJonge. He not only taught me a great deal more about the literature we were reading, he always found a way to interject fun facts or stories to gain our interest and understanding of places and topics,” said senior Claudia Pirela.

“My students, to me, are the focus, the main thing I love,” said deJonge with genuine enthusiasm, sincerely dedicated to his pupils, his passion.

Preparing notes for an upcoming class, Alex deJonge works in his Keezel office. deJonge graduated from the University of Oxford where he taught for 20 years.

Photo by Mindi Westhoff
going above AND BEYOND

BY COLLEEN PETTIE

Student Government Association (SGA) President Wesli Spencer arrived at the university knowing that he wanted to make a difference and leave the university a little better than it was before.

"I like doing things that create an experience for others and enriches their lives, and I have learned that I can do that with involvement in SGA," said Spencer. Events such as Mr. and Ms. Greek Pageant, The Big Event and others helped Spencer connect with the peers he worked hard to please. "The reason I strove to become president of SGA was because I realized I could give the most of myself in this position," he said.

The position of SGA president meant representing the university on many levels. He served on various administrative committees as the representative for university students. He was also the representative to the Board of Visitors, the deciding board for the university, with whom he met four times over the course of the year to inform them what SGA was doing for students. Spencer served as the "go-to" person for all student needs, and he maintained high availability to students whenever they emailed, called or stopped him on campus with a question, request or concern. "My number one responsibility is to be a servant for students and make sure everyone is enjoying their experience at JMU," said Spencer.

In addition to his many SGA duties, Spencer was also highly involved in the theatre program. He appeared in many shows at the university, including "Angels in America," "Medea" and "Of Mice and Men." He also worked as a stage manager and publisher for the theatre department. His intense involvement in the theatre world led Dr. Joanne Gabbin to ask Spencer to perform the opening piece in "Furious Flower" during the month of November. "Furious Flower" traced the history of African Americans through poetry. Spencer said, "I felt honored to perform in such a production, and I enjoyed having the opportunity to learn about poets I was not familiar with."

Spencer was also active in the Neo-Underground Railroad, which was an effort in which members, or "conductors," were committed to fostering change and promoting freedom, education, enlightenment and empowerment within the Black American community, and those affected by it. To stimulate a new American Renaissance for freedom of the mind. Spencer said, "I am grateful for all of my experiences at JMU, and I will gradually with the knowledge that one is capable of anything as long as he is willing to learn."

Learning the "FROG dance" from the OPAs, senior Wesli Spencer shakes it with incoming freshmen. After meeting the freshmen during 1787, Spencer became a friendly face as he was seen at various events throughout the year. Photo by Mindi Westhoff
Matthew Travis Miller, Anthropology; Berryville, VA
Briana Mills, SMAD; Leesburg, VA
David Minter, SCOM; Ashburn, VA
Jessica Misner, Political Science; Shippensburg, PA
Lauren Montgomery, SMAD; Annandale, VA
Kathryn Morse, TSC; Dumfries, VA
Jeffery Muller, SMAD; Winchester, MA
Jennifer Nagle, SMAD; Chesapeake, VA
Mallory Naper, English; Charlottesville, VA
Stephanie Naus, Political Science; Bloomsburg, PA
Kristin Naylor, SCOM; Yardley, PA
Jon Noeth, SMAD; Alexandria, VA
Erin Nunnally, English; Petersburg, VA
Andria Ortega, English; Reston, VA
Bryan Otto, Philosophy; Oakton, VA
Kimberly Overbeck, Int. Affairs; Marlton, NJ
Lauren Owen, TSC; Finksburg, MD
Katie Owings, SMAD; Richmond, VA
Meghann Pasco, SMAD; Crofton, MD
Matthew Pastore, Sociology; Reston, VA
John Patton III, Political Science; Sterling, VA
Susan Peck, Sociology; Harrisonburg, VA
Kelly Peterson, SMAD; Woodbridge, VA
Claudia Pirela, Int. Affairs; Herndon, VA
Amanda Plummer, ISS; Winchester, VA
Colleen Powers, SCOM; Norfolk, VA
Jennifer Ramsey, SCOM; Bethesda, MD
Jason Richards, History; Charlottesville, VA
Ellen Rienzi, SMAD; Rutherford, NJ
Kristine Rigley, ISS; Glen Head, NY
Courtney Riley, English; Arlington, VA
Lisa Riley, History; Mechanicsville, VA
Darcie Roberge, SMAD; Harrisonburg, VA
Hillary Robinson, English; Lynchburg, VA
Natalie Robles, Sociology; Fredericksburg, VA
Jill Rodriguez, Spanish; Clifton, VA
Katherine Ross, SCOM; Richmond, VA
Rebecca Rotz, Int. Affairs; Virginia Beach, VA
Meghan Sager, SCOM; Yorktown, VA
Daniel Schneier, SMAD; Wilton, CT
Colleen Schorn, SMAD; Montclair, VA
Kyle Schumacher, Political Science; Gainesville, VA
Katherine Schuster, SMAD; Midlothian, VA
Melissa Scott, Political Science; The Woodlands, TX
Melissa Scott, SCOM; Hurlock, MD
Katherine Seaver, SCOM; Falls Church, VA
Patrick Slawinski, SMAD; Richmond, VA
Katherine Smethurst, SMAD; Williamsburg, VA
Matthew Smethurst, SCOM; Charlottesville, VA
Kelly Smith, SCOM; Virginia Beach, VA
Kristin Smith, Public Admin.; Harrisonburg, VA
Paula Smith, History; Herndon, VA
Claire Stanton, English; Clifton, VA
Lindsey Steinberg, Int. Affairs; Great Barrington, MA
Heather Storms, Sociology; Westtown, NY
Stephen Summerell, English; Midlothian, VA
Mary Sutton, History; King And Queen, VA
Jamie Swisher, SCOM; Birdsboro, PA
Karen Szabo, English; Manalapan, NJ
Casey Templeton, SMAD; Roanoke, VA
Kathryn Throo, Political Science; East Islip, NY
Kai Tollkuhn, SCOM; Alexandria, VA
Michael Toner, Political Science; Fredricksburg, VA
Jessica Towsey, Anthropology; Richmond, VA
Stephanie Vaughn, SCOM; Colonial Heights, VA
Daniel Vaught, History; Newport News, VA
Nancy Vidarte, SCOM; Portsmouth, VA
Dan Voit, ISS; Vienna, VA
Lauren Wallace, English; Burke, VA
Erin Weireter, SMAD; Norfolk, VA
Standing out, the cupola is a poignant feature on the Quad. Everyday students can hear the fight song being played from Wilson Hall at 5 p.m.

Photo by Julie Gundrum

Reed Willard, SCOM; Charlottesville, VA
Jennifer Woods, SMAD; Neptune, NJ
Todd Wright, Political Science; Virginia Beach, VA
Kathryn Wymler, ISS; Roanoke, VA
Roya Zarrinnahad, SMAD; Burke, VA
David Zinn, SCOM; Midlothian, VA
college of business
Stepping through the marble entranceway of Showker Hall was an unforgettable experience for those not accustomed to the hustle and bustle of the business-like atmosphere. Not only did the College of Business (COB) students have the advantage of learning from a business school accredited by the Association to Advance Collegiate Schools of Business, they also had the opportunity to learn from Dr. Brad Roof, a professor listed by Virginia Business magazine as one of Virginia’s Super Certifed Public Accountants. In addition to being a professor of accounting, Roof served as the college’s associate dean for external relations.

“The college of business at JMU has a great reputation,” said junior Whitney Hewson. “Many businesses are more willing to choose a JMU COB graduate over some other schools because of the great preparation that JMU gives each student throughout their undergraduate career.”

As soon as students declared a major in COB, there was a long list of classes to complete. The culmination of this list, and students’ first experience of the complex world of business, was COB 300 Integrated Functional Systems. COB 300 was a comprehensive course that incorporated the four disciplines of Finance, Management, Marketing and Operations. Students worked in assigned teams of five to six members throughout the semester to develop their own business plan using the skills learned in the classroom.

“More than any other class I’ve ever taken, the instructors who teach COB 300 are the most energetic and enthused and committed to the material that I’ve ever experienced,” said junior Harry Orell. “Their enthusiasm translates very fluidly from instructor to student.”

In March, COB hosted the annual business plan competition between the highest scoring plans from the previous calendar year. Groups could also enter their plans voluntarily. The winning team received awards in the form of cash or scholarships.

Story written by Sara Wist.
<table>
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<tr>
<th>Name</th>
<th>Department</th>
<th>City</th>
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<tr>
<td>Christopher Adamou</td>
<td>Accounting</td>
<td>Baldwin, NY</td>
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<td>Economics</td>
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<td>Ryan Aires</td>
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<td>Megan Blair</td>
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<td>Dana Bolfing</td>
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<td>Laurie Brooks</td>
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<td>Andrew Burgwyn</td>
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<td>Joseph Coscia</td>
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Michael Cotroneo, Economics; Annandale, VA
Monique Cox, Management; Woodbridge, VA
Kevin Cummings, Finance; Fairfax, VA
Dominic Cutuly, Finance; Pittsburgh, PA
Christopher Cvitan, Finance; Montville, NJ
Resham Daswani, Finance; Nigeria, West Africa
Matthew Davlin, Quantitative Finance; Clifton, VA
Horancia DeGraft-Johnson, Accounting; Alexandria, VA
Evan Della Valle, Accounting; Fair Lawn, NJ
Katherine Dennis, HTM; Little Silver, NJ
Jason Detwiler, Accounting; Fugua-Vanna, NC
Michael Dickie, Economics; Nashua, NH
Dustin Didawick, Accounting; Staunton, VA
Matthew Doan, CIS; Clifton, VA
Matthew Dodson, HTM; Spotsylvania, VA
Thomas Edmunds, Accounting; McKenney, VA
Michael Engelson, Finance; Hastings, NY
Daniel Fernandez, Accounting; Falls Church, VA
John Fierro, Economics; East Hampton, NY
Taylor Fontaine, HTM; Asheville, NC
Judson Foster, Finance; Richmond, VA
Lindsay Frederick, Marketing; Hanover, PA
Kristen Friend, HTM; Richmond, VA
Michael Fry, Finance; Camp Hill, PA
Travis Garlock, Accounting; Richmond, VA
Evan Garrison, Economics; Harrisonburg, VA
Joshua Gayfield, Finance; Hayes, VA
Tricia Giaccone, Marketing; Ridgefield, CT
James Giardina, Marketing; Springfield, VA
Lindsay Giel, HTM; Chantilly, VA
Vicki Ginzel, Finance; North Babylon, NY
Scott Gold, Finance; Stamford, CT
Benjamin Goldstein, Management; Montclair, VA
Elisa Gonzalez, Marketing; Springfield, VA
Robert Gutierrez, Management; Mt. Jackson, VA
300 takes ON BELGIUM

COB 300. The benchmark, 12-credit class in the College of Business loomed above many business majors’ heads. Students approached their junior year knowing that COB 300 served as the grueling key which opened the gate to the rest of the business world.

But some students opted for a different challenge when registering for COB 300: they flew to Antwerp, Belgium, to take COB 300 in a European setting. After completing a European marketplace-centered course, students earned a concentration in European Business and also visited business and government settings in Belgium, Luxembourg, Holland, France, England and Germany.

“The best part was all of the traveling,” said junior Lindsey Thacher, who studied in Antwerp during the fall semester. “A definite advantage was the European aspect and perspective of studies; our class at the University of Antwerp was taught by four different professors, and the grading and evaluative system of COB 300 in Europe was much different than COB 300 here on campus. Once we learned about a concept or a business, we got to visit that place. For example, we learned about the European Union, and then we went to Luxembourg, Strasburg and Brussels. The program was such a good opportunity for business students to go abroad. I think it was the best way to take COB 300.”

Offered during both the fall and spring semesters, the program in Belgium provided students with a chance to experience life overseas. Each semester, 30 students set off for Antwerp after undergoing the application process one year in advance of their departure. All students lived in a university-owned apartment building in Antwerp.

“The program made me grow up a lot because I was basically on my own in a country where nobody spoke my language,” explained Thatcher. “Everything was so different in Europe, especially having to walk everywhere, but luckily it did not take me too long to learn how to convert money. Above all, the group of 30 students I went with became really close.”

In addition to completing COB 300, students completed COB 301. While 300 focused on “the context of the European marketplace,” 301 “gave explicit instruction on the European Union, European business practices and European culture,” as described by the Office of International Programs Web site. This experimental semester also provided the opportunity for independent travel, offering two four-day weekends for students to explore Europe. Planned international group field trips sent students to France, Luxembourg, Germany, Holland and Italy.

Students from across Europe attended the University of Antwerp, a historic business school. This afforded students used to walking through Showker Hall’s doors every day an entirely new perspective on business classes and student life in general. Many students ranked the semester in Antwerp among their life’s best experiences. “My group that went to Belgium always said that our experience could not be described in words,” said senior Angela Venafrano. “So we always said, ‘If you aren’t Antwerpian, you just don’t know!’

Looking out onto the London landscape, students stand inside the London Eye. The world’s largest Ferris Wheel was built by British Airways and debuted at the World’s Fair. Photo courtesy of Johnny Reck.
a RISING STAR

BY KATIE O’DOWD

Students may not have known it, but there was a rising country star on campus eating lunch in D-Hall, walking across the Quad and attending classes in Showker Hall.

The university recruited senior John Naparlo, known around campus as Johnny Napp, to play basketball for the Dukes. “When I came to visit, I knew that it was a place that would work for me,” he said. “The campus is great and even though the school is big, it still has a great feel to it.”

Born and raised in Williamsburg, Va., Napp attended Walsingham Academy and played varsity basketball. He decided to do a post-graduate year at New Hampton School in New Hampshire so he could play Division I basketball in college. His teammates included Rashad McCants and Wes Miller, who both went on to play at the University of North Carolina, the 2005 National Collegiate Athletic Association (NCAA) National Champions. “Playing one extra year of basketball in New Hampshire gave me the opportunity to come to JMU,” Napp said.

But due to the progression of his music career, the NCAA declared Napp ineligible to play basketball. “It was a situation where they felt I could use my position on the basketball team to benefit my music career,” Napp said.

With media attention and support from the CAA commissioner, the decision was overruled and Napp was reinstated. But after missing two months of practice and over five games, Napp eventually decided not to rejoin the team. “I have no regrets with my decision, and I plan to pursue the music career and see where it takes me,” he said.

Napp listened to a wide variety of music growing up, playing classic rock and oldies songs in talent shows when he was younger, but ultimately decided to pursue country music. “When it came down to giving myself the best opportunity to succeed in the music industry, country is what fits me best,” he said. “I love country music and it is the best way to combine a couple of genres of music into one.”

He looked to country legends from Tim McGraw to Toby Keith and Elvis Presley for inspiration. “My music role models include first and foremost, Garth Brooks,” he said. “I honestly believe he is the best all-time performer.”

Napp opened for national acts, including David Allan Coe and Jason Aldean. “The best concert I have been a part of was when I opened for Billy Currington,” Napp said. “He is extremely popular in country music right now and the crowd just had a great time. Opening for national acts is always an incredible experience.”

His first major concert was in July at the Norva in Norfolk, Va., with headliner Big Al Downing. “That show got the ball rolling,” he said.

Napp also performed for the Harrisonburg community at the Pub in October. “It was a great opportunity and I got a lot of support from the student body,” he said. “I am very thankful for everyone that came out and it was great to see so many athletes supporting me as well.”

Four Dukettes showed their support for Napp by performing a backup dance during his closing song at the Pub. “The atmosphere was great because of the energy he created in the place,” says senior Caitlin Sweeney, a member of the Dukettes. “He made it a fun time for us to perform with him.”

Napp began working with Pam Lewis of PLA Media, who discovered Garth Brooks and acted as his manager for the first eight years of his career. “Johnny has a lot of natural charisma and a magnetic smile,” said Lewis. “He has a lot of raw talent. You can’t learn that, you either have it or you don’t.”

He also worked with producer Eric Paul, who had worked with the likes of Billy Joel, Willie Nelson and Ronnie Milsap. “After hearing his early work tapes, I hear something in his voice that sounds special,” he said. “He has amazing potential for someone who hasn’t been doing this as long as a lot of other people.”

Napp even had his own album, “Cowboy Up and Party Down.” While he did write his own music, none of those songs were on the album. “Hopefully down the road I will be able to implement some of my songs onto my future albums,” Napp said.

Napp hoped to eventually sign with a major record label. “I want to have the ability to travel as much as possible, while playing my music to as many people as possible,” he said. “I would love to record with some of country music’s biggest stars.” But Napp vowed he wouldn’t forget his experiences at the university. “If I do make it in the music industry, I will be sure to carry the JMU name with me wherever I go,” he concluded.
Trevor Hancock, Finance; Fairfax Station, VA
Eric Harkness, Finance; Manassas, VA
Matthew Harmon, Management; Virginia Beach, VA
Andrew Hart, Finance; Laurel Springs, NJ
James Hart, Quantitative Finance; McMurray, PA
Troy Harwell, CIS; Herndon, VA
Travis Helbig, Management; Berryville, VA
Gerald Henderson Jr., Economics; San Diego, CA
Jorge Hendrickson, Finance; Wilton, CT
Molly Herbstitt, CIS; Herndon, VA
Joseph Hodnett, Management; Woodbridge, VA
Timothy Holcomb, Finance; Fort Defiance, VA
Aubury Holmes, Finance; Urbana, MD
Tom Homestead, Quantitative Finance; Sayville, NY
Davidson Hulfish, Finance; Alexandria, VA
Robert Ibanez, Marketing; Fredericksburg, VA
William Idoni, Finance; Fredericksburg, VA
Meagan Ireland, HTM; Trappe, MD
Charles Jackson, Marketing; Concord, VA
Matthew Johnson, Management; Charlottesville, VA
Jeff Kauten, Marketing; Winchester, VA
Jonathan Keagy, HTM; Montpelier, VA
Justin Klunk, Finance; Ashburn, VA
Sanja Kraljevic, Int. Business; Stamford, CT
John Landry, Economics; Falls Church, VA
Melissa Lann, HTM; Culpeper, VA
Sarah Larkin, Finance; Virginia Beach, VA
Alyson Latham, Management; Eldersburg, MD
Brian Leatherwood, Finance; Norfolk, VA
December Lee, Int. Business; Richmond, VA
Samantha Leugers, Finance; Fairfax Station, VA
Andrew Lewis, Marketing; Chesapeake, VA
Victor Lim, Marketing; Herndon, VA
Ashley Lineweaver, Accounting; Woodstock, VA
Joseph Link III, Accounting; Ellicott City, MD
Andrew MacDonald, Finance; Southport, CT
Alice Machado, Int. Business; Danbury, CT
Kimberly Mackiewicz, HTM; Monroe Twp., NJ
Andreia Magannhos, Int. Business; Springfield, VA
Kari Manfredono, Marketing; Fairfax, VA
Nicholas Manzione, Finance; Jefferson Township, NJ
Justin Martin, CIS; Reston, VA
Kenneth Martin, Economics; Canton, CT
Jeffrey McKee, Accounting; Midlothian, VA
Amanda McKinley, Marketing; Virginia Beach, VA
Signe McLaughlin, Int. Business; Somerset, PA
Brian Meaney, Quantitative Finance; Pearl River, NY
Kristin Mimm, Accounting; Woodbridge, VA
Maseel Mir, Accounting; Palahore, Pakistan
Joanna Mitchell, HTM; New Tripoli, PA
Claire Montgomery, Management; Falls Church, VA
Stephanie Mortimer, Marketing; Newfields, NH
Diane Murphy, Marketing; Olney, MD
Justin Nolan, Economics; Cockeysville, MD
Joseph Noto, Accounting; Stuarts Draft, VA
Brian O’Laughlin, Finance; Midlothian, VA
Daniel O’Neill, Finance; Virginia Beach, VA
Lydia Oppe, Marketing; Midlothian, VA
Edward Ortiz, Finance; Vienna, VA
Brynn Parker, Accounting; Virginia Beach, VA
Benjamin Peden, Marketing; Elberon, VA
Shannon Perry, Finance; Mechanicsville, VA
Michael Pitcher, CIS; Mountain Lakes, NJ
Jacquelyn Pittman, Accounting; Mechanicsville, VA
Ria Pleta, Finance; South Riding, VA
Jason Poston, Management; Warrenton, VA
Christopher Provencher, Management; Herndon, VA
Julie Ramsey, Marketing; Berwyn, PA
Steven Ramsey, Management; Roanoke, VA
Robert Ranieri, Marketing; West Chester, PA
WATCHFUL EYE

BY RACHAEL GROSECLOSE

While there was a plethora of on-campus jobs for students looking for some extra cash, parking services was not one of the most glamorous. The notorious parking service employees were best known for giving out tickets and were not the most well-liked people on campus.

Senior Kristen Pelosky did not let this bother her when she was looking for a part-time job her junior year. "I saw online that parking was hiring and decided to apply. The job description didn't seem too bad and the hours were reasonable," said Pelosky. She only had class three days a week so she wanted a job to keep herself busy. She was hired in the spring of last year and started working in the fall semester.

Pelosky worked as a parking enforcement officer level 1 (PEO-1). All workers started off as a PEO-1 when hired. Employees could advance to PEO-2 and 3 by taking promotional exams. Each level of employment required the officers to spend a portion of their hours monitoring or enforcing. During monitoring shifts officers stood at the entrance to a parking lot and only allowed cars with correct passes through. During the enforcement stage, cadets wrote tickets for cars with violations.

All cadets were required to work a minimum of 12 hours a week, including one mandatory 7:30 a.m. shift per week. During a typical shift Pelosky clocked in at the office and got her supplies, such as her radio and uniform. Cadets were issued a T-shirt, a light jacket and a heavy jacket. They were required to wear something from parking services on the outside with either shorts, pants or jeans. They were also required to wear closed-toed shoes and a belt.

If she worked an enforcement shift, Pelosky took a handheld that wrote tickets. She checked the schedule to see what lot she was going to monitor or enforce. Depending on what lot she was monitoring, she walked or got a ride to her post. Occasionally two people worked an enforcement shift together. During enforcement shifts cadets walked a certain route to check for parking violations.

Shifts were usually about two hours long. Pelosky said the monitoring shifts could become boring. "How bored you are depends on what lot you have to work and what time of day it is. Some lots are secluded so you don't see many people around," Pelosky said. "However, we are allowed to take MP3 players out or study using note cards. This helps to pass the time."

Pelosky said time passed more quickly during enforcement shifts, especially if she had a partner to talk to. "You are generally busy the whole time because you have to walk around and write tickets," Pelosky said.

She enjoyed the job because it wasn't difficult. However, one aspect she was not prepared for was the weather. Cadets were required to work unless campus was closed. If the temperature was between 10-19 degrees the shifts were optional. If the temperature dipped below 10 degrees then the shifts were canceled. "I thought it was uncomfortable to work in the hot weather, but it was nothing compared to standing in the freezing rain and snow," Pelosky said.

"Your pants always get soaked in the rain and you have to wear four coats in the cold because you are outside for so long."

Despite some aggrivated students, Pelosky said the best part of the job was being able to interact with people. Overall, Pelosky said she would recommend the job because it did not require a lot of hours and occasionally people recognized her work. "A few times I have had faculty members actually thank me for standing in parking lots," Pelosky said. "It makes you feel good, like your job has a purpose."
music
ON THE GO

Even though they exuded drone-like demeanors in their long marches to higher learning, their hearts and ears were forever rock n' roll. A familiar sight on campus was students walking to their classes with earphones tightly nestled in their ears. A freshly purchased CD in their CD players made the daily 7:30 a.m. stroll to class mildly pleasant: this was especially true for those students who had to trot across campus in the bitter January cold. Such images of students with their CD players across campus had altered a bit during the year.

While students still had to make the long commute to their respective classes, their choice of musical devices changed. Amidst the war between major music labels and Internet file-sharing proponents over the issue of copyright infringement, MP3 players took the reign as the dominant portable music device. The technology was recognized as a convenient way to take music from the computer without having the hassle of burning a CD. This convenience allowed for students’ music to go practically everywhere with them.

Early MP3 players had one thing in common: their low capacities. The first of its kind, the Eiger Labs MPMan F10, was introduced in 1998. Although it only held 32 MB, the device stirred the public’s curiosity and was followed by two other MP3 players, the Rio PMP300 and iRiver. Nonetheless, it was not until the development of Apple Computer’s iPod in the fall of 2001 that such technology became a cultural phenomenon. Since its conception, the iPod family had expanded into five generations of iPods including the iPod mini, the iPod nano and the iPod shuffle. Apple also geared its iPod advertisement campaign toward the musically sophisticated youth and college students.

The popularity of the iPod swept across campus quickly. The high capacity device allowed its users to upload large portions of their media library from their computers. Their music was available to them anywhere they chose to use their iPods. The university was littered with students having the iPod’s signature white earphone wire coming out of their pockets and jackets. The MP3 players were strapped to students’ upper arms at the gym and clipped to their belts on their way to class.

“I listen to my MP3 player when working out in UREC and sometimes when I’m in the library doing work,” said sophomore Royce Soberano. The musical tastes of the student body were as diverse as the selections on cable television. Along with cellular phones, MP3 players became the staple piece of technology students carried with them at all times.

Unlike Members Only jackets and slap bracelets, the MP3 player fad seemed to have staying power. At a push of a button, users could listen to hundreds of songs from their music library without them being repeated constantly. The latest iPod model was even capable of showing videos and photographs. While the legitimacy of Internet file sharing continuously drew criticism and debate, MP3 players would undoubtedly be a part of the culture for years to come.

Making the best of the resources available, sophomores Liz Ball and Meghan McCormick share an iPod while studying. Students were also commonly seen using iPods at UREC and at the library. Photo by Mindi Westhoff
Andrew Reshefsky, CIS; Virginia Beach, VA
Deena Rion, Management; Elkton, VA
Brian Roach, Management; Elkton, VA
Matthew Roach, Accounting; Martinsburg, WV
Sarah Roberts, HTM; Landenberg, PA
Elton Roshi, Management; Harrisonburg, VA
Allison Rowe, Management; Enola, PA
John Rowland, Management; Fairfax Station, VA
Maura Rushe, Finance; Herdon, VA
Julia Seroskie, Management; Alexandria, VA
Tricia Shehan, Management; Chesapeake, VA
Emily Shockley, Marketing; Roanoke, VA
Joshua Shoemaker, Economics; Weyers Cave, VA
Daniel Shyu, CIS; Chantilly, VA
Benjamin Skidmore, Management; Princeton Junct., NJ
Andrew Sledd, Accounting; Richmond, VA
Laura Smallfield, Finance; Lorton, VA
Sean Sobiechowski, Marketing; Sparta, NJ
Erin Sochaski, Management; Fair Lawn, NJ
Peter Sproull, Management; Fairfax, VA
Christopher Stathis, Marketing; Williamsburg, VA
Mark Stephens, Management; Staunton, VA
Julianne Stilwell, CIS; Fairfax, VA
Kevin Sturm, CIS; Stephens City, VA
Cory Suter, Management; Harrisonburg, VA
Asad Tariq, Economics; Great Falls, VA
Kimberly Tashner, Int. Business; Mechanicsville, VA
Jessica Taylor, Finance; Roanoke, VA
Matthew Taylor, CIS; Woodbridge, VA
Genny Teeters, Accounting; Palmyra, VA
Rebecca Thacher, Management; Fairfax Station, VA
Michelle Tiburcio, Economics; Centreville, VA
David Toms, Finance; Forest, VA
Cameron Topper, Accounting; New Oxford, PA
Shanna Torrey, Management; Herndon, VA
Dionne Travis, Management; Christiansburg, VA
Kevin Tromly, Accounting; Hampton, VA
Toni Vogel, Accounting; Hampton, VA
Pongsavis Vongsitrakam, Marketing; Bangkok, Thailand
Nadine Wagner-Bartak, Int. Business; Arlington, VA
Joanna Walker, Finance; Covington, VA
Megan Walsh, Accounting; New Kent, VA
Melissa Watts, Marketing; Buchanan, VA
James Weaver, Management; Harrisonburg, VA
Carly Wiggs, Management; Virginia Beach, VA
Alstongabnielle Wilkins, Finance; Alexandria, VA
Ashley Williams, Marketing; Lancaster, VA
Leslie Wilson, Management; Vienna, VA
Patrick Wright, Finance; South Hill, VA
Getting graded on the ability to throw a party: what an idea. That was exactly what hospitality and tourism management (HTM) majors did for their capstone course. Students took HTM 470 Advanced Food Service and Production Management during the fall to begin planning their theme dinner, finalizing total costs and all the details that went into planning the event. The actual dinner took place in the spring, when students were enrolled in HTM 473 Beverage Management and Marketing.

Groups consisted of five to six students and were chosen during their junior year. “I was lucky enough to know five other individuals in the hospitality program and we decided to be in a group together,” said senior Rob Ranieri. “Every time I saw her at parties, my one group member, senior Cerys Brown, would remind me, since sophomore year, that we should work together.”

All the dinners were held on campus, usually in the Festival College and Student Center, either in the Grand Ballroom or the Highlands Room.

Funding for the event came solely from ticket sales, which were usually $33 per person. “During the fall semester we took a hospitality class in which we prepared a 160-page document that planned out our dinner in writing,” said Ranieri. “Part of the project involved the cost of our entire dinner, including every food ingredient and every piece of decoration, and creating a budget. Our budget will hopefully match the revenue we receive from ticket sales or else I might have to put in some more hours at work!”

The event’s theme was chosen by each group. “As a group we are allowed to choose any theme that we would like,” said senior Amelia Ballinger. “We are also allowed to plan the format and flow of the reception and dinner however we feel would fit our theme best.”

Each group then decided how many people to invite and formed a guest list of family and friends. The hospitality and tourism department also held seats for faculty and members of the Harrisonburg community. “It was very hard to select guests because I was only allowed to invite about 18 people,” said Ranieri.

“My favorite theme dinner was the one I did, Fire and Ice,” said senior Chris Kremzir. “Everything came together really well and it was a great feeling to see everything we’ve learned in the industry and in our classes come together in front of 230 family members and friends.”

Students who participated in planning the theme dinners were able to put all of the skills they had learned over their years at the university to pull together one amazing party and made lasting friendships with their group members.

Standing by and ready to serve, junior Emily Jesse awaits the visitors to the Fire and Ice dinner. Theme dinners were held throughout the spring semester. Photo courtesy of Ashley Williams
193 Student Teachers

college of

education
education
UPHOLDING THE TRADITION

The College of Education strove to "prepare qualified professionals for educational roles in NK-12 schools, business and organizational settings." It also aimed to "contribute to the expanding knowledge bases of teaching and learning and serve as a resource to the educational community," according to the program's Web site. Through the various opportunities presented to students, the College of Education made sure to meet these goals year after year.

The College of Education prepared students for careers in early childhood education, middle education and secondary education, as well as reading and special education. Students in early childhood education completed a four semester sequence that combined courses and a practicum placement. While most candidates taught in the local school system, some students took the opportunity to teach in other areas such as Northern Virginia or Richmond. Students generally completed 16 weeks of student teaching in two different placements.

"Being in practicum placements and also having the opportunity to student teach really prepares us for life after graduation," said junior Nancy Riggs. "Most schools don't get as much experience in the classroom as we do."

The Department of Military Science was also part of the College of Education. The Reserve Officers' Training Corps (ROTC) provided students with the training necessary to be commissioned into various branches of the army after graduation. Cadets in the ROTC program chose their major from any of the university's colleges and also participated in the ROTC training. A 41-credit minor program in military science was also available to all interested students.

ROTC sponsored various organizations around campus, such as Color Guard, Scabbard and Blade Honor Society and Cannon Team. Cadets were well known for rappelling off of Eagle Hall on many afternoons throughout the year or standing at the bottom of the stands helping out at football games.

Megan Ackermann, IDLS; Chantilly, VA
Rebecca Adams, IDLS; Harrisonburg, VA
Hannah Aldridge, IDLS; Fluvanna, VA
Marissa Bonaiuto, IDLS; New Fairfield, CT
Christina Brock, IDLS; Woodstock, VA

Kristin Cagle, IDLS; Fairfax, VA
Sabrina Clore, IDLS; Fairfax, VA
Caitlin Coogan, IDLS; Oak Bluffs, MA
Erin Copeland, IDLS; Wayne, PA
Alaina Cox, IDLS; Westford, MA

Jennifer Dudek, IDLS; Centreville, VA
Eileen Engler, IDLS; Manassas, VA
Jennifer Fralin, IDLS; Roanoke, VA
Meredith Funsten, IDLS; Glen Mills, PA
Brianne Gallagher, IDLS; Allendale, NJ

Lindsay Garlow, IDLS; Cody, WY
Danielle Glanzmann, IDLS; Springfield, VA
Natalie Golden, IDLS; Burke, VA
Brittany Hastings, IDLS; New City, NY
Hilary Heim, IDLS; Mechanicsville, VA

Laura Hull, IDLS; Stafford, VA
Patricia Jacobsen, IDLS; Clifton, VA
Elizabeth James, IDLS; Roanoke, VA
Kristen Karicofe, IDLS; Verona, VA
Abigail Lippard, IDLS; Smithfield, VA

Erin Magnuson, IDLS; Murrysville, PA
Victoria Masters, IDLS; Leesburg, VA
Alexandra McClain, IDLS; Hershey, PA
Jessica Meyer, IDLS; Westminster, MD
Sherine Michaels, IDLS; Wilton, CT

Maggie Mintzer, IDLS; Eldersburg, MD
Christie Mortara, IDLS; River Vale, NJ
Jamie Oskin, IDLS; Somerville, NJ
Hilary Oskin, IDLS; Fairfax, VA
Emily Pierce, IDLS; Salem, VA
Returning from lunch, students follow senior Hillary Heim to story hour. Heim was responsible for the children for part of the day and was required to come up with creative lesson plans for each day's activities. Photo by Julie Gundrum
gaining IN-CLASS EXPERIENCE

BY MAGGIE MILLER

If students thought applying to college was difficult, they should have tried being an education major applying for a student teaching position. Before they were eligible to start working in a school, students teachers had to be accepted into the teacher education program. Required to apply a year in advance, students had to pass Praxis I, complete specific program requirements and courses and have maintained a minimum 2.5 cumulative grade point average.

"Student teaching and living with all of your friends in your final semester of college is really tough. When your friends are out on Thursday, or they're all up late watching a movie, you have to force yourself to go to bed at 10:30 p.m. because you know you're waking up at 6 a.m.," senior Rachel McCray said. "But the best part is the experience. There are not many other majors here where you are given a full semester to get a first hand experience in your future career. It's a great way to experience what you're going to do with your life."

Linda Bigler, coordinator of field experiences, said, "Our student teachers are expected to be passionate and enthusiastic about becoming a teacher, love kids, love learning, be eager to put into practice all that they have studied in their classes and, of course, have excellent content knowledge and strong pedagogy. The rewards are fabulous, but it is truly lots of work."

Despite all the preparation that went into student teaching, senior Kaitlyn Hackett said she has already learned that as a teacher, you get the opportunity to positively influence students and provide opportunities for them to learn.

"The best part of student teaching is connecting with the students and realizing why teaching and education is so important. It's really awesome to teach a child, see them learn and then know that you had an influence on their life," Hackett said. "In my class now, most of the students come from broken families and experience frequent neglect. I have learned that by providing them the best education possible, the students can rise above their circumstances and be successful in life."

Senior Hilary Heim also agreed that the best part of student teaching was the kids, because she hoped to "positively impact students, as well as to be a source of love and encouragement."

"It's fun to watch the kids learn new things and see them succeed at things which are so natural to us, like tying our shoes or writing our name," Heim said. "They definitely tested me to see if I would let some things slide. You wouldn't think kindergartners would think of that, but they catch on early."

The Education Support Office, which handled the student teaching placements, received feedback on the performance of student teachers from the university supervisor, as well as from the cooperating teacher. Students' final evaluations from the program went into their permanent file.

"I get wonderful comments from school districts literally all over the state about our students, how well-prepared they are and how they would love to have even more JMU student teachers," Bigler said.

McCray said that her classes have done their best to prepare her for teaching, but that there is so much that cannot be taught in a college classroom. "You have to go out into the schools and experience it for yourself. I never knew how much there was to think about until I got out there. You have to be prepared to juggle 10 tasks at the same time while also monitoring a class of 5-year-olds," McCray said. "It's much harder than I ever imagined, but it's also been a great experience and really excited me to be a teacher with my own classroom one day."

Reading during story hour, senior Hilary Heim involves the children in the stories. Student teachers traveled up to an hour away to attend various teaching locations. Photo by Julie Gundrum.
199 Human Intimacy
200 Athletic Trainers
203 Anatomy Lab
204 Mary Thompson
207 Rescue Squad

college of
integrated science
ce & technology
Housed within the walls of the College of Integrated Science and Technology (CISAT) were over 4,200 students involved in one of CISAT’s 17 undergraduate programs. While the programs ranged from social work and psychology to health science and kinesiology, the college aimed to implement programs that used “science and technology to enhance the quality of life in the modern world,” according to the college’s Web site.

Integrated Science and Technology professor Dr. Christie-Joy Brodrick was selected to receive one of SAE International’s Vincent Bendix Automotive Electronics Engineering Awards. The award, which was presented during the SAE World Congress in April, recognized the authors of the best papers relating to automotive electronics.

In order to serve its students, the College of Integrated Science and Technology provided many different labs to further students’ education and research. The biomanufacturing labs contained capabilities for studying genetically engineered cells, sponsored by Virginia’s Manufacturing Innovation Center, while the video analysis laboratory gave students the opportunity to analyze videotapes to determine treatment effectiveness in stuttering.

The Department of Communication Sciences and Disorders educated students for careers such as professional speech-language pathologists or audiologists. The program provided state-of-the-art coursework and observation for its students to advance the knowledge of communication sciences and disorders.

As part of the university’s teaching, researching and community service programs, the Speech-Language-Hearing Applied Laboratory gave students an opportunity to put their knowledge to use and prepare for their careers after graduation. The laboratory served over 50 children and adults with communication difficulties each week.

Through CISAT’s many learning opportunities, students were well prepared to enter their chosen career field upon graduation.

DEAN’S OFFICE

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Dr. Sharon Lovell, Associate Dean
Dr. Steve Stewart, Director of Strategic Alliances and Special Projects
Ms. Julie Love, Budget and Personnel Analyst
Ms. Louise White, Administrative Assistant
Ms. Hope Thompson, Building Coordinator
Ms. Tammy Crawford
Mr. Ken Parmalee, Facilities Manager
Mr. Jim Seifried, Shipping and Receiving

Story by Sara Wist.
Information compiled from www.jmu.edu/cisat.
Melissa Burke, Nursing; Easton, PA
Kathryn Burtman, Health Sciences; Cambridge, MD
Christine Busenberg, Therapeutic Recreation; Reston, VA
Bryan Cabrera, Health Sciences; Hauppauge, NY
Elizabeth Cady, Psychology; Park Ridge, NJ
Lindsey Caldwell, ISAT; Roanoke, VA
Jessica Camp, Psychology; South Boston, VA
Jessica Caravello, Health Sciences; Westfield, NJ
Charles Cardona, ISAT; Commack, NY
Jay Carpenter, Psychology; Winchester, VA
Dana Casendino, Dietetics; Hackettstown, NJ
Kathryn Casterline, Psychology; Chantilly, VA
Nathan Chiantella, Psychology; Leesburg, VA
Sung-Jin Chung, ISAT; Annandale, VA
Ebony Cleaves, Health Sciences; Chesapeake, VA
Jessica Cobb, Psychology; Franklin, VA
Amy Coblentz, Nursing; Roanoke, VA
Kyle Cook, Computer Science; Arlington, VA
Brittany Corbett, Psychology; Richmond, VA
Brian Cowger, ISAT; Harrisonburg, VA
Sarah Crist; Psychology; Midlothian, VA
Rachel Crowgey, ISAT; Wytheville, VA
Matthew Cubbage, Health Sciences; Luray, VA
Patrick Curtin, Computer Science; Clifton, VA
Helen Curtis, Psychology; Chesapeake, VA
Sally Dadou, Health Sciences; Santa Rosa, CA
Carolyn Danforth, Geographic Science; Arlington, VA
Chris Davis, Health Sciences; Roanoke, VA
Olacynthia Davis, Kinesiology; Barboursville, VA
Amanda Deal, CSD; Chincoteague, VA
Ashli Dean, CSD; Richmond, VA
Lauren Delk, Health Sciences; Powhatan, VA
Carissa D’Eramo, CSD; Poquoson, VA
Jennifer Derdenian, Psychology; Sharon, MA
Leanne Desmond, Nursing; Marshfield, MA
RELATIONSHIPS 101

BY DANA WEISMULLER

At the beginning of the spring semester, Dr. Bijan Saadatmand, or Uncle Bijan as his students affectionately called him, had taught exactly 20,257 students throughout his career. Every semester, his Psychology of Human Intimacy class filled all 90 seats and had a waiting list almost equal in length. Saadatmand designed the class during his doctoral studies and psychotherapy. Afterward, students have an empathic interaction, said Saadatmand. “These are isn’t emotional question-and-answer session, which results in change for more than 20,000 students. Their response to his Human Intimacy class served as only one illustration of his life-changing influence, not only as a professor, but even more as an equal.

“Every year I tell my students that this class is best taken as a senior,” said Saadatmand. “If you take this course too early, it could be like going to a wonderful student program. Influenced by his realization that students paid more attention to a theory class if the theory discussed applied to their lives, he strove to create a class which resembled life.

“I bring in hundreds of therapy and counseling cases, which students act out through role play, psychodrama and psychotherapy. Afterward, students have an emotional question-and-answer session, which results in empathic interaction,” said Saadatmand. “These are issues close to their hearts, and it is not unusual to witness moments of crying and sadness, as well as moments of happiness. Students find themselves in the middle of life experiences, and that it still feels like every lesson I teach, I am teaching for the first time.”

In Psychology of Human Intimacy, Saadatmand emphasized the importance of visiting oneself. He distributed a booklet which all students wrote in at the beginning of every class and advised them to keep the booklet for the rest of their lives. All of Saadatmand’s lectures were written by himself, and he emphasized his lecture about love as one that changed lives.

“Either love or communication, I cannot decide which was better! I have been working on my lectures for 40 years,” said Saadatmand. He taught students of all nationalities and ages: one of his students had been married for seventeen years and had four children while another was a grandmother who drove 100 miles from Marshall, Va. every Monday and Wednesday to attend his class on a recommendation from her granddaughter.

“Recently I have been teaching children of former students!” said Saadatmand. “I got an email from a student who graduated in 2000 whose mother I taught. She wrote, ‘My mother was also a student of yours; it is something very special that we share, having you give us life lessons and advice during our college years. One specific Uncle Bijan tip that we both carried was to buy two tubes of toothpaste, a ‘his’ and ‘hers.’ Arguing about squishing versus rolling just was not worth it!’”

Saadatmand had saved hundreds of emails from current and former students who wrote to thank him for the impact that Psychology of Human Intimacy class had on their lives. More than one student thanked him for inspiring them to change their life’s path, as they chose to become family therapists, marriage counselors or focus in other related careers.

Saadatmand was undoubtedly a catalyst for positive change for more than 20,000 students. Their response to his Human Intimacy class served as only one illustration of his life-changing influence, not only as a professor, but even more as an equal.
assisting ATHLETES

The students you see on the sidelines of nearly every varsity sport here at JMU do not get paid,” said senior Jennifer Stollery, an athletic training major.

“We are there as part of our education.”

With a minimum requirement of 800 clinical hours divided equally over four semesters, student athletic trainers provided a great service to the university’s athletic departments, Eastern Mennonite University and local high schools along with local sports medicine clinics. Working with an approved clinical instructor (ACI), students of the program gained hands-on experience attending to athletes and helping them remain healthy.

“Students are asked to be mature beyond their undergraduate years,” said Jeff Konin, an associate professor of health sciences. “Like our student athletes, athletic training students must devote early mornings, late evenings and weekends to practice, games and travel commitments. Additionally, students are exposed to confidential information that requires the utmost respect and professional handling.”

Athletic training students dedicated approximately 20 to 30 hours per week to providing health care to their assigned team or facility, explained senior Jess Tanner, an athletic training major. “While it is very time demanding, it is extremely beneficial to the learning experience and to the preparation to become certified athletic trainers.”

Many students in the program worked with local athletic departments, but certified athletic trainers could specialize in injury and illness prevention, assessment, treatment and rehabilitation for all physically active people, including the general public,” according to the National Athletic Trainers’ Association (NATA) Web site.

Through the Athletic Training Education Program, a major concentration in the Department of Health Science, students took the classes and participated in the clinical hours necessary to become certified. The main purpose of the education program and clinical work was to prepare students to sit for the NATA Board of Certification exam to become certified athletic trainers.

Since the exam incorporated written and practical tests, much preparation was needed before passing. As part of the first undergraduate program in Virginia to be accredited by the Commission on Accreditation of Allied Health Education Programs, students at the university received more than adequate instruction.

“Our staff is incredible. They are the most willing group of people I have ever known,” said Stollery. “They work day in and day out to help us become confident as people, athletic trainers and as health care professionals.”

To ensure the quality education deserved, only 35 students were enrolled in the program at a time. Along with these students, staff trainers and graduate assistants worked together to offer help on the sidelines and in the classroom.

In spite of the athletic training demands, Stollery said, “I love athletic training and I hope to create so many more memories through the rest of the program. It would be cheating if I had only one memory that stuck out.”

Gaining experience through fieldwork allowed for many great opportunities. “You get to develop relationships with athletes and they learn to rely on you. You get to observe surgery and go to national conferences and learn how to research in the field. You get to do and see so much and learn even more,” said Stollery. All these aspects were invaluable to the education of and course to becoming a certified athletic trainer.

Demonstrating the stretching exercises, sophomore Shanelessa DeJesus goes over technique with senior Jennifer Stollery. Aside from her involvement in Athletic Training, Stollery also worked for Orientation.

Photo by Kristen Madoiry
James Dieteman, Computer Science; Fairfax Station, VA
Melissa Doering, Social Work; Chesapeake, VA
Katie Dorin, Recreation Studies; Richmond, VA
Stephanie Dove, Psychology; Gloucester Point, VA
Brittany Doyle, Health Sciences; Virginia Beach, VA
Eileen Eden, Health Sciences; Chester Springs, PA
John Ehlers III, Psychology; Sandy Hook, CT
Lauren Enzweiler, Psychology; Alexandria, VA
Jeremy Etzkorn, Computer Science; Hurricane, WV
Laura Evans, Nursing; Atlanta, GA
Oluwatosin Fashola, CSD; Springfield, VA
Lauren Fisher, Dietetics; Virginia Beach, VA
John Fleming, Kinesiology; Midlothian, VA
Jason Fox, ISAT; Herndon, VA
Bethany Frady, Health Sciences; Appomattox, VA
Wendy Friedman, CSD; Virginia Beach, VA
Kristen Fries, Psychology; Chesapeake, VA
Kate Fuchs, Kinesiology; Massapequa, NY
LaKenya Fuller, Health Sciences; Callands, VA
Angie Fusco, Psychology; Virginia Beach, VA
Elizabeth Gallon, Health Sciences; Morgantown, WV
Christin Gannon, Nursing; Spring Lake, NJ
Justin Garcia, Computer Science; Oak Hill, VA
Trudy Garnett, Health Sciences; Lexington, VA
Lacey Gaters, Psychology; Ashburn, VA
Brian Gerlach, Athletic Training; Martinsville, VA
Stephanie Giammittonio, Kinesiology; Alexandria, VA
Lindsey Gibbons, ISAT; Dover, DE
Kristina Gienger, Health Sciences; Midlothian, VA
Laura Gill, Psychology; Pulaski, VA
Katrina Goens, Nursing; Richmond, VA
Emily Grabsch, ISAT; Springfield, VA
Adam Gray, Computer Science; King George, VA
Kelsey Griffin, CSD; Prince George, VA
Amanda Grinder, Psychology; Richmond, VA
Kelly Hall, Kinesiology; Richmond, VA
Laura Hall, Dietetics; Raleigh, NC
Denise Hansen, Psychology; Baltimore, MD
Jill Harman, CSD; Camden, DE
Ashley Hartman, Nursing; Salem, VA
Sara Hayden, CSD; Pitman, NJ
Ashlee Healey, Health Science; Richmond, VA
Samantha Hess, Psychology; Chapel Hill, NC
Janelle Hiester, CSD; Reading, PA
Kasey Hilton, Psychology; Woodbridge, VA
Zachary Hittie, ISAT; Friedens, PA
Rebecca Hoehn, ISAT; Herndon, VA
Sharon Hoffman, Psychology; Burke, VA
Andrew Holben, ISAT; Roanoke, VA
Alex Horsley, ISAT; Yorktown, VA
Brady Howard, Kinesiology; Virginia Beach, VA
Jenny Howard, Nursing; Lexington, VA
Katelin Hursh, Psychology; Bethlehem, PA
Adam Imbert, Computer Science; Lovettsville, VA
Janis James, Health Sciences; Roanoke, VA
Leigh Johann, Computer Science; Richmond, VA
Courtney Johnson, Psychology; Richmond, VA
Katherine Jones, Recreation Studies; Springfield, VA
Lindsey Jones, Psychology; Virginia Beach, VA
William Judd, ISAT; Winchester, VA
Daniel Kasmierski, Health Sciences; Alexandria, VA
Rachel Kavanagh, CSD; Towson, MD
Katie Kettles, Psychology; Springfield, VA
Susan Kher, Health Sciences; Centreville, VA
Tim Kibler, Health Sciences; Stanardsville, VA
Elizabeth Kinter, Nursing; Charlottesville, VA
Seon Hea Kim, Geographic Science; McLean, VA
Amanda King, Health Sciences; Burtonsville, MD
Erika King, Psychology; Elkton, VA
Maureen Kisicki, Nursing; Olney, MD
As familiar as ABC's hit TV show "Grey's Anatomy" was with many Americans, not so familiar were the intricately laced structures of one's own body: the network of arteries and veins as part of the circulatory system or the complexity of the brain. The university's biology department offered students the opportunity to sink their eyes and hands into this complex subject matter.

"What makes this course especially unique from others around the country is that not only do our students have the ability to use cadavers, deceased human bodies that were donated to science, as an instrument in lab, but the program offers this learning environment to every student here," said Dr. David Jaynes, an anatomy professor. "I've had English majors as well as art majors take this course, which is a pretty cool thing."

The diverse anatomy faculty, as well as the dedicated program leader, Dr. Sharon Babcock, made it possible for this course to be open to all undergraduates. "There are approximately six to seven full-time faculty with different academic and research backgrounds," explained Jaynes. "A couple of us studied at medical schools and some of us come from a comparative anatomy standpoint, which allows for a merging of anatomical concepts from both animal species as well as humans."

The lecture portion of this course could not even begin to compare to the lab portion in most students' minds. "The human anatomy lab is one of the best labs I have taken here at JMU. Learning with cadavers provided me with an in-depth look, literally, at what we were learning," said senior Angela Chung. "It is a very challenging course but very gratifying in the end."

Human anatomy was considered an introductory course; therefore, in the lab, students mainly observed what the instructor was dissecting. However, if a passion for anatomy flared within the hearts of those who took the course, there were plenty more upper level courses to satiate their desires. Human histology and advanced human anatomy were just two courses that offered further study in the anatomy field and in which students were able to dissect the cadavers themselves. As Jaynes said, "put your gloves on and dig in!" Of course, as in any lab, there was always faculty supervision as well as teacher assistant supervision so that if questions or problems arose, someone was on hand to help.

The cadavers were a unique asset for the anatomy lab. It was more common to find universities that implemented this teaching method in graduate courses, not undergraduate courses. As many of the professors and students pointed out, it was an extraordinary opportunity to take a cadaver-based human anatomy course as an undergraduate. "I feel immensely lucky to have taken this course at JMU," said senior Katie Dorin. "I thoroughly enjoyed it and learned valuable information that continues to help me in other courses at JMU. I know it will also be useful as I attain my aspiring career to become a certified therapeutic recreation specialist."

The university's anatomy course went above and beyond expectations. Not only could the average student take this course as an undergraduate, they were taught under the skillful eyes of prestigious faculty and had an incredible opportunity for hands-on learning with a human cadaver. This unmatched experience remained in most students' minds and continued to further enrich and liven their intellectual being.
With her plate already full with teaching a plethora of classes, it was hard to believe that Mary Thompson was not only an esteemed and well-known professor in only her third year at the university, but an accomplished marathon runner as well.

"I didn’t used to think I could run a marathon, but then I joined a running group in Michigan when I was at MSU and met all sorts of runners who had done them, and I realized there was no one type of runner or person who runs a marathon," said Thompson. "I felt like it was something I could attempt. It was an important realization for me because I’m not what you’d call fast; instead I’m a ‘middle of the pack’ runner. Once I found other reasons for running a marathon besides running a fast time, I found it to be very rewarding."

As soon as she finished her first marathon, the 2001 Flying Pig, held in Cincinnati, Ohio, Thompson knew she wanted to participate in more races. Running marathons not only had introduced her to some of her best friends and taught her respect for individual abilities, but also had an extremely positive effect on her teaching career.

"Running very much enhances my teaching, at least I think so! It helps me to relax and focus. It also allows me to relate to student athletes. An 18-week marathon-training program is also very similar to a 16-week semester, so I’ve learned to pace myself accordingly for both periods and to accept what comes along during the process," said Thompson.

A very involved process, running marathons could be physically and mentally strenuous for anyone. Along with her intensive training programs, Thompson needed the right mind-set in order to be successful while running over 25 miles.

"At the beginning of a marathon my body feels great but my mind is full of doubts; somewhere in the race the situation usually reverses and my body starts flagging and that’s when my mind has to kick in to remind me that I’ve trained well enough to run 26.2 miles," said Thompson.

There was also the inevitable negative side of any long-term physical activity. Thompson had fallen victim to several injuries and said sometimes her body just told her to take a break. But even when she had run her last marathon, she would always have the irreplaceable knowledge she gained from being a marathon runner.

"I’ve met people of all backgrounds, ages, sizes and abilities running marathons, and I’ve realized that everyone runs his or her own race, doing it the way that works best for him or her, and each way is a success because we all make it to the finish line. The same is true of learning in that we all find our own way during a semester; no one can do the work for you," said Thompson.
Candice Knarr, Health Sciences; Fairfax Station, VA
Sharisa Korth, ISAT; Stafford, VA
Joshua Krause, ISAT; Newburyport, MA
Megan Kremer, Psychology; Virginia Beach, VA
Christie Kummers, Computer Science; Virginia Beach, VA
Kristin Lawhorn, Kinesiology; Sudbury, MA
Christen Lawrence, CSD; Richmond, VA
Jennifer Leary, Nursing; Richmond, VA
Kristin Lee, Psychology; Warrenton, VA
Yonah Levy, Psychology; Alexandria, VA
Sage Lipkin, Recreation Studies; Rockville Centre, NY
Ellen Lolich, Kinesiology; Arlington, VA
Christopher Lorete, ISAT; Virginia Beach, VA
Julia Lucas, Psychology; Lansdale, PA
Jennifer MacDonald, Dietetics; Hooksett, NH
Samantha Mack, Psychology; Baltimore, MD
Kira Magnor, CSD; Southampton, NY
Jessica Major, Psychology; West Windsor, NJ
Ebony Majors, Health Sciences; Newport News, VA
Sarah Mancini, Health Sciences; Fredericksburg, VA
Virginia Mann, Nursing; Harrisonburg, VA
Meghan Manning, Dietetics; Virginia Beach, VA
Mona Marrash, Athletic Training; Fairfield, CT
Natalie Marston, Psychology; Potomac, MD
Kathleen Mattingly, CSD; Silver Spring, MD
Jessica McAlexander, CSD; Bassett, VA
Lauren McChesney, Psychology; Centreville, VA
Kira McGroarty, Health Sciences; Hopatcong, NJ
Sara McKeen, CSD; Gordonsville, VA
Scott McKissick, Psychology; Great Falls, VA
Janice Mentzer, Psychology; Severna Park, MD
Erin Merritt, Dietetics; Trumbull, CT
Russell Meserve, Psychology; Sterling, VA
Joshua Mickley, Computer Science; West Point, VA
Lindsay Miller, Kinesology; Williamsburg, VA
Drew Morgan, Psychology; Woodbury, NJ
Joseph Morgan, ISAT; Reston, VA
Whitney Morris, Health Sciences; Vinton, VA
Dustin Moyer, ISAT; Dayton, VA
Jamie Munnis, Kinesiology; Downingtown, PA
Elizabeth Myers, Kinesiology; Elkridge, MD
Lauren Myers, Nursing; Camp Hill, PA
Rebecca Nakles, ISAT; Sterling, VA
Abigail O'Connell, Health Services; Westminster, MD
Jessica Oglesby, ISAT; Richmond, VA
Caitlyn Ohme, CSD; Hillsdale, NJ
Rebecca Oliver, Psychology; Fairfax, VA
Dana Oller, Athletic Training; Hasbrouck Heights, NJ
Joshua Ott, Kinesiology; Stuarts Draft, VA
Jenna Paddol, Kinesiology; Beverly, MA
Andrea Panlak, Kinesiology; Harrisonburg, VA
Kristen Pelosky, ISAT; Virginia Beach, VA
Ashleigh Pepin, Health Sciences; Great Falls, VA
Jennifer Peters, Health Sciences; Roanoke, VA
Jennifer Piantedosi, Kinesiology; Herndon, VA
Jennifer Pic, Psychology; Burke, VA
Laura Pitrelli, Kinesiology; Burke, VA
Allyson Plemmons, Psychology; Goshen, VA
Michelle Poling, Dietetics; Springfield, VA
Michael Portegies-Zwart, ISAT; Rome, Italy
Bethany Posta, CSD; Chesapeake, VA
Heather Potts, Psychology; Lovettsville, VA
James Price, ISAT; Harrisonburg, VA
Sara Pritt, Health Sciences; Manassas, VA
Kelly Pugh, ISAT; Chantilly, VA
Christina Razionale, Nursing; Ardmore, PA
Kristen Reynolds, Kinesiology; Beverly, MA
Lucian Reynolds, ISAT; Harrisonburg, VA
Melissa Rhodes, Health Sciences; Midlothian, VA
Christine Ridolfi, Psychology; Hudson, OH
Resuscitating people, administering drugs and driving an ambulance were not typical responsibilities for college students. However, these actions became everyday duties for volunteer members of the Harrisonburg Rescue Squad, juniors Erica Bennetch and Stephen Richardson.

Bennetch and Richardson were both trained emergency medical technicians (EMTs) for the local all-volunteer rescue squad. Richardson was a health science major with a minor in biology, while Bennetch was a nursing major with a minor in nutrition.

Richardson started volunteering at age 14 at East Hanover Volunteer Rescue Squad in Mechanicsville, Va. He joined the Harrisonburg Rescue Squad in spring of 2004. "I have always had a love for helping people in need and an interest in the medical field," said Richardson.

On the other hand, Bennetch had never worked with a rescue squad before coming to the university, but knew someone who volunteered and encouraged her to join. "I wanted to join because it would give me experience in emergency medicine and the majority of the people who volunteer are in the medical field," said Bennetch.

Once they decided to join, Richardson and Bennetch had to endure an intensive training period. New members were required to shadow a member during two observer shifts. Then they submitted an application and became probationary members for a six-month training period. During that time they were trained in patient care, including first aid and CPR. They also took a course on driver and emergency vehicle operating. Finally, they had to enroll in an EMT class within one year of joining.

Recounting her training period, Bennetch said, "At first I thought everything was very overwhelming. Unpacking his equipment, junior Stephen Richardson prepares for an evening shift. A volunteer's shift could last up to 12 hours. Photo by Reve TenHuisen"

but everyone is so friendly. Everyone is willing to take time to answer any questions you have." Bennetch was certified as an EMT-Basic, which allowed her to give basic life support, from administering basic drugs to immobilizing patients with spinal or neck injuries.

Richardson was certified as an EMT- Enhanced. "This takes my skills a step further and allows me to perform Advanced Life Support by giving IV's and drugs, as well as intubating patients to breathe for them when necessary," Richardson said. He was also a Vehicle Extrication Technician, which allowed him to use the Jaws of Life to cut people from cars.

Once trained, the volunteers chose the amount of time each month they were willing to be scheduled for based on their type of membership. Bennetch and Richardson were both senior members, which required them to work five shifts of either six or 12 hours each. A typical shift began by checking the equipment, making sure supplies were stocked and cleaning the station. When volunteers were not on a call, they could eat, work in the homework room, take a nap in the bunkroom or watch TV or a movie.

When a call came in, a crew was always ready to leave for the scene. Upon arrival, they decided what help the patient needed. If necessary, they took the patient to Rockingham Memorial Hospital. At that point they stocked up on supplies and returned to the station or responded to another call.

Although being on the squad was stressful at times, both Bennetch and Richardson agreed the rewards outweighed the costs. "I have gained leadership skills, decision making skills, patience and confidence in my abilities to help others, as well as making many good friendships and a connection to the community," said Richardson. "I hope to always volunteer at a rescue squad; it has been such a big part of my life for so many years I wouldn't know what to do without it."

Bennetch also hoped to continue volunteering with a rescue squad in the future. "I think this will be part of my life for a long time," she said. "Every once in a while you get a call where it's depending on you and your crew to save someone. Bringing someone back is the greatest feeling. I've never felt that way, that's the reason you are there to volunteer."
Laura Roach, Recreation Studies; Hendersonville, NC
Robert Robey, Psychology; Ferrum, VA
Adriana Rocabado, Kinesiology; Falls Church, VA
Katie Rose, Psychology; Ramsey, NJ
Allison Rossi, Health Sciences; Easton, PA
Jennifer Rudy, Psychology; Stafford, VA
Stefani Ryan, Computer Science; Hampton, VA
Ashanti Samuel, Health Sciences; Sterling, VA
Elizabeth Scerbo, Recreation Studies; Falls Church, VA
Pamela Schardin, Psychology; Andover, MA
Jeffrey Scheerer, ISAT; Hunt Valley, MD
Danika Schmitt, ISAT; Harrisonburg, VA
Samantha Schwebel, Nursing; Petersburg, VA
David Seidman, ISAT; Lynchburg, VA
Diana Sierra, Social Work; Reston, VA
Kristin Sorrells, CSD; Glenarm, MD
Chris Spencer, Kinesiology; Reisterstown, MD
Amanda Spivey, Psychology; Smithfield, VA
Adam Stanislawski, Kinesiology; Fredericksburg, VA
Heather Stewart, Health Sciences; Stafford, VA
Kevin Stutts, ISAT; Virginia Beach, VA
Amy Switzer, Psychology; Alexandria, VA
Kendall Szafranski, Health Sciences; Fredericksburg, VA
Jessica Tanner, Athletic Training; West Milford, NJ
Danielle Taylor, Kinesiology; Stuarts Draft, VA
Lauren Ternill, Psychology; Vienna, VA
Lauren Tittle, Psychology; Springfield, VA
Laura Troutman, Health Sciences; Manassas, VA
Emily Turnage, Psychology; Poquoson, VA
Donald Walters, Kinesiology; Madison, VA
Paul Wantuck, Kinesiology; Manassas, VA
Tara Ward, Psychology; Bassett, VA
Tiffany Watson, Psychology; Winchester, VA
Jame Webb, Psychology; Peasantsburg, VA
Kacie Welsh, Social Work; Morris Plains, NJ

208 classes
Brendan Whitaker, Psychology; Doylestown, PA
Anita Wiley-Holman, Psychology; Arlington, VA
Nathan Wilkinson, Computer Science; Lebanon, NH
Christopher Wilson, ISAT; Harrisonburg, VA
Ardaith Winslow, Health Sciences; Martinsville, VA
Samantha Winters, Kinesiology; River Edge, NJ
Christine Wishmyer, CSD; Stafford, VA
Sarah Womble, Kinesiology; Chesapeake, VA
Lindsay Woolfolk III, Kinesiology; Charlottesville, VA
Kristin Yanchuleff, CSD; Harrisburg, PA
Brittany Yates, Kinesiology; Virginia Beach, VA
Jenny Yoo, Health Sciences; Woodbridge, VA
Ashley Young, ISAT; Mechanicsville, VA
Phillip Yudson, Kinesiology; Arlington, VA
Julia Yuskavage, Dietetics; Springfield, VA
Rachel Zauner, CSD; Colonial Heights, VA
Thomas Zbell, ISAT; Mechanicsville, VA
Michelle Zinda, Psychology; Ashburn, VA
210 classes

215 Science and Math Learning Center

college of science &
science & mathematics
ON THE MOVE

MISSION
The College of Science and Mathematics is dedicated to excellence in education and research. Our outstanding programs are student-centered and designed to prepare students for responsible positions at all levels in research, industry, education, medicine and government.

MAJOR-SPECIFIC ORGANIZATIONS
Alpha Chi Sigma
American Chemical Society Student Affiliate Chapter Association for Women Geoscientists
Beta Beta Beta
EARTH
Geological Society of America
Geologists
Geology Club
Iota Sigma Pi
Mathematics and Statistics Club
Pi Mu Epsilon
Pre-Pharmacy Society
Sigma Gamma Epsilon
Society of Physics Students
Virginia Biotechnology Association

DEPARTMENTS
Department of Biology
Department of Chemistry
Department of Geology and Environmental Studies
Department of Mathematics and Statistics
Department of Physics

Part of the College of Science and Mathematics moved into its new home this year, located in The Physics and Chemistry Building, adjacent to the Health and Human Services Building. The geology department was relocated to Memorial Hall, site of the former Harrisonburg High School.

Housed on the first floor of Burruss Hall, the immersive visualization system (IVS), or video wall, gave students a unique way to visualize complex mathematical problems or find themselves deep in the sea. The IVS was comprised of over 70 flat-screen monitors attached to each other and was an innovative tool for all students of the College of Science and Mathematics.

While most majors required endless in-class lecture courses in order to graduate, geology majors spent over a month in Colorado and New Mexico through a required six-credit course run by North Carolina State and the University of North Carolina. The program, the Summer Geology Field Program, was commonly referred to as field camp and gave geology majors hands-on experience in a style of mapping that was a vital skill for geologists to learn. This year would be the first year the university led field camp. Dr. Steven Whitmeyer, previously of Boston University, joined the geology department's faculty and decided to implement Boston University's field camp program held in Ireland.

Senior Michelle Summa said that there were numerous technological devices to do the type of work they were doing, but that geologists could not always rely on instruments. "It's good to have different people mapping the same area and having different interpretations. There is never one right answer as to why things have geologically occurred the way they have at a site," she said.

Through the program, the students gained invaluable experiences to apply to their future careers as geologists. "The best geologist is the one who has seen the most rocks, and the rocks out west are nothing like you find here in this part of the country. You can't learn geology from a book, you have to go experience it first hand," said Summa.

DEAN'S OFFICE
Dr. David F. Brakke, Dean
Dr. Judith A. Dilts, Associate Dean
Dr. Robert Hanson, Assistant Dean
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Story written by Sara Wist.
Information compiled from http://csm.jmu.edu/.
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Lyndsey Ammermuller, Mathematics; Pennington, NJ
Michelle Berardino, Biology; Damascus, MD
Sarah Best, Biology; Oakton, VA
Tanya Blackburn, Mathematics; Radford, VA
Caroline Boyd, Biology; Gainesville, VA
Heather Branscome, Biology; Fredericksburg, VA
Nicole Brehm, Chemistry; Aberdeen, Scotland
Lori Brunina, Mathematics; Centreville, VA
Jonathan Brunn, Chemistry; Virginia Beach, VA
Jennifer Canatsey, Mathematics; Centreville, VA
Leah Carpenter, Biology; Vienna, VA
Elizabeth Carter, Biology; Milford, CT
Beth Chenoweth, Biology; Weyers Cave, VA
Heather Clingenpeel, Biology; Portsmouth, VA
Christine Colton, Chemistry; Roswell, GA
Denise Conley, Biology; Elkton, VA
Michelle Curtis, Chemistry; Yorktown, VA
Jason de la Bruyere, Biology; Allendale, NJ
Kristen Donnelly, Chemistry; Madison, VA
Pamela Dopart, Chemistry; Rahway, NJ
Kimberly Dusebout, Mathematics; Mantvale, NJ
Tamara East, Biology; King George, VA
Michael Emswiler, Biology; Herndon, VA
Kasey Fisher, Chemistry; Waynesboro, VA
Laura Goodmg, Mathematics; Vienna, VA
Casey Gunderson, Biology; Brookline, NH
John Hall, Physics; Stafford, VA
Anne-Marie Hambrick, Mathematics; Springfield, VA
Scott Han, Biology; Oakton, VA
Jennifer Helmke, Chemistry; South Riding, VA
Cathryn Hodukavich, Biology; Arlington, VA
Michelle Hutchens, Mathematics; Waynesboro, VA
Adaku Iwueze, Biology; Fairfax, VA
Eun-Hee Joo, Mathematics; Fairfax, VA
Lauren La Croix, Geology; Fairfax, VA
Krysia Magnuson, Biology; Chevy Chase, MD
Gurpreet Mann, Biology; Chantilly, VA
Maggie Metzler, Chemistry; Independence, OH
Carolyn Miller, Mathematics; Culpeper, VA
Matthew Miller, Physics; Herdon, VA
Jennifer Milnes, Biology; Forest, VA
Kristen Mullen, Geology; Fairfax, VA
Matthew Musgrave, Physics; Oak Ridge, TN
Rebecca Myers, Biology; Las Cruces, NM
John Norman, Biology; Holbrook, NY
Timothy O’Brien, Geology; Lovettsville, VA
Crystal Ottey, Biology; Culpeper, VA
Rachel Posner, Geology; Richmond, VA
Timothy Pote, Physics; Stafford, VA
Brittney Potter, Chemistry; Woodbridge, VA
Tank Raab-Hamdam, Biology; Ashburn, VA
Ashley Robinson, Biology; Friendsville, MD
Sarah Rubino, Biology; Clifton, VA
Robert Sas Jr., Geology; Falls Church, VA
Megan Scott, Biology; Burke, VA
Erin Simon, Biology; McLean, VA
Anna Skipper, Mathematics; Chesapeake, VA
Fallin Snyder, Mathematics; Chesapeake, VA
John Szarka, Statistics; Rising Sun, MD
Ashley Utsch, Mathematics; North Cape May, NJ
Maureen Warman, Mathematics; Norfolk, VA
Allison Watts, Biology; Chesapeake, VA
John Weigel, Geology; Hopewell, VA
Jessica Wilhelms, Mathematics; Roanoke, VA
Jennifer Wood, Biology; Charlottesville, VA
Jessica Zetelski, Chemistry; Rutherford, NJ
learning SUPPORT

The phrase "science and math are not spectator sports," was posted on the Science and Math Learning Center Web site, as most students who had taken some form of math and science could attest to. In math and science intensive courses, it was sometimes impossible to sit back and just listen and not take notes. It could be even more difficult for those people who did take notes, but just could not grasp the concepts. For this reason the College of Science and Mathematics provided the Science and Math Learning Center (SMLC); an informal, helpful tutorial facility geared for students needing help in first-year math and science courses.

Math coordinator Charles Cunningham and science coordinator Mark Mattson headed up the SMLC. Along with them were 18 undergraduate tutors who worked on a part-time basis. The SMLC, which was located in Wilson 102, was described as "a casual walking facility, where people are encouraged to come get help and work in groups or alone," said Cunningham.

There was one large room with dry erase boards lining the walls full of math equations and figured-out solutions that hinted of physics and chemistry. The center also provided clusters of tables where students were able to work in groups and confer with one another. In case of overflow, there were three smaller rooms, which also housed computers.

The center was originally just a math lab in Burruss Hall directed by Cunningham until the College of Science and Mathematics decided to move it over to Wilson, which allowed for more students to come in at a time. "We averaged about 5,000 students who came in last semester," said Cunningham. Between 70 and 75 students visited the SMLC per day.

To become a tutor, students had to apply for the position, which included submitting an application, recommendations and the amount of experience they had with the subject. "It is good for students to get help from their contemporaries," said Cunningham.

Senior Christy Koelling, who had been a tutor since last spring, thought tutoring would help her in future endeavors. "I would like to teach math at a university, so I thought tutoring college students would be a good way to start. And it has really helped me a lot," said Koelling. "It's one thing to understand the material, but it's quite another to teach it to someone else. Tutoring has helped me with my understanding of math more and has also helped me learn methods of teaching the material to other people."

The SMLC helped students struggling with coursework or those who just needed a refresher on some material. "I was in Math 103 without a textbook and although I went to class regularly it was still difficult for me. I'm definitely one of those people that needs someone to walk them through steps in math a few times," said junior Joelle Nebel. "So going to the center assured me that I would get the help I knew I needed. Plus I knew a lot of other kids in my class went there, so I felt comfortable going."

Other students such as junior Audrey Dorfman found the help they needed at the SMLC. While taking GSCI 101, Dorfman went to the center to prepare for an exam. "When I went to the center my tutor was so helpful and even took the time to re-teach some basic stuff I should've known but didn't," said Dorfman.

The SMLC was a very helpful tool for students and was open Monday through Friday. "This place gives students a free place to study and get help with their work. It's frustrating to work on math or science homework by yourself because if you get stuck on a problem, it may take hours to figure it out," said Koelling. "But if you work on it at the SMLC, there are people there that can point you in the right direction. Sometimes all you need is a hint."

BY KATIE FITZGERALD

Motioning to the board, freshman Jayne Penne asks Professor Mark Mattson for help on a problem. In addition to professor instruction, there were also satellite facility evenings in Burruss Hall for statistics. Photo by Sarah Thomas.
college of visual & per
visual & performing arts
SUCCESS ON THE STAGE

DEAN'S OFFICE
Dr. Marilou Johnson, Dean

MISSION
The College of Visual and Performing Arts is founded on the belief that artistic expression reveals the essential nature and diversity of human experience. The college emphasizes traditional practices as well as contemporary methods in a stimulating environment where students can create, perform, interpret, research, teaching and think critically about the arts.

MAJOR-SPECIFIC ORGANIZATIONS
Concert Band
Marching Royal Dukes
Chorus
Alpha Psi Omega
Children's Playshop
Contemporary Dance Ensemble
Dance Studio Productions
Dance Theater
Experimental Theatre Productions
Mainstage Productions
Stratford Players
Virginia Repertory Dance Company

Previously part of the College of Arts and Letters, the Schools of Theatre, Dance, Music, Art and Art History split off this year to create its own College of Visual and Performing Arts.

The School of Theatre and Dance provided students with a multitude of performance opportunities, with over 30 productions a year including "Alice in Wonderland," "How to Fall Apart" and "Boy Gets Girl." To become a student in the School of Theatre and Dance, interested students had to do more than just fill out a change of major form; they also had to audition for admission and placement. The school also offered a minor with options in theatre and dance.

More than 700 students made up the School of Art and Art History, with concentrations ranging from art history and studio art to interior and graphic design. "To me, art history provides the freedom to study areas of modern life where different perspectives converge," said senior Sara Christoph. "It incorporates history, psychology, anthropology and sociology into the study of aesthetics and forces you to re-evaluate the way you look at the world."

As one of the original programs offered by the university when it first opened its doors in 1908, the School of Art and Art History offered students "a wide range of learning experiences designed to encourage independent thought and creativity, and to develop a deeper appreciation of important artistic achievements throughout world history," according to the school's Web site.

The School of Music offered a Bachelor of Music in performance, music education, music industry, composition or music theatre. Performance ensembles such as the chamber orchestra, the guitar ensemble and the trombone choir, sponsored by the School of Music, gave students the chance to develop their musical skills outside the classroom.

DEPARTMENTS
School of Music
School of Art and Art History
School of Theatre and Dance

Story written by Sara Wist.
Information compiled from http://caal.jmu.edu/ and Dr. Marilou Johnson.
Catherine Adams, Graphic Design; Williamsburg, VA
Kathryn Adams, Art Ed.; Richmond, VA
Diana Aldrich, Graphic Design; Newport News, VA
Matthew Arnold, Music Performance; Barboursville, VA
Catherine Babbie, Studio Art; Stafford, VA
Kristen Blanco, Studio Art; West Chester, PA
Shelly Blecha, Art History; Springfield, VA
Rebecca Boarman, Graphic Design; Ellicott City, MD
Erin Bush, Graphic Design; Dale City, VA
David Campione, Studio Art; Fairfax, VA
Lauren Childs, Studio Art; Jackson, NJ
Gina Currence, Musical Theatre; Timberville, VA
John Dearce, Industrial Design; Virginia Beach, VA
Jessica Dellinger, Music Industry; Mount Jackson, VA
Jennifer Edwards, Art Ed.; Fairfax, VA
Melissa Fodor, Music Ed.; Toms River, NJ
Amy Gebhardtsbauer, Studio Art; Burke, VA
Chris Gillispie, Studio Art; Richmond, VA
Gillian Ginter, Graphic Design; Centreville, VA
Kimberly Gower, Dance; Walkersville, MD
Brian Hahn, Studio Art; Manassas, VA
Lauren Harmata, Music Ed.; Newtown, CT
Ian Henderson, Industrial Design; Woodbridge, VA
Timothy Hogan, Studio Art; Fairfax, VA
Millie Juraschek, Theatre and Dance; Purcellville, VA
David Keltomic, Studio Art; Richmond, VA
Anne Kovarik, Music Ed.; Glen Burnie, MD
Kristin Kupetz, Theatre and Dance; Chesapeake, VA
Ashley Langford, Music Ed.; Richmond, VA
James Lawlor, Theatre and Dance; Centreville, VA
Mayela Lopez, Graphic Design; Reston, VA
Kristen Madairy, Studio Art; Phoenix, MD
Marcus Manderson, Music Industry; Woodbridge, VA
Christine McCann, Art; Collegeville, PA
Michele Milam, Vocal Performance; Harrisonburg, VA
Alexis Millan, Studio Art; Arlington, VA
Karen Mills, Dance; Richmond, VA
Christina Mohn, Graphic Design; Fairfax, VA
James Myers, Music; Burke, VA
Melody Neff, Studio Art; Harrisonburg, VA
Ashley Parks, Dance; Richmond, VA
Kelly Pedersen, Studio Art; Williamsburg, VA
Colleen Pettie, Musical Theatre; Williamsburg, VA
Kristen Post, Graphic Design; West Chester, PA
Scott Reamy, Industrial Design; Centreville, VA
Lucas Sackett, Music Ed.; Roanoke, VA
Deborah Schoelwer, Art Ed.; Arlington, VA
Matthew Schucker, Music Ed.; Lancaster, PA
Kirsten Sihlamick, Graphic Design; Forest, VA
Robin Smith, Graphic Design; Clarksville, MD
Catherine Stark, Studio Art; Newton, NJ
Angela Stellute, Musical Theatre; Hampton, VA
Evan Stepowany, Graphic Design; Manchester, NJ
Carrie Stevens, Theatre; Nelson County, VA
Charles Stout, Music Ed.; Hanover, VA
Omar Thomas, Music Ed.; Bear, DE
Daniel Tilman, Music Ed.; Falls Church, VA
Elizabeth Tobin, Studio Art; Stephens City, VA
Megen Tomlinson, Interior Design; Norfolk, VA
Jinnie Whipp, Graphic Design; Frederick, MD
Adrienne Williams, Art Ed.; Chester, VA
Jessica Wimmer, Interior Design; Hardy, VA
The tiny office with high ceilings was filled with relics of a life well-lived. Books such as, “Support and Seduction: A History of Corsets and Bras” and “Jocks and Nerds: Man’s Style in the 20th Century,” stacked up to the ceiling and lined the walls. Soft classical music played in the background and postcards from around the world from former students and good friends decorated the walls along with tons of happy pictures. This cozy office belonged to Dr. Pamela Johnson, a professor of the School of Theatre and Dance who taught at the university for 30 years and helped revamp the theatre program.

Johnson, who attended the University of Maryland Washington and the University of Virginia and finished her graduate degree at the university, taught many costume design classes such as Visual Aspects, History of Costume and Costume Design, which was her area of expertise. “I love teaching design because I’m very interested in the aspect of ‘we are what we wear,’” said Johnson. “Fashion is evidence of who we are. It is a social science in identity, which interests me very much.”

Johnson was constantly thinking up new material to help her students learn. “I like to find out what my students are interested in and use that to help them learn,” said Johnson. For example, she found out one of her students was an equestrian, so when the class got on the subject of abstract art, Johnson showed the student slides of Debra Butterfield’s abstract sculpture of horses. “I like to make connections,” said Johnson.

Sophomore Stephanie Ganacoplos’ first production was “Chaucer in Rome” and she remembered at first feeling very scared and intimidated at the thought of working with a higher level group of people. Yet, at the first rehearsal Johnson immediately put Ganacoplos at ease with her warm and encouraging demeanor. “She gave me confidence as she didn’t treat me any differently than the other cast members who had been in prior college performances,” said Ganacoplos. “She gave me constructive criticism, but you never left feeling poorly about yourself. When you leave Pam, in general, you leave feeling like someone really cares about you.”

Junior Brynn Dorsey, who worked for Johnson as a student assistant, agreed that “Pam is very direct and she will always tell you if and how you can improve on something, but she is extremely positive too.”

Johnson loved to teach because she felt it was so easy to be invigorated by the ‘eternal fountain of youth.’ “I love the exchange between students and teachers. I always say that it’s a partnership,” said Johnson. “Education is a circuit; I both give and get back from my students. Students and teachers make each other better.” Despite the many honors Johnson received, such as the Kennedy Center American College Theatre Festival Outstanding Teacher Award, her most honored award was receiving one of the 2005 Distinguished Teacher Awards. “This award had a tremendous amount of meaning to me,” said Johnson. “When it is confirmed that what you love to do so much you’re actually good at, that’s huge.”

Sophomore Lauren Meyer took Visual Aspects with Johnson. “She’s a tough professor, that’s no lie, but it’s so rewarding to get her approval in the end,” said Meyer. To Johnson, it was important for her students to have ownership and to see their own responses. “I love painting my students into a corner and forcing them to think on their own,” said Johnson.

Along with teaching classes, Johnson also directed the orientation skits and directed a play for the JMU Children’s Playshop each summer. Also, every few years, Johnson directed a play at the university. Her most recent one was “Chaucer in Rome,” which debuted last year. “I like directing because I enjoy the whole production process and everything being orchestrated,” said Johnson. “I have an appetite for details and it’s nice to stand back like a painter and look at the whole piece.”

Considering all the factors regarding the play’s characters, Pamela Johnson works with students in her costume design class. Johnson won the national fellowship in Costume Design for the Kennedy Center Design Intensive. Photo by Mindi Westhoff.
224 Steve Grande
227 Exit247BFlat Project
228 Walls Sisters
231 JMads Lounge
232 Leadership Class
235 Hall Director
236 Ben Willson
239 Hillary Wing-Richards
underclassmen
Upon hearing someone talking about that "crazy, enthusiastic guy with the long hair at orientation," students automatically knew to whom he or she was referring. Steve Grande had been a proud member of university staff for 13 years. He started out as the coordinator of Community Service Learning in 1993 and then returned in January as the Director of Orientation, the job everyone knew and loved him for. He said it was the student-centered nature of the university and the amazing students that turned him on to working here.

“I am passionate about creating an environment where students can reflect on themselves and find some consistency between our actions and our values,” said Grande.

As Albert Camus wrote, “There can be no happiness if the things we believe in are different than the things we do,” said Grande.

As Director of Orientation, Grande had the opportunity to work with students to develop new programs each year for a bigger and better orientation. He said he was very proud of the fact that the students never “rested on their laurels” and that they knew they could always be “better and more inclusive.” Every year they worked hard to make each year the best orientation it could be, and in doing so impressed not only the students at the university, but also other universities across the nation.

“The First-Year and Transfer One Books have been interesting because universities all over the U.S. have contacted us and are trying to replicate what we’ve done. These publications and Web sites are unique because they are products of a very collaborative environment that is fairly unique to JMU,” said Grande. “We are always trying to get closer to the JMU mission as well as our mission: Helping students be active and authentic participants in the JMU learning experience. All the best ideas have come from the students. Whenever we’ve been successful or been applauded for coming up with a unique solution, it’s because we listened.”

Not just anyone could have a job like Grande’s. It took a great deal of dedication, determination and an unyielding willingness to stretch muscles further each year to achieve the aforementioned goals. And while he accredited a lot of his mental preparation to Lester Bowers’ “fair trade coffee” in Staunton, Va., there were certain innate qualities he possessed that made him perfect for his job.

“I have to work every day to be qualified for my job. I tend to be energetic, enthusiastic, affirming, appreciative of differences, critical and heavily invested in the development of students,” said Grande. “I have to work on staying abreast of current literature, assessing our goals and objectives, being a good supervisor and director and learning about others and myself.”

While his job could be mentally demanding, the rewards he gained were worth it. He thought he would only hold the position for four years, but the positive results he received made him fall in love with his work. Some of his favorite aspects of the job were the energy and insights he got from working with students, the reward of serving others, the opportunity to reflect on issues of diversity and the fact that his job never stayed the same; he got to try something new everyday.

Speaking to a group of incoming freshmen, Grande welcomes participants of Summer Springboard. Grande constantly tried to insert fun into the program, referring to the flyers in their welcome packet as "cream corn yellow" and "avocado green." Photo by Mindi Westhoff.
Margot Aaronson, 2008
Dana Aboulafia, 2007
Lindsey Adler, 2007
Sasson Afshan, 2009
Emily Aikman, 2007
Sandra Aja, 2007

Victoria Akins, 2008
Ashley Alexander, 2008
Brian Alexander, 2009
Colt Allgood, 2009
Lana Amer, 2009
Kristin Andrews, 2008

Kelly Anglim, 2009
Kristen Angster, 2007
Doug Arms, 2009
Bryan Ausink, 2009
Alexander Bailey, 2009
Amanda Banks, 2009

Kacey Bardwell, 2009
Courtney Barnes, 2009
Del Ciela Basilio, 2008
Mark Bauman, 2008
Allison Beisler, 2008
Elizabeth Bihn, 2009

Claire Billups, 2009
Rachel Blanton, 2009
John Boggess, 2007
Marianne Bonaroti, 2009
Landry Bosworth, 2009
Gillian Bowman, 2009

Tanya Brace, 2009
Nadine Bradley, 2007
Carolyn Bradshaw, 2008
Nicole Bradshaw, 2009
Gwendolyn Brantley, 2007
Jessica Brazil, 2008

Leah Breitenberg, 2009
Joanna Brenner, 2009
Elizabeth Brosmer, 2009
Keisha Brown, 2007
Monica Brown, 2009
Laura Brugh, 2009

Kimberly Burkett, 2007
Joshua Burnette, 2009
Colin Bussert, 2009
Alyson Butler, 2009
Alexander Byland, 2008
Joe Callis, 2007
Amy Caouette, 2007
Elizabeth Carpenter, 2008
Kayla Carter, 2009
Tarin Carter, 2009
Jennifer Cartis, 2007
Amanda Casella, 2009
Monica Cerasoli, 2007
David Champagne, 2008
Ross Chilcoat, 2009
Sara Christensen, 2008
Lindsay Church, 2007
Carlton Clardy, 2007
Jessica Clatterbuck, 2009
Erin Closter, 2008
David Coffey, 2007
Matthew Cogossi, 2009
Ben Cohen, 2008
Melissa Coleman, 2008
Thomas Connolly, 2009
Christine Connors, 2009
Susan Cook, 2008
Courtney Cornwell, 2009
Heather Cote, 2009
Bryan Couch, 2009
Kiara Cox, 2009
Stephen Cox, 2009
Jamie Coyle, 2008
Charlotte Cribb, 2008
Katie Criswell, 2008
Christine Dale, 2008
Nancy Daly, 2008
Laura Daniel, 2009
Kristen Darby, 2008
Avery Daugherty, 2007
Kathryn Daughtry, 2009
Megan Davis, 2009
Daniel Dellicolli, 2007
Sierra Delrue, 2009
Meghan DeSanto, 2007
David Dickenson, 2009
Kalena Dietlem, 2009
Chris Dilbeck, 2009
Rebecca Dixon, 2008
Courtney Doby, 2009
Mary Dodson, 2007
Jennie Doll, 2008
Helen Donovan, 2009
John Drake, 2009
A group of scantily clad guys wearing boxers, buttoned-up dress shirts and ties ran through the crowd toward the stage. They dazzled the crowd with their singing, their dancing and their risqué body language. But it was not because they had amazing voices or impeccable dance moves; it was quite the contrary. In fact, their singing made William Hung sound like Frank Sinatra and their dancing, well...let's just say they could not compare to Fred Astaire.

They were Exit 247BFlat Project, a group of guys from Student Ambassadors, who spoofed the performances of the eight a cappella groups on campus, particularly Sinatra and their dancing, well...let's just say they could not compare to Fred Astaire.

The group made their debut performance during Operation Santa Claus in 2003. Since then, they made annual performances at that event, Relay for Life and Sunset on the Quad. At Operation Santa Claus, the group opened with “Jingle Bell Rock” and mirrored the dance shown in the movie “Mean Girls.” Senior Ray Bracken performed the solo of “Santa Baby.”

“We all have a lot of fun being in the group,” said Bracken. “It gives us a chance to show the JMU community that Ambassadors has a great sense of humor and lots of pride in bringing good entertainment to JMU, especially the ladies. For the most part, practices are a collaborative effort by all males involved and are planned on the whim to create a fresh act every single time.”

Other songs performed by the group included Kelly Clarkson’s “Since U Been Gone” and a classic Michael Jackson hit. They also wowed crowds with Mariah Carey’s “All I Want for Christmas Is You.”

To prepare for their performances, the guys held two practices about an hour and a half in length. During practices, they conducted brainstorming sessions, created the vocals and dance moves and finally polished the act. Practices were not entirely critical; however, as improvisation was typically the highlight of their performance. Many members of the group helped choreograph the group’s dance to “Don’t Cha” by the Pussycat Dolls.

Although the guys were not the conventional a cappella group the university was used to seeing, they were definite crowd pleasers for any audience, particularly the ladies. “Despite our less than par singing and dancing we swoon the girls,” said Bracken. “We’re in high demand and we have no bars when it comes to really showing off some thigh.”

“Showing some skin, the guys of Exit247BFlat Project perform “Santa Baby” clad in festive Christmas boxers. The group was formed in 2003 by graduate Lindsay Blackman and other members of Student Ambassadors. Photo courtesy of Ray Bracken.”
three's
A CHARM

In August, a new asset to the university moved into Frederikson Hall: triplets. Freshmen Ashley, Lauren and Melissa “Missy” Walls, elite field hockey players from New Jersey, set up their second home in Harrisonburg. Attracted to campus by “the field hockey teammates, coach Antoinette Lucas and the atmosphere at JMU,” said Missy, the three girls brought to campus a storied background in field hockey: they all played for a Junior Olympic team and were selected to the All-Olympic American Conference team for three years. Their high school team, Eastern Regional of Berlin, N.J., was state champion for six years in a row and ranked No. 1 in the United States during the Walls’ high school years.

“When we were sophomores in high school, we knew that we would all apply and go to the same college,” said Missy. “With the exception of some club teams, we have generally played on the same field hockey team for most of our lives.”

This year the team made it to the Colonial Athletic Association (CAA) tournament but lost in the first round. “There is always next year,” said Lauren. “We really made some improvements this season, both personally and as a team.”

One improvement that Lucas had to make was telling the girls apart. “At first, coach confused us and called us by the wrong names,” said Lauren. “We got used to people staring, trying to figure out which one is which. It could be confusing for players on our team and on the other team; a lot of times people thought one of us was really fast because they kept seeing us all over the field, but it really was all three of us.” Lauren and Missy both played midfield, while Ashley played forward.

Ashley was named to the VaSID All-State Team, and also received All-CAA and CAA All-Rookie honors. Despite a broken hand, during the season she led the team in points, tied for goals and was second in assists.

On and off of the field, the girls were best friends. Their field hockey schedule kept all three busy; even during the off-season, they had to wake up for 6:30 a.m. practices. “Every day, we had to do something for field hockey,” explained Lauren. “Playing field hockey for a D-I school was a big commitment.” Surprisingly, the biggest adjustment for the triplets was not balancing their time with field hockey, but instead was figuring out where their classes were located and acquiring a familiarity with campus.

Their closest friends, apart from each other, were their field hockey teammates and their Frederikson roommates.

“Sometimes it felt like we were referred to more as ‘the triplets’ than as individuals. More often than not, people would just call each of us ‘Walls’ instead of by our first name, but we got used to that a long time ago. It was no big deal,” said Lauren. “I have grown up with two best friends, and I know I’ll always have someone to turn to.”

“Being apart from each other was difficult, because we shared so much,” said Missy. “If one of us went away for the weekend, we had to be careful about what we left behind for the other two because a lot of what we own is shared between the three of us. But again, it was no big deal. It was nice having three times the amount of clothes!”

All of the girls cited the campus scenery, friendly atmosphere and location as reasons for their attraction to the university. “Plus, it was really only four hours away from home,” added Lauren. Luckily, the road from Berlin to Harrisonburg was not long, and the Walls triplets looked forward to three more years of bringing their triple threat to campus.

BY DANA WEISMULLER

Reminiscing with their high school coach, Lauren, Ashley, and Melissa Walls stand outside of Godwin Hall. Daily practices usually lasted from one to three hours. Photo by courtesy of Lauren Walls.
Katie Haldeman, 2008
Kristen Hall, 2009
Stefanie Hamilton, 2009
Elizabeth Hannigan, 2008
Lindsay Harmon, 2008
Megan Harmon, 2007
Caitlin Hartigan, 2007
Holly Hartman, 2009
Lora Harvell, 2007
Brittany Hawes, 2009
Krista Heddench, 2007
Tracy Heitfield, 2009
Marianne Heldmann, 2008
Lindsey Hemphill, 2009
Tara Hepler, 2008
Katie Hickey, 2008
Laura Higgins, 2007
Leslie Hindman, 2009
Jessica Hines, 2007
Philomena Hoar, 2007
Elizabeth Hochkeppel, 2007
Courtney Hodge, 2009
Ashley Hopkins, 2008
Brittany Horak, 2008
Jeana Horton, 2009
Jacob Housman, 2009
Nicole Hrusovsky, 2009
Jennifer Huggins, 2008
Sarah Irby, 2008
Sarah Jackson, 2008
Alex Jarvis, 2008
Kevin Jellerson, 2008
Kirsti Jespersen, 2007
Stephanie Johnson, 2007
Jessica Jones, 2007
Sarah Jones, 2009
Theresa Kattula, 2007
Didier Kayiji, 2008
Ashley Kehoe, 2009
Elizabeth Kelly, 2007
William Kenlon, 2007
Paula Keough, 2009
Westley Kern, 2008
Larry Kile Jr., 2007
Lauren Kimney, 2008
Chiquita King, 2009
Stephanie King, 2008
James Kokerolis, 2007
unwinding IN STYLE

Nestled in the heart of the Festival Conference and Student Center, JMads Sports Lounge offered students a different approach to relax and unwind after a busy day of classes. The lounge, located on the first floor of the Festival Conference and Student Center, differed from other lounges since it was more than just sofas and tables.

JMads featured two big screen TVs, Playstation 2, billiards tables, foosball, carpet pool, darts, air hockey, pinball and Internet service. Imagine an Internet café, arcade and pool hall rolled into one. But it was the huge bean bag chairs that got the most recognition. “I like the PS2 idea, and the big screen TV. And the bean bag chairs,” said junior Chris Wolf.

All the amenities in the lounge were free to students. The university information desk, located on the second floor, provided students with some PlayStation games, but only between the hours of 8 a.m. and 8 p.m. However, the lounge was available as long as the building was open.

However, the space was not always meant to be a lounge area. JMads was created over the summer of 2002, after E-Follett took over bookstore sales. E-Follett decided to consolidate the former Warren Hall bookstore and the Festival bookstore into the central building on campus today. Instead of converting the area back into regular dining space, JMads opened in the spring of 2003. The goal was to create a hangout spot for the students who lived on the Skyline side of campus, though it was available for use by anyone.

“I think it’s pretty nice. I mean, it’s quite cozy, kind of open so a lot of people can be in here,” said freshman Timmy Easley. “I mean, the pool table, the air hockey table, the free pinball machine, can’t beat that! Oh, especially the bean bag chairs.”

The sports lounge was the brainchild of the staff of Events and Conferences, which operated under University Unions. Events and Conferences handled the daily operations of the sports lounge, as well as other locations around campus, and the cost of JMads came out of their budget. However, the lounge was not a “programmatic” space, in that no funds were set aside specifically for its operation. As such, the space was added to on a piecemeal basis, as budgeting permitted. “We want to be a kind of JMU pride spot, as far as sports goes,” said Jeremy Hawkins, a staff member for the Festival Conference and Student Center.

There were plans in motion to continue upgrading the lounge. New furniture was ordered to replace the furniture already there. Also, plans were made to paint sports related murals along the walls and painted ceiling tiles. Other ideas were bounced around, though no formal commitments were made.

JMads offered students a place to relax or hang out with friends in a laid back environment. Whether it was for the pool tables or for the TVs dotting the walls, there was a little bit there for everyone to enjoy. Especially those bean bag chairs. “It’s mostly known for the bean bag chairs,” said Hawkins. “Everybody loves the bean bag chairs.”
inspired TO LEAD

There was a class on campus to which students really looked forward to attending. Dr. Mark Warner, vice president for student affairs, taught the university’s leadership class. The class met once a week and gave students the opportunity to learn leadership skills. "The class was without a doubt, the best class I’ve taken at JMU," senior Bree Mills said. "Tuesday evenings when we had class became the highlight of my week. It was a class you really wanted to go to and were sad if you ever had to miss!"

Warner’s class had been growing in popularity since he began teaching it in the late 1980s. At first he team-taught the class with another professor, but in the early 1990s Warner took over teaching the class by himself. "I don’t want it to be perceived as a class, but as an experience," Warner said. His class was non-lecture, and students gained skills and knowledge through discussions and group projects and presentations.

Warner taught one section of the class in the fall and two in the spring, each class holding about 40 students. "Dr. Warner’s class gives you a chance to approach leadership from an academic perspective," said senior Jessica Misner. "The readings and projects give you a solid background in leadership no matter what your major or anticipated career path may be. It is a phenomenal class to take as a senior. It is the perfect capstone for your college experience."

Warner aimed to make the variety of students in the class feel that they were in a “safe environment,” as Warner called it, in which to take risks and grow. Senior Anna Fitzgibbon said, "My favorite part of the class is the atmosphere that is created."

Through his motivational classes, Warner taught students to better understand leadership roles and provided them with experience to become the world’s future leaders. “I feel like Dr. Warner makes a special effort to emphasize how leadership is a service and it is the duty of the leader to learn about his or her team members in order to motivate them and turn them into leaders,” Fitzgibbon said. “This class, along with my experience, is showing me how leadership is a process that is handed down from one individual to the next, and the strength of one leader can impact the strength of the next.”

While the leadership class was the only class Warner had time to teach with his busy schedule, he described the class as the highlight of his week. He not only provided students with a learning experience, but was also inspired by them. “I love learning from the students, and I am always amazed by their quality of work. We always have fun,” said Warner.

An alumnus of the university himself, Warner truly cared about students, and was able to convey that passion in his class. "The person Dr. Warner is and the integrity that we can see in his every day life and work made us want to change the world," Mills said. "At the beginning of each class period, without fail, he wrote on the board 'you can make a difference,' and by the end of the class, we all had the confidence and courage to believe he was right.”

Directed his class, Dr. Mark Warner talks with students before presentations begin. Warner taught his popular class only on Tuesdays evenings. Photo by Nancy Daly
Logan IS FOR LUSK

BY MAGGIE MILLER

Not many students willingly lived on-campus all four years, but when senior Ashley Lusk had her first taste of residence life her freshman year, she was hooked. "Being a hall director was the next logical step when I discovered I had a passion for student affairs, particularly residence life," Lusk had participated in the First-Year Learning Community in Gifford Hall and loved it. This year, Lusk was given the opportunity to be the hall director of Logan Hall, labeled as the Second-Year Experience dorm.

"I knew that I wanted to help other students experience the same kind of community that I was able to have in a residence hall. The Second-Year Experience in Logan Hall is dedicated to developing educated and enlightened citizens who are strong leaders, successful students and engaged community members," Lusk said. "Everything we do in this building is geared toward helping our residents with that mission. It feels so good to know that everyday what I do makes a difference in someone’s experience. I do this because I make someone a stronger person and that makes me a stronger person too."

Unlike the resident advisers who worked one-on-one with the residents, being a hall director meant handling paperwork, working directly with the Office of Residence Life, holding one on one meetings with the resident advisers in addition to regular staff meetings and advising the Community Council.

"I have about 13 hours of meetings per week, depending on programs, which add two to four more hours and then add in hours of paperwork, helping people through situations and looking after the well-being of the students," Lusk said.

While some hall directors were graduate students, Lusk balanced a full course load in addition to her job. Lusk said the position was demanding, not only on her time, but on her energy and emotions as well. "Because I live where I work, I don’t have the opportunity to leave the struggles or stresses of my job at the office door," she said. "There are nights I don’t sleep well, because I’m thinking about someone who is two floors above me that might be having a personal struggle. But trust me, the rewards of this position, such as seeing someone figure out how to fix that personal battle, weigh much more than the stress."

Logan was one of the most active residence halls on campus. All residents applied for a spot in Logan and signed a contract that placed them in year-long leadership roles. Residents had to participate in at least three “Leadershops” per semester, which were programs aimed at developing students as leaders and enlightened citizens in the community.

“What makes Logan outstanding is that the building is full of motivated individuals who want to be here and who are active on campus,” said Lusk. “I also have a fantastic staff. We’re like family and we take care of each other when we’re going through the all-nighters or stressing over things. It’s rewarding to work with such motivated people.”

When the stress became too much, Lusk took a moment to enjoy her favorite thing about the university. “I love that the cupola rings the Fight Song at 5 p.m. I wait until five and go out and sit on the porch and just listen,” Lusk said. “And yes, I do know there aren’t any bells up there. Doesn’t matter. I love it.”

Discussing one of the week’s issues, senior Ashley Lusk holds a Logan Hall staff meeting. Logan Hall was renovated in 2004. Photo by Julie Gundrum
Laid-back. Goofy. Altogether unconventional. These words defined sophomore Ben Willson to a "t." As too few knew, his music also defined his character. A graduate of Patrick Henry High School in Ashland, Va., Willson found success early in his musical career.

On Sept. 19, Willson was signed to an independent music label, Stranger Than Fiction (STF) Records. The deal allowed him to put together a collection of six songs in an EP that were available for download from the record label's Web site. The label also booked a few performances. Willson's signing was almost entirely a coincidence, as he befriended the founder of STF Records, Mark Strong, who saw obvious talent in Willson, during the summer before his signing. What started as a friendship eventually led to an opportunity to spread his music on a larger scale.

Dominated by the sorrowful piano keys, Willson's sound had a signature all his own. His musical style was self-described as a cross between Ben Folds, Death Cab for Cutie and Coldplay. The songs displayed a range of topics, from the hypothetical discussion between a father and his gay son to a fun ballad about Willson's own friend.

The student–musician performed under the name of Benvolio. For literature enthusiasts, this name was familiar, as Benvolio was one of the Montagues in Shakespeare's Romeo and Juliet.

"Benvolio was too great a name to be left behind in the Shakespearean world, so I took it up as a nickname, and eventually grew with it as a secondary name," said Willson. "I had always had twists on my name coming from my family or from friends of mine, but nothing ever stood out as a true pseudonym for Ben until Benvolio came into the picture."

As for Willson's creative process, it all just came to him. "Either the music comes first and you move with it, or you just spout out words like a stream of consciousness. Words usually come first, though, with their own melody, and then I find the chords and the mood, that best suit them immediately afterward," he said.

His songs typically were based on past experiences or theoretical situations. The goal was for people to feel the musical connection with the words. "It's like eating something and smelling it, too," as Willson jokingly put it.

Record sales were expectedly slow, though not stagnant. In a nod to his independent label's nature, the label's Web site contained links to free music samples for interested buyers to preview the songs before downloading. After the first month of his record's release, sales began to slow since many of the initial downloaders were friends of his. Still, reviews from his listeners were extremely positive.

"Ben's music is fantastic. I bought his first EP online and have hounded him to get me copies of all his newer songs since," said junior Harry Orell.

Whether the new music deal was just a step on the path to a larger musical career remained to be seen, but Willson didn't mind it much. "With so many independent artists out there, it's easier to get connections with gigs and to get known. But it's not really a main profession, just a side thing. It's more about the music than the money for me, or else I wouldn't dare to call myself an artist," Willson said.
Laura Tutino, 2007
Laura Ulmer, 2008
Lisa Ulmer, 2008
Christina Vandenbergh, 2009
Adrienne Vaughn, 2007
Brittany Vera, 2008
Larissa Via, 2009
Sarah Wagoner, 2008
Joan Walda, 2008
Wendy Waldeck, 2007
Lauren Walston, 2009
David Walters, 2009
Alison Ward, 2009
Lee Anne Ward, 2009
Meredith Ward, 2009
Natalie Warren, 2008
Dana Weismuller, 2008
Brian Weiss, 2009
Bridget Wendell, 2009
Brittani Wesolowski, 2007
Mindi Westhoff, 2007
Heather Williams, 2007
Lindsay Williams, 2007
Kristina Williamson, 2009
Matthew Wilson, 2007
Heather Windham, 2007
Sara Wist, 2007
A.J. Wolford, 2008
Ben Wolford, 2008
Taylor Wood, 2009
Sarah Woodhouse, 2009
Andrew Wright, 2007
Sarah Yates, 2008
Bo Ram Yi, 2009
Bonny Young, 2008
Chelsea Young, 2007
Mané Zambeno, 2009
Sarah Zelasko, 2009
empowering
WOMEN

If there was one thing students experienced in their time at the university, it was the constant reassurance that there were fellow students who cared about the state and safety of women. It was seen on the Commons, as men and women passed out flyers explaining the truths of sexual assault. The annual Take Back the Night coalition worked to raise awareness by entertaining and informing students through a night of music and honesty. The desire to help was admired in the men of One in Four and the volunteers at the Women’s Resource Center. What many students did not experience, however, was the joy of raising awareness and educating faculty and staff about sexual assault prevention, and her influence extended far beyond the duties of her position. Given no staff and no budget, she worked relentlessly over the years to acquire students as volunteers one by one until the Women’s Resource Center became a safe haven. Since then, she had been asked to teach Introduction to Women’s Studies, as well as PSYC 450 and 530, two courses that focused on child abuse and neglect. Students from her classes counted Wing-Richards among the most influential instructors at the university.

“Hillary is the one and only teacher at the university thus far who I can say taught me not only about feminism, but more about myself and life than I ever thought I would learn,” said sophomore Shannon Thacher. “She has the ability to take anyone and make them feel and realize that life is worth living and fighting for.”

Students of the university were not the only ones influenced. Wing-Richards strove to do the same for the women of Harrisonburg as well. In her private practice she oversaw several patients and spoke warmly about the experience. In trying to connect with both students and residents of the community, Wing-Richards aimed to create a sense of camaraderie between the two. “People get the idea that Harrisonburg and JMU are two separate worlds, but I try to make the connection through my work,” Wing-Richards said. “This community thrives and survives on the students. We have a responsibility to respect each other.”

She spoke with passion as she talked about the Women’s Resource Center. “It is there to offer services, education and insight to all students, faculty and staff regarding women’s issues, including the history of women, safety, health and welfare of women, and offers a place for male and female students to become involved or just be in a safe place.” Indeed, under Wing-Richards’ guidance, the center flourished over the past 13 years, becoming a place where students felt comfortable asking questions or seeking advice.
Serving as the university's fifth president, Dr. Linwood Rose was dedicated to developing the spirit of "All Together One," the idea that while everyone at the university was an individual, they all had the same goal of making the university the finest of its kind.

Prior to his formal inauguration on Sept. 17, 1999, Rose had also served in other positions throughout all of the university's divisions. During the year he served on the executive council of the National Collegiate Athletic Association division one board of directors and the Shenandoah Valley Educational Television Corporation.

Shortly after his inauguration, Rose created the Centennial Commission, a group composed of staff and faculty members, administrators and students. The goal of the Centennial Commission was to examine the university and to establish characteristics that would ideally describe the university in 2008, its centennial year. With the combined efforts of the Centennial Commission, the Board of Visitors, the university vice presidents and Rose himself, 29 specific characteristics were defined. These characteristics included diversity, financial resources, private support, graduate programs of distinction and professional development.

Dr. Douglas Brown was vice president for academic affairs. The office of academic affairs was "committed to providing students with opportunities to master skills and competencies which will enable them to succeed in the rapidly changing world of work," according to its Web site. The office oversaw the center for assess-
ment, the general education program, international programs and libraries and educational technologies.

Charles King, Jr., served as vice president for administration and finance. The division of administration and finance communicated "effectively with the university community and provided proactive approaches to satisfy customer expectations," according to its Web site. The division included business services, finance, information technology, intercollegiate athletics, public safety, resource management and human resources, training and performance.

As Vice President for Student Affairs and University Planning and Analysis, Mark Warner headed the university division that valued learning, excellence, integrity, collaboration, respect, balance, responsibility and diversity in all of its operations. Student Affairs and University Planning was committed to "preparing students to be educated and enlightened citizens who will lead productive and meaningful lives," according to the division's Web site.

Dr. Joanne Carr held the position of vice president for university advancement. University advancement was comprised of four branches: advancement information systems, constituent relations, communications and marketing and development, and, according to its Web site, strove to foster "the exchange of talents and resources of alumni, students, parents, friends, faculty and administration to advance the mission of James Madison University." Information for story compiled from http://www.jmu.edu/jmuweb/students/administration.shtml.

Dr. Jerry Benson
Dean
College of Integrated Science and Technology

Dr. David Brakke
Dean
College of Science and Mathematics

Dr. Marilou Johnson
Dean
College of Visual and Performing Arts

Dr. Ronald E. Carrier
Chancellor

Dr. Mark Warner
Senior Vice President for University Advancement

Dr. Joanne B. Carr
Senior Vice President for University Planning and Analysis

Dr. Douglas Brown
Provost and Vice President for Academic Affairs

Charles W. King, Jr.
Senior Vice President for Administration and Finance
“I have been absolutely amazed with the attitudes of the students who I’ve interacted with. In all different clubs and organizations, there are incredible leaders who genuinely care about the people around them. I have realized in these past few months that James Madison is truly a place where I can grow as a person, not just as a student. I absolutely love it here!”

- Stephanie Tigue, freshman

organizations
heartfelt sisters

After winning Greek Week for the second year in a row, Alpha Phi sorority proved they were up to a challenge. The $2,000 donation they won from Greek Week went to the cardiac care unit of Rockingham Memorial Hospital, in addition to the money they raised during their philanthropic event, APhiasco.

"This year Alpha Phi had the most successful philanthropy we have had yet. We have also expanded our community service and now volunteer weekly at White Birch, a retirement home, and Roberta Webb Child Care with children in the Harrisonburg area," said Alpha Phi President Carolyn Grandfield.

The biggest philanthropy event for Alpha Phi was APhiasco, which was held annually around Valentine’s Day. The sisters spent a week on the Commons, raising awareness for heart disease, the number one killer of women in the United States.

“It’s our huge annual philanthropy event that we host. We all donate our time and months of planning go into planning this event. It really brings our sorority together to plan and execute this event,” said senior Erin Simon. “Each year APhiasco gets bigger, mainly from the support seen by JMU, which really gets our name out there. We are also involved in other organizations’ events. We know how much these organizations give back to JMU and we strive to participate as much as possible to help.”

Director of Social Activities, Jess Dott, said that Alpha Phi had worked hard as a group to improve themselves and their image on campus by taking part in more community service activities and getting the sisters more well-rounded with organizations on campus.

“The best thing about Alpha Phi is that we portray a different image from some of the other sororities, and the sororities in the movies and television. We have a very diverse group of girls that when they need to come together and pull through a hard time, we are able to,” said Dott. “Greek life had a rough start fall semester, and we survived because we were able to pull together as one and hold each other up.”

Alpha Phi’s goals were always to promote womanhood, scholarship and service. Simon said she dedicated herself to promoting unity and sisterhood, as well as striving to be the best person that she can be to better her sorority, and to cherish all of the diversity brought to Alpha Phi.

“There is not a girl in my sorority that I cannot learn something from. These women are always available to lend a hand to another sister, or support one another in times of need,” said Simon. “Being a part of this group has made me a better person, and the main reason for that is because of the women that I have had the privilege to know.”

The women believed in leading by example, and that the strong bonds they had formed would allow the sisterhood to make it through harder times together and to come out better in the end, having learned life lessons from it.

Dott said, “It’s hard to talk about something like this because I don’t feel like words do it justice. It’s one of those unexplainable things.”

association of computing machinery

The Association of Computing Machinery (ACM) was founded in 1947 and was a major force in advancing the skills of information technology professionals and students worldwide. ACM was an organization for computer science majors and minors. It enabled students to come together academically and socially through speakers, picnics and other activities.
Standing out among her fellow dancers, graduate Jennifer Boldon moves to the music in Alpha Phi's Greek Sing performance. Several fraternities also came out to support the event. Photo by Mindi Westhoff.

Representing Alpha Phi, sisters march in the Homecoming parade. The women's concept of turning their float into an airplane was inspired by the Homecoming theme. Photo by Mindi Westhoff.

Rushing toward the microphone, three Alpha Phi's dance in Greek Sing. Their theme of "City Girls, Country Gals" helped the sorority win Greek Sing. Photo by Mindi Westhoff.

American Criminal Justice Society

The American Criminal Justice Association was established to further promote the education of criminal justice. The organization was open to any student with a minor, major, or concentration in criminal justice and worked closely with the Harrisonburg Police Department.

Opening the show, members of Alpha Sigma Alpha (ASA) present "Alpha Cinema" and perform their flash-dance-like moves. The group danced to a number of different songs and their main theme encompassed famous movies throughout the decades. Photo by Mindi Westhoff

Swaying back and forth to the music, members of ASA dance to "Lose Yourself" from the 8 Mile soundtrack. The group raised money during Greek Week to benefit their philanthropy, Casa Bernabe Orphanage. Photo by Mindi Westhoff

Front row: Kara Pinota, Danielle Bruno, Lacey Stanley, Laura Remanieuo, Sarah Keck, Regina Mannino, Kim Wosczyk, Blair Bateman, Evan Balsazar; Second row: Madelyn Teger, Tina Fleck, Laura Wilson, Alison Ives, Kelsey Longlie, Erin Duclos, Mary Beth Walder, Danielle Vacco, Jaime McNatt, Jillian Keck; Third row: LeLani Ching, Jessica Jacklin, Allie Pristas, Julie Ives, Rachel Hammer, Caroline Farley, Leigh Greene, Nicole Mimken, Claire Molinaro, Meghan Potkay, Ashley Wilkins; Back row: Meg Popolizio, Brittany Wilson, Allyson Alvare, Mary Baskerville, Courtney Curlett, Morgan Parrish, Allison Smith, Stephanie Warner, Collie Rivett, Melissa Shepard, Colleen Hooker, Kerrie Frick, Olivia Kyzima.

alpha kappa alpha

The Lambda Chi chapter of Alpha Kappa Alpha Sorority, Inc was chartered at the university on Feb. 12, 1978 and has initiated over 170 members. Its purpose was to cultivate and encourage high scholastic and ethical standards and to promote unity and friendship amongst college women.

Front row: Alstongabrielle Wilkins, Ebony Majors; Back row: Shemiqua Bouldie, Kiana Bess, Ardaith Winslow.
The ladies of Alpha Sigma Alpha (ASA) upheld the sorority’s motto of “Aspire, Seek, Attain,” a maxim which also mirrored ASA’s initials. This year’s Beta Epsilon chapter was led by president Catherine Winders, who guided over 140 ASA members. These women prided themselves on their four-fold aim of intellectual, physical, social and spiritual development. They also stressed the importance of sisterhood based on common values and experiences, heritage expressed through creed and history and opportunities to lead and be involved in the chapter, campus and community.

“The Beta Epsilon chapter of ASA was an active member of both the university and Harrisonburg communities,” explained senior Sarah Keck, former president. “A major community service project that we worked on this fall was during recruitment, when we incorporated a craft of decorating water bottles. We then sent the water bottles to the victims of Hurricane Katrina.”

The Katrina aid was just one example of ASA’s numerous philanthropic endeavors. They formed teams to participate in Relay for Life and Up ‘til Dawn, volunteered with Special Olympics and Sunnyside Retirement Community and held an ASA Madness week which brought alcohol awareness to campus. The week ended with an inter-fraternity basketball tournament, and all proceeds went to ASA’s national philanthropy, the S. June Smith Center in Philadelphia, Pa., for physically and mentally handicapped children.

During spring semester, the women participated in Sigma Chi’s Derby Days, Kappa Alpha Rosebowl, Jean Jam Sister Date, Greek Sing, Foxfields and Senior Brunch. ASA won last year’s Derby Days, a competition among the university’s eight sororities.

ASA participated in numerous events, such as Homecoming, Special Olympics volleyball and intramural flag football and soccer during fall semester. After fall recruitment, ASA welcomed 48 new members to their chapter.

“I absolutely love everything about ASA,” said sophomore Lauren Burdulis. “The sisters are so friendly, and I really respect this sorority.”

Sister involvement in other areas of the university included a cappella groups, athletics, College of Business Student Advisory Council, Dukettes, UREC aerobic instructors and Student Ambassadors.

This year marked two milestone events for the Beta Epsilon chapter of ASA. In February, they hosted the ASA district conference. “It was a great honor to have the ASA chapters from all around our district visit our school and chapter,” said Keck. Shortly after the district conference, Alumni Weekend marked ASA’s 65th anniversary at the university. For 65 years, the sisters of the Beta Epsilon chapter aspired, sought and attained the values promoted by the chapter such as loyalty and fellowship, and continued to emphasize balance among their intellectual, physical, social and spiritual aims.

Alpha Kappa Psi was a premier business fraternity at the university that included professional, outgoing and motivated members. The fraternity was the first business fraternity when it was established in 1904, and was founded at the university in 1991. Fraternity members participated in community service events, such as the annual golf tournament they hosted to raise money for cystic fibrosis.

Women of ASA devote time to the handicapped.
by Dana Weismuller

aiding together

Over the past 20 years, the human immunodeficiency virus (HIV) and acquired immune deficiency syndrome (AIDS) had become a national crisis, as well as a world-wide epidemic. The sisters of the Psi chapter of Alpha Sigma Tau (AST) dedicated themselves to working toward awareness and medical research to find a cure.

"We are very proud of our annual AIDS awareness week," said senior Eileen Eden, publicity chair.

In years past, AST sponsored an AIDS walk each spring as their philanthropic event. However, this spring, the sisters decided to expand this event and created an entire AIDS awareness week. The AIDS walk was still the main focus of the week, but with the additions of free anonymous HIV testing at the Health Center, Band-AID, a benefit concert, and a 50 percent discount night at IHOP. Sisters also spent time on the Commons, handing out condoms and educational information about AIDS to passers-by.

The sisters of AST are an energetic, fun-loving group of women with an active involvement in academics, community service and philanthropy and Greek life," said Eden.

Members of AST also contributed money to their national philanthropy, Pine Mountain Settlement School in Harlan County, Ky. "It's a school where members of the community can attend programs and classes about environmental education," said sophomore Lindsay Fraser. "It offers basic educational support for students in the local school areas." At its founding, Pine Mountain School was a leader in rural education standards, and created what is now known as the Head Start program.

The sisters of AST traveled to Reston, Va. each fall to participate in the national Light the Night Walk for Leukemia and Lymphoma in memory of Sara Yakovac, a former member of the chapter who passed away after a battle with cancer after being diagnosed during her senior year at the university. The sisters joined the Northern Virginia alumni chapter of AST to honor Yakovac's memory.

The women of AST remained true to their open motto, "Active, Self-reliant, Trustworthy," throughout the year as they banded together to help those in need and made a difference.

Reflecting upon her time in the chapter, Fraser said, "I love how all my sisters are so close with one another. We always seem to be having fun together no matter what we are doing. I would say everyone is very cohesive."

alpha phi omega

As the university's only co-ed service fraternity, Alpha Phi Omega was originally founded by former boy scouts and still upheld the same oath as its founders. Members participated in various community service projects including working with Special Olympic athletes and volunteered at the Bridgewater Nursing Home, Little Grill, the Salvation Army and the local SPCA.

Front row: Lauren Russell, Kyle Tom, Sara McKeen, Cassie Sauer, David Martin; Second row: Jack Brandt, David Wickham, Sarah Harche, Megan Sheedlar, Erin O'Keefe, Michelle Math, Roger Varner, Annie Capp; Third row: Jody Roberts, Jewels Gandrum, Jenny Baker, Katie Bruder, Sasha Ernest, Coral Cox, Lauren Youngs, Amber Overstreet Julie Yankosky, Katie Hammer, Jenny Whittaker, Maggie Grandon, Laura Trumbo, Carrie Muhlemann, Jamie Ferreira, Lulu Edwards; Fourth row: Emily Young, Rebecca Elmo, Sandra Lawson, Katy Baldus, Kathleen Jeffries, Rex Sarasie, Heather Schwartz, Ashley Clark, Jen Sivers, Jean Schawaroch, Tara Varone, Back row: Kim Grimes, Laura Coy, Laura Goodwyn, Lindsey Monson, Robert MacHardy, Stephanie LeMarr, Katie Long, Brian McBeath, John Ralston, Mike Dardozzi, Kristen English, Kate Karpell.
The Anthropology Club aimed to develop a better public understanding and appreciation of anthropology and provided an opportunity for discussion of current trends and practices in the field. The club also promoted friendly relations between students, faculty, and the community.
Turning quickly to find a camera pointed at her, junior Sara Wist gets a sugar fix while editing stories. Her duties as copy editor included overseeing staff writers, as well as writing and editing stories.

Photo by Mindi Westhoff

Measuring box sizes down to the pica, junior Maria Nosal finalizes a spread. This was Nosal's first year on staff and as creative director.

Photo by Mindi Westhoff

Enjoying dinner, junior Megan Kelley and senior Ian Henderson take a break from editing. Kelley, Henderson and junior Kara Rodemeer helped the editorial board edit stories during deadlines.

Photo by Mindi Westhoff

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Front row: Jackie DaSilva, Sara Wist, Erin Barocca, Mindi Westhoff, Katherine Schuster, Maria Nosal; Second row: Meghan DeSanto, Rachel Groseclose, Ian Henderson, Megan Kelley, Revee TenHuisen, Nancy Daly; Back row: Sarah Thomas, Maggie Miller, Lane Robbins, Tara Hepler, Katie Piwowarczyk.

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Awards & Honors

2000 Bluestone
- Gold Crown Award; awarded by the Columbia Scholastic Press Association
- Pacemaker Award; awarded by the Associated Collegiate Press
- First Place, Best of Show Competition, 2000 ACP/CMA Fall College Media Convention: awarded by the Associated Collegiate Press in Washington, D.C.
- 21 Gold Circle Awards

2001 Bluestone
- The Apple Award, Best Yearbook Competition, 2002 National College Media Convention: awarded by College Media Advisers in New York City.
- Second Place, Best of Show Competition, 2001 ACP/CMA Fall College Media Convention: awarded by the Associated Collegiate Press in New Orleans, La.
- 14 Gold Circle Awards
The Bluestone staff started off the year with a move from their old office in Anthony-Seeger Hall to a new location in Roop Hall. While the move was stressful to begin the year, the staff found their new on-campus location to be more accessible and accommodating than the previous office, boasting additional space with two adjacent rooms.

"Finding out we had to move our office not even a month into the fall semester was a huge surprise and obstacle on top of our preparation for the first deadline," said senior Erin Barocca, editor in chief. "The staff really stepped up and helped make our move to Roop Hall run smoothly."

Relocating to Roop Hall was not the only change for The Bluestone. The organization also welcomed a new editorial board, composed of the editor in chief, creative director, photography editor, copy editor, managing editor and supervising editor, and also hired many new staff members such as writers, photographers and section producers. New editorial board members spent the end of last spring shadowing the former editorial board to learn the ropes and get some experience before taking on their jobs in the fall.

The 20 staff members were vital to the book's success. Their responsibilities varied based on their position; some of the members wrote stories while others photographed events around campus. "Being a part of The Bluestone for the first time this year has provided me with the opportunity to discover various aspects of college life," said senior Ian Henderson. "I have met many interesting and talented people and believe the experiences I have gained through working for the yearbook will increase my chance of getting a good job after I graduate."

The entire staff spent many hours perfecting the book over five deadlines spread throughout the course of the year. The editorial board spent countless hours designing spreads, editing stories and cropping photographs, among the many other tasks necessary to produce an award-winning publication. Many of the deadlines spanned a total of six days, running from Thursday evening until Tuesday afternoon when the pages were turned into Taylor Publishing Company.

Throughout the year, the editorial board had many opportunities to attend a number of conferences located around the country. In March, along with faculty adviser Jerry Weaver and Taylor Publishing Company representative Brian Hunter, they traveled to New York, N.Y. for the Columbia Scholastic Press Association conference, held at The Roosevelt Hotel.

Though the year began with many changes, the staff worked cohesively as a team. They grew together and learned from one another while striving to create an impressionable yearbook for the student body.

"The experience I've gained by working on The Bluestone the past two years has helped me build my design skills by putting into practice what I've learned in the classroom," said junior Theresa Kattula, features designer.

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### Awards

2002 Bluestone
- Silver Crown Award: awarded by the Columbia Scholastic Press Association
- Pacemaker Award: awarded by the Associated Collegiate Press
- Fourth Place, Best of Show Competition, 2003 ACP/CMA Fall College Media Convention: awarded by the Associated Collegiate Press in Orlando, Fla.
- 15 Gold Circle Awards

2003 Bluestone
- Gold Crown Award: awarded by the Columbia Scholastic Press Association
- Pacemaker Award Finalist
- First Place, Best of Show Competition, 2004 ACP/CMA Fall College Media Convention: awarded by the Associated Collegiate Press in Dallas, Texas.
- Six Gold Circle Awards

2004 Bluestone
- Silver Crown Award: awarded by the Columbia Scholastic Press Association
- Four Gold Circle Awards
Attaining a copy of The Breeze was like grabbing one's coffee as a part of a morning routine: a pit stop by Sheetz, Java City or Starbucks in the morning followed by an equally necessary pit stop each Monday and Thursday morning for the newest publication of the student body newspaper.

Besides the daily crossword puzzle and infamous “Darts & Pats,” The Breeze not only challenged one’s mind and tickled one’s sense of humor, it also brought to light issues happening within the university community as well as around the world. “In a sense, The Breeze is a gateway for students to issues happening outside of the JMU community,” said Editor-in-Chief Nathan Chiantella. It truly was a publication dedicated to reaching students and bringing to light issues that were of substance and importance.

The Breeze debuted in 1922 as the only official student newspaper of Madison College. Since then, it had drastically expanded its bi-weekly publication to not only distributing the 10,000 copies to select locations around campus, but also to approximately 30 off-campus sites, such as the Artful Dodger and Barnes & Noble.

The Breeze had been crowned with many prestigious awards throughout the years; most notably it recently earned the title of Best All-Around Non-Daily Student Newspaper in the country by the Society of Professional Journalists. Undoubtedly, this publication continued to maintain its integrity and vitality, consistently delivering news to the university population.

The award-winning publication was comprised of approximately 35 full-time staff members ranging from positions in editorial divisions to advertising as well as students who contributed pieces on a volunteer basis. An issue of The Breeze consisted of anywhere between 30 to 60 pages of newsworthy material ranging from local and university news to world news, sports and entertainment as well as an opinion section for those who wished to contribute their thoughts and feelings about a previous article or publication.

The newspaper could also be easily accessed online via a link on the university’s Web site or by visiting http://thebreeze.org. “One thing that makes The Breeze so unique is the fact that you can view every issue of the newspaper online and this readily makes the newspaper accessible to a broader demographic,” said Chiantella.

The staff of the student-based newspaper did not slack when it came to the two deadlines per week. Some put in close to 30 hours each week in order to adequately produce an accurate and enjoyable publication. The members of The Breeze were known to work well into the night, especially the Sunday and Wednesday before going to print on Monday and Thursday. “This staff is definitely one of dedication and determination. A lot of what goes on here wouldn’t be a success if it weren’t for everyone’s hard work,” said Chiantella.

The Breeze continued to strive for excellence, delivering the student body what it deserved: unbiased news of relevance and significance. As it progressed onward in its 83rd year, there were no short cuts or issues to be overlooked, and everything was published with purpose as it would continue to be for years to come.

The Breeze Editorial Board
Editor-in-Chief, Nathan Chiantella
Managing Editor, Kristen Green
News Editor, Drew Lepp
News Editor, Rachana Dixit
Opinion Editor, Molly Little
A&E Editor, Cape White
Asst. A&E Editor, Jill Yaworski
Sports Editor, Matthew Stoss
Copy Editor, Alicia Stetzer

The Breeze keeps students informed of news and events.
by Sarah Best

The Breeze Editorial Board

Copy Editor, Jenessa Kildall
Photo Editor, Amy Paterson
Art Editor, Lauren Pack
Layout Editor, Kelly Fisher
Cartoon Editor, Graham Neal
Online Editor, Andrey Korsak
Advisers, Alan Neckowitz
Roger Soenksen

Advertising Staff
Ad Manager, Bree Mills
Asst. Ad Manager, Meghan O’Donnell
Specialty Ad Executive, Lola Sizemore
Ad Design Manager, Jess Woodward

Ad Executives
Melissa Watts
Brian Sikorski
Regina Mannino
Ryan Craft
Doug Montone
Anthony Colasurdo

Ad Designers
Kevan Maclver
Tyler Adams
Kelly Pedersen
Kristen Bianco
Brian Sostak
Painting a chair, senior Nathan Chiantella, editor-in-chief, refinishes his project for the fall Apartment and Living guide. All students at the university could work on the paper. Photo courtesy of The Breeze

Capturing an event put on by Hillel, senior Amy Paterson shoots a photo for an upcoming edition. Paterson had been photo editor for two years. Photo by Mindi Westhoff

Making finishing touches, sophomore Kelly Fisher and senior Amy Paterson discuss page layout. This year The Breeze was in its 83rd year of publishing. Photo courtesy of The Breeze

Awards & Honors
- In 2005 the Advertising department received 3 awards for ad design and creation at the annual CNBAM Conference (College Newspaper Business and Advertising Managers) in New Orleans.
- Editorial staff members also received numerous awards from Virginia Press Association.
- The Breeze was recently named the best All-Around Non-Daily Student Newspaper in the nation by the Society of Professional Journalists.

Mission Statement
The Breeze, the student-run newspaper of James Madison University, serves student and faculty readership by reporting news involving the campus and local community. The Breeze strives to be impartial and fair in its reporting and firmly believes in its First Amendment rights.

Information compiled from http://thebreeze.org
Helping out on a Saturday, junior Emily Butzer prepares food during the Homecoming football game. Many groups worked the concession stands during football and basketball games to help raise money for their organization. Photo courtesy of Lindsay Garlow.

Leading him up the stairs outside the Commons, junior Sydnee Lifshin performs a trust exercise with senior Brian Kim during the group’s Spring Training. Photo courtesy of Lindsay Garlow.

Front Row: Edel Von Acker, Lindsay Garlow, Erin Curley, Jesci Drake, Kristen Madairy; Second row: Sarah Williams, Melanie Marhefka, Sam Mack, Brittany Vera, Emily Butzer, Katie Daniels, Meredith Schiffheader, Will Sellers; Back row: Andrianne Kostos, Rachel Heiser, Jessica Cassell, Dina Ezzat, Lauren Conaway, Sarah Abubaker.

Campus Assault Response Information

2006 Positions
President, Jessica Dodt
Presentation Coordinator, Katie Daniels
Training Coordinator, Sarah Williams
Shifts Coordinator, Brittany Vera
Treasurer, Charlotte Lynn Libby

- Members of CARE are encouraged to be advocates of sexual assault prevention.
- CARE conducted year-round training to members, which included a total of 30 hours and covered a variety of information and skills deemed essential to being an effective helpline volunteer.
- CARE was associated with the women’s resource center, which provided a forum for discussion of women’s issues in both the university community and in society.
- Members of CARE conducted presentations to clubs, organizations and residence halls and also during organized campus-wide events.

Campus Assault Response

Information compiled from http://www.jmu.edu/women5resource/CARE.shtml
One in four university women would be the victim of rape or attempted rape by the time she graduated, according to Erin Curley, the Campus Assault Response (CARE) president.

CARE, which was established by students for students, provided a 24-hour, seven-days-a-week helpline for victims of sexual assault and rape. Volunteers also organized educational events to raise awareness on campus and offer support to victims and their families. CARE is an important organization to have on campus because it provides information and education about rape and sexual assault, something that is truly an issue at JMU," Curley said.

When CARE first started, the helpline only operated Thursday through Sunday, but due to increased support and dedicated student volunteers, the helpline became a continuous operation. Approximately 35 of the CARE volunteers were trained to work on the helpline, which operated on a voicemail-pager system. Students in need could call the helpline and leave a message on the voicemail system, which paged the CARE member on call. The CARE member responded to the call within 15 minutes.

"If CARE can reach just one woman and teach her about prevention, or offer her guidance and a listening ear after an assault, I think that can make a huge difference," Curley said.

In addition to a positive support system, CARE helped raise awareness on campus about the prevalence of sexual assault and rape. There were approximately 75 volunteers in CARE who helped with fundraising events and awareness programs for the university community.

"CARE is an important program because of what we do," said Jesi Drake, CARE treasurer. "All of the members are so awesome and willing to help out a good cause, while having fun and building great friendships."

CARE expanded their educational programs this year and spoke to organizations such as fraternities, sororities, athletes and students living in residence halls. "This year, I think that CARE was more aggressive in presentations," Curley said. "We feel that these events are always successful if they reach even one person."

During the spring semester, CARE invited a speaker to discuss her experiences with sexual assault. The speaker, Debra Miller, shared her experience of being raped at a young age and remained in a relationship with the same man for five years. "After years of dealing with her painful experience, she has turned her sights in a more positive direction," Curley said. "She now speaks at different schools and conferences about her experiences and about the healing process."

In the fall, CARE organized their annual campus-wide program, "Rape Is Not Sex." The program was a combination of skits, poetry and music about rape and sexual assault. Instead of preaching to students, CARE updated their statistics every year and invited a variety of guests to educate the university community in an entertaining way.

"Rape and sexual assault are not something that can be ended overnight," Curley said. "It is something that people need to talk about and be aware of and, therefore, we try to facilitate educational programs that get people asking questions and thinking."
center stage

Few things are as natural to the human instinct as the desire to dance. Students in the dance concentration got a chance to indulge in that desire outside of the rigorous and stressful environment of studio dancing through Dance Theatre.

Dance Theatre worked to bring dance to the community. Part of the leadership structure of the organization included Community Outreach officers, who worked to get Dance Theatre involved in the community. One project regularly undertaken by the group was working with local Brownies to help them earn their dance badges. They also performed at senior centers in Harrisonburg.

Made up of dance majors and minors, Dance Theatre provided a support group for incoming freshman dancers. New members were given upperclassman mentors from whom they could learn the ropes. Senior Sara Hoke said, "I've definitely gotten closer with the people I work with. It's just sort of the club version of my major."

Members of Dance Theatre danced in several performances throughout the year. On Oct. 14 and 15, members performed as part of the Dance Share Concert, where student dancers from Ohio University came to perform as well. Also, they were involved in the Student Dance Concert on Nov. 19. The concert was produced, choreographed and performed entirely by students.

Along with performing their own material, Dance Theatre also worked with guest artists. The dancers worked with Terrain Artistic Director Rebecca Lazier of New York City and Gwen-Hunter Ritchie, the artistic director of Pittsburgh's Laboratory Company Dance, for the Virginia Repertory Dance Company in Concert. Held from Dec. 8-10, the Concert featured works such as Lazier's "Out of Body" and choreographer Shane O'Hara's "Bite."

Dance Theatre was most cherished by its members for its sense of sisterhood and family. Senior Abby Foster said, "I feel like everyone involved in Dance Theatre is like my best friend. It's such a small community that we just wind up being like sisters."

Dance Theatre was a welcome distraction for its members from the rigors of collegiate dancing. "We spend all day together in classes and rehearsals. But Dance Theatre gives us a chance to see each other outside of the studio every once in a while. It's nice," said senior Megan Kelley.

"Our major is really stressful because it's body and mind. It's just really demanding in that sense. So Dance Theatre is kind of just necessary for us to kind of take a break from everything while still being involved in dance," Hoke said.

Senior Jess Burgess, president of Dance Theatre, explained the organization's impact. "Dance Theatre has become, over the years, a symbol for the families that are within the dance program. Many of the members of Dance Theatre are roommates as well as working extensively in a professional environment."

Whether it was working together to spread the joy of dance or enjoying life at semi-formals and social events, Dance Theatre was a rewarding experience for all those involved.

association of women in communications

The Association of Women in Communications was a professional organization that championed the advancement of women in communications. The organization strived to offer preparation and expert advice for the future, and its benefits extended far beyond years at the university.

Dance Theatre members bring dance into the community.
by Stephen Brown

Seemingly paused in mid-air, a dancer performs "Fusion of Centripetal Impacts." The piece was choreographed by guest faculty member Roxanne Morgan. Photo courtesy of Richard Finkelstein

Writhing to a piece entitled "Bite," dancers move to the music. The dance was choreographed by the director of the Repertory Company, Shane O'Hara. Photo courtesy of Richard Finkelstein

women's club basketball

Women's Club Basketball was founded 10 years ago by a small group of interested women and evolved into a well-organized, highly competitive club. The women thrived on cohesiveness and cooperation not only in competition but also within the organization.


Cheering on one of the teams competing in the softball tournament, junior Kaitlin Rowley sports her new Triple Play T-shirt. The sisters’ weeklong philanthropy event included a benefit concert and a softball tournament between organizations on campus. Photo by Tara Hepler

Strutting their stuff, the sisters of Tri Delta perform "Cell Block Tango" from the musical "Chicago" at Greek Sing. The sisters were involved in numerous events on campus, including Relay for Life and Up 'til Down. Photo by Mindi Westhoff

Front row: Cassie Ingram, Maria Razos, Jennifer Asher, Anna Baumgartner, Kelly Smith, Sarah Wood, Stephanie Cundiff, Katherine Schuster, Pamela Schardin; Second row: Danielle Scialdo, Keri Gaines, Elizabeth Wilkins, Meghon Thomas, Tiffany Richardson, Jaime Kaley, Lindsay Giel; Third row: Meagan Mihalko, Kaitlin Rowley, Emily Comfort, Katie Winters, Linn Suri, Beth Cromwell, Beth Vehabzadeh, Adriane Mullins, Sara Wist, Whitney Hewson, Rachel Coughenour, Amy Breeding, Karli Lafoon, Sara Borsari, Allison Schetter; Fourth row: Allie Burgin, Brittany Meredith, Charlotte Claffin, Allison Garfield, Jamie Rowles, Lauren Hnatowski, Emma Sutherland, Kirsten McGlone, Maggie Hines, Kate Heuboch, Mary Kate Morris, Katie Bennett, Bridget Schultz, Jamie Sweeted, Shannon Thacher; Fifth row: Rachel Merkle, Sara Arizi, Jennifer Spiteri, Katherine Castore, Michelle Panalitewicz, Heather Denuccio, Sarah Mills, Emily Johnson, Celty Greer, Emily Burg, Stephanie Marino, Heather Hussey, Laura Layman, Samantha Fitzgerald, Elizabeth Foster, Kim Feuermeister; Sixth row: Allie Grizzell, Jillian Boyd, Carlo Blumenthal, Laura McNaughton, Sarah Johannes, Caitlin Nicolson, Laura Hoffman, Allie Ginta.

beta alpha psi

The Eta Delta Chapter of Beta Alpha Psi was chartered on April 26, 1985 and has been recognized as a superior chapter for over 15 years at the university. As the only business honors fraternity, members had to have a 3.0 or higher G.P.A and successfully complete an upper level accounting course.

Front row: Cat Watchko, Michelle Colon, Lauren Westfall, Sandy Lu, Travis Garlock, Sarah Shin, Jessie Evers, Brynn Parker, Toni Vogel; Second row: Ashley Lineawever, Hillary White, Christine Mui, Kristen Rathfeldek, Casey Cahill, Saralyn Woodruff, Elizabeth Young, Greg Prince; Third row: Keli Hood, Julianne Coleman, Catherine Gortzke, Rex Sarabia, Kevin Yurchak, Matt Ross, Jonathan Redic, John Lauck; Back row: Justin Meyers, Shawn Harrison, Kurt Taves, Joe Scantlan.
In all that they did, the sisters of Delta Delta Delta (Tri Delta) worked together as a team, exemplifying the sorority's open motto: "Let us steadfastly love one another." In addition to loving their sisters, the women of Tri Delta showed their love for those outside of the organization as well.

Tri Delta welcomed their new pledge class, comprised of almost 50 members, into their arms at the end of formal recruitment in September. "I was really skeptical about joining a sorority in the first place," said sophomore Leigh Marple. "Then when I came to Tri Delta I felt like I was coming home. At first I didn't believe the others when they said that they really felt like they had 150 sisters, but now I know exactly how they feel. It was the best decision I've ever made and I would tell anyone that is considering joining to go for it."

The group held their annual philanthropic event, Triple Play, on Oct. 13 and 14 to support St. Jude Children's Research Hospital, a cancer treatment and research facility for children in Memphis, Tenn. The event consisted of a two-day softball tournament, in which sororities and fraternities paid an entrance fee to participate as well as enjoy a few afternoons of friendly competition. "We are very proud of our philanthropy, St. Jude Children's Research Hospital," said senior Kelly Smith, former president. "Last year during our philanthropy week, Tri Delta Triple Play, we raised over $8,000."

As part of Triple Play, Tri Delta also held an a cappella concert in the Festival Center Ballroom. Performers included Nathaniel Baker, Note-oriety and Madison Project, as well as local band Adelyn.

In addition to supporting a national cause, the sisters of Tri Delta were also very involved in the local Harrisonburg community. A number of sisters spent Wednesday evenings babysitting at area elementary schools, while others spent their free time on weekdays visiting and making apple butter with residents of Sunnyside Retirement Community.

Members of Tri Delta also became involved with other Greek and non-Greek organizations' philanthropies and activities. Sisters formed teams for Relay for Life and were involved with Up 'til Dawn, another group that supported St. Jude Children's Research Hospital. They also participated in Kappa Alpha's Rosebowl, Sigma Chi's Derby Days and Zeta Tau Alpha's Breast Cancer Awareness month. Their community service involvement did not go unnoticed, as the chapter had the highest number of community service hours out of all eight sororities.

It was not all work and no play, however. The sisters rewarded their hard work with formals and semi-formals throughout the year. Held at Highlaw Pavilion, Tri Delta's Black and White semi-formal gave sisters and their dates an opportunity to dress up in classic style, while their Christmas Cocktail was a great way to bring everyone together before the holidays.

"Semi-formals and other fun events are the best way to get to know my sisters better, on a personal level," said freshman Courtney Lynch. "We can have fun with each other and celebrate our new friendships."
The sisters of Delta Gamma were excited to return to the university this fall, reuniting with one another and kicking off an active year of service and social events. The women of Delta Gamma created lasting memories with one another whether their time was spent participating in community service projects, getting dressed up for formals or just hanging out. Senior Laura Null said, “When I think back on my past four years at JMU, Delta Gamma is the one constant. Delta Gamma has brought into my life more laughter, good times and friendships then I thought possible. It will be one of the hardest things to leave behind after graduation.”

Community service events provided an opportunity for the sisters of Delta Gamma to give back to the university and Harrisonburg communities. The sisters started a partnership with the Virginia Mennonite Retirement Community as part of the sorority’s “golden anchor” program. Once a week, members went to the retirement community to interact with residents and play games, which was a rewarding experience for both the residents and the sisters.

The sisters made a big change to their annual philanthropic event, Anchorsplash. Delta Gamma’s Anchorsplash was the first event ever held on campus that involved the entire Greek community. Typically the event was held during the fall, but the chapter decided to host the event during the spring semester. Senior Kim Komar said, “We were hoping to increase participation among groups, and make it more all-inclusive to people outside of Greek life.”

Despite the change in scheduling, Anchorsplash was still a huge success, as the months of planning paid off and the sisters raised a large amount of money with the event. The money raised during the week-long community service project benefitted Service for Sight, an organization that assisted blind children.

The week-long events included pool games, dodgeball and penny wars. The week concluded with the final event, Mr. and Ms. Anchorsplash, where contestants competed for best eyes and legs, as well as in the popular lip sync competition. To win Anchorsplash, an organization had to accumulate the most points during the week’s events.

Delta Gamma also planned many social events throughout the year, including date parties, movie parties and cookouts, such as the annual Family Weekend cookout. In November, sisters got dressed up for one of the chapter’s favorite events, formal, which was held in Charlottesville.

Through socials and community service events, the sisters of Delta Gamma formed lifelong friendships and learned the meaning of sisterhood. “Delta Gamma has given me leadership skills, confidence and opportunities I didn’t know I had, but more importantly it gave me my sisters,” Null said. “My sisters and I have friendships that are hard to describe and are unique to any other friendships I’ve had. There is a connection with these girls that is truly one of sisterhood.”

Members learn the meaning of sisterhood through community service and social events.

by Jackie DaSilva

The Black and Latino Greek Caucus was founded in 1970 and served as a liaison between Black and Latino Greek-lettered organizations and the campus through meetings, community service activities and annual programs. Members aimed to increase the amount of unified community service projects and provide greater collaboration within all Greek organizations.

Black and Latino Caucus

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Smiling at the crowd, senior Teresa Rios and her sisters strike a pose during their Greek Sing performance. Delta Gamma placed second overall in Greek Week last year. Photo by Mindi Westhoff

Enjoying a night out, sisters dance together at formal. In the spring, Delta Gamma also hosted a semi-formal. Photo courtesy of Jenna Gordon

Canterbury Episcopal Campus Ministry

Canterbury Episcopal Campus Ministry proclaimed the good news of God in Christ and provided a dynamic, safe, and accepting Christian environment for students, faculty and friends of the university, Eastern Mennonite University and Bridgewater College. The organization promoted spiritual growth through worship, Bible study and prayer while also nurturing talent, providing friendship and encouraging personal well-being.

Front row: Michael Yarborough, Laura Troutman, Jennifer Edwards, Jessica Monroe, Justin Gray; Back row: Betsey Sommers, Kerri Guth, Mae Condon, Timmy Holt.
Competing at the Radford University IHSA show, junior Katie Johnson concentrates on her posture and technique. The club competed against other Virginia schools, including Radford, the University of Virginia, Washington and Lee and Longwood. Photo courtesy of Lara Miller

Trotting around the rink, sophomore Heather Nunn keeps her horse at a steady pace during the Radford University IHSA show. In addition to competitions, the club participated in Camp Still Meadows and Horses Holiday, both large community service projects. Photo courtesy of Lara Miller

Front row: Catherine Rodericks, Carly Mayer, Megan McCann, Amanda Phillips, Katie Johnson, Lara Miller, Meghan Jones, Amber Mendres, Stephanie Knowles, Colleen Bressler, Teresa Garbee; Second row: Stephanie McCanna, Hillary Williams, Lucie Horn, Lindsey Downer, Heather Nunn, Courtney Summers, Bryn Irwin, Anne Toms, Melissa Mitchell, Danielle Parkinson, Kari Kilgore; Third row: Katelyn Foltz, Emily Miller, Meghan Jones, Amber Mendres, Stephanie Knowles, Colleen Bressler, Teresa Garbee, Second row: Katelyn Foltz, Emily Miller, Meghan Jones, Amber Mendres, Stephanie Knowles, Colleen Bressler, Teresa Garbee.

all-girl cheerleading

The All-Girl Cheerleading team provided cheerleaders of all shapes and sizes an opportunity to learn and develop skill on a competitive level. They sought to further school spirit while bringing home a national title. Members were required to complete an application form and go through a three-day tryout period.

Front row: Catherine Rodericks, Carly Mayer, Megan McCann, Amanda Phillips, Katie Johnson, Lara Miller, Meghan Jones, Amber Mendres, Stephanie Knowles, Colleen Bressler, Teresa Garbee; Second row: Stephanie McCanna, Hillary Williams, Lucie Horn, Lindsey Downer, Heather Nunn, Courtney Summers, Bryn Irwin, Anne Toms, Melissa Mitchell, Danielle Parkinson, Kari Kilgore; Third row: Katelyn Foltz, Emily Miller, Meghan Jones, Amber Mendres, Stephanie Knowles, Colleen Bressler, Teresa Garbee, Second row: Katelyn Foltz, Emily Miller, Meghan Jones, Amber Mendres, Stephanie Knowles, Colleen Bressler, Teresa Garbee.
giddy up

The Equestrian club gallops toward success in competitions.
by Sara Wist

Since its creation in 1994, the Equestrian club had ridden to the top of their class, producing many regional, zone and national Intercollegiate Horse Show Association (IHSA) qualifiers and champions. They had also gained a well-earned reputation for excellent community service and school spirit.

“Our purpose is to better enhance the horsemanship skills and equine knowledge of our members through riding, competition and other horse-related activities,” said senior Lara Miller, club president. “We also encourage interaction within the club itself and with other organizations.”

While some university’s teams were fortunate enough to have on-site equestrian facilities, the Equestrian club was not as lucky. However, they did not have to travel far; the club practiced and held their shows at Oak Manor Farm, located in Weyer’s Cave, just a short drive down Interstate 81.

The club competed in Zone 4, Region 2 of the IHSA in Virginia, and competed against other area schools including Radford, the University of Virginia, Washington and Lee, Longwood and Hollins University.

“Anyone can join the Equestrian club, from the student who just loves being around horses to the most competitive rider,” said Miller.

Although the Equestrian club was not recognized as a varsity team by the university, the members of the club were not discouraged. They still put their all into competitions, practices and fundraising events. “We pride ourselves on being extremely active in the community as well as spirited JMU students,” said Miller. “We devote countless hours to community service, including our largest projects, Camp Still Meadows and Horses Holiday.”

Camp Still Meadows was a non-profit organization dedicated to the mentally and physically handicapped, which promoted a program of therapeutic riding. Members of the Equestrian club held a gas raffle, and participated in a ride-a-thon, which raised about $900 for the organization.

In the fall, the club received the honor of Sports Club of the Month for November for their outstanding community service and representation of the university as a club sport.

For Horses Holiday, members of the Equestrian club dressed up horses in holiday attire, which corresponded with various holiday themes. The horses, transformed into presents, reindeer and Christmas trees, were led around the indoor practice ring to Christmas music.

Whether they were riding for fun, competing against other schools in the region, or helping others through their love of horses, the members of the Equestrian club perfected their equine knowledge and equestrian skills.

christian student union

The Christian Student Union existed as a community united by faith and love to serve the campus community by sharing their faith and providing significant opportunities for spiritual development. The group of about 35 members was close-knit and participated in weekly missions events in the Harrisonburg area. The group also coordinated a hurricane-relief trip over winter break.

Front row: Mary Breaull, Matt Taylor, Ashley Campbell; Back row: Will Slate, Meredith Kane.
exit extraordinary

Move over, Backstreet Boys. The all-male a cappella group, Exit 245, hit the stage again, continuing to woo audiences. Exit 245 entertained crowds with their melodic sounds, performing over 70 concerts on and off-campus.

“The purpose of Exit 245 is to bring together a group of guys at JMU who love music,” said junior Mike Cordingley, president of Exit 245. “And putting on a great show to share this passion for music to JMU and as many people as possible.”

After six members graduated last year, Exit 245 gained seven new vocalists. “We have a lot of new, young and excited talent,” said Cordingley. “Each one of them has brought something unique to the group.” Despite the changing lineup, the group remained a cohesive group of friends. “It is amazing how no matter how the group changes, it is always an awesome group of talented guys who become not only group members, but extremely close friends,” said Cordingley.

Exit 245 released their latest CD in the spring, called “Barbershop Tragedy.” They also released “Exit Live 2k5,” which was a compilation of their best live tracks from the past two years, said Cordingley.

Their biggest concert to date was held on Dec. 9. Entitled “Home Alone,” they performed songs by *NSYNC and Boyz II Men, plus Walt Disney favorites. Everyone in the audience had a chance to win prizes from local restaurants and stores, including a diamond pendant from James McHone Jewelers. Freshmen also had the opportunity to compete in “Dorm Swim 2005.” The dorm with the most residents at the concert won a copy of “Exit Live 2k5” and a free performance at their dorm.

“The concert is a culmination of everything we’ve done this past semester,” said sophomore John Heiner. “We get everyone together and do a lot of promotion for it. We try to attract a lot of people and put on best show that we can.”

Outside the university, Exit 245 sang at Mary Baldwin College and even traveled to New York to perform at Columbia University. The group also performed at local high schools for free, such as Potomac Falls High School on Nov. 19. “We love going to high schools,” said Heiner. “High school a cappella groups like having college groups come to sing.”

Exit 245 always made room in their busy schedule for benefit concerts. They performed at a Hurricane Katrina benefit concert in the fall and Operation Santa Clause on Dec. 5. “Operation Santa Clause is always a lot of fun,” said senior James Minnix. “We get asked to come back every year, and it’s such a good cause and such a good time.”

Before every show, Exit 245 had a “bring it in” ritual, Minnix said. They all put their hands together in a circle and said something about the group or the upcoming performance. Whether they were performing at the university or at an unfamiliar venue across the country, Exit 245 entertained many through their unmatched songs and amazing spirit.

circle k international

Circle K was the largest collegiate coeducational service organization in North America. The organization offered service to the campus and community as well as fellowship to its members. In addition to service performed on campus, the club attended district-wide events, including divisional service projects and district and international conventions.

Exit 245 sings their way into the hearts of audiences.

by Katie O’Dowd

Hamming it up for the audience, junior Mike Cordingley shows the group's comical nature. Cordingley served as Exit 245's president and often provided the beatboxing element to their songs. Photo by Nancy Daly

Exuding a more sentimental side to their routine, junior Nathaniel Baker and sophomore Jake Odemak perform Coldplay's "Fix You" at Operation Santa Claus. The group performed at numerous benefit concerts. Photo by Nancy Daly

Singing "Don't Pull Your Love," senior James Minnix gets down on one knee with the rest of Exit 245, showing his sincerity. The group often used choreography in their performances to convey the meaning of their songs. Photo by Mindi Westhoff

Performing "You're Still the One," senior Corey Moone is accompanied by the rest of Exit 245. The organization was one of two all-male a cappella groups at the university. Photo by Mindi Westhoff

The Crew club provided all students with the opportunity to enjoy the sport of rowing. Founded in 2004, the club recruited over 40 members within a few months. Members worked together, promoting teamwork and unity through competitions with other universities.
fencing club

Dueling at a late-night practice, seniors Will Brown and Even Garrison are in fierce competition. Fencing emphasized a high level of fitness as well as reasoning skills. 

Practicing their moves, beginning fencers perfect their technique. The activity required fencers to be quick on their feet and ready to anticipate moves from their competitor.

photo courtesy of Aaron Stewart

college republicans

The College Republicans strove to serve the local Republican Party and get students involved in elections at the local, state and national level. Active on campus since the late 1980s, the group had grown to about 75 members. Last year, the organization co-sponsored a debate with the College Democrats and Orange-band.

Front row: Michelle Carey, Megan Godbey, Paul Campbell, Emma Fyffe, Aaron Stewart, Nicole Halbert, William Brown, Jen Olsen, Justin Martin; Back row: Richard Bailey, Duncan Bell, Caitlin Van Sant, Jon Fleck, Ayaz Minhas, Timmy Jopling, Reed Bradley.
In addition to a moderate level of physical fitness, fencing also required reasoning skills. The sport is sometimes called “physical chess” for a reason.

“Just like chess, one must plan out one’s moves, make them and be prepared to adjust one’s plan to be that of one’s opponent. Unlike chess, however, fencing requires speed and agility to win,” said Dave Morrow, fencing club treasurer. “Fencing hones not only the body, but the mind, and I feel that the club helps me improve my thinking and problem-solving skills.”

The fencing club’s primary goal this year was to train another class of fencers, or “Spread the swordly love,” as Duncan Bell, vice president of the club, referred to their recruitment process. In general, their aim was to get as many recruits as possible to build a strong team for the future and to build up the leadership of the club.

“It’s always so much fun to have new kids and then train them up so we all can fence together. We also concentrated on improving our own techniques and fencing styles,” said Nicole Halbert, club secretary.

Even though they were not able to hold their normal tournament at the university, the club still held their largest event, the annual beginner’s tournament in December. At this event, older fencers judged and offered advice to younger participants. First place was awarded to Walter Canter and second to Timmy Jopling.

“It really showed how much everyone had learned over the semester,” said freshman Michelle Carey, a beginning fencer. “It is both a mentally and physically demanding sport. Fencing is a full body workout so you see results quick.”

“After the first semester and a half of fencing, I improved in every aspect of my being. I noticed that my legs had grown stronger, I had become faster. I increased my endurance, and my mind was sharper than before,” said Morrow. “This proved to me that fencing was an excellent way to get in shape and stay in shape, and through the relaxed atmosphere of the club I was able to benefit without too much undue stress.”

The fencing club provided more than just exercise. Morrow said he developed many friendships and enjoyed the company of his fellow fencers. Halbert also agreed about the fencing friendship bonds.

“Fencing club means so much to me. Virtually all my friends are fencers. They were the first people I met last year when I was a freshman and they are the friends I’ve kept,” Halbert said. “These are some of the closest friends I’ll ever have and I’m so thankful that fencing club gave me the opportunity to meet such great people.”

Morrow was originally interested in a new and exciting activity to get involved in and to improve his health, but it turned out to be much more than just a sport.

The Iota Alpha chapter of Delta Sigma Theta was founded on the three basic principles of scholarship, sisterhood and service, which the members strive to maintain. Established in 1971, Delta Sigma Theta was the first black Greek organization on campus. The sisters participated in an extensive amount of community service projects, including volunteering at a soup kitchen, church clean-ups and the Boys & Girls Club.
all for Hymn

Singing was more than just a fun pastime for the members of the university's all-female Christian a cappella group, Into Hymn. It was a way for them to spread the Gospel and they had done so since 1999. Into Hymn had a busy year, which included many different shows all around the area, from various churches to school events and even weddings.

The group accepted five new members: junior Brae Acker, sophomore Jessica Brown, junior Briley Pollard, junior Natalie Shuber and freshman Jessie Wilmoth. "Being in this group is so much fun. I know it's smaller this semester than it has been in semesters past and I think that has helped us bond tremendously as a group," said Pollard. "We see each other a lot, but somehow, we don't mind. We just love spending time together, and it's easy to invest in one another as friends, and sisters in Christ."

Into Hymn's fall concert, "Fall Into Hymn," was a great success. The Festival Center Ballroom was packed to the brim with friends and family. In addition, they had the University of Virginia's a cappella group, CHoosE, as their guest group. Into Hymn debuted two new songs: a kid's song medley, which included classic Christian children's songs that many guests remembered from their childhood, and "He Lives in You," by Bethany Dillon. "Our group just had so much energy that night," said sophomore Megan Perry. "We really enjoyed ourselves during the performance. I felt the unity of our group that night."

The group performed at many other school events such as Operation Santa Claus, Sunset on the Quad and Family Weekend's A Cappella-thon. In addition, Exit 245 invited Into Hymn to sing at the staff Christmas holiday party, which was a huge honor.

The group was also invited to do a radio interview with the local Christian station for the first time, which was really exciting, according to junior Michelle Demski. The members also made a few road trips to churches in the Northern Virginia and Blacksburg areas.

Into Hymn's third CD was scheduled to be released in fall 2006, so this year was a busy time for the group. One of Pollard's favorite moments was when they performed at Chesapeake Church in Maryland and sold out of all their CDs, forcing them to create a waiting list. Profits from the sold-out CDs helped fund the new album. "The pastor and people of the church were so welcoming and loving and supported our ministry so much," said Pollard. "We were all just in awe of how God is blessing us financially when we had no idea how we were going to do it."

Into Hymn was more than a singing group; they were a tight-knit family. "We are sisters in Christ and are always there for each other," said freshman Susannah Thomson. "Once you're in Into Hymn, you're in it for life."
Performing during Family Weekend, the members of Into Hymn sing "In Your Eyes." The group sought to glorify God through their music. Photo by Mindi Westhoff.

Belting out a song, members of Into Hymn perform during Hope Floats Week, a week of events to benefit victims of Hurricane Katrina. The group performed the popular song, "Stand by Me" during the concert. Photo by Mindi Westhoff.

Performing for students, junior Megan Perry sings a melody. Into Hymn recorded and released two CDs. Photo by Mindi Westhoff.

Front row: Ashley Moore, Susannah Thomson, Michelle Demski, Courtney Sheads, Renee Nice, Anne Murray.

Back row: Briley Pollard, Jessie Wilmoth, Jessica Brown, Brittany Miron, Megan Perry.

The Club Field Hockey team began in 1997 with a few interested women and had evolved into a team of almost 50 players. Interested women went through an intensive tryout period to become a member of the team. The team won the Maryland Fall Tournament Championship.


club field hockey
Motioning to the crowd, junior Sarah Anderson sings at Sunset on the Quad. The group performed "Mr. Brightside," a popular song by The Killers. Photo by Mindi Westhoff.

Singing softly for the crowd, senior Davidson Hulfish performs a solo during ZTA's Breast Cancer Awareness benefit concert. The group also performed "All at Sea" by Jamie Cullen. Photo by Mindi Westhoff.

Vying for the crowd's attention, junior Colin Wright and senior Scott Bordeau sing "Center of Attention" by Guster. Veterans introduced new members of the group during the Hope Floats event. Photo by Mindi Westhoff.

freshmen class council

The freshmen class council organized and put on programs to unite and entertain the freshman class. The four members were elected to their position after campaigning. The council headed special projects, such as the popular Mr. Freshman pageant.

Front row: Scott Brody, Lauren Ramsey, John Farris, Sarah Anderson, Scott Bourdeau, Colin Wright, Briana Marcantonio, Lindsey Gibbons; Second row: Amy Caouette, Zock Moody, Melissa Foss, Billy Smith, Jordan Lukianuk, Keith Mann, Austin Robbs.

Front row: Heather Cote, Fred Rose, Chiquita King, Poroci Parikh.
Low Key. The name could not be any further from reality. The name implied quiet personalities and tempered energy, yet Low Key actually thrived as the fresh alternative to the other student a cappella groups on campus. The group managed to mesh their love for music with their passion for life.

Created in 2000, Low Key’s history was founded upon the desire for a distinctive voice. “Low Key was started by a guy that wanted to branch out and create something new and different and we’ve been very successful with that,” said senior Susan Clark, a member of the group.

The enthusiasm and energy from the group was an evident characteristic all year long. Freshman Lauren Ramsey said, “I joined Low Key because I love the people! And because they sing awesome songs!” This sentiment was backed up by the entire group, who enthusiastically declared, “We’re fun! We’re family!”

Though the group prided themselves as being the “laid-back” a cappella group, obtaining membership was difficult for prospective members. During the audition process, almost 150 students auditioned and only four new members were welcomed into the group this fall. To stand out, hopefuls had to have more than just a stellar voice; they had to be a perfect fit both musically and personality-wise.

Low Key performed at a number of events, most notably Operation Santa Claus, Sunset on the Quad and Up ‘til Dawn. They also performed during Family Weekend and Jimmy’s Mad Jam, displaying their school pride to incoming freshmen and many parents.

Junior Colin Wright, the assistant music director of the group, said, “It’s so interesting to see and hear how our group has grown in the past two years I’ve been in the group. Every newbie we get adds a little something different to Low Key, and that’s what keeps our dynamic so fun.”

The group’s biggest accomplishment came in the recording studio. In the spring, the group released their first album in Low Key history, entitled “Long Time Comin’.” The group began production on the album in spring of 2004 and it took them two years to create the final product. With no money from prior album sales to finance them, the group held car washes, performed in dorms, and set up donation campaigns to come up with the several thousand dollars it took to make the album, create the logo, and set up studio time. Also, one of their songs, “Let Go”, was featured in the “Best of Collegiate a cappella 2006,” a collection of songs from a cappella groups all over the nation. Senior Scott Bourdeau said, “They pick only a certain amount of tracks to go on the CD, and so in a nationwide compilation, we got one of our songs on there.”

Low Key’s unique sound is obvious from the songs they perform. About their choices in music, Bourdeau said, “It’s kind of like stuff that you potentially would have heard on the radio at some point in the past 10 years. Top 40 type things.” One such song they covered was “Mr. Brightside” by The Killers, a song not typically performed by an a cappella group.

Low Key gave older music that had run its course a new, fresh sound that resonated with their listeners. The group also entertained their audiences with their colorful personalities as much as with their voices.

Through outreach programs and social events, the geological association increased awareness and understanding of geological and environmental issues for members and within the community. The group of about 40 members welcomed students interested in the environment. The environmentally-centered group focused on improving students’ awareness of the influence of geology through education outreach, monetary donations and trail clean-up.
The girls loved them and the guys wanted to sing like them. Their melodic excellence and stage presence in concerts pulled their audiences in, leaving them cheering and clapping. Founded in 1996 by J.R. Snow and Dave Keller, the Madison Project, an all-male a cappella group, was the oldest such group on campus and gained respect and admiration from students, as well as those outside the university community.

To begin the semester, Madison Project went through an intense tryout process to find new voices to add to their sound. Senior Jonathon Stokes, president of the club, said they had about 70 students tryout but took only four. The new members were sophomores Chris Farwell and Blaine Young II and freshmen Joel Gerlach and Jeremy Winston. The new members anxiously awaited finding out if they had made the group. "They said to stay awake, so I stayed up for a while, but at around four in the morning I got a call to come downstairs," said Winston. "When I ran downstairs everyone was pretty excited including me. They told me I had made it. It was a good feeling."

In addition to the new members, the group added to its repertoire of music, debuting five new songs: "True Companion" by Mark Cohen, "And Then You Went Away" by Brian Vander Ark, "Love you Madly" by Cake, "Take on Me" by A-ha and Nsync's version of "O Holy Night."

The Madison Project continues to please audiences.

by Rachael Groseclose

The Madison Project continuously lent their voices at other organization's events. Many of their concerts were to benefit charities and philanthropies. The group sang at Delta Delta Delta's Triple Play benefit concert for St. Jude Children's Hospital on Oct. 12 and Zeta Tau Alpha's breast cancer benefit on Oct. 19. They also participated in Student Ambassadors' Operation Santa Claus and sang at freshman orientation, Family Weekend and Sunset on the Quad.

In addition to concerts on campus, the group toured at several high schools in Virginia Beach, Va. They also performed at two weddings. One wedding was for an alumnus of the group, who wanted to surprise his wife, an alumna of the university, with the new song "True Companion." The event was a favorite of many members. "It was really cool to be able to contribute to someone's happiness like that," said Young. "The look of surprise and excitement in her eyes when we walked out of the back room is something that I will never forget."

In the spring, the group celebrated their 10th anniversary by releasing a greatest hits album with a collection of favorites from their previous cds and a song not previously released entitled "Carry on My Wayward Son." Stokes said, "The anniversary marks both the friendships that have been made and the same harmonious sound that the group has shared for a decade."

After 10 years in existence, the most important element of the group remained the friendships gained through long hours spent together, and working with so many other groups at the university. Sophomore Jeff Chandler said, "It has given me an opportunity to meet some incredible people that I might not have otherwise met, both within the group and outside it."
The Zeta Theta chapter of Kappa Alpha Order (KA) was established at the university in 1995 with the intention of upholding the ideals of General Robert E. Lee, especially those concerning gentlemanly conduct and the respect and esteem of women. KA’s activities included social and philanthropic events. As a national organization, KA helped their philanthropy, the Muscular Dystrophy Association, raise over $30,000 at the annual MDA Lock-Up.
Marching along to a celebratory piece performed by the drum line, members of the Marching Royal Dukes rejoice as the football team completes a first down. The band included approximately 350 students. Photo by Mindi Westhoff

Performing in Bridgeforth Stadium, the Marching Royal Dukes amaze football fans. "And now, presenting 'Virginia's Finest,' the James Madison University Marching Royal Dukes!" began every halftime show. Photo courtesy of Diane Elliot

Beating their drums in a rendition of "Proud Mary," band members perform at a football game. The Marching Royal Dukes also participated in the Bridgewater Labor Day Festival and the Harrisonburg Christmas Parade. Photo by Mindi Westhoff

Performing in Bridgeforth Stadium, the Marching Royal Dukes amaze football fans. "And now, presenting 'Virginia's Finest,' the James Madison University Marching Royal Dukes!" began every halftime show. Photo courtesy of Diane Elliot

Bridging her flag during the halftime show, junior Bridget Finley concentrates to keep in sync. The band performed at many NFL games in Pittsburgh, Baltimore and Washington. Photo by Mindi Westhoff

Knights of Columbus was a fraternal benefit society founded on the principles of charity, unity, fraternity and patriotism. The organization helped Catholic men at the university remain committed to their faith while conducting service projects in the community. One such project was sponsoring a clothing drive in November to benefit the homeless in Harrisonburg.

Front row: Matthew Carey, Aaron Shuro, Adam Stanislawski, Michael Dickie, Chris Conaway; Back row: Bobby Custer, Timothy Foley, Aaron George, Justin Sculletti, Ronaldy Maramis.
Autumn ushered in another season for the Marching Royal Dukes as an assembly of over 400 musicians gathered together to support the university. These musicians proudly donned the school colors of purple and gold during every home football game and held performances that could be described as nothing less than spectacular. While the displays of visual harmony may have seemed effortless on Saturday afternoons, the behind-the-scenes work began long before the drum majors signaled the first official down beat of the season.

The Marching Royal Dukes met for seven days of band camp a week before the fall semester began. "It was the most intense experience ever," said senior Zachary Hittie. With the exception of meal breaks, the band practiced from 8:30 a.m. until 9:30 p.m., memorizing music and learning drill moves. "It sounds like torture," said Hittie, "but the hard work pays off with every performance." The work did not stop after band camp.

During the fall semester, the marching band gathered every afternoon to rehearse for their next upcoming show. "Mondays are always reserved for sectionals, which give us the chance to address music issues within individual sections," Hittie said. "Tuesday through Friday is usually a full ensemble rehearsal on Hillside Field where we learn new drill moves and address marching issues. On a game week, we usually have a Saturday morning rehearsal at the stadium."

Their hard work paid off during the football games, where students and family alike could experience the musically and visually stunning performances of the band’s half-time shows. Often accompanied by the Dukettes and their talented baton-twirler, the band traditionally played "Proud Mary" at every game. Regardless of the songs played, the group gave a dazzling performance, filled with moves and formations that made the view from the top row of seats as spectacular as the one from the front.

"You’re right in the middle of everything, all the fans are around you and their excitement is amazing," said junior Avery Daugherty. "It’s rewarding to have the support of so many alumni and students. The football games are a finale of all our work and it’s a fun low-pressure experience."

Aside from on-field performances, the Marching Royal Dukes participated in many other musical events. The band took part in the Bridgewater Labor Day Festival and the Harrisonburg Christmas Parade, along with a number of exhibition performances at high school competitions. The most significant event of the year, however, was the Parade of Champions, a high school competition hosted by the Marching Royal Dukes during the weekend of fall break, held at Bridgeforth Stadium. "The Parade of Champions is the most important annual event for the Marching Royal Dukes, because we get to perform for thousands of high school students, effectively recruiting many of them to come to JMU," said Hittie. In years past, the band has also been known to go on European performance tours. In the past decade, the band traveled to Monaco, Greece and Ireland, and had future plans to travel back to Ireland next year.

The Gamma Beta chapter of Lambda Pi Eta, the honor society for the school of communication, aimed to better the Harrisonburg community through volunteer work and academic sponsorship. Established in 1944, members enjoyed participating in activities designed to help both the members of the university and Harrisonburg communities. Two of the chapter’s projects included adopting a Harrisonburg family during the holidays and providing children with clothes and toys, and visiting local middle schools to give workshops on public speaking.
stimulating speech

For students interested in communication sciences and disorders, the university had one of the best programs in the area. The program grew rapidly, and with the growth came an interest in the university chapter of the National Student Speech/Language/Hearing Association (NSSLHA). Senior Jessica Buell, president of the chapter, stated that the club's purpose was to "bring speech-language pathology and audiology students together to learn more about the profession and participate in activities to get to know each other and the faculty better."

One way in which NSSLHA facilitated relationships among students and faculty was through a student-faculty luncheon in October. This activity allowed students to interact with their professors and each other outside of the classroom setting, free from the pressures of tests and grades. Also, the group setting removed the tension of one-on-one conversations, allowing members to open up and feel more relaxed. The event was organized in such a way that everyone had to move around the different communication sciences and disorders (CSD) offices to get the complete meal to encourage mingling.

On Dec. 5, NSSLHA sponsored a Holiday Dessert Social to celebrate the holidays, the end of the semester, and to welcome the National Association of Future Doctors of Audiology (NAFDA) as a recognized organization in the CSD department.

One of the biggest events sponsored by NSSLHA was Grad School Night. This provided members with an opportunity to hear from the university's graduate school coordinators about the best way to get into graduate programs at the university and other schools. They discussed ideal applicants, how to pick the right grad school and gave advice for students on how to be accepted into their top schools. Buell described the event saying, "It is always a success and something seniors and juniors look forward to every year." Senior Sara Hayden, club treasurer, said, "NSSLHA gives us an important head start into the professional world of CSD."

NSSLHA also brought guest speakers to the university to talk to members about their experiences in the field of CSD. In the fall, two professional speech-language pathologists from a local school system came to speak about their experiences in the public school system. In addition, NSSLHA had graduate audiology students come speak about the audiology side of the profession, what their experiences in the clinic were like and their encounters in grad school.

Spring semester brought more speakers from other areas of the field, as well as a great deal of fundraising for a program called NSSLHA Loves, an annual community service activity which promoted fundraising among NSSLHA members in support of national organizations that work with people living with communication disorders.

"I really enjoyed working with NSSLHA this year. We have had more participation than in the last few years, from both students and faculty," said Buell. "One of the best things about NSSLHA is that it gives students the opportunity to meet and interact with the faculty and get to know them on a more personal level. It is also giving students more insight into what graduate school and the professional world is like and what we can expect going into the field." 

madison dance

Madison Dance provided campus entertainment through performances at many university events during the year. The 60 members practiced choreographed routines several hours each week and shared a love of dance and performance. Madison Dance was made up of four different types of dance groups: jazz, lyrical, street and hip-hop.

NSSLHA strives to improve speech pathology.

by Kati Kitts

Front row: Ashley Hardwick, Melissa Barbour, Ashley Parks, Molly Strickland, Marissa Kuhn, Natalie Lee, Nicole Seney, Dana Ceccacci, Jan Vangjel; Second row: Rachel Caro, Kathleen Brennan, Tegan Hare, Maria Novell, Lauren Kean, Chiquita Cross, Courtney Wilson, Shobnom Islam, Alexandra Bossert, Emily Thomas; Back row: Courtney Dixon, Claire Howell, Heather Ford, Courtney Shimer, Jacquelyn Walsh, Renee Revelette, Erica Lynn Strong, Emma Joan Ozazer, Richard Christmas.
Exchanging presents, seniors Sara Hayden and Chrissy Wishmyer take part in the holiday spirit. The Holiday Dessert Social was a fun holiday event that the organization put on. Photo by Taro Hepler.

Celebrating their last meeting, members of NSSLHA serve their peers. The organization sold movie tickets and “Communicate for Life” bracelets to raise money for NSSLHA Loves. Photo by Taro Hepler.

Enjoying some refreshments, juniors Jody Roberts and Jenny Carver talk during a meeting. NSSLHA held an annual T-shirt and sweatshirt fundraiser for the organization. Photo by Taro Hepler.

Madison Motorsports was formed in 2000 by a group of individuals with a love for motor sports, and the club grew greatly since. The 35 members participated in many events such as auto-crosses and driving in track days and had tech days for members to work on their cars. Madison Motorsports also held a car show each year on campus.


new and improv'd

Using members of the audience to provide their movements, freshman Martin Makris and fellow members of New and Improv'd act out a scene during Operation Santa Claus. The group regularly performed at Taylor Down Under. Photo by Nancy Daly

Pretending to stand in the street, freshman Jackie South­ee and sophomore Lindsay Long cheer for Dr. Rose in a sketch put on during Brothers of a New Direction's Wild N' Out event. Members also participated in rap battles to see who had the quickest and funniest comebacks. Photo by Mindi Westhoff

Providing voices for each oth­er, freshman Jackie Southee, senior Brett Bovio and sopho­more Patrick Shanley provide the crowd with laughter. The troupe was known for their quick and clever style of com­edy. Photo by Mindi Westhoff

madison review

The Madison Review was a conservative-based cam­pus newspaper that sought to inform students of news and conservative opinions through their publica­tion. The newspaper was completely student-run and members took pride in encouraging the expression of view points not com­monly considered popular in a college environment. The Madison review newspaper had been available for many years, but began its bi­monthly publication in 2004.


Front row: Devon Harris, Victoria E. Mathieu, Adrienne Vaughn.
improv’ized

Live performances often occurred on campus, but few of these performances were directly influenced by the audiences themselves. Similar to a “choose-your-own-ending” novel, audience members got to choose the flow and direction at any one of the numerous New and Improv’ed shows held throughout the year.

New and Improv’ed was a comedic group of improvisational actors who performed in front of audiences large and small. Run entirely by eight creative students, the group’s members loved to spread entertainment and the craft of improvisation to other students. Senior Brett Bovio, New and Improv’ed director, said, “You actually have to tryout and make it, and it’s fairly hard to get into the group.”

Bovio summed up the qualities looked for in each new member. “We’re looking for someone that’s funny. I mean, we’re a comedy group, so you have to have that. Quick on your feet because, I mean, you’re up there and you have to go as soon as you hear a suggestion. And someone that just seems like they would work well with the group.” Freshman Jackie Southee said, “Improv was my niche all throughout high school so when I found out there was a team here I tried out. That was the best decision I ever made!”

The past year was a busy one for the comedy group, who performed about four TDU shows each semester as well as numerous dorm shows. All of these performances were free for the audience. In addition, the group put their wacky talents on display at benefit shows such as Operation Santa Claus and a show with Brothers of a New Direction. All in all, the group had at least one performance scheduled per week.

In January, the group performed its largest show of the year, the Improv Bowl. Held every year in the group’s seven year history, the Improv Bowl was a competitive and fun event where the group split off into two factions who performed to the delight of viewers at Grafton-Stovall Theatre.

Besides performances, New and Improv’ed also gave members the opportunity to attend an improv conference held every February in Chapel Hill, N.C. Professional improv groups set up workshops with attendees and gave performances. It was an opportunity for members to gain experience and skills to strengthen their comedic routines.

New and Improv’ed recognized the realities of college life, and worked to be a fun distraction for students. Bovio said, “It gets stressful during the year and it’s just a good way to come out and do things other than go out and party on weekends.”

Sophomore Patrick Shanley summarized his experience, saying, “I became part of the group with no acting or improv experience beforehand and only tried out because I was bored, but ever since that time I’ve found it to be one of the most satisfying and definitely the most fun thing I do at JMU.”

math teacher organization

The Math Teacher Organization became a club in Fall 2004. As the only existing organization that brought the schools of math and education together, they promoted the professional development of future math teachers. Members also conducted SOL review sessions for local high school students during the spring semester.
note-oriety lends its voices to benefit others.
by Rachael Groseclose

Established in 1998 as the first all-female a cappella group on campus, Note-oriety members continued their tradition of musical excellence by showcasing their talent and charisma to the university. The group of 14 lent their voices to other organizations on campus and established long lasting connections. Although I love making music with these girls and performing on stage with them, there is nothing in the world that could replace the friendships I've made with members of this group,” said senior Hanna Easley, the group’s music director.

These friendships were formed by spending long hours together practicing, performing and touring. Each semester began with grueling tryouts. This fall, freshman Christine Berg, sophomore Kerry Ann Donovan and junior Jonnelle Morris joined the group. The girls had to wait late into the night to find out if they had made it. “I vowed that I would go to sleep and pretend that I wasn’t waiting for anything, but as soon as I nodded off I would jump up thinking that I heard someone at the door or I would check my cell phone to see if anyone had called,” said Morris. “Somewhere between 3:30 and 4:30 a.m. I heard a loud knock on my door. To my amazement it was them! They ran into my apartment screaming and I was screaming and freaking out. It was madness.”

With the new members, the group practiced three times a week for up to five hours to prepare for their many performances. They lent their voices to other groups for fundraisers and charity events, performing for sororities and fraternities including Phi Gam Jam for FIJI. They also performed at benefit concerts for Up ’til Dawn and the March of Dimes. “It’s important for Note-oriety to support other groups at the university through benefit concerts because it brings the organizations together in a community where everyone respects and appreciates what the other groups have to offer to each other,” said junior Lauren Starck.

In addition to the many benefit concerts, the group also went on tour, where they visited two high schools in Northern Virginia and a middle school and elementary school in Richmond, Va. For many, the most exciting event of the year was performing in Richmond at a school where a former music director of Note-oriety was teaching at the time. Easley said, “The kids were so pumped up and excited to see us because of all that their teacher has said about us. We even sat in a line for about a half hour signing autographs. It was precious.”

All the practices, shows and touring led up to their final fall show, called “Meet Us under the Mistletoe.” The performance featured old and new songs, as well as Christmas classics. For Note-oriety, the concert embodied what they were about: music, community, friendship and family.

Junior Erin Frye said, “During my time with Note-oriety, the girls in the group have become some of my best friends through the love of music that we all share.”

mozaic

As a solely hip-hop performing dance club, Mozaic aimed to promote diversity through dance. The organization was formed in 2002 and collaborated with CMISS to cater to multicultural and international students.
Mimicking the words of the song, graduate Jillian Marie Kelleher, sophomore Jenny Kneale and graduate Heather Glynn perform "Mr. Big Stuff" for the freshmen during 1787 orientation in August. The group also performed at Sunset on the Quad and Family Weekend. Photo by Mindi Westhoff

Singing at Family Weekend, junior Jonnelle Morris gets into the music. Morris regularly performed "Mr. Big Stuff" with two other members of the group and also had a solo. Photo by Mindi Westhoff

The National Society of Collegiate Scholars, an honor society, had three main purposes. They were focused primarily on leadership, scholarship and service. Members took part in many service activities throughout the community and the state.

Facilitating a team-building activity, junior Brendan Travis works with recruitment counselors (Rho Chis). Outriggers spent over an hour with the group of women to build confidence and trust between them. Photo courtesy of Outriggers.

Sitting around the office, senior Casey Bryant, graduates Jess Begley and Kathleen Krohn and juniors Brendan Travis and Kristen Maher plan an upcoming program. Outriggers explained the benefits of each activity to the groups they facilitated. Photo courtesy of Outriggers.

The Nursing Student Association was the first professional nursing organization that participated in national competitions and was known for being strong competitors. Members were able to expand themselves professionally while also participating in community service projects, such as a senior citizen prom.

Front row: Gregory Baker, Aimee Cipicchio, Emily Watson, Brendan Travis, Stephen Lackey, Erin Sochaski, Jessica Misner, Casey Bryant, Megan McQuighan.

Front row: Kathryn Stockton, Jesse Cook, Allison Lester, Patti Van Drew, Sarah Cunningham, Lauren Myers, Christine Fiscopo, Second row: Rachael Haney, Melissa Perry, Lauren Piet, Susan Sconyers, Emily Barker, Courtney Kesper, Rachel Palenski, Lauren Burlew, Back row: Kelly Mehan, Megan Johnson, Savannah Jenkins.
breaking the ice

Whether an organization was in its beginning stages, working toward new goals or hoping to improve its group skills, there were always ways to perfect interactions among members. This is where the Outriggers Peer Educators came in.

According to their Web site, “Outrigger Peer Educators are students who are dedicated to assisting campus and community organizations through facilitation.” Outriggers were trained to foster teambuilding, group dynamics, communication, motivation, cultural diversity and leadership development.

“Outriggers provide the opportunity for organizations to recognize and fulfill their highest potential through interactive, team-oriented workshops,” said junior Steven Lackey. “The role of Outriggers is not to solve problems by giving the solution. Rather, our job is to do what it takes to help groups solve their own problems.”

The Outriggers were an invaluable resource for organizations of all types, and was comprised of approximately 25 members who were trained in small and large group facilitation. “Outriggers’ services are free and available to any JMU or Harrisonburg organization,” said senior Jess Misner. “Requesting organizations are asked to provide basic information in order to aid Outriggers in creating a program.”

When planning programs, Outriggers took the organization’s developmental stage into consideration. If conducting a program for a newly-formed group, Outriggers focused the program on icebreakers and introductions. “Other groups might request teambuilding activities, and those who are ending a semester or activity might request closing programs,” said Misner. Throughout the year, Outriggers assisted organizations from a cappella groups to sororities and fraternities to residence hall community councils. “We also help facilitate many new member retreats,” added Lackey.

To become a member of Outriggers, interested students were required to go through an application and interview process during the fall semester. Additional information about the process was available on the organization’s Web site, http://orgs.jmu.edu/outriggers.

Although Outrigger’s main purpose was to assist other groups in their development, members of Outriggers also received personal benefits from their involvement. “By being a member of Outriggers, one learns how to fine tune their leadership skills as well as how to help groups reach their fullest potential,” said Lackey. Added Misner, “It is a great program to be involved with, because it teaches you such necessary interpersonal and facilitation skills.”

optimist kids’ klub

The Optimist Kids’ Klub, founded in 2000, devoted their time to the children of the Harrisonburg community. The purpose of Optimist Kids’ Klub was to greater the lives of children through various fun activities and service projects. Members were positive role models and maintained positive attitudes for the kids.

Front Row: Adam Regula, Gwendolyn Page, Rebekah Deeds, Lauren Tebbenhoff; Back row: Ashley Davison, Kim Burkins, Nicole Daniels, Sarah Daniels, Monica Fitzgerald, Joynell Stoneman.
The Overtones, a co-ed a cappella group, made their mark on campus through more than just their music.

The group held auditions at the beginning of the semester with the other seven a cappella groups. Typically, they were the last group to finish the audition process since both men and women auditioned. This fall, about 125 students auditioned for the prestigious group and only three were accepted.

Senior Anthony Hairston, president of the Overtones, said, "This year was one of the best audition processes. So many groups got so many talented performers. Every group has brought their game this year." Hairston also remarked on the unity that formed among the a cappella community. "Ever since I've gotten into a cappella, I've sensed a feeling of community. But this year the bond has strengthened. Everyone hangs out with each other and we go to all the other groups’ shows. There is much more cohesiveness," he said.

The Overtones definitely made an impact on campus through their performances. They performed at numerous events, including Jimmy’s Mad Jam, Family Weekend and various dorm gigs.

"Family Weekend is one of my favorite concerts," said Hairston. "It’s the newbies’ first real show and you get to hear a lot of groups’ new songs."

The co-ed group also performed at benefit concerts. They showcased their talent for good causes at Zeta Tau Alpha’s Breast Cancer benefit concert and Delta Delta Delta’s Triple Play.

In December, the Overtones held their annual Winter PJ Jam. In addition to wowing the crowd with their music, the group provided refreshments, including hot chocolate and cookies, for attendees. Audience members who came decked out in pajamas were allowed entry into the event for a $1 discount. At the concert, the group showcased new songs including Whitney Houston’s “I Want to Dance with Somebody,” “Swing Low, Sweet Chariot,” DJ Sammy’s “Heaven,” and John Mellencamp’s “Wild Nights.”

In addition to their hectic performance schedule, the group found time to record a new album that they had been working on for the past two years. The new CD, "Red Room Sessions," was released at the group’s annual Valentine’s Day concert. Hairston indicated that the group was really excited since it was their first CD released in two years.

Hairston also mentioned that Valentine’s Day was one of his favorite shows. “At the concert, we have a request fest, which allows five members of the audience to choose a song for us to perform. We choose one song out of the five and produce a rendition of it in 20 minutes," said Hairston. “It’s fun to please the audience with a song we aren’t used to performing.”

The group also embarked on a tour over spring break throughout the East Coast. “This year was set apart from others because we released a CD and went on a tour during the same year. We usually only do one or the other in the time span of a year,” said Hairston.

“The Overtones really make an emphasis to demonstrate a family atmosphere; we all love each other. We are not only an a cappella community but an a cappella family,” said Hairston.

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The Paintball Club’s purpose was to promote awareness, good sportsmanship and teamwork among members. The group focused on good conduct and sportsmanship in general and tournament play. The Paintball Club also strove to educate members and help experienced members maintain high standards of safety, awareness and skill.

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Captivating the audience with her solo, sophomore Jessi Elgin performs to a crowd full of parents and students during Family Weekend. The Overtones were one of eight a cappella groups to perform at the event. Photo by Mindi Westhoff.

Belting out "Swing Low, Sweet Chariot," junior Brett MacMinn sings on the steps of Wilson Hall at Sunset on the Quad. As one of two co-ed a cappella groups, the Overtones were seen at numerous events on campus. Photo by Mindi Westhoff.


The Delta Gamma chapter of Phi Epsilon Kappa was founded on April 12, 1913 and operated exclusively for educational and charitable purposes as a non-profit organization dedicated to the advancement of those educational interest areas. Members were required to be declared Health Science or Kinesiology majors and go through a recruitment process.

Attending a panhellenic meeting, Greek women from all organizations listen to upcoming events. All Greek women were required to attend one panhellenic meeting a semester. Photo by Tara Hepler.

During the last meeting of the fall semester, juniors Stephanie Nelson and Kristin Schmitt are installed as new members. Panhellenic women spent a year shadowing their position before taking over. Photo by Tara Hepler.

Waiting for potential new members, women on panhellenic help out during recruitment orientation. Organizing sorority recruitment was Panhellenic Council's largest project. Photo by Nancy Daly.

The Gamma Alpha chapter of Phi Mu Alpha Sinfonia was founded on May 11, 1969 and was the only all-male organization on campus dedicated to the advancement of music in all its forms. The purpose of the organization was to develop the best and truest fraternal spirit, the mutual welfare and brotherhood of musical students, the advancement of music in America and loyalty to the Alma Mater.
governing greeks

Beginning their weekly meetings by reciting the panhellenic creed, the members of the Panhellenic Council once again lived up to the meaning of the council's name, "all Greek," as they continued to unify Greek life while representing all eight social sororities on campus.

All members of panhellenic's executive board served two years on the council. The first year was spent shadowing their future position, and the following year they held that rank. The executive board consisted of a member from each sorority in each position and the president, plus the nine elected positions. The executive board met on Tuesdays at 6:45 p.m. Additionally, each sorority sent two delegates to the weekly open meetings, held every Monday at 9 p.m.

Panhellenic began working on their biggest project, sorority recruitment, in the spring. Although recruitment was not held until the fall, months of preparation were required for the event. Training and selecting Rho Chis, or recruitment counselors, was one of the monumental tasks panhellenic undertook to prepare for recruitment. Interested women submitted an application, and were interviewed by Mike Citro, coordinator of Fraternity/Sorority Life and a member of panhellenic.

"G.P.A., interest and ability to work well with others are vital qualities that are looked for in the applicants," said senior Heather DeGroot, former panhellenic president. "In total, 36 Rho Chis are selected."

Once fall semester arrived, members of the executive board had their hands full making last-minute preparations for recruitment. The week before recruitment, panhellenic members sat out on the Commons and registered women interested in becoming part of Greek Life. The day before recruitment began, Panhellenic Council held an orientation for the potential new members, where they could have any last-minute questions answered and meet their Rho Chi.

Panhellenic also acted as the regulating body for the individual sororities during recruitment. The executive board made sure all the sororities followed proper recruitment regulations and procedures so that none of the sororities gained an unfair advantage in the recruitment process.

"The rules of recruitment are set by the National Panhellenic Council," said DeGroot. "These rules are made with the interest of the potential new members in mind, in order to make their decision as easy and unbiased as possible."

Although recruitment was Panhellenic Council's biggest responsibility, they also assisted the Greek community in other ways. During finals week, panhellenic reserved rooms in Taylor Hall for Greeks to use as study areas and provided snacks to fuel energy during the stressful week. Panhellenic also co-sponsored Greek Week with the Interfraternity Council, a week of promoting unity among all chapters involved in Greek Life held in the spring.

Through all their endeavors, the members of panhellenic strived to unite all the women involved in Greek Life, no matter their chapter. This brought a greater sense of pride to all those involved.

Phi Sigma Pi National Honor Fraternity was founded nationally in 1916 and chartered at the university in 1995. Members were required to have at least three semesters left at the university, at least a 3.0 G.P.A. and participate in a two-week long recruitment process. The organization participated in multiple events to raise money for the Multiple Sclerosis Foundation and the Megan Stidham scholarship.
aspiring lawyers

Serving as a resource for their members, academic organizations were created to assist students along their educational journey. Phi Alpha Delta, the university's pre-law fraternity, continued to serve members long after they graduated and became involved in the workplace.

"Phi Alpha Delta's pre-law chapters bring together students interested in attending law school and developing bonds with their future colleagues in the legal field," said Matthew Clark, president of Phi Alpha Delta. Although the university offered only a pre-law chapter because of the absence of a law program, internationally Phi Alpha Delta also contained law students, legal educators, attorneys, judges, and government officials.

"Pre-law chapter members are automatically extended membership to the Phi Alpha Delta chapter when they go to law school," added Clark.

The university pre-law chapter of Phi Alpha Delta was founded in November 2004, and the first pledge class was initiated the following spring. Started with only 15 students, the group's membership had increased to almost 40 members.

Membership in Phi Alpha Delta provided students with a plethora of information about the field of law and offered resources and connections for pursuing a law career.

Phi Alpha Delta invited speakers to the university for an information session for its members on Oct. 19, which featured three attorneys. The attorneys spoke to the group about their careers, discussed the field of law and offered advice for getting into law school.

In philanthropic spirit, Phi Alpha Delta sponsored a canned food drive in November to gather food for those less fortunate. The fraternity managed to fill 21 boxes of canned goods to donate to The Salvation Army.

Phi Alpha Delta also served the university's pre-law community with invaluable resources that enhanced their interest and ability in the field of law, both during and after their time at the university.

pi sigma epsilon

Pi Sigma Epsilon's purpose was to create a collegiate organization of students who were interested in the advancement of marketing, selling and sales management as a profession. The organization gave students experience in marketing, selling and sales management toward their career.

Phi Alpha Delta prepares students for a career in law.

by Sara Wist
Following one of Phi Alpha Delta's meetings, senior Josh Ben-Asher converses with a lawyer. The organization held a meet and greet during which lawyers informed members about various aspects of law. Photo by Nancy Daly

Talking about future plans, members of Phi Alpha Delta speak with fellow students. The organization prepared students for a career in law. Photo by Nancy Daly

Providing refreshments at the meet and greet with lawyers, members enjoy the event. Alpha Phi Delta also participated in service projects. Photo by Nancy Daly

The Pre-Physical Therapy Society was a pre-professional organization aimed at educating students aspiring to pursue a career in physical therapy. The organization held an annual physical therapy exposition during which 25 graduate programs came to educate and recruit students.
students in free enterprise

Working a table for a Hurricane Katrina fundraiser, senior Nicole Helmke accepts donations. SIFE was active in various community service projects that taught market economics, entrepreneurship, personal finance success skills and business ethics.

Conducting a seminar, Dr. Brooks Marshall teaches over 100 students how to invest their money wisely. SIFE held its third annual investment seminar this year. Photo courtesy of Kim Toshner.

sailing club

The Sailing Club educated new sailors about the world of sailing. More experienced sailors had the opportunity to educate others while at the same time improving their own skills.
future CEOs

While many clubs and organizations on campus were created to give members an enjoyable break from their academic lives, a number of students felt that creating a club based on their studies would be a beneficial and fun thing to do. Students came together to create Student in Free Enterprise (SIFE), a community service organization with a business twist, founded at the university in 2003.

"SIFE is an international non-profit organization active on over 1,000 university campuses in more than 40 countries," said Kim Tashner, club president. "SIFE teams create economic opportunities in their communities by organizing outreach programs that teach market economics, entrepreneurship, personal finance success skills and business ethics."

Free enterprise was another way to describe the principle of capitalism, an economic system in which all, or most, of the means of production were independently owned and managed.

Throughout the year, SIFE worked on and sponsored a multitude of events, designed to help students succeed in free enterprise. On Oct. 25, the organization held its 3rd annual investment seminar. This event was an opportunity for students to learn about investing in mutual funds and stocks, receive information about buying a house and tips about starting a Roth IRA.

SIFE sponsored an Entrepreneurship Conference on Feb. 18, where students studied the steps to take in starting their own businesses. The organization also had knowledgeable speakers, such as prominent businessmen and women and venture capitalists to come speak to those who attended.

"SIFE students make a difference in their community by helping people develop a better understanding of how our free enterprise system works and how to use this information to empower themselves and achieve new success," said Tashner. "As a member of a SIFE team, you'll face challenges and learn from experiences that you simply can't find in a classroom."

Other community service activities included the 2nd annual World Fair held at Keister Elementary School, where members introduced the elementary students to the concept of market economies and explained how the world's economies were all intertwined, and Land Use, a project in which the members of SIFE helped a local woman determine the best use for her land by using a market and land analysis.

Members of SIFE used their extra time to develop ongoing projects, such as Madison Marketplace, an online auction site just for the university, similar to http://amazon.com and http://ebay.com, which debuted this spring. SIFE also produced a booklet for all incoming freshman, called "How-to-JMU," a source of information about the university and surrounding community, including interesting places to go in Harrisonburg.

SIFE was open to all students, regardless of major or grade point average. "We look for highly motivated students who want to make a difference," said Tashner. The organization was a helpful service for students, whether they wanted to learn a little bit about identity theft or plan out their whole financial future.

The Gamma Iota chapter of Sigma Alpha Iota was chartered on Dec. 7, 1958 and sought to promote music and service throughout the community. Members were required to have a minimum 2.5 G.P.A. and complete at least one music course. Community service projects such as assisting local Girl Scouts in earning their music badges and supporting programs to aspiring musicians were vital aspects of the organization.
A sigma bond is known within the science community to be one of the strongest molecular interactions. The bonds of Sigma Sigma Sigma (Tri Sigma) epitomized this chemistry. The social sorority of Tri Sigma had endured for over a century since its founding in 1898 at Longwood University. The Alpha Upsilon chapter of the university was chartered in 1938. Tri Sigma aspired to uphold the national organization's eminent values of sisterhood, perpetual bonds of friendship and extending leadership in the local as well as national community.

The women of Tri Sigma not only sought to better themselves as leaders in the community, they also sought to extend help by partnering with philanthropic organizations and raising awareness for such causes as eating disorders and the importance of child play therapy. The Robbie Page Memorial Fund, an organization which raised money for child play therapy and medical research, served as Tri Sigma’s national philanthropy. The chapter had fun while raising money for such an important cause through their annual kickball tournament at Purcell Park involving both Greeks and non-Greeks. This year, the women and students helped raise over $5,000 for the memorial fund.

In support of the Leslie George Memorial Fund, a foundation for eating disorder awareness, Tri Sigma held an annual benefit concert, called Everybody is Beautiful. George, a former member of the chapter, passed away several years ago after a battle with anorexia and bulimia. "This is an excellent opportunity for all women of the JMU community to come together, educate and create a greater understanding of such a critical issue," said junior Stephanie McClure, the committee chair. "It truly holds significant meaning within our chapter," added chapter President Emily Whitman, "as well as motivating us to continuously educate others, not only on a Greek level but on a campus-wide level."

Aside from Tri Sigma’s philanthropic involvement, the women of this organization found time to participate in other organizations and honor societies around the university. "This sorority is unique through the independence and perspective that each woman brings to the chapter through her involvement in activities outside of Tri Sigma," said Whitman. "This is most evident through our major events such as recruitment, Greek-wide events and especially our philanthropies."

Indeed, the bonds of Tri Sigma extended far beyond just the social aspects that a sorority brought. Through sisterhood and strength in friendship, to extensive involvement in philanthropy as well as the university and Harrisonburg community, this group of sisters continued to show that there were some bonds that could never be broken.

Reminiscing about her involvement with the chapter, senior Jackie Kersh said, "It's amazing how quickly four years pass, through it all, we have remained strong and grown a sisterhood that will last forever."

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**club softball**

The Club Softball team aimed to build a strong team bond through hard work and practice in order to achieve a successful season. The team attained prestigious awards in the past few years, including a ranking of fourth in the nation in 2003, and placing first in the University of Georgia Tournament and the University of Maryland Tournament in 2004.
The Spanish Club focused on promoting awareness and educating others about Spanish culture. The organization encouraged members to become involved in the Hispanic community of Harrisonburg. All students were welcome to join the Spanish Club with no application process required.
executive action

For members of the Student Government Association (SGA), Tuesday nights usually meant long heated debates and countless hours spent in the Highlands room. The weekly student senate meetings began at 5 p.m. with a purpose to fulfill the SGA's mission statement and serve the students. Their motto was "to serve, inform, educate, represent."

At the meetings SGA President Wesli Spencer encouraged students to remember why they became senators and helped them realize their roles on campus as senators. He began by having the senate recite the mission statement, in hopes that every member would have it memorized.

The SGA was divided into three branches: the executive council, the student senate and the class councils. Each branch strove to represent their constituents and run activities for that group. Members served as representatives who connected the students to administration.

The executive branch of the SGA was designed to oversee all the other branches of the SGA and make sure everything was run efficiently and was accountable to the entire student body.

During meetings, representatives voted on different bills that affected the student body, allocated money to different organizations or made amendments to the SGA constitution. Senators spoke their opinions of all the bills attempting to sway senators to vote in their direction. Debates over bills could take hours and even last more than one meeting.

"The Student Government Association is the largest student body on campus, vested with the responsibility of advocating the student voice to all parts of the JMU community," Director of Communications Geary Cox said. "The SGA works constantly to improve student leadership on campus and in the greater community through service opportunities and advocacy."

Yellow polos made a bright new addition to the SGA. Members could buy a shirt to make them recognizable on campus as an SGA representative.

SGA worked to bring all organizations together to respond to Hurricane Katrina in creating the Hope Floats week. The goal of this was to raise one dollar for each student. The week consisted of a silence day, a chance to donate blood and University of Sunday, a nondenominational opportunity for students to pray for victims. The main event was a 12-hour donation marathon.

During Homecoming week the SGA sponsored the annual Mr. and Ms. Madison contest. On Friday, their float won first place in the annual Homecoming parade. SGA also passed out the popular "Purple Out" shirts at the pep rally. There were more shirts distributed this year than any year before. The Purple Out T-shirt distribution has been a tradition of the SGA for four years. Members of the SGA also began to sell "Madison" T-shirts during the week.

SGA works on improvements for the student body

by MariaNosal

executive council

The Executive Council oversaw the entire SGA and was accountable to the student body. The Council set organizational policies and had the power to veto any actions of the Senate and served as official student representatives to the administration. The Council was elected during the spring semester by the student body.
Class Councils worked to put on academic programs, social events and community service activities to help unify students through their classes. Members helped to develop leadership in their respective classes. All policies and procedures for the Class Council were set by the vice president of student affairs.
The Class council worked to unify students in their respective classes. Events that they worked on included the "Off Campus Living Forum." This was designed to inform students living on-campus about all of the off-campus living options. Staff from housing developments spoke as well as students who lived off-campus. Class Councils also spent a morning passing out free hot chocolate on the Commons.

Two new events for class council included a Ms. Freshman pageant, which paralleled the Mr. Freshman pageant, and Pancakes for Parkinson's, an opportunity for the junior class to raise money for Parkinson's disease research.

"I really enjoy being on class council because it gives me a chance to do activities that build class unity," said junior Emily Watson, class vice president. "I've made a lot of good memories these past two years on class council and plan on doing it again next year."

The SGA worked hard all year long to serve the students in the best way possible. They continued to uphold improvements for students such as Mr. And Ms. Greek, The Big Event, Madison Challenge and 24-hour library hours during finals week, while striving to represent the best interest of students to the administration.

executive staff

The Executive Staff worked to support all programs and policies that were set forth by the Executive Council or Student Senate. The chief of staff was responsible for overseeing the Executive Staff. Members of the student body elected the staff during spring elections, with the Executive Council.
Making a motion, graduate Ricardo Pineres speaks during a senate meeting. Senate meetings, where bills were discussed, were held once a week. Photo by Mindi Westhoff

During a meeting, senior Gina Maurone looks over material next to sophomore Juliane Maguire. The members of the SGA listened to a speaker explain the new calendars on the university Web site. Photo by Mindi Westhoff

Sharing ideas, class council representatives discuss a bill to reconstruct the senate. The class council was comprised of an elected president, vice president, secretary and treasurer representing each class. Photo by Mindi Westhoff

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student government association positions

Senior Class Council
President, Katie Morse
Vice President, Kim Overbeck
Secretary, Andrea Kelley
Treasurer, Dillom Bahta

Sophomore Class Council
President, Brandon Eickel
Vice President, Jamie Lockhart
Secretary, Lindsay Dowd
Treasurer, Robert Burden

Freshman Class Council
President, Fred Rose
Vice President, Chiquita King
Secretary, Heather Cote
Treasurer, Parag Parikh

Executive Officers
Student Body President, Wesli Spencer
Vice President of Administrative Affairs, Ryan Powell
Vice President of Student Affairs, Victor Lim
Executive Treasurer, Gina Maurone

Executive Staff
Speaker of the Student Senate, Lee Brooks
Chief of Staff, Lydia Oppe
Executive Assistant, Juliane Maguire
Director of Communications, Geary Cox
Director of Information Technology, Christina Chiaro
Director of Leadership Programs, Jessica Jones
Parliamentarian, Brendan Travis
Historians, Trishena Farley and Kendra Bassi
Director of Government Relations, Beth Rudolph
Director of Cultural Affairs, Alex Waldie

information compiled from http://sga.jmu.edu
Collecting toys for Operation Santa Claus, ambassadors Jennifer Dragas, Lindsay Brightenberg and Beth Cromwell happily accept donations to benefit The Salvation Army. The event featured many a cappella and dance groups and raised over $3,000. Photo by Nancy Defy

Riding on the Student Ambassador Float, junior Elizabeth Puritz and fellow ambassadors display their school spirit. Student Ambassadors made their presence known throughout campus with their involvement in numerous events. Photo by Mindi Westhoff

Front row: Amanda Zastudil, Ryan Powell, Jake Miller, Jessica Misner, Jen Ramsey, Keith Mann, Jessica Major, Margaret Schully, Lauren Myers, Jennifer Dragas, Ray Brakcken; Second row: Amanda Walsh, Lauren Gniazdowski, Erin Sobaski, Jackie Kershis, Anna Weatherby, Allie Ludmer, Amir Poonsokvarasan, Ashley McClelland, Alicia Romano, Kate Williams; Third row: Steve Greco, Tripp Purks, Jason DeLaBruyere, Bonnie Creech, Lindsey Harmon, Christina Urso, Bradley Nelson, Amanda Denney, Elizabeth Puritz, Shelly Dawn Harris, Meg Bellino, Christina Miller, Chris Rinaker, Katelyn Belcher, Lindsey Harriman; Back row: Ben Erwin, Brian Clark, Ashley Bullard, Coleman Bonner, Stephen DePasquale, Kevin Hasser, Brett Bovio, Kevin Ellis, Kristin Naylor, Michael Toner, Emily Vande Lou, Sarah Johannes, Beth Cromwell, Beth Tarrant.

student ambassador information

student ambassador events

- Campus Tours
- Admissions
- Alumni Events
- Madison P.R.I.D.E.
- Homecoming
- Operation Santa Claus
- Parents of the Year Award
- Carrie Kutner Scholarship
- Community Service
- Major campus events
- Special Events

requirements to be an ambassador

- full-time student
- minimum 2.5 G.P.A.
- at least three semesters left at the university as an undergraduate
serving students

There were many things prospective students remembered about their first visit to the university, such as the workout from climbing all the hills, the gorgeous view of the quad or a meal at D-Hall. No matter what students’ first impressions were, they all had one thing in common: their student ambassador. Who could forget those little energizer bunnies in purple shirts who never seemed to slow down?

Student Ambassadors represented the university to all potential freshmen and played a major role in students’ decision to attend the university. This year, like always, the ambassadors did a wonderful job embodying the student population to every visitor and tour group that stepped foot onto campus. What many people did not know was that giving tours was just one small part of a very large job.

“Student Ambassadors is first and foremost a service organization to this university,” said senior Jen Ramsey. “We define this service through our mission statement, which is ‘students serving students: past, present and future.’” Ambassadors served graduates by helping out in the Office of Alumni with reunions, alumni tours, Homecoming and existing alumni chapter events. To serve current students, the student ambassadors provided a Parent of the Year award and organized a variety of events to increase school spirit and university involvement. In addition, they coordinated the Homecoming Pep Rally and Operation Santa Claus, a concert that raised money for Harrisonburg Social Services and provided foster children with Christmas presents.

“Most people recognize us from the way we serve future JMU students through our involvement with the Office of Admissions,” said Ramsey. This involved, of course, giving tours to prospective students, but Ramsey said, “That is only the tip of the iceberg when it comes to future students.” The student ambassadors also provided a “Duke-for-a-Day” service, where prospective students followed an ambassador throughout his or her day, and organized Madison P.R.I.D.E., a program that trained current students to return to their former high schools and encourage prospective students to attend the university.

All of the work that the student ambassadors took part in was unpaid. Sophomore Amber Garrity said, “It’s rewarding to know that we are an organization that is 100% volunteer-driven.” Despite the lack of a monetary reward, the application process to become an ambassador was very intense. In the fall the organization began its annual membership drive, receiving hundreds of applications from hopeful students eager to wear the purple polo. “In my mind this is a huge testament to the school and the positive spirit that exists on our campus,” said Ramsey. “To think that hundreds of people would be willing to donate so much of their time and energy to the betterment of this university makes me proud to go here and speaks to just how great this place is.”

student circle of the association for black psychologists

The members of the Student Circle were students of the mental health field committed to both the liberation of the Black mind and to the development of optimal psychological functioning among people of African descent. The group utilized the principles of commitment, cooperativeness, creativity and self-determination to develop a better understanding of the current conditions facing African Americans. The members also aimed to promote communication among psychology students.
The Student Duke Club attended sporting events throughout the year in order to support university athletics through spirit. The club was founded in 2000 in order to give students an outlet to express their love and devotion for university athletics. Members, found at athletic events wearing purple and gold T-shirts, were able to show their school pride.
martial arts

Tae Kwon Do, or “the art of kicking and punching,” was a traditional Korean martial art and the national sport of Korea. It was the art of self-defense and mental discipline. Students of the art followed the five tenets which guided their martial art training: courtesy, integrity, perseverance, self-control and indomitable spirit. Tae Kwon Do distinguished itself from other martial arts by employing kicks as an essential technique.

While the roots of Tae Kwon Do extended far back into the history of Korea, the university’s Tae Kwon Do club was created in 1981. The objectives of the club were to stimulate interest in the discipline among students, faculty and staff members as an art, sport and means of self-defense. For 10 years after its conception, the club changed its martial art form to the Japanese style and became known as the Karate Club. In 1994, the club reverted back to its original form and Tae Kwon Do once again flourished at the university. Since then, the club had grown in popularity, drawing many new members each semester.

The student-run organization featured classes for beginning, intermediate and advanced levels throughout the week, taught by head instructor Jon Price and assistant instructor Andrew Carnahan. Students at any level were welcome to join. Junior Devin Nelson, a junior red belt, joined the club with a background in wrestling and kempo, a martial art with a foundation in Karate that incorporated Shaolin Kung Fu and kickboxing. “The Tae Kwon Do club is where I can learn self defense, practice a martial art both in private and in competition and make friends,” said Nelson.

Aside from the weekly classes, the club also hosted and participated in a number of competitions. Each year, the club hosted at least one competition, inviting nearby martial arts academies and other school clubs. Over the year, the organization from Virginia Tech was the club’s biggest competitor. In addition to these regional events, the club sent individuals to international competitions such as the Charlie Lee World Series. The club also held fundraisers, social events, belt tests and women’s self-defense seminars.

Outside of the rigorous curriculums of physical and mental discipline, the members of the club were a tightly-knit group. “We go to dinners together, go partying, hang out and in many cases, live together!” said senior Raleigh Marshall, president of the club. “There is a very strong sense of unity within the club that is forged through the trials that every class goes through together,” said Marshall.

There were many lessons to be learned from the art of Tae Kwon Do. While the literal context may have been different between each member, the lessons learned were invaluable none the less. “Personally, I have learned cooperative synergy, personal persistence, teaching strategies and advanced self-defense techniques,” said Marshall. “There are many other things you learn depending on your personal experiences, but I’m proud to say that everyone who practices with the Tae Kwon Do club, for even as little as a week, can’t say that they haven’t learned anything.”

students for minority outreach

Established at the university in 1989, Students for Minority Outreach aimed to recruit and retain minority students at the university. Members worked closely with the Office of Admissions to put on two big programs during the year to help recruit minority students. The group also worked with other organizations on campus to sponsor programs to help retain the minority students that were on campus.
Starting at 6:30 a.m. on Mondays, members of the Triathlon Club met to swim at the UREC pool for an hour and a half. In addition to attending four mornings of swim practice, these dedicated athletes also cycled twice a week for an hour in the UREC cycle studio, ran at least twice a week and either went for a long run or long bike ride on weekends. This regimen did not include the additional solo training and workouts that individuals undertook on their own.

“Triathlon started about six years ago with four members. Since then, we have grown to over 60 members, and we traveled throughout Virginia, North Carolina and out to Arizona and Nevada for nationals in April,” explained senior Joanna Mitchell, president of the club.

The club did not hold formal tryouts; the only requirements for membership were attendance at weekly meetings and a desire to get involved with triathlon. “We taught the basics of triathlon, as well as fostered learning and development in triathlon careers,” said Mitchell. “Some of our members were at the level of competing in Age Group Worlds, while others had recently purchased their first bike.”

Beyond training and competition, Triathlon club members also enjoyed social activities, such as a holiday gift exchange, as well as fundraising and community service. “Triathlon became like a second family at school for all of us,” explained sophomore Julie Gliesing.

Club swimming

Club swimming had been growing every year, and all students were invited to join. The club aimed to foster a fun, competitive atmosphere with swimming, helping to bring together university students. The 75 members participated in inter-collegiate competitions.

The spring race schedule kicked off with the Colonial half-marathon in February, followed by the MAP Sprint Triathlon, Azalea Festival Triathlon and Angels Spring Triathlon. Near the end of April came the Collegiate Triathlon National Championships, held in Reno, Nev. All athletes could register for nationals, and this often served as a peak event toward which members trained, as it was the final race of the season.

A competition list of around 35 members started the fall season with the Rock ‘n’ Roll half-marathon in early September. Other fall races included the Outback Big Lick Triathlon and the Sherando Lake Sprint in September and October.

“We accommodated all members, and learned and trained with each other. Not only were we a hardworking, dedicated team, but we genuinely enjoyed each other’s company,” said Mitchell. “This club has come a long way and developed a lot over six years. It is an amazing club with some amazing people in it.”

Whether members trained for their first half-marathon or prepared for another trip to worlds, every athlete in the Triathlon club understood the importance of self-motivation and training. As they wandered into UREC at 6:30 a.m. four mornings a week, they knew the early morning sacrifices would equal success throughout the season, and they realized the potential within them which Triathlon unlocked.

“Triathlon brings out the best in everyone,” said freshman Brian Picknally.
Smiling for the camera, members of the Triathlon Club complete the events at the Outback Big Lick. The members trained every day of the week for the three events: biking, running and swimming, and it paid off by gaining them a trip to Nationals. Photo courtesy of Joanna Mitchell

Giving it all they have, members swim during one of the events. The members competed in many races throughout the year, including the Rock N’ Roll half-marathon and the Sherando Big Sprint, both held in the fall. Photo courtesy of Joanna Mitchell


Tau Beta Sigma was the National honorary band sorority. Members promoted service to the bands, music department and the community. They also focused on the value of women in leadership positions, especially within the music programs.
Roasting marshmallows at the fall festival in the village, students enjoy cider, s'mores and good music. The 80 One Records event was also sponsored by the office of Off Campus Life. Photo courtesy of UPB.

Setting up the stage, the stage crew prepares the Convocation Center for the Jimmy Eat World and Taking Back Sunday concert. Many students volunteered with UPB and gained free admission to events. Photo courtesy of UPB.

Sitting behind the soundboard, juniors Jeremy Paredes and Rondi Sponenberg converse during Jimmy's Mad Jam. UPB was an entirely student volunteer organization. Photo courtesy of UPB.

Front row: Jesse Wright, Jamie Fox, Rondi Sponenberg, Jeremy Paredes, Christian Hopp, Jennifer Winn, Lea Deglandon; Second row: Bryant Getzel, Ashley Hunter, Melanie Bullock, Lyndsey Scott, Katie Kindig, Anna Fitzgibbon, Sarah Sundi, Megan Bucknum; Back row: Mona Abdelrazaq, Kaitlin O'Neil, Jackie Cartwright.

university program board

Film
Director of Cinematic Events, Jacquelyn Cartwright
Director of Cinematic Promotions, Mona Abdelrazaq

Public Relations
Director of Media and Public Relations, Jamie Fox

Hospitality
Director of Hospitality, Lyndsey Scott

Music Events
Director of Musical Events, Katie Kindig

Advertising
Director of Event Promotions, Jesse Wright
Director of Print Advertising, Marlie Vodofsky
Director of Multimedia and Graphic Design, Jennifer Winn

Cultural Awareness
Director of Issues and Cultural Awareness, Megan Bucknum

Variety
Director of Variety Entertainment, Anna Fitzgibbon

Record Label
Director of Artists and Repertoire, Bryant Getzel
Director of Label Promotions, Rondi Sponenberg

Art
Director of Arts Events, Lea Deglandon

Tech Awareness
Director of Technical Services, Christian Hopp

Other Directors
Director of Membership, Ashley Hunter
Director of Finance, Kaitlin O'Neil
Executive Director, Jeremy Paredes

Information compiled from http://upb.jmu.edu/
The university played host to a variety of speakers, singers and events, brought to the campus for the sole purpose of entertaining students. With a Howie Day concert, Late Night Breakfasts, Capture the Flag, a Gubernatorial Debate and many other exciting events, students certainly had plenty to keep them occupied. So did all the members of the University Program Board (UPB), a non-profit student organization that sponsored all these events and many more.

UPB was one of the largest organizations on campus, made up of an executive board and over 400 volunteer members. The executive board was headed up by 17 student directors, a graduate assistant and a UPB Coordinator. Their responsibilities included everything from showing weekly movies at Grafton-Stovall Theatre to working and promoting large-scale campus events.

“UPB is so different from the other student organizations on campus,” said senior Jamie Fox, director of media and public relations. “We plan the events that make the students’ experience at JMU memorable.”

The group was broken down into committees to accommodate each of the separate types of events for which UPB was responsible. Every committee had volunteers who received points for attending or helping out with UPB events. The points then translated into dollars when the volunteers wanted to purchase tickets for any event sponsored by the University Program Board. Senior Nancy Vidarte, Grafton-Stovall shift coordinator for the Film Committee, remarked that volunteering for UPB is great because, “you pay nothing but the experience that you get is so rewarding.”

Along with providing free tickets and a chance to get involved, UPB gave student volunteers an opportunity to have a say in what events came to campus. Members of the Film Committee voted on which movies to show at Grafton-Stovall and at the end of the month were able to keep the posters from their favorite films. Music committee volunteers voiced their opinions on what groups or performers should come to campus. The results included at least two movies per week at Grafton, sneak previews like Adam Sandler’s “Grandma’s Boy,” an International Film Week and a fall Convocation Center show featuring Juliana Theory, Motion City Soundtrack and Phantom Planet.

For some UPB members, attending the official meetings and helping out with all the sponsored events on campus was not enough. Throughout the year a number of volunteers participated in informal game nights which involved late-night snacks and vicious games of Trivial Pursuit Pop-Culture DVD Edition that were known to last for hours on end. However they decided to participate, any student who got involved with UPB was sure to find an outlet for their interests, hobbies and creativity. Vidarte said UPB was “the most beneficial organization that I have ever been a part of.”

In the end, UPB was beneficial for all the students at the university. Their hard-work and dedication kept the campus buzzing with a multitude of amazing events from the beginning of the year to the very end.
“No child should die in the dawn of life,” said Danny Thomas, the founder of St. Jude Children’s Research Hospital. This statement guided the philosophy of Up ’til Dawn, a student-led organization that raised money for the hospital through letter-writing and fundraising events.

St. Jude Children’s Research Hospital was one of the largest childhood cancer research centers in the world. In addition to treating patients, the doctors shared their research findings with doctors and scientists throughout the world. Since the hospital’s opening in 1962, researchers had developed protocols that brought survival rates for childhood cancers up from less than 20 percent to above 70 percent. Although they treated over 20,000 children, the families of patients were never obligated to pay for treatment. Therefore, they were dependent on donations to cover the daily operating costs of over a million dollars.

Up ’til Dawn started at the University of Memphis and spread to colleges throughout the country to help raise money for the hospital.

Up ’til Dawn was established at the university in 2001 when a St. Jude representative visited and caught the attention of Jennifer Oberholtzer, who began Up ’til Dawn at the university. Since then it had grown into an organization lead by an executive board that recruited clubs, organizations and independent groups to register as teams in order to participate in their main fundraising event, letter-writing.

The second week of the semester was Childhood Cancer Awareness week. The group started the week with an information session about Up ’til Dawn and sponsored a blood drive.

The main fundraising events were two letter-writing parties held in October and November. With themes such as “Purple and Gold” and “Candyland,” teams were invited to fill out letters to send to family and friends asking for donations. Throughout the night, a cappella groups sang and food was provided. “The letter-writing parties are good fundraisers because they are easy to participate in and also are a lot of fun for the participants,” said junior Jamie Riegal. “The best part of joining a team for Up ’til Dawn is that it is not a huge commitment, but writing the letters really raises a lot of money.”

In addition to the letter writing, for the first time the executive board sponsored a gourmet dinner for parents, faculty and students over the age of 21 on Nov. 12. Food was prepared by Rodney Stockett, a football alumni and chef, and was co-sponsored by dining service and head chef Brian Heffner. During the dinner there was a silent auction. The dinner raised over $2,000 for the cause. “I hope that we can continue this event every year and that over time we will be able to increase our total donations to the hospital,” said senior Tori Masters, executive director of Up ’til Dawn.

While members devoted much of their time to prepare for the events which sole purpose was to raise money for children, it was worth it. “I have an enormous weak spot for children” said Emily Watkins. “So for me to be helping kids with diseases makes all the time put into this organization worthwhile.”

Tau Kappa Epsilon (TKE) aided college men in mental, moral and social development. The social fraternity was founded on campus in 1969, making it the oldest social fraternity at the university. TKE had a long tradition at the university and boasted the highest G.P.A. on campus of all social fraternities.

Front row: Jordan Cahn, Seth Formal, Alex White, Michael Milo Dwyer, James Medlin, Phillip Walker; Second row: Matt Evans, Aaron Revo, David Seidman, Brian Duboff, Jacob Smith, Brent Cogrove, John McCarthy; Back row: Chandler Iorio, Chris Caggiano, Will Prendergast, Chris Melillo, Matt Crawford, Brandon White, Danny Moore.
Playing a game of Candy Land, members of Up 'til Down have a little fun during a meeting. Part of their mission was to raise money for St. Jude Children's Research Hospital through letter-writing campaigns. Photo by Reveé TenHuisen

Organizing information, members of Up 'til Down work hard at a letter-writing party. In addition to letter-writing, members fundraised throughout the year by canning at local businesses. Photo by Reveé TenHuisen

Helping out, Hanna Easley and the rest of Note-oriety performs at an Up 'til Dawn meeting. The a cappella group provided entertainment and kept morale high during one of the group's weekly meetings. Photo by Reveé TenHuisen

Uniting students with a shared interest in Vietnamese culture, the Vietnamese Student Association aimed to develop various programs and activities that would promote a friendly environment for all members. In the three years since the club was established, members had been active in the community, raising money for various causes, including the Tsunami relief effort. The club held an annual celebration for the Vietnamese New Year.
Marking from where the station was broadcast from, the WXJM sign stands outside the station building. WXJM was a non-commercial station. 

Photo by Mindi Westhoff

Holding a meeting, members of the WXJM staff discuss station business. The station was 100 percent student run. Photo courtesy of Jessica Woodward


wxjm information

Purpose: WXJM was James Madison University's 100 percent student-run radio station and was a non-commercial, educational radio station with a two-fold mission statement:

- to support and promote independent, new, and under-represented artists in the music industry, providing JMU and the Harrisonburg community with a true music alternative to anything else on the dial
- to provide students with a hands-on learning environment conducive to gaining valuable broadcast, communications, production, and music industry experience

Information compiled from www.jmu.edu/wxjm
on the air

The words "student radio" often came with a bit of skepticism about the quality of broadcasts. However, the university's student-run radio station, WXJM, was not like other university radio stations. In the spring, the station moved off-campus to their new location on Cantrell Avenue to make room for relocated facilities in their old home.

WXJM, which could be heard on 88.7 FM, was focused on the independent music scene. Run entirely by students, the radio station featured different personalities and music genres on a bi-hourly schedule. At any point in the day, listeners could hear loud rock music or soothing jazz as each DJ showcased their own musical tastes.

The organization was open to all those interested. Over 200 volunteers and DJs worked on the radio station at any given time during the past year, along with about 15 managers. In order to be recruited, applicants had to have one basic criterion: an interest in music. General Manager senior Jess Woodward said, "I got involved because of my love for music. I'm an art major with no intentions of pursuing the music industry or working in radio." She continued, "It's a great group of people that I've really grown to care about and I want to do my part in making the station great."

Woodward added, "We want to use our station to provide an alternative to the other radio stations in our area, so WXJM only plays independent and under-promoted music." In other words, students did not expect to hear that latest Britney Spears or Green Day song transmitted through these airwaves.

But WXJM did more than just play music; they also sponsored concerts in and around the Harrisonburg community. One such concert was a free show in the Festival Ballroom on Sept. 11 with the Last Vegas, Descolada and local band the Body Electric. It marked one of several opportunities for those in attendance to experience the music of headlining independent acts as well as hear the talents of musicians in their own backyard. Big events director Anna Santiago said, "We support local music and usually have local acts play at every show." WXJM also sponsored Kool-Aid, the annual benefit concert that raised money for one of Harrisonburg's charities.

The radio station offered more than just a source for independent music for listeners; it also provided an avenue for the creativity and enthusiastic personalities that populated the staff. Woodward said, "We're all a bunch of music dorks that nerd out over new music and obscure vinyl. It's exciting to a lot of people to take the music that moves them and put it out on the airwaves."

As a reward, actor Bruce Campbell from the "Evil Dead" movies stopped by for a live interview with the staff at the end of the spring semester. Woodward noted, "About half of the staff is obsessed with this guy. It was probably my crowning achievement as far the shows I've produced in my career at WXJM."
sisters aiding sisters

Every 12 minutes, breast cancer took the life of one woman and, besides skin cancer, was considered the most commonly diagnosed cancer among American women.

There was a reason for all the pink seen around campus during the month of October. It was not because boys looked so cute in those pink polo shirts or that it was many girls' favorite color. Pink was everywhere because October was National Breast Cancer Awareness Month and the color symbolized that many students supported this cause.

Zeta Tau Alpha (ZTA) teamed with the Office of Health Promotion to bring Breast Cancer Awareness (BCA) to campus. Their combined objective was to educate the university and Harrisonburg community about breast cancer, to provide information that enables early detection and prevention and to raise money for the Susan G. Komen Foundation.

"We get so much support, both from students and members of the community," said Ann Simmons, coordinator of Health Education and Wellness programs. "The more exposure there is, the more we can help people become aware and help prevent."

October kicked off with a benefit movie in Grafton-Stovall Theatre, "A Walk to Remember," which drew a big crowd.

Survivor Night, the next event, consisted of a panel of speakers including a male, student, mother, professor and nurse who had all been affected by breast cancer. There was a strong turnout and the speakers' stories were informative. "This was a personal favorite of mine because each speaker offered something different to the panel," said junior Margaux Zanelli. ZTA co-philanthropy chair. "It was humorous, emotional and enlightening all at once."

Breastival was a new addition to BCA this year. "We hoped the name would draw some interest," said junior Mary-Mason Wright. ZTA co-philanthropy chair. It was a festival, located in Transitions, with numerous stations that had information and games about breast cancer awareness, including free massages and snacks.

The two big fund-raisers were the 5K Walk/Run and the Grab-a-Date Male Auction. Even though the 5K, which was held during Family Weekend, encountered rainy weather, it did not deter from the amount of people who came to show support. "The 'Real Men Wear Pink' auction was a fun way to get guys involved and raise money," said Wright.

The last main event of Breast Cancer Awareness Month was the annual benefit a cappella concert, where many a cappella groups performed. "Singing at this concert is one of the most important concerts that we do," said junior Megan Perry, a member of Into Hymn. "It is a time when everyone gets together to support a wonderful cause."

ZTA raised almost $16,000 during October, which exceeded their expectations, but the most important outcome of the month was that they were able to make more people aware of breast cancer. "Society is becoming more in tune with breast cancer awareness," said Simmons. "You see it everywhere now from commercials, to Target apparel, to Yoplait fundraisers and it is truly wonderful to see."

Women's club volleyball

The women's club volleyball team began in 1996 and grew ever since the team won the NIRSA National Volleyball Championships in April 2004. Since then, it was ranked one of the top 10 teams in the nation. The team's main goals were to have fun, form solid friendships between team members and to win. The team had the most profitable shirt fundraiser among other club sports with their popular "JMU: THE University of Virginia" T-shirts.


ZTA helps in the fight against breast cancer.

by Katie FitzGerald

Working the information table at the ZTA breast cancer benefit concert, sisters accept donations for their philanthropy. By the end of their month-long philanthropy event, the sisters had raised over $15,000. Photo by Mark Westhoff.
Amazed during the Grab-a-date auction, sisters of Zeta Tau Alpha (ZTA) bid on study men. The theme of the auction was "Real Men Wear Pink," with some of the men auctioning off for over $200. Photo by Mindi Westhoff

Introducing the all-female a cappella group Note-oriety, junior Katherine Ziehl sports a T-shirt in support of breast cancer awareness. At the ZTA benefit concert, numerous a cappella groups performed. Photo by Mindi Westhoff

women's water polo

The women's water polo club was established in the 1990s and the members strove to achieve excellence in and out of the water. Last spring was the first time that the women's team ever qualified for nationals. The team won the Atlantic Conference of the Collegiate Water Polo Association (CWPA) and traveled to Texas A&M University to compete in nationals.
“Playing football at James Madison University has helped me in so many ways. Most of all it has enabled me to meet so many influential people. These people range from tutors and coaches to some amazing faculty. Playing football for a great institution such as this one has opened my eyes to a whole new world, and what a beautiful world it is.”

-William Nowell, sophomore
spring sports

316 archery
318 baseball
320 lacrosse
322 softball
324 men's tennis
326 women's tennis
328 men's track and field
330 women's track and field
 Ranked No. 2 in the country, the archery team was one of the university's most successful teams. During the season, the devoted coaches, men and women of the team won titles, championships and awards, continuing the respected tradition of archery.

The team's excellence came from much hard work from the athletes, who had to balance schoolwork, other activities, tournaments and a heavy practice schedule. The team practiced from Sunday through Thursday for four hours everyday, inside Godwin Hall gym and outside on Hillside Field.

This dedication paid off by building team unity and through tournament victories. "The tournament that had the most significant meaning to our team as a whole was the Adam Wheatcroft Memorial tournament," said sophomore Braden Gellenthien. "It was held on our own Hillside Field, in remembrance of the greatest archer that the university has ever seen. Our team won the overall competition, winning the Freebird trophy, named so after the song "Freebird" sung by Adam's favorite band, Lynyrd Skynyrd. Sophomore Jessica Fasula, graduate Stephanie Pylypchuck and myself won the women's compound, women's recurve and men's compound divisions, respectively." This year, Wheatcroft was inducted into the university's Sports Hall of Fame.

The men's compound team had their best season in team history, going undefeated. Fasula said, "Our women's compound team was made up of all first year students, so we're hoping our experiences from this past season will help us to excel in this next season. The women's compound team came in third, as well as the women's recurve team."

The Dukes worked hard to achieve a record-setting season. At the Virginia State Indoor Championships in February, the men's compound team defeated a strong team from Penn College with a score of 1,741-1,714. This score set a new state record. Later that month at the New Jersey State Indoor Championships, the men's compound team posted a team and tournament record score of 1,758.

Compound-bow archer Gellenthien had an extremely successful season. He competed on the American team at the World Target Championships in Madrid, Spain. Gellenthien also won the men's compound-bow competition at this year's Gold Cup, a United States Archery Team qualifying tournament. At the 43rd Archery World Outdoor Championships, Gellenthien lead Team USA to a compound bow gold medal.

The season was full of achievements not only for the archers but also for their coach. In June, coach Bob Ryder was honored as the East Region Coach of the Year, after his team won the men's compound bow and women's recurve bow East Region Championships and were runners-up in men's recurve and women's compound. Ten of his archers were named to this year's All-East Region Team.

In June, five archers were named to the 2005 USA Archery All-Academic Team. To be eligible for the team, archers had to finish in the top 25 percent of their division at the U.S. Indoor Championships and have a cumulative grade point average of 3.0 or higher. Sophomores Jacob Wukie, recurve-bow archer, and Jedd Greshock, compound-bow archer, were honored, along with Fasula, Gellenthien and Pylypchuck. ■

Steadying the bow, sophomore Alyona DeVivi tries to calm her nerves before taking the shot. Overcoming competition anxiety was a challenge for most archers. Photo courtesy of Sports Media Relations
Stephanie Pylypchuk
Graduate
Bloomfield, N.J.
Honors:
• All-American Team
• Seventh at U.S. Indoor Championships
• New Jersey indoor champion
• Women’s recurve team captain
• USA Archery All-Academic Team

Broden Gellenthien
Sophomore
Hudson, Mass.
Honors:
• Top American finisher with 13th individual place at World Target Championships
• Member of U.S. men’s silver-medalist team at World University Games
• U.S. Intercollegiate Championships champion
• U.S. Indoor collegiate champion and third overall among senior men
• USA Archery All-Academic Team

Concentrating, sophomore Jessica Fasula aims her bow and arrow at the bull’s-eye. Archers trained rigorously to perfect their aim. Photo courtesy of Sports Media Relations

Lining up to take his shot, senior Andrew Holben focuses on the target. Shots required pristine accuracy and form when holding the bow and arrow. Photo courtesy of Sports Media Relations
Despite a difficult season for the baseball team, the Diamond Dukes proved their talents with achievements throughout the season, big wins and the building of a strong team on and off the field. Head coach Joe "Spanky" McFarland, in his eighth season with the university, and assistant coaches Jay Sullenger and Travis Ebaugh led the 28 men of the Diamond Dukes through the rebuilding season.

After a tough loss in the season opener, the Dukes fought for a win against Penn State in February. During the game, junior Michael Cowgill hit an RBI single that broke a tie game and pushed the Dukes past Penn State. The 6-5 win gave Coach McFarland his 400th college coaching victory.

In the middle of the season, the team played an exciting doubleheader against the Wagner Seahawks and triumphed, winning the games 5-4 and 3-2 respectively. The Dukes were on a three-game winning streak and junior Patrick Riley came on to register the final two outs to notch the save, his first of the season and second of his career.

The Dukes experienced another achievement when sophomore Ryan Reid was named Rookie of the Week in the Colonial Athletic Association (CAA). He was the first player to be honored by the CAA during the season. Reid kept Wagner College shut out through six innings while picking up his first collegiate win. Junior Travis Miller said, "One thing I can think of that highlighted the year was that we had two sophomores, Reid and Kellen Kulbacki, both make the CAA all-freshman team last year."

The team worked hard during the second half of the season to finish strong. Aided by a pair of runs by Kulbacki and a pair of hits by junior Skylar Doom, the Dukes triumphed over Virginia Commonwealth University 12-4. The Dukes achieved other big victories in April as well, winning 11-6 over Longwood and 16-6 over Radford.

Also during April, the strong pitching of the Diamond Dukes set school records. Juniors Bobby Lasko and Travis Risser combined for a three-hit shutout as the team defeated Old Dominion University 2-0 in the second game of a CAA doubleheader. During the game, Risser broke the university's career saves record with his second save of the season and 11th of his career. The combined shutout was the first for the university's pitching staff since the 2004 season opener.

The Diamond Dukes had great teamwork on the field and built strong friendships off the field as well. Though the season was a difficult one, the team practiced hard and played hard, showing promise for next season as they came away with well-deserved wins and CAA achievements.

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Preparing to pitch, sophomore Travis Risser focuses on throwing a strike. As a freshman, Risser was named the Dukes’ Rookie of the Year. Photo by Mindi Westhoff

Crouching behind home, a Dukes catcher reaches to catch the ball. The Dukes ended their season with a close game against George Mason. Photo by Mindi Westhoff

Michael Cowgill
Junior
Lexington, Ky.

Statistics:
Batting
Average: .367
Homeruns: 14
Hits: 81
Runs: 50

Honors:
- Led the team in batting average, homers, runs and RBI
- Southern Division Player of the Week in Valley Baseball League

Trying to get an opponent out, junior Josh Eye catches the ball thrown by a teammate. The Dukes trained extensively this season. Photo by Mindi Westhoff

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Scoreboard
big shoes to fill

Less than a year after the 2004 lacrosse team won the Colonial Athletic Association tournament, this season’s players had big shoes to fill. Having graduated nine team members, those who remained had their work cut out for them.

The season began on Feb. 27 with a home game against new rival the University of California. The team rose to the challenge and took repeated shots at the visiting team’s goal, eventually winning the game 11-10. Three weeks later, the Lady Dukes took on and defeated No. 20 ranked Notre Dame for the first time in team history. Having scored twice as many goals as their rivals, the game ended with a score of 10-5. Another team accomplishment was a win over No. 17 Loyola, a feat not seen in four years.

On March 30, the Lady Dukes took on No. 2 the University of Virginia. Though the team put up a good fight, Virginia was able to get ahead by two goals to win the game. The women won two more games throughout the rest of the season, but ended the year with a 7-9 record. "I wouldn’t say that it was a successful season in terms of our record," said sophomore Julie Stone. "On the other hand, it forced us to really think about what it means to play for JMU and what we want to do in order to have better success. So in that sense, it taught us a lot.”

“I think the lacrosse season was successful for different reasons. Although our record may not have portrayed it as so, I believe our team unity and determination throughout the season was why it was successful,” said junior Kylee Dardine. “We learned many things as individuals and as a team that we needed to overcome in order to prevail. It was successful for everyone who experienced it.”

The Lady Dukes experienced many individual accomplishments. Graduates Amy Altig and Johanna Buchholz and junior Kelly Berger were named to the United States Women’s Developmental Team. Graduate Jessica Brownridge and senior Brooke McKenzie were named to the Canadian World Cup Team.

Despite a slightly disappointing season, the members of the lacrosse team managed to stay positive, training hard in hopes of a more successful season next year. “I play on this team with and for my teammates, and that is what gets me through the hard times,” said Dardine. “It makes me appreciate the good times that much more.”

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Sprinting down the field, sophomore Maria Bosica makes her way to the goal. Bosica participated in the U.S. Lacrosse National Tournament on the Mid-Atlantic 2 team. Photo courtesy of Sports Media Relations.
Cradling the ball, junior Brooke McKenzie maneuvers around her opponents toward the goal. McKenzie was the second leading scorer for the team. Photo courtesy of Sports Media Relations

Searching for a teammate to pass to, freshman Emily Holler defends the ball. Holler was one of the recipients of the CAA. Photo courtesy of Sports Media Relations

Front row: Jaime Dardine, Jessica Brophy, Captain Kelly Berger, Captain Livvy King, Captain Brooke McKenzie, Betsey Priest, Lauren Bradley, Mary Fran Shelton, Brooke Rhasley; Second row: Manager Caitlin Dieringer, Lisa Stoedt, Head Coach Kellie Young, Kylee Dardine, Brigid Strain, Morgan Kimberly, Kelly Wetzel, Kim Griffin, Jackie Gateau, Matt Lawicki, Manager James Reddish; Back row: Ashley Serrington, Emily Holler, Julie Stone, Lynlea Crann, Colleen O'Keefe, Maria Bosica, Janice Wagner, Libby Cannon, Sarah Steinbach, Sarah Marr

Practicing her goal-tending skills, freshman Kelly Wetzel works hard during practice. Though the season was tough, it was inspiring for the women's team. Photo courtesy of Sports Media Relations

Kelly Berger
Junior
Columbia, Md.

Statistics:
Minutes played: 498

Honors:
- CAA Player of the Week and CAA first team
- All-State first team
- All-Region second team
- Selected to U.S. National Development Team
sliding toward victory

Armed with potential and skill, the women's softball team began their season with high expectations. Ranked second in their conference by Colonial Athletic Association (CAA) coaches, the team began the season with intensity and hope and ended with their second consecutive third place finish in the CAA. Despite falling short of outside expectations, the fourth season of Division I softball at the university was marked by record-breaking achievements and success for the Lady Dukes. The team finished their season with an overall record of 28-27 and an 8-10 record in the CAA.

The Lady Dukes opened the season by winning three of their five games at the UNC Triangle Classic. The regular season ended in May with a win over the University of Delaware to clinch the final spot in the CAA Conference tournament. The final game also marked the 100th victory in the softball program's history. The team competed in the CAA tournament and finished the season with the second highest number of wins in school history.

“Our team had really great chemistry and was very talented,” said junior Kelly Ann Berkemeier, team captain. “I always try to look at situations in the best light possible. Even when we lost, there was something we took away from each game.” This mentality combined with the team's hard work accounted for a record-breaking season.

A new school record was set with the Lady Dukes' nine-game winning streak, which included six straight wins in the CAA. The pitching staff enjoyed their most successful season in school history with a record-low team run average of 1.87 and a .244 batting average.

Much of the team's success was attributed to stellar individual performances. Junior Briana Carrera shined for the pitching staff by throwing the first no-hitter in university history against Howard University on March 16.

Many Lady Dukes also earned CAA honors. Senior Liz George earned first team honors as an outfielder for the All-CAA softball team. Also, Carrera and seniors Natalie Burd and Katie Jaworski were named to the second team.

Five Lady Dukes who had been with the softball program since its inception in 2002 ended their careers with the close of the season. They were graduates Natalie Burd, Liz George, Katie Jaworski, Ashlee Schenk and Leah Conley. Junior Katie George benefited from the presence of her older sister Liz George, and said, “We've played on the same team most of our lives, so it was really cool to play at the next level together. Coming in as a freshman it was really nice to have someone I knew so well already on the team to make the transition easier.”

These close bonds united and encouraged the teammates along the way. At the end of the season, the Lady Dukes took much more home than a third place finish. “We worked really hard to meet our potential,” said junior Megan Smith. “We had a lot of fun and really enjoyed each other on and off the field.”

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Briana Carrera
Junior
San Diego, Calif.

Statistics:
- ERA: 1.81
- Hits: 146
- Runs: 64
- Wins: 13

Honors:
- All-CAA second team third baseman
- CAA Pitcher of the Week, Feb. 22
Winding up, junior Briana Carrero pitches to the awaiting batter. The extra rotation in underhand pitching added velocity, making the ball more difficult for a batter to hit.
Photo courtesy of Sports Media Relations

Concentrating, junior Megan Smith braces herself for the oncoming grounder just hit toward her. Concentration was key in the game of softball. Photo courtesy of Sports Media Relations

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Using a backhand swing, sophomore Corlin Campbell prepares to hit the ball. The backhand and forehand were both important skills in tennis. Photo courtesy of The Breeze

Diving to return a serve, graduate David Emery hustles to the ball. Athletes had to constantly stay on their toes to determine where the ball was going. Photo by Mindi Westhoff

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dominating the court

BY SARA WIST

Despite the widespread belief that tennis was generally an individual sport, the men’s tennis team demonstrated the importance of teamwork throughout their most recent season.

“Even though tennis is widely considered to be an individual sport, what makes college tennis so great is that our matches are transformed into a team format,” said senior Bob Allensworth. “Each individual player’s performance is important to the success of the team. The team is only as good as the bottom of the lineup because each match is worth the same number of points.”

The season started in January, with the team’s first match against No. 35 ranked VCU. Although the Dukes put up a good fight, they were unable to gain the advantage and started out their season 0-1.

However, the Dukes were determined to turn the scoreboard around and spent the season training extensively. “We practiced every day to prepare for matches and tournaments,” said Allensworth. “By the time we competed, we had already put in the time on the practice court, so all we had to do was believe in our skills.”

The team’s hard work and dedication to the game paid off as the season progressed. After a four-match losing streak, the Dukes defeated Norfolk State on March 19 and went on to win against George Mason less than two weeks later. The men also defeated Drexel University, Washington College, Longwood, the University of Delaware and Washington & Lee over the course of the season.

Due to the team’s slow start, they were unable to outweigh the defeats from earlier in the season, and finished with an overall record of 6-14. The team was encouraged by their fifth place finish in the Colonial Athletic Association (CAA) and their near defeat of UNC Wilmington in the CAA tournament. “We were only a couple sets away from qualifying for the semifinals,” Allensworth said.

“It was a decent season considering we had five seniors graduate this year,” said junior Don Davidson. “We had to have some of the guys step up that wouldn’t normally play in the lineup.”

Members of the team learned invaluable lessons from their experiences. “Most people say athletics takes time away from your studies,” Davidson said. “However, I think the discipline it instills that is necessary to manage one’s time invaluable. We work hard, but also realize that tennis is just one part of our lives at JMU.”

Bob Allensworth
Senior
North Canton, Ohio

Statistics:
Spring singles record of 11-15

Honors:
Three consecutive scholar athlete awards

Front row: David Emery, Jesse Tarr, Carlin Campbell, Bob Allensworth; Back row: Brian Clay, Don Davidson, John Snead, Head Coach Steve Secord.
Serving to her opponent, junior Catherine Phillips prepares to make contact with the ball. Proper technique was key to a successful serve. Photo courtesy of the women's tennis team.

Reaching to return a serve, junior Kristin Veith stretches toward the ball. Tennis required flexibility, agility and speed. Photo courtesy of The Breeze.

**Scoreboard**

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unmatched success

BY SARA WIST

While the women’s tennis team trained for hours everyday, practicing backhand returns and learning how to stop opponents’ top spin serves, nothing stopped the weather from interfering with over half of the season’s scheduled games.

Although the season was supposed to begin at the end of January with a match against No. 18 ranked William & Mary, the team was not able to play a game until the middle of March due to inclement weather. The team played their first match on March 7 against Sacred Heart. The Lady Dukes triumphed with a score of 5-2, getting the season off to a good start with a 1-0 record.

Winning their next two matches against Villanova and Lehigh increased the team’s confidence. “Against Lehigh, five out of the six singles matches went into the third set and we won the match 6-1,” said graduate Ashley Reyher. “That was a great confidence booster to bring back to JMU.”

Between March and April, five of the eight scheduled matches were also canceled, costing the Lady Dukes precious playing time. Once the weather improved, the team played the University of Richmond on April 6, losing their first match of the season. The players did not let this defeat discourage them; they went on to win five straight matches, ending the season with an 11-2 record.

“One of our best wins were in Florida over spring break,” said Reyher. “This gave us momentum going into the remainder of the dual match season.”

Not only did the women’s tennis team perform stunningly on the court, they also excelled academically. “Our team had five out of eight players with a 3.5 grade point average,” said coach Maria Malerba. “This qualified them as Intercollegiate Tennis Association All-American Team award winners with a team grade point average of 3.49. This is our highest grade point average to date and is the highest of all 28 varsity teams at JMU.”

The Lady Dukes attributed their season’s success to the cohesiveness of the team. Their team unity was strong throughout the season, and even when players struggled, the rest of their teammates were there to back them up. “The team’s strongest point is their work ethic and the fact that they work together as a team,” said Malerba. “Because of this, I gave the coach’s award to them as a group and not one individual player.”

Kristin Nordstrom
Senior
Dublin, Ohio

Statistics:
Spring Singles record of 15-3

Honors:
- No. 2 singles position
- No. 2 doubles position

Front row: Lauren Graham, Ashley Reyher, Mary Napier; Back row: Kristen Veith, Rebecca Vanderest, Catherine Phillips, Kristin Nordstrom.
Showing determination in the steeplechase, senior Travis Lambert strides to the finish line. Lambert finished ninth in the mile to open his season at Bucknell’s Golden Relays.

Photo courtesy of Sports Media Relations

Using all his strength, senior Pat Barron prepares to clear the bar. Pole vaulting required an immense amount of strength and balance.

Photo courtesy of Sports Media Relations

Hearing the end of his race, senior Allen Carr is determined to outrun his competitors. Carr placed sixth in the 1500-meter run at the IC4A Championships.

Photo courtesy of Sports Media Relations
overcoming hurdles  

BY SARAH BEST

During the spring indoor/outdoor track and field season, the men's track and field team exuberantly sprinted to many triumphs both individually and collectively. From the talented runners to the many contributions of the field squad, the team found themselves jumping challenging hurdles as well as exceeding high bars of previous years' excellence.

The electrifying season began with the Gulden Relays hosted by Bucknell University in early January and ended in March with the Intercollegiate Association of Amateur Athletes of America (IC4A) Championships at Boston University. During this final competition, five of the university's athletes and two relay teams qualified for post-season championship events. Of those athletes, junior Dave Baxter finished fourth in the 1,000-meter run with a time of two minutes and 25.62 seconds, a personal best and fifth-best time in the team's history.

Continuing successes were experienced during the outdoor season, which began in March. Senior Pat Barron and junior C.W. Moran brought home a number of victories as well as personal bests from the Colonial Athletic Association Track and Field Championships held April 22 and 23. The biggest gain in points for the men's team came from top middle distance runners, Baxter and Carr. They placed first and second, respectively, in the 1,500-meter run. On a personal note, Moran set a 19.00.0 personal best in the 5,000-meter run, placing third with a time of 14:15:12.

Alternatively, the throwing squad impressively contributed to the team's overall standings; junior Matt Bess earned all-conference honors in the hammer throw while sophomores Doron White and Teddy Kranis achieved all-conference honors in the shot put.

By May, the members of the men's track and field team qualified for five events in the IC4A Championships in Princeton, N.J. held May 13 through 15. Carr, who had qualified for the 1,500-meter run, placed sixth, clocking in with a time of 3:49.28, which ranked him as the university's seventh-fastest all-time competitor in the 1,500-meter run.

Also qualifying for the 5,000-meter and 10,000-meter runs were Moran, senior Ted Herbert, junior Nick Noe and junior Bryan Buckland.

With each race, more men found themselves achieving personal bests as well as key points in meets for their team.

Allen Carr
Senior
Yorktown, Va.

Statistics:
800-m (1:51.6)
1000-m (2:28.91)
1500-m (3:51.44)
3000-m (8:45.55)

Honors:
- Member of sixth place distance medley relay team in the IC4A Indoor Championships
- Member of 4x800 relay that finished first at Virginia Tech Indoor Invitational
- 16th in 3k at Penn State's national meet
- Finished fourth in the 1,000 at the Virginia Tech Challenge

Spotlight

forging ahead, senior
Dave Bolton nears the end of his race. Being healthy and training consistently was key for Bolton to perform at his best. Photo courtesy of Sports Media Relations

Allen Carr
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Statistics:
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1000-m (2:28.91)
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Honors:
- Member of sixth place distance medley relay team in the IC4A Indoor Championships
- Member of 4x800 relay that finished first at Virginia Tech Indoor Invitational
- 16th in 3k at Penn State's national meet
- Finished fourth in the 1,000 at the Virginia Tech Challenge

Spotlight

forging ahead, senior
Dave Bolton nears the end of his race. Being healthy and training consistently was key for Bolton to perform at his best. Photo courtesy of Sports Media Relations
Sprinting across the finish line, the members of the women’s track and field team breathed a sigh of victory. It was not only a win for the team, but a win for the individuals as well. Holding strong in the Colonial Athletic Association (CAA), the women competed alongside teams such as Duke, Penn State, Virginia Tech, George Mason and Princeton, traveling the East Coast to various states.

Throughout the season, the talented female athletes qualified for several events both as a team and individually. The Lady Dukes started off the season with an invitational meet, hosting teams such as Bridgewater, George Mason, Eastern Mennonite University and Georgetown. Next they participated in the Minnesota Gnak Invitational where seniors Shannon Saunders and Nelly Anderson and sophomore Michelle Beardmore placed first, second and third, respectively.

Saunders, named the university’s female athlete of the year, qualified for the 10k at Nationals in California this past spring. Anderson qualified for the regional standard in the steeplechase, a difficult event including barriers and three feet deep water pits. Junior Adrienne Mayo placed second in the triple jump with a distance of 39 feet, 3 inches at the New Balance Invitational in New York. Senior Brittany Yates received third place in the pole vault with 10-11 3/4 at the Free Hardy Invitation at the University of Richmond.

Although winning was important, most team members agreed that the focus was more on getting to the next level. The majority of the athletes aimed to not only win the event, but to also concentrate on defeating a particular team. Junior Jennifer Chapman said, “William & Mary is our only competition as they have a strong distance program. So naturally if we see green we are more prone to run that person down.”

Besides the talented sprinters and distance runners, there were many women who achieved victories in the field events. The field team held a certain element of individuality, as everyone strived for personal bests. Each member had a favorite event; some ran fast sprints, others jogged a 10k, and some threw the shot put.

The head women’s track and field coach, Kelly Cox, in her fourth season, as well as head cross country coach, Dave Rinker, in his seventh season, were both dedicated to the team’s improvement and success. Beardmore said, “Coach Rinker does an excellent job of not only catering to everyone individually on an athletic level, but also helping in any way that he can in additional areas, whether it be academic or personal issues that may come up.”

After rigorous workout schedules, sometimes practicing twice a day for several hours, the athletes still managed to find time for friends, family and schoolwork. Sophomore Gina Casella said, “The team becomes your family, which helps with our team chemistry. The better friends we are, the better we are as a team on the track.”
Leaping over a hurdle, sophomore Marisa Biggins competes in the 300-meter hurdle event during a meet. This race was one of the most difficult as it incorporated running and jumping into one. Photo courtesy of Sports Media Relations.

Fighting gravity, senior Caitlyn Fiocchi participates in the long jump. Each competitor was given three opportunities to jump further than their challengers. Photo courtesy of Sports Media Relations.

Shanon Saunders
Senior
Forest, Va.

Statistics:
- 1,500-m (4:36.13)
- 1,600-m (5:10.21)
- 3,000-m (9:30.85)
- 5,000-m (16:50.11)
- 10,000-m (33:54.56)
- 5k (18:27.4)
- 6k (20:29.8)

Honors:
- Placed 20th in 10,000-m at the NCAA National Championship
- Second-place finish at ECAC Championships
- 15th in the 10,000-m at the Stanford Invitational
- Set Stanford Invitational record of 33:54.56


Women's Track and Field
fall sports

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get 'em motivated

BY KATIE O'DOWD

Only one team at the university could truly say their season was year-round. The cheerleading team flipped, jumped and danced their way through football season as well as the men's and women's basketball seasons. Supporting the football team had its perks, especially during the exciting 2004-2005 season.

"My favorite part of the season is the football games," said junior Stuart Bell. "We really get to showcase ourselves and watch the Dukes kill 'em out there." The cheerleading team had the opportunity to witness firsthand the football team win their first season.

For the first time in years, we were able to travel with the football team to encourage them and our fans," said head coach Tamika Fitzgerald. "It was truly a wonderful experience supporting our football players and their coaching staff from the best seats in the house.

The cheerleading team began their season at a private practice camp at the university during the summer and then practiced three times a week throughout the year. "Pretty much the whole year is crazy," Bell said. "We never really stop practicing all year.

Sophomore Ryan Wilder said the most challenging part about being on the cheerleading team was the time commitment. "The hardest part is balancing school with practice, appearances and games," Wilder said.

Aside from practicing and performing together, the teams supported various community events such as Monster Mash, the Multiple Sclerosis Walk, and Children's First Day. "The best part about being on the squad is the friendships," Bell said. "We're like one big family everywhere we go. I feel closer to the people on the team than I do with anyone else because we spend so much time with each other.

In the past, there have been 16 couples on the team, which formed two squads within the team. However, there were only ten couples for this year's season. The small squad was able to become really close. "Nobody is called by their real name," Bell said. "Everyone has some form of nickname on the squad.

When picking the squad, Fitzgerald looked for tumbling and co-ed stunting abilities in the women and physical strength in the men. She pushed the team to perform their best at every practice and game.

"Motivating each other is something the entire squad could stand to improve on," Fitzgerald said. "Cheerleading is a team sport and requires the efforts of all individuals involved. I encourage the team to consider themselves a puzzle, and if one piece were missing the puzzle would be incomplete.

While Fitzgerald said everyone committed to the team, she praised captain Solomon Zacchini for his leadership abilities.

"He is an all-around wonderful individual. He is talented, motivated, determined and committed," she said. "I will definitely miss the contribution that he makes to this team.

Although the university had not competed in 10 years, Fitzgerald said she hopes the team will compete in the National Spirit Group Collegiate Cheerleading Competition in Daytona Beach in the future.
Cheering the team on, junior Rachel Cohen gets lifted into the air. The cheerleaders performed challenging stunts and entertained fans at football games. Photo by Mindi Westhoff

Setting up for a pyramid, sophomores Ashley Sprouse and Lauren Polcko prepare for a teammate to set up on top of them. Elaborate formations required teamwork, perfect timing and strength. Photo by Mindi Westhoff

Shooting up into the air, sophomores Emily Burt and Ashley Sprouse cheer the football team on. Getting the crowd involved in cheers was one of the goals of the cheerleading team. Photo by Mindi Westhoff


Lucian Reynolds
Senior
Harrisonburg, Va.

Statistics:
Years Cheering: 4
Major: Integrated Science and Technology
Minor: Economics
Organizations: Freethinkers

Honors:
"Mic Man" at football games
Before practice began in August, members of the men’s cross country team resolved to take their training and their running to the next level. Led by coaches Dave Rinker and Joe Gibson, the Dukes made a commitment to excellence early on and ran along that same path throughout the season, which stretched from August through late November. Though the season lasted four months, the team trained year-round to embrace their goals, which resulted in individual improvements.

“Our goals were really to do the best that we as a team, with our capabilities, could do. I think we proved that we did that, since we were able to see progress in each race from week to week,” said Gibson.

The Dukes finished first out of five teams at the JMU Invitational, the first meet of the season, in early September. They followed that performance by placing 17th out of 27 teams at the Minnesota Griak Invitational in Minneapolis in late September. With October came a third place finish in an eight-team field at the George Mason Invitational. Junior Evan Kays helped lead the Dukes by placing 10th overall in the 8,000-meter with a time of 25 minutes, 54.60 seconds.

The Dukes ran their way to an eighth place finish out of 37 teams in a meet at Penn State University Nationals. At the end of October, their best race as a team was a second place finish in a strong field of nine teams at the Colonial Athletic Association (CAA) conference championships at UNC Wilmington on Oct. 29.

“The conference meet was our best race as a team up to that point in terms of performance. As a team, you want to see the gap from your No. 1 to your No. 5 runners get smaller with every race, and that is what happened at conferences,” Gibson said. Junior C.W. Moran, named CAA Runner of the Week in September, placed second overall with a time of 24:35.87 on the 8,000-meter course. He was followed by seniors Allan Carr and Evan Kays, who placed third and sixth respectively and earned All-CAA honors. The number four and five runners, sophomore James Printz and senior Nicholas Noe, finished in the top 25.

“Moran, Kays and Carr all exemplified what happens when you make the decision to mature from both a training and racing standpoint,” said Gibson. “At Penn State, Moran figured out how to execute his race plan well and he finished third. Kays ran at the level he’s been expecting to and jumped from our seventh to our third runner.”

Following an exciting second place finish at the conference, the team had to stay focused for the regional meet on Nov 12. “The guys did a very nice job of building towards this end-of-season peak. In terms of not only their training, but also their mental preparation, they understood the importance of these last meets,” explained Rinker.

For the cross country men, the path winding through the season was challenging, but they kept their eyes focused on their goals and carried their abilities to the next level, just as they had set out to do in August.
Destined to win the meet, sophomore Andrew Waring heads toward the finish line. One of the goals of the cross country team was to improve individual times. Photo courtesy of Sports Media Relations

C.W. Moran
Junior
Potomac Falls, Va.

Statistics:
- 1500-m (3:59.00)
- 5000-m (14:15.92)
- 3000-m (8:30.00)

Honors:
- CAA Cross Country Runner of the Week
- Earned All-CAA honors twice
- Came in First at JMU Invitational with 25:30.4

First at the JMU Invitational
17th at the Roy Griak Cross Invitational
Tied for Second at George Mason Invitational
Eighth at the Penn State National Open
Second at the Colonial Athletic Association Championship
Fifth at NCAA Southeast Regional Cross Country Championships
Ninth at Intercollegiate Association of Amateur Athletes of America

*Due to publication deadlines, some of the rows are not included


Running in a pack, the team makes it through overgrown shrubbery. During their first meet of the season, the men finished first out of five teams. Photo courtesy of Sports Media Relations
After training all summer, the members of the women's cross country team returned in early August, ready to face the challenge of a new season. These women trained for miles every day, constantly pushing themselves to their physical limits in the name of excellence. The team was led by senior Shannon Saunders, a four-year starter for the Lady Dukes and two-time Colonial Athletic Association (CAA) conference champion.

"I am proud of what this year's group of girls has accomplished and I feel fortunate to have been a part of it," said Saunders, who was named CAA Runner of the Week twice during the season.

The team sparked their season with a first place finish out of five teams at the JMU Invitational in September. Following that effort came a 16th out of 31 finish at the Minnesota Griak Invitational later that month. In October, the Lady Dukes traveled to George Mason, finishing sixth out of nine teams. Junior Jennifer Chapman led the Lady Dukes by placing 15th with a time of 15 minutes, 23.16 seconds. At the Penn State National Invitational the team successfully pushed themselves to a seventh-place finish. Top finisher was Saunders with 21:01, followed by senior Nelly Anderson, sophomore Michelle Beardmore and senior Tiffany Cross.

"The tricky thing about cross country is that everything is built to the end of the season, and that's what counted," explained head coach Dave Rinker. "We got to conference championships and regionals, and the races from September and October did not even matter anymore, except in terms of measuring progress."

All of the hard work and discipline that the team put in every day came to fruition at CAA Championships, held at UNC Wilmington on Oct. 29, where the ladies finished second out of 10 teams.

"That was one of the goals we set for this season. We knew we had the ability to finish in the top two in the conference, and the fact that we accomplished it when the conference and the region were so strong this year was awesome," said assistant coach Joe Gibson.

Also at the conference championships, Saunders finished first overall with a time of 21:04.05, earning her second individual title.

"Saunders managed to do something not many runners can: she won two individual conference titles, and has the chance to be All-American," said Rinker. Also finishing in the top twelve, earning them all-CAA honors, were Anderson and Beardmore. Rounding out the top five runners at conference championship were senior Tiffany Cross and freshman Christy Ward, who finished 13th and 22nd, respectively.

"Our races at conferences demonstrated how nicely we built towards a peak this season, and we know that we still have better racing in front of us," said Rinker.

The women's cross country team exemplified this spirit of working toward a goal and refused to settle for anything less than their best.

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**scoreboard**

- First at the JMU Invitational
- 16th at Minnesota Griak Cross Invitational
- Sixth at the George Mason Invitational
- Seventh at the Penn State National Open
- Second at the CAA championship
- Eighth at the NCAA Southeast Region Women's Cross Country Championship
- Eighth at ECAC Women's Cross Country Championships

*due to publication deadlines, some of the events are not included*
Nelly Anderson
Senior
Charlotte, N.C.
Statistics:
5k (18:58)
6k (21:49.7)
Honors:
• All-conference team after eighth place finish at CAA Championship
• 17th in 5,000-m at ECAC Championships
• Earned All-CAA honors

During meets, students and individual runners competed. Photo courtesy of Sports Media Relations.

Diving for the ball, freshman Melissa Walls steals the ball from an opponent. The team went to the CAA tournament by taking advantage of opportunities to take possession of the ball. Photo by Mindi Westhoff

Front row: Lindsay Coffman, Kristen Sondermann, Laura Pruett, Lauren Stefaniak, Chelsea Garfield, Melissa Walls, Melissa Stefaniak, Lauren Walls, Jenny Shockley, Lindsay Weldon, Courtney Remington, Kristen O'Rourke, Ashley Walls. Back row: Head Coach Antoinette Lucas, Merel Broukhuisen, Amy DeCecco, Mallory Counihan, Bailee Versfeld, Maureen Klingler, Abby Hummel, Nadine Bradley, Jenny Eakin, Julia Chase, Lori Amico, Assistant Coach Julie Munson, Assistant Coach Cathy Coakley.

Lori Amico
Senior
New Holland, Pa.

Statistics:
Minutes played: 3,698:03

Honors:
- Three year NFHCA National Academic Squad Conference
- Commissioner's Academic Award
- JMU Verizon Scholar Athlete
- JMU Athletic Director Scholar Athlete
- Selected to U.S. National Development Team

Diving for the ball, a player tries to beat her opponent to it. Success on the field was contributed to the dedication by all players. Photo by Mindi Westhoff.
The women’s field hockey team had a unique way of pumping up for their games. “We always have one person on the team give us a commitment speech after we stretch, right before we start warming up for our game,” said junior Laura Pruett. “We all stand along the line and hold hands and make a commitment to going all out once we step over the line onto the field.”

The team’s commitment and drive resonated in their play on and off the field. “I love the competition, and representing our school,” said senior Lori Amico. “But most of all, I love my teammates and the bonds we have developed. They are my family here at school.”

The Lady Dukes opened their season at home with a 3-0 shutout against Kent State on August 27. They continued their winning streak for the remainder of the month, defeating Radford 2-0 and increasing the Lady Dukes’ record to 3-0 for the first time since 2002.

The team’s first loss came against North Carolina on September 5, with the Lady Dukes losing by only one goal. While every game was important to the team, the Colonial Athletic Association (CAA) games were what drove the Dukes’ season. “For the most part, every CAA conference game is big, but this year, a big game for us was ODU,” Pruett said. “All but two or three years, they have been the CAA champions.” ODU dominated the first half of the game, scoring a goal in the first seven minutes. They scored again midway through the first half and took a 2-0 lead. After a slow start, ODU scored again early in the second half.

However, the Lady Dukes refused to go down without a fight. Senior Lindsay Coffman lead the comeback and scored with just under 22 minutes left in the game. Freshman Ashley Walls narrowed the gap to 3-2, but their comeback was not enough to overcome ODU. “It would have been a great win for us to put us into the top-seeded position in the conference,” Pruett said. “They are a very good opponent, but I believe that we are just as good as they are.”

Despite the loss, the Dukes went on to defeat Delaware 3-2. Their win secured a spot for the Dukes in the CAA postseason tournament. “Delaware was not as strong of a team this year as compared to last,” said Amico. “But it was still a fight, and to come out on top and win, knocking them out of the CAA tournament and clinching a spot for us, was a great feeling.”

Freshman Melissa Stefanik, who scored all three goals in the Delaware game, was named the CAA Co-Rookie of the Week in October. While Stefanik played a pivotal role in the game, all of the players worked together to defeat Delaware. “Everyone on the team is a key player,” Amico said. “We all play a role.”

The Dukes finished the regular season with a 3-2 win at home against Northeastern on October 30, improving their record to 5-3 in the CAA. The team was seeded fourth in the CAA field hockey championship, with their first game in the tournament against William & Mary. The Dukes were knocked out of the CAA tournament in the first round when William & Mary narrowly defeated them 1-0. Stefanik’s breakaway scoring opportunity was thwarted by the William & Mary goalie. William & Mary scored their lone goal on a penalty corner in the first half.

“I can see this team being the best in the nation,” said junior Nadine Bradley. “We have the talent, the work ethic, the enthusiasm and, most importantly, we all have fun together on the field.”
Dodging his opponent, senior Casime Harris, sprints with the ball. The Dukes defeated Maine 38-2 during the Family Weekend game. Photo by Mindi Westhoff

Raymond Hines
Senior
Hyattsville, Md.

Statistics:
Position: Tailback

Honors:
- Entered 2005 season 12th in team history in rushes
- 13th in rushing yards
- Tied for 13th in rushing TDs
- Scored two touchdowns in game against Delaware State

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With the echoes of summer practices fading behind them, the Dukes embarked upon a season of great expectations. The feeling of winning the National Championship still lingered in the minds of many. With only half of its starters returning, the reigning championship team was set to attempt a repeat of last season’s achievements.

“The success from last season gives us this swagger. We go into every game expecting to win,” said senior Clint Kent. “It also puts a lot of pressure on us because we have to live up to some high expectations.”

For head coach Mickey Matthews, the expectations were clear to “win the league and make the playoffs.” Prepared and eagerly anticipating, the Dukes set their sights on another winning season.

As the cool autumn breeze blew life back through campus, it brought with it enthusiastic fans still pumped from the last season’s championship. Under the cheery eyes of thousands of fervent fans, the team opened its season against the Lock Haven Bald Eagles on September 3. Led by junior Justin Rascati, quarterback, and a dynamic tandem of running backs, the Dukes’ offense recorded eight touchdowns while the defensive unit held the opponent to zero points.

After a loss to Coastal Carolina during the second week of the season, the Dukes quickly bounced back in the weeks that followed. Behind an unrelenting offensive unit and a stifling defense, the team dominantly beat Delaware State, Hofstra and Maine.

“Coach stresses winning all three phases of the game: offense, defense and the kicking game,” said Kent. Nonetheless, after eight contests, the team stood with the record of 6-4. During the season, the team had suffered three straight losses to Massachusetts, Delaware, and Richmond. When asked to describe the current team using one phrase, coach Matthews said, “snake bit.” Matthews explained that while the team was talented, it had also made “critical mistakes at the wrong times.” Still, the valiant Dukes were able to close out yet another exciting season.

Yard by yard, the football program had laid the foundation for a winning tradition; capturing the National title last season gave the program tremendous credibility and prestige. The newly built athletic facility, the Plecker Athletic Performance Center, represented the university’s dedication and commitment to the athletic program. This addition to the university served as a catalyst to improve an already growing football tradition. Such tradition and commitment helped with improving recruitment. “We are actively recruiting the best football players we have ever recruited,” said Matthews. “The best days of JMU football are ahead.”

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Reaching for the ball, senior Justin Rascati, avoids being tackled. An important element of defense was to protect the quarterback so he could run the ball into the end zone. Photo by Mindi Westhoff.

Lining up, the football team prepares for the next play against the Richmond Spiders. The Dukes executed several plays in order to keep the ball away from opponents. Photo by Revee TenHuisen.
Joe Scheffres
Senior
Rockville, Md.

Honors:
- Tied for 18th at the Joe Agee Invitational
- Tied for 33rd at Frank Landrey Invitational
- Finished one shot off the cut at the U.S. Amateur

Watching his ball, freshman Scott Marino hopes for good placement on the green. Marino competed in 10 tournaments during the season. Photo courtesy of Sports Media Relations

Joanna Trager
Senior
Akron, Ohio

Honors:
- 30th at Pine Needles Intercollegiate
- Tied for 78th at the Lady Pirate Invitational
- Played in all 11 tournaments

Attempting to remove her ball from the sand pit, junior Catelyn Eddy keeps her balance. The golf teams traveled up and down the East Coast to compete in tournaments. Photo courtesy of Sports Media Relations

After hitting the ball, freshman Victoria Kasza admires her shot. Kasza finished runner-up in the Virginia Group AAA Stroke Play. Photo courtesy of Sports Media Relations

driving for par

By Kati Kitto

Hours of tedious practice, lengthy road trips up and down the East Coast and tournaments that took up entire weekends made up the golf season.

"The women's and men's golf teams spend a lot of time on the road playing in tournaments and practicing on our home course," said senior Cami Topper. "We enjoy spending all the time we can together!"

Chemistry and optimism proved to be two of the most crucial elements for both the men's and women's golf teams during the season. Despite some disappointing losses, all the members remained hopeful about future competitions and continued to enjoy the sport and their teammates.

The Lady Dukes got their season off to a rough start, finishing in last place among the 13 teams that competed in the Napa River Grill Cardinal Cup on Sept. 20. They quickly started to make progress however, finishing ninth out of 14 in the Nittany Lion Invitational at Penn State University on Oct. 16. While these defeats could have been discouraging, the players took it in stride and looked forward to the spring season.

Mostly, the ladies just enjoyed being part of a team and playing the sport they loved. Junior Catelyn Eddy said, "The girls on the team are awesome, we have a lot of fun and are very dedicated to the sport. We always want to do well and strive for the best." Assistant coach Carol Green said, "The year started out with its struggles, but the good thing is there is always the spring season. Spring is when the team can really make an impact."

The men's team had better luck with their first match, coming in third place at the Towson Fall Invitational on Sept. 20. They continued to set high standards for themselves throughout the season and remained very optimistic about their future.

"Our team has high expectations for ourselves," said freshman Fielding Brewbaker. "We know we are good, we just have to put things together."

Freshman Scott Marino said, "We are a young team, but can compete and beat teams in our conference and region."

All the male golfers seemed pleased with how well the team worked together during the season. "The chemistry on the team this year is excellent," said senior Joe Schefferes. "This has really made going through the work required to be successful enjoyable. Everyone on the men's team is willing to do whatever it takes to be successful and improve individually to help the team succeed."

Win or lose, the golf season was a great experience for all the players. They remained optimistic and dedicated throughout, and in the end, it was all about teamwork.

"The thing that I most enjoy about being on the JMU golf team is that we are a team. We aren't individuals, we have one goal," said freshman Vicki Kasza. "Everyone on the team contributes the same amount of effort and in the end our goal is achieved."
As the sun slipped behind the clouds and an autumn chill settled over the soccer field, the 34 members of the men's soccer team gathered around head coach Tom Martin and put their hands in, yelling "Dukes!" simultaneously. This post-practice moment symbolized the spirit of this year's team. Martin said, "We preached about 'us,' about walking onto that field as a unit." The sense of unity carried the Dukes to a successful season and a record of 10 wins, five losses, and two ties as they headed into conference playoffs.

Playing a difficult schedule within the conference and out of the conference provided a challenge to which the team rose.

"We knew it would be difficult, but we also knew that if we came out with a winning record that we were a good team. This season, we really demonstrated that we could play at the top level," said Martin.

The Dukes, ranked among the top 20 teams in the nation, played with success against both No. 1 New Mexico and No. 2 Old Dominion University, and registered victories against other teams highly ranked nationally, such as Penn State and Virginia Tech.

"A game which stood out for me was our upset at ODU," said senior Danny Sheridan, center defender. "At the time they were ranked second in the nation, and not only did we beat them 2-1, but we also ended their 32-game winning streak at home."

Aside from playing a good schedule and earning quality wins, the team also maintained a solid depth. "We had some key players get injured, but when we had to sub, we were still able to maintain our level of play. That spoke to the depth that this team had, and it also spoke for our future. The players set up a great base for next year and beyond," said Martin.

Sophomore Tristan Murray, center midfielder, also spoke highly of the team's unity. "Lots of different guys stepped up and contributed. That really paid off and was evident when we played well against teams ranked top in the nation," said Murray. Recalling the victory at ODU, Murray said, "It was a great feeling breaking the winning streak of the No. 2 team in the nation, at their home field."

Led by Martin and assistant coaches Patrick McSorley and Sam Cameron, the team finished third in the Colonial Athletic Association after regular season conference play. Their ultimate goal was to receive a bid to the National Collegiate Athletic Association playoffs.

"Good seasons go by quickly," said Martin. "At the end of this season, as we headed into playoffs, it felt like August was only three or four weeks ago, in spite of all of the traveling. We made the commitment to play a difficult schedule, which entailed a lot of travel, but it still flew by. We've had those seasons where it felt like November would never come, and this was not one of those. This season was rewarding."
Kurt Morsink
Junior
San Jose, Costa Rica.

Statistics:
- Games Played: 18
- Goals Scored: Six
- Assists: Six

Honors:
- Soccer America Team of the Week for Oct. 16, Oct. 23
- Tied for seventh on JMU's Career Assist Lists
- Richmond Times-Dispatch Player of the Week for Oct. 16


Jumping up to head the ball, a team member knocks it out of the way. In order to be ranked in the top 20 in the nation, the players had to take any opportunity to gain control of the ball. Photo by Mindi Westhoff.
Fighting their way towards one common goal, the women's soccer team did not let the loss of valuable players from the previous year shake its championship objective. The team's goal from the beginning was to earn one of the spots allotted for the 64 best teams in the nation in the National Collegiate Athletic Association (NCAA) tournament.

“Our goal each year is to return to the NCAA tournament,” said coach David Lombardo. “We wanted to win our conference to make it to the championship.”

The best way to meet that objective was to start the season out strong, which is exactly what the ladies did. The Lady Dukes defeated their first opponents, the University of Richmond Spiders, in the JMU/Comfort Inn Invitational on Aug. 26. The score was 2-2 in the 74th minute when a Richmond player was called for a handball penalty. Sophomore Melanie Schaffer, midfielder, was able to score the winning penalty kick.

Two days later, the Lady Dukes maintained their winning streak with a 4-2 win over Loyola. The last three goals were scored in the remaining 31 minutes of the game. Sophomore Vanessa Brizzi scored a 10-yard shot off a pass from a teammate in the 60th minute, then junior Sarah Cebulski headed in the final shot. Senior Kim Argy, forward, scored her 13th game-winning goal, tying the university record with Jamie Dykes.

Although the Lady Dukes were able to pull ahead in close games, the season also brought intense challenges. In mid September, the ladies traveled to play undefeated and No. 1 ranked Penn State. The game was a stalemate for most of the first half when the Lions scored their first goal. With four minutes left, the Lions scored again, finishing up the game for a 2-0 victory over the Lady Dukes.

“Penn State was our most challenging game. We had nothing to lose and so much to gain. We ended up losing 2-0, but it was a great game,” said senior Karly Skaladany, midfielder.

The ladies bounced back to the top near the end of their regular season. On Oct. 29, Argy obtained her first hat trick of her college career that helped defeat Northeastern, ensuring the No. 4 spot in the Colonial Athletic Association (CAA) conference tournament. In early November the ladies played Old Dominion University and shut them out 5-0.

“Last night was the most rewarding game,” said senior Amanda Hutchings, goalkeeper. “We needed a big win and a lot of people contributed.” The CAA semifinals started off in Richmond on Nov. 4 with a disappointing loss to VCU. The Lady Dukes ended their season with a record of 12-8-1.
Stealing the ball, junior Lyanne Dupre, defense, moves to bring it up the field. Interception of the ball was a key element that brought the ladies to the CAA semifinals. Photo by Revee TenHuisen

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*Due to publication deadlines, some games are not included.

Going for the goal, senior Kim Argy, forward, keeps control of the ball. Intense concentration, speed and agility were needed to get past an opponent’s defense. Photo by Revee TenHuisen

Following the ball, a team member plans how she’s going to get it back in her control. Teammates kept themselves open to receive the ball from other players. Photo by Mindi Westhoff
Preparing to spike the ball, a player concentrates on her opponent's weak spots. Players needed to stay focused on the ball in order to win the game. Photo by Mindi Westhoff

Crouching down, Lesley Schmidt prepares to send the ball back over the net. Agility was a skill players were required to master. Photo by Mindi Westhoff

Serving the ball, junior Ashley Copenhaver sends the ball over the net. Players needed to demonstrate quick reflexes to respond to the other team's actions. Photo by Mindi Westhoff

scoreboard

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*Due to publication deadlines, some games are not included.

Nora Quish
Senior
Winnetka, Ill.

Statistics:
Kills: 10 vs. George Washington
Digs: 19 at George Mason

Honors:
- JMU scholar athlete
- Recipient of CAA Commissioner's Academic Award

Serving the ball, senior Lesley Schmidt prepares to send the ball back over the net. Agility was a skill players were required to master. Photo by Mindi Westhoff

Crouching down, Lesley Schmidt prepares to send the ball back over the net. Agility was a skill players were required to master. Photo by Mindi Westhoff

Serving the ball, junior Ashley Copenhaver sends the ball over the net. Players needed to demonstrate quick reflexes to respond to the other team's actions. Photo by Mindi Westhoff

Preparing to spike the ball, a player concentrates on her opponent's weak spots. Players needed to stay focused on the ball in order to win the game. Photo by Mindi Westhoff
The women’s volleyball team spent their season working toward improving its overall 13-9 record and 7-7 conference record, as well as making it into the Colonial Athletic Association (CAA) conference.

“We’re having an up and down year. We started off strong, and then we hit the cusp of the schedule and had some losses, which hurt our confidence a little,” said head coach Disa Garner. “When we play good volleyball, we’re the best in the conference. We’re a pretty good team.”

The team had to make a few adjustments this season because of graduating a number of key players. They have to rely on the younger players in the freshmen and sophomore classes, who may not have experienced volleyball at this level before.

“We have a much better team than last year,” Garner said. “Our No. 3 Bayli Stillwell has really come into her own and improved as a very steady player, and No. 15, Allyson Halls, has made the most significant change.”

One of the highlights for the team was defeating Northeastern at home. “We were down two points to none and we came back and won the next three games. It was a great feeling and our team learned that we can win with our backs against the wall, which was great for us,” said Stillwell. “Overall, I think the team has gained confidence and experience between last year and this year. We are very talented but haven’t always felt that way. This year we are realizing what our potential can be and playing some good volleyball.”

The team also came from behind when they played in a tournament in Chicago defeating both Denver and Northeastern. Initially, the ladies were behind in both of those games. “It was a dramatic match emotionally. It was a thrilling match to be a part of,” Garner said.

The toughest match for the Lady Dukes was against Towson, the only team standing in the way between them and the CAA championships. “It’s going to be tough, but it’s our ultimate goal,” said Garner. The team nearly lost their place in the tournament after a 4-0 loss against the William & Mary Tribe.

The team was in the CAA’s top three with a .225 hitting percentage and 2.11 aces per game.

Although they were a younger team, the Lady Dukes were able to gain enough experience to help the team come along and improve. No matter the outcome of their season, the friendships gained throughout the year were an important influence on their success.

“We have a special bond. I love my teammates and each one of them has something different to offer on and off the court,” Stillwell said. “It has been awesome to get to play with such talented athletes and also to have a blast with them off the court.”

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winter sports

354 men’s basketball
356 women’s basketball
358 fencing
360 gymnastics
362 swim & dive
364 wrestling
Ray Barbosa
Junior
Allentown, Pa.

Career Highs:
Points: 33
Rebounds: 9
Assists: 6
Steals: 6

Honors:
- Started each game and scored in double figures in 23
- Team's top scorer (14.9) and leader in three-pointers (66)
- Averaged 33.0 minutes per game for his career
- Ranked eighth on the season list and set a team sophomore record


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*Due to publication deadlines, some games are not included

Drummers bang the court post game for person from ODU, who was visiting from ODU. Students were often given free thunder sticks when entering the game to increase spirit. Photo by Keve Tornabona.
a pivotal season

BY SUNNY HON

It was a season of learning and growth. The young Dukes began the year’s campaign with hopes to rebound from their 6-22 performance last year and to develop a number of new faces on the squad. Led by second-year head coach Dean Keener, the team began its season against the nationally ranked Georgetown University Hoyas. The game proved to be an omen for the Dukes’ season.

However, it was not all gray skies and pouring rain for the Dukes. After the 73-66 loss to the Hoyas, the Dukes bounced back to win two straight competitions against Virginia Military Institute and Appalachian State. The wins were exhilarating, especially in the Appalachian State game as the Dukes edged the Mountaineers 81-79.

Following the small winning streak, the Dukes lost four games in a row, losing to Northeastern University, Drexel University, La Salle University and Youngstown State. The bitter taste of losing gave the team the fuel to beat out Yale University in the eighth game of the season. With 28 points and shooting 94 percent from the free throw line, senior Jomo Belfor led the Dukes to a decisive win over the Bulldogs, 79-69. The victory over the Bulldogs was to be the last victory for over a month.

The Dukes struggled to secure the ever-elusive “w” in the month of January. The team fell in 12 straight games, losing to teams including Virginia Tech, Virginia Commonwealth University and Old Dominion University. The slump ended in early February when the team defeated the Fighting Blue Hens of the University of Delaware. The win was followed by another win versus the Towson University Tigers.

The future of the university's basketball team was optimistic with splashes of brilliance. The basketball team was able to give their freshmen players some invaluable experience on the court. Among the many great prospects was freshman Juwann James, a 6'6" forward from Jacksonville, Fl. As a member of a multiple state championship team, James was a celebrated player; he was selected as a member of the first-team all-state squad and a three-time all-conference honoree. The true freshman started every game this season for the Dukes and averaged 13.4 points and 7.6 rebounds per game.

"The transition from high school basketball to college basketball was pretty tough. In high school, things were much slower; every player on your team wasn’t a college player. The biggest surprise was the conditioning part. Waking up at 5:30 in the morning to run on the track isn’t something that every player looks forward to," explained James. His best game was in a loss against Northeastern early in the season, in which he scored 23 points and grabbed 15 rebounds.

As the sun set on this season, a new season was rising on the horizon. Young players like James would prove to be the North Star that would guide the Dukes into the next season. "In the next couple of years, I feel the program will finally be restored," predicted James. "I can see the program like they were in 1994, making it to the NCAA tournament." Tomorrow is going to be a beautiful day.
The women's basketball team entered the season with exactly zero seniors, and an official prediction to finish second overall in the 12-team Colonial Athletic Association (CAA). Led by four-year head coach Kenny Brooks, four junior starters and one sophomore starter, the team believed they could be number one in the CAA, as well as have a legitimate chance to make the NCAA tournament in March.

The five starters named at the beginning of the season were juniors Lesley Dickinson, Meredith Alexis, Shirley McCall, Andrea Benvenuto and sophomore Tamera Young. Coming into this season, Dickinson and Alexis received All-CAA second team honors and Young enjoyed CAA All-Rookie status. The honors continued throughout the season; Young was named the CAA women's basketball Player of the Week three times, Dickinson was selected to ESPN The Magazine's 2006 All-District III Women's Basketball second team and Alexis earned CAA Player of the Week status.

Another season highlight for Alexis came during the Feb. 12 game against Towson, where she scored 30 points; only the eighth women's basketball player in school history to score 30, and only four points shy of the single game school record. One week later, during a home game against George Mason, Alexis scored her 1,000th career point.

"In the past the scoring had been dominated by a few players, but this year there were many games where different players stepped up and carried the bulk of the load," said Dickinson.

A thoroughly talented roster of 13 women kept the team strong on the court throughout the season. The team also welcomed two transfer students, juniors Jennifer Brown and Jennifer Harris, who had to wait a year before being eligible to play but helped to increase the level of competition and leadership at practices.

"We have made so many strides," said Alexis. "This team is totally different from last year's in terms of maturity and teamwork. This season we all went out with several goals in mind and to be able to conquer the majority of them together is unbelievable."

With three games remaining before the CAA tournament, the Lady Dukes held a solid second place in the CAA, with an 11-4 record in the conference and a 19-5 record on the season. They also achieved a perfect 11-0 record in the Convocation Center. "Our final home game against ODU was unforgettable," said Alexis. "People doubted how good we really were and for all of us to go out and play hard and beat a good opponent was phenomenal."

The season proved to be an exciting time for women's basketball, as they earned an impressive record and near-top spot in the CAA, with the chance to finish above official predictions and become conference champions. They also hoped for a bid to the National Collegiate Athletic Association tournament after the CAA tournament. Even without any seniors, the Lady Dukes finished with a strong season and looked to an even more successful run next year.

**Meredith Alexis**

**Junior**

Hanover

Township, Pa.

**Honors:**

- Fourth player in university history with more than 900 career points and 800 career rebounds
- Preseason All-CAA first team
- Among the NCAA leaders in rebounding (10th, 11th)
- CAA Player of the Week on Nov. 20

**Front Row:** Tamera Young, Jasmin Lawrence, Lesley Dickinson, Andrea Benvenuto, Shafeenah Felix, Shirley McCall, Jennifer Harris, Kisha Stokes. **Back Row:** Krista Kilburn-Stevens, Jackie Smith, Nana Fobi, Meredith Alexis, Kenny Brooks, Jennifer Brown, Angelique Robinson, Nino Uqah, Nathan Hale, Nikki Davis.
Hustling down the court, sophomore Josmin Lawrence looks for an opportunity to pass to a teammate. Lawrence received the university's most improved player award for the 2004-2005 season. Photo by Mindi Westhoff

Contemplating her next move, junior Lesley Dickinson is consumed with intensity and drive. Dickinson was 15th on the university's scoring list with 1,888 points. Photo by Mindi Westhoff

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*Due to publication deadlines, some games are not included.*
Going through drills, sophomore Liz Conley lunges at freshman Christina Rossetti. Conley competed in both the Foil and Sabre. Photo by Mindi Westhoff

Christina Rossetti
Freshman
Guilford, Conn.

Statistics:
Record: 31-22

Honors:
• CAA Player of the Week and CAA first team
• All-State first team
• All-Region second team
• Selected to U.S. National Development Team

Loosening up before their match, freshman Christina Rossetti and sophomore Angela Stagliano stretch their muscles. A good warm-up was a key factor to staying quick on their feet during the longevity of a match. Photo courtesy of Allison Schwartz

Practicing her form, sophomore Collie Johnson duels with her practice partner. The sport required pristine footwork and quickness. Photo by Mindi Westhoff
dueling dukes

BY KATIE FITZGERALD

The women’s fencing team had an eventful season, including a fresh start with a new coach and a relatively new team of six freshmen and sophomores. Despite the changes, the women represented the university well and worked tremendously hard, which was beneficial in the end.

The new coach, Allison Schwartz, an alumna of the university and of the fencing team, was a two time All-American. She started coaching at the end of October and really enjoyed working with the team. “What I like about coaching a college team is all the different people you meet including athletes, coaches and administration,” said Schwartz. “I like the raised competition level. Plus who can argue with all the traveling we do? I love to see other campuses, local or in other states. It’s something I would never get the chance to do if I was not a coach.”

Despite Schwartz’s limited coaching experience, the fencers felt comfortable with her and her coaching style. “Allison gives us constant encouragement and advice,” said sophomore Jenna Debs. “She really makes me feel that I can accomplish anything on the fencing strip.”

The fencing season, which extended from September to March, consisted of competitions against colleges such as Rutgers University, Temple University, Johns Hopkins University, Sweet Briar College, University of Maryland, and Virginia Tech. The competition in Philadelphia was an especially exciting match. Sophomore Liz Conley led the team in Foil with a perfect 3-0 record against Rutgers, Drew University, Johns Hopkins and Hunter College. Other high scorers included sophomore Angela Stagliano with a 2-1 record in sabre against Hunter and freshman Christina Rossetti with a 3-0 record against Hunter College in the Foil competition.

“We have made it clear that although our team may be small this year, by no means are we lacking in talent,” said Schwartz.

Another highlight of the year was at the Sweet Briar competition. Rossetti competed in both the Foil and Epee competition, in which she finished with a 1-1 mark in Foil and a 9-3 mark in Epee. Rossetti also qualified to be in the Junior Olympics competition. “This was definitely one of the highlights of my year,” said Rossetti. Conley also excelled at the Sweet Briar competition, posting a 12-2 record in the Foil competition to lead the team. “They really started to understand the sport and posted some great victories,” said Schwartz.

The women trained year-round to build up endurance through conditioning, footwork and blade work drills, private lessons and practice bouts, according to Debs. “Fencing is not an easy sport. It is frustrating and very hard on your mind and body,” said Rossetti. “So training is non-stop especially if you want to be on top of your game during the season.”

Despite being a young team, the women’s fencing team proved their talent. “We are able to learn and grow together as a unit and have a bond that makes us want to work hard for each other,” said Rossetti.

Front row: Allison Schwartz, Cassandra McCarty, Collie Johnson, Angela Stagliano, Elizabeth Conley.
With the women's team working with younger members and the men's team recovering from injuries, gymnastics had a few setbacks this year. But with team highs such as 47.175 points on the vault and 47.65 on the floor for the women, and highs of 27.65 on the pommel horse and 27.45 on the high bar for the men, the challenges both teams faced were hardly noticeable.

"The best part about being on the gymnastics team is knowing that you have 10 teammates who are all behind you 100 percent. We motivate each other not so we will become better as individuals, but improve as a team," senior Mark Scialdone said. "It is this attitude that will allow us to reach our goals as a team, which is to improve our performances every meet and continue improvements until our conference competition at the end of the season."

Despite the injuries that plagued the men's team, their goal was to make the conference meet, the Eastern College Athletic Conference, by reaching their potential peak at the right point in the season. "Our potential would put us around the 200 point mark and make us a competitive team in the hunt for the conference championship," senior Lucas Buchholz said. "The biggest challenges we have faced as a team have been overcoming numerous injuries of all seventies with a smaller than average team leaving little depth to fall back on."

The women's team worked on building their team from the bottom up. The team was young with eight freshmen and seven sophomores on their roster.

"Our goals this year were to keep beating our scores at every meet and doing the best that we can do each and every day in the gym to get ready for conferences," junior Nicole Simmons said.

Simmons said the team also focused on hitting their routines in meets like they achieved at practice. "We have an awesome way of letting one event go in meets. If we have one bad event, we don't let it affect the rest of the events," Simmons said.

"The girls are absolutely amazing. We are all there for each other 110 percent all the time. We are more than just teammates, we are friends in and out of the gym, and I think that helps us be stronger in the gym."

The men's team also experienced this bond of friendship that helped them hold their own against talented and nationally ranked competition this year. But being on the team was about more than winning for Buchholz.

"The best part of being on a team like ours is being around the other guys. In the five years here I have gotten to know each guy to walk through the doors of Godwin 106A to an extent of brotherhood," Buchholz said. "The respect I have for all of them is indescribable and I have made life-long friendships that I would not trade for the world."

___

Scott Flinn
Senior
Oakton, Va.

Statistics:
Floor Exercise: 8.650
Pommel Horse: 8.300
Rings: 8.350
Vault: 8.300
Parallel Bar: 8.300
High Bar: 8.250

Honors:
- Competed in the all-around in all but one of the season's matches

Front row: Striling Van Winkle, Ted Swartzbaugh, Derrick Holbert, Mark Scialdone, Adam Ondril; Back row: Ryan Hikel, Patrick Bookjans, Brett Wargo, Lucas Buchholz.
Lindsey Ribeiro
Senior
Fleetwood, Pa.

Statistics:
- Vault: 9.700
- Beam: 8.200
- Floor exercises: 9.400

Honors:
- Top 20 finish in vault at ECAC Championships
- Third in the vault at W&M
- Top 10 in the vault v. Pittsburgh

WOMEN'S
- Maryland: 189.300
- North Carolina: 192.475
- George Washington: 189.500
- William & Mary: 184.875
- Rutgers: 189.825
- Kentucky: 193.450
- Maryland: 191.975
- William & Mary: 184.875
- Auburn: 193.400
- NC State: 193.325
- William & Mary: 187.975

MEN'S
- Navy Open: 200.075
- William & Mary: 195.300
- Springfield: 180.100
- Temple: 182.550
- Penn State: 206.800
- Army: 199.500
- William & Mary: 201.350
- US Naval Academy: 196.300
- University of Illinois: 195.150

Front row: Jessica McAlexander, Erika Gunerman, Nicole Blades, Katie Maranuk, Allison Triglio, Lindsey Heine, Ali Niles, Lisa Interlandi; Second row: Stacy Siler, Melissa Morganstern, Nicole Simmons, Christine Skiffington, Elyssa Rosenbaum, Allison Greene, Laura Messinger; Back row: Riley Barrar, Lauren Caravello, Lauren Pulido, Natalie Moore, Nicole Blakenhorn, Briana Carper.
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<th>WOMEN'S</th>
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<td>Davidson 117</td>
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<td>151</td>
<td>William &amp; Mary 149</td>
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**MEN'S**

| 54                    | La Salle 59 |
| 57                    | George Washington 54 |
| 217                   | Towson 134 |
| 126.5                 | UNC-Wilmington 226.5 |
| 126                   | Delaware 108 |
| 149                   | Old Dominion 151 |
| 143                   | College of Charleston 154 |
| 203                   | Davidson 95 |
| 196                   | William & Mary 98 |

*Due to publication deadlines, some meets are not included.*

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*Preparing to execute a forward somersault, sophomore Jamie Coyle concentrates on her form. Diving required immense flexibility and strength. Photo by Mindi Westhoff*

*Coming up for air, sophomore Galley Walters swims breaststroke in the 200 individual medley. Walters placed second in numerous meets, including those against Delaware, George Washington and William & Mary. Photo by Mindi Westhoff*

*Arching his back, freshman John Parks practices a back dive. Proper execution and entry into the water was key for a high score in diving. Photo by Mindi Westhoff*

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*Front Row: Warrick Mann, Colby Carter, Ryan Williams, Andrew Wingert, Evan Carhart, Mitch Dalton, Steven Evans, Joe Moore, R.J. Dunn, Alex Chudoba, Scott Rogers, Jared Tchokh, Russell Smyth, Head Swim Coach Chris Feaster; Second Row: Brian Freitag, Mark Baum, John Parks, John Chortier, Josh Fowler, Brad Burton, Scott Terry, Matt Fox; Back Row: Kyle Knott, Tom Martin, Chris Medhurst, Brandon Sockwell, Dan Smullen.*
The women's and men's swimming and diving teams had triumphant seasons including both individual performances and team efforts. With the help of a new coach for the men, the team was able to push itself harder than it ever had before.

"The coaches have been amazing this year both on and off the deck. Practices have gone well and the most important thing was the brotherhood of the team," said sophomore Kyle Knott.

The men started off their season with a split in a double-dual meet against the George Washington University Colonials and the La Salle University Explorers on Oct. 23. The Dukes beat the Colonials 57-54. Even though the team lost to the Explorers with a score of 59-54, there were still some outstanding performances.

The men's new coach, Chris Feaster, was determined to push them to their limits. On Nov. 19, the Dukes took first in the Bucknell Damon's Trials/Final's Invitational. Sophomore Brian Freitag won the 200 breaststroke with a time of 2:07 as well as the 400 individual medley with a time of 4:02.

"Our new coach pushed us harder than any of us had been pushed before, and the hard work paid off. Only thing left now is conferences. Right now we are doing all we can to be prepared mentally and physically," said junior Josh Fowler, who was named a Colonial Athletic Association (CAA) swimmer of the week in February.

Winning the Bucknell Invitational was just the dose of medicine the team needed to kick it into high gear. Their previous wins had set the stakes high for upcoming competitions.

"After the Bucknell invitational, we started swimming faster and sending a message around the conference, a much nicer message than last year," said Freitag.

The women's team got off to a victorious start as well. The Lady Dukes beat both La Salle and George Washington in a double dual meet on Oct. 22. Freshman Ashton Goodwillie won the 200 butterfly with a time of 2:09.43. Then in November, the women felt another taste of victory at the Bucknell Invitational. Sophomore Ali Miller cleaned up in the diving competition with a score of 209.20 on the one-meter board and a score of 219.15 on the three-meter board. Miller was named CAA diver of the week. On Jan. 13 the women did it again, winning a dual meet at home against Radford University.

The Lady Dukes were 1.2 seconds away from defeating both William & Mary and Davidson College in the final dual meet of the season on Feb. 4. Senior Christine Filak swept the 100 backstroke with a time of 57.80 and junior Allison Keel took first in the 100 freestyle with 52.05.

Christine Filak
Senior
Clifton, Va.

Statistics:
JMU v. W&M
First in 50 freestyle relay
JMU v. ODU and Charleston
First in 200 backstroke
First in 50 freestyle
JMU v. Radford
First in 100 backstroke

Honors:
Captain for three years
CAA Commissioner's Award for four years
All-Region second team
Scored in 15 events during the CAA Championships

Brad Burton
Senior
Richmond, Va.

Statistics:
JMU v. GWU
First in 200 butterfly
JMU v. Delaware
First in 200 butterfly
First in 400 medley relay
Received the Steve Miller Award
Third in 100 butterfly at 2005 CAA Championships

Honors:
Senior Captain
dukes smackdown

BY KATIE O'DOWD

Fighting to the finish all season long, the university wrestlers used all their strength to pin down their opponents for the count. "Our strategy is to get into great shape and compete with absolutely no fear of any kind," said head coach Josh Hutchens.

Hutchens and assistant coach David Pierce pushed the team to their full potential, encouraging them to do their best in every match. "The coaches have taught us that wrestling is mostly mental," said sophomore Thang Ho. "Everything you do is all in your mind. It is up to you to push yourself to the extreme."

Sophomore Marcus Bartley credited the coaches with inspiring the Dukes. "They are great motivators and connect with everyone on the team," he said. "They also relate to things we go through."

Rich Gebauer, a graduate student who joined the team this season, said the wrestlers helped make his transition an easy one. "We are pretty much a family and each person on this team works as hard as they can day in and day out," he said. "When you have guys on your team that you respect, it's easy for me to go to practice each day and work as hard as I can until I have nothing left because I know they are doing the same and that they want to see the team succeed just as much as I do."

The wrestlers practiced and competed at Godwin Hall, but would move to Memorial Hall the following year. The practices were "a lot of live, non-stop wrestling," Ho said.

The Dukes won one of their five matches at the Colonial Athletic Association (CAA) Duals hosted by George Mason University on Jan. 20-21. Their 30-12 victory came in their first match against the Wagner College Seahawks.

The team's biggest match came the next morning against Boston University. Redshirt senior Brian Lambert helped close the gap by picking up three points at 184. Freshman Johnnie Bauman brought the Dukes even closer to a win with a four-point major decision in the 197 match. But Boston University took an 18-17 lead in the end.

"Our biggest match in my opinion was the dual against Boston University," Hutchens said. "We lost the dual by one point, which is extraordinary because Boston is a fully funded team, and we have no scholarships."

Gebauer echoed his sentiments. "It's tough to lose a close match like that, but I felt like we pushed ourselves to the limit and really put Boston to the test."

The Dukes lost another close match against the University of Virginia Cavaliers on Feb. 5. The Dukes led 15-12 before Virginia took the lead at the end, 25-18. "For whatever reason, we have lost some close matches and it's difficult to get through because each day everyone is working so hard and to not reap the benefits of such hard work is difficult to grasp," Gebauer said. "Yet, we bounce back every time and work even harder hoping that eventually it will pay off."

In their last home match of the season on Jan. 14, the Dukes claimed a 30-12 non-conference win against Johns Hopkins University. The match was the final home appearance for seven seniors: Chris Cvitan, Matt Coffey, Rich Gebauer, Brian Kibler, Brian Lambert, Brandon Scott and Brendan Whitaker.

Hutchens said he hoped the team would increase their competitiveness within the CAA conference next season. "We are still working on building self-confidence and believing in ourselves," he said.
Pinning his opponent to the mat, freshman Mike Meagher looks for a win. Wrestling was an extremely competitive sport that involved great strength and strategy.

Photo by Mindi Westhoff

**Scoreboard**

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*Due to publication deadlines, some games are not included.

**Spotlight**

Chris Cvitan
Senior
Montville, N.J.

Honors:
- No. 2 wrestler in the CAA
- Tied for team high honors with five falls
- Second on the squad for total wins

**Front Row:** Dan Rafeedie, Zach Winfrey, Richie Gebauer, Brian Kibler, Greg Souferis, Thong Ho, Nhat Nguyen, Chris Hummer, Shown Horst, Josh Domico, Ben Oxnard, Mike Meagher; **Second Row:** Ivan Lagares, Louis Sweet, Mitch Davey, Chris Bowling; **Back Row:** Chris Cvitan, Jon Divello, Bucky Anderson, Jeff Jacobs, Brandon Moore, Brian Lambert, Andrew Robarge, Brandon Scott, Dave Pierce, Josh Hutchens, Scott Yorke, Dan Brennan, Jared Brown, Jason Chalfant, Jacob Williams, Clay Davis, Steve Biggin, John Bauman, Matt Coffey, Asa Kurland.
“I do not know the type of woman I would be if I could not call myself a Dukie! JMU is a place where students love Thursdays for its grilled cheese, lounging on the quad, screaming the fight song, holding doors for others, talking to the lovely ladies at D-Hall and, most importantly, bleeding purple. This university has given me so much in such a short period of time. The most important thing I think it has given me though is a place to truly call my home.”

-Gina Maurone, senior
Embraced all that was offered.
Taking the field, the Marching Royal Dukes (MRD) prepare to perform at Homecoming. The MRD performed at every halftime show and in many parades, including the inaugural celebration for Governor Tim Kaine. Photo by Mindi Westhoff

Competing on behalf of her class, junior Aimee Cipicchio devours a bowl of Jell-o. Another popular homecoming contest consisted of finding a Tic Tac in a bowl full of whipped cream using no hands. Photo by Mindi Westhoff

Racing to the pep rally, freshmen are excited to experience university spirit for the first time. As part of 1787, students attended many events to acclimate them to the university, including the annual "Duke is Right" event and scavenger hunt. Photo by Mindi Westhoff

Holding hands in a moment of silence, the women's soccer team pauses for the national anthem. The national anthem was played before every varsity game. Photo by Mindi Westhoff
Accepting her award, senior Gina Maurone receives the Ms. Madison title. Students selected the man and woman they felt best represented the university and winners were announced during halftime of the Homecoming football game. Photo by Mindi Westhoff

Smiling proudly, a graduate receives her doctorate. The May commencement ceremony saw over 3,000 excited graduates and their parents. Photo by Mindi Westhoff

Singing Alannah Myles' hit "Black Velvet," senior Lizzie Allman performs at a BluesTones concert. Later in the concert, the group performed a duet from Moulin Rouge with the all-male a cappella group, The Madison Project. Photo by Mindi Westhoff

Dribbling the soccer ball, freshman Nick Zimmerman tries to get by an opponent from Northeastern University. The Dukes defeated Northeastern and continued on with a winning season. Photo by Revee TenHuisen
Achieved our dreams.
Left our lasting impressions.
Enjoying a sunny day, students gather on the Quad to study or relax with friends. A new walkway was one of many renovations to the Quad over the summer. Photo by Mindi Westhoff

Leading the way to higher learning, the entrance to Bluestone Drive is decorated with purple paw prints and gold "M"s. Painted in fall of 2004, the prints stood as a fond symbol of the university. Photo by Mindi Westhoff

Rushing the stadium, cheerleaders run alongside the Dukes to encourage them in their upcoming game. The cheerleaders traveled with the team during their championship season last year. Photo by Mindi Westhoff

Causing a rainbow, the fountain in Newman Lake glistens in front of Sonner Hall. The building served as the Welcome Center for potential students to gain information and begin their tour of campus. Photo by Julie Gundrum
The past four years have flown by. It seem like just yesterday that I was moving into Logan Hall wondering what the next four years at the university would bring. Looking back at senior year, I would never have thought that I would have been able to accomplish so much. Having the opportunity to lead The Bluestone has been a rewarding and amazing experience and I would not trade it for anything.

First and foremost, I would not have been able to do this with the help of my Ed Board. You ladies have done a phenomenal job and have all worked so hard. I couldn’t have asked for more talented, creative and hard working individuals. Even though the deadlines were at times stressful, it has been wonderful working with each of you for more than 40 hours during deadlines.

Maria, my wingman, I can not thank you enough for your dedication this year. You are such a creative, caring and talented person. I had so much fun really getting to know you in New Orleans and kurnning into the early morning. Undoubtedly I will miss your constant giggle next year. I wish you the best of luck next year as editor in chief, you will be a great leader for next year’s staff. I am always here for you if you need any advice or help next year!

Mindi, thank you so much for all the time you put into The Bluestone. You are such a hard working individual and it shows in your work. It has been wonderful getting to know you this year. Best of luck next year, I know you will do an amazing job, if not better.

Sara, thank you for all your hard work. It was great having someone who was so upbeat in the office no matter how many stories lay ahead of you to be edited. Good luck next year!

Jackie, I could not have gotten through this year without you. Thank you so much for your hard work and dedication this year whether it was creating ads or helping me kurn the million and a half stones. You are such a kind-hearted individual and it has been so much fun working on the staff with you these past two years.

Katherine, thank you for all your help with the producers. I always appreciated all of your help between and during deadlines. Your positive attitude and carefree personality kept me sane during the most stressful times. It was always fun seeing you out on Thursday nights! It has been a pleasure working with you, best of luck next year in the real world!

To the staff. Thank you all so much for your hard work and dedication this year. The publication would not have come together without you all. Good luck on all your future endeavors.

Sarah and Kelley, it was wonderful having both of you help out on The Bluestone this year. Thank you for your inspirational notes and food during deadlines! I will miss not living with you both next year, hanging out with coco or scrambling to get ready by 7 p.m. I love you both.

Jerry, thank you for all your help this year. I would have never been able to accomplish this without your persistence and generous advice. And Kari, thank you again for helping me to prepare for this year! You were always there whenever I needed you! I cannot thank you enough.

Brian Hunter, thank you so much for your constant encouragement and help all along the way. Sorry for all the phone calls and questions! I could have never have put together this book without your expert knowledge.

Yes, you have been a wonderful friend and boyfriend. I cannot thank you enough for your unconditional support and encouragement this entire year. This has been one of the most challenging projects that I have taken, and you have been there for me through the entire thing. Thank you so much for your love and never-ending support.

My friends and sisters of tri-sig, you have all made such an impact on my life. The past four years have been some of the most memorable times in my life and I am so happy that you all are a part of it. Thank you to everyone for your encouragement and loving gestures. To my faves, it is hard to believe that this chapter in our lives is coming to an end. You girls mean the world to me and have been there for me through thick and thin. My Thursday nights will never be the same. I heart you all.

Last but not least, Mom and Dad. I cannot express how thankful I am for all that you both have done. Your love and guidance throughout my life is irreplaceable. Thank you for always being there for me during my stressful weeks. You are both an inspiration to me. I love you.

In the past four years I have learned and experienced so much. These will be some of the most memorable years of my life. As editor this year I wanted to produce a book that was indicative of the university community and students experiences here. I hope you enjoy it and discover your individual impressions that the university left on you.

Erin Barocca
Editor in Chief
My best friends from home and me in Las Vegas.

Me, my granddill Ellen, lil Emily and big Bevin.

My roomies Kelley and Sarah.

Me and Maria in New Orleans.

2005 Tri-Sig Rho Chis and Panhellenic.

Me with my mom and dad.

My friends from home and me at "The Price is Right" in Atlantic City.
I can't believe that five deadlines have passed and the book is complete. The year and time spent on this book has flown by and it would not have been possible without the people who have helped and supported the book and me the whole time.

The 2005-2006 Editorial Board, I really enjoyed all the time we spent in the little padded yellow room. Erin, you've done an amazing job this year not only with the book but motivating me. If it weren't for you I would have slept through deadlines. You kept the Ed Board going and would not settle for anything but perfection. You really should be proud of this book. Mindi, I don't know if we ever got any work done together but somehow it all worked out. Sara, thanks for always fixing my spelling mistakes. I wish you luck on memorizing hyphen rules. Jackie, you seriously deserve a reward for your kerning abilities. I am so grateful for all your patience and help. Katherine, I love your laugh and how you seem to know everyone and everything. Lastly my designers, you guys always met my deadlines and were so willing to help out. I appreciate everything you've done.

My roommates, you guys have dealt with my all my craziness. Emily, we're tight like dreadlocks. We're so on the same wavelength with everything. Katie, thanks for teaching me how to waltz. We'll always have roomie love. Kristen, you helped me to keep my blood pressure down and make sure I wasn't stressed.

Meghan, you've been such a great friend and done so much for me. I promise one of these days our schedules will work out and we will get the chance to order Chili's and watch Law and Order SVU marathons.

To my family, yes, all of you. Mom, your daily phone calls always provided humor. From singing the Steelers' fight song to telling me how busy you Carlos and Brandon were at work I looked forward to your calls. You've taught me no matter how busy I am I can always make time for family. Dad and Jennifer, you're always the first to let me know when I've done something good and when I could have done better. You two are such an inspiration to me. Gregory and Anthony even though you guys make fun of deadlines, I know that it is supportive. Christina, Beans, White Meat, or whatever you are being called now all the way back to the days of the sheep on the wall; you're the best younger sister ever. GO GAMECOCKS! Emily thanks for always being concerned about where I am and making sure the roommates know too. I'm confident you give the roommates enough sass you could replace me. It's hard being the youngest of six kids but you've done a great job at making sure it was all about you. I'm so proud of all your accomplishments this year, keep up the good work!

Rita and Nichole, thanks for letting me disappear for weekends at a time. The countless memories, laughs, road trips and planned spontaneous attempts will always give me reason to believe I can feel home wherever I am. I heart you two.

Maria Nosal
Creative Director
With the yearbook complete, I am filled with a sense of accomplishment and also overwhelming fatigue. The year has flown by, and though I know it has consisted of being either behind a camera or stuck in the basement of Roop, surrounded by yellow padded walls and no cell phone service, I can’t think of better people to have done that with.

Editorial Board: I respect all of you so much, and am impressed with your ability to make something so huge come together so beautifully, while still maintaining a veneer of composure and uncluttered desks. Erin, it is because of you and your unbelievable dedication (and the aspirin in your top drawer) that this book is even finished. Maria, I cannot wait to work with you and distract you again next year. Sara, thank you for being a constant amusement as a desk area partner. Getting you to laugh more than work was my goal for the year, and you made it very easy. Katherine and Jackie, I still don’t understand exactly what your jobs are, but that’s probably because you did everything, and did it wonderfully.

Harry: You are the reason for the constant smile on my face and the backbone of my success. This book has taken up many weekends, anniversaries and other important events, and you have been constantly supportive. Thank you for letting me be strong when I felt strong, but also for keeping me going even when I wanted to throw my camera (and my dreams) out the window and go back to bed. I love you always, and I can’t wait for the rest of our lives.

Dad: You’re always a two-hour phone call away, and thank God for that. Thank you too, for always being the ear I need when I’m excited, discouraged or annoyed. I am in every way my father’s daughter, and I am thankful that people know that when they meet me. I’m so proud of you, and proud to be like you, and I love you so much.

My Photographers: Thanks for putting up with my last-minute emails and unorganized meetings. I can’t wait to work with you all next year, and I will attempt to spend less meeting time making fun of everyone else on the staff and more time talking about assignments.

Jason Fleshman, Avery Daugherty, and everyone I forgot: It’s not because I don’t love you, (I do, so much!) it’s just because I’m out of space.
Three years ago, I never would have pictured myself a member of "The Bluestone" staff, much less holding an Editorial Board position. "The Bluestone" has inspired me since high school and being a part of this publication has been an honor.

To the talented Ed Board, each of you has an admirable commitment to your job which has amazed me time and time again. Erin, I shudder to think what the book would look like without your eye for perfection and attention for detail. The book has developed into a fantastic representation of the university and you should be very proud. Maria, your giggle fits and choice in music were very welcome stress relievers when things started to get a little tense. I'm still in awe of your mind-blowing ability to design spread after spread. Mindi, I'm not sure how I survived your incessant torture, but I hope you did it because deep down you think I'm pretty cool. Katherine, we wouldn't know half of what was going on around campus if it weren't for you. Also, most of the people in the book would probably be unidentified. Jackie, I don't think there is any job on the staff that you can't do. Your quiet persistence served as needed reassurance throughout the year. To the writing staff and contributing writers, I know I repeatedly filled your inboxes with emails regarding relentless assignments; however, I can't thank you all enough for your constant dedication.

Mexican frogs, working with you all this summer to create an unforgettable orientation experience for the freshmen turned out to be an unforgettable experience for me as well. Each of you helped me to learn more about myself and opened my eyes to even more of the amazing opportunities the university has to offer. Oi!

To the beautiful women of Delta Delta Delta, I am proud to call you all my sisters and am grateful for all the experiences we have shared so far. Adriane, Allison, Courtney and Whitney, I know you all got tired of hearing, "I can't, it's deadline weekend," but without your kind understanding I could never have gotten through the year. You all mean the world to me.

Bobbi, thank you for decorating the office with your colorful artwork, entertaining everyone with some of my more awful music and sleeping when you were supposed to be keeping me company. Through all the ups and downs, you have constantly surprised me with your subtle dedication. I doubt you will ever understand how grateful I am.

Sandra, there are no words to do our friendship the justice it deserves. You've been a constant in a life filled with change, and for that I am forever grateful.

Most importantly, Mom and Dad, thank you for answering my late night phone calls when I just needed someone to talk to, and for giving me advice when I needed it. Without your constant support and encouragement, I don't know where I would be today. Knowing that you will always be behind me 100 percent gives me the confidence to achieve my dreams.

Sara Wist
Copy Editor

Sara Wist
Wow. I can't believe that just one week after this book comes out I am going to be graduating from college! Four years have flown by, and my experience here has far exceeded anything I could have imagined.

To the yearbook staff and my lovely advertising committee, thank you for all of your hard work throughout the year. To the Ed board- you girls made 50 hours on a weekend in a yearbook office fun. To Erin, thank you for all your hard work, motivating me and not minding when I strolled into the office at 1 p.m. because I slept all morning. Maria, you brightened up deadlines by always giggling at the most random things, and by providing us with excellent music in the form of scratched CDs. Mindi, you could always make me laugh with your sarcastic comments. Sara you were such a positive influence on staff- thank you for persisting through editing every last line of text. Katherine, I think you know everything that happens on campus. Thank you for keeping me up to date with what's going on, and for saving me from having to write too many headlines.

To my family, thank you for supporting me through everything I do. To my mom for always being interested in what's going on in my life, and my dad for always letting me be his little girl, no matter how old I get. To my brothers Greg and Matt, you inspire me, can always make me laugh and are the two best hockey players I know.

Thank you to my beautiful best friends (whoomp/the outhouse). Thank you for always being there for me, loving me and encouraging me to be a ham. I always have fun with you, whether it's dancing in the front yard with Morgan, laughing as Megen raps, having four-hour conversations with Jill or being pushed to take risks (like camping and sledding) with Hilary. I love that we became so close freshman year and have been able to see each other grow in such crazy ways throughout the past four years. I love you all so much and am so grateful for your friendship.

Thank you to my friends from home who have stuck by me even though we were miles apart. To Cara, for being like my sister since we were three. Parker, your constant support, encouragement and love over the past five years have meant more than I can say. Greg, thank you for nine years of best friendship and thousands of hours on the phone; you have made such an impact on my life.

Thank you God for giving me life, love, joy and everything I've ever needed. "But those who hope in the Lord will renew their strength, they will soar on wings like eagles, they will run and not grow weary, they will walk and not be faint." Isaiah 40:31

Thank you to everyone I haven't mentioned who's touched my life over the past four years (Margaret and Katherine, I love you). I am so blessed to always be able to look back on college and have so many amazing memories.

Jackie DaSilva
Managing Editor
“People said it would go so fast, before you know it you’ll be here... see yourself in a place beyond today, yeah the future can be scary, just be wise to the games you play and don’t let your spirit get buried...” -“Kings in Castles” by Michael Tolcher. These lyrics strike me every time I hear that song. I can’t believe that I’m in the last semester of my senior year already. These past four years have been unbelievable and unforgettable; I could not have asked for a better college experience than the one I received at JMU. The organizations I’ve been involved in and the people I’ve met have impacted my life in one way or another, and I want to take the time to thank those who have made me the person I am today.

I have loved serving on The Bluestone staff the past two years and am honored to be a part of such a wonderful yearbook. I never imagined I would be serving as an editor on a college publication, but I could not have asked for a better editorial board to work with. I had so much fun and learned so much from all of you. I enjoyed our pig-out sessions each deadline where we probably ordered to-go food from every restaurant imaginable. Each of you are amazing and talented women who I know will go far in life. Erin, thank you for being a wonderful leader and person to go to for insight on anything. You did a phenomenal job as editor in chief. Maria, your laugh helped relieve stress and keep us calm during deadlines. You are an amazing designer and will be a fantastic editor in chief next year! Mindi, I loved our women’s studies chats... I really should have minored in that. The staff is lucky to have you as photography editor again. Sara, it was wonderful to experience Tri Delta and the Bluestone with you. You are such a carefree and easy-going person to talk to. I’m glad I got to know you better this year. Jackie, I know we’re both glad we won’t have to generate the index anymore. You are talented in many ways and we were lucky to have you on the ed board to take on so many different projects. To the producers, Megan, Kara, and Ian: Even when I gave you assignments that were not very exciting, you were always willing to help out. Thanks so much for your dedication and hard work!

To all my friends, from my dorm friends to my sisters, I have loved serving on The Bluestone staff the past two years and am honored to be a part of such a wonderful yearbook. I never imagined I would be serving as an editor on a college publication, but I could not have asked for a better editorial board to work with. I had so much fun and learned so much from all of you. I enjoyed our pig-out sessions each deadline where we probably ordered to-go food from every restaurant imaginable. Each of you are amazing and talented women who I know will go far in life. Erin, thank you for being a wonderful leader and person to go to for insight on anything. You did a phenomenal job as editor in chief. Maria, your laugh helped relieve stress and keep us calm during deadlines. You are an amazing designer and will be a fantastic editor in chief next year! Mindi, I loved our women’s studies chats... I really should have minored in that. The staff is lucky to have you as photography editor again. Sara, it was wonderful to experience Tri Delta and the Bluestone with you. You are such a carefree and easy-going person to talk to. I’m glad I got to know you better this year. Jackie, I know we’re both glad we won’t have to generate the index anymore. You are talented in many ways and we were lucky to have you on the ed board to take on so many different projects. To the producers, Megan, Kara, and Ian: Even when I gave you assignments that were not very exciting, you were always willing to help out. Thanks so much for your dedication and hard work!

Kelly and Kari, my pink penthouse ladies. You two have been such amazing friends to me the past couple years. You are my backbone. I know I can count on you for anything. From our Chinese food/Lifetime movie dates to random Wednesday night fun, I can’t imagine my life at JMU without you and I know we will continue to stay close after graduation. I love you “Boyfriend” and Kariiinn!!

Lindsay, I don’t think I could have hand picked a better freshman year roommate. We had so much fun in Weaver “sleeping together every night.” (haha) and I’m so glad we’ve stayed close the past four years. You are such a beautiful, caring, strong woman who I admire and respect.

To the women of Tri Delta: you have been my family here at JMU. I never thought I would gain so much from involvement in an organization and I am so thankful and proud to call you all my sisters. 804s, I can’t believe it’s been 4 years since we put together the Monacan High School yearbook. I don’t know many people who have remained close with their high school friends like we have, but I am so glad that you all are still a big part of my life. Thanks for all the laughter, fun and friendship the past six years!

To all my friends, from both JMU and Richmond, know that you have left a “lasting impression” (ha) on my life. I feel blessed to have encountered so many phenomenal people who have inspired me and helped me grow in some way.

Lastly, to my family, I want to thank each and every one of you. You all have been there as a constant source of love and support. Mom and Dad, thanks for always encouraging me to go for my dreams. I owe so much to you both- I know I wouldn’t be where I am today without you. I love you!

Katherine Schuster
Supervising Editor
You know you are a producer when:
1) You have the stories memorized because you've read them so many times.
2) You have been in the office past midnight.
3) The AP Style book is your best friend.
4) You dream in yellow.
5) You see the yearbook staff more than your roommates.

Ian Henderson, Megan Kelley & Kara Rodemer.

If you could interview anyone, who would it be and what would you ask?
Katie O'Dowd: I would interview Katie Counc and ask her if I could have her job.
Rachael Groseclose: Sarah Jessica Parker. I would ask her what she can do to make a "Sex and the City" movie a reality.
Kati Kitts: I would most like to interview J.K. Rowling so I can ask her what will happen in Book 7.
Dana Weismuller: I would interview Philadelphia Eagles running back Brian Westbrook and ask him to marry me. Or I'd settle for Eagles season tickets.
Katie Fitzgerald: I would interview James Frey who wrote "A Million Little Pieces." I found out he fabricated and exaggerated some of the book, so I would ask him for the entire truth; after watching him on Oprah, I still think there are things that he is keeping from the public.
Stephen Brown: Tara Armentrout, director of parking services, because a $150 parking permit should buy you a parking spot.
Joanna Brenner: Mick Jagger. He works tight pants better than anyone I know. I want his fitness secrets!
Maggie Miller: Dick Cheney. I want to know why he shoots his friends.
Sunny Hon: I would like to interview Cameron Crowe. I really admire him as a writer and director. I would like to ask him where he got his inspirations from when he wrote "Say Anything."

I'd rather swim naked in Newman Lake in January than take one more photo of: Wilson Hall, Students studying on the Quad, Duke Dog, Screaming Football Fans, A cappella groups, Top Dog Cafe and the people eating there, Purple things, The Plecker Athletic Performance Center and the Duke Dog Statue, Newman Lake, Greek Week, Open Mic Nite at TDU, Gold things, Fall and Winter sports in bad gym lighting, Snow Days, the James Madison Statue and the things people do to it and Wesl Spencer.

Meghan DeSanto, Nancy Daly, Julie Gundrum, Ian Henderson, Tara Hepler, Kristen Madairy, Revee TenHuisen & Sarah Thomas.

You know you're a Bluestone Designer when...
- you can't read a magazine article with a bad layout
- someone asks your height, you say it in picas
- you know the JMU PANTONE color
- you can name the fonts on movie credits
- you would rather do your papers in InDesign than Word because the formatting is better
- It was great working on the book. Enjoy!

Theresa Kattula, Katie Piwowarczyk, Lane Robbins & Jennifer Schulz.

THANKS TO THE FOLLOWING:
Meghan Amoroso
Jenna Oddo
Business Manager
Kelley Boyan

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Sarah Best
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Designed by Erin Barocca and Maria Nosal, the cover is a purple 056 material with silkscreen of tan 888 applied. Endsheets are Rainbow Sand and 100 lb. paper was used.

Type styles include – body copy: 10pt. Cantoria MT Std with 13 pt. leading; captions: 7pt. Futura Regular with 8.5 leading. The features section used three primary fonts: Cantoria MT Std, Century Gothic and Ex Ponto Pro. The classes section used Hiragino Mincho Pro and Geneva. The organizations section used Century Gothic Regular and the sports section used MomentoT. Subheadlines with the features and organizations sections used Century Gothic Regular.

Pages within the organizations section were purchased by the featured group. All university-recognized organizations were invited to purchase coverage with the option of two-thirds of a spread or an organization picture.

Unless otherwise noted, all photographs were taken by The Bluestone photography staff and contributing photographers. Portraits in the classes section were taken by Candid Color Photography of Woodbridge, Va. Group photos in the organizations section were taken by Candid Color Photography, Photography Editor Mindi Westhoff or by the organization. All athletic team photos were taken by Mindi Westhoff, staff photographers or provided by Sports Media Relations. All film was developed and printed by Wal-Mart Photo Labs.

Editorial content does not necessarily reflect the views of the university. The editor in chief accepts responsibility for all content in this book.

The Bluestone is distributed on campus at the end of spring semester to any James Madison University undergraduate student at no charge with presentation of their JMU Access Card; however, the number of books is limited to 6,800 copies.

The Bluestone office is located in Roop Hall, room G6. The staff can be contacted at MSC 3522, Harrisonburg, VA 22807; (540)568-6541; jmu_bluestone@yahoo.com.
special thanks

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**DIAMOND PATRONS**

**Contributions of $50 - $100**

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Bob & Debbie Simmons  Chesapeake, Va.
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Jill Stang           Stillwater, Minn.
Jessica Stanley       Woodford, Va.
James & Cheryl Thornton Gladwyne, Pa.
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LT COL & Mrs. G.A. Tromley JR  USMC (Ret)  Hampton, Va.
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Kimberly Ryan Wood  Sterling, Va.
The Woolson Family  Centreville, Va.
Paulette & Michael Young  Arlington, Va.
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In Memoriam

David Hicks
Dr. Vida Huber
Geoffrey Morley-Mower
Vincent "Vinny" Pedulla
impressions
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